



K.Hovnanian's Four Seasons Sentinel

Volume 6, Issue 6

July 2011

THE LODGE AT BEAUMONT

Hours: 7 a.m. - 9 p.m. • 7 DAYS A WEEK
LODGE PHONE NUMBER: (951) 769-6358
4th of July Hours: 7a.m. to 6 p.m.

Fine Finale For Four Seasons Film Fest

By Cindy Graves

This year's Four Seasons Independent Film Festival was one of the best ones we have ever held! The amazing creativity and beautiful images presented in the film submissions were a sight to behold!

On Friday, June 3, the regular movie times in the Lodge Theater were replaced with three opportunities for residents to view the film submissions and fill out judging ballots in this year's award categories. Many residents had the pleasure of attending and voting.

On Saturday afternoon, June 4, an awards ceremony, reception and final viewing of the films occurred. Sparkling Mylar star balloons, a movie marquee with the participant's names on it, and a theater-looking centerpiece added to the festive ambiance that greeted people as they came into the Ballroom for the awards.

The categories for the film judging this year included: *Best Photo Composition*, won by Bill Sanders, *Best Western Road Trip Film*, won by Bill Taylor, *Best Pet Art Film*, won by Teri Di Marino, *Best Tropical Dance Film*, won by Paul Sapien, *Best Australian Film*, won by Abby Cameron, *Best South American Adventure*, won by Craig Henderson and Barry Morgan, *Best Global Soft Drink Film*, won by Wayne Staples, *Best Vietnamese Film*, won by Melody Seewoster, *Best Old Timey Film*, also won by Wayne

Staples. Nelly Alcocer our own Lodge Attendant won *Best Spoof Film* and *Best Black, White and Color Vacation Composition* was won by George Johnson, who also won *The Best of Show Award*.

Each winner received an Oscar-like gold trophy and a certificate (suitable for framing). The Best of Show winner, George Johnson, also received a special prize, generously sponsored by the Homeowner's Association; an envelope with 100 Grand in it (the candy bar).

I had the fun of dressing up in my tuxedo t-shirt and diamond earrings as the Masters of Ceremony for the event. Everything seemed to be going so-o well for the first seven submissions and then a gargantuan bang startled everyone, leaving the movie screen black and the viewing of Melody Seewoster's Vietnamese film without an ending (The projector bulb blew).

We decided to go ahead and announce all of the winners, present the trophies and certificates and sweeten the unfortunate circumstances with a reception of teeny delicious cupcakes, chocolate kisses and drinks. The party then moved from the Ballroom to the Movie Theater where the rest of the films were viewed.

In spite of the challenges experienced this year, the Four Seasons Independent Film Festival is one of the most fun, humorous and entertaining events we have each year. Be thinking about your submission for next year. We (Nelly) will be happy to help you with putting yours together if you need a boost.



The Trophy display for the film winners.



George Johnson receiving "The Best of Show Award"

CC&R Amendment Approved

On June 3, in the Riverside County Superior Court, the Association's petition to amend the CC&Rs, Article 11, Section 11.2(b) was granted. The amendment changes the requirement for 67 percent of affirmative votes of homeowners to a simple majority vote of homeowners for future CC&R amendments. The Board of Directors approved the amendment to be filed with the County Recorder's Office, which once filed, will make the amendment valid.

The Security You Desire... The Luxury You Deserve... The Affordability You Demand.



MAKE YOURSELF A HOME IN OUR CARING COMMUNITY

Move in by July 31st and receive DECEMBER FREE.*

Enjoy an independent lifestyle with access to health care and personal services. Call The Lakes Retirement Community your home, and enjoy a vibrant community of new friends, new interests and life-enhancing services including home-cooked meals, convenient transportation services and planned social activities.

- Spacious, private apartments
- Game room, clubhouse and fitness center
- Fine dining atmosphere with delicious meals
- Pet-friendly environment
- Full housekeeping services
- Dedicated, professionally trained staff
- Private shuttle bus service
- Beautiful grounds and gardens

WE'LL COVER YOUR MOVING COSTS!
Some restrictions apply.

CHRISTMAS IN JULY

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Memory Care

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www.thelakesatbanning.com

License #336409176

Support Our Troops
Ask About
Veterans Aid & Attendance Pension
AMERIVETS

* Move in date to be between 6/10/11 - 7/31/11
Restrictions may apply.



the best dentistry in Life is Free!

Worry Free...
Dental plan available for those without insurance

Ouch Free...
Gentle cleanings from our professional staff

Hassle Free...
Walk-ins always welcome

We're a Preferred Provider for most HMO's & PPO's

Ask About Our Extended Hours!

\$39

Exam, Digital X-Rays & Cleaning

Over \$100 in savings, in absence of perio disease, new patients only.

\$50

Gift Certificate

For Your Next Dental Treatment

Valid for any dental treatment, ad must be presented at appointment, limit 1 per patient.

BEAUMONT SMILES DENTISTRY

Andrea Moore DDS & Associates

951-769-9131

www.BeaumontSmilesDental.com

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Off the 10 Freeway and Highland Springs, in the Best Buy shopping center across the parking lot from Staples

Conveniently Located to Serve You...



Heart and Soul Line Dancing Comes to Four Seasons

**Beginning Tuesday, July 5, 10:30 a.m. to
12 noon**

Four Sessions Only!

Come and see what it's all about!

**Friday, June 17, 2011
6 p.m. – 8 p.m.**

**This is Line Dancing to the sounds of
Motown, Jazz, R & B, Rock and Country.**

**For more information call Priscilla
@ 922-0755**

- * No partner needed
- * Wear comfortable shoes
- * Harriet Coggs, MPH Founder



Come On Baby and Do the "Twist"
If you love dancing to those oldies but goodies

Join us at The Four Seasons Beaumont Old School Dance

**Friday, July 1 (Aerobics Room)
6:00 – 8:00 p.m.**

**Friday, July 15 (In the Ballroom)
6:00-8:00 p.m.**

It is not a dance club – not a dancing contest!
You don't need a partner (but if you have one, bring them)
Dance at your own pace to feel stress free

A great way to have fun

Get an aerobic workout

Meet new neighbors

Learn a new dance

We meet every 1st and 3rd Friday of the month

For more information contact:

Willa Harris (951) 845-2636



Taste d'Vine Wine Club



Our Next Meeting is:
**Thursday, July 21, 2011
6:00 p.m.**

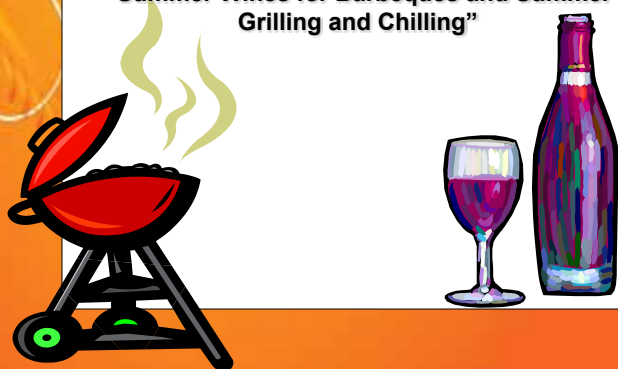
We meet in the Ballroom

**Monthly Member Dues: \$5 for members
and \$8 for guests.**

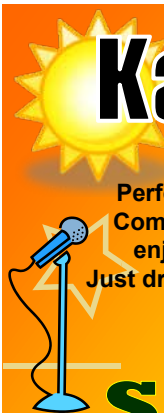
**Please remember to bring two (2) glasses
& an appetizer.**

**For more information contact
Anita Worthen
(951) 769-9858**

**"Summer Wines for Barbeques and Summer
Grilling and Chilling"**



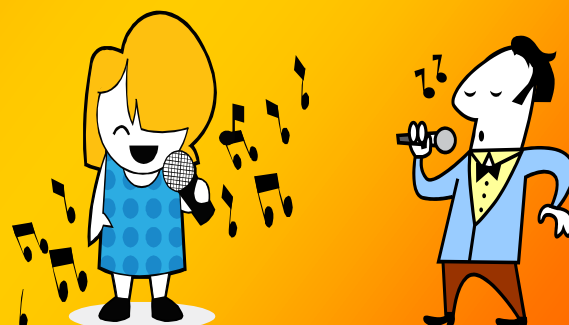
Karaoke Night



Performing Arts "Karaoke Night" in the Ballroom.
**Come out & join the fun! If you love to sing or just
enjoy great company this is the night for YOU!**

**Just drive on over to the Lodge, order a delicious meal
from SMITTY'S or bring your own picnic,
and enjoy the amazing atmosphere.**

**Saturday,
July 16, 2011
6:00 p.m. - 8:30 p.m.**



The Salon Luxury Spa

1520 Four Seasons Circle, Spa Building ~ Tel: (951) 769-6997

Introducing the power of
"Moroccan Oil" →

A revolutionary styling, finishing and conditioning hair product. Moroccan oil TREATMENT has the ability to restore over processed hair caused by everyday chemicals used in the hair and environmental factors.

"SUMMER"

It's "Time" to Pamper Yourself!! Make your appointment today. Treat yourself to a Hair & Spa Day. Highlights, Hair conditioning, Luxury Manicures, Spa Pedicures, Spa Wrap Treatment, Hot Stone Therapy. Don't Forget your sugar Body Polish! Everything you need before you jump into the pool!!



Laura's Specials:

Are you still wearing your winter skin?

Allow your face to glow! Enjoy a SKIN REVITALIZATION with a Mini Facial that includes a cleansing, an exfoliation and a customized mask. \$45

Diane's Specials:

Spa Back Treatment

Including exfoliation mud detox and hydration 30-mins

Special \$35 (Reg. \$45)

-Whole Body Mud Treatment-

Special \$90.00 (Reg. \$100)

Swedish Massage:


15 MINS. FOR \$20

30 MINS. FOR \$30

60 MINS. FOR \$60

TO RESERVE AN
APPOINTMENT CALL DIANE:
(951) 532-1490






"NIGHT OUT " at the Lodge

**Friday, July 22, 2011
5 p.m. to 8:30 p.m.**

Put on your dancing shoes, buy dinner or dessert from Smitty's or just bring your favorite beverage and enjoy an evening of dancing to "records" and great company.


Bring your neighbors along too!

This is a no-charge event.



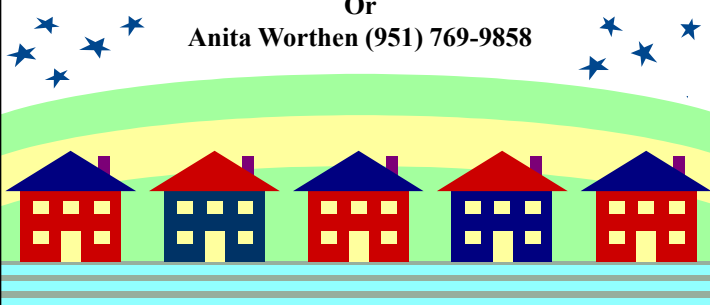
EVERYONE IS INVITED

NEIGHBORHOOD WATCH MEETING



**Friday July 8, 2011
at 10:00 a.m.
In the Ballroom**

For more information contact
Jerry Whitfield (951) 845-0680
Or
Anita Worthen (951) 769-9858



K. Hovnanian's Four Seasons at Beaumont

Wellness Expo

Kick-off 2k Charity Walk at 9:00 a.m.

Saturday, July 30th, 2011 9:00 a.m. - 3:00 p.m.

Expo located at **The Lodge**

1518 Four Seasons Circle, Beaumont, CA 92223



K. HOVNANIAN'S
**Four
Seasons**
AT BEAUMONT
COMMUNITY ASSOCIATION

Expo Highlights:

- Fabulous Prize Giveaways
- Complimentary Health Screenings
- Complimentary Health and Fitness Assessments
- Keynote Speakers
- Local and national exhibitors with focus on health, fitness, nutrition and lifestyle

Walk for Charity:

- 2K Charity Walk open to leashed pets
- Raise money for your favorite charity
- Free coffee and bagels for participants
- Register at www.communitycaresexpo.com

Activities and Features:

- Hole-in-one contest to win a **NEW CAR!**
- Putting Challenge to win **\$10,000 cash**
- Long-Drive Challenge to win various **Gift Cards**
- Raffle Giveaways - **Vacation Stays, Golf Clubs, Merchandise and much more**
- "Frozen Yogurt Social," tote bags, product samples, coupons and valuable information
- Healthy lunches and smoothies offered by Smitty's
- Learn more about our many social clubs


Community Cares
LIFESTYLE & WELLNESS EXPO

Smitty's Bistro

1518 Four Seasons Circle (Inside the Lodge)

(951) 769-0717

~We accommodate special request~

HOURS OF OPERATION

Monday	Closed
Tuesday-Friday	9 am-7pm
Saturday	8 am-7pm
Sunday	8 am-3 pm

SMITTY VACATION

We will be closed

July 17-20 and reopen July 21

THANK YOU!!!

A BIG THANKS from Kelly to everyone that came to help celebrate her achievement.

Thank you everyone for the Graduation Gifts ☺



Keep an eye out for....

- Look for NEW WEDNESDAY night theme dinners.
- We will be announcing the Winners of the Bistro T-Shirt Contest sometime later this month!!

CHICKEN SANDWICHES

\$6.75 or make it a combo for \$8.00
(Includes Fries & Drink)

- **Chicken Club**
Grilled Chicken breast, avocado, honey mustard, lettuce. Tomato, bacon, served on a whole wheat bun.
- **BBQ Chicken**
Grilled Chicken breast, lettuce, tomato, BBQ sauce served on a whole wheat bun.
- **Paradise Chicken**
Grilled Chicken breast, ham, Swiss cheese, pineapple, honey mustard, lettuce, tomato, served on a whole wheat bun.

Don't fret, we have a solution
for your diet resolution!

Check out our Salads Menu, we also make
Veggie Wraps! ☺

TURKEY BURGERS

\$6.75 or make it a combo for \$8.00
(Includes Fries & Drink)

- **Classic Turkey**
Grilled Turkey patty with thousand island dressing, lettuce, tomatoes & Swiss cheese severed on a whole wheat bun.
- **South West Turkey Burger**
Grilled Turkey patty with green chili, avocado, Swiss cheese, mayo, lettuce, tomato served on a whole wheat bun.
- **Spicy Black Bean Burger**
All veggie patty perfectly seasoned; thousand island dressing, Swiss cheese, lettuce, tomato, served on a whole wheat bun.

SMITTY'S DAILY SPECIALS

- **New York Steak**
with jumbo shrimp, dinner salad & garlic toast.
... \$14.99
- **Salmon BLT**
With your choice of green salad or sweet potato fries. . . \$9.00
- **Glazed Salmon**
with choice of garlic mashed potatoes or sweet potato fries & green beans... \$10.99
- Mahi Mahi Tacos... \$6.00
- **Oriental Crispy Chicken Salad**
with sweet & sour dressing.. \$8.00
- **Oriental Shrimp Salad**
with sweet & sour dressing.. \$8.00

OTHER FAVORITES

- **Fish & Chips**
3 beer battered Cod, fries & drink... \$8
- **Cobo Fish Tacos**
2 tacos, fries & drink... \$8
- **Carne Asada Tacos**
2 tacos, fries & drink... \$8
- **Shrimp Basket** Jumbo shrimp, salad, & Drink... \$8

K. Houtman's Four Seasons at Beaumont Fitness Club Announces:

PRO-FIT SCHEDULE ~ JULY 2011

For more information contact Fitness Program Coordinator,
Carmen Lopez @ (951) 892-5141.

(See corresponding Asterisks (*) for additional information)

Monday	Conditioning	8:30 am	Aerobics Room
Monday	Beginners Conditioning	9:30 am	Aerobics Room
*** Monday	H2O Fitness	10:30 am	H2O Fitness
Tuesday	Gentle Yoga	8:30 am	Aerobics Room
*** Tuesday	Zumba Gold	9:30 am	Aerobics Room
Wednesday	Conditioning	8:30 am	Aerobics Room
Wednesday	Beginners Conditioning	9:30 am	Aerobics Room
*** Wednesday	H2O Fitness	10:30 am	Swimming Pool
Thursday	Pilates	8:30 am	Aerobics Room
Thursday	Zumba Gold	9:30 am	Aerobics Room
Friday	Conditioning	8:30 am	Aerobics Room
Friday	Beginners Conditioning	9:30 am	Aerobics Room
*** Friday	H2O Fitness	10:30 am	Swimming Pool
Saturday	Gentle Yoga	8:30 am	Aerobics Room

Pricing:

\$50.00 a month - Unlimited Classes

\$40.00 a month - 16 Classes (4 per week)

\$30.00 a month - Any 12 Classes

\$5.00 - Per (1) Single day Class

*All classes are subject to change due to lack of class attendance. A minimum of 10 students is needed to continue any of the above classes.

**Zumba Gold (Tuesdays) & H2O Fitness, must have at least 10 participants for the class to continue.

***Aqua Fitness will be offered on a 3 month commitment basis. Must be pre-paid (\$75) by the end of July for the months of August, September & October. In order for this program to continue.

Beginners Conditioning: Introduction to a light weighted workout done to music, designed for the individual working out for the first time or returning to exercise.

Conditioning: Weighted workout to music that will help improve overall strength and endurance.

H2O Fit: Water aerobic workout that helps increase muscular endurance, stamina and circulation without the land based impact. *Offered during the months of April - November.

Zumba Gold: This fun, easy, safe and effective workout is done to the rhythms of the cha-cha, mambo, merengue, salsa and more. It's great for the body and soul!

Gentle Yoga: Gentle Yoga encourages the mind-body connection and helps to develop focus, balance, strength and flexibility. A non-competitive environment allows each individual to move at a comfortable pace.

Mat Pilates: A total body workout that restores muscular balance to the core muscles of the lower back and abdominals. Enjoy the benefit of strengthening and stretching the body



COUNTRY WESTERN HOEDOWN WITH A TWIST

AUGUST 2011
5:00pm-8:30pm

Suggested Dress: Country
Western Style

"GOOD OLE COUNTRY MEAL"

Live Toe Tapping Music,
Games and Dancing.

\$20 per person

TICKETS GO ON SALE: JULY 5

AMPHITHEATER PRODUCTION GROUP PRESENTS:

SUNDAY AT THE AMPHITHEATER

Sunday, July 17

SHOW TIME: 7:00 P.M.

FIRST COME, FIRST SEATED

REMEMBER Plastic containers ONLY! Feel free to bring food, snacks, etc.

Bring a back rest for ledge seating or portable chair for grass seating
Light wraps, jackets or blankets are suggested

Come enjoy a wonderful summer evening of entertainment!
Moonlight socializing was never this much fun!

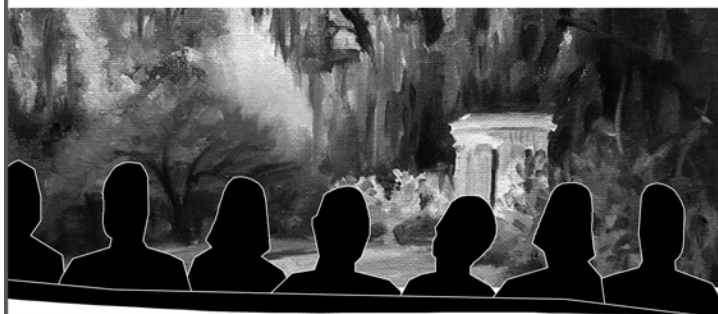
FEATURED ENTERTAINMENT

Professional Singers

Lola Rossi

and

Johnny Mesa



EMERGENCY PREPAREDNESS PROGRAM MEETING (EPP)

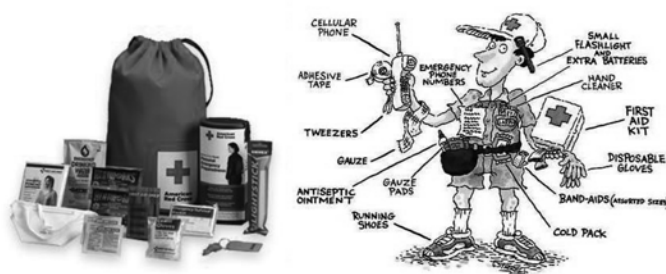
Everyone is invited to attend.

Come to find out more about our program.

Next Meeting:

THURSDAY, July 7, 2011

At 10 a.m., in the Lodge Ballroom



Contact Anita Worthen for more information (951) 769-9858

HOA News

Manager's Update

By Lisa Lynn, General Manager

At the Open Session Board meeting held on Thursday, June 9 the Board of Directors approved committee recommendations including Event Systems proposals for an upgraded music playing device for the ballroom sound system, and for a separate DVD/CD player for resident sponsored events, Landscape proposals to request the Board to seek assistance from the builder in addressing two landscape problems (cottonwood tree suckers and a non-approved footpath) in builder maintained areas, Rules and Regulations proposal for amending the Facility Use Guidelines, Safety and Facilities proposal to increase the trash pick up schedule for an additional weekly visit for the lodge dumpster, Safety and Facilities proposal for the National Night Out event on August 2, Safety and Facilities proposal to install sliding ladders for the Library shelves, Safety and Facilities proposal to install handrail grips for the pool rails, and the Social Committee's proposal for the Hoedown event on August 1.

A proposal from the Safety and Facilities Committee to add an upright exercise bike to the fitness center did not pass due to lack of a second on the motion. The Board approved the changes in membership for all committee members. The Board approved the vendor proposal to increase the bid total for installing a separate water heater for the ballroom restrooms. The Board approved the Phase B wrought iron fence painting (from reserve funds), approved the annual backflow testing and approved the documents to be sent to the Riverside County Recorder's office to record the amendment to the CC&Rs, Article 11, Section 11.2(b). The Board referred a homeowner request to install a vinyl shed in a side yard that would be viewable from common area back to the ARC for review. Overall, 27 action items were requested of management by the Board of Directors.

Management reported to the Board the completion of items including the installation of new library shelving, repairs to the pedestrian gates, the installation of the antennas for the irrigation controllers, and installation of the new battery, charger and cover for the pool lift chair. Management reported that 22 violation letters were sent out during May. Of those, six were for landscape or lot maintenance, six were for trash containers, two for not properly storing a garden hose and eight for signs. The Board of Directors suspended facility privileges for one member for delinquent dues, bringing the total for suspended privileges to 26 current members. There were 38 accounts with balances over 90 days past due.

The Board approved the May 2011 meeting minutes and the April 2011 Financials. The Board meeting is held on the second Thursday of the month, with the Executive Session at 9 a.m. in the Lodge Conference room and the Open Session at 1 p.m. in the Lodge Ballroom. There will be an exception in July and the meeting will be held on Thursday, July 21.

Final chance to pick up Community Guidelines from the Lodge front desk! If you do not have the 2010 edition of the Community Guidelines, please pick it up from the Lodge front desk. Sending out the Guidelines is a significant expense to the Association and in order to cut down on that expense we ask that you pick up the Community Guidelines from the Lodge. All NEW owners are sent a copy of the Guidelines by Euclid Management Company.

Please watch your speed as you drive through the community. The speed limit on community roads is 25 mph and 15 mph in alleys. Drive only counter-clockwise around the roundabouts and yield to traffic already in the roundabout. There is no parking in the Springdale and Monarch alleyways and a limit of eight hours for parking on Association streets.

The builder has asked that residents stay out of construction areas for safety reasons.

Architectural Review Committee

The HOA Board is seeking applications from residents who would like to join the Architectural Review Committee (ARC).

Until the committee is filled, the Board of Directors will review the property improvement applications and perform the inspection duties.

Meetings are scheduled for the first and third Wednesday of each month. Start time for the general meetings has changed to 10:30 a.m. Location of the ARC meetings will continue to be in the Lodge Conference Room.

As a reminder, shed additions on homeowner property require ARC approval before installation. Please submit an Exhibit A, Property Improvement Application, Form 2095, and an Exhibit B, Neighbor Notification Statement, Form 2096, to the ARC along with required documentation of the shed. Please contact the Management Office with any questions regarding documentation.

If you have any questions regarding the ARC, or if you would like to become a member of the Committee, please stop by the Management Office for an application or telephone (951) 769-6358. – **Frances Farrar, Euclid Management Administrative and ARC Assistant**

Bistro Committee

By William Taylor, Chairperson

The Bistro Committee met on Tuesday, June 7.

Several items were discussed. Smitty has sent two T-shirt drawings to the vendor for pricing. The winner should be announced in August.

Two fans have been installed in the Bistro and two are scheduled to be installed later this month. This, it is hoped, will help with the fly problem.

We discussed the Meet and Greet with Dessert for new homeowners to be held the night of June 7.

We are not meeting in July as most of the committee members will not be available. The next meeting is August 2 at 11 a.m. in the Lodge Conference Room. All homeowners are invited to attend.

Finance Committee

By Noel Myers, Chairperson

The Finance Committee held its regular meeting on May 17. The financial statements for April 2011 were reviewed and reflected the following significant items: Net income year-to-date was \$158,671 and total reserves were \$2,278,043. The accounts receivable (delinquencies) were \$119,137. Our total HOA expenses for March (excluding reserve allocations) were \$148,555; this was under budget by \$22,669.

With respect to investments, the Finance Committee recommended the Board of Directors reinvest two certificates of deposit maturing in July 2011 at the best prevailing rate for a term of one to three years.

The front yard expenses for April 2011 were under the monthly budget by \$4,867.

One vendor proposal was reviewed and was recommended to the Board of Directors for approval.

HOA Treasurer Wayne Staples reported that 28 current homeowners were more than 30 days and \$1,000 delinquent as of April,

HOA News

2011. Six are bank-owned and 22 are homeowner responsibilities. Twenty-eight former homeowners are still on the list.

All of the current Finance Committee members and the chairperson will be submitted to the Board for ratification.

A special meeting of the Finance Committee was held on May 26 at which four vendor proposals were reviewed and were recommended to the Board for approval.

The regular Finance Committee meetings are held on the third Tuesday of each month at 1 p.m. in the Lodge Conference Room. All homeowners are encouraged to attend.

Emergency Preparedness Program

Emergency and Disaster Preparedness is of value to us all. The program meeting on Thursday, June 2, had two speakers and was well attended.

The main presentation was by Rick Cook of the Beaumont Office of Emergency Services. He gave us 12 steps to be prepared and was quite informative.

It was noted that an important part of the program are the ham radio operators. We are fortunate to have Peter Hersey in the community, a great contact opportunity for those who are interested in ham radio.

The second speaker was Bob Ewart, Emergency Action Program Director of Sun Lakes. Bob gave the background of the Sun Lakes Plan and spoke on how Four Seasons and Sun Lakes can and will work cooperatively in case of an emergency.

Our focus on the Four Seasons EPP is being aware, being prepared and being willing to communicate.

We meet the first Thursday of each month at 10 a.m. in the Lodge Ballroom. Next month we will start implementing the first two concepts of being prepared. We encourage everyone to attend. Mark your calendars for Thursday, July 7. - **Anita Worthen, Chairperson EPP**

Event Systems Committee

On Saturday, June 4, the Event Systems Committee sponsored the first Outdoor Living Home and Garden Tour at Four Seasons and it was a huge success!

With five homes and yards open for viewing, 125 wristbands were sold (including 25 that were purchased by the K.Hovnanian Sales Office and distributed to potential home buyers). The homeowners were proud peacocks showing off their individual taste in decorating and gardening while the people who toured the homes picked up numerous tips and tricks on working with their own landscaping.

The event proceeds will be added to the Event Systems Committee coffers for further additions and refinements to our Four Seasons audio/visual needs in the Ballroom and Amphitheater.

As many of you will recall, the first Holiday Home Tour was held last December with 11 homes open. Also a great success, this tour will be repeated this December. If you are interested in participating in any future tours, Holiday or Outdoor, please contact Teri DiMarino-Davidson at k9styler@aol.com or (951)769-4345 for more information or to be put on the list of prospective tour homes.

As usual, the Event Systems Committee is busy working behind the scenes on future plans for additional installation of lighting, speakers and sound abatement. Our request for people interested in becoming versed in the use of equipment has been heard with new resident Phil Harris stepping up to the plate as our

latest "techie." Welcome, Phil! We look forward to seeing you behind the soundboard! -- **Teri DiMarino**

Landscape Committee

By Len Tavernetti, Chairperson

She still continues to confound us! And, yet, we long-time (5 years) residents of Four Seasons insist that our weather this year is unusual. The freeze in mid-April and late spring cool weather upset landscape plans for our front yards in particular.

The damage to the ubiquitous gazanias planted by the builder in the front and side of almost every home left a carpet of unsightly black, woody stems. The committee and landscaper inventoried the damage, identified a solution, secured the necessary funding and are in the initial stages of implementing that decision. Meanwhile as the 2011 spring weather spurs growth, the residual gazanias that did not die are breaking out with beautiful yellow blossoms that turn some front yards into showplaces. These are being removed and replaced with young, almost colorless seedlings and small bushes.

So, why don't we stop replacing them? Mature gazania plants are quite attractive ground cover. The plant hails from South Africa and is drought tolerant. With green silvery leaves year round and blossoms in the summer, they immediately brighten the landscape around our homes. They survive in poor soils and are fast growing. Builders plant gazania for these reasons.

Bunnies eat the blossoms for a different reason. Unfortunately, after about five years these plants become excessively woody and unsightly and then die. So, while we could prolong the colorful show for a few more months, by next year we would very likely be replacing all these surviving gazanias. The replacement plant pallet includes several blooming flowers that will survive in our environment and be more permanent than the gazanias.

Another builder's choice of plants is being removed by the gates and in the Lodge parking lots. The cottonwoods that did not fall to the axe last year are targeted for this summer. These trees with their invasive roots that break hardscape and develop new shoots served their purpose of providing an immediate "tree look" and will be replaced by trees that will not be destructive. Cottonwoods will continue to survive and thrive in the wilderness area along our streams and trails but not inside the gates.

Safety and Facilities Committee

By Jerry Thompson, Chairperson

We hope our residents will appreciate the very hard work our library volunteers have contributed to the arrangement of books after the installation of new library shelving. Our library is a place to enjoy quiet reading time or to select reading material. Visitors should respect our library and its intended use.

As summer approaches we can appreciate our investment in ceiling fans for the Card Room and Bistro. We can enjoy greater comfort and save energy at the same time.

We are working with Edison to help reduce our energy costs through more efficient lighting and available rebates. Every dollar we can save will allow us to invest in improvements to our community.

We encourage our residents to take an active role in our Neighborhood Watch and Emergency Preparedness Programs. The day will come when we will have a serious emergency affecting all of us. The question is: Will we be ready?

Please see page 10

HOA News

Social Committee

By Melody Seewoster, Chairperson

Well, this is the report I promised you on the Fashion Show and Tea that was held on May 21. I am happy to report that it was a huge success.

Our models did a wonderful job in both picking out the outfits they wore and with the actual modeling of those outfits. Colleen Barretto, Bernadette Chance, Pam DuChesne, Alex VanHoose, Betty Ann James, Ryta Jones, Louise Lyon, Lily Miller and Padoo Peralta did an outstanding job.

Debbie Plenge and Claudette Harsany also did a great job with the wig portion of the show. The wigs were supplied by RochelleScott-Holt who is the owner of Godiva Wigs; her husband, David, helped with the music and filming of the show.

A special thanks goes to the wonderful gentlemen who helped put up the stage and some of the backstage set-up: Roland Harrah, Steve Sarchett, Colin Taylor, Jeff Davidson, Doug Smith, Dave Roldan and the one lady who helped them out, Teri DiMarino. Without all of these people helping us there would have been no show.

As usual, the ladies of the Social Committee along with Bobbie Eckel and Susan Wilson did their best with the decorations and table set up. It is surprising just how long it takes to get ready for an event of this type.

The clothes this year were supplied by Jones of New York and Kasper's from the Cabazon Outlet center and their help was invaluable to us.

One more "thank you" goes to Diane Imsande, Rochelle Scott-Holt, and Claudette Harsany for giving us some wonderful gifts for our door prize drawing.

We are already dreaming up plans for next year's fashion show and hope to bring a few surprises and changes to the event.

There are no events planned by the Social Committee for July but we will be back in August with our annual Hoedown. Tickets went on sale about the middle of June but if you haven't gotten yours yet, there is still time. Hope to see you all there.

Don't forget to keep October in mind as we are trying something new with our very first Oktoberfest. More news about this in upcoming issues.

Rules and Regulations Committee

By Louise Lyon, Chairperson

Riverside Superior Court has approved the Four Seasons HOA's petition to reduce the vote needed to amend its CC&Rs from a super majority of 67 percent to a simple majority of 50 percent plus one.

Items covered in the committee's May meeting were: 1) Garage/Parking Lot Sales rules, 2) Contractor Selection Review sent to Board of Directors and 3) Clubs/Classes/Groups designations and distinctions, work in progress.

Committee membership renewals were due in May. All current members renewed except Len Tavernetti who is now the chairperson of the Landscape Committee. He is also responsible for the Ad hoc Water Management Committee, so he has his hands full. Thank you, Len, for all of your contributions for the two years you were on the Rules and Regulations Committee. Louise Lyon will continue as chairperson and Ron Morgan has graciously consented to be secretary.

Cindy Graves joined our meeting and updated us on some

problems which have occurred with outside caterers. After discussion, it was decided that we could make a slight adjustment to our Form 2019 Facility Use Agreement by adding a few changes. The additions are: 1) No outside caterers unless totally self-contained, 2) No use of HOA equipment without Activities Director permission and 3) smoking allowed ONLY in designated smoking area. A proposal to this effect has been sent to the Board of Directors.

This is a reminder to homeowner that the use of bicycles, buggies, skates, skateboards, wheel chairs or any conveyances with wheels on the trail is prohibited. Anything with wheels makes ruts in the decomposed granite base and allows water to degrade and destroy the trail. Please refer to the Trail Rules in the Guidelines on page 28, item 3.

The Rules and Regulations Committee is committed to keeping the standards of our wonderful community at the highest level. You are invited anytime to attend the Rules and Regulations Committee meetings. They are held on the third Thursday of every month at 9 a.m. in the Lodge Conference Room.

Ad Hoc Water Management

By Len Tavernetti, Chairperson

Puddles of water and small gullies have greeted trail walkers during the late spring. A variety of unrelated problems have led to this situation.

There are three main trails in Four Seasons: Potrero Creek Trails North and South maintained by the builder and Highland Springs Trail maintained by the Association. Brad Alms Landscaping maintains the trails for both. A four-man crew from the landscaper walks the trails every morning at 7 to check for problems that develop overnight and to make corrections.

Mother Nature has toyed with the weather during April and May with an atypical pattern of late spring rains, cool to cold nights and some daytime highs near 90 degrees. This makes predicting the water needs of the plant life difficult. The sprinklers are set to water on Tuesday, Wednesday and Thursday nights. This facilitates morning checks during normal workdays. The landscapers check for any valves that may not have closed properly, risers that did not retract and evidence of over watering. As plant life grows in height some water may splash back onto trails. In this case plants may be trimmed or sprinklers adjusted.

Since all watering is complete by 9:30 a.m. weekdays this time of year, any sprinkler operating outside those days or times is operating at a non-scheduled time. This is due to the initial settings by the controller installer who programmed for initial growth of the plants. This allowed the plant installer to observe watering patterns during daylight hours. With the turnover of landscape maintenance to our contractor, these programmed times were not erased and are identified by observation. Since each controller has 30 to 36 valves, (5 controllers) starting over completely is not recommended. If resident trail walkers observe sprinklers operating in mid-day, please call the Lodge so corrections can be made.

Another irrigation quirk is that many risers are equipped with a pressure shutoff valve, located below the sprinkler spray head. These shutoffs are very necessary for the lowest elevation sprinklers in the irrigation line. When the valve closes, all remaining water drains downhill and these lower sprinklers (if the shutoff is missing or defective) will continue to drain onto

HOA News

trails creating puddles and erosion. A few times sprinkler heads and shutoffs have disappeared overnight and need to be replaced. There is a process to add or replace these as found and needed.

Finally, on the Potrero Creek Trail South near the eastern end (as well as other areas near slopes) there are underground water flows from the housing area that seeps onto trails. Even when sprinklers along the trails are turned off, this seepage continues. The landscaper is adding gravel on top of the decomposed granite to aid foot traffic in these areas. Trails are redressed and weeds scraped two times per month and about every four months, trails are re-graded to fill most of the deep ruts.

Please remember that wheeled vehicles like bicycles and strollers are not permitted on the trails. The sharp footprint of these vehicles, which is greater than a person walking, breaks up the decomposed granite and facilitates erosion. So, as Roy and Dale would sing, "Happy Trails



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Loren DuChesne
John Papazian Jacque Sneddon

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Sandy Dwyer, Chairperson
Sonya Tamplin, Secretary
JuDee Wood, Treasurer
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Suzanne Roldan Judy Topp
Ann Williams
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Melody Seewoster
Patty Jordan Bobbie Eckel
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Jeff Davidson Colin Taylor
Teri Di-Marino Willis Fagan
Loren DuChesne, Board Liaison

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Peter Hersey
Georgia Coleman Donald Fant
Bob Melville Ed Sutherland
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Rules & Regulations Committee

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Leighton McLaughlin
Len Travernetti Dennis Gray
Bill Rusche Ron Morgan
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Wayne Staples, Board Liaison

Water Management Ad Hoc Committee

Len Travernetti, Chairperson
Colin Taylor Ed Whalen
Bob Melville Larry Savaglio Georgia Coleman

The Board of Directors for the K. Hovnanian's Four Seasons at Beaumont Community Association met on Thursday June 9, 2011 in the Lodge Ballroom. Executive Session was held at 8 a.m. and the General Session was held at 1 p.m..

The next Board of Directors Meeting will be held on Thursday July 21, 2011 At 1 p.m. in the Lodge Ballroom.

Executive Session – 9 a.m. General Session – 1 p.m.

Contact Information

THE LODGE

1518 Four Seasons Circle
Beaumont, California 92223
(951) 769-6358 Office
(951) 769-6514 Fax
(951) 769-4928 Movie Line
(951) 769-6997 The Salon
(951) 769-0717 The Bistro
(951) 769-4131 Potrero Gatehouse

Euclid Management Corporate Office

195 North Euclid Avenue, Suite 100
Upland, California 91786
(909) 981-4131
(909) 981-7631 Fax
Emergency After Hours: (909) 981-4131
Email: customersvc@euclidmanagement.com

Mail payment of dues to:

K. Hovnanian's Four Seasons at Beaumont / Processing Center
P O Box 513417 • Los Angeles, California 90051-3417

Euclid Management On-Site Beaumont Office

Lisa Lynn, General Manager
Sheree Harris, Assistant GM
Cindy Graves, Activities Director
Frances Farrar, ARC Admin Assistant
Krystal Orellana, Lodge Attendant
Nelly Alcocer, Lodge Attendant
McAdam Webb, Lodge Attendant

LOCAL PHONE NUMBERS

Police (Bus. Office): 769-8500
Fire: 845-3718
Hospital: 845-1121
Dial-A-Ride: 769-8532
Chamber of Commerce: 845-9541
Beaumont City Hall: 769-8520
550 E. 6th Street
Animal Control: 922-3301

Board of Directors

Jacque Sneddon, President
Loren DuChesne, Vice President
Wayne Staples, Treasurer
John Papazian, Secretary
Chris Courtney, Director
Jake Rodriguez, Director
John Miskell, Director

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Please check out the website information available at: **www.fourseasonsatbeaumont.com** You will find information on the Association Financials, Minutes from the Board Meetings, Activity Calendar, Community Guidelines and a wealth of other helpful information! Apply for your password today!

Clubs & Activities

The 8-Ball Club



Our captain, Del Lyles, and the 8-Ball Club would like to invite all Four Seasons residents to come to the Billiards Room and shoot some pool with us. We have a great bunch of team members and are always looking to make new friends.

If you are an experienced billiards player or a beginner, come and shoot some pool with us. Practice is Monday, Wednesday and Friday at 7 p.m. to 9 p.m., but you can usually find someone in the Billiards Room any evening.

Also, if you are tired of hauling your newspapers, aluminum cans and plastic bottles to the recycle center, the 8-Ball Club can help you with that, too. The new dates for pick-up are the first Wednesdays of every even-numbered month (June, August, October, etc.). Resident Kenny Payne will have his truck in front of the Lodge from 7 to 7:30 p.m. We will be glad to take your recycling off your hands.

If you have any questions, just stop in the Billiards Room or give us a call: Captain Del Lyles, (951) 845-5114; Co-captain Roland Harrah, (951) 845-1734; Captain's Assistant Dot Hurst, (951) 769-5850.

See you in the Billiards Room! - **Dot Hurst**

Amphitheater Production Group

Since this must be submitted for publication before the June 26 Amphitheater Event, I have to wait until the next issue to be able to comment on Stephanie Davis and her "Vocal Journey". Hopefully, weather permitting, the event went well and we were able to actually enjoy her beautiful voice on a pleasant evening outdoors, and try out the new grassy seating areas. Let us know what you think.

Please don't forget to mark your calendars and save Sunday July 17 at 7 p.m., (*note the new start time is a half hour later*), for another evening of great entertainment at the Amphitheater. We will be featuring the versatile sounds of Lola Rossi and her husband, Johnny Mesa. Their talents are well known throughout the Palm Springs area.

See you at the Amphitheater! -- **Penny McDonell, Chairperson**

Ballroom Dance Club



Our very capable leader and long-time friend, Vince Palmer, and his wife Diana, have moved from our community. Vince has been with our group from the beginning, so we'll miss his enthusiasm and participation greatly.

Puring Stifter was elected club captain with her husband, Gary, as co-captain. Puring and Gary have also been with us from the beginning, and have a real interest in our dance groups. Thanks for assuming the leadership positions, Puring and Gary.

For those desiring to learn basic dance steps and routines, there is the Social Dance group. Our instructors lead us in each step and move, so we can put it all together and dance. For more experienced dancers, there is the Ballroom Dance Club, where we learn new dances and build upon dances we already know.

In either case, there's a good place for you – whether you're a new or experienced dancer. And it must be said again: The more we learn the easier it is to learn. Dancing gives us good exercise, and we have lots of fun in the process.

Our experienced dance instructors conduct dance classes each Monday evening in the Ballroom. If you want to learn the basics, join us at 6 p.m. for a half hour lesson for only \$5. If

you are more experienced and want to improve your dancing, join us at 6:30 p.m. for an hour and a half lesson, at a cost of only \$10. -- **Willis Fagan, for the Ballroom Dance Club**

Book Club



The May meeting of the Book Club focused on *The Happiness Project* by Gretchen Rubin. The book was selected as a practical contrast to *Eat Pray Love*.

Gretchen Rubin clerked for Supreme Court Justice Sandra Day O'Connor. When she decided that law was not her first calling, she began to focus on writing.

In *The Happiness Project*, Rubin chronicles the year in which she examined ways to make herself happier, not by uprooting and exploring other cultures but by doing research to determine ways to improve her life and, as a consequence, the lives of those around her. Realizing that annual resolutions were not always successful, Rubin broke her project into monthly short-term goals.

Book Club members were unanimous in believing that most of the goals Rubin established were fairly obvious ways to improve life, but that experience and maturity had perhaps taught what needs to be pointed out to younger readers. Such goals as getting more sleep, cleaning out clutter, exercising better, quitting nagging, giving proofs of love, and asking for help were fairly elementary. Rubin also suggested pushing yourself a bit to expand learning, trying different things, exploring a wide variety of readings, indulging yourself occasionally and stimulating the mind would result in making yourself feel more successful and accomplished. There were, admittedly, a few suggestions which the author mentioned that Book Club members decided were definitely author-involved and not necessary for the general public's happiness: starting a blog, writing a novel, meditating on koans, reading memoirs of catastrophes and imitating a spiritual master.

The consensus was that each reader could take from *The Happiness Project* ideas that worked for the individual reader.

Beginning in June, the Book Club will meet on the second Tuesday of the month at 9:30 a.m. The selection for June's discussion is *Beachcombing for a Shipwrecked God* by Joe Coomer. July will find readers discussing *The Razor's Edge* by Somerset Maugham.

Residents are invited to join us. Even if you have not read the book being discussed, you will enjoy the exchange of ideas.

– **Bobbie Eckel**

Bunco



Hi, everyone! We were really happy to see so many of you at Bunco last time. We had seven tables and a lot of laughs.

If you are thinking about checking out the Bunco group, please come join us on the second and fourth Friday of the month. In July we will meet on Friday, July 8, and Friday, July 22, at 1 p.m. in the Card Room at the Lodge. We are usually done by 3 p.m.

If you have any questions, you can call either Anni Smith at (951) 769-7371 or Suzanne Roldan at (951) 849-8540. See You There... -- **Anni Smith**

Bridge

Hello, lovers of the game of Bridge. Dust off those old Bridge skills and join us every Monday at noon for some fun.

Please see page 16



July

Sunday
Monday
Tuesday
**Four Seasons
Beaumont**
**Committees,
Clubs,
Groups,
And
Special
Events**
Notes:
***July 4 - Reduced Lodge hours: 7am - 6pm (No Lodge sponsored event)**
***July 5 - Hoedown tickets go on sale**
***EPP - Emergency Preparedness Program**
*** AACC - African American Culture Club**
***All dates, times and activities are subject to change. Please check with the Lodge desk for updated information.**
3
4*

5

8:30a Weight Watchers
10 Knit & Crochet
Poker
10:30 Heart&Soul Dance
1p American Mah Jongg
6 Hearts

10

1p PAC Rehearsal
3 Scrabble

11

12p Bridge
6 AACC*
7 8-Ball Club

12

8:30a Weight Watchers
9:30 Book Club
10 Knit & Crochet
Poker
10:30 Heart and Soul Dance
1p American Mah Jongg
2 Event Sys Com Mtg
6 All Seasons RV Club
Hearts

17

1p PAC Rehearsal
7 Amphitheater
Concert Series

18
9a Landscape Com Mtg
12p Bridge
6 AACC*
7 8-Ball Club

19

8:30a Weight Watchers
10 Knit & Crochet
Poker
10:30 Heart and Soul Dance
1p Finance Com Mtg
6 American Mah Jongg
Hearts
6:30 Camera Club

24

1p PAC Rehearsal

25

12p Bridge
6 AACC*
7 8-Ball Club

26

8:30a Weight Watchers
9 Safety & Fac Com Mtg
10 Knit & Crochet
10:30 Poker
1p Heart and Soul Dance
4 American Mah Jongg
6 Performing Arts Club

31

1p PAC Rehearsal

2011

Wednesday	Thursday	Friday	Saturday
		1 10a Open Art Studio 5p Dominoes 6 Seasoned Solos 7 8-Ball Club	2 10a Painting Class 1p Poker All Day Private Party in the Ballroom
6 10:30a ARC Com Mtg Amphithtr Prod Grp 1p Canasta #2 2 PAC Rehearsal 5 Dominoes 7 8-Ball Club	7 10a Poker EPP* 11:30 Pan 1:15p Canasta #1 5 Social Com Mtg 5:30 Crafters	8 10a Neighborhood Watch Open Art Studio 1p Bunco 5 Dominoes 7 8-Ball Club	9 10a Painting Class All day Private Party in the Ballroom
13 10a Newsletter Com Mtg 12p Asian Club 1 Canasta #2 2 PAC Rehearsal 5 Dominoes 7 8-Ball Club	14 9a Rules & Regs Com Mtg 10 Poker 11:30 Pan 1:15p Canasta #1	15 10a Open Art Studio 5 Dominoes 7 8-Ball Club	16 10a Painting Class 1p Poker 6 Karaoke
20 10a Newsletter Com Mtg 10:30 ARC Com Mtg 1p Canasta #2 2 PAC Rehearsal 5 Dominoes 7 8-Ball Club	21 9a BOD Exec Mtg 10 Poker 11:30 Pan 1p BOD Mtg 1:15 Canasta #1 6 Taste D'Vine Wine Club	22 10a Open Art Studio 1p Bunco 5 Dominoes Night at the Lodge 7 8-Ball Club	23 10a Painting Class
27 12p Asian Club 1 Canasta #2 2 PAC Rehearsal 5 Dominoes 7 8-Ball Club	28 10a Poker 11:30 Pan 1:15p Canasta #1	29 10a Open Art Studio 5p Dominoes 7 8-Ball Club	30 8:30a Racquet Club Playday 9a - 3p Community Cares Lifestyle and Wellness Expo

Clubs & Activities

We are averaging two or three tables per session.

Please give Helen Shoemate a call so she may include you in our next game. Helen's number is (951) 845-9312. See you in the Card Room. -- **Carl Carson**

Canasta Club

Come and join us for an afternoon of friendship and Canasta on Thursdays from 1:15 to 4 p.m. in the Card Room at the Lodge.

If you are new to the game, we are always there to teach you the game or help you work on the finer points. Also Kathy, from the Bistro, makes a pass-through to see if we need anything to eat or drink. It is a very nice way to spend a summer afternoon. -- **Melody Seewoster**

Crafters – “Get Around to It”

It's Christmas time! Just kidding! But, it is Christmas in July for our “Get Around To It” craft night.

Everyone is welcome to come and see sample Christmas craft projects that you might want to get started on. You never know, you might find something you want to make for Aunt Martha, Little Joey or Uncle Bob!

If you, too, have any samples that you wouldn't mind sharing, head on down to the Craft Room on the first Thursday of July -- July 7, that is! We will be getting together around 6 p.m. this month. (Note the time change, we normally meet at 5:30, but since we'll need to set up, we'll meet 1/2 hour later.) Sew, if you have something to share and set out, then come on down at 5:30 p.m. Otherwise, we will see you at 6.

No! Nothing will be for sale. Only ideas will be available. And, you never know, you might find some of us wearing a Christmas T-shirt. (Too hot for sweaters!) And maybe you'll even get a sample of a favorite Christmas recipe to consider for gifts.

Sew, yes, I know it's spelled “so” -- but sew what! (Smile) From here on out, it will be spelled “sew.” Anyway, put your bells on and come on down to hang with the craft ladies -- and gents, too, are welcome, if you want. We'll make sure you feel welcome. Well, I know I can hear some of you saying, “I don't have a creative bone in my body.” Yep, we can fix that. Come and hang with us and we will work our darnedest to rub off on you.

Summer Door Wreath idea: Hit your favorite dollar store or favorite craft store. Pick up a wreath. Add a few summer-like silk flowers with bag ties, some pretty floral wired ribbon and a bow, and pick up a few summer fun items in the kids' section. How about a small sand pail and shovel, a bottle of kids' bubbles (empty out the contents of course), an empty box of Cracker Jacks, a small butterfly net, a child's pair of sunglasses and kids' flip flops? Look around the store, use your imagination and be sure to have fun. Make it yours! Think it, make it and claim it from your heart to the front door. Have a great summer!

Sew, if you have questions feel free to give Paulette Sims a call (909) 967-5261 or Pat Dawson (909) 720-1514. See you on 7/7/11! -- **Paulette Sims**

Discovery Club

If you start at 10 generations back, and each generation has four offspring, your family, not counting spouses, would be quite large. The first couple has four kids. Those four each have four more, making 16. Each of the 16 has four, making 64. And so forth, until you

reach 10 generations, and you have about 260,000 relatives.

Just think how many relatives you'd have if you went back 20 or 30 generations! And think of how large your family really is when you add the maternal side.

Is this possible? Well, not every generation will have exactly four offspring -- some have more, some less, and some have none. But if we are in an “average” family, we'll have many more relatives than we know about.

How do we find all these people? That is the challenge. Researching prior generations takes lots of patience, creativity and perseverance. Just getting the spelling of names right is a task. We might start with a modern-day surname of Treesh. Then we find it spelled Trish, and before that it's Trisch, and prior to that it's Von Trische, and so forth.

Another interesting, if not confusing, fact is that we can find names of people in the same places at the same times who are not our relatives. We soon learn to be detectives, refining our research procedures, looking for clues, and becoming adept at trying many different ways to find and verify our family relations.

While our club continues to be active, it is taking the summer off. We will notify you when our next meeting will take place. In the meantime, if you have any good information or ideas, please pass them along to the Club Captain at wefbev@verizon.net, or call (951) 845-3251.-- **Willis Fagan, Club Captain**

Four Seasons at Beaumont Golf Club

Since the weather has been pretty good of late, club members have been getting out on the course one or more times per week. We have been playing at the Morongo (PGA), Hemet, and Yucaipa Golf Courses primarily. We are also playing our monthly event at the PGA Course location, either on the Champions or Legends Course.

In May, we played a two-person scramble format on the Champions course; that format is always a lot of fun.

In June, we are scheduled to play on Saturday, the 25th. I'm not sure about the format for that day; but, we always have a long drive hole and closest to the pin on par 3 holes, and a skins game if you up for the challenge.

Come on out for some good exercise and fun. -- **Ed McBratney, 4SBGC President, (951) 572.5447 or e-mail to em91765@yahoo.com.**

Knitting and Crocheting Group

We had another lunch outing in May, going to Isabella's Italian Restaurant in Redlands. There were 11 of us and it was quite enjoyable.

Our projects for the Senior Center are coming along nicely; we should have a number of items for the Center by the holidays, if not sooner. Personal items are also being worked on, such as sweaters, scarves, and a few baby blankets. -- **Dorothy Payne**

Line Dancing

Next month is the Hoedown. You still have time to learn two or three dances. Granted, all sorts of music is played at our functions to accommodate our varied interests (as it should be). But, if you don't have a spouse or have a spouse that won't dance or maybe he/she just has trouble dancing anymore, then line dancing may be for you. No partner required!

It is also great exercise and good for the mind. The dances we do are fairly easy and they are sure to play four or five



Clubs & Activities

tunes we can dance to, so come on and join us. We meet every Thursday at 4 p.m. in the Lodge Ballroom. Please feel free to give me a call if you have any questions: (951) 769-3889. -- **Martha Franck, Club Captain**

Old School Dance

Dancing is fun and is easy most of the time -- and it's not hard to learn.

Today, doctors and scientists believe that dancing plays a part in people's personality regarding emotion and the expression of bodily movement. How does dancing play a part in our minds? It's possible that some people use dancing to express themselves, displaying joy and cheerfulness as well as simply enjoying the fun of it.

Regardless of why you dance, it is great exercise and a great way to stay fit!

On June 3 many of our community residents danced the night away during our Old School Dance Class lead by Pricilla Robles! We all had a good time and big thanks go to her for a job well done!

Remember to stay stress free as you continue to dance at your pace! -- **Willa Harris, Old School Dance Captain**

Paddle Tennis Group

It's summer and time to play..... Paddle Tennis. Play times are Tuesdays and Thursdays at 5.00 pm. We also started mix doubles on Sundays, call for times. It's a great activity just like tennis but played on a smaller court with a paddle. Everyone is welcome. See you at the court. For more info call - **Jim 951-769-5525 or Alan 951-726-4202**

Four Seasons Racquet Club

The weather was perfect for our May Play Day. We had a good turnout and a fun time.

Cheryl Smith warmed us up with a good clinic and then social-mixed tennis continued on courts 1 and 2 while Cheryl took another group over to the paddle tennis courts for some "Sponge Ball". After the number of players thinned out, we fired up the ball machine so that members could enjoy rapid succession ball hitting. What a great way to improve some of the shots we learned in clinic.

Everyone reported that they had a great time. Most folks stayed around for a social lunch time at the Bistro.

We will continue to organize the social "Play Days" on the last Saturday of each month through September. Everyone is welcome. Come on out and have some fun. It is a great time to meet other tennis players and begin to find partners of comparable play level.

Two of our club members, Howard and Mickey Nelson, will be representing California in the upcoming National Senior Games in Houston. In 2009 Howard and Mickey finished sixth out of 20 teams in the 75 to 80 age category. This year they will be youngsters in the 80 to 85 category and hope to bring home a medal. Let's all wish them well and hope that they bring that medal back to Four Seasons.

This is the season for the "Slams". The French Open is underway as this is being written. Wimbledon runs from June 20 through July 3. The US Open starts the qualifying rounds August 23 and runs through September 11. -- **Howard Lyon, Secretary FSBRC**

Seasoned Sassies

Our very own Red Hat Chapter met on June 8 and ventured to Dominico (a new restaurant in Beaumont) for lunch. As usual we had a good time.

Our next outing will be to Aqua Caliente for lunch and maybe even a little casino play. We will meet at the Lodge at 10:30 a.m. and carpool to the casino.

If you would like more information or would like to join our merry little group, please call Melody at (951) 769-2774. -- **Melody Seewoster**

Seasoned Solos

We went to the Street Fair in Palm Desert on Saturday, June 18.

On Sunday, June 26, we went to the Maze Stone Restaurant for brunch.

On Saturday, July 9, is our Metrolink trip to San Clemente. Meet at the Lodge and leave at 7:45 a.m. You can buy a bundle of four round trip tickets for \$29.

Friday July 1 is our regular meeting and planning session. All singles are invited to attend.

Future trips talked about are a trip to Technique Restaurant in Pasadena where the students from Le Cordon Blue School of Culinary Arts prepare a lunch at a very reasonable cost.

Mary is looking into the Mill Creek Cattle Company in Mentone or Redlands

Please let Mary Ellen Castle at (951) 769- 5444 know if you have an idea of something you might like to do.

As always we invite all Solos/Singles to our meetings and activities. Give Mary a call or just show up at our meeting on the first Friday of the Month. -- **Toby Davis**

Taste d'Vine

Ah, Summertime. A time for serious grilling, barbeque, picnics or just chilling. Summer wines, Summer Reds, Summer Whites, Summer Cocktails, Summer Pinks, Sangrias, Summer whatever you want to drink. Bring out the wines for the fun-filled days and lazy evenings.

Our meeting is Thursday July 21, at 6 p.m. in the Ballroom. What to drink? We will explore some wonderful wines. Come and join us. It will be a fun time. Bring a glass or two, an appetizer to share. Members \$5, guests, \$8.

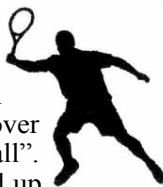
A Summertime Toast to You! -- **Anita Worthen, President**

Weight Watchers

I just want to let everyone know that as a group we at Weight Watchers have lost 539.6 pounds since we started on March 15, until June 7, -- 13 weeks to be exact. WOW, good for us!

Our session will be renewing again on July 5, so for those of you who have seen what great success we have had and are thinking about joining us, here is your chance. Come to the Lodge Ballroom on Tuesday July 5, at 8:30 a.m. with your checkbook or credit card in hand. The next session is going to be for 17 weeks.

Barbara Miller is our Weight Watcher leader and she is just the greatest. She really gets us motivated. Remember -- Nothing tastes as good as healthy feels! -- **Anni Smith**



Clubs & Activities

Travel News Day Trips

July

July 3	Fireworks at the Hollywood Bowl , bring picnic or eat on site	\$79 pp
July 9	Melody Ranch Motion Picture Studio, no lunch	88 pp
July 13	The Best of Welk, lunch included	94 pp
July 16	Nordstrom's Shopping Spree, no lunch	39 pp
July 17	"Mary Poppins" at O.C. Performing Arts Center	135 pp
July 19	Newport Harbor Cruise with lunch.....	82 pp
July 22	18th Annual Long Beach Quilt Show, no lunch	49 pp
July 24	U.S. Open Sandcastle Competition, no lunch	45 pp
July 26	La Jolla Birch Aquarium, no lunch	55 pp
July 28	Del Mar Races, no lunch	60 pp

August

Aug. 2	Lake Arrowhead Cruise & Lunch	78 pp
Aug. 4	San Diego Seaport Village, no lunch	35 pp
Aug. 6	Getty Villa, no lunch	35 pp
Aug. 9	Gondola Getaway, no lunch	69 pp
Aug. 13	The Shamala Preserve, with lunch.....	115 pp
Aug. 16-17	Pageant of the Masters Overnight	276 pp
Aug. 23	Houdini Art & Magic with lunch	67 pp

Pick up is at Carl's Jr. at the Sun Lakes shopping center. For more information or to make reservations, please call Gadabout Tours at 1-800-952-5068 or 1-760-325-5556. Melody Seewoster

* pp = per person



Saturday July 30th
8:30AM - 3:00PM
Wellness Day Participation!

Our Tennis Club will support and participate in our HOA community "Wellness/ Fitness Event"

We are continually expanding our membership. "Newbies, Re-Learners & All Level Players". Full Membership at \$20 / Year, has many entitlements. Ball Machine, Socials, Play Days, Hosted Luncheons, and Inter-Club Matches. Our website is now listed on the FS HOA website. www.integratedgraphics.net/BeaumontTennis.html

IMPORTANT NOTICE: "H2O-FITNESS"

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Aqua Fitness offered on a 3 month commitment basis.

Participants must be pre-paid for 3 months (\$75) by the end of July for the months of August, September & October, in order for this program to continue.

For more information contact
Carmen Lopez (951) 892-5141



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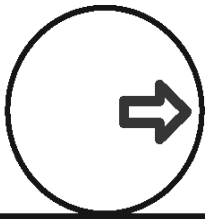
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Four Season's Community Info



Four Seasons Spotlight All Grown up - The Wages of the Golden Years

A Timely Discussion of Weighty Matters

By Crotchet E. Oldman

I was a really skinny kid.

I would have given anything for another 20 or 30 pounds.

Now, in the fullness of my maturity, I would give anything to shed 20 or 30 pounds.

My mother, aunts and grandmothers tried to fill me out with all kinds of fattening food. My grandmother would ply me with brimming bowls of beef stew or piles of French toast drenched in butter and syrup. "That will stick to your ribs," she'd say.

But nothing stuck to my picket-fence ribs. It all ran right off. I half expected to find my shoes full of grandma's beef stew and French toast.

I ate like a lumberjack and looked like a swizzle stick.

Today, if I as have so much as one lousy piece of French toast with no-fat margarine and dietetic syrup, my trousers go up two sizes.

In high school I went out for football. The girls, I noticed, liked football players.

I struggled through the pain of hell week and its two-a-days, but it turned out I was too clumsy to handle the ball, so my only hope was to play in the line. At nearly six feet and not much more than 120 pounds, that was a frail hope. The coaches clearly saw I couldn't hold that line, and besides, they were afraid I'd snap in two in the collisions after the ball was snapped.

After four weeks of grueling training, I was cut before the season started. Another 30 or 40 pounds and I might have been a high school football hero.

Today, another 30 or 40 pounds and I would need lap-band surgery, liposuction and a tummy tuck.

My clumsiness kept me off the basketball and baseball teams, so I went out for track. I didn't really want to be an underweight guy running around in his underwear, and the girls, I noticed, went to football games a lot more than to track meets. But it was a sport for a skinny kid – and the track coach, it was said, never cut anyone.

He never cut me, anyway, and the running made gaining weight unlikely. My friends said I whistled in a high wind.

Not all the guys on the team were skinny. The shot putter and a couple of the sprinters were pretty muscular – but, of course, they played football too.

The cinder tracks we ran on circled the football fields, which were invariably beautifully maintained, mowed, marked and trimmed. On the other hand the tracks, often as not, had mud puddles after even a light rain, had lanes that were indistinctly marked and a surface that alternated between powder and hard pan. There was no doubt about which sport was more important to the schools, to say nothing of the girls.

At one high school, the football stands had been built right on the football sideline to give fans a closer view of the game. That meant the track ran under the stands, where the runners couldn't be seen at all – which about says it all.

One advantage of all this running around in obscurity came when I began to expand into middle-aged spread. I remembered

the weight-killing effect of running, and took it back up. Running was about as much fun as those football two-a-days, but it kept the weight down until I reaped some of the rewards of the golden years: an arthritic knee and hip. That eventually ended the running and began the beefing up I had craved in my youth -- but the beef soon turned to pork.

And I didn't gain all over. My cheeks and belly bulged, but my arms and legs remained pencil thin. I looked kind of like snow man with sticks for arms.

I tried one of those bird-seed-and-lettuce diets a friend recommended, but quickly decided only someone with the palate and size of a rabbit could stay with it.

Next, my wife and I went to Jenny Craig where we were assigned a "counselor" who turned out to be a willowy young thing not long out of her teens with the build of ballerina. She clearly had never seen an extra pound in her life and was far too young to have had the experience to counsel anyone about anything.

Predictably, her counsel to us was to buy all that expensive Jenny Craig food. We did lose weight, but seriously fattened our grocery bill.

Once I looked into the Atkins Diet and was tempted to try it because of the generous helpings of meat I could eat. I lost my enthusiasm after Atkins died.

Finally I settled on Weight Watchers with its point system and use of regular groceries. I carefully examine the nutrition labels on the foods I buy and use the food-point list in the plan's handbook and my handy-dandy Weight Watchers slide rule to determine point values.

By precise budgeting I am able to allow points for my evening martini and glass of wine – which noticeably lightens the burden of dieting.

Probably because it works, the point system has been changed. It is now "Points Plus," which has a whole different, new-fangled system of food points and requires a hand-held calculator to determine daily intake.

I'm invoking my old guy's prerogative and refusing to change. I'm sticking with the old-fashioned system. By carefully calculating my intake, I actually lost some weight.

And I feel better. I recently walked – that's walked, not ran -- in a 5K road race and finished first in my age group. (That's because I was the only one in the group – there are some benefits to getting really old.)

Unfortunately, backsliding is easy. I traveled back East to a niece's wedding recently and partook – moderately I thought – of the celebratory food and drink. In five days I gained seven pounds.

It has taken me better than a month to lose those pounds. I gained them back at six times the speed I lost them.

Maybe I can find some skinny high school kid who wants to play football. I've got the pounds he needs and really want to give them up.

Of course, what I have to offer is pretty flabby, nowhere near as buffed and chiseled as a linebacker's six-pack abs -- but the two-a-days should take care of that.



C. E. Oldman

Four Season's Community Info

Neighborhoodly Notes

By Bobbie Eckel

A reminder to all residents: The Fourth of July falls on a Monday this year – which not only means a long weekend celebration, it also means that our Waste Management pick up will be Wednesday, July 6. Plan to have your bins out after 5 p.m. on Tuesday, July 5, and put them away emptied by dusk on July 6.

Lodge Hours, too, will change with the holiday. Reduced hours will be in effect on July 4th. The Lodge will open at 7 a.m. but will close at 6 p.m. Make your plans accordingly.

There will not be an official Lodge Fourth of July party around the pool this year. Residents are urged to bring their own picnic lunches and enjoy the pool facilities.

The Homeowners Association and the K. Hovnanian Marketing Department are hosting a Wellness Expo on Saturday, July 30. Spectacular events begin with a 2k Charity Walk at 9 a.m., complimentary health Screenings, local and national exhibitors focusing on health, fitness, nutrition and lifestyle, a hole-in-one contest with fabulous prizes and the grand opening of the newest Four Seasons model homes. Watch for all the details on the HOA website and on flyers in the Lodge.

Mark your calendars for Tuesday, August 2. On that night, plan to join your neighbors in the Ballroom to celebrate the National Night Out. This will be Four Seasons Second Annual event to promote national crime prevention. Last year, our community had a huge turnout. Let's hope for even more participants this year. Guest speakers from Beaumont and neighboring communities as well as police and city agencies will be on the program.

Neighborhood Watch

The monthly Neighborhood Watch meeting was held on Friday, May 13, in the Ballroom. The meeting was well attended with 43 residents. Lisa Lynn (Euclid Management) and Jerry Thompson (Safety Committee Chairman) discussed numerous safety and security issues and answered questions.

The construction gate at the end of Highland Springs has been a security issue for some time. That gate is known as the "Breckenridge Gate", and K. Hovnanian has agreed to help in monitoring traffic through that gate. From approximately 6 to 8:30 a.m. the gate will remain open to allow construction traffic to enter; then it will be closed and will be controlled by "code entry" access.

Numerous residents who live adjacent to the vacant land in the southern portion of our community are very concerned about incidents of "illegal shootings" that are occurring more frequently. We are attempting to find out which law enforcement agency has the responsibility for that area: Beaumont Police Department or Riverside County Sheriff's Department? In December, 2010, an "illegal shooting" incident occurred and residents called Beaumont Police who responded and made arrests. I would suggest that if gunshots are heard, call Beaumont Police Department as they have a rapid response time.

I thank you all for your support of the Four Season's Neighborhood Watch program and remember our slogan, "Neighborhood Watch Needs You!"

Neighborhood Watch Tip of the Month:

Always remember to keep your car doors locked at all times. It is a good idea to physically check the door handle to make sure the doors are locked; also keep all valuables in the trunk of your vehicle, not on the seat in plain view. - **Jerry Whitfield, Lead Block Captain**

National Night Out

Neighborhood Watch is sponsoring our 2nd Annual National Night Out on Tuesday, August 2, from 6 p.m. until 8 p.m. in the Lodge Ballroom.

National Night Out (NNO) is a Nation Wide Crime Prevention Event. Over 37 million people in more than 15,000 communities will join forces to promote police-community partnerships, crime, drug and violence prevention, safety; and neighborhood unity.

Because of our Neighborhood Watch Program here at Four Seasons, we had a huge turnout of the community last year, and we are continuing this as an annual event this year and beyond. We will have guest speakers from our town and neighboring communities as well as police and city agencies.

More information will appear in next month's newsletter. Mark your calendars early. You will not want to miss this event. – **Mary Primack**

To Scratch or Not To Scratch, That Is the Question

By Zelyne Rudolph

This has been a rough winter for this writer. I was scratching so constantly, it looked like I had palsy.

The itching came on so subtly that I didn't realize what was happening until I found that the most inviting area of my home was the door frame where I could scratch my back like a bear against a tree. Well, all is well with my body now because I have controlled the itch.

This situation started me on research to find out why this happened and how it can be fixed. I found out that a lot of people in the community are suffering from the same condition. Why?

In winter, low temperatures, low humidity and strong, harsh winds deplete skin of its natural lipid layer, which keeps the skin from drying out. The winds this year in the past have really been intense. Well, let's face it, they are always intense. The next problem is that the dry air from winter heating sources also dries skin. To keep your skin feeling dewy and moist all year-round, these are some tips to fix the problem.

Hot water robs skin of moisture causing dry skin, so it's best to shower in lukewarm water. If you must use hot water, try to keep your showers short and try showering only once per day. This also means skipping hot tubs. The hot, hot temperature, combined with drying chemicals, is torture on dry skin. This also applies to hand-washing: Wash hands in lukewarm, never hot, water. If your skin turns red, the water is simply too hot.

Moisturizers are the key to soft, supple skin. I found a fragrance-free calming moisturizer that really helped. The moisturizer works best when skin is slightly damp so try patting your skin dry instead of rubbing with your towel before you apply the moisturizer. I also read articles that said heavy oils such as olive oil and coconut oil can help aging skin stay moist.

How did I stop the itch? My husband and I happened to be on a cruise so I moseyed on over to the beauty salon to see what they recommended for my problem. Well, they used a bristle brush on my dry body to remove the dry skin and then sold me some milk bath. The itching stopped but only for two days. When I returned home to Four Seasons, I called Diane Imsande at the Salon, (951) 769-6997. She completely exfoliated my body with a body polish, then hydrated my body with European Rose Mud. She finished me off with warm Shea Butter. All the itching stopped for good. I

Four Season's Community Info

now do my own lukewarm oat meal baths and feel wonderful.

Extra tip: Dry brush skin before a shower with a body brush to remove flaky skin (it's more effective than brushing wet skin).

I hope this helps. If not, happy scratching.

Concerts on the Green

This summer's Concerts on the Green will be held at the Calimesa Golf Course on 3rd street in Calimesa. (Go East on 3rd street and it will go directly into the Golf Course.)

The remaining concert schedule is as follows:

July 7 Magnolia's July 14 Chico

July 21 DooWah Riders July 28 Big Boys Band

The free Concerts begin at 6:30 p.m. and are approximately two hours in length. (Donations are appreciated to help cover concert expenses.)

Dinners are served at the Calimesa Club House from 5:30 to 6:30 p.m. There are desserts available during the concert at a reasonable price.

Bring your blankets or lawn chairs and enjoy a great evening of entertainment. – **Judi Topp**

Activities Director Corner

By Cindy Graves

July ushers in the summer with more fun and excitement than you'll know what to do with! First of all there is a new group you may want to join that will start on Tuesday, July 5, at 10:30 a.m., called "Heart and Soul Line Dancing"

This group is a great way to put a spark in your morning and burn off a few calories without realizing it. No partners are necessary and you'll want to wear comfy shoes. Pricilla Robles will be leading the group and there is no cost involved. Be sure not to procrastinate because the class will be held for only four sessions only in July.

A big, amazing event that I especially want to tell you about is one you cannot miss! It's called the "Community Cares Lifestyle and Wellness Expo" on Saturday, July 30, from 9 a.m. to 3 p.m.. This event is collaboration between the HOA and K. Hovnanian and promises to be one of the most extravagant events we've had here at the Lodge.

The day will begin with a 2K Charity Walk around the complex. All residents and leashed dogs are invited to participate with an entrance fee of \$10. Charity choices are available online, along with pre-registration at www.communitycaresexpo.com. Each walker will receive free coffee and bagels (you've got to keep your strength up), as well as a free tote bag containing dog items and people goodies.

There will also be fabulous prizes, complimentary health screenings, health and fitness assessments, keynote speakers, a "hole-in-one" contest to win a new car and a putting challenge to win \$10,000 in cash! Raffle give-aways will also include gift cards, vacation stays, merchandise and more!

As if it couldn't get any better there will also be free frozen yogurt by one of our local ice cream shops, and exhibitors representing all types of lifestyle, health and wellness companies (with free samples).

The event is planned to coincide with the Grand Opening of new K. Hovnanian model homes. In which case, there will be trolleys to shuttle you up from the Lodge to the new home sites where a band will play and free lunch will be served. You absolutely must come!

This huge free event is the reason there will be no formal Fourth of July observation this year. Residents are encouraged to bring their own potluck or picnic items on July 4 to celebrate around the pool or barbeque. This is a "make-your-own-party" day, because I am working on all of the details of the big Expo.

Happy July, it's going to be a great one! I'll see you around the Lodge and the special events!



Chef's Corner
By Randy Balt

Beef Stew

This recipe makes more than most are going to need for one dinner, so downsize the portions as necessary. Sometimes I will add a turnip if I'm making this for myself. The turnip flavor, along with a large glass of buttermilk just brightens my day. For some reason my wife Sue has not developed a taste for either additional item.

While it is not "Weight Watcher friendly", I will also make a few biscuits to go along with the stew. Sometimes we just have to enjoy life.

PointsPlus™ Value: 9

Servings: 10

Preparation Time: 20 min.

Cooking Time: 2 hrs.

Level of Difficulty: Easy



Ingredients

3 pound(s) cooked trimmed filet mignon
3 Tbsp. all-purpose flour
2 Tbsp. Extra Virgin olive oil
6 cups water (or more if needed to cover veggies)
2 lbs. potatoes, red or white
3 cups carrots
3 cups onions
2 cups celery
2 cups sweet red pepper strips
2 cups green beans
2 pkgs. McCormick's Beef Stew Seasoning

Directions

Coat beef with flour. In 5 quart saucepan heat oil over medium-high heat and brown beef; drain, if desired.

Stir in Seasoning mix and water. Bring to boil. Reduce heat and simmer, covered, for 1½ hours.

Chop your vegetables as desired. Add green beans and cook for 15 minutes, then add the other vegetables. Cook an additional 25 minutes.

Remove from heat, then let stand for 5 minutes.

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July 2011

Physical Exercise/Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*All dates, times and activities are subject to change. Please check with the Lodge desk for up-dated information.</p>						
2	<p>4 <u>Happy 4th of July</u> The Lodge will close at 6pm</p>	<p>5 8:30a Gentle Yoga 9:30 Zumba Gold 10:30 Heart & Soul Line Dancing 11 Advanced Ping Pong 5p Beg Tennis 6 Paddle Tennis Tennis Drills</p>	<p>6 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>7 8:30a Pilates 9:30 Zumba Gold 4p Line Dancing 5 Paddle Tennis 6 Ballroom Dance Practice</p>	<p>8 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>9 8:30a Gentle Yoga 10:30 All level Ping Pong</p>
10	<p>11 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics All level Ping Pong 6p Soc Dance for Bgnrs 6:30 Ballroom Dance</p>	<p>12 8:30a Gentle Yoga 9:30 Zumba Gold 10:30 Heart & Soul Line Dancing 11 Advanced Ping Pong 5p Beg Tennis 6 Paddle Tennis Tennis Drills</p>	<p>13 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>14 8:30a Pilates 9:30 Zumba Gold 4p Line Dancing 5 Paddle Tennis 6 Ballroom Dance Practice</p>	<p>15 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong 6p Old School Dance Club</p>	<p>16 8:30a Gentle Yoga 10:30 All level Ping Pong</p>
17	<p>18 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics All level Ping Pong 6p Soc Dance for Bgnrs 6:30 Ballroom Dance</p>	<p>19 8:30a Gentle Yoga 9:30 Zumba Gold 10:30 Heart & Soul Line Dancing 11 Advanced Ping Pong 5p Beg Tennis 6 Paddle Tennis Tennis Drills</p>	<p>20 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>21 8:30a Pilates 9:30 Zumba Gold 4p Line Dancing 5 Paddle Tennis 6 Ballroom Dance</p>	<p>22 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>23 8:30a Gentle Yoga 10:30 All level Ping Pong</p>
24	<p>25 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics All level Ping Pong 6p Soc Dance for Beginners 6:30 Ballroom Dance</p>	<p>26 8:30a Gentle Yoga 9:30 Zumba Gold 10:30 Heart & Soul Line Dancing 11 Advanced Ping Pong 5p Beg Tennis 6 Paddle Tennis Tennis Drills</p>	<p>27 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>28 8:30a Pilates 9:30 Zumba Gold 4p Line Dancing 5 Paddle Tennis 6 Ballroom Dance Practice</p>	<p>29 8:30a Conditioning 9:30 Beg Conditioning 10:30 Water Aerobics Beg & Int Ping Pong</p>	<p>30 8:30a Tennis Play Day Gentle Yoga 10:30 All level Ping Pong</p>
31						

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