



# Four Seasons **BREEZE** Magazine



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The Four Seasons Breeze Magazine is published by  
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The Board of Directors for the K. Hovnanian's Four Seasons at  
Beaumont Community Association meets on the second Thursday  
of each month in the Lodge Ballroom. The Executive Session is at 9  
am and the General Session is at 1 pm.

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**fourseasonsatbeaumont.com**. You will find Association Financials,  
Board Meeting Minutes, Activity Calendar, Community Guidelines  
and more helpful information. Apply for your password today at the  
Lodge.

HOA Board & District Delegate Elections

By Leighton McLaughlin

A nominating committee has been formed to begin the  
process of electing two homeowner Board members in April.

The committee will seek candidates to run for 13 district  
delegate posts.

Once elected, the delegates cast the votes that elect the  
Board members. The delegates act much like members of  
the Electoral College in U.S. presidential elections – with a big  
difference. Delegates from districts that fail to have a majority  
of households cast ballots can vote the districts’ total voting  
power as they see fit.

Homeowners interested in running for the vitally important  
delegate job are urged to apply by the Jan. 17 deadline.  
Applications are available at the front desk in the Lodge and  
on the Four Seasons’ website (see chart on right to find your  
district).

It is important to select delegates carefully because of the real  
possibility one or two of them could decide an election.

The delegate position is clearly an important one, but does  
not require a great deal of time. The only duty is to vote for  
Board members. A delegate and alternate will be elected from  
each district. The alternate acts only in the absence of the  
delegate.

The members of the nominating committee are Don Fant,  
Bev McLaughlin and Lynette Simonson.

The first election for delegates will be held Feb. 17. It will  
be preceded by a “Meet the Candidates” night in the Lodge on  
Feb.12. Districts that fail to meet a quorum of 50 percent of  
voters casting ballots on Feb. 17 will participate in a second  
delegate election on Feb. 21, when the quorum will be reduced  
to 25 percent. The Board will appoint delegates for any district  
that does not meet the reduced quorum.

Once the delegates are selected, the Board election will  
begin. Applications to run must be submitted by March 9.  
Ballots will then be mailed to homeowners. There will be a  
“Meet the Candidates” night for the Board, but it has not yet  
been scheduled. The ballots will be counted on April 15 at the  
Delegate’s Meeting and the delegates will cast them at the HOA  
Annual Meeting on April 17.

In districts that meet the 50 percent quorum rule, the  
delegate is obligated to vote all the districts voting power in  
the proportion of the votes cast. For example, a district with 90  
voters, in which a majority of 60 cast ballots – 40 for candidate  
A and 20 for candidate B – the delegate has no choice and must  
cast 60 votes for A and 30 for B.

In a district that fails to have a quorum, the ballots are not  
counted and delegate can cast all 90 votes as he or she sees fit.

Homeowners are permitted to turn in their ballots at the  
Delegate Meeting, but are encouraged to mail them in earlier  
so it can be determined whether or not a quorum has been  
reached.

Two homeowner seats on the HOA Board are at stake:  
President Jacque Sneddon’s and Treasurer Wayne Staples’ terms  
are expiring. Sneddon has said she plans to run for re-election;  
Staples has not yet decided. Vice-President Loren DuChesne  
has another year of tenure.

To recap, the election schedule is:

- Jan.17: Deadline to apply to run for district delegate.
- Feb. 12: “Meet the Candidates” night in the Lodge.
- Feb. 17: First delegate election.
- Feb. 21: Reduced quorum delegate election.
- March 9: Deadline to apply to run for the Board. Ballots  
mailed.
- April 15: Ballots counted at Delegate Meeting.
- April 17: Annual Meeting, Delegates elect Board  
members.

DISTRICT AREA BY STREET NAME

<b>ARBORS DISTRICT 1</b>	<b>LAUREL DISTRICT 1</b>
BIG BEND	CLARK CREEK
CANARY CREEK	LEWIS CREEK
KINGS CANYON	PIPER CREEK
SLIPPERY ROCK CREEK	POTTER CREEK
TABOR CREEK	SALT CREEK
TJERAS CREEK	SLIPPERY ROCK CREEK
<b>ARBORS DISTRICT 2</b>	<b>LAUREL DISTRICT 2</b>
ROCK MOUNTAIN PARK	GLACIER PARK
SHINING ROCK	YELLOWSTONE PARK
<b>HERITAGE DISTRICT 1</b>	<b>MONARCH DISTRICT 1</b> South of Quiet Creek
BLACKBERRY CREEK	FOUR SEASONS CIRCLE (PHASE A & B)
CRANE CREEK	LEWIS CREEK
DEWEY CREEK	QUIET CREEK
GRANITE CREEK	SLIPPERY ROCK CREEK
KETTLE CREEK	WHITE SANDS
OWL CREEK	
SLIPPERY ROCK CREEK	<b>MONARCH DISTRICT 2</b> North of Quiet Creek
TROUT RUN	CASCADE CREEK
TURTLE CREEK	FERN CREEK
	PAINT CREEK
<b>HERITAGE DISTRICT 2</b>	QUIET CREEK
BLOOMINGTON PARK	THISTLE CREEK
BRIDLE TRAIL	
CALVERT PARK	<b>SPRINGDALE DISTRICT 1</b>
ENCHANTED PARK	BEAVER CREEK
GREEN CREEK TRAIL	SLIPPERY ROCK CREEK
PIPE SPRINGS	
SPANOS PARK	<b>COLONNADE DISTRICT 1</b>
	ARCHES PARK
<b>LANDMARK DISTRICT 1</b>	BLOWING ROCK
BARTRAM TRAIL	BOX SPRINGS TRAIL
BRUSH CREEK	BROADRIVER TRAIL
CHIMNEY ROCK	
DEWEY CREEK	<b>KEYSTONE DISTRICT 1</b>
GREEN CREEK TRAIL	ENCHANTED PARK
SLIPPERY ROCK CREEK	IRVINE PARK
WHISPER CREEK	IRVINE PARK NORTH
	PETERS CANYON PARK
<b>LANDMARK DISTRICT 2</b>	PROSPECT PARK
BOISE ROCK	SANTIAGO OAKS PARK
BULOW CREEK PARK	TINKERS CREEK PARK
GOODRICH ROCK	<b>MEDALLION LOTS WILL BE INCLUDED</b>
MESA VERDE PARK	<b>WITH KEYSTONE DISTRICT:</b>
PLYMOUTH ROCK	BUCK SPRINGS
TABLE ROCK	PIERCE MILL





## ALL GROWN UP — THE WAGES OF THE GOLDEN YEARS

# Golden Resolutions

By *Crochet E. Oldman*

I have made some New Year's resolutions, and they're different than the ones I used to make when my Years weren't so cursedly Golden.

For example, I used to resolve to make my physique look like Superman's.

Of course, Superman and I still have a lot in common. I wear dark-rimmed glasses just like he does when he's disguised as Clark Kent.

I have the same kind of out-of-date 1960's style haircut.

And, viewed from the side, my upper body strongly resembles the "S" on the front of his tunic.

**Resolution 1:** Stand Up Straighter.

My paternal grandfather used to tuck his napkin into his shirt collar at dinner — even on Sunday when he was wearing a suit and tie after church. My mother saw this as a colossal breach of etiquette and it drove her up the wall — but she was in no position to tell her father-in-law what to do. It did, after all, keep gravy off his tie.

At the same time, as a kid I was in no position to tell my mother what I should do, so I carefully put my napkin in my lap. That worked pretty well for most of my life. Stuff I was untidy about landed in my lap and on the napkin.

However, the Golden Years have brought some changes to my physiology. As part of the Superman thing, I have developed my powerful sitting and lying down muscles to the point that my stomach has become an obstacle to the free fall of scraps to my lap.

As a friend commented about a spot on his shirt recently when we were eating Sloppy Joes, "Nothing lands in my lap anymore."

**Resolution 2:** Suck Up That Gut. (The option, tuck my napkin in my collar, would cause my mother to rise from the grave and smite me hip and thigh.)

The other day, a friend said: "I thought when I retired that I'd have more time. But I seem to be busier now that I was when I was working. I just don't understand it." Well I do.

It's because the Golden Years have made us so agonizingly slow and scattershot that what used to take a minute now takes an hour. Like getting up in the morning:

It used to take me 10 minutes to be out the front door. I would be shaved and showered, flushed and brushed, dressed in my business suit and on the sidewalk. I might still be tying my tie, but I was underway.

Now, in 10 minutes I'm not even out of the bedroom. I have to find my glasses and hearing aids, slippers and bathrobe, none of which I even owned when I was younger, and none of which are where I swear I put them last night. Is the electric blanket turned off? Did I turn it on last night? Why isn't my toilet kit on the shelf? Stuff like that.

I do wish I had spent an extra minute or two back then cleaning my teeth. A good bit of my net worth is tied up in the precious metals that make up, or hold together, the bridges, inlays, implants and fillings that clutter my gums.

Which is another thing that slows me down these days: I spend a lot of time flossing, brushing and fussing with all that dental work. I'm driven to be sure it's well maintained because I've got so much money invested in it. I wish I had made the same effort with my natural teeth — I'd have a lot less gold, silver and titanium, but a lot more cash and real teeth.

**Resolution 3:** Be quicker about things. (But keep flossing.)

I think it was George Burns who said, "At my age, I don't buy green bananas."

I'm not quite as old as Burns, but I'm closing in. I feel ten years older than Mount Baldy and I don't buy anything I can't eat right away — something I can rip open and take a bite out of — like pre-popped popcorn, salted peanuts and instant oatmeal. And I'm careful not to overheat the oatmeal. It might not cool down soon enough.

Stuff that has to be marinated or defrosted overnight or otherwise prepared over time is off the menu. Why should I leave my beneficiaries a slow-roasted, expensive prime rib? They're going to get enough as it is.

*Continued on page 7*

On the other hand, that prime rib could be served at the funeral reception. It might help draw a crowd. Maybe I better reconsider.

**Resolution 4:** Find out if Trader Joe's carries instant leg of lamb.

*Continued from page 6*

Going to bed has become complicated — I used to pull back the covers and hop in.

No longer. I have to make sure I've taken out my hearing aids, that I've taken all the pills, potions, ointments and salves my doctor wants me to, that I have the nose strip on that mutes snoring, that my slippers are near the bed for my forays to the bathroom, that the electric blanket is properly set in winter and off in summer.

The hearing aids are the over-the-ear kind, that pinch my ear like an angry grade-school principal if I lay down on them. That is not to mention the hideous shriek they emit when the pillow causes feedback.

**Resolution 5:** Call the Miracle Ear people and suggest they make the sound they are supposed to amplify at least as loud as the feedback. (And maybe make the aids softer.)

My son recently sent me a photo of the two of us and his son after a spring football scrimmage at the University of Colorado. My grandson is a strapping linebacker in his football gear and my son is a robust man who is very much into physical fitness.

In the picture I'm standing between them. I used to be taller than both of them — not any more. Unforgiving decades of gravity changed that.

I look like a wizened old man, clutching my stadium blanket and grinning witlessly into the camera from between two towering, superbly-fit specimens who have miraculously evolved from this puny ancestor.

The photo could be a short version of the famous illustration from *The Ascent of Man* showing human evolution from knee-high monkey to homo sapiens. After the picture arrived I thought I had at least lost some unwanted weight. I rushed to the bathroom scale with high hopes — only have the hopes dashed. (I weighed myself three times.)

How can someone so shriveled still be overweight? I can't believe it.

**Resolution 6:** Call Ripley's Believe It Or Not — I've got an item for them.



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# Manager’s Update

By Lisa Lynn, General Manager

At the December Open Session Board meeting, the Board of Directors approved the following committee recommendations:

- Emergency Preparedness request for use of the Theater, Conference Room, Card Room and Parking Lot for the 2014 EXPO for specific times for event presentations
- Landscape request to remove three cottonwood trees along the Phase C Trail and install some Pine Trees (\$1,025)
- Landscape request to install additional plant material along Highland Springs to cover bare areas (\$775)
- Landscape request for plant replacement in the Lodge west parking lot areas (\$2,790)
- Landscape request to install rose bushes at the Crooked Creek entrance islands, in lieu of annual color (\$525)
- Safety/Facilities proposal to install solid wood doors and framing for the Ballroom kitchen access (\$4,100)
- The Board reviewed the information from the Social Committee and Performing Arts Club for the Murder Mystery event scheduled for March 28 and 29

The Board of Directors reviewed and acted upon the following business matters:

- November 2013 minutes – approved
- October 2013 unaudited Financial statement – reviewed
- Approved the “Passport to Wellness” event for Saturday, Jan. 4
- Approved the “Four Seasons 4” music event on Friday, Feb. 7
- Approved the Arthur Murray Dance Show presentation for Friday, Feb. 14
- Approved the renewal of the Springdale insurance policy and earthquake policy (\$45,777)
- Ratified members to the Nominating Committee
- Approved the vendor bid for trail signs for location markers (\$1,208)
- Approved the vendor bid for gate repairs to the Crooked Creek pedestrian gates (\$1,395)
- Approved the request from the Four Seasons 8-Ball Club for a vendor bid for billiard table re-felting (\$2,000)
- Approved the request from the Four Seasons “Roll of Honor” Veterans Group for a link on the website to their club website
- Approved the 2014 Amphitheater Production Group Concert Series (\$4,200)
- Approved the request to waive commercial fees for the San Geronio Pass Rotary Club use of the facility

Management reported to the Board the completion of the following items:

- Bistro kitchen fryer installed
- FRS radios for Emergency Preparedness Committee received
- Holiday lights and decorations installed

Management reported that 48 violation letters were sent out during November:

- Six for architectural items
- 20 for maintenance
- Seven for hoses
- 11 for trash
- One for signs
- Two for holiday lighting
- One for nuisance

The Board of Directors did not have to suspend facility privileges for delinquent dues, bringing the total for suspended privileges to 11 current members. There were 21 accounts with balances over 90 days past due.

The Board meeting is held on the second Thursday of the month, with the Executive Session at 9 am in the Lodge Conference room and the Open Session at 1 pm in the Lodge Ballroom.

As a reminder, holiday lighting must be removed by Jan. 31.

Beaumont City Manager Alan Kapanicus will discuss rate reduction options for Four Seasons homeowners who pay Mello-Roos tax. He will speak at a meeting in the Lodge Ballroom at 6:30 pm on Wednesday, Jan. 15.



*The City of Beaumont Police Department and the Department of Fish and Wildlife are encouraging people not to feed wild animals (coyotes, bobcats, skunks, raccoons, etc). The City will be sending out information in the future informing the community how to live harmoniously with the area wildlife.*

# Neighborly Notes

By Bobbie Eckel

Have you started practicing writing “2014” yet? It seems to always take a week or so before we can do it automatically on our records and checks.

The Lodge Facility will be closed all day on Wednesday, Jan.1. The day may be spent recuperating from the fast pace of December or the long hours of New Year’s Eve. Normal Lodge hours will resume on Thursday, Jan. 2 (7 am to 9 pm).

The Waste Management schedule will not be affected by the holiday. Four Seasons bins will be picked up on Tuesday, Dec. 31, and then again on Tuesday, Jan. 7. Plan to have your containers out by 7:30 am and tucked back inside your yard or garage by 5 pm on pick up days. Remember that Christmas trees will be collected and recycled for the first two weeks following Christmas. Trees taller than six feet must be cut in half. Remove all ornaments and decorations, please.

If you replace electronic equipment during the holidays, you can no longer take the old equipment to the landfill. Waste Management will collect at curbside for your convenience, however there is a per item fee for the collection of E-Waste. Advance notice and prepayment is required. Contact Waste Management at (800) 423-9986 at least 24 hours in advance of your regular collection day to schedule pick up and make payment.

The General Session of the Board of Directors will be meeting on Thursday, Jan. 9, at 1 pm. Plan to attend to hear

about any changes in the New Year and plans for events which are scheduled. You will be amazed at the amount of information you acquire from the meeting.

District Delegates and alternates are being sought for each district. Interested candidates need to submit an application by Jan. 17, to the Lodge desk. The election for the positions will be held in February. District Delegates are needed in order to comply with the CC&R requirements for voting procedures.

There are two director positions coming up for elections in 2014. Be thinking about how you can serve your Four Seasons community by applying for District Delegate from your area or taking on the challenge of a Board of Director position. We need to get all the residents involved in our electoral process!

Mark your calendars for the free Veterans, Military, Family and Friends Expo on Saturday, Jan. 25, from 10 am to 1 pm in the Beaumont Civic Center. The program will recognize not only veterans who have served and are currently serving, but will pay a special tribute to all women veterans. The VA will bring staff to enroll, help and answer any questions. Riverside County Veterans Services will be available. Lunch will be provided. If you need more information, contact residents Anita Worthen, Steve Sarchett or Phil Felix.

Mental conundrum for the month from the mouth of our favorite Senior Citizen, Maxine, “Why isn’t the number 11 pronounced onety-one?”



## Murder Mystery Dinner

Rehearsals are now under way. The cast and crew are working hard to put on a great mystery dinner show for you. Speaking of dinner, you will have your choice of chicken cordon bleu or medallions of beef, plus salad, sides and of course desert. Mmmmm.

Tickets go on sale Tuesday, Feb. 18. Tickets are \$25, which will

includes the dinner and our wonderful mystery play. Seating is limited so you might want to get your tickets early. Do you want Friday, March 28 or Saturday, March 29 seating? Don’t forget to think about which meal you would like.

Who is the murderer? It is still a secret... shhhhhh. ~ **Barbara Wasco**





## Chef's Corner

By Randy Balt

# Chicken Cacciatore



*This fairly simple chicken cacciatore recipe is easy to make and offers a flavorful alternative for an evening meal. I hope you can enjoy it in the future.*

Prep Time: 15 min. • Cook Time: 30 min.  
Level of Difficulty: Easy • Serves four

### INGREDIENTS

1 lb. boneless, skinless chicken breast, four 4-oz pieces  
1/2 tsp. table salt  
1/4 tsp. black pepper  
1 tsp. olive oil  
1 medium onion, chopped  
1 medium green pepper, chopped  
1 medium yellow pepper, chopped

2 garlic cloves, minced  
1 1/2 cups mushrooms, sliced  
1 1/2 cups carrots, sliced  
1 1/2 cups celery, sliced  
1/2 cup(s) red wine  
29 oz. canned stewed tomatoes, Italian-style  
8 oz. tomato sauce  
1 tsp. Italian seasoning, or to taste  
2 Tbsp. parsley, snipped

### DIRECTIONS

1. Season chicken with salt and pepper.
2. Using a large nonstick skillet add olive oil and heat. Add chicken breasts and cook over medium heat until browned and juices run clear, about 5 minutes on each side.
3. Add onion, peppers, mushrooms and garlic to skillet. Cook until vegetables are softened, about 2 minutes.
4. Stir in wine, tomatoes and Italian seasoning. Bring to boil, and then reduce heat to medium-low. Cover and simmer 20 minutes. Sprinkle with parsley and serve with pasta or rice.

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## Activities Director Corner

By Cindy Graves, Activities Director

2014 is finally here and there are lots of fun events in store! Do note that this is how the calendar looks now, but as time goes on there may be small changes made.

Be sure to mark on your own calendars the "Passport to Wellness Event" that I told you about last month. What a great way to get refocused on your get-healthy-goals! Check the calendar for specifics on the different class time blocks in the Ballroom.

Saturday, Feb. 1, from 1 to 4 pm is an event called "The Best Years," a day of encouragement for women on a variety of subjects. We'll have some surprise guest speakers, both professional and neighbors.

Be sure to come and hear Dr. Duncan Miles (The previous Head of Plastic Surgery at the Loma Linda Veterans Hospital and highly recommended Cosmetic Surgeon), who will share with us "Everything you ever wanted to know about cosmetic surgery, but were afraid to ask." Heather Parlett P.A., will also be sharing with us about facial fillers and non-surgical enhancements. This is going to be a very interesting day!

There will even be a "snack-potluck" so everyone can have some goodies throughout the event. I'm hoping everyone who attends, goes home uplifted and invigorated, ready to view any challenges as possible opportunities. The sign up sheet is in the Lodge lobby (For set-up purposes). There is no cost to attend.

I want to extend a special thanks to Teri Fears for doing such a beautiful job on the holiday Lodge mantel; Tonya Thornton, who just happens to pop up out of no where, whenever there is work to be done; skinny Bill Sanders, who attends nearly all of our events and magically puts photo CDs in my in-box, as well as all of the wonderful residents in this community who help to brighten and enrich my life as well as everyone else's around here! Thanks so much for being you!

I'm looking forward to seeing everyone around the Lodge this year!



### January

- 4 Passport to Wellness Fitness Expo
- 11 Karaoke Night
- 25 Tennis Play Day
- 29 New Homeowner Meet & Greet

### February

- 1 Women's Encouragement Event
- 7 Show Night at the Lodge  
"The 4 Seasons 4" Music
- 8 AACC Black History Program
- 8 Karaoke Night
- 14 Show Night at the Lodge  
"Arthur Murray Dance Show"
- 15 Ballroom Dance Valentine
- 21 Radio Theater Show
- 22 Heart & Soul Workshop
- 28 AACC Black & White Swing Dance

### March

- 8 Social Committee Mardi Gras
- 14 Gun Club Banquet
- 15 Karaoke Night
- 15 Racquet Club Event
- 22 Magic Night
- 28, 29 Dinner Theater Event

### April

- TBA District Delegate Meeting
- TBA Annual Meeting
- 5 EPP Expo
- 11 Ballroom Trivia Night
- 12 Karaoke Night
- 25 PAC PG 55 Show
- 26 HOA Garage Sales

### May

- 3 Karaoke Night
- 9, 10 "Seasons" Play
- 14 Appreciation Brunch
- 15 Corks & Canvases
- 17 Spring Fling Dance
- 18 Amphitheater Concert Series
- 31 Fashion Show & Tea

### June

- 1 Spring Home Tour
- 6 San Jacinto Orchestra
- 7 Karaoke Night
- 13 AACC Juneteenth Program
- 21 Magic Night
- 22 Amphitheater Concert
- 28 SC Luau
- 28 Tennis Club Event

### July

- 4 4th of July Event
- 13 Amphitheater Concert
- 19 Heart & Soul Party
- 20 8-Ball Party
- 26 Karaoke Night

### August

- 5 National Night Out
- 9 SC Country Western Dance
- 10 Amphitheater Concert
- 30 Racquet Club Event

### September

- 1 AACC Labor Day Party
- 6 Tennis Club Event
- 11 Fall Fling Dance
- 13 Karaoke Night
- 14 Amphitheater Concert
- 20 Health Fair
- 27 PAC Laugh-In Show

### October

- 4 Karaoke Night
- 10 The PAC Radio Show
- 11 HOA Garage Sale
- 18 Magic Night Theater
- 25 Halloween Dinner Dance

### November

- 8 Karaoke Night
- 11 Veterans Day
- 22 Craft Boutique

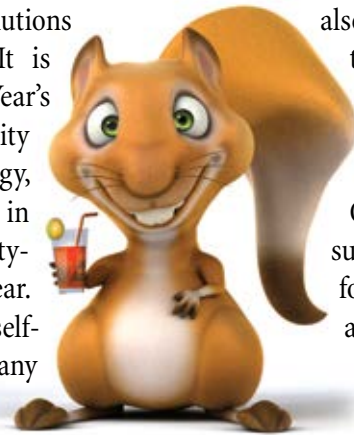
### December

- 5, 6 Holiday Extravaganza
- 9 Magic Party Show
- 11 Ballroom Dance Event
- 13 AACC Formal Event
- 14 8-Ball Party
- 31 SC New Year's Eve Party



# DID YOU KNOW?

**MAYBE NEXT YEAR?** Did you know that there is an “out” for those who make New Year’s resolutions and then immediately break them? It is officially Jan. 17, and is called “Ditch New Year’s Resolutions Day.” According to the University of Scranton Journal of Clinical Psychology, only eight percent of people are successful in achieving their resolutions each year. Twenty-four percent never succeed, failing every year. Since the majority of resolutions focus on self-improvement, this may explain why so many jump off the Diet Wagon.



**WHO NEEDS A HUG?** Did you know that Jan. 21 is National Hugging Day? Hugs are loving, therapeutic and caring. They make you feel good to give and to receive. Have you noticed that when you give a hug, you almost always receive one back? National Hugging Day was created in 1986 by Rev. Kevin Zaborney, a minister in Caro, Michigan. He actually copyrighted the day! However, since Congress did not create the day, it is not truly a “national” day, just a day for warm feelings!

**A NUTTY APPRECIATION** Did you know that Jan. 21, is also Squirrel Appreciation Day? You may not appreciate them in the Spring and Summer when they tip over bird feeders, eat your garden vegetables and dig up bulbs. Their antics are fun to watch, however. This special day was created by Christy Hargrove on Jan. 21, 2001. Christy is a wildlife rehabilitator in North Carolina. She suggests that you celebrate the day by putting out extra food for the little creatures or learning something new about the species.

**A NICE WAY TO START THE NEW YEAR** Did you know that Jan. 24 is Compliment Day? Perhaps this should be aimed at those who had good intentions for their New Year’s Resolutions but just didn’t quite complete the goals involved. This is a day to find at least something positive to say to five people. Created by Kathy Chamberlin of Hopkinton, N.H., and Debby Hoffman of Concord, N.H., in 1998, Compliment Day is another way to appreciate family and friends. It is also a good way to remember what the Wise Old Owl in the classic Bambi film said, “If you can’t say anything nice, don’t say anything at all!” ~ **Bobbie Eckel**



## FREE VETERAN EXPO

Military veterans, family and friends are invited to this information and resource event on Saturday, Jan. 25, from 9 am to 1 pm at the Beaumont Civic Center. Have your questions answered and get up to date on the benefits currently available to you and your loved ones. Representatives are attending from VA Loma Linda, Work Force Development/EDD, Housing, Mental Health Services, Military Counseling, Vet Affairs, Vet Centers, Special Service Organizations, and more. This year, the Expo will be honoring female veterans.

Beaumont Civic Center is located at 550 E. 6th St. For more information, call (951) 769-9858 or e-mail abird82@aol.com. ~ **Anita Worthen**



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# Social Committee

Well it happened, our New Years' Eve Gala sold out by the second week. 244 people decided staying close to home was the best idea for this popular and festive holiday.

Our decorating sub-committee, under the direction of Pam Mayoral, did an outstanding job turning the Lodge Ballroom into a little bit of Paris. All of the decorations were hand- made and several people spent many, many hours cutting and assembling the Eiffel Towers, table drums and programs to give us a ticket, passport and itinerary to Paris. The centerpiece of the evening was the dessert table with the six and a half foot lighted Eiffel Tower surrounded by tiers

of pink cupcakes with French sayings. This was the third year we have used Tony the DJ and as usual he did a wonderful job. He kept the dance floor full, the feet tapping and even those who didn't dance enjoyed some of the engaging games he had us playing.

As a special treat we were entertained by the dance troupe Danika, a group of energetic young people who added some zip to the evening. We also enjoyed Joanne Lapointe who brought Paris into the Four Seasons with a selection of songs that she sang on Broadway.

Surprise, surprise! "The Real Men of Four Seasons" gave us their rendition of the Can-Can that was like something

we have never seen before (and may not want to see again). Just kidding guys! These four guys — Colin, Jeff, Lyle and Randy — have been entertaining us for several years and I hope they continue to do so for many years to come. Keep it up guys. I have said nothing about the food and really don't need to — as always Smitty and his crew did a great job.

Last year we wondered how we were going to top 2012. Now we are wondering how we are going to top 2013. Guess we will have to put our thinking hats on early. We wish all the residents of Four Seasons the best of 2014. ~ **Melody Seewoster**

# Architectural Review Committee

We wish you a happy and prosperous new year. To our new homeowners, we would like to extend a warm hearted welcome.

This committee is here to help maintain the aesthetics, integrity and beauty of our community by reviewing submittals for exterior improvements on your home and landscaping. Our goal is to help the homeowners meet the guidelines set forth in the HOA handbook.

It is in your best interest to wait for approval before proceeding with any work. If you don't wait for approval, you

may be required to modify or eliminate some of the work that has already been completed, thus affecting your final costs. So please wait until your submittal has been approved before proceeding.

We meet the first and third Wednesday of each month at 9:30 am. Plans must be submitted no later than Monday noon prior to the Wednesday meeting day for review that week.

Homeowners are welcome to attend our meetings to see how the process works. ~ **Ron Burke**

# Bistro Committee

At our November meeting, we discussed kitchen repairs, which have been approved. Work will start soon on the drains and hot water heater problem. The Bistro may have to close for three days while some of the repairs are made.

We will not meet in December. Our next meeting is Jan. 28, at 11 am, in the Lodge Conference Room. All homeowners are invited to attend. ~ **William Taylor**



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# Emergency Preparedness Program



Happy New Year everyone. At our December general meeting, the guest speakers were from Loma Linda University (LLU). Presentations were made by the Disaster Preparedness Director and an Internist along with information from the LLU Project Manager and a Pharmacy representative. The Highland Springs Pharmacy is now delivering to all residents as long as you notify the gate. They also discussed how the LLU Highland Springs Medical Center and the San Gorgonio Hospital are

working together. A video of a response to an active shooter was shown, then some goodie bags were handed out. The Four Seasons Emergency Preparedness Committee and teams are continually working and encouraging all of our residents to be educated and prepared in the event of a disaster. Our general meetings are held the first Thursday of each month at 10:30 am in the Lodge Ballroom. Look for our flier. Free CERT training is offered through the City of Beaumont. The next class will be in January. Watch for the flier or call the city for more information. Come join our EPP Program and Be Prepared. ~ **Anita Worthen EPP Chair**

# Safety & Facilities

Our December meeting covered a number of facilities items: Bistro projects, water fountain project, hot water heater repair, pool and tennis court projects, road signage projects and a review of the Reserve Study for 2014.

There are a number of projects and

improvements needed in and around the Lodge. These projects are long term and need a great deal of review and planning. Each project and improvement needs professional planning and guidance. Projects include scuff board courts, bocce ball courts, horseshoe pits, putting

green, an additional tennis court and a storage building. Consequently, a landscape designer is awaiting Board of Directors review and approval.

Our next meeting is Jan. 7, at 9 am, in the Lodge. ~ **Dennis Gray**

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## Finance Committee

At our November meeting, the financial statements for October 2013 were reviewed and reflected the following significant items: Net Income Year-to-Date was \$175,798 and total reserves were \$3,884,320. The Accounts Receivable (delinquencies) was \$60,080. Our total HOA expenses for October (excluding reserve allocations) were \$216,616. This was over budget by \$856. There were six CD renewals to be reviewed. The Front Yard Cost Center expenses for October were over the monthly budget by \$10,733. Water, landscape and tree maintenance were the main contributors. Year to date expenses for the Front Yard Cost Center were over budget by \$16,378. The Springdale Cost Center Expenses for October 2013 were over budget by \$1,536. Year to date Expenses for the Springdale Cost Center were under budget by \$2,187. There

were nine Vendor Proposal presented for approval. Wayne Staples reported on the past due accounts. Current owners were 12 and former owners were five. Overall delinquency rate is 1.1 percent.

Ed Sutherland has submitted his resignation from the committee as he is no longer a resident of Four Seasons at Beaumont. We are sorry to see Ed leave; his participation on the committee will be greatly missed. This leaves a vacancy on the committee. Anyone who would like to join us may pick up an application at the front desk of the Lodge, complete it and return it to the front desk. We will contact you with further instructions. Our next regularly scheduled meeting will be held Jan. 28, at 1 pm in the Lodge Conference Room. All homeowners are encouraged to attend. ~ **Noel Myers**

## Landscape Committee

Mexican bush sage (Salvia Leucantha) is an evergreen shrub in tropical locations, but in areas that suffer heavy frosts, it is grown as a perennial with severe die-back during the cold months. The plant normally grows two to four feet tall, with a mounding growth habit. The plant's stems stand out because they are white and woolly in appearance. Mexican bush sage is native to Mexico and Central America. From autumn through winter, the Mexican sage bush will produce flowers in temperate regions. The plant blooms white with lavender and purple calyces on long spears.

At Four Seasons, this plant can be found in many of the common areas

offering a splash of cover in a background of bare branches and cropped grasses. Such is our winter living landscape. While the pots and small planter areas will be adorned with small bedding flowers, it will be late February before many of our more showy plants awaken from dormancy. The autumn rains have been slightly above average and our water consumption for the year is about equal to 2012. Our costs are slightly higher due to rate increases. The costs for plumbing repairs will be markedly higher as our irrigation system continues to show its age. In some areas the ground has yet to stop settling and plastic pipes can only bend so much.

The Landscape Committee has openings for interested volunteers. Plant knowledge is not required as we have landscape professionals. What is needed is the desire to walk around the community and report on the status of plant life and any unusual growth. ~ **Len Tavernetti**



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# Neighborhood Watch

We had a great turnout for the Neighborhood Watch Christmas brunch potluck in December. Thanks to all who turned out and brought their wonderful dishes to share. It was a time of socializing and general information.

Sally Peterson talked about the Emergency Preparedness Expo on April 5 and asked that we please save that date and tell our neighbors to come along.

Our next bi-monthly meeting will be Wednesday, Feb. 12, at 10 am in the Ballroom.

Here are some safety tips from the City of Beaumont when shopping.

Shop during daylight hours whenever possible. If you must shop at night, go with a friend or family member.

Even though you are rushed and thinking about a thousand things, stay alert to your surroundings.

Be extra careful if you do carry a wallet or purse. They are the prime targets of criminals in crowded shopping areas, bus stops, on buses and other rapid transit. Never leave them unattended in a shopping cart, counter, or the seat of your vehicle.

Avoid overloading yourself with packages; don't buy more than you can carry.

Have your keys in hand when approaching your vehicle. Conduct surveillance of your own vehicle before final approach. Check the backseat and around the car before getting in. If need

be, activate your electronic audible alarm upon approach.

Do not leave packages out in plain view inside your vehicle. Lock them in your trunk, in places concealed from view or, if possible, take them directly home.

If you must use an ATM, choose one in a well-lighted location.

Remember we are always looking for block captains as our community continues to grow. If you are interested please do not hesitate to contact me (951) 845-5192.

"If you see something say something," but continue to stay safe and enjoy this beautiful community that we live in here at Four Seasons. ~ *Susan Wilson*

# Rules & Regulations

We meet the second Tuesday of each month at 9 am. Join us as committee members look into usage for our indoor fitness pool and facility. Wishing all a healthy and safe New Year. ~ *Barbara Miller*

Periodically, the Breeze will profile the role of one of the Four Seasons' committees. This month we look at the Event Systems Committee.

# Event Systems

The Event Systems Committee handles lots of events with systematic efficiency.

Every show, meeting, concert, movie, or performance involving lighting, projection, video display, voice amplification or even the fans cooling the room in our community are touched in some way by ESC and its hard-working volunteers.

For the last five years, ESC has been responsible for researching, purchasing and operating the audio, visual and lighting equipment and the portable stage. Virtually every piece of electronic or production equipments has been bought, built, modified or operated by the committee or its members.

And it's a real deal – ESC is funded exclusively by residents through contributions, memorials and fund-raising events. No HOA funds are required.

A goal of the committee has been to turn the Ballroom into a multiuse, top-notch performance venue. The major portion of this work has been completed with the installation of lighting, sound and video display systems and the acquisition of the portable stage.

The Amphitheater has also been renovated with nearly a quarter-mile of underground cabling installed for control of the sound system.

Further improvements in both the Ballroom and the Amphitheater are under consideration.

The committee also provides technical research and advice to the HOA Board and the activities director regarding such things as the Movie Theater and Ballroom projectors, the aerobics microphone, and ceiling fans in the Bistro and Card Room and over the dance floor. A technical subcommittee – "the techies" – under Chairman Roland Harrah, deals with calibrating and setting up and operating the complex equipment.

Each year, the committee holds two fund raising home tours: the Holiday Home Tour early in December and the Outdoor Living Tour early in June. Homeowners open their homes to share their unique decorations and landscaping with the community. These events have become much anticipated by residents.

Other fund raisers have included concerts with name performers like the Mighty Echoes and the Ravelers – using the equipment the ESC installed. At the entrance to the Ballroom is a display of the names of residents who have made contributions to the ESC. Individual plaques may be purchased as a memorial or just to help out.

There are four levels of sponsorship, each with its own size plaque: Platinum, \$3,000 or more; Gold, \$1,000 to \$2,999; Silver, \$500 to \$999; and Bronze, \$300 to \$499.

Contribution forms are available at the desk in the Lodge. Members of the committee are Harrah, Jeff Davidson, Colin Taylor, Teri DiMarino, David Holt and Phil Harris. The Board Liaison is Loren DuChesne. ~ *Leighton McLaughlin*





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**America's Doo Wop Dolls**  
**Tuesday, January 21st, 1:00 PM**

*America's Doo Wop Dolls* is a three-part a cappella trio specializing in oldies and patriotic tunes. Come join us for an afternoon of live entertainment and a delightful, light "fifties" luncheon created by Chef Hugo.

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The Salon's Diane Imsande is retiring and Lynn Dorrough will be the new massage therapist. She has over 10 years' experience working as a professional massage therapist. She is certified in by the state of California and licensed by the City of Beaumont and is a member of the Associated Bodywork and Massage Professionals. Lynn has completed over 1,200 hours in massage modalities including Aesthetics. Lynn specializes in Therapeutic Massage, customizing each massage to her client's needs. She also has training in Swedish, deep tissue, hot stone, aromatherapy, prenatal and hospital massage, acupressure, reflexology, headache relief, Kinesio taping, cupping, relaxation, pain management, postural improvement and strives to help clients with overall well-being. Lynn is very excited to be a part of The Salon team and is looking forward to exceeding the needs of her new clients. Please contact her at (951) 692-5415 or with The Salon for an appointment. She accepts all major credit cards.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>JANUARY 2014</b> This calendar reflects only a portion of the activities & events. Every attempt possible has been made to accurately reflect times and dates of activities. However, activities, dates and times are subject to change without notice. Please check with the lodge desk for updated information.	AACC = African American Culture Club ARC = Architectural Review Committee BOD = Board of Directors EPP = Emergency Preparedness Program ESC = Event Systems Committee PAC = Performing Arts Club RNC = Recreation North Ad Hoc Committee		<b>1</b> New Year's Day  Lodge Facility Closed All Day	<b>2</b> Lodge Reopens 7a Poker 9:45a Knitting & Crocheting 10a <b>EPP Gen. Mtg.</b> 10:30a Pan 11:30a Canasta #1 1:15p <b>Social Committee</b> 5p	<b>3</b> Pinochle 9a Open Art Studio 4p Firearms Enthusiasts 5p Dominoes 6p Seasoned Solos 7p 8-Ball Club	<b>4</b> Poker 9:45a Chavurah Fellowship Group 6p
	<b>5</b> Comm. Comm. 10a Bridge 11:30a Pan #2 11:30a Canasta #3 1p Bereavement Group 1p Mah Jongg for Fun 1p AACC 5p 8 Ball Club 7p	<b>6</b> Safety & Fac. 9a Poker 9:45a Knitting & Crocheting 10a Billiards for Fun 1p Hearts 6p Billiards 6p Hearts 7p	<b>8</b> Hearty Hikers 8a Pinochle 9a <b>ARC</b> 9:30a Neighborhood Watch 10a Canasta #2 1p Dominoes 5p Motorcycle Club 6p Toastmasters 6:30p Women Celebrating America 7p 8-Ball Club 7p	<b>9</b> BOD Exec. Sess. 9a Poker 9:45a Pan 11:30a <b>BOD Gen. Sess.</b> 1p Canasta #1 1:15p Classical Music Club 7p	<b>10</b> Pinochle 9a Open Art Studio 10a <b>Comm. Proofing</b> 10a Women's Bible Study 10:30a Bunco 1p Dominoes 5p 8-Ball Club 7p	<b>11</b>
	<b>12</b> Lands. Comm. 9a Bridge 11:30a Canasta #3 1p Bereavement Group 1p Mah Jongg for Fun 1p 8-Ball Club 7p	<b>13</b> Rules & Reg. 9a Book Club 9:30a Poker 9:45a Knitting & Crocheting 10a Billiards for Fun 1p Writers Club 1:30p All Seasons RVers 6p Hearts 6p 4x4 Seasons Group 7p	<b>15</b> Hearty Hikers 8a Pinochle 9a Canasta #2 1p Dominoes 5p 8-Ball Club 7p	<b>16</b> Poker 9:45a Pan 11:30a Actors & Directors Club 1p Amphitheater Production 1p Canasta #1 1:15p Taste d'Vine Club Party 6p	<b>17</b> Pinochle 9a Open Art Studio 10a Women's Bible Study 10:30a Dominoes 5p 8-Ball Club 7p	<b>18</b> Poker 9:45a Chavurah Fellowship Group 6p
	<b>19</b> Play Rehearsal 2p Counter Culture Cinema 6p Rainbow Group 5p	<b>20</b> Bridge 11:30a Pan #2 11:30a Bereavement Group 1p Canasta #3 1p Mah Jongg for Fun 1p 8-Ball Club 7p	<b>22</b> Hearty Hikers 8a Pinochle 9a <b>ARC</b> 9:30a Canasta #2 1p Dominoes 5p Toastmasters 6:30p 8-Ball Club 7p	<b>23</b> Poker 9:45a Pan 11:30a Canasta #1 1:15p	<b>24</b> Pinochle 9a Open Art Studio 10a Women's Bible Study 10:30a Bunco 1p Dominoes 5p 8-Ball Club 7p	<b>25</b>
Play Rehearsal 2p Counter Culture Cinema 6p Peter & the Wolf Symp.	<b>26</b> Bridge 11:30a Bereavement Group 1p Mah Jongg for Fun 1p Canasta #3 7p 8-Ball Club	<b>27</b> Poker 9:45a Knitting & Crocheting 10a <b>Bistro</b> 1p Billiards for Fun 1p <b>Finance Comm</b> 1p PAC 4p Hearts 6p New Homeowners Dessert 6p Life Guide Bible Study 7p	<b>29</b> Hearty Hikers 8a Pinochle 9a Canasta #2 1p Dominoes 5p 8-Ball Club 7p	<b>30</b> Poker 9:45a Pan 11:30a Canasta #1 1:15p	<b>31</b> Pinochle 9a Radio Club 10a Open Art Studio 10a Women's Bible Study 10:30a Dominoes 5p 8-Ball Club 7p	Lodge Hours: Daily, 7 am - 9 pm

## Physical Exercise Schedule



CLASS	DAY	TIME
EXERCISE		
Conditioning	M/W/F	8:30a
Beginning Conditioning	M/W/F	9:30a
Zumba Gold	Tues/Th	9:30a
*Pilates	Th	8:30a
*Pilates	Sat	9a
*Kick Boxing	Sat	10:15a
<i>*Need to maintain 10 or more participants or class will be canceled</i>		

DANCE		
Dance for Beginners	M	6p
Intermediate Dancing	M	6:30p
Advanced Dancing	M	7p
Beginning Line Dance	Tues	3p
Advanced Line Dance	Tues	3:45p
Heart and Soul Line Dance	W	4p
Ballroom Dance Practice	Th	6p
Old School Dance Club	1st Fri	6p

HORSESHOES		
Horseshoes for Fun	W	9:30a

PING PONG		
All Level Ping Pong	M/Sat	10:30a
Beg. & Int. Ping Pong	W	10:30a
Advanced Ping Pong	Th	11a

TENNIS		
Tennis Meeting	3rd Tues	4p
Play Day (check <a href="http://www.fsbrc.org">www.fsbrc.org</a> for date)		8:30a

BOCCE BALL	Tues/W	9:30a
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PADDLE TENNIS		
Paddle Ball	W/F/Sun	2p
	F/Sun	8:30a
PlayDay	3rd Sat	12 noon

PICKLEBALL		
Morning	T/Th/Sat	10a
Advanced	M	5p

## Class Schedule

CLASS	DAY	TIME
LANGUAGE		
Beginning Spanish	Tues	6p
Spanish 2	Tues	10a
Spanish 3	Tues	11:30a
(No Spanish classes on the 3rd week of the month)		

ARTS & CRAFTS		
Ceramics	W	1p
	Sat	8a
Drawing & Sketching	M	10a
	W	6p
Watercolor	Tues	6p
Machine Quilting	Sun	1p

OTHER		
TOPS Weigh in	Tues	8a



### Sneak Peek at February

- Feb. 1 Women's Day of Encouragement, 1pm
- Feb. 2 Groundhog's Day
- Feb. 7 Opening Day Ceremony for the Winter Olympics games
- Feb. 7 Friday Night at Lodge Show
- Feb. 14 Ferris Wheel Day
- Feb. 20 Hoodie-Hoo Day



# Knitting & Crocheting

Our VA project was completed and items picked up by Anita Worthen for delivery to the VA Hospital. We had 18 knitted and crocheted lap throws and two fleece lap throws donated by another resident. Anita has told us how much these blankets and throws mean to the patients and how they are very much appreciated. It has been a very worthwhile project. Many thanks to all the ladies in the group.

We had our annual Christmas luncheon at the Grand Oak Restaurant in Cherry Valley. It is always a pleasant day out and lots of fun. ~ **Dorothy Payne**

# Women Celebrating America

We meet on the first Monday of the month at 7 pm except Jan. 8, due to New Year's.

Our last meeting 2013 focused on 2014 Women's History Project nominees "Celebrating Women of Character, Courage, and Commitment."

We agreed that these discussions are inspiring and expand our understanding of the role of women in America at all levels. See you Wednesday, Jan. 8, at 7 pm in the The Lodge. ~ **Lynette Simonson**

# "Believe:" Women's Bible Study

On Jan. 3, and every Friday morning from 10:30 to 11:30 am in the Ballroom, the new Four Seasons women's Bible study, "Believe," will encourage discussion and growth for each woman in attendance. Intended as a non-denominational study, all women are invited to attend. The goal of this new club will be to learn from the Bible how to become women of strength, courage, love and compassion. A sign-up sheet awaits your signature on the credenza by the movie theater in the Lodge. Come join us for a wonderful spiritual journey! ~ **Eileen Gilbert-Antoine.**



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# Rainbow Group

Please feel free to visit our group which will focus on gay, lesbian, bisexual and transgender concerns, as well as cultural and social aspects of the community. We have good conversations and celebrate the local LGBT community. We're also participating in social activities with the Four Seasons Palm Springs Rainbow Group.

The group will meet on Sunday, Jan. 19 at 5 pm in the Lodge Conference Room. It's always the third Sunday of the month. Please bring a dish of your choice for a potluck. We'll also celebrate January birthdays and anniversaries. Friends are welcome. If you are interested, contact Dale Beckes at (951) 797-0364; e-mail Dale at [dbeckes@dc.rr.com](mailto:dbeckes@dc.rr.com); or Barbara at (951) 845-6246; e-mail Barbara at [bamerton@alumni.ucla.edu](mailto:bamerton@alumni.ucla.edu). You may also sign up on the interest group clipboard at the Lodge. ~ **Barbara Kwiatkowska**

# Machine Quilting

Come and see our current projects that we are working on in the Quilting Class. Join the fun of quilting and meeting new friends. ~ **Kathy Spallino**



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# Creative Drawing & Sketching Class

Are you in need of relaxation? A beginner at drawing? An experienced artist? Not able to draw a straight line?

The answer for you is the Drawing & Sketching class held twice a week, at NO CHARGE, for your convenience.

We have approximately 20 students between the two classes now. Many started with no experience or last picked up a pencil to draw over 30 years ago. Their results have been remarkable, creating pictures good enough to frame and hang in their homes. Those with experience, have all learned from the classes and have improved their skills. The instructor works with other media (colored paper and pencils) with the more advanced students.

Classes are Mondays, 10 am to 12 pm and/or Wednesdays, 6 to 8 pm.

If interested in joining, please call the instructor, Rob Kelman (951) 992-9156 (home) or (602) 571-0414 (cell) to get information on supplies. Otherwise, just drop by one of the classes and sit through it to see if it is for you. Looking forward to seeing new faces in class. ~ **Rob Kelman**



Work by the Artist of the Month:  
Clifton Race

# Life Guide Bible Study

Last month, we celebrated the Christmas Season with a potluck dinner and party in the former Sales Center.

It was a festive evening of good food, caroling and lots of fun and fellowship. On Tuesday, Jan. 21, the Life Guide Club will begin a new series of Bible Studies in the Lodge with the theme, "You Are Shaped for Significance." This series is based on what Rick Warren developed in his book, *The Purpose Driven Life*. He points out that the Bible tells us that we are a combination of five different factors. These different factors determine our shape and the way we are shaped affects every other area of our life – our relationships, our career, our finances, retirement, and the things we enjoy. It effects everything. Come and join us as we discuss this subject of interest to everyone. Everyone is welcome!

We meet in the Lodge Ballroom on Tuesdays from 7 to 8 pm. This club provides an opportunity for us to meet people in the Four Seasons community, and also a chance to encourage and strengthen one another in our walk of faith. Each lesson is self-contained, so you will benefit from the discussion even if you have missed previous lessons. This study time will give you an opportunity to share your faith and gain encouragement and help from others. For more information, call Don Cummings at 572-5329. ~ **Don Cummings**

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# Bunco

Happy New Year to you all! This month Bunco will be Jan. 10 and 24. Grab a friend or neighbor and come out and join us. We have a lot of fun and a lot of laughs. We meet in the Card Room at 1 pm sharp. Don't forget to get a drink at Smitty's or even lunch beforehand. Hope to see you there.  
~**Suzanne Roldan & Cheryl Burke**



# Pan

We are looking for players, substitute players and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so men are very welcomed as well as women. The game can be played in the day, evening, in a room in the Lodge or in private homes. If you are interested, please call me, Linda Mendelson, at (951) 941-9100 or e-mail me at Goldtoy@earthlink.net and I will answer any questions you may have. As all card games, it is played with both skill and luck. ~ **Linda Mendelson**

# TOPS

Happy New Year! It is a great time to think about starting TOPS (Take Off Pounds Sensibly). Come out and see if TOPS can help you reach your weight loss goals. We are a great support system for each other and even though we think we know how to lose weight there are still things we can learn about becoming healthy. TOPS is also very affordable (\$28 per year membership, \$3 chapter dues each month).

We meet in the Ballroom each Tuesday with weigh-in starting at 8 am and the meeting beginning at 8:30 am. So come and join us you have nothing to lose but weight.

For more information please contact Cathy Calhoun, Four Seasons resident and Leader at (951) 849-2614 or Rosalee Strong, TOPS Area Captain at (951) 844-9313. ~ **Cheryl Burke**



# Canasta #1

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet in the Card Room every Thursday afternoon, 1:15 to 4 pm. Each week you may play with someone different, giving you an opportunity to meet other Four Seasons residents and old friends who enjoy an afternoon of "cool" cards. Plus, the Bistro is just down the hall if you would like a snack or a cold drink. We supply the cards so all you have to bring is your body and the desire to have a little fun. If you don't know how to play we are always happy to set up a teaching table and by the time the afternoon is over you have mastered the game. All you have to do is show up and leave the rest to us. ~**Melody Seewoster**

# Mah Jongg

Everybody is welcome to join us for fun Mondays at 1 pm in the Bistro. Beginners as well as seasoned players can join the fun. We usually have several tables of three, four or five players and someone is always available to teach or assist those who are new to the game or those who haven't played in many years. A current Mah Jongg card is required but you can borrow or copy one until you are sure you want to invest the \$8 in it. You do not have to own a Mah Jongg set to join the fun, so come on out! ~ **Yvette Thomas**

# Pinochle

Pinochle is an exciting card game where you bid and bluff to name trump and take control of the game. This game is played with a double deck of special cards of ace through 10 against other aficionados, to tease your mind, and keep you sharp. Come join the game on Wednesday and Fridays from 9 am to 12 pm in the Card Room. Newbies and oldies are welcome for fun and socializing. Info., George Soeten, (951) 797-0254. ~**George Soeten**

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# Camera Club

We meet the third Tuesday of each month at 6:30 pm in the Craft Room at the Lodge. Our next meeting is Jan. 21. Visitors are always welcome. We invite all photographers, regardless of skill level, to join us for our regular meetings and field trips. Members are always eager to help and teach. We discuss photography, photo software and hardware, and related subjects of interest.

On a voluntary basis, members offer their photographs for critique which is a great learning experience for all. Remember, this is purely "voluntary." Our alternative photo project is ongoing (i.e. we bring a picture of a specific genre we all agree on). For the December meeting, it was any photo of the holidays that's it; the photographer makes the selection which

could be almost anything. This, also, is completely voluntary. That's the great thing about our club. If you desire, you don't have to volunteer any pictures just sit back and learn from the discussions and critiques.

So, where did all of the time go? The holidays are now behind us so we will all try to get back to "normal," whatever that is. Some of us should have a fair amount of great holiday photos and in our January meeting, we'll talk about post-processing all of those photos to make them look even better. Also, there will be a short talk about using a slide show to present those photos.

For further information, please contact Lyle Cameron, (951) 849-6987. ~ **Lyle Cameron**

# Bridge

Join us on Mondays at 11:30 am for a challenging game of Bridge in the Lodge Card Room. It will give the brain some exercise and we can all use that at our age. We play party type of a Bridge game where we rotate partners. All of us play at different levels and are learning how to play the game better (practice makes us better).

We will be happy to start up classes if we have enough players who want to learn the game or want to improve their game. Some of the previous classes have learned enough that they have sat in as subs when someone is not available or we can set up another table. If interested or have questions please call Helen at (951) 845-9312. Both Helen and I will be glad to help you learn the basics of the game and hope that you will join us to either learn how to play, watch or play the game of Bridge. ~ **Bill Guy**



# African American Culture Club

We wish you a happy, healthy, and prosperous New Year! Our annual holiday dinner/dance sold out and I will tell you about it in February. February is Black History Month. We are planning a couple of events to celebrate Black History Month. Everyone in our community is invited to attend. The first event will be Saturday, Feb. 8, from 12 to 2:30 pm, in the Ballroom. We have an informative and inspiring program planned.

Southern style hors d'oeuvres and beverages will be served. You will be treated to a taste of our history, gospel singing, food, and excellent talents. Bring your grandchildren, family, and friends. The cost is \$5 per person. All reservations and monies must be received by Jan. 22.

On Feb. 28, from 4 to 8 pm, we will feature "Steppin in Black and White." This is a dress-up ball, featuring dancing, dinner, music of the era, and just a "down right" good time. The cost is \$10 per person. The food served will be southern home cooking. We encourage everyone attending to dress up in black and, or white. This event is for adults only. A perfect celebration for the end of Black History Month. You don't want to miss this one. Reservations and monies must be received by Feb. 10. To make a reservations, contact Roxie Elliott (951) 769-2517, Brenda Dixon (951) 769-3262, or Johnetta Discroll (951) 922-6039.

Monday, Jan. 6, in the Card Room at 5 pm is the first meeting of the new year with our new meeting time. We will be picking our events and committees. We encourage you to come and be a part of the AACC. We are striving to becoming a viable benefit to you and our community. If you would like to be a part of our group, please come and join us. For more information, call Betty Ann James (951) 572-5538 or Joyce Allen (951) 769-4354. ~ **Roxie Elliott**

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## Ballroom Dance Club

Mark your calendar. On Saturday, Feb. 15, you are invited to a Valentine's Dance Party. All are welcome, including dates and singles.

We'll have a live band, good eats, and a variety of enjoyable dancing. Tickets will be available soon, so get ready to have some fun.

You are also invited to take advantage of our excellent dance lessons each Monday evening in the Ballroom. There's something for everyone: Beginning dance is from 6:30 to 7 pm. Improving on the basics and more advanced dancing is from 7 to 8 pm.

Contacts Puring and Gary Stifter at (951) 922-8333, or at purings@verizon.net. ~Willis Fagan

## Taste d'Vine

As California's fastest growing wine region, Paso Robles is the new hotspot for oenophiles looking for the latest in rich and well-developed wines. Paso Robles is no longer a "hidden wine country gem" ... it has been thrust into the bright lights of today's international wine stage.

Taste d' Vine Wine Club is proud to feature "Wines of Paso Robles" at our January meeting to be held on the third Thursday, Jan. 16, at 6 pm in the Ballroom. Bring an appetizer such as bread or crackers and cheese, your own favorite bottle of wine, if you wish, and a glass or two for tasting and sharing. Members \$5, guests \$8. ~Gracy Luna

## Old School Dance

We hope everyone had a blessed holiday and a happy new year. We had our Oldie but Goodies Soul Jam in November and everyone had a lot of fun. A special thanks to Johnetta Driscoll, Sandy Buenla, Sherrie Barton, Delene Houston, Alex Von Hooten, JoAnn H., and Leroy Harris, my husband who shared his vocal talent, Wendell Collins, Trisha Lewis, Patty Bushsell, Thelma Ellingham and our DJ Hamp Morris. ~Willis Harris

## Line Dancing

The line dancers enjoyed performing to the song Winter Wonderland at the Christmas program. We hoped you were able to attend and enjoyed the show.

Now that the holidays are over and many of us over indulged, it is time, once again, to cut back on excesses and attempt to get more fit.

Although you might not realize it, dancing is an exercise and it's a good one. Dancing improves muscle agility and strength while improving balance.

It works the mind as well as the feet and, as we age, the mind continues to need new stimulation to stay sharp. You would be surprised at how much thought and energy you use learning a new dance. Line dancing does not require a partner, just you dancing with old and new friends. It brings laughter as you learn as we all make mistakes. Line dancing allows little variations of steps so it can be personalized.

Although we dance primarily to country, we also do the waltz, cha-cha, and rhumba.

We meet every Tuesday in The Lodge Ballroom: beginners 3 to 3:45 pm, advanced 3:45 to 4:30 pm. Please give us a try or come watch to see if it is something you might like to try. ~Martha Franck



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## Heart & Soul Line Dance

Happy New Year! Heart and Soul Line Dance classes will resume on Wednesday, Jan. 8, at 4 pm in the Ballroom.

The brain is an amazing machine. It can change if given the right motivation. That means that we no longer have to settle for the brain we were born with. Learning can make a whole new version of our brain, and having fun while you're learning magnifies the result.

So you may not be or maybe never were great dancer. No problem. Line dancing is an activity that will allow you meet people and be active if you choose.

So you think that you have two left feet. No problem, it's all right. The idea is to move those left feet and also the right ones. When you are moving your feet in time to music or not in time to music you are occupying your mind and your body, and the neurons take notice and begin to build new pathways for this new move.

Although we relate line dancing to Country and Western music, it has accompanied many popular music styles since the 1950s that includes pop, swing, rock and roll, disco, Latin (Salsa), and Jazz. The Madison was a popular line dance back in the 1950s. The San Francisco Stomp came along in 1961. In 1972 came the Cowboy Boogie, the L.A. Hustle in 1975, and Tush Push in 1977. Many of the early line dances were adaptations

of the disco line dance. We got Boot Scootin' Boogie in 1990, Achy Breaky Heart in 1992, and can we forget the Macarena! Urban line dances such as the Wobble, Cupid Shuffle, Cha Cha Slide, Zydeco Slide, Bikers Shuffle or Booty Call are similar to country line dances except danced to soul, funk, R&B, gospel, salsa, hip hop and other contemporary pop music.

When people think about their next workout, line dancing is not the first thing that comes to mind. In fact, most people have probably never been line dancing and cannot imagine how it would benefit them. But the truth is that there are many health benefits of this activity for those who are willing to give it a shot.

Although it is not particularly strenuous, line dancing does help burn calories. Just fifteen minutes of this form of dancing burns seventy-five calories without even breaking a sweat. Over the period of a year, if someone line dances daily, they will burn over 27,000 calories and lose about eight pounds just from dancing. That is not too shabby for an activity that is so much fun and so easy to do.

If your New Year's resolution is to shed those holiday pounds, get out on the dance floor, and make new friends while you're at it. See you on the dance floor! For more information call Priscilla at (951) 922-0755. ~Priscilla Robles

## Book Club

Amy Tan traveled extensively in China and spent eight years writing her latest book, *The Valley of Amazement*.

It is primarily the story of Violet. Her father is the artist son of a wealthy Chinese family. Her mother is an American who has followed her lover to China and become the madam of 1912 Shanghai's most exclusive courtesan house. Pampered as a child, Violet is unaware of her mixed parentage and unprepared for drastic changes as she is forced to quickly become an adult following the overturn of China's last emperor and life as she knew it.

This is also the story of Lucia, Violet's mother, who must fend for herself and her child in a foreign land after her lover's treacherous betrayal and desertion.

We have chosen our first five selections for 2014 and it looks to be a year of very interesting reading. If that appeals to you, please join us at any of our meetings, including the one on Tuesday, Jan. 14, when we will discuss *The Valley of Amazement*.

For more information, please telephone Doreen Sanders at (951) 769-1913. ~Doreen Sanders

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# Performing Arts Club

Happy 2014 to everyone. If you enjoyed the performances we brought you in 2013, you will be ecstatic this year. We have a calendar full of enjoyable, fun & some new program items for you.

Are you ready to get involved with the Performing Arts Club?

If you're interested in our Radio Shows, two are planned and on the calendar. Parts have not been discussed yet, but will be very soon, so leave your name and number at the Lodge desk for Tom Shelley.

Are you funny or do other people say you are? Do you enjoy telling jokes? We have two comedy shows coming up to entertain you. The first will be in April and is PG-55. That simply means this show will include non-censored content. For families and those preferring "clean" comedy/fun, in September PAC will be performing "Laugh-Out Loud," a parody of a very funny TV show from 47 yrs ago. Any guesses?

For any singers out there, the choir is looking for you! If you enjoy singing in the shower, car, or around the house, the choir may be your calling. I must admit, I am far, far away from submitting an audition tape to "The Voice" but somehow I sound okay as part of the whole group. For me the big surprise was finding out that my fifth-grade soprano voice is now a bass! Seriously, we all enjoy the camaraderie among us. Every time we performed last year, we really enjoyed hearing your wonderful feedback and compliments. Now it's your time to be part of us.

Any other talent that you may have: Walking on stilts, walking on your hands, funny pet tricks, unusual facial tricks, magicians, doing imitations of celebrities or people from Four Seasons, a fast drawing caricaturist, etc., please let us know.

For those who think they are without talent but would like to be helpful behind the scenes, yes, we invite you to join us, too!

For those interested, please leave your info. at the Lodge Desk or contact Sheldon Craig/Susan Youel at (951) 769-1563 or Barbara Wasco at (951) 797-3466. Our next meeting is Tuesday, Jan. 28, at 4 pm. ~ **Teri Meyers-Kelman**



## Four Season Singers

We worked hard on the Holiday program and now we will be taking a break from January to March. Time now for us to enjoy our lives as we live in this place that's like cruising on land! Look for upcoming rehearsals in future editions of the *Breeze*. Any questions about the Four Seasons Singers, call (951) 797-3466 or e-mail at [bawasco@dc.rr.com](mailto:bawasco@dc.rr.com). ~ **Barbara Wasco**

## Classical Music Club

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in the Conference Room. There we discuss current music performances. Most of the time is devoted to exploring a selection for the month. We welcome new members. Contact Steve Benhoff at [steve.benhoff@verizon.net](mailto:steve.benhoff@verizon.net) or (310) 413-4896. ~ **Steve Benhoff**

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## Toastmasters

I hope everyone had a wonderful holiday season and are now trying hard to keep your 2014 resolutions. Among your resolutions, I hope that you added to talk more! Not just to your spouse, partner, or friends you already know, but to people you don't already know. There are many new residents in Four Seasons so if you see someone you don't know, go on... introduce yourself. Remember what it was like on your first day of school or if you moved and started at a new school? For some of us it was easy to mingle. Is it still? I hope so, but for those who find it difficult to make new friends or talk to people they don't know, Toastmasters can help you get your groove back or help you find it for the very first time!

Due to some really nasty weather and a scheduling conflict, many of you were unable to attend our last open house. This time we are co-hosting the open house with the Banning Club,

Hamalot. You will get an opportunity to hear entertaining speeches by members of our club as well as from Hamalot. There will be refreshments. It will be Feb. 9, from 6 to 8 pm, in the Four Seasons Ballroom. Due to the preparation and purchase of food/beverage, it would be appreciated if you would call to RSVP (number below). We hope to see those of you who came last time, as well as, many new faces. Keep your eyes open for more information on this event at the Lodge.

If you are interested in coming to a meeting to see what Toastmasters is all about, join us the second and fourth Wednesday of every month at 6:30 pm.

May each of you have a happy, healthy, fun & friend filled 2014! Info., Teri Meyers-Kelman (951) 992-9156. ~ **Teri Meyers-Kelman**

## Counter Culture Cinema

We're trying something new for our second screening in January: we're going to show a handful of short films.

Our first January screening, on Sunday, Jan. 12, at 6 pm, is the film *Any Day Now* (2012, 97 minutes, English). Here is a brief description: "In the 1970s, a gay couple fights a biased legal system to keep custody of the abandoned mentally handicapped teenager that comes to live under their roof." The film features a powerful performance by Alan Cumming, who is currently starring on "The Good Wife" as Eli Gold. The movie also stars

Garret Dillahunt.

Our second January screening, on Sunday, Jan. 26, at 6 pm, will be a selection of short films yet to be selected. This should be an interesting evening full of great discussion about each short film.

The Lodge theatre has very limited seating, so if you're interested in our screenings, come early. We hope to see you there. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please e-mail Micki Rosen at [michelesrosen@gmail.com](mailto:michelesrosen@gmail.com). ~ **Micki Rosen**



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CLUBS & GROUPS | FOUR SEASONS BREEZE | JANUARY 2014 33



# Amateur Radio Club

The words “ham radio” conjure up images of tall antennas and people talking over (interfering with) your broadcast television. The hams at Four Seasons are not nerds with pocket protectors; they are retired accountants, software engineers and scientists. In then San Geronio Pass Amateur Radio Club we have retired therapists, postman and even a semi-retired Catholic priest. Some were radiomen in the service; others were introduced to radio after their retirement and some like me got involved through CERT and Emergency Preparedness.

Hams are often the only type of communication available after natural disasters like earthquakes, fires, and floods. Most disasters knock out electric power which normally enables us to communicate by phone. You can have the most sophisticated cell phone but it won't help you if cell towers are off line.

During the most recent floods in Colorado, a Nebraska man was concerned about his daughter who lived in Colorado. She lived in one city and worked in another. She became cut off from her home because of the floods. Her father was worried because she was on special medication for a medical condition. All of the cell phone service was knocked out by the floods. He contacted a local ham in her town by using Internet Radio Linking Protocol (IRLP). She was later located at a Red Cross Shelter in her town. He located his daughter on Saturday

afternoon. On Sunday morning cell phone service was restored. Ham radio had allowed him to call his daughter a full half a day before the cell phones were repaired.

A recent incident illustrating the value of Ham Radio involves an airman from Nellis AFB in Nevada who got lost in the mountains next to Henderson, NV. He put out a mayday call to a local repeater. The repeater was linked to 90 other repeaters on what is called the WIN System. Someone monitoring a repeater in Arizona responded to his call. When he determined that the hiker was in Nevada he put out a call on the WIN System for any Las Vegas station that could make the call to Las Vegas Search and Rescue. The Las Vegas station made the call and 15 minutes later the rescue helicopter was on its way.

Ham radio operators are like snowflakes... each one is different and unique. You cannot tell us by our antennas, or pocket protectors, and the FCC has asked us to use the minimum amount of power to make our connections. Be nice to your neighbor; they might be the Ham Next Door.

Our website is w6fsb.com, our meetings are on the last Friday of the month at 10 am in the Lodge Ballroom. See you there! ~ **Mike Mendoza, KK6BUW**

# Writers' Club

The December meeting included a new feature called “Free Style” which offers the members and scheduled visitors the opportunity to introduce subjects for discussion. Eileen Gilbert was first to use it when she suggested cooperation between the Writers' Club and the new club she is spearheading for actors and directors. Her suggestion was discussed and well received.

Other housekeeping items were discussed in Free Style, until two excellent presentations were made about writing. The first one was made by Ray Windham who not only presented the chronological history of his family but also the process he followed in doing it. The second presentation was made by Phil Bond who read his short story about an American veteran returning to Vietnam after 25 years, to seek a Vietnamese woman he had been forced to leave behind, pregnant as she was with his child. After three days of searching unsuccessfully, he went to the airport, ready to leave, when a young woman approached him and gave him a small box in which he found pictures and a note introducing her as his daughter. He canceled his flight at once and stayed behind to search further for her mother.

The two stories, one of family history and the other, short and

# Discovery Club

Your ancestry from an atom's point of view is quite boring. Trillions of drifting atoms had to somehow assemble in an intricate and obliging manner to make you. But for all their devoted attention, atoms don't actually care about you – indeed, don't even know that you are there, or for that matter, that they are there either.

After about 650,000 hours, your atoms will shut you down, silently disassemble, and go off to be something else. That's a pretty humbling thought, isn't it?

But the good news is that there's much more to you than just atoms. There's thinking, choices, emotions, memory, personality and relationships, all of which make you a very unique being.

So take time this year to connect more often with your family, while all your atoms continue to be your obedient and cooperative servants.

Willis Fagan, Club Captain, (951) 769-4482, wefbev@verizon.net. ~ **Willis Fagan**

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# Beginning Spanish

Beginning Spanish is offered in three-month sessions, starting Tuesday, Jan. 14. This session goes until mid-April. If you are interested, look for a sign-up sheet in the Lodge. If you attended prior Spanish class sessions and want to continue at the beginning level, we would like for you to sign the interest sheet; but, if you simply show up for the first class, you will be in!

This class is designed to help those who have never studied Spanish, or those who have very little knowledge of the Spanish language and want to improve basic understanding, vocabulary, and pronunciation primarily for personal usage. From time to time, I will provide written handouts to augment learning; but it is suggested that participants have a spiral notebook and pen at each class meeting for note-taking.

Intermediate and Advanced Spanish acquisition is offered by resident, Paty Bushnell, at other times. Inquire at the Lodge for the dates, times and locations of her classes!

If you have questions or concerns, please call me at (951) 797-3700; or e-mail me at jan@janicita.com. I'm excited! I hope you are too! ~ **Jan White**

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# Seasoned Solos

At our December planning meeting, we planned the following outings:

Sunday, Jan. 5, Polo Games in Indio. There will be two games and we will also have lunch there.

Saturday, Jan. 11, College of the Desert Street Fair.

Thursday, Jan. 16, those with tickets will go to the Reagan Library on a Gadabout Bus trip.

Friday, Jan. 17, lunch at Olive Garden.

Looking ahead to February, plans are being made for a trip to the Palm Springs Follies. On March 15, we plan to attend a performance of "My Fair Lady" at the Candlelight Pavilion Dinner Theatre. This is also a Gadabout Bus trip.

We would like to invite anyone living "solo" to join our group for any of these activities and to attend our monthly planning meetings which are the first Friday of each month. Suggestions from members for outings are how we fill our calendar so we have a variety of activities each month.

For more information on the group or any of the listed outings, please call Monica at (951) 922-8805 or Mary Ellen at (951) 769-5444. ~ *Mary Castle*

# Actors and Directors Club

The new Actors and Directors Club is now forming in preparation for its first meeting on Jan. 16, scheduled to meet on the first Thursday of each month in the Ballroom (the Jan. 16 meeting is for January only, due to calendaring issues for that month), we will gather as a group to share talents and ideas in the acting and directing genres, as well as determining individual interest in each. After much discussion and training, the intent is to have active role play (actor or director) reading from a short prepared script. Some scripts will be hilarious, others will be dramatic, exhibiting several emotions. If this piques your interest, please sign up now on the clipboard by the movie theater. Our intent is to eventually produce several mini-plays for our Four Seasons audience's viewing pleasure. Info. (951) 922-6829. ~ *Eileen Gilbert-Antoine*



# Garden Club

What to do in the garden on a cold winter day? A good seasonal task is to take out the pruning shears, sharpen and clean them (with a disinfectant) and cut back trees and bushes (roses). While pruning can be accomplished in late spring and summer, winter is usually the preferred time of year as many plants are dormant. Autumn pruning is to be avoided as diseases and fungus are more prevalent then. Hydrangeas should only be pruned in mid-late summer.

There are several goals when pruning: removal of dead branches, topping and shaping to constrain unwanted growth, thinning to reduce wind resistance and formation of new buds and flowers.

The general rule of pruning is to always cut in a location where growth will occur, whether the cut is next to a bud or another branch. Cutting a branch beyond where growth will occur will prevent the plant from forming a callus over the cut surface, which in turn will invite insects and infection. It effectively kills all portions of that branch back to the closest branch, bud, or dormant bud clusters, leaving a stub of dead wood. The withered stub will eventually rot away and fall off.

All cuts should be relatively smooth since this will aid in healing. When using pruning shears or loppers to remove a branch back to a main branch, the "hook" portion of the shears should always face away from the main branch. This ensures that the blade will not leave a protruding stub and the hook will not damage the branch collar or parts of the main branch.

This web site provides the following information: [www.ehow.com/how\\_4510588\\_prune-roses-california.html#ixzz2mbuEEPpK](http://www.ehow.com/how_4510588_prune-roses-california.html#ixzz2mbuEEPpK) "Prune California roses in early January and finish by late February. Roses should be in full bloom by the middle of April. Lightly pruning encourages maximum rose growth and allows shape control. Rose trees tend to have a



mind of their own. Cut off the branches and stems of your rose trees at about half their height. If the rose tree stands six feet, cut it to three feet. Rose trees will grow back quickly. Remove all dead or ill-looking stems and branches from your roses. Remove any branches that cross over into other branches. The goal is to keep the branches from touching each other. Remove a branch older than three years for every new branch produced. This keeps your roses young and thriving. Prune the remaining branches about half-way down, always cutting just above a bud eye facing outward. Buds are located just above the leaf joint. Remove all the extra leaves on the roses. The goal is to put the roses into a dormant state. Without the food provided by the leaves, the roses will go to sleep."

For fruit trees prune to remove diseased limbs anytime, but dip your blades in a solution of bleach and water (one cup of bleach in a half gallon of water) between cuts. Snap off suckers with your hand while they are tender for least regrowth. Not pruning fruit a tree reduces (or stops) fruit ripening and can shorten your fruit tree's life. Fertilize with a slow-release fruit tree formula after pruning each year. ~ *Leonard Tavernetti*

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## Ping Pong Club

Our ping pong player of the month is Rony Tordesillas. Although having bought into Four Seasons a few years back, Rony just started playing with us about two months ago. He has been a most wonderful addition to our club, bringing with him a wonderful smile, great sense of humor, and a wicked serve. Although normally a private person, Rony agreed to do this little interview for our ping pong article this month.

1. Where did you first start playing ping pong? *Philippines.*
2. At what age did you begin playing? *Around 13.*
3. Have you been playing a long time or are you just getting back into the game? *Just getting back since then.*
4. What do you like about the game of ping pong? *It is a good exercise allowing me to better coordinate my vision, hand dexterity, and reflexes.*
5. Why did you decide to join our Four Seasons' Ping Pong Club? *I just wanted to find an exercise to stay fit and I'm happy I joined the club because the warm welcome and camaraderie of the players are just outstanding and heartwarming.*
6. How long have you been living at Four Seasons? *About six and a half years.*
7. Where did you live before you moved here? *Los Angeles and Riverside*
8. Do you have any other hobbies or interests? *Chess, tennis and cooking.*

Here is one comment on question number 8 I would like to make. I learned that Rony is quite an accomplished artist. Watch out Rob Kelman, here comes Rony.

No matter how long or how short a time you have been living here, ping pong is just one of the many wonderful activities of which you should take advantage. Why don't you, like Rony, join us and see how much fun exercising can be? We play Monday through Saturday from 10:30 am until we finish. If you have any questions, please contact Niles Sundstrom at (951) 572-5119 or Alan Chan at (951) 769-4202. ~ **Niles Sundstrom**



Rony Tordesillas, ping pong player of the month

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## Racquet Club

The Play Days continue beginning at 8:30 am on the last Saturday of every month, and all players are welcome, club members as well as other residents.

Howard Nelson did a terrific job organizing the latest day, with players getting in a lot of good games with wait-time kept to a minimum. A small group convened at the Lodge after the tennis concluded to enjoy some beverages and share in camaraderie and storytelling. Tennis wasn't discussed, but scorpion burgers, chicken feet and other international taste sensations were talked about. Yum!

With new members joining the Club for only \$20 for the year, membership is building up. Welcome, Lovey! Membership renewals are also encouraged, and members can get their 2014 sticker for their name badges. Contact Treasurer Barbara Miller. Also, some regular players who have been on the injured list have recovered and are working their way back to competitive shape. Without violating their patient privacy rights, we are

pleased to have back Den Stevens, Ken Elliott, and Howard Lyon.

Also back on the court is Larry Martin, who joined Irve Sturner and Randy Fedorchuk in a tournament out in the Coachella Valley. It is hoped that sooner rather than later we will have a third court adjacent to the current courts so that Four Seasons Beaumont could host tournaments and our players would not have to travel to Riverside and the desert for such competition. That would also be a good way to show off Four Seasons Beaumont to active adults from other communities.

The Mix 'em Up Doubles play on the second and third Thursday evenings of the month has continued, weather permitting. With 24 players signed up, this has been a fun way to meet new players and to gauge our level of play. This will, we hope, lead to competition ladders in the near future. Please, visit our website: [www.fsbc.org](http://www.fsbc.org). ~ **Steve Hovey**



# The 8-Ball Club

In our monthly 8-Ball tournament, *Girl on Fire* is an apt description for Thanh Harrah, (thank you Alicia Keys for that inspiration). In seven games Thanh lost one game, oddly enough to Ray Windhorn whom she met again in the finals to win twice against him. Eleven players participated and it was a fun and exciting evening. Way to go, Dragon Lady!

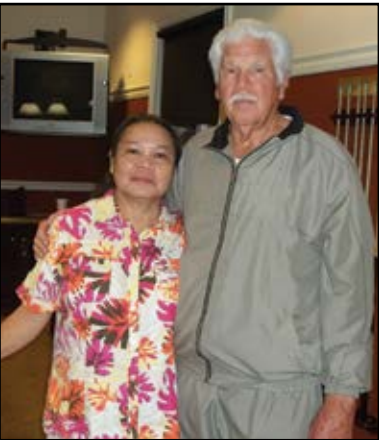
The game of 9-Ball is also exciting and fun, so during this month's 9-Ball Tournament Kenny Payne crashed through a field of 10 players undefeated. In final action, Dennis Cleveland had only one loss, so he faced Kenny with the requirement that he had to win twice. As it turned out, Kenny won the first game and clinched the win.

Kenny's win came as no surprise since

he is **THE CHAMPION OF CHAMPIONS** winner for both 8-Ball and 9-Ball for 2013. **Congratulations, Kenny!**

The 8-Ball Club practices together at 7 pm on the first and third Mondays, Wednesdays and Fridays. Monthly 8-Ball Club Meetings are on the first Wednesday of the month at 7 pm. The In-house 8-Ball tournament is on the second Wednesday at 7 pm. In-house 9-Ball tournament is on the third Saturday of the month at 1 pm.

Our "traveling tournaments" are the second and fourth Monday of the month. The second Monday, we travel to Hemet Solera Hemet and the fourth Monday they come here. Check the message board in the Billiards Room for any changes of dates or locations. ~ **Roland Harrah**



Thanh and Ray



Kenny and Dennis

## Billiards for Fun

Everyone is welcome to join us each Tuesday afternoon from 1 to 3 pm in the Billiards Room. ~ **Eileen Gilbert**



Barbara Harwell demonstrating her left-handed technique while Bill Taylor, Verina & Bob Rector look on.



Ron Erickson just releases his throw while Judy Erickson critiques his style.

## Bocce Ball

Even though the weather has changed, we are still enjoying a good turnout. Beginning in November, Wednesday morning play was moved to 3 pm for the winter. We are still playing at 9:30 am Tuesday mornings. Our club meeting is the third Wednesday at 2:30 pm. Weather permitting, the meeting will be held at the courts. For those of you that have never played, please join us. Skill is not a prerequisite, and it is a lot of fun. Info., Bob Cooper, (951) 769-6352 or Mike Saperstein, (951) 769-7909. ~ **Bob Cooper**

## Horseshoes for Fun

Our group is growing; we now have ten regular players. We meet at the horseshoe pits every Wednesday at 9:30 am and we play until approximately 10:30 am. Come on out and join us, it's a great way to make new friends and get a little exercise in the fresh air. If you are interested in joining us, please contact Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 941-9100, goldtoy@earthlink.net. ~ **Ron Erickson**



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# Hearty Hikers

It was a typically summer-hot November day at Four Seasons but a beautiful fall day in the Angeles Mountains. Nine members of the Hearty Hikers disembarked at the Loch Levin Christian Camp on old (a term used sparingly at Four Seasons) Route 38. Signs accurately warn that the macadam road is no longer maintained. But, for hikers a gentle slope of the road bed makes for an easy hike. As we started up the potholed road a hawk and an egret circled overhead. Well, maybe one was a drone watching us. After about ¾ of a mile a gate barred the road for four-wheeled vehicles. Tire tracks gave evidence that Yamahaulers had continued on. Other evidence identified equine passers had also made the hike. Desert flora like tumbleweeds and dried Yucca spires provided scenery. Mother Nature is patiently reclaiming her landscape as years of rock and landslides cover the asphalt. The road parallels a small stream crossing it several times on stone bridges. In the shady canyons cool air provided a welcome relief from the ascending sun. Tall cedars, pines and sycamores marked the canyon bottom in places. Many of the deciduous trees had lost most of their leaves but those that hung on were brilliant red, orange and yellow hues. The path is a hike through ancient and modern history. Rock cliffs highlight eons of geologic activity on the ocean floor as different materials settled, rose, resettled and were later covered by another climatic event. Scattered along the road are the vestiges of human settlement. Rock and concrete foundations and chimneys still remain. The absence of wood and the blackened dead pine trees are evidence of a

fire that once roared up this canyon. All agreed that it was a perfect day for a hike and this was a great place for it.

To find out where we are hiking call or e-mail Lynette at [lynette.simonson@gmail.com](mailto:lynette.simonson@gmail.com). ~**Leonard Tavernetti**



On the trail.



L-R. Kathy Davis, Bev and Walt McLaughlin, Terri Boston, Jim Seim, Richard Brown, David Kershaw and Barry Morgan.

# All Seasons RV Club

Thank you Tim and Jane for great trip to Huntington Beach. Reports were that every day was a good day. Highlights of trip were the luau, which was lots of fun, and the restaurant Dukes was excellent. Weather was beautiful and there was lots of walking and socializing. The trips we have planned for next year are Lake Havasu, Quartzsite, Laughlin, Death Valley, Scottsdale, Pismo Beach, Chula Vista Buellton, Elks Rodeo, and more events to be announced. As you can see lots going on. Please join us the second Tuesday of every month in the Ballroom at 6 pm. ~ **Maddie Meyer**

# Golfing for Fun

We, the Distinguished Duffers of Four Seasons, continue to have fun gathering Friday mornings to hit little balls around local golf courses and congratulate each other on our successes. The member listing continues to grow even as the colder winter months approach. It has been a joy to meet new people moving to the community and joining us. Rule 1.2/10: If your ball is next to cactus you may wrap your arm with a towel to prevent injury from the thorns. You may not cover the cactus with the towel! What I would do is a “foot wedge” maneuver, a perfect solution for many golfing problems.

If you have some golf skills and would like to be part of the local golfing community please contact Tim Jacobson at (951) 797-3563 or Phil Harris at (951) 922-6676 phillip.harris54@yahoo.com. ~ **Tim Jacobson**



# Paddle Tennis

Paddle tennis traces its roots back almost 100 years to its development by an Episcopal minister, Frank Peer Beal, in New York City in 1915. The first tournament was held in 1922, and the United States Paddle Tennis Association (USPTA) was formed the following year. By 1941, paddle tennis was being played

in almost 500 American cities. Murray Geller, a player in the 1940s and ‘50s, was instrumental in creating the modern game. The Four Seasons Paddle Tennis Club is open to anyone who would like to play this easy to learn sport. You don’t have to be a star athlete to play. Everyone just has a great time when they come

out to play. You don’t need reservations, just come on out, we always have extra paddles. Court times: Wed./Fri./Sun. – 2 to 4 pm; Fri./Sun. – 8:30 to 10:30 am.

For more information, call Alan Chan at (951) 769-4202 or Jim Cochran at (951) 769-5525. ~ **Michael Rothberg**



Phil Harris slams a forehand past Alan Chan, Niles Sundstrom is at the net; Richard Carusco is waiting.



Mike Flower considers hitting the ball Dan Anguiano is anxiously waiting for a return.

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# Motorcycle Club

What a beautiful area of the country we live in for motorcycle riding. While many of our non-California “brothers and sisters” are “winterizing” their machines for the winter months, we just bundle up and keep on riding. We recently took a local ride to Cabot’s Pueblo right down the road in Desert Hot Springs. It was a nice warm destination for this time of year and an interesting bit of local history. We continue our Thursday Day Rides (unless it is raining) and we use the winter months to plan next year’s rides. As the New Year starts so does our eagerness for new adventures.

If motorcycling interests you, come to one of our meetings which are held on the first Wednesday of each month at 6 pm in the Lodge Ballroom. ~ Howard Lyon

# 4x4 Seasons

The 4 x 4 Seasons Club wishes all of our members and friends a Happy Holiday Season and a Healthy and Prosperous New Year. See you in 2014. ~ Ann Williams



# Firearm Enthusiasts

This is the time of year that our club outings will be returning to the weather-resilient indoor ranges for our enjoyment of popping caps to get the familiar ‘aromatherapy’ that we enjoy while honing our skills at this recreational sport. Of course outdoor ranges are more accommodating for all types of firearms and can/will be utilized weather permitting.

Interested in an outing? Just contact the membership listing for others who may also want to go or contact me and I’ll spread the word to all. The closest indoor range (Beaumont Indoor Range) is less than three miles from the Potrero Gate located on 4th Street west of Veile St. The outdoor range that I frequent is the High Desert Rod And Gun Club Range located about 35 miles away on the Hwy 62 in Morongo Valley. Their website with directions is hdrgc.com .

Don’t forget to get a copy of the year-end party notice scheduled for March 14 at the Lodge sign up area.

Get out there and enjoy the sport. Be safe and comply with CA transporting laws. Info., Steve Meier at sm45para@gmail.com or (909) 528-3342. ~ Steve Meier

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**MEDICARE 101: Learn the A, B, C & D's, Thursday, January 9 @ 3:30 pm or Wednesday, January 22 @ 10 am** – Are you soon-to-be or recently eligible for Medicare or just want to know? Learn how to get started, what to expect and what benefits you are entitled to.

**DOC TALK: Arthritis, Tuesday, January 21 @ 12 pm** – Douglas Anders, DO, Redlands Yucaipa Medical Group, talks about causes and treatments plus natural, holistic methods for pain control and management.



**INTERNET 101, Friday, January 24 @ 10 am** – A two hour class reveals how to save time and money on the internet. You may bring a laptop, but it's not required. (No I-pads please.) Handouts are available.

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- Vertical format is preferred
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- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels
- Send jpeg format photos to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com)

If you have any questions, please call Courtney Taylor at (909) 797-3647.

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The Communications Committee respectfully requests that all clubs and groups submit their article **no later than 12 noon on the 9th of each month**. Please limit articles to 400 words. E-mail .doc or .rtf files to [fourseasonsnews@yahoo.com](mailto:fourseasonsnews@yahoo.com). Please include committee, club or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs must be clear, in focus and submitted as high-resolution jpegs. Photos and articles will be printed at the committee's discretion.

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## COVER PHOTO

*The Four Seasons Windmill in winter.  
Photo by George Johnson, Four Seasons Homeowner*

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