



Four Seasons

# BREEZE

Magazine



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The Four Seasons Breeze Magazine is published by  
Four Seasons at Beaumont HOA & Image Up Advertising & Design

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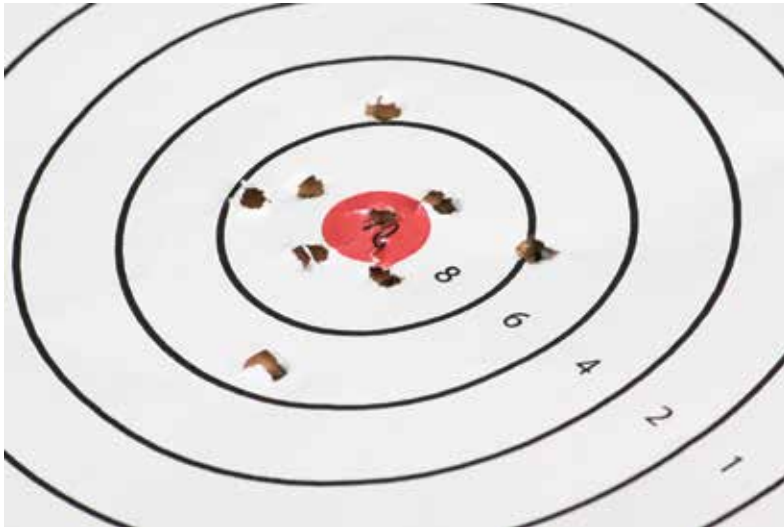


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The Board of Directors for the K. Hovnanian's Four Seasons at  
Beaumont Community Association meets on the second Thursday  
of each month in the Lodge Ballroom. The Executive Session is at 9  
am and the General Session is at 1 pm.

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For more information about Four Seasons in Beaumont, please visit **[fourseasonsatbeaumont.com](http://fourseasonsatbeaumont.com)**. You will find Association Financials, Board Meeting Minutes, Activity Calendar, Community Guidelines and more helpful information. Apply for your password online.

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# HOA Board Asks Help Against Shooting on Nearby Land

*By Leighton McLaughlin*

After residents' complaints of repeated gunfire in the open land south of Four Seasons, the HOA Board has asked for help from the Beaumont Police Department and others.

The complaints were not just about an occasional shot fired, the Board said, but "Many residents reported they have heard frequent use of automatic weapons in this area."

The call for assistance came in a letter from the Board to Police Chief Frank Coe with a request that it be forwarded to the City Council, the Riverside Sheriff, and others. The letter was signed by all three homeowner members of the Board, President Jacque Sneddon, Vice President Loren DuChesne, and Treasurer Wayne Staples.

Commander Greg Fagan of the Beaumont police said two reports — one of automatic gunfire — were received by his department in the past two months.

The Board asked for "any assistance you can give, including signage, more patrols, a multi-jurisdictional response or any other action you advise to monitor or discontinue this dangerous activity."

"We inspected the areas of concern and found ... improvised shooting ranges ... less than a mile from the community," said the letter. "A stray round has already broken one of our resident's windows."

The broken window was on Glacier Park about four years ago. Police were called and found the expended round in the family room of the house.

DuChesne, once an Army infantry officer, said he has heard automatic weapons fire on several occasions. Resident Roland Harrah, who served three tours in Viet Nam, said he, too has heard automatic weapons several times. Eric Zarr, Four Seasons' assistant general manager, said he accompanied DuChesne on

a tour of the area and found two improvised shooting ranges, a "sniper's pad" of plywood to allow prone shooting without lying in the dirt, and piles of expended shell casings — much of it military style ordnance.

Fagan said Beaumont has a strong ordinance against shooting in the city. "You can't fire any kind of weapon," he said, "a BB gun, a bow and arrow, paint ball ... nothing."

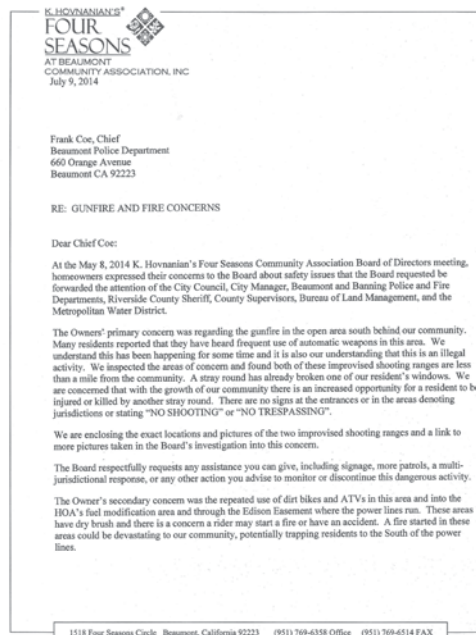
A problem is that the area south of Four Seasons is under several jurisdictions: the cities of Beaumont and Banning, Riverside County, the federal Bureau of Land Management, and the state Department of Fish and Wildlife. The Metropolitan Water District also has property there.

Hunting is permitted on the county and federal land, but not on the city property. The possession of an automatic weapon — much less its use — is illegal across the state, except with a special permit, which is almost never issued except for use in movies.

Fagan said the city is exploring several solutions. One would be to incorporate the county land into the city so the stronger laws would apply; another would be to convince the county to strengthen its laws, at least in the affected area. He said no trespassing signs have been put up as well as one "No Shooting" sign. Other shooting signs have been prepared but not yet posted.

He said Beaumont police respond to all reports of gunfire, but the terrain is rugged and shooters are hard to find unless they are still shooting. Also, it is sometimes difficult to determine if they are on city land or other land where shooting is permitted.

Another difficulty is that the area has been used for quail hunting for generations. An educational program needs to begin to let the hunters know that some of the area should no longer be used, said Fagan.



*Letter from the HOA Board  
to Beaumont Police Department  
Chief Frank Coe*





## FOUR SEASONS SPOTLIGHT

### ALL GROWN UP — THE WAGES OF THE GOLDEN YEARS

# If Age Is Just A Number, Why Keep Count?

By Crochet E. Oldman

I have a friend who always says, “Age ain’t nothin’ but a number.”

And then there are the TV ads that claim if you take their elixir, “Age doesn’t matter.”

I wish these people would talk to my doctor. For every ache, affliction, or malady I fuss to him about, he strokes his chin, thinks deeply and says, “It’s age-related.”

He’s very nice about it, but my age clearly matters to him — and he has lots of soft, indirect ways to say it: “As the body ages (he picks from a long list of medical complaints) occur;” “As we get older (what’s this ‘we’ stuff? I’m at least 25 years older than he is) these things happen.”

I think if I came in after being hit by a truck or with a knife sticking out of my back, my doctor would stroke his chin and observe, “It’s age-related.” Sometimes he says, “Most of the people your age who come in here have (whatever is bothering me).”

That last is not terribly reassuring. Questioned about his competence at an advanced age, Casey Stengle famously said, “What you gotta remember is that most of the people my age are dead.”

That cheerful note aside, if age doesn’t matter, why did I have to wait to be 65 before getting full retirement and Social Security? Thirty-five would have been just fine with me.

Why do you have to be 50 to join AARP, or 55 to get 30 percent off on Wednesday at Applebee’s and the senior discount at Ace Hardware?

And earlier in life, it seemed age mattered more than anything else. I couldn’t drive until I was 16. Then, I couldn’t vote, sign a contract, or buy a beer because I wasn’t 21 — but I could be drafted because I was 18. In my generation that qualified as a life-changing — even, alas, a life-ending — event. Back then age really mattered

Today those same TV ads that claim age doesn’t matter, also claim their nostrums can, “Make you look years younger,” or, “Can

take off years.” (If age doesn’t matter, why should I take off years?)

One of the advantages of growing older used to be discounts at ski resorts. When I was in my late 50s, skiers over 60 often went free. When I got to 60, the age went up to 65. At 65 — you guessed it — the age went up to 70. Now that I quit skiing (it’s age-related) I hear it’s up to 80. Well, I guess it’s good that the age that matters is getting higher.

The DMV thinks age matters. No longer is my license automatically renewed and mailed to me. I am required to come in, have my eyes tested, and take a written test. Evidently they want to determine if I can find the DMV office, see well enough to avoid hitting large objects, and remember whether the speed limit is set in miles-per-hour or feet-per-second (it’s miles-per-hour. I got that question right.)

To my surprise, the license was renewed for five years. The DMV is more optimistic than I am. At the rate age is not mattering around here, I think I should be checked more often.

And at the top of my medical chart in my doctor’s office, under the heading “Description,” the first thing it says about me is, “(Bleep)ty-four year old male.” (The decade has been removed to protect the guilty.)

I understand the medical importance of “male.” It greatly reduces the time he spends testing for ectopic pregnancy, but much to my discomfort, it makes an enlarged prostate a real possibility.

However, I would much prefer that “(Bleep)ty-four” be replaced with a different adjective. “Thoughtful,” “kind,” “intelligent” and “charitable” accurately describe me, but they have little medical importance. Maybe “compliant to direction,” “only mildly overweight,” “not terribly wrinkled,” or “pain intolerant” might be more to the point.

This needs more research.

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# Inter Valley Health Plan invites you to our September For Health & Living Classes & Events.



## **HEALTHY BRAIN SERIES** *Come to one or all three classes!*

### **MEMORY: Unraveling the Mystery, Tuesday, September 9 @ 10 am**

This discussion focuses on memory, how it works, what goes wrong and ways to improve memory. A FREE\* memory screening is available to all who attend.

### **HOW TO KEEP A HEALTHY BRAIN, Tuesday, September 16 @ 10 am**

This fun, interactive class helps you discover how to keep your brain in top shape! Come enjoy the healthy brain snacks provided.

### **MEMORIES TO MEMOIRS, Tuesday, September 23 @ 10 am**

Memories make us who we are. Remember what matters and cherish your memories by preserving them for you and loved ones to enjoy for years to come.

*The For Health & Living Series is open to **everyone ages 55+**, come learn how to keep your vitality & be healthy!*

## **MEDICARE INFORMATION & VITALITY CENTER**

Sun Lakes Village Shopping Center  
300 S. Highland Springs Avenue  
Suite 10-J, Banning

**RSVPS ARE REQUIRED. CALL OR GO ONLINE TO REGISTER.**

For accommodation of persons with special needs, call the number below. Inter Valley Health Plan is a not-for-profit HMO with a Medicare contract. Enrollment in Inter Valley Health Plan depends on contract renewal. This is an advertisement.

\*No obligation to join.



## **MEDICARE STEP BY STEP**

### **Wednesday, September 10 @ 3 pm or**

### **Thursday, September 18 @ 10 am**

– This class reveals the mysteries of the Medicare system and is great for anyone soon-to-be or recently eligible for Medicare or for anyone curious. Learn the steps to get started, what to expect and what benefits you are entitled to.

## **GRANDPARENTS BINGO**

**Friday, September 12 @ 10 am** – If you are a grandparent, you know you're special! Join this innovative spin on Bingo. Refreshments, prizes\* and fun for everyone (even non-grandparents!)

## **HEALTHY SMOOTHIES, Tuesday,**

**September 30 @ 2 pm** – Real food advocate, Justine Campbell, RD, NTP, demonstrates how to create smoothies that can restore & revolutionize your health. FREE\* samples available.



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# Manager's Update

By Jeri Mupo, General Manager



**DISTRICT 7A REGISTERED VOTERS:** Don't forget to vote!

We have received notice from the City of Beaumont that voting will be conducted between Aug. 25 and Sept. 30, regarding homeowner options on paying their Mello-Roos assessments. All registered voters in District 7A are eligible. If you have not voted, please do so.



**DOLLARS & SENSE:** At the Aug. 14 Board of Directors meeting, the Board approved the following expenses:

1. Landscape improvements on White Sands = \$1,050
2. Solar power application fee for Lodge and Recreation Center 2 pool = \$2,500
3. Window tags for gate entry = \$2,000
4. Paddle Tennis canopy installation = \$11,310
5. Pool area canopy replacement canvases = \$3,265
6. Veteran's Day event = \$1,050
7. Additional folding tables = \$3,000
8. Springdale unit and garage door painting = \$12,815
9. Computer firewall redundancy system = \$2,165



**SURFING IN THE LODGE:** The Lodge now has WiFi Services! WiFi services have been installed throughout the main Lodge building and are now operational. We anticipate that the Spa Building and Pool Area will have WiFi services by the end of August. Happy surfing!

**GOING SOLAR:** The Safeties and Facilities Committee is working with California Solar Initiative to install solar power for the Lodge pool and Recreation Center 2 pool. The preliminary information provided shows that the association may be able to save up to 100 percent of the current gas expense. This would be a significant annual savings. More information will be provided as it is received.



**ENTRY SYSTEM UPDATED:** The association recently replaced the outdated electronic entry system for community access. The new system has the capability to read the current transponders that we are using, as well as, small window stickers. The board has approved the purchase of the small window stickers as an alternative to the transponders. If a homeowner wishes to exchange a transponder for the sticker, the cost will be \$10 each. They will be available at the Lodge management office.



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**New Home Owners:**

## Phil's Q & A Corner

By Phil Jaffe

**Q: What do I do when the Waste Management bins are not picked up on their regular collection day?**

A: Call Waste Management at (800) 423-9986 to report the problem.

**Q: How do I log into the Four Season website?**

A: First, you must register at [www.fourseasonsatbeaumont.com](http://www.fourseasonsatbeaumont.com). Once registration is approved you will receive a password via your registered email account. You may call the Lodge for assistance at (951) 769-6358.

**Q: What is dwellinglive.com?**

A: DwellingLIVE® is the gate entry software which allows residents to manage their permanent or temporary guests and vendors. The system keeps the gate attendant automatically updated, thus allowing an efficient guest entry process. Users can update their own personal profile information 24 hours a day, seven days a week.

*For on-the-spot questions, call Nelly Alcocer, Lodge Administrative Assistant, at (951) 769-6351. You can also send new Q & A questions to the Breeze via Phil Jaffe at [philjaffe872@gmail.com](mailto:philjaffe872@gmail.com).*





# Neighborly Notes

By Bobbie Eckel

**RESIDENTS, PLEASE MAKE A NOTE: LABOR DAY IS A MONDAY HOLIDAY.** This will effect Waste Management pickup. Please put your bins out on Tuesday evening, Sept. 2, after 5 pm, for pickup on Wednesday, Sept. 3. You might want to remind your neighbors, too. We frequently have a lot of bins in the alleys or streets on a Monday holiday!

**FREE SMOKE DETECTORS:** Did you know that the city of Beaumont is giving away free smoke detectors to seniors in Beaumont? If you are interested or would like more information, please contact the Assistant Fire Marshal at (951) 572-3225.

**BOARD OF DIRECTORS MEETING:** Remember that the BOD General Meeting is Thursday, Sept. 11 at 1 pm in the Ballroom. This is your chance to hear what is happening in our community, to address the BOD if you have a special comment or question, and to listen to plans for additional activities. Take an hour or so of your time to become acquainted with how your HOA operates.

**ATTN. COMMITTEE CHAIRPERSONS:** Several residents have recently expressed an interest in having the HOA committee chairpersons report in person to the BOD rather than have the pages of their minutes simply noted. Those committees who are in need of additional members might well recruit more if the residents could hear and see you in person. Something to seriously consider: updates in the *Breeze* each month are definitely not quite as personal as telling your neighbors about committee focus and accomplishments from the podium. We would really like to see more committees represented by a real person!



**GARAGE SALE:** The hot summer days which force most of us to stay inside may actually be a bonus. This is a good time to go through your closets and cabinets to pull out those unused items which have been taking up space. The HOA Garage Sale is Saturday, Oct. 11. Start your cleaning out now. You might want to wait until it cools a bit

before tackling those items which have been relegated to the garage, however.

**RUN FOR CITY COUNCIL:** If you are wishing you had more to do — and have a background in city management — you might be interested in becoming a Beaumont City Council member. Three seats on the council are up for election this November, including the City Clerk and City Treasurer. Applicants must be Beaumont residents, at least 18 years of age, and must be registered voters. For more information, visit Election Central on the Beaumont website.



**SENIOR SOFTBALL:** It is time again for softball buffs in our midst to join the Valley Wide Senior Softball League. The League plays out of Valley Wide Recreation Center in San Jacinto. All levels of play are involved; players must be 55 or older. The winter season will be scheduled soon. The cost is only \$30 a season and you play at least 40 games. Game days are Tuesdays

and Thursdays. Practice is on Wednesdays and Fridays, 7:30 to 9:30 am. Please call (951) 927-4509 for additional information or to sign up to play.

**CITY NEWS:** Please take the time to sign up for the Beaumont E Newsletter. You can sign up by texting BMTnewsletter to 22828 or by going directly to the Beaumont Cares website. In the Aug. 8 issue, you will learn about a free house call program where city inspectors come out to give advice on current or future home improvements before you get a permit, a program called VIBE (Volunteering in Beaumont is Excellent) which deals with citizen volunteers forming partnerships with city staff and also earning deductions on their sewer or trash bills, and the Guns and Hoses Golf Tournament on Saturday, Sept. 13, which benefits the continued construction of the Public Safety Memorial. You will also learn about upcoming community events.

**QUESTIONS FROM GEORGE CARLIN:** Why is lemon juice made with artificial flavor and dish washing liquid made with real lemons? If swimming keeps you in good shape why do the whales look the way they do?



## Chef's Corner

By Randy Balt

# Pepper Steak



*Pepper steak or steak au poivre is a French dish that consists of a steak, traditionally a filet mignon, covered with crushed peppercorns, pan-broiled and served with a brandy-and-butter sauce.*

Servings: 4

Prep. Time: 8 min.

Inactive: 30 min.

Cook Time: 15 min.

Level of Difficulty: Intermediat

## INGREDIENTS

4 tenderloin steaks, 6 to 8 oz.

(no more than 1½" thick)

Kosher salt

2 Tbsp. whole peppercorns

1 Tbsp. unsalted butter

1 tsp. olive oil

1/3 cup cognac, plus 1 tsp.

1 cup heavy cream

## DIRECTIONS

1. Remove the steaks from the refrigerator for at least 30 minutes and up to one hour prior to cooking. Sprinkle all sides with salt.
2. Coarsely crush the peppercorns with a mortar and pestle, the bottom of a cast iron skillet, or using a mallet and pie pan. Spread the peppercorns evenly onto a plate. Press the fillets, on both sides, into the pepper until it coats the surface. Set aside.
3. In a medium skillet over medium heat, melt the butter and olive oil. As soon as the butter and oil begin to turn golden and smoke, gently place the steaks in the pan. For medium-rare, cook for four minutes on each side. Once done, remove the steaks to a plate, tent with foil and set aside. Pour off the excess fat but do not wipe or scrape the pan clean.
4. Off of the heat, add 1/3 cup cognac to the pan and carefully ignite the alcohol with a long match or click lighter. Gently shake pan until the flames die. Return the pan to medium heat and add the cream. Bring the mixture to a boil and whisk until the sauce coats the back of a spoon, approximately five to six minutes. Add the teaspoon of cognac and season, to taste, with salt. Add the steaks back to the pan, spoon the sauce over, and serve.

*Note: When igniting alcohol, use extreme caution. Remove the pan from the heat source before adding the alcohol. Pour the alcohol into the pan and ignite with a match or click lighter. Return the pan to the stove top and gently swirl to reduce the flames.*



## Craft Boutique 2014

Calling all residents interested in participating in this year's Craft Boutique: Start getting all of your items together, because the date will be here in no time! Mark your calendars for the mandatory seller's lottery and orientation meeting on Wednesday, Oct. 15 at 6 pm in the Lodge. There will be a random table drawing by everyone wishing to be a part of this event. Keep in mind that due to the large number of interested people, we can't guarantee that everyone will get to be a seller at the boutique. Because of the limited availability everyone will be limited to one 6 ft. table this year. The date of the Craft Boutique is Saturday, Nov. 22 from 9 am to 2 pm. The vendor fee is \$5 each which goes to pay for outside advertising because we invite the general public to attend this holiday event. Contact Barbara Miller if you have any additional questions at [babsmiller00@gmail.com](mailto:babsmiller00@gmail.com). ~ **Cindy Graves**



# Activities Director Corner

By Cindy Graves, Activities Director

**ART-O-RAMA:** This is going to be a meaty article this month because there's sooo much to share! First, let me tell you about the Arts and Crafts show we're calling "The Art-O-Rama" on Friday, Sept. 5 from 4 to 8:30 pm. There will be art displays from various clubs and classes, live music, and a few tables for your "self-brought" wine and Smitty's dinners. We have some extremely talented residents and very educational and fun classes that you may enjoy. There is no charge for admittance and everyone is welcome.

**YARD SALE:** September is a great month to start going through your closets to find excess items you want to sell during the HOA Community Yard Sale on Saturday, Oct. 11. This will be the first community sale without the use of the Lodge parking lot. Plan to sell at your home and sign up at the Lodge desk starting Monday, Sept. 8. The price to attend is \$10 which goes to public newspaper advertising and city permits.

## **HALLOWEEN HAUNTED MANSION**

**GHOULISH GALA:** Here's the latest breaking news regarding the Halloween Haunted Mansion Ghoulish Gala: The Social Committee has just received approval to hold the event in the Recreation North building! This has all the perfect scary architecture on the inside to provide a spooky haunted house ambiance. There will be tons of entertainment, a live band and two big entertainment surprises. The dinner will be deliciously creepy and Thomas' will be catering the event. We will be selling tickets in little room suites as well as some tables in the great room area where the band and additional entertainment will be. Due to this one time exclusive seating, we can only sell tickets to the first 130 people at \$25 each. Tickets will be going on sale Sept. 16.

**HEALTH FAIR:** Because Four Seasons is an "Active Adult Community" and good health is critical to staying active, we want to help by providing a fun, informative Health

Fair on Saturday, Sept. 20 from 10 am to 2 pm. This is going to be a full day with all kinds of great health related booths, free assessments, guest speakers covering the latest health, medical and pain management topics, tons of door prizes, refreshments, and a full lunch provided by KHOV up at the model homes. We are even hoping to get one of the winners of the "Hell's Kitchen" TV Series to come and do some healthy cooking demonstrations in the Arts & Crafts Room. I want to extend special thanks to Nikyah Thomas-Pfeiffer from Redlands hospital who has been a tremendous help in recommending and helping to coordinate the participants for this event as well as generously donating the event's refreshments. There is no cost to attend, so come on down!

**CRAFT CLUB:** For all of you new resident crafters (as well as you long timers) who would love to get together with others who enjoy working on craft projects, Pam Kelley would like to get a call from you, so she can set up a regular craft club meeting. Give her a call if that sounds like something for you at (951) 769-7967.

**HOLIDAY BOUTIQUE:** Speaking of crafts, don't forget our annual Holiday Craft Boutique on Saturday, Nov. 22 from 9 am to 2 pm in the Lodge Ballroom. If you would like to participate this year you must attend a mandatory meeting on Wednesday, Oct. 15 at 6 pm. Mark your calendars because we have many people who want to be a part of this event and it is on a first come first served basis. I'll have more information for you next month.

There is so much going on in the next couple of months so be sure to thoroughly read your *Four Seasons Beaumont Breeze Magazine* for club sponsored events like the Fall Fling, the Performing Arts Club Laugh out Loud Show, Karaoke, and more! I hope to see you around the Lodge!

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Before



After



# DID YOU KNOW?

By Bobbie Eckel



## DID YOU KNOW THAT SEPTEMBER 16 IS MAYFLOWER DAY?

On this day in 1620, the Mayflower finally set sail from Plymouth, England, to the New World. The English Puritans and a group of Separatists actually began their journey in 1608 when they left their native England and fled to Holland, trying to avoid charges of treason because their beliefs were opposed to the Anglican Church and the monarchy of King James I. However, the exodus was not a successful one, so they returned to England in 1620 and made plans to journey to America. The group then departed from Southampton on two ships (Mayflower and a smaller ship, the Speedwell) in August 1620.

The smaller ship began to leak, however; the ships returned to port twice for Speedwell repairs but finally the Speedwell was deemed not seaworthy. (Interestingly enough, the Speedwell was sold, refitted, and proceeded to make many more profitable trading trips for the new owner! This led to speculation that the “leaks” were man-made because the owner was fearful of starving to death in the New World). The final count of passengers who stayed with the Mayflower was 102; another 25 to 30 crewman were also on board under the captaincy of Christopher Jones.

The Mayflower had three primary levels — a main deck which included a cabin for Master Jones, a gun deck under that where the passengers lived and a cargo hold which held supplies and equipment for the journey and the necessities for setting up a colony in Virginia, their destination. The living space for passengers measured about 50 feet by 25 feet with a five foot ceiling. Given the crowded space, horrific weather in the North Atlantic and the fact that the passengers had already been on board the ship for over a month during the various delays prior to the actual starting date, it is a wonder that anyone survived the trip. Sixty-six days later, the Mayflower dropped anchor at Cape Cod, more than 600 miles off their intended course.

During the first winter the passengers and crew were forced by weather to continue to live aboard the Mayflower. They established order by writing and signing the Mayflower Compact. For more specific details of this historical journey, please check out the Internet sources. It is truly fascinating reading.

## DID YOU KNOW THAT SEPTEMBER 13 IS UNCLE SAM DAY?

Although there are other symbols which have been used to represent our country, Uncle Sam is the most recognizable one. The officially recognized version of how “Uncle Sam” was created has to do with soldiers stationed near Troy, New York, during the War of 1812. The barrels of meat which the soldiers received were stamped “U.S.” and were supplied by Samuel Wilson of Troy. The soldiers jokingly referred to him as “Uncle Sam.” The first graphic of Uncle Sam appeared in 1813. In 1961, Congress recognized “Uncle Sam” Wilson, and even authorized a statue in his home town of Troy. However it wasn’t until 1989 that Sept. 13 (the birthday of Samuel Wilson in 1776) was selected and a joint resolution of Congress made the day official. How many of us can remember the posters in WWII of Uncle Sam pointing with his right hand and the bold words, “Uncle Sam Wants You”? The message was somewhat intimidating, but quite clear in its intent.



## DID YOU KNOW THAT THE THIRD FRIDAY OF SEPTEMBER, (SEPT. 19 IN 2014) IS DESIGNATED AS POW/MIA RECOGNITION DAY?

This day is a commemoration of American Prisoners of War and those still Missing in Action. It is also a day designed to bring national attention to continue our efforts to have the remains of fallen soldiers returned to the U.S. In 1986 the National League of Families proposed the third Friday because the day is not associated with any wars. The president of the United States issues a proclamation annually on this day. Federal law requires that the POW/MIA flag be flown on Armed Forces Day, Memorial Day, Flag Day, Independence Day, POW/MIA Day, and Veterans Day. The flag has a lighthouse in the background, a prominent prayerfully bowed head, and the poignant words, “You are Not Forgotten”.



# Third Recreation Center Considered for 2016

New plans are being drawn up for a third recreation center, to be located on Four Seasons Circle at Breckenridge Ave.

Builder K. Hovnanian Homes has said the center will include a swimming pool and several courts for racquet sports: tennis, paddle tennis, and pickle ball. When the plans are complete they will be presented to the HOA board and Beaumont Planning Commission for approval.

Hopes are that the center will be opened sometime in 2016 – depending on sufficient home sales to support it.

In the meantime, work is progressing on Rec Center Two, also on Four Seasons Circle, at Mesa Verde Park. The building is up, the indoor pool is cemented, roofing has begun and framing inside appears complete. Current plans are for the Center to open in October.

---

## SOCIAL COMMITTEE

I think anyone who was at the Aug. 9 Hoedown will agree it was the best Hoedown ever.

The food from Thomas Catering was delicious and there was plenty of it. The DJ hit it on the nose with the country western music and the square dancers were delightful to watch. Our own residents didn't do too bad with the square dancing either. I believe the Hoedown chairs, Betty Ann James and Verlette Brummell, did a really fine job with the decorations. This is a good time to thank the people who came down to help with the

work before the party, and those who stayed after the party to help clean up. It takes a lot of hands to get it all done.

The next event coming up is our annual Halloween party. Tickets go on sale Sept. 16 and the last day to buy tickets will be Oct. 18. This is one of our more popular events and tickets tend to sell fast so I would suggest getting your tickets early. It would be a shame if you missed the ghosts, goblins, and freaky foods that might be in store for you on the scariest of nights. ~

*Melody Seewooster*

---

## FINANCE COMMITTEE

At our July meeting, the Financial Statements for June were reviewed and reflected the following significant items: Net Income Year-to-Date was \$152,670 and total reserves were \$4,345,221. Accounts Receivable (delinquencies) were \$50,471. Our total HOA expenses for June (excluding reserve allocations) were \$222,632. This was under budget by \$23,906. The Front Yard Cost Center expenses for June 2014 were over the monthly budget by \$7,609. Water and irrigation repairs being the main contributors. The Springdale Cost Center Expenses for June were under the monthly budget by \$75. There were 13 CD renewals reviewed and a recommendation to renew at the best prevailing rate not to exceed six months was sent to the board. There were eight vendor proposals presented and sent to the board with recommendations for approval. Jeri Mupo reported that Safety and Facilities reviewed the bid for the Springdale painting and submitted it to the board for approval at a total cost of \$90,980. This is scheduled to begin in January 2015. It was also noted that

entry and garage doors had not been included in the bid and the BOD is taking these items under consideration and will act on them at the next meeting. Reserves are adequate to fund this project including the estimated cost for the painting of the doors if so approved by the BOD. SDT, the company contracted to complete a new reserve study, is nearing completion of the project and is expected to submit reports by the August meeting. Seven common area tracts (KHov "pocket areas") were transferred to the HOA ownership on July 11. Brad Alms assumes maintenance responsibility at a cost to the HOA of \$625 per month. Accounts Receivable update by Wayne Staples report stated we are still in good shape with only one former owner and 14 current owners in arrears. A special meeting of the FC has been scheduled for Aug. 19 at 1 pm in the Lodge Conference Room. This meeting will be dedicated to the 2015 Front Yard and Springdale Cost Center budgets only.

Our next meeting is Sept. 30 at 1 pm in the Lodge Conference Room. All homeowners are encouraged to attend. ~ *Noel Myers*



# EMERGENCY PREPAREDNESS PROGRAM (EPP)



Emergency preparedness is an ongoing process for all of us as we prepare for potential emergencies. Being prepared enough to “shelter in place” is something all of us should strive for this month.

Refer to the Residents' Emergency Handbook mailed to you in April to find out what you need to do to be prepared for an emergency or disaster. Our September speaker will provide pictures and a presentation to remind us of the importance of being prepared to handle the consequences of any disaster without immediate outside assistance.

Diane Lomax, retired RN, provided medical care and supplies to workers and victims at Katrina and Ground Zero. Her presentation entitled National Medical Response to Disasters will include many pictures from both disasters and a question and answer period.

Plan to attend this informative presentation on Sept. 4, at 10 am in the Lodge Ballroom. ~ *Jean Sandoval*

## EMERGENCY PREPAREDNESS PROGRAM (EPP): THE SANITATION TEAM

In the event of a major emergency where the residents of Four Seasons Beaumont would be isolated by the closure of I-10 Freeway, a plan must be followed for the proper disposal of liquid and solid wastes. Liquid waste (urine and feces) is everything that is flushed down the toilet and solid waste is everything Waste Management hauls away.

The type of incident we are referring to would cause damage to sewers and roads.

Sanitation disruption is a major concern for a community since improper handling of waste can cause disease and pest infestations. The following is a list of tips to be addressed prior to such an incident. Refer to your Residents' Emergency Handbook for more detailed information.

1. If damage to sewer, determine if you would use a bucket with a lid (see picture below), portable potties/camping toilets, or a pit.



*Makeshift toilet*

2. Use double bags to dispose of liquid waste once a day. Use bleach, swimming pool, or camping chemicals to keep smell down. Keep in closed container.

3. Remove liquid waste daily to a safe area downhill from any usable water source. Place in a closed container or as a last resort bury the waste in a hole and cover with a minimum of 12” of soil.

4. Household trash needs to be sorted and placed at the curb in separate closed containers to prevent the spread of disease, rodent and insect infestation. Sort items into:

- Biodegradable waste – keep in a pile to be used as compost for future gardening.
- Pour non-fat containing liquids on the ground. Pour fatty liquids into a hole in the ground. Cover with dirt.
- Paper, plastics, metals – sort and store in a double trash bag. Place in a covered container. If the emergency lasts for several days, the incident commander/sanitation team leader will provide for temporary placement of non-excreta waste for burial or burning.
- Sanitary items/medical waste (diapers, used feminine products, syringes, soiled dressings) - place in plastic bags or covered bucket. Keep separate from regular trash and label as “hazardous waste.”

5. Use water and soap or hand-sanitizer for washing hands. The interruption of trash services from Waste Management could cause rodent and fly problems if trash is not properly stored. The following equipment/supplies are needed to prepare for an emergency: five-gallon bucket with lid, large trash bags, soap and water, and trash cans provided by Waste Management. ~ *Mike Mendoza, Sanitation Team Leader*

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# LANDSCAPE COMMITTEE

“Landscape comprises the visible features of an area of land, including the physical elements of landforms such as (ice-capped) mountains, hills, water bodies such as rivers, lakes, ponds and the sea, living elements of land cover including indigenous vegetation, human elements including different forms of land use, buildings and structures, and transitory elements such as lighting and weather conditions,” thus sayeth Wikipedia who has replaced Webster in the 21st century. Changes to the landscape affect all elements in the area of land from minor to major degrees. New homeowners will see their plant life change as new buildings alter airflow patterns, trees increase in size and limit sunshine, and hardscape alters drainage patterns. The Landscape Committee is continuously assessing the effects of these micro-climate changes on our plants.

Some changes may seem minor but could have major effects — just as in humans when our diet is altered by medication, diet, or location. For instance, roses require five to six hours of sunlight daily, preferably in the morning allowing them to dry off early from dew or sprinkled irrigation. A new object may reduce this sunshine time frame and decrease growth, blooming or health of the plant. Changes need not be adjacent to a plant to impact health. Airflow patterns can be altered not only by the size of an object but by their relative temperature.

Two areas where changes are planned provide examples of landscape changes: Bighorn Basin near Plymouth Rock and Four Seasons Circle and the Lodge interior grounds. Cold air sinks and the basin has been a collecting pool for nighttime colder air, as plants and soil were slow to warm during the day. Changing the landscape to houses and streets will create

a lingering hotter surface with rising air into the nights. One or two degrees of change in temperature will change the dew point and the frost line, and impact plants in the surrounding area. Rain water will no longer pool and sink in the basin but rapidly add to the hillside runoff into Potrero Creek. Adding hardscape to the Lodge grounds will disrupt or choke off the airflow to this partially enclosed space. Still air helps breed diseases and mildew on plants and could be a problem. Reductions in plant life to accommodate new hardscape will also impact noise reduction as sounds rebound rather than being absorbed.

Landscape changes are inevitable as Four Seasons grows. What is important is that we fully understand all potential effects on our plants and where necessary make appropriate changes. ~ **Leonard Tavernetti**



*Bighorn  
Basin  
original  
land form  
12/04/12*



*Bighorn  
Basin after  
land form  
change  
02/27/14*



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## SAFETY & FACILITIES

At our August meeting, we covered a number of items. I was at the local police department this past week and assisted in registering a number of door to door vendors. This caused me to think about safety tips for us here at Four Seasons.

There are two areas of concern: the “door hangers” seller and the unregistered vendor. If these two get past the gate and into the HOA, there should be care taken.

The city prohibits “door hangers,” people who go to your home and leave an advertisement notice on your door. This is always a security concern. If you see anyone within the HOA doing this, call the police department to report the activity.

The city prohibits unregistered vendors, people who go to your home and solicit you. Again, if you see anyone within the HOA doing this unregistered selling, call the police department to report the activity.

The city does register some door to door vendors. These personnel are fingerprinted and identification cards are issued to them. If a registered door-to-door vendor does appear at your door they must have the ID card visible. Do not open your door to unregistered vendors.

Our next meeting is Sept. 2 at 9 am in the Lodge. ~ **Dennis Gray**

## RULES & REGULATIONS

Sometime in the month of October our outdoor pool will no longer be heated and, since the majority of us like the water heated, our indoor fitness pool will be a welcome addition to our community in 2014. Rain, wind, or sun sensitive, we will be able to swim year round. The results of our indoor survey indicated residents want this pool to be adults only. Adult guests are welcome during “recreational time” only. The remaining

time periods will be dedicated to lap swimming, water walking, water aerobics, and club activities (pool volleyball). Existing outdoor pool guidelines will be initiated for the indoor pool with appropriate modifications.

Residents are welcome to attend monthly meetings the second Tuesday of each month in the Lodge Board Room. ~ **Barbara Miller**



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# NEIGHBORHOOD WATCH



Our thanks go out to all who attended a very successful National Night Out event here at Four Seasons and to all those who contributed to a very delicious potluck.

Thanks especially to our guest speakers: Beaumont Mayor Brenda Knight; City Manager Alan Kapanicas; Councilman

David Castaldo; Chief of Police for Beaumont Frank Coe; and our volunteer Police Volunteers for Beaumont. Chief of Police for Banning Alex Diaz; Riverside County Sheriff Deputy David Greenwalt; California Highway Patrol Captain R. Shackelford; Officer Darrin Meyer, Lt. B. Gonsalves; and Rick Cook, Office of Emergency Services, all of whom took the time out of their busy schedules to make our evening one to remember. It was both informative and fun to socialize with our local agencies, neighbors, and friends.



Please mark your calendars for some upcoming events: Block Captains Meeting Saturday, Sept. 13 from 10 am to 1 pm in the Ballroom and our Neighborhood Watch Meeting on Oct. 8 at 10 am in the Ballroom.

Thanks to all Block Captains and residents who help to make Four Seasons a safe place to live... "If you see something, say something." For anything that is a real concern, contact Beaumont Police at (951) 769-9800; for any emergencies call 911; for any maintenance issue or if you call the police, please also report it to Euclid Management at the Lodge so that they are in the loop at (951) 769-6358. ~ **Susan Wilson**



*Left: Jim and Patty Bushnell cutting the cake*



*Right: Anita Worthen of Four Seasons Neighborhood Watch and Beaumont City Manager Alan Kapanicas*

*Left: Neighborhood Watch Committee members and the Beaumont Mayor, City Manager, and our local agencies*

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# The Breeze Puzzle Challenge

## September Word Search

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W A T E R A E R O B I C S  
B N I A T S A N A C I P R  
O A G L I X B Z B N I R G  
O N L R Y R Y I D C K S M  
K E E L I M L Y K D C D V  
C J G D R L O L L I D O T  
L N G D I O E V M L R N X  
U E O A O B O A I T E Q W  
B Z R L A L R M S E N N T  
G D N L A E L I D P S Q K  
S M L T C S B B Y Y Q G R

AMPHITHEATER  
BALLROOM  
BILLIARDS  
BISTRO  
BOOK CLUB  
BRIDGE  
CANASTA  
CERAMICS

CINDY  
DAILY MOVIES  
JERI  
LODGE  
NELLY  
PICKLEBALL  
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### 2 EGGS

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*Served with Hash Browns or Country Potatoes & Toast*

### HAM & CHEESE Omelet

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### DENVER Omelet with Bell Peppers, Mushrooms, Onion & Ham

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Additional Items

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>Labor Day</b> <b>Reduced Lodge Hours: 7a-7p</b> Pan #2 11:30a-12p Bridge 12p Mah Jongg for Fun 12:30p Bereavement Group 1p AACC Labor Day Party	<b>2</b> Poker 9:45a Knitting and Crocheting Billiards for Fun Writers Club Hearts 1:30p-6p	<b>3</b> Pinochle 9a Neighborhood Watch Steering Committee Canasta #2 Dominoes Motorcycle Club 8-Ball Club 9a-7p	<b>4</b> Poker 9:45a Emergency Prep. Program Pan Canasta #1 11:30a-1:15p	<b>5</b> Pinochle 9a Open Art Studio Bid Whist Group Firearms Enthusiasts <b>Art &amp; Music Event 4-8:30p</b> Dominoes Seasoned Solos 8-Ball Club 10a-7p	<b>6</b> Poker 9:45a Tennis Club Event 11a Chavurah Fellowship Group 6p
<b>7</b> Private Party All Day	<b>8</b> Bridge 12p Mah Jongg for Fun 12:30p Bereavement Group 1p Four Seasons Singers 3p 8-Ball Club 7p	<b>9</b> Book Club 9:30a Poker Knitting and Crocheting Billiards for Fun All Seasons RVers Hearts 4x4 Seasons Group 9:45a-7p	<b>10</b> Hearty Hikers 8a Pinochle Amphitheater Production Canasta #2 Dominoes 8-Ball Club 9a-7p	<b>11</b> Poker 9:45a Neighborhood Watch Pan Canasta #1 Classical Music Club 11:30a-7p	<b>12</b> Pinochle 9a Open Art Studio Bunco Ballroom Dance Fall Fling 4:30p Dominoes 8-Ball Club 10a-7p	<b>13</b> <b>Karaoke 5:30p</b>
<b>14</b> Counter Culture Cinema 6p	<b>15</b> Bridge 12p Pan #2 11:30a-12:30p Mah Jongg for Fun 12:30p Bereavement Group 1p Four Seasons Singers 3p 8-Ball Club 7p	<b>16</b> Poker 9:45a Knitting and Crocheting Billiards for Fun Hearts Camera Club 6:30p	<b>17</b> Pinochle 9a Canasta #2 Dominoes 8-Ball Club 9a-7p	<b>18</b> Poker 9:45a Pan Canasta #1 Taste d' Vine 11:30a-6p	<b>19</b> Pinochle 9a Open Art Studio Bid Whist Group Dominoes 8-Ball Club 10a-7p	<b>20</b> Poker 9:45a <b>Health Fair 10a-2p</b> Chavurah Fellowship Group 6p
<b>21</b> <b>Amphitheater Grand Finale 7p</b>	<b>22</b> Bridge 12p Mah Jongg for Fun 12:30p Bereavement Group 1p Four Seasons Singers 3p 8-Ball Club 7p	<b>23</b> Poker 9:45a Knitting and Crocheting Billiards for Fun Performing Arts Club Hearts 12:30p-7p	<b>24</b> Pinochle 9a Canasta #2 Dominoes 8-Ball Club 9a-7p	<b>25</b> Poker 9:45a Pan Canasta #1 11:30a-1:15p	<b>26</b> Pinochle 9a Radio Club Open Art Studio Bunco Dominoes 8-Ball Club 10a-7p	<b>27</b> <b>PAC Laugh In Show 6p</b>
<b>28</b> Counter Culture Cinema 6p	<b>29</b> Bridge 12p Mah Jongg for Fun 12:30p Bereavement Group 1p Four Seasons Singers 3p 8-Ball Club 7p	<b>30</b> Poker 9:45a Knitting and Crocheting Billiards for Fun Hearts 10a-6p	<div> <div>SEPTEMBER 2014</div> <div>           Lodge Hours: Daily, 7 am - 9 pm             This calendar reflects only a portion of the activities and events held at the Lodge. Every attempt possible has been made to accurately reflect times and dates of activities. However, activities, dates and times are subject to change without notice.         </div> </div>			



## Physical Exercise Schedule

<b>CLASS</b>	<b>DAY</b>	<b>TIME</b>
<b>EXERCISE</b>		
Conditioning	M/W/F	8:30a
Beginning Conditioning	M/W/F	9:30a
Water Aerobics	M/W/F	10:30a
Zumba Gold	Tues/Th	9:30a
*Yoga	M/W	6p
*Pilates	Th	8:30a
*Pilates	Sat	9a
*Kick Boxing	Sat	10:15a
<i>*Need to maintain 10 + participants or class will be canceled.</i>		

<b>DANCE</b>		
Dance for Beginners	M	6:30p
Intermediate Dancing	M	7p
Advanced Dancing	M	7:30p
Beginning Line Dance	Tues	3p
Advanced Line Dance	Tues	3:45p
Heart and Soul Line Dance	W	4p/5:20p
Ballroom Dance Practice	Th	6p

<b>HORSESHOES</b>		
Horseshoes for Fun	W	8a

<b>PING PONG</b>		
All Level Ping Pong	M-F	10:30a
	Sat	11a
Beg. & Int. Ping Pong	W	10:30a
Advanced Ping Pong	Th	11a

<b>TENNIS</b>		
Club Play Time	2nd, 3rd Th	5-9p
Tennis Meeting	3rd Tues	4p
Play Day (check <a href="http://www.fsbr.org">www.fsbr.org</a> for date)		8:30a

<b>BOCCE BALL</b>	Tues	8:30a
	W	6:30p

<b>PADDLE TENNIS</b>		
Paddle Ball	W	7p
	F/Sun	8:30a
PlayDay	3rd Sat	12 noon

<b>PICKLEBALL</b>		
Morning	T/Th/Sat	8a
Advanced	M	5p

## Class Schedule

<b>CLASS</b>	<b>DAY</b>	<b>TIME</b>
<b>LANGUAGE</b>		
*Beginning Spanish	Tues	6p
Instructor Jan White • Class runs through 10/28		
*Spanish 1	Tues	10a
*Spanish 2	Tues	11a
*Spanish 3	Tues	12p
Instructor Paty Bushnell • Classes Sept. - May		
<i>*No Spanish Language class during third week of each mo.</i>		

<b>ARTS &amp; CRAFTS</b>		
Ceramics	W	1p
	Sat	10a
Drawing & Sketching	M	10a
	W	6p
Watercolor	Tues	6p
<i>Call for class availability: (951) 849-6987</i>		
Machine Quilting	Sun	1p

<b>BIBLE STUDY</b>		
Women's Bible Study	Fri	10:30a

<b>OTHER</b>		
Bridge Class	M	11a
TOPS Weigh in	Tues	8a

## Committee Meetings

<b>COMMITTEE</b>	<b>DAY</b>	<b>TIME</b>
Architectural Review	Sept. 3	9:30a
	Sept. 17	9:30a
Bistro	Sept. 23	11a
<b>BOD Exec. Session</b>	<b>Sept. 11</b>	<b>9a</b>
<b>BOD General Session</b>	<b>Sept. 11</b>	<b>1p</b>
Communications	Sept. 3	10a
Proofing	Sept. 10	10a
Emergency Prep (EPC)	Sept. 16	6p
Finance	Sept. 30	1p
Landscape	Sept. 8	8a
Rules & Regulations	Sept. 9	9a
Safety & Facilities	Sept. 2	9a
Social	Sept. 4	5p



## Sneak Peek at October

- 4 Karaoke Night
- 9 Fire Prevention Day
- 9 Leif Erikson Day
- 10 PAC Radio Show

- 11 HOA Garage Sale
- 13 Discoverer's Day
- 18 Magic Night Theater
- 25 Social Committee
- Halloween Dinner Dance



*Our group shows off the scarves and shawls we made for the Senior Center*

## KNITTING & CROCHETING

Our group turned in our project for the Senior Center. We had numerous neck scarves and shawls, as modeled in the above photo. They were well received at the Center.

We also had another outing for lunch at Victor's Sports Bar in August. The balance of the year the ladies will be working on personal items. Some are making baby blankets, some baby sweaters, etc. We meet every Tuesday morning from 10 to about 11:30 am. If you would like to refresh an old hobby, come join us. ~ **Dorothy Payne**

## CERAMIC CORNER

Our team has been very busy painting some wonderful pieces of bisque. Classes are Wednesdays from 1 to 4 pm and Saturdays, 8 to 10 am, is the lab. An instructor is in the classroom from 10 am to 2 pm. Come and join us. Please call Elsie Fillman, Instructor, at (661) 414-6270 for more information. ~ **Sandra Buelna**



## TASTE D'VINE

Join us for a trip to our neighborhood winery... no, not a winery in Beaumont, but wine from our own local, favorite store. We have found some great vino within a two mile radius of our homes, wine that not only will please the palate, but please the wallet as well.

We are pleased to bring you an evening of "Wines from the Neighborhood" at our September meeting on the third Thursday, Sept. 18 at 6 pm in the Ballroom. Bring an appetizer such as bread or crackers and cheese, your own favorite bottle of wine if you wish, and a glass or two for tasting and sharing. Members \$5, guests \$8.

~ **Gracy Luna**



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## CAMERA CLUB

We meet the third Tuesday of each month at 6:30 pm in the Craft Room at the Lodge; thus, our September meeting will be Sept. 16. Visitors are always welcome. We invite all photographers, regardless of skill level, to join us for our regular meetings and field trips. Members are always eager to help and teach. We discuss photography, photo software, hardware, and related subjects of interest. On a voluntary basis, members offer their photographs for critique which is a great learning experience for all. Our alternative photo project is ongoing (i.e. we bring a picture of a specific genre we all agree on).

For the August meeting, the assignment was “lonely,” i.e. bring a picture that depicted what the photographer felt best described this feeling. Many interesting and surprising photographs were submitted.

Last month, I wrote to you that our chairperson, George Johnson, is planning to start a series of programs on the basics of digital photography. First up will be “How a digital camera works.” Following will be HDR (High Dynamic Range) photography, panoramas, point and shoot camera operation, post processing, composition, and many other topics. This was discussed in our August meeting. Stay tuned for dates and times.



*North Cascades National Park in Washington State by George Johnson on June 11, 2014 while on vacation. It was a morning shot taken around 11 am.*

Sept. 5 is the Art-O-Rama in the Lodge Ballroom. We will be exhibiting photography along with the other art groups here at the Four Seasons. Please be sure to visit to see all of the great art and photographs.

Hope to see you soon at our meetings. For further information, please contact Lyle Cameron at (951) 849-6987.  
~ **Lyle Cameron**

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## AMATEUR RADIO CLUB

**The Lighter Side of ‘Ham’ Radio...** When asked, a lot of people will answer that they picture a Ham radio operator as a heavily whiskered old man, sitting hunched over his radio equipment in a dimly lit little home-made plywood cubicle in a garage or attic, a cigarette dangling from his lower lip, his hand feverishly sending off an endless supply of ‘dits’ and ‘dahs’ in Morse code to his fellow Ham in Muncie, Indiana.

Let me tell you about my first exposure to Ham radio operators. Back in the early 1960s, I had two friends at Corona High School who, though only 17 years old, were newly licensed Ham radio operators. Let’s call them ‘Jack’ and ‘Doug’ (that’s their real names; they weren’t innocent to begin with). Jack had a mobile Ham radio in his new Plymouth Barracuda, and Doug had a mobile radio in his spiffy new Plymouth Fury two door hardtop. In the summertime on some Friday and Saturday nights, we would engage in what was a popular California sport, called ‘cruising;’ however, we elevated that sport to a whole new level. Specifically, Doug and Jack would each have a male friend as a passenger in their car, and they would position their freshly washed and waxed cars at intersections three blocks apart on opposite sides of Magnolia Avenue in Riverside.

I was usually in Doug’s car waiting feverishly for a call over his mobile Ham radio. Suddenly the silence was broken when we heard a radio call from Jack, “Hey guys, there’s two blonds in a Chevy convertible headed your way!” Doug was so suave as he pulled out from the intersection and caught up with the girls at the first stop light. Glances were exchanged and Doug would usually say, “Hey, let’s see you girls at Tuxies (a popular burger joint for teens on Magnolia Ave.)” With a little luck we would make arrangements for a double date for the following weekend, and sometimes we would get shot down in flames; it could go either way.

Jack originally retired to Florida because he liked to fish. Doug, a retired aerospace engineer, works part time at a hardware store in Wenatchee, Washington and spends his nights in a plywood cubicle he made in his garage where he corresponds, via Morse code, to Jack who later moved to Muncie, Indiana.

Our meetings are on the last Friday of the month at 10 am in the Lodge. We hold radio nets every Wednesday at 5:45 pm. See our website, W6FSB.com, for more info. ~ **Fred Weck, KK6HBQ**



## BUNCO



Can you believe it is September already? It is still hot outside and bunco is a good way to get out of the heat and have some fun too. If you are new to Four Seasons it is great way to meet some fun ladies. This month we will be playing Sept. 12 and 26. So invite a friend or neighbor and join us.

We play at 1 pm sharp. Don't forget to grab a drink at Smitty's or maybe even lunch beforehand. See you there! ~ **Suzanne Roldan & Cheryl Burke**

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## DOMINOES

We meet every Wednesday from 5 to 9 pm. From 5 to 7 pm, play is open to anyone who wants to play. From 7 to 9 pm, competitive play with members takes place to see who is the best of the best for the month. The winner gets to choose the entrée of his choice to be shared with members of the club. All are welcome to join our club.

The player with the most wins for the month of July was John Bragg. He had an impressive win of 16 games for the month. John was on fire and left the other players gasping for air in the smoke trail created from his raging wildfire that burned everyone. John has been a resident of Four Seasons since 2006 and is a six year veteran retired from the Marines. He decided on chicken for the entrée of the month.

At the Fourth of July trophy awards program, Pete Antoine won first place for the domino club and yours truly, Marvin A. Gaines won second. The Lodge put on a great show for the Fourth of July with a lot of patriotic sings from talented residents. There was enough chicken to open a KFC restaurant and a dessert buffet that would match any in Las Vegas. From the smiles I saw, I can say everyone there had a good time. The emcee was the entertaining, funny and fabulous Cindy Graves, who did an excellent job. Come have fun, enjoy the game, and make some new friends. For more information call Jessie at (951) 769-2035 or Reggie at (951) 769-6483. "Play or pass." ~ **Marvin A. Gaines**

## CANASTA #1

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet in the Card Room every Thursday afternoon, 1:15 to 4 pm. Each week you may play with someone different, giving you an opportunity to meet other Four Seasons residents and old friends who enjoy an afternoon of "cool" cards. Plus, the Bistro is just down the hall if you would like a snack or a cold drink. We supply the cards so all you have to bring is your body and the desire to have a little fun. If you don't know how to play we are always happy to set up a teaching table and by the time the afternoon is over you will have mastered the game. All you have to do is show up and leave the rest to us. ~ **Melody Seewoster**

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## MAH JONGG

Everybody is welcome to join us for fun Mondays at 1 pm in the Bistro. Beginners as well as seasoned players can join the fun. We usually have several tables of three, four or five players and someone is always available to teach or assist those who are new to the game or those who haven't played in many years. A current Mah Jongg card is required but you can borrow or copy one until you are sure you want to invest the \$8 in it. You do not have to own a Mah Jongg set to join the fun, so come on out! ~ **Barbara Goodreau**

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## PINOCHLE

Pinochle is an exciting card game where you bid and bluff to name trump and take control of the game. This game is played with a double deck of special cards of ace through 10 against other aficionados, to tease your mind, and keep you sharp. Come join the game on Wednesday and Fridays from 9 am to 12 pm in the Card Room. Newbies and oldies are welcome for fun and socializing. Info., George Soeten, (951) 797-0254. ~ **George Soeten**

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## PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so men are very welcome as well as women. The game can be played in the day, evening, in a room in the Lodge or in private homes. If you are interested, please call me, Linda Mendelson, at (951) 941-9100 or e-mail me at Goldtoy@earthlink.net and I will answer any questions you may have. As all card games, it is played with both skill and luck. ~ **Linda Mendelson**



## BRIDGE

Join us on Monday for the game of Bridge in the Lodge Card Room at 12 pm. All levels of bridge players are welcome. Bridge gives our brain some much needed exercise, and we can all use that at our age. We play party type bridge where we rotate partners after five or six hands. This enables you to meet and play with different people. Since we play round-robin style, most of us use Standard American as convention of choice. Some do try other conventions, but only if both parties agree up front. All of us play at different levels and are learning how to play the game better (practice makes us better).

Some of the previous students have learned enough that they now sit in and play. If you'd like to learn the game or have questions please call Helen at (951) 845-9312. We will be glad to help you learn the basics of the game and hope that you will join us to either learn how to play, watch, or play the game of bridge. ~ **Bill Guy**

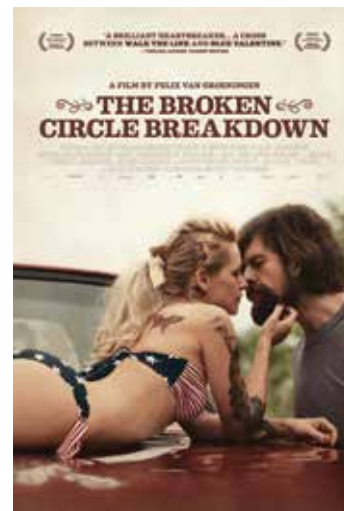
## CHAVURAH & HAVDALAH CLUB

What a great group we have! We're comprised of many types of individuals who have an interest in sharing our love, knowledge, and interest in Jewish culture, food, entertainment, and social gatherings. Whether you have a long heritage, are married into, want to reconnect, or are curious about Judaism — the backbone of Christianity — we're the group for you.

We have no regularly scheduled meetings or happenings, but rather, center our activities around holidays and special events on the calendar. Examples of the activities we've had include a Hava Nagila Movie Night, Chanukah Dinner and Gift Exchange, Passover Get-2-gether, information meetings, Home Tour Event, Harvest Festival Fruit Exchange, etc. Our events are in English, but we interject Hebrew blessings and rituals, and celebrate Havdalah (the end of the Sabbath). We hold our meetings at the Lodge and in private Four Seasons homes.

We welcome new members, and look forward to more stimulating activities to celebrate the joy of Judaism.

If you are interested in joining our club and sharing your talents, please fill out a form (in the Lobby) and return it to the front desk. We hope to hear from you by emailing: [chavurah.time@aol.com](mailto:chavurah.time@aol.com). For more information, contact Toni Finer or Dr. Zee Knapp directly. ~ **Dr. Zee Knapp**



## COUNTER CULTURE CINEMA

We have twice-monthly screenings of movies you may not find at your Cineplex: indie films, foreign films, documentaries, etc. Check us out!

Our first September screening, on Sunday, Sept. 14 at 6 pm, is the film *Le Week-End* (UK 2013, 93 minutes). Here is a brief description from IMDB.com: "A British couple returns to Paris many years after their honeymoon there in an attempt to rejuvenate their marriage."

Our second screening on Sunday, Sept. 28 at 6 pm, is the film *The Broken Circle Breakdown* (Belgium 2012, 111 minutes, English). Here is a brief description from IMDB.com: "Elise and Didier fall in love at first sight. She has her own tattoo shop and he plays the banjo in a bluegrass band. They bond over their shared enthusiasm for American music and culture, and dive headfirst into a sweeping romance that plays out on and off stage - but when an unexpected tragedy hits their new family, everything they know and love is tested."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us! The Lodge theatre has very limited seating, so if you're interested in our screenings, come early. We hope to see you there! Coming in October: *Nobody Walks* and *Tim's Vermeer*. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at [michelesrosen@gmail.com](mailto:michelesrosen@gmail.com). ~ **Micki Rosen**

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## HEART & SOUL LINE DANCE

Those of us who are already line dancers know the benefits. It isn't simply getting some exercise. While many may have started out with the intention of just trying a class, many of us have found ourselves addicted to line dancing because we love the music, the confidence that grows from mastering a dance, and the friendships that we have formed. If you have been contemplating joining a line dance class, below are some great reasons. For those of you already line dancing, know that you are doing one of the best activities you can for total body wellness.

The following information is a selection I found in "Dancing for Health/Health Benefits of Dance."

*Dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while also allowing you to engage in a social activity. The amount of benefit you get from dancing and the calories you burn depends on, like most exercises, the type of dancing you're doing, how strenuous*

*it is, the duration and your skill level. Medical researchers have reported that dancing helps to: Reduce stress • Increase energy • Improve strength • Increase muscle tone and coordination • Lower your risk of coronary heart disease • Decrease blood pressure and improve cholesterol levels • Help you manage your weight • Strengthen the bones of your legs and hips • Condition the body • Helps keep the heart in shape • Builds and increases stamina • Develops the circulatory system • Increases flexibility and balance • Keeps you mentally fit • Provides cardiovascular conditioning • Strengthens bones • Helps you develop strong social ties.*

Most important, physical benefits aside, dancing has a way of brightening up a person's day. Can you think of other activities that provide the all of these benefits?

Dance because you can! See you on the floor.

Info., Priscilla Robles, Heart and Soul Line Dance Instructor (951) 922-0755. ~ **Priscilla Robles**

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## BALLROOM DANCE CLUB

Our Fall Fling is on Friday, Sept. 12 at 4:30 pm. It's a whole lot of fun to have good food, good music, and good dancing, so come and enjoy it if you can.

What's your favorite dance? There are many to choose from: Pop, rock, soul, square, line, swing, latin, country western, rhythm and blues, slow, waltz, free style, disco. Whatever floats your boat. But the fact is, the more dances you learn the better you are at your favorite dance. You can express yourself better, take steps from one dance and use them in several other dances, and add more routines.

The purpose of all this is for you to enjoy dancing, whatever your favorite is, and be more at ease trying different dances and styles. Come take a look at what our exceptionally good instructors can do for you. Join us at 6:30 pm every Monday night in the Lodge Ballroom.

Contacts: Puring and Gary Stifter at (951) 922-8333, or at purings@verizon.net. ~ **Willis Fagan**



*Dancing at Sierra Dawn, where couples and singles are welcome.*

---

## LINE DANCING

Do you find yourself listening to music and tapping your fingers or foot to the beat? If so, you do have rhythm and can learn to dance. All you need is help learning the steps.

To learn the steps you need to make an effort to come to a dance class and take that big first step... showing up! The rest you will learn one step at a time. Each dance builds on the last and each dance becomes easier. I also have helping "angels" that will take the time to show you each step again one on one

if I cannot.

Dancing is so good for the mind because you have to really concentrate to learn the new steps. Dancing is so good for the body because you are exercising. Dancing is so good for you mentally because it is social.

Come on, try something new, join us this next Tuesday. Class is every Tuesday in the Ballroom; beginner's 3 to 3:45 pm and advanced 3:45 to 4:30 pm. ~ **Martha Franck**



# CREATIVE DRAWING & SKETCHING CLASS

Open Letter, written by Artist of the Month

"I put a pencil in my hand; never had I drawn before. There I was, 66 years old and feeling like a fish out of water. 'What am I doing here?' I thought to myself. I looked at the drawings of others, how beautiful their work was, knowing I couldn't draw a straight line, even with a ruler. True! I had my work cut out for me. I think I drove the teacher, Rob Kelman, crazy. I saw things only one way and he worked with me. He kindly explained things over and over to me until I saw things the correct way. A light bulb would go off in my head and he could see that I got it. The only problem was I would forget it (LOL), so I continued going to the Drawing and Sketching class to draw, learn and be with a group of great people, both men and women. I wish we could extend the class to three hours, as the time goes by so fast.

Thank you, Rob, for your patience. Not only do I have a long road ahead of me, so do you. I never intend to leave your class.

To those reading this letter, I will leave you with the words I have been taught: if you can't see it, you can't draw it. Come give it a try. I bet you will enjoy it as much as I do." ~ Marge Morris

Classes are Mondays, 10 am-12 noon and/or Wednesdays, 6 to 8 pm. Come start or continue your journey with us! ~ **Rob Kelman**



**Work by the Artist of the Month**  
**Marge Morris**

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# AFRICAN AMERICAN CULTURE CLUB

We are frantically working on the "Christmas Gala." It will be a spectacular event on Dec. 13. Our Ballroom will be transformed into a Christmas wonderland. We will feature a live Jazz Combo that has a unique sound and can sing and play all styles of music to listen and dance too. The caterer is amazing... You will think you are dining at a five star restaurant. The dress code is "after Five," so bring out that special cocktail dress, long or short. Men put on that tux or suit you have been saving for that special day... that day has come. This will be the event of the year.

Tickets will go on sale Sept. 2. If you have a party of eight you can reserve your group a table. All front row tables will be assigned on a "first come first serve" basis. The tickets are \$50 per person. Make this your Christmas gift to yourself. You will be treated as royalty, as you well deserve.

We are encouraging all residence of Four Seasons Beaumont to attend. Tickets can be purchased from Roxie Elliott at (951) 769-2517, Wanda Valentine at (951) 845-0018, or Cookie Bonner at (951) 769-7679. ~ **Roxie Elliott**

## "BELIEVE:" WOMEN'S BIBLE STUDY



In August, we continued our study of *1 Corinthians: 13* (the importance of and what constitutes biblical love in our lives). We studied what the Bible tells us about patience, kindness, envy, boasting, pride, rudeness, etc. In the course of the study, we learned and shared instances of the struggles we encounter in our daily lives internally and interacting with others. Since Christ is our prime example of how to live a Godly life, there were many instances cited in the Bible

wherein He talks directly about each of these subjects. As a non-denominational group, it has also been intriguing to share different versions of the Bible as we study these passages.

If you are interested in studying the Bible with an amazing group of beautiful women, please consider joining us every Friday morning from 10:30 to 11:30 am in the first section of the Ballroom. Hope to see you there! ~ **Eileen Gilbert-Antoine**



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## PERFORMING ARTS CLUB

REQUEST #1: First, I would like to ask everyone reading this article to please stop what they're doing... go find your 2014 Activity Calender and a pen or pencil and then come back. Good! You're back. Now go to Friday, Sept. 27, 6 pm, and write down that you're going to attend the Laugh-Out-Loud Show, in the Lodge Ballroom. You can eat dinner beforehand, bring your own, or order from the Bistro. Bring whatever beverages you please, but absolutely don't forget to take along your "sense of humor!" There are many people working really, really hard to make this a VERY funny show, comprised of several mini-shows and acts, an event you will surely NOT want to miss... trust me.

REQUEST #2: Second, we are still in need of support behind the stage. If you

would like to be part of our group, but not "on the stage," we can use your help. This does not require any prior knowledge of stage work. You will be taught all you need to know. We have positions for sound effects, helping people on/off the stage, with microphones, staging, etc. If you are interested, please contact Sheldon Craig at syouel@earthlink.net or Jane White at jaws4me@verizon.net.

REQUEST #3: HELP! We desperately need additional sound personnel. Unfortunately, our need is becoming more urgent. If you want to continue to be entertained by the Performing Arts Club, as well as other clubs using the Ballroom, it is imperative that we have qualified people running the sound system. If you have any technical experience with regard

to sound, please contact Larry Goodreau at goodsund@yahoo.com. We would also be interested in anyone without experience with a willingness to learn.

Thank you to everyone who signed up to audition for the upcoming Radio Shows in October. It was so nice to see so many names of people not already affiliated with PAC, wanting to get involved. I hope this trend continues with future shows. We are anxious to have our new and existing residents show interest in performing alongside our Club members. We really do appreciate your support.

Questions? Contact me at terimk@verizon.net. ~ **Teri Meyers-Kelman**

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## AMPHITHEATER GROUP

September is upon us and that means it's time for The Amphitheater Grand Finale on Sunday, Sept. 21. The Grand Finale begins at 6:30 pm. We are so pleased to welcome back Tony Suraci who will close the Amphitheater this year.

Tony was our amphitheater opening performer in May, 2013. Those of you who were fortunate enough to attend may recall he was a little late getting here. Finding out his daughter Sophia had just made her entrance into the world was all we needed to endear him to us and grant total forgiveness.

Singing solo with his accomplished vocals and unique showmanship, Four Seasons residents would not let him leave the stage until almost 9 pm, when Cindy said we had to close up for the night with the promise that Tony would return.

Fulfilling that promise, he is bringing along a few of his regular band members to perform highlights from "The Highway Man" Show, which features the songs of Johnny Cash, Willie Nelson, Kris Kristofferson, and Waylon Jennings. Over the last year Tony's band has performed several times in Las Vegas as well as other concerts throughout the U.S.

And ladies, don't forget, Tony is easy on the eyes and was dubbed "eye candy" by our dear Activities Director, Cindy Graves. So save the date and then grab your chairs, blankets, beverages and food, and come on down to the Amphitheater because we always save the BEST for LAST! See you then. ~ **Penny McDonell**



*Tony Suraci*



## WRITERS' CLUB

The summer break is ending and a new year of activities will begin for us on Tuesday, Sept. 3, at 1:30 pm, in the Lodge Ballroom, Section 3. All club members are encouraged to attend and all others are invited as welcome guests.

This club was created to assist writers in their efforts and get non-writers started in a new venture that may bring them joy and satisfaction. In the past year, 15 members made one or more presentations of a sample of their writings in 13 different genres that covered almost the full spectrum of literature and also aimed at the full range of purposes. These presentations were made, not only to inform the members, but also to benefit from their friendly critique and suggestions.

During the coming year, the agenda will include new presentations of samples of writings and more follow-ups of writings already introduced. Progress and success are our ultimate goals. Be part of it all and enjoy! Remember Sept. 3 as a new beginning. ~ *Joseph Laurin*

## SEASONED SOLOS

In August, we took advantage of the many outdoor concerts in the area. We went to wonderful performances at the Calimesa Country Club, Redlands Bowl, and in Banning. Beautiful evening weather made them even more enjoyable. In addition to the great music, we went to Polly's Pies in Hemet for lunch followed by shopping and went to the play "Underpants" at the Redlands Outdoor Theater.

Those interested in this group are invited to call Monica at (951) 922-8805 or Mary at (951) 769-5444 for information or come to our planning meeting which is held in the Craft Room each month on the first Friday at 6 pm. ~ *Mary Castle*

## CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in the Conference Room. There we discuss current music performances. Most of the time is devoted to exploring a selection for the month. We welcome new members. Contact Steve Benoff at [steve.benoff@verizon.net](mailto:steve.benoff@verizon.net) or (310) 413-4896. ~ *Steve Benoff*

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## DISCOVERY CLUB

Travel in the past was anything but easy, safe or quick. Along the way goods were destroyed, and people were injured, got sick and sometimes died. Here's an actual account of John Widney and his wife and children who went from Central Pennsylvania to Elkhart, Indiana, in the early 1800s.

They traveled by canal to the Alleghany Mountains, then over the mountains by steam (railroad), then by canal again to Pittsburgh (280 miles). Then it was down the Ohio River by steamboat to Cincinnati (500 miles) and by canal to Dayton, Ohio (70 miles).

From Dayton they traveled by wagons through a terrible place called the Great Black Swamp to Fort Wayne, Indiana (150 miles), and finally by horseback on the Indiana Trail and along the St. Joseph River to Elkhart, Indiana (80 miles).

It was an arduous trip of about 1,200 miles. If all went well, it could take about 50 days. If there were problems, and there

always were, it could take about 100 days. For us it's 550 miles and about 10 hours in the comfort of our car. But the Widney's trip was typical of that time, and required strong determination and much preparation and courage.

When researching family history, keep in mind what it took to travel and move from place to place. And remember that some people left one place and never arrived at another, having died and been buried somewhere along the way.

Info., Willis Fagan, Club Captain (951) 769-4482, wefbev@verizon.net. ~ **Willis Fagan**



*Typical travel by ox-drawn wagons in the 1800s*

## ALL SEASONS RV

We are a group Four Seasons residents who participate in RV trips. In the past we have traveled to many fun and interesting places. If you would like further information on future trips, you can contact Ann Williams at awilymz@att.net to be added to the email list. You can also attend one of our meetings the second Tuesday of the month in the Ballroom at 6 pm. Due to our camp out to Pismo Beach and Buellton, our next meeting will be Sept. 16. ~ **Rick Brower**

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## FOUR SEASONS SINGERS

Why join the Four Seasons Singers? You will release endorphins that make you feel energized and uplifted and help with pain management. Singing will give your lungs a workout that will tone your abdominal and intercostal muscles and diaphragm, stimulating your circulation. You will breathe more deeply, so you will take in more oxygen, improve aerobic capacity and experience a release of muscle tension. It also helps to clear your sinuses and respiratory tubes. Singing can help improve obstructive sleep apnea and it also helps strengthen the immune system. Singing expands your chest so back and shoulders straighten which improves your posture. Singing tones your facial and stomach muscles (saving you the cost of a face lift or tummy tuck). Besides all that, we are a fun and accepting group of people!

Beginning on Monday, Sept. 8, we will meet on Monday afternoons, from 3 to 5 pm in the Ballroom. We are rehearsing for the Holiday Show and it is a perfect time to join us. For further information, call Barbara Wasco (951) 797-3466 or email at bawasco@dc.rr.com. ~

**Barbara Wasco**



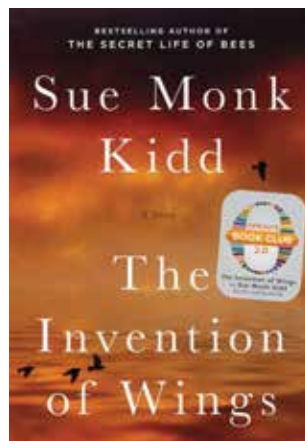
## RAINBOW GROUP

We're planning informal social evenings in the fall. We hope this will allow as many of our LGBT neighbors and friends, and their friends, to get together with us. We're combining a social evening with Smitty's dinner around 6 pm, and you can enjoy your own beverages. Keep an eye on the *Breeze* for more information. If you have ideas, please e-mail or call us. If you have any suggestions or questions, please call/email Dale at (951) 797-0364 or dbeckes@dc.rr.com; or Barbara at (951) 845-6246; email Barbara at bamerton@alumni.ucla.edu. You may also sign up on the interest group clipboard at the Lodge. ~ **Barbara Kwiatkowska**

## BOOK CLUB

From Amazon.com: "Hetty 'Handful' Grimké, an urban slave in early-nineteenth-century Charleston, yearns for life beyond the suffocating walls that enclose her within the wealthy Grimké household. The family's daughter Sarah, possessed of a ravenous intellect and mutinous ideas, has known from an early age she is meant to do something large in the world, but she, too, is hemmed in by the limits imposed on women."

"Sue Monk Kidd's sweeping new novel is set in motion on Sarah's eleventh birthday in 1803, when she is given ownership of ten-year-old Handful, who is to be her handmaid. The *Invention of Wings* follows their remarkable journeys over the next thirty-five years as both strive for lives of their own, dramatically shaping each other's destinies and forming a complex relationship marked by guilt,



defiance, estrangement, and the uneasy ways of love.

"As the stories build to a riveting climax, Handful will endure loss and sorrow, finding courage and a sense of self in the process. Sarah will experience crushed hopes, betrayal, unrequited love, and ostracism before leaving Charleston to find her place alongside her fearless younger sister, Angelina, as one of the early pioneers in the abolition and women's rights movements."

Please join us on Sept. 9 at 9:30 am for a discussion of *The Invention of Wings* by Sue Monk Kidd, the celebrated author of *The Secret Life of Bees*. Our discussion will be led by Mary Lou Keating. For more information about the Book Club, please call Doreen Sanders at (951) 769-1913. ~ **Mary Lou Keating**

## BEREAVEMENT GROUP

We concluded another amazingly healing 12 weeks at the end of August. We will resume Sept. 22, after a four week break. Please come join us if you have experienced a loss in your life that is causing pain. We will welcome you and support you as you take your journey through grief.

We meet at 1 pm on Mondays in the Arts and Crafts Room at the Lodge. Please feel free to contact me at (951) 922-0934 or at lauriemlarson425@gmail.com. All contact is confidential. ~ **Laurie Larson**

## TOPS

If you want to lose weight or just would like to live a healthier lifestyle, TOPS (Take off Pounds Sensibly) is a great group to help motivate you and cheer you on along on your way to your goal.

TOPS is very affordable (\$28 per year membership and \$3 per month chapter dues). If you would like to give it a try we meet in the Ballroom on Tuesday mornings with weigh-in from 8 to 8:30. The meeting starts at 8:30 to 9:30 am. For more info., call Cathy Calhoun, Four Seasons resident and leader, at (951) 849-2614 or Rosalee Strong, Area Captain, at (951) 845-9313. ~ **Cheryl Burke**



# BEAUMONT BLOOMS

It is Christmas in July at Four Seasons. Like a string of holiday lights feathery crimson and tangerine blossoms encircle our Lodge planter like a fairy ring. These tapered spires are Celosia, a Greek word meaning “burning” like a candle flame. There are about 60 species of Celosia, some have tall spiky flowers, some dense feathery plumes, and even others have bizarre coral-like blooms in vibrant colors. Foliage of most types is green, some are burgundy or bronze. Celosia is also known as feathery amaranth and is native to the tropics. Plants are drought tolerant; require little fertilizer but lots of sun. Tall varieties may need to be staked in windy sites (Beaumont).

Some of the most popular varieties are crested, spiked and plumed. Crested Celosia is often called cock’s comb and is unique as their crested flowers look like tight coils of a cockerel or rooster’s comb. A few varieties of crested Celosias are ‘Jewelbox,’ ‘Chief,’ and ‘Sparkler’ species, that come in a large range of colors. For most species, you can find crested Celosia in red, yellow, orange, white, pink, and purple. The plumed variety produces silky clusters of brightly colored flowers that sit on top of 24-inch stalks. Cristata species commonly referred to as ‘flamingo feathers,’ produce flowers that range between pink and purple. Spiky Celosia is the final category. It is similar to the plumed variety with stiffer flowers that form a large pointed mass. A Kimono variety is sold locally and grows to 5 to 6” in height. The spiky Celosias typically don’t grow as tall as the other varieties with a modest 12 to 16 inch height average. This variety comes in yellow, red, dark red, pink, purple, and blue.

The plant is an annual. Seed production in these species can be very high, 200–700 kilograms per hectare. One ounce of seed may contain up to 43,000 seeds. One thousand seeds can weigh 1.0-1.2 grams. Depending upon the location and fertility of the soil, blossoms can last 8–10 weeks. It grows widespread across Mexico, where it is known as “velvet flower,” northern South America, tropical Africa, the West Indies,

South, East and Southeast Asia where it is grown as a native or naturalized wildflower, and is cultivated as a nutritious leafy green vegetable. It is traditional fare in the countries of Central and West Africa, and is one of the leading leafy green vegetables in Nigeria, where it is known as ‘soko yokoto’, meaning “make husbands fat and happy.” In Spain it is known as “Rooster comb” because of its appearance.

Leaves, young stems and young inflorescences are used for stew, as they soften readily in cooking. Leaves also have a soft texture and a mild spinach-like taste. Celosia is used as a treatment for intestinal worms (particularly tapeworm), blood diseases, mouth sores, and eye problems. Seeds treat chest complaints and flowers treat diarrhea. Leaves are used as dressings for boils and sores. ~ **Leonard Tavernetti**



Top left: A bowl of feathery Celosia  
Top right: A crested Celosia called “Taco Bell”  
Bottom: Celosia Fairy Ring at Lodge entrance



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## RACQUET CLUB

By the *Breeze* deadline, the Racquet Club had more activities pending and being planned than completed. The results of the Mixed Doubles Tournament were not final yet, and the committee was still planning for the Labor Day weekend Play Day and other activities, such as watching the U.S. Open matches and eating. Planned for Aug. 30 was an end-of-summer Play Day, to be followed by a barbecue luncheon catered again by Dickey's. Whatever else, we will be sure to eat.

Also in the planning stages is a mixed doubles competition ladder. The existing partners will have the opportunity to "challenge up" the ladder. New partnerships can be arranged, and they will also get to play their way to the top, and then try to stay there. When the plan is ready for sign ups, it will be

rolled out to the club members.

Continuing activities include the social (play nice) mixed doubles on the second and third Thursdays of the month and the monthly Play Day on the last Saturday of the month. The Play Days are open to all residents, irrespective of tennis expertise. That's why I'm allowed on the court. Club members can contact Barbara Miller, if they want to participate in the mixed doubles play.

We welcome two new members: Diana Ali and Julie Stayner. The FSBRC is an active club and members get a lot for their \$20 annual dues, often including hosted luncheons. I did mention that we like to eat. Join us. Check out the website at [www.fsbrc.org](http://www.fsbrc.org). ~ **Steven Hovey**

## PING PONG CLUB

Ping pong isn't just all about hitting that little ball back and forth over the net. It's also about developing friendships and having a good time together, even in things outside of ping pong. July 18 was a perfect example of this latter part of our club. In one of the best potlucks ever held in our Ballroom, our players and their spouses joined together with members of the Paddle Tennis Club and the Pickle Ball Club for a great evening of food, fellowship, and entertainment. As part of the fun, a committee was organized to judge the homemade dishes that were brought to the potluck. With approximately 100 people in attendance, you can imagine that the competition for a "best dish" was intense. But when the votes were counted and the announcement made, our own Rony Tordesillas won the honors and the prize for best main dish. It seems like his Filipino dish known as "chicken adobo, Rony style" is just as tough to beat as the wicked serve and return slam he dishes out to all of us in the ping pong room. Congratulations, Rony. You did all of us proud.

You don't have to be a master chef like Rony to come out and join us for a lot of fun and good exercise in the ping pong room. Regardless of your ping pong experience, we welcome everyone to join us Monday through Friday at 10:30 am and Saturday at 11 am. Who knows, if you come join us, after Rony gives you his wicked serve and return smash, he might even give you his secret, winning recipe.

Call Niles Sundstrom at (951) 572-5119 or Alan Chan at (951) 769-4202 for more information. ~ **Niles Sundstrom**



*Top: Ping pong attendees at the potluck included Don Fant, Niles Sundstrom, Alan Chan (the master mind behind our potluck) and Bill Black, who as you might guess, also won the grand prize for the best dressed.*

*Bottom left: Bill and Barbara Black, winners of the "Most Unique Outfits" during the 3-P Potluck.*

*Bottom right: If there is anything better than Rony's chicken adobo, it is his lovely wife Eva.*





*Pickleball friends enjoying off court time at our fantastic pot luck party with the paddle tennis and ping pong players*

## PICKLEBALL

Pickleball is an extremely social, fun, and competitive sport. It lures you in and you can't get enough of it!

All across the nation, many competitive former tennis players have caught the pickleball bug. If you are interested in knowing more about this sport, and are too busy or shy to come check us out on the courts, please watch it on YouTube. There are thousands of pickleball videos to enjoy. If you like to travel, there are players from all over the world looking for other players to meet, socialize with, and start up a game.

Here are some tips from Fitness guru Barbara Wintroub... Hot weather is upon us and water is just not enough. She recommends vegetable juice mixed with water and ice. The juice drink has plenty of salt and potassium — and other ingredients you can pronounce. Gatorade and others like it have way too much sugar in each bottle and the sugar free has many additives that are not needed. Also, make sure you eat something before you play. If you don't eat, your stomach turns off so blood can oxygenate your arms, legs, and your lungs. You don't digest the water you are drinking, so you are getting dehydrated while drinking water. Good tips for these hot days and evenings.

So everyone... Think like a pickleball athlete. Treat yourself like one: be smart and stay cool. Play hard, play safe and have fun! Happy pickling! Tues./Thurs./Sat. at 8 am. Marty Key (562) 331-0817 keeksmail@yahoo.com. ~ **Marty Key**

## PADDLE TENNIS

Four Seasons Beaumont 3P Potluck: On July 18, the first annual 3P Potluck (Paddle Tennis, Pickle Ball, Ping Pong) was held in the Four Seasons Lodge Ballroom. It was an outstanding success as almost 100 players and guests attended. There was an absolute smörgåsbord of appetizers, entrees and desserts, most of them home-cooked. The event was emceed by Richard Carrasco and included awards presented by judges Delia Fant, Padoo Peralta, Carmen Gardner and Diana Ali for Best Appetizer, Best Entrée and Best Dessert, and judges Maureen Flower, Cindy Graves and Josephine Chan for Best Dressed. Ivy Pang gave a beautiful Tai Chi demonstration. Rob Gardner hosted the guessing games. Marty Kees hosted the Bubble Blowing game. Marilyn Sarchett hosted Hula Hoops. Richard hosted Charades. Thanks also to: Mike Flower (photography and table setup), Paco Paez (sound system and table setup), Niles Sundstrom (brought ice), Shau Carrasco (in charge of ice tea), Nancy Barnaby and Beverly Jack (reception) and Cindy Graves (for all the stuff she does to help make FSB events successful).

Ladder Challenge — Michael Rothberg Challenges Terry Miller: On July 27, the ladder challenge between Michael Rothberg (fourth position) and Terry Miller (third position) began at 9 am. It was in the mid-90s and the humidity was close to 50 percent. There was a large Paddle Tennis crowd to watch what turned out to be a very exciting contest. Michael won the first set 6 to 3 and Terry won the second set 6 to 5. By the end of the second set both players were exhausted and looking to see if anyone brought a gurney. They both decided to call it a draw and do a rematch in September.

Ladder Challenge — Scott Martin Challenges Raul Bautista: On Aug. 3, there was a ladder challenge between two of our newest players and it takes a lot of courage to play their very first challenge especially with a large crowd watching. Scott was the winner (6 to 0). Congratulations guys.

Paddle Tennis Court Times: Wednesdays 7 to 9 pm; Fridays 8:30 to 10:30 am and 6 to 9 pm; Sundays 8:30 to 10:30 am and 6 to 9 pm. For more information contact Alan Chan at (951) 769 4202 or Jim Cochran at (951) 769 5525. We have loaner paddles for those who'd like to try. ~ **Michael Rothberg**



*Clockwise from top: Scott Martin and Raul Bautista  
Ivy Pang's Tai Chi Performance  
Terry Miller and Michael Rothberg*

## THE 8-BALL CLUB

This past month we celebrated our wonderful pocket billiards club by hosting our summer bi-annual barbecue and pot luck. We invited our special friends from Solera Hemet to join us for a good day of friendship, good food and lots of laughs.

We met for our regular 8-Ball in-house tournament where Rick Loney and Kenny Payne clashed in the final match. Rick Loney secured the win against Kenny who is always a challenge to defeat.

Dewey Allen was on his game the day of the 9-Ball tournament and eventually came out victorious versus Ray Windhorn of recent fame. Dewey was undefeated on the day, congratulations Dewey!

These tournaments are fun and exciting to play in and watch, you never know how well you will do until you try. Even those who have never won a championship have a great time and a few laughs along the way. Tournaments aren't required but eventually you will probably want to participate because competition is good for the game. It's all in good fun and winning gives you bragging rights and your name on the Champions' Plaque in the Billiards Room.

We practice together at 7 pm on first and third Mondays, Wednesdays and Fridays. Monthly 8-Ball Club Meetings are on the first Wednesday of the month at 7 pm. The In-house 8-Ball tournament is on the second Wednesday at 7 pm. In-

house 9-Ball tournament is now on the fourth Wednesday of the month at 7 pm.

Our "traveling tournaments" are the 2nd and 4th Monday of the month. The 2nd Monday, we travel to Hemet Solera and the 4th Monday Solera Hemet comes here. Check the message board in the Billiards Room for any changes of dates or locations.

Club Officers: Club Captain, Del Lyles, Sr. (951) 845-5114; Co-Captain, Roland Harrah, (951) 267-3793 rolandthanh@msn.com; Thanh Harrah, Captain's Assistant, (951) 267-3793 rolandthanh@msn.com. ~ **Roland Harrah**



*Kenny Payne and Rick Loney*



*Ray Windhorn and Dewey Allen*



*Left: Volunteer cooks:  
Ray Windhorn, Dennis  
Cleveland and Gary  
Christie*

*Below: The whole gang*



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## HORSESHOES FOR FUN

Well, another month has come and gone along with the special Fourth of July competitions and social events. Because of the heat of August and September, we have changed our hours of play to 8 am on Wednesdays until approximately 9:15 am depending on play. Our monthly social for August consisted of dinner at The Bistro followed by wonderful desserts at Dee Kelch's beautiful home. Great fun was had by all members and their spouses. Plans are being formulated for a summer

barbecue the month of September which will replace our normal social event. We now have 13 active members and are glad to have new folks come and join us. So don't hide that talent under a bushel, come and enjoy all the fun with us. Any questions, please contact Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 910-9100, goldtoy@earthlink.net. ~ **Ron Erickson**



## BILLIARDS FOR FUN

Wow! The members of the Billiards for Fun Group are sure stepping up their games! Now that we have met our two-year anniversary, it's been interesting to see how many members who began with us, and some that have joined over the two-year period, are improving their strategies and shooting precision at a very rapid pace! (Actually, they probably haven't even noticed this fact, since they are usually so busy simply laughing and having a great time!)

On June 10, Pete and Eileen Antoine hosted our bi-monthly potluck. This event is usually attended by most of the members, and since their spouses are also invited, the spouses stay to watch the play afterward as well. There's always amazing food, and even though no food assignments are ever given, the members always seem to bring something to share that balances out the fare.

If you are interested in being part of a really fun group of men and women who play billiards for fun and friendship, please consider joining us every Tuesday from 1 to 3 pm in the Billiards Room. If that doesn't work for you, there is a practice session on Saturdays from 10:30 am to 12:30 pm with many of the same members of the group who want to fine-tune their already exceptional skills! C'mon out and join this great group! ~ *Eileen Gilbert-Antoine*

*Below: Members enjoy the bi-monthly potluck*



*Left: Members play as spouses look on following potluck*



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*Above left: White cliffs above the trail. Left: Ruth Tavernetti and Paty Bushnell and clouds building over the desert. Above: (l-r) Denise Featherstone, Gracy Germany, Geoff and Susan Wilson, Ruth Tavernetti, Dick Bentley, Lynette Simonson, Jim Fillman, Paty Bushnell, Len Tavernetti, and Christine at the end of the hike.*

## HEARTY HIKERS

July hiking is expected to be a warm weather adventure in the Pass Area and this year was no exception. The Hearty Hikers took to foot on a well maintained dirt road in the San Jacinto Mountains at the 5,000 feet elevation. A short drive off the road to Idyllwild was a make-shift parking lot where hikers dismounted, checked their gear and shook off the aches of aging muscles. To our north were magnificent views of the Pass floor and Morongo's tower. To our south were steep forested bluffs with white cliffs peeking out. Pine, oak, and manzanita trees straddled the road and fallen pine cones (widow makers) dotted the seldom driven road. As the day warmed, water was

transferred from bottles to thirsty hikers giving the impression of lightening our loads. We did observe traces of a seasonal watercourse that might spill over rocks and logs during spring rains, but the only blooming vegetation we witnessed was an occasional columbine. The hike was good exercise and it is always good to escape from Potrero and Highland Springs for a few hours and see foreign sites.

To find out where else we are hiking in 2014 call or email Lynette at (951) 377-0392 or [lynette.simonson@gmail.com](mailto:lynette.simonson@gmail.com). ~  
**Leonard Tavernetti**



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## MOTORCYCLE CLUB

Wow. It's hard to believe that fall is approaching. For our club, that means that we will shift our weekly rides from the mountains to the deserts. What a wonderful place to live for motorcyclists!

As the summer winds down we are planning our annual "End of Season" family dinner party in Palm Springs for October, and we are also starting to plan for next year's extended trips. Planning is part of the fun.

We have two new bikes in our club. Both of them are the three-wheel variety. You might notice a new bright yellow Can Am, recently purchased by Ron Morgan, cruising around the community. His riding buddies refer to it as the "Bumble Bee" and Ron seems to accept the name in good humor. Another three-wheeled ride is a Harley Trike owned by new resident and member Charles Price. If you see these two cruising around the neighborhood, give them a wave.

Our club meetings are normally held on the first Wednesday of the month at 6 pm in the Ballroom. Due to so many members being away on trips we will not have a meeting in September. Also, we will not conduct a meeting in December due to the busy holiday season. If you are interested in motorcycles, come join us for our next meeting on Oct. 1. ~ **Howard Lyon**



Ron's new ride.



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## BOCCE BALL

We finally had our tournament awards potluck in August. There were approximately 30 of us, and the food was fantastic. Our next tournament will be held in October. Hopefully the weather will be cooler. Because of the heat we have switched to summer hours. We currently play Tuesdays at 8:30 am and Wednesdays at 6:30 pm. If you have questions please contact Bob Cooper at (951) 769-6352 or Mike Saperstein at (951) 769-7909. ~ **Bob Cooper**



## 4X4 SEASONS

Our monthly trip is always the third Thursday of every month. We meet in the north parking lot of the Lodge at 8 am. In July we went off-roading in the San Bernardino County Forest. From Hemet, we exited Route 74 at the fire station on Thomas Mountain Road. We climbed to an elevation of 6,568 feet. The trail is narrow and follows the backbone of the mountain. We exited the trail at Lake Hemet. It was approximately a 35 mile trip. During the trip we saw the remnants of two cattle ranching operations. We concluded our day with lunch at the Red Kettle in Idyllwild. Anyone who has a four-wheel drive vehicle is welcome. Most of the trips are on state service trails designated as four-wheel drive. We do not do extreme off-roading. If you do not own a four-wheel drive vehicle, you are more than welcome to ride along. Call Bob Cooper to make arrangements, or with club questions, at (951) 769-6352. ~ **Bob Cooper**

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- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels
- Send jpeg format photos to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com)

If you have any questions, please call Courtney Taylor at (909) 797-3647.

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The Communications Committee respectfully requests that all clubs and groups submit their article ***no later than 12 noon on the 9th of each month***. Please limit articles to 400 words. E-mail .doc or .rtf files to [fourseasonsnews@yahoo.com](mailto:fourseasonsnews@yahoo.com). Please include committee, club or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs must be clear, in focus and submitted as high-resolution jpegs. Photos and articles will be printed at the committee's discretion.

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## COVER PHOTO

*Beautiful butterfly.*

*Photo by Jim Peterson, Four Seasons Homeowner*

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