



Four Seasons

BREEZE

Magazine

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CHECK OUT THE FOURTH OF JULY BASH | 8-9

Table of contents

CONTACT INFORMATION	4
COMMUNITY NEWS	5-29
MANAGER'S REPORT.....	5
SPECIAL ELECTION.....	7
FOURTH OF JULY BASH	8-9
FROM THE BOARD	11
CHEF'S CORNER.....	12
DID YOU KNOW?	13
FOUR SEASONS PUZZLE.....	15
ACTIVITIES DIRECTOR CORNER.....	16
COMMITTEES	20-22
SMITTY'S BISTRO	24
FOUR SEASONS SALON	25
INTEREST GROUP	26
NEIGHBORHOOD WATCH	29
CALENDAR OF EVENTS	30-31
CLUBS & OUTDOOR ACTIVITIES	32-52
INFORMATION ABOUT THE BREEZE.....	54
PUZZLE SOLUTION.....	55

In the Breeze



FAREWELL TO
BOARD SECRETARY
JEAN SANDOVAL | 7



WHISKEY SOUR DAY | 13

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Vice-President Claudeen Diaz

Secretary

Directors: Kevin Metcalfe, R.J. Hernandez

The Board of Directors for the K. Hovnanian's Four Seasons at
Beaumont Community Association meets on the second Thursday
of each month in the Lodge Ballroom. The Executive Session is at 9
am and the General Session is at 1 pm.

Breaking News - Daily Report Update

Have you signed up for your Four Seasons Daily Email Report?

The Daily Report is a Monday-Friday early morning update on
what's happening in our Four Seasons community. It's emailed to
all residents and homeowners who sign up on the Four Seasons at
Beaumont websites home page at:

<http://www.fourseasonsatbeaumont.com/default.php>

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For more information about Four Seasons in Beaumont, please visit
fourseasonsatbeaumont.com. You will find Association Financials,
Board Meeting Minutes, Activity Calendar, Community Guidelines
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MANAGER'S REPORT

By Jeri Mupo, General Manager

SUMMIT HOURS: We had a number of homeowners request the Summit be opened earlier. The Finance Committee recommended the Board of Directors accommodate these requests. At the July 14 Board meeting, the Board agreed to open the Summit at 7 am to 9 pm daily in August and September.

POOL USE: Part of living in Four Seasons at Beaumont is the use of the wonderful amenities. This year we are happy to see that the Lodge pool is being used by our residents and their guests. However, with the increased usage also comes some challenges. I would like to remind our residents of a few of the following pool and spa pool rules:

- Residents must sign in their guests at the desk prior to using the facilities.
- The hours for guests under the age of 18 is 1 to 4 pm daily. You may not enter the pool area until 1 pm and must exit the area by 4 pm.
- Residents are responsible for their guests at all times. This includes supervising their guests under the age of 18 while using the facilities. We have had complaints that there has been some horseplay in the restrooms when the resident is not present.

- Incontinent individuals are prohibited from using the pool and spa pool.
- Adults only may use the spa pool.

Please be a courteous neighbor and follow the pool rules. We want everyone to have an enjoyable time at the pool this summer.

INTERIOR RENOVATION COMMITTEE: The Board of Directors dissolved the Interior Renovation Committee. It was determined that further review of required improvements will be completed after Recreation Center 3 is opened and additional homeowners move into the community.

Thank you to the committee members for their hard work.

DOLLARS & CENTS: At the July 14 Board of Directors meeting, the Board approved the following expenses:

- Installation of bollards and gravel at the Edison Easement entrances: \$3,925
- Roundabout pots annual color installation: \$1,241
- Ballroom Up Flow Furnace replacement in section 3: \$4,560
- Automatic door installation at Lodge exit door: \$3,217
- Audio equipment: \$1,725
- Community mailbox repairs: \$2,720

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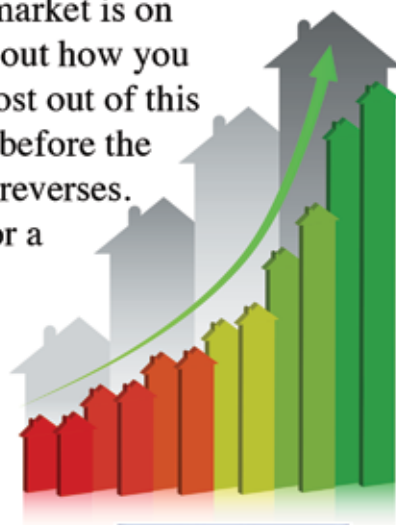
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HOA ELECTION WINNERS TO BE ANNOUNCED AUG. 3

The votes to fill two seats on the HOA Board will be counted Tuesday, Aug. 2 and results announced the following day at a special community meeting.

Five residents filed to run for the positions. They are Jeanne Glanville, Dennis Gray, Jerry Monahan, John Noonan and Fred Weck. There are two votes per household and the top two vote-getters will be elected.

A third position came open after the election process was started with the untimely death of Board Secretary Jean Sandoval (see story below) and the Board decided to appoint the third-highest vote getter to fill that vacancy.

The first two openings were created by a provision in the CC&Rs that reduced the number of seats filled by the builder, K. Hovnanian Homes. For 10 years after the first Four Seasons home was sold, the builder appointed four members of the seven-member Board; now that number is reduced to two.

The new members will join President Len Tavernetti and Vice-

President Claudeen Diaz and give homeowners a majority on the Board for the first time. The builder will retain its two seats until build-out.

The election outcome may not be known until the special meeting, because of the District Delegate system required by the CC&Rs. The delegates act much like members of the Electoral College in U.S. presidential elections, with an important difference. Unless a majority of the households in a district vote, its ballots are not opened and that district's delegate casts all the district's vote as he or she sees fit. It is quite possible a single delegate can decide a close election unless all districts reach quorum.

In districts that reach quorum, the ballots are counted and the delegate is required to cast the district's entire voting power in the same ratio as those in the count.

Ballots were mailed in late June and could be returned by mail or hand carried to the management office. They had to be in the hands of the inspectors by Aug. 2. ~ **Leighton McLaughlin**

FORMER BOARD MEMBER JEAN SANDOVAL IN FATAL CRASH

HOA Board Secretary Jean Sandoval was killed in an auto accident in late July as she drove from a granddaughter's soccer game in Riverside.

As she was turning from Placentia Lane to Main Street, her car was struck broadside by a pickup truck.

Her untimely death created an opening on the HOA Board, which was already in the process of holding a special election to fill two seats vacated by builder K. Hovnanian Homes. The remaining Board members decided to fill her seat by appointing the third highest vote-getter in that special election.

Sandoval was a very active member of the Four Seasons community. In addition to her time on the Board, Sandoval served as chair of the Emergency Preparedness Committee (she developed the Resident's Emergency Handbook), as secretary of the Landscape Committee and a member of the Ad Hoc Rec Center North Committee.

As a Board member she was liaison to the Emergency Preparedness, Ad Hoc Lodge/Spa Building Interior Renovation, Landscape, Safety and Facilities and Rules and Regulations Committees.

She was a retired registered nurse with 31 years' experience in nursing, nursing education and project management with

Kaiser Permanente in California. She held a bachelor's degree in nursing, a master's in nursing education and a certificate as a legal assistant/ legal nurse consultant.

She was elected to the Board in April, 2015, on a platform of improving communication between residents and the Board. She began holding "Meet with Jean" sessions monthly to hear questions and concerns from residents. She responded to them in a column in the *Breeze* called "Communication Zone," which supplied answers from the Board and management staff.

She grew up in Laurel, Montana and originally planned to be a veterinarian, but when it came time for college, she opted to take care of humans rather than animals. She entered the nursing program at Montana State and finished at Long Beach State. She got her master's degree from Cal State Dominguez Hills.

She said she found Four Seasons, "beautiful." Before moving here she looked at other 55-and-up communities, "But none of them were as nice."

While running for the Board she said she hoped to keep Four Seasons the top-of-the-line community it is. "I'm ready to try – we'll find a way," she said. ~ **Leighton McLaughlin**



Board Secretary Jean Sandoval

FOURTH OF JULY CROWNS MANY CHAMPIONS

I don't know if I have ever seen so much red-white and blue in one place as I did on this Fourth of July; community patriotism at its finest! The decorative ambiance alone made your heart swell with American pride, but then when you add to that 400 of our own neighbors be-decked in their various red-white and blue finest, you have a beautiful sea of human people-props just compelling you to sing The National Anthem! Thankfully for the Four Seasons Singers (Directed by Barbara Wasco), we had the perfect opportunity to hear gorgeous patriotic songs, as well as sing along at the end of our Fourth of July show.

John Noonan gets big kudos for helping to organize both the awards ceremony for the club and group in-house competitions, but also for adding patriotic interest by arranging songs in between the award presentations. Each song sung by one of the men in the group "The Herdsmen" (Jerry Mathews, Dave Chorba and John Noonan). They had lovely video graphics behind them that really made the music showpieces. Great job men... Larry Goodreau included, for doing all of the sound as well as the fireworks display! I also want to thank the many resident contributors to our huge and delicious community potluck. There were mounds and mounds of tasty treats and not a thing was missing. Thank you also to those volunteers who came and helped direct people where to put their dishes and helped serve. A special thanks goes to Kathy Barnett who helped me take home and wash all of the dishes that day since the Bistro was closed. It was a successful day at the Lodge and the Summit for our Four Seasons family because it united us, it drew us closer as people and allowed us to play as friends and community members. It was such a precious time to come together in gratitude and celebrate being Americans. ~ *Cindy Graves*



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OBSERVATIONS FROM THE BOARD PRESIDENT

SECURITY IN OUR COMMUNITY *By Len Tavernetti*

We are a gated community. To some homeowners that means we are safe from intruders. To some homeowners that means it is less likely intruders will enter our community. The latter is a more realistic understanding of security. Our five-six-foot-high fences and walls will deter most outsiders from entering the premises; a determined intruder will still be able to breach these barriers. Should we be worried? Absolutely!

As our community has been developed, security has been a shared responsibility with the builder. The builder constructed our fences and walls and we have guarded the gates and have nightly patrols of our streets. Yet, intruders have entered the trails and housing areas and left their marks with spray paint, damage and vandalism. Some of these actions may have been made by homeowners or guests. Certainly the midnight Paul Bunyons who scalped our common area trees to enhance private views appear to not be the work of intruders.

While the costs of repairing and replacing these damages have

been minimal, the unsettling reality is we are not completely safe. Future occurrences could be worse and with over four miles of fencing we need to re-examine our strategy for providing security in our community. We have the Neighborhood Watch, Emergency Preparedness Committee and Safety and Facilities Committee. Each group addresses some aspects of security during emergency and non-emergency times, but none address an overall strategy. That is a Board responsibility.

I will ask the Board to establish a standing Security Committee. This committee would develop a strategy that identifies threats, evaluates the probabilities of occurrence and their impact, and then recommends approaches to minimizing the danger. While all threats should be addressed, the focus will be on external ones. We will then ask the community to balance the cost of prevention with these identified threats. We will never be completely safe inside or outside our community but we will take prudent steps to reduce risks.

The What, Why and Hows of Association Reserves *By Claudeen Diaz, Board Vice-President*

K. Hovnanian began construction in 2005 with the development of the community of Four Seasons 55 and better. When a community of this type becomes a Homeowners Association (HOA), the state of California requires that a Reserve Fund be formed. A bank account is to be established to cover the replacement cost of common area assets. The reserve covers assets that have a useful life of one year or more.

A Reserve Study was finalized, which itemized each asset in the common area. The study covered the smallest items, such as chairs and desks and included replacement of the roof of the Lodge and other buildings; each asset was assigned a useful life and estimated cost of replacement.

When items, such as gazebos, are found to be in need of replacement, the Safety and Facilities Committee requests Management staff to obtain proposals from various vendors. Once the proposals are reviewed by the Safety and Facilities Committee a recommendation is made and passed to the Finance Committee.

The Finance Committee “crosses the t’s and dots the i’s” and assigns a reserve account to the proposal. They then confer with the Safety and Facilities Committee and submit recommendation to the Board of Directors.

Even though there is a useful life assigned to an asset, if this asset isn’t in need of replacement, it isn’t replaced; yet the dollar amount for the asset remains until it is replaced. The new item is then assigned a dollar value and the process goes on.

Why the reserve account? First, the State of California requires a reserve account. Second, it is fiscally responsible. I was a member of a Homeowners Association and no reserve was set up. Therefore, when the roof needed replacement all homeowners were assessed a very large dollar amount, which needed to be received quickly, so replacement could be done.

In this community, our reserves are more than adequate, we are in good shape.

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Chef's Corner

By Randy Balt

Mini Beef Wellingtons

This recipe makes delicious individually-portioned Beef Wellington. While it requires a little extra effort, it is well worth the time and energy. The first time I doubled the recipe and made four portions; cooking two and freezing the others. Recently I thawed and cooked the two remaining frozen portions and enjoyed them immensely, accompanied with red potatoes and a mushroom gravy. I'm highly recommending this recipe. Have fun eating.



INGREDIENTS

- Two 2 ½-to-3-inch-tall pieces beef tenderloin (filet mignon), about ¾ pound
- 1 tablespoon vegetable oil
- 3 tablespoons unsalted butter
- 6 ounces finely-chopped baby bella mushrooms
- 1/3 cup finely-chopped sweet onion
- 1 large clove garlic, minced ½ teaspoon kosher salt, or more to taste
- Freshly-ground pepper, to taste
- ¼ cup dry sherry
- 1 large sprig fresh thyme
- 1 tablespoon chopped fresh parsley
- 1 sheet (1/2 box) puff pastry
- 1 tablespoon Dijon mustard
- Egg wash (1 beaten egg + 1 tablespoon milk)

DIRECTIONS

1. Heat a stainless steel pan or cast iron skillet over medium-high heat. Add the vegetable oil and heat until just starting to smoke.
2. Rub the meat generously with salt and pepper.
3. Once the pan is very hot, sear the two filets very briefly on each side. You don't want to cook the interior of the meat at this point, so it shouldn't be more than a minute or two per side. Remove the filets from the pan and place on a plate in the freezer while you make the filling.
4. Let the pan cool slightly and turn the heat down to medium. Add the mushrooms, onion and garlic to the pan, and sprinkle on salt and pepper. Cook until the mushrooms release all their water and the onion is translucent.
5. Add the sherry and thyme. Cook until the sherry evaporates. Taste for salt and pepper, and season as necessary.
6. Remove from the heat and refrigerate until cold, then stir in the chopped parsley.
7. Roll out one puff pastry piece and cut in half, so you have two rectangular strips of dough.
8. Remove the steaks from the freezer and brush with the Dijon mustard on both sides.
9. Put a quarter of the mushroom mixture in the middle of one piece of the puff pastry. Top with one steak, then add a quarter more of the mushrooms. Repeat with the other steak, puff pastry piece and mushrooms.
10. Fold the long sides of the pastry over the steak, tucking in and tightly sealing all the edges so the juice doesn't escape. Wrapping it all in plastic wrap can help!
11. Preheat the oven to 425° F and line a sheet pan with parchment paper. While the oven preheats, put the wrapped beef in the freezer.
12. Once the oven is hot, remove the beef from the freezer and place on the lined sheet pan. Coat with the egg wash.
13. Bake for 25 minutes, until a thermometer inserted into the middle of the steak reads 135° to 140° F (medium-rare) and the pastry is a deep golden brown.
14. Cut in half so you can see the intersection of steak, pastry and mushrooms, and serve.

Options: You can make this recipe ahead of time by completing it up to step 10, then freezing until ready to bake. I thawed it out overnight, coated the portions with egg wash, and cooked according to the directions. An alternate method is to put it in the oven directly from the freezer without thawing, and cook until the interior temperature of the meat is 135° to 140°, which may take longer than the 25 minutes.

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DID YOU KNOW?

By Micki Rosen



DID YOU KNOW THAT AUGUST 6 IS ROOT BEER FLOAT DAY?

Toward the end of the 19th century, a gentleman named Frank Wisner created the first root beer float. Strangely, this float was nicknamed the “black cow.” To make this fabulous drink, simply add a scoop of vanilla ice cream to a cold glass of root beer and your taste buds will tingle with excitement. Enjoy!



DID YOU KNOW THAT AUGUST 8 IS BOWLING DAY?

Since this event was founded in the USA in 2011, it has been a striking success. Bowling is one of the world’s most popular participation sports, with around 100 million enthusiasts. It appeals to all ages and both sexes, and many people with disabilities are keen bowlers. The sport may date back to ancient Egyptian times, as primitive bowling balls have been found in graves from around 5,000 BC. Much later, Henry VIII was a keen bowler, but banned working men from taking part in case they neglected their duties. Now is the time for you newbies to try it - you may be bowled over by how much fun it is!



DID YOU KNOW THAT AUGUST 15 IS LEMON MERINGUE PIE DAY?

Lemon flavored custards, puddings and pies have been enjoyed since medieval times, but the art of the actual meringue was perfected in the 17th century, and lemon meringue pie is a 19th century product. Who exactly made it first is unknown, but it is certain that the pie originated in Victorian England, where it was sometimes known as Lemon Chester Pudding. In fact, Lemon Chester Pudding is considered to be one of the desserts that introduced many people the world over to British desserts altogether. Today, lemon meringue pie is one of the most popular pies in Great Britain and America. Try its sweet tanginess today!



DID YOU KNOW THAT AUGUST 19 IS PHOTOGRAPHY DAY?

Photography Day is all about celebrating photography. It’s a day to embrace your love of photography, whether you see yourself as an amateur, hobbyist or professional, and whether you use a camera or cell phone to take your pictures. Photography has the ability to tell stories and inspire people, and in this age of digital photography we can share images and memories across the world in seconds. Photography has changed the way we see the world, and gives you the ability to share your perception of the world around you, so why not do it?



DID YOU KNOW THAT AUGUST 25 IS WHISKEY SOUR DAY?

The first mention of a whiskey sour was 1870 in a Wisconsin newspaper. This drink has been a favorite of the world’s manliest men since its inception, even though in recent years it has gained something of a reputation as a “girly drink.” One thing that’s decidedly not girly about this drink is the robustness of whiskey. Whiskey, when kept in an unopened bottle, can see the passing of a century without becoming undrinkable, and once opened is still good for a solid five years. Look up whiskey sour recipes online and give this tasty adult beverage a try!



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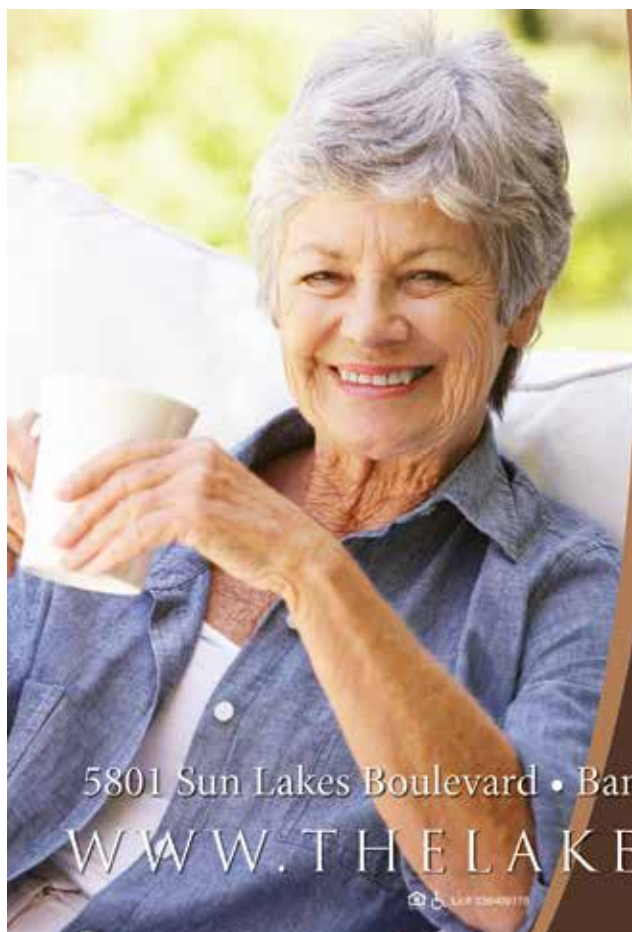
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August Word Search

Find the words in the grid. Words can go horizontally, vertically and diagonally in all eight directions.

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 M D Q V L D W Q W O H S N W O T O M C N T
 H Y H R O L O C R E T A W G N I M M I W S
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Puzzle created by Patty Jordan. Solution on page 55.

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Activities Director Corner

By Cindy Graves, Activities Director

August concludes our summer session of great entertainment. Here are a few of the highlights you won't want to miss:

"The Four Seasons visits Motown" show, put on by our own residents in the Ballroom on Friday night, Aug. 5 at 6 pm. Everyone is welcome and there is no cost for admission.

"National Night Out" is such a great way of showing solidarity with our Beaumont and Banning Law enforcement. There will be guest speakers and a huge community potluck put on by Neighborhood Watch. The date is Wednesday, Aug. 10; the potluck starts at 5:30 pm and the program starts at 6 pm.

The Country Western Dinner Dance is coming again on Saturday, Aug. 13! Live band, great dinner and tons fun! The tickets are only \$20 at the Lodge desk. The doors open at 4:30 pm and the event starts at 5 pm. Yeehawwww!

Piano Night with Sally White on Friday, Aug. 26 at 7 pm. Sally will be leading us in a harmonious sing-along with the addition of a little "Name that Tune" game. Come join us and be amazed at some of the great voices we have in the neighborhood.

Magic Show in the Theater will happen on Saturday, Aug. 27. There are two shows to choose from so come on down and sign up for your favorite one. The sign-up board will be out in the Lodge on Monday, Aug. 22.

September has typically been a month for new beginnings for school students, but here is your chance to make September a new beginning for you too in the fitness department. Join us on Friday, Sept. 2 for a "Back to Fitness Party." The party starts at 4 pm and will include a demonstration and chance for you to try some of our fitness class routines. This is a great way to sample some classes that you may have wanted to try before committing to a whole class. There will be a Zumba Party at 5 pm. What a great way to get in shape for the holidays!

Thank you for sharing this great summer with me, there have been some awesome memories (like flying pigs... if you went to the Luau)! Here's to a fabulous autumn!

UPCOMING EVENTS

AUGUST

- 5 AACC Motown Show
- 13 Country Western
- 19 Desert Boogie Dance
- 20 Karaoke
- 21 Amphitheater Concert
- 26 Piano Night
- 27 Magic Show

SEPTEMBER

- 3 Tennis US Open Party
- 17 Karaoke
- 18 Amphitheater Grand Finale
- 24 Art Fair
- 30 Piano Night

OCTOBER

- 7 Radio Show
- 8 HOA Garage Sale
- 15 Craft Boutique
- 18 Tennis Banquet
- 21 Love & Marriage Show
- 22 Karaoke

NOVEMBER

- 11 Veterans Day
- 12 Karaoke

DECEMBER

- 2 & 3 Holiday Extravaganza
- 9 Ballroom Dance Christmas
- 10 AACC Christmas Dance
- 13 Holiday Magic Show
- 15 Wine Club Holiday Formal
- 23 Karaoke Kristmas
- 31 New Years Eve

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Lap Swimming Etiquette

By Randy Balt

Just as roads are safer and more efficient when everyone observes a few common courtesies and basic rules, so too is a swimming pool during lap swimming. Lap swimming etiquette is a set of informal rules of conduct that ensure a smooth swimming experience when several swimmers are sharing a pool or swimming lanes.

Our outdoor pool has four lanes and the indoor pool has three. The black strip on the bottom of the pool represents the center of each lane.

If you are swimming alone in a lane, stay on top of the black line, which is the middle of your lane. If there are two swimmers the lane is split into halves and each swimmer swims in one half of the lane, on separate sides of the black line.

Always use an empty lane if available. Middle lanes are for faster swimmers. Outside lanes for slower swimmers or walkers. Walkers should stay in the extreme outside lanes, for their safety and the safety of others.

When entering the pool, enter on the side closest to your lane to minimize crossing lanes in use.

When crossing a lane in use, cross behind the swimmer, not in front. Some swimmers make high-speed turns, so be attentive.

When joining a lane in use, slowly enter the water and wait

on the side until the other swimmer notices that you will be joining.

Do not impede lap swimmers by walking or swimming across a lane. Do not lap swim perpendicular to the swimming lanes when they are in use.

Use your own gear. Don't "borrow" a piece of swimming equipment that you haven't brought yourself and seems abandoned. It may well be needed by one of your fellow swimmers very soon.

If you are using fins, try not to frog kick. If you are not in the center of your lane the fin tip could strike a neighboring swimmer.

When needing a rest, the walls at the end of the pool are great for a quick break. Stay as far to the side of the lane as possible. If more rest time is required, move to the side walls or exit the pool, keeping the lanes clear for other swimmers.

Minimize talking. Smile and be friendly, but don't be too chatty. Remember, serious swimmers don't want to be bothered with questions while in the middle of a workout.

As we all wish to respect our fellow swimmers, being aware of these lap swimming etiquette rules will help to create a safe and enjoyable experience for all.

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BISTRO COMMITTEE

The Bistro Committee met on June 28 and had a wonderful, exciting meeting with one guest and six applicants, who have already turned in their applications to become members of our committee. Our first order of business was the new deli case for the Bistro. It was delivered, but was not the right one, so it will be sent back and the right one will be redelivered. Rich Yanes has resigned from our committee, because he and his wife RV and conflicts have become a problem. He will be missed.

We had a full agenda at our meeting with discussions regarding absences (only three per year), reading over the Bistro charter, proposing changes to the new resident meet and greets and ideas for marketing the Bistro using coupons, fliers and other methods.

We will also meet with the Salon staff, as there may be a possibility that the Bistro committee will also cover the Salon. Our committee is going to contact three kitchen consultants to come and meet with Smitty in the Bistro to discuss his current kitchen and appliances and see if there are ways in which he may improve the kitchen to provide faster service. These consultations are all free, so we are all very excited for the results. Smitty will be attending our Bistro meetings each month to answer questions, give input and voice concerns. We meet the fourth Tuesday of every month at 11 am in the Lodge Conference Room, within the Bistro. Our next meeting will be July 26 and we love visitors, so hope to see you there. ~ **Jill Anderson**

FINANCE COMMITTEE

The Finance Committee held its regular meeting on June 28. Financial statements were reviewed for the month of May, which reflected the following significant amounts:

Total Assets \$7,702,932 including checking \$476,029 and reserve assets \$5,491,979. Money market and CDs totaled \$1,665,138. Total Liabilities were \$249,190 and Total Equity of \$1,961,762. Net income for the month is \$27,933 and Springdale cost center expenses were under budget by \$364. Numerous existing Reserve CDs were

recommended to be reinvested in short term CDs.

Eleven vendor proposals were reviewed with seven recommended for board approval. Twelve homeowners and Board Liaison, Claudene Diaz, were present as guests. One opening exists on the committee with two applications in process.

Our next regular scheduled meeting will be July 26 at 1 pm. All homeowners are invited to attend. ~ **Don Fant**



Carol Ragan

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RULES & REGULATIONS COMMITTEE

Tom Halley and Barbara Mull were ratified by the Board to fill vacant positions on the Rules and Regulations committee. Resident suggested using Four Seasons' Library as a polling location for the primary election in June. Upon research, we learned we could not restrict the pole location to Four Seasons' residents only. Social committee requested limiting residents to three tables for event tickets. Committee voted to limit tickets to two tables per household paid by check, with a submission of a guest list. Dance club would like to allow non-residents to participate in their club to accommodate women without dance partners. Suggestion under review. New district alignments were suggested by FirstService Management to balance the number of homes in each district. No action taken at this time.

Jacque Sneddon presented a study from January 2010 to April 2016 regarding the natural turn-over on committees.

ARC: 70%	Landscape: 80%
Bistro: 56%	Rules&Reg: 36%
Communications: 30%	EPC: 54%
Safety & Facility: 56%	Finance: 45%

Rules and Regulations Committee meets the second Tuesday of each month, 9 am in the RCN Conference Room and all residents are invited to attend the meeting. ~ **Barbara Miller**

EMERGENCY PREPAREDNESS COMMITTEE

These hot summer days pose a real threat of a heat related illness: hyperthermia (hyper meaning too much, and thermia meaning heat.) Being out and about under the hot sun or inside in hot quarters can result in profuse sweating with loss of water and salt, along with other essential minerals. This can cause heat cramps (muscle pain) and heat exhaustion with headache, dizziness, nausea, and vomiting. Without immediate treatment, heat exhaustion can swiftly advance to heat stroke, a critical and potentially fatal health condition characterized by dry, hot skin, no sweating, high body temperature of over 103 degrees, confusion, loss of consciousness, and even seizures and coma. Prevention is the best treatment for hyperthermia. If your air conditioner goes out, you can always head for the Lodge or the Summit. Whenever possible, avoid outdoor work and other outside activity during the heat of the day. If you must be outdoors in hot weather, be sure to have plenty of water with you, but avoid



alcohol and caffeinated drinks as those may actually increase your body temperature. Dress for the weather with lightweight loose clothing and a wide brimmed hat. At the first sign of hyperthermia, get to a cool place as soon as possible, take frequent sips of cool water, and splash yourself with more water. Avoid ice-cold water. Seek help if you feel dizzy or confused. Heatstroke is a 911 emergency. While waiting for medical help to arrive, get the affected person to a cool area, and cool the skin by misting with tepid water or by applying cool wet cloths, especially to the neck, underarms, and groin. Do not spray with a hose. It also helps to fan air across the person. Avoid shivering, which could impede heat loss. To avoid choking, never try to give sips of water to a person who is not fully conscious and able to swallow. Enjoy the summer and stay cool! ~ **Anne Savy and Marty Freeman, First Aid Team Members**

SAFETY & FACILITIES COMMITTEE

We met in July and discussed agenda items; two cost items were under review.

There is a need for an ultraviolet system to be installed at the Summit indoor pool. The system would improve the water and air quality by reducing chloramines, prevent skin and hair damage and reduce chemical usage. A bid was approved for a low pressure ultraviolet system and then submitted to the Finance Committee for review.

There is an ongoing need to review the Bocce Ball courts at the Summit. There was direction to select a new position for the courts on the Summit Grounds. The goal is to correctly build Bocce courts to a normal standard and to do so in a good fiscal manner.

The next meeting of the Safety and Facilities Committee is scheduled for Aug. 2 at 9 am at the RCN. ~ **Dennis Gray**

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LANDSCAPE COMMITTEE

The Landscape Committee is now at full strength, with the addition of four new members. Nancy Justice, Joyce Tautrim, Gloria Johnson and Linda Ruoff have joined Chairman Richard Hoffman, Sharon Bond and Lynette Simonson. We have increased the frequency of our walks observing the front yard cost center and common areas to once a month and continue our walks on the trails. Our First Service liaison, Jeff Jordan and one of our contractors have collaborated in putting together an index/catalog of trees, plants, flowers, ground coverings (with pictures) suitable for our very challenging climate.

This should be available to homeowners upon request by the end of July. Inquire at the front desk at the Lodge for a copy. When we walk our trails, we are always on the lookout for the condition of the trail "bed." Did you realize that bicycles and strollers are not permitted on the trails? Also, golf carts are never permitted "off-road" nor are off-road recreational vehicles. This is for a very good reason as they will contribute to the deterioration of the structure of the trails. Please be mindful of this while you are enjoying the beauty of the trails in our community. ~ **Nancy Justice**

ARCHITECTURAL REVIEW COMMITTEE

The updated Architectural Guidelines were sent to all homeowners at the end of June and at this point the 30 day homeowner review is complete so the new version is now in effect. The primary difference is to provide clarification on some points that seemed to be of confusion. Once again, as a reminder, no work is to begin or materials deposited at site prior to receiving written ARC approval.

Most homeowners that submit their initial application (Exhibit A) have just purchased their property and this application requires the \$125 fee. This usually includes a majority of work to be done to the front and back yards. It is helpful with involved improvements

for the homeowner to attend the ARC meeting when their plans are being discussed. This allows the committee to clarify and ask any questions about the plans. There are times when the plans are unclear and without the homeowner present we may have to send the plans back for clarification resulting in lost time to the homeowner and the committee.

Our meetings are open to anyone that would like to attend and see how the committee works. Our meetings are the first and third Wednesdays of each month at 8:30 am in the Conference Room in the RCN building. ~ **Tom Halley**



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New York steak with jumbo shrimp, salad & garlic toast.....	\$17.99
New York steak cooked to order with your choice of two sides.....	\$16.99
Top sirloin with rice paper wrapped shrimp, salad & garlic toast	\$16.99
Top sirloin with mushroom, mashed potatoes & green beans.....	\$15.99
Top sirloin cooked to order, choice of two sides.....	\$14.99
BBQ baby back ribs (Friday only), choice of two sides	\$13.99
Honey pepper glazed chicken, choice of two sides.....	\$9.99
BBQ grilled chicken, choice of two sides.....	\$9.99

SEAFOOD

Jumbo shrimp dinner with tartar sauce, choice of two sides.....	\$9.99
Tempura shrimp dinner with rice pilaf, salad and dipping sauce.....	\$9.99
Glazed salmon, choice of two sides	\$11.99
Salmon with basil-butter sauce, choice of two sides	\$11.99
Honey pepper glazed salmon, choice of two sides	\$11.99
Grilled cod, choice of two sides	\$9.99

SIDE CHOICES

Baked potato • Mashed potatoes • Broiled tomato with Parmesan cheese • Wild rice
Rice pilaf • Green beans • Steamed spinach • Corn on the cob • Green salad

Prices do not include tax • Full menu at FourSeasonsAtBeaumont.com under "Community Information" or at the Lodge.
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SENIOR TRANSPORTATION ASSISTANCE *Interest Group*

Ice Cream Social – Save the date: Sept 29, at 6 pm in the Lodge.

Guest speakers on local transportation, Dial-A-Ride and Riverside Transit will be there to answer your questions.

I hope to have applications and information on how to qualify for benefits of the Americans with Disabilities Act that will allow you to use Dial-A-Ride. It's as easy as getting a handicapped license plate. Dial-A-Ride is for seniors as well as ADA card holders.

There will be a bus to allow seniors and disabled residents to practice getting on and off and using the lift ramp.

How many of you no longer drive at night? That can be just the beginning of limitations. We need people to work with us to ensure that Beaumont has a transportation system that can provide the very best service to our growing senior community.

Please join us at our monthly support group meetings at noon on

the third Thursday of each month at Smitty's for lunch. Or come to the Transportation Now meetings at the Civic Center the first Thursday of the month. Lunch is served. Please call Brenda or Richard.

We are trying to organize a second trip to the Morongo Casino, using Dial-A-Ride pick up at home and then a fixed-route bus. There is a sign-up sheet at the Lodge and when we get ten signatures we can schedule the trip. Let me know if you need the lift ramp. The last trip was a success and a fun outing for lunch and some gambling. If this becomes popular we will find other places to visit.

Reminder: Please fill out the transportation questionnaire at the Lodge or on the Internet at www.surveymonkey.com/r/passtransitseniors. ~ **Brenda and Richard Teeman, (909) 594-8487**

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NEIGHBORHOOD WATCH

Thanks to all that attended the San Geronio Memorial Hospital Foundation Board meeting on July 13 for helping us to understand what the Foundation is all about and how we can volunteer to help.

Our yearly National Night Out event will be held on Aug. 10 starting at 5:30 pm with a potluck (sign-ups are in the Lodge) speakers will start at 6 pm. This is an evening to thank and recognize our law enforcement and city officials for all they do to make this a safer place to live and to remind us of our responsibility as citizens to report suspicious activity if we see it. All are welcome to attend

Four Seasons is a growing community and as we continue to build out, we are asking for volunteers to be block captains for the new and existing areas (people move on and lives change). Please contact Judy Irving for more information at (951) 922-2525. Information sheets are also in the Lodge.

Observations are still being made of people walking in the street, for your safety you need to be on the sidewalk. Observe the speed limits within the community, stop at the stop signs, and give way to traffic in the circles. ~ *Susan Wilson*

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
Lodge Hours: Daily, 7 am - 9 pm		1	Bridge Bridge for Fun Mexican Train Mah Jongg for Fun Bereavement Group Curly Cues 8-Ball Club	Knitting and Crocheting 12p Billiards for Fun 12p Billiards for Fun 12:30p Hearts	2	Horseshoe Club, Summit 9a Nbrhd Watch Commit. Pinochle Bridge for Fun Canasta #2 Dominoes Radio Club Motorcycle Club 8-Ball Club Dog Walking	3	Take A Hike Emergency Prep. Program Wild Bunch Billiards Canasta #1	4	Pinochle Duplicate Bridge Bid Whist Dominoes Motown Show Seasoned Solos 8-Ball Club	5	Dog Walking Billiards for Fun Billiards for Fun	6	7a 11a 1p
Private Party All Day	7	8	Pan 9-15a Bridge Bridge for Fun Mexican Train Mah Jongg for Fun Bereavement Group Curly Cues Phase 10 Card Group 8-Ball Club	Knitting & Crocheting 10a Computer Tech Group 10:30a Billiards for Fun 11a Billiards for Fun 1p Writers Club All Seasons RV 4p Hearts 4X4 Seasons Group 6:30p	9	Horseshoe Club, Summit 9a Pinochle Bridge for Fun Canasta #2 Dominoes Radio Club National Night Out 8-Ball Club Dog Walking	10	Wild Bunch Billiards Canasta #1 Board of Directors Meeting Roadrunners RV Classical Music Club	11	Pinochle SPARC Ham Radio #2 Duplicate Bridge Bunco Dominoes 8-Ball Club	12	Private Party Dog Walking Billiards for Fun Billiards for Fun Country Western Dance	All Day 7a 11a 1p 5p	13
Counter Culture Cinema Club 6p	14	15	Bridge Bridge for Fun Mexican Train Mah Jongg for Fun Bereavement Group Curly Cues 8-Ball Club	Knitting & Crocheting 12p Billiards for Fun 12p Billiards for Fun 12:30p Hearts Camera Club 6:30p	16	Horseshoe Club, Summit 9a Pinochle Bridge for Fun Canasta #2 Dominoes Radio Club 8-Ball Club Dog Walking	17	Wild Bunch Billiards Canasta #1 Taste D'Vine Fishing for Fun	18	Pinochle Duplicate Bridge Bid Whist Dominoes 8-Ball Club	19	Private Party Dog Walking Billiards for Fun Billiards for Fun Phase 10 Card Group Karaoke	All Day 7a 11a 1p 3p 5:30p	20
Summer Concert 7p	21	22	Pan 9:15a Bridge Bridge for Fun Mexican Train Mah Jongg for Fun Bereavement Group Curly Cues 8-Ball Club	Knitting & Crocheting 12p Billiards for Fun 12p Billiards for Fun 12:30p Performing Arts Club Hearts	23	Horseshoe Club, Summit 9a Pinochle Bridge for Fun Canasta #2 Dominoes Radio Club 8-Ball Club Dog Walking	24	Wild Bunch Billiards Canasta #1	25	Pinochle Radio Club Duplicate Bridge Bunco Dominoes Piano Night 8-Ball Club	26	Dog Walking Billiards for Fun Billiards for Fun Magic Show	7a 11a 1p 6p	27
Counter Culture Cinema Club 6p	28	29	Bridge Mexican Train Bridge for Fun Mah Jongg for Fun Bereavement Group Curly Cues 8-Ball Club	Knitting & Crocheting 12p Billiards for Fun 12p Billiards for Fun 12:30p Hearts	30	Horseshoe Club, Summit Pinochle Bridge for Fun Canasta #2 Dominoes Radio Club 8-Ball Club Dog Walking	31							

This calendar reflects only a portion of the activities and events held at the Lodge. Every attempt possible has been made to accurately reflect times and dates of activities. However, activities, dates and times are subject to change without notice.

AUGUST 2016

AUGUST 2016

This calendar reflects only a portion of the activities and events held at the lodge. Every attempt possible has been made to accurately reflect times and dates of activities. However, activities, dates and times are subject to change without notice.

Physical Exercise Schedule

EXERCISE

Conditioning	M/W/F	8:30a
Beginning Conditioning	M/W/F	9:30a
Zumba Gold	T/Th	9:30a
*Yoga	M/W	5:45p
*Pilates	T/Th	8:30a
	Sat	9a
*Kick Boxing	Sat	10:15a
*Water Aerobics at Lodge	M/W/F	10:30a

SUMMIT POOL (7 AM- 9 PM)

Lap Swimming	Daily	7-9a, 12:30-1:30p, 3:30-5:30p, 7:30-9p
Walking	Daily	11a-12:30p
Open Swimming	Daily	9-11a, 1:30-3:30p, 5:30-7:30p
*Water Aerobics at Summit	T/Th	5:45p

**Need to maintain 10 or more participants or classes may be canceled.*

DANCE

Ballroom Dance

Beginners	M	6p
Intermediate	M	6:30p
Advanced	M	7p
Practice	Th	6p

Line Dance

Beginners	T	3p
Advanced	T	3:45p
Heart & Soul Beginning	W	4p
Heart & Soul Intermediate	W	5:30p

HORSESHOES	W (Summit)	8a
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PING PONG

All Level Ping Pong	M-F	10:30a
	T/Th (when room available)	6:30p
	Sat	11a

TENNIS

Club Play Time	2nd, 3rd Th	5p
Tennis Meeting	3rd T	4p
Play Day	Last Saturday of the month	8:30a

BOCCE BALL	T	9a
	W	6p

PADDLE TENNIS	M	6p
	W/F	8:30a, 6p
	Sat	6p
	Sun	8:30a, 6p

PICKLEBALL	M/T/Th/Sat	8a
	W	8:30a, 4p

FOLK DANCING	F	7p
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BASKETBALL	F	4p
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Above schedule may change, cancel or reschedule at any time. Check with Lodge Desk for updates.

Class Schedule

CLASS	DAY	TIME
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LANGUAGE

Spanish 1, 2 and 3 are currently on summer break and will resume in September. Sign-up forms can be found at the Lodge in August.

ARTS & CRAFTS

Ceramics	W	1p
	Sat	10a
Craft Group	Th	12p
Drawing & Sketching	M	10a
	W	6p
Machine Quilting	Sun	10a
Watercolor	M	6:30p

Call for class availability: (951) 849-6987

BIBLE STUDY

Women's Bible Study	F	10:30a
Life Guide Bible Study	Will resume Sept. 13	7p

OTHER

TOPS	Weigh in	T	8a
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Association Meetings

BOARD OF DIRECTORS	DAY	TIME
Executive Session	Aug. 8	9a
General Session	Aug. 8	1p

COMMITTEES	DAY	TIME
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Ad Hoc Technical *Meets on an as needed basis*

Architectural Review	Aug. 3	8:30a
	Aug. 17	8:30a
Bistro	Aug. 24	11a
Communications	Aug. 3	10a
Proofing	Aug. 10	10a
Emergency Prep (EPC)	Aug. 16	10a
Finance	Aug. 30	1p
Landscape	Aug. 8	8a
Rules & Regulations	Aug. 9	9a
Safety & Facilities	Aug. 2	9a
Social	Aug. 4	5p

CERAMIC CORNER

During the summer the ceramics class has remained quite busy with classmates working on individual projects and our participation continuing to grow. We welcome all of our neighbors, each bringing their own talents and enjoyable personalities.

Last month we hosted a "Summer Fun Time" event (see inset photos), welcoming both residents and their grandchildren and guests to our ceramics class to work on pre-selected fun pieces. We taught our participants how to work with acrylic paints and some even learned how to use a "chalking" technique. Marion Looney, one of our classmates, volunteered her time and talent by adding "lifelike" eyes to pieces as requested for a finishing touch. We had great participation and enjoyed the creativity and spending time with our special guests. A special thanks to Tom and Marion Herron for helping put this class together.

If you are looking for a new hobby, or want to create your own design, participate in a class project to create pieces for yourself, friends and family, come to the ceramics class. Drop by the Craft Room to see our monthly ceramics class schedule and learn more about our upcoming class projects.

Come and join us this summer, keep cool and have some fun, we meet twice a week in the Craft Room: Wednesday 1 to 4 pm. Class is currently closed on Saturdays for summer break. We will resume our regular 10 am to 2 pm class on Saturday, Sept. 10. See you there. Info., Bob Powers, (909) 841-3293 or Elsie Fillman, (661) 414-6270. ~ **Bob Powers**



Guests joined the ceramics class for their Summer Fun Time event

KNIT & CROCHET GROUP



Our USMC caps are progressing nicely. We are up to about 75 with several months to go. We have three new ladies that have joined us, who are relatively new to the community, so our group keeps growing. We welcome all who would like to join us, experienced and those who would like a new hobby. We are in the craft room every Tuesday from 10 am to 11:30 am. ~ **Dorothy Payne**

CRAFT GROUP

Please join us on our new day, Thursdays at 12 pm. We would love to have you share your ideas with us. All of us have been very busy this last month working on an assortment of projects, join us anytime!

We need more neckties for a project we are working on. If you have too many and don't need them, please donate to our Craft Group and they will be put to good use. Hope you decide to stop by, new friends are always welcome.

If you have any questions please call Pam Kelley at (951) 769-7967. ~ **Pam Kelley**

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John Baeyertz took this amazing photo of Haleakala in Maui. According to Wikipedia, Haleakala is also known as East Maui Volcano and is a massive shield volcano that forms more than 75 percent of the Hawaiian Island of Maui.

CAMERA CLUB

We meet the third Tuesday of each month at 6:30 pm in our new meeting room, the RCN main lobby; thus, our August meeting will be Aug. 16. Visitors are always welcome. We invite all photographers, regardless of skill level, to join us for our regular meetings, workshops, speakers, and field trips.

For the July meeting, the assignment was to take a photograph of the same subject but in two different lighting scenarios. As usual, many interesting pictures were shared with our group. We then discussed and conducted a constructive critique of all. We learn a lot about various techniques, software, and hardware to enhance our work. For example, in our June meeting, Irve Sturmer, our chairperson, gave a talk and handout on "How to Use Hyperfocal Distance." Another one of our members, John Hansen, did a "tips and tricks" show

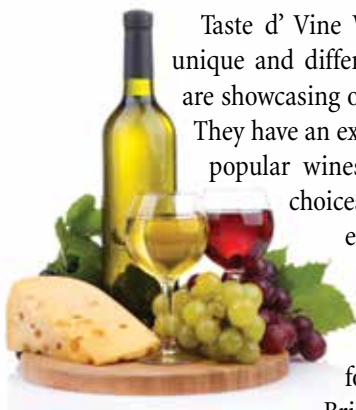
and tell on best camera settings to capture July Fourth fireworks.

Several of our members participated in a field trip to Forest Falls on June 9. This outing was lots of fun and more are being planned. This is a great opportunity for the club to get out and "shoot" photos with other members discussing camera settings and comparing results.

There was another Four Seasons Camera Club Photography Exhibit displayed at the Lodge July 22 through July 31 in the lobby. It was a great opportunity for the club to show off some of their talent.

We hope to see you soon at one of our meetings. Any questions, please call me at (951) 849-6987. ~ **Lyle Cameron**

TASTE D'VINE



Taste d' Vine Wine Club is excited to present something unique and different for our August Wine Club meeting. We are showcasing one of Beaumont's newest restaurants, Victor's. They have an exciting wine list and will educate on their most popular wines and pair them with some select culinary choices. This is sure to be an interesting and fun evening of wine tasting from one of Beaumont's favorite restaurants.

Please join us at our August meeting on the third Thursday, Aug. 18, 6 pm in the Ballroom for an evening of "Wine and Food Pairings."

Bring an appetizer such as bread or crackers and cheese, your own favorite bottle of wine if you wish, and a glass or two for tasting and sharing. Members \$5, guests \$10. ~ *Gracy Luna*



RAINBOW GROUP

The Four Seasons at Beaumont Rainbow Group meets in alternate months for casual dinners. This will allow our LGBT neighbors and friends to socialize, update each other on what we have been up to and to discuss social issues. We don't plan a dinner for August. When scheduled, we gather at Smitty's, order whatever dinner items you wish and have dinner either on the patio, weather permitting, or in the adjacent Conference Room. Should you wish to enjoy your own beverages, please feel free to bring whatever you desire.

If you have any suggestions or questions, please call/email Dale at (951) 797-0364 or dale.beckes@gmail.com; or Barbara at (951) 845-6246 or bamerton@alumni.ucla.edu. ~ *Dale Beckes*

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in the Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ *Steve Benoff*

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“BELIEVE...” WOMEN’S BIBLE STUDY

It is an absolute delight each week to witness how the members of “Believe...” Women’s Bible Study have grown in faith, friendship, inspiration, knowledge of the Word, and genuine love for one another in Christ.

It has also truly been a testament to the generosity and compassion of these women, as they stepped up to help with meals, cards, phone calls, etc. when one of our members broke her hip while out of town, and as another mourned the loss of her precious son. The Lord has called each of these extraordinary women to this group, and the group has in turn grown and flourished because of it.

As we continued in July with our study of the Word, we began with four lessons on the topic of “A Godly Woman is Faithful,” divided into four segments: (1) as an attribute of God, (2) as a positive human characteristic, (3) as a characteristic that some people lack, and (4) as a gift of the Spirit. What a joy it is for each of us to hear thoughts



and insights about a particular subject from one another and have confidence to do so.

In August we will begin with three lessons on the subject of “A Godly Woman is Tested,” why, when and how we are tested, how to recognize a test, and what to do when we’re in the midst of one. This sequence of lessons will elicit much discussion and sharing, and hopefully will strengthen and enlighten the members who attend.

If any of you wonderful Four Seasons ladies are interested in broadening your knowledge of God’s Word, learning from some very amazing and spiritual women who are your neighbors and potential friends, please come by the Card Room (next to the Library) in the Lodge any Friday at 10:30 am. We have a lesson/discussion for an hour and then a 15-minute prayer time for anyone in need of prayer, and dismiss at 11:45 am. We’ll be looking for you! ~ **Eileen Gilbert-Antoine**

LIFE GUIDE BIBLE STUDY

We completed our series entitled “Secrets of the Vine” in May. Thanks to Jim Seim for his dedicated leadership in this series! Our Bible Study will break for the summer, and resume on Tuesday, Sept. 13, a full week after Labor Day. We will plan a potluck dinner at 7 pm for the first meeting; details will be sent in early August.

Hopefully, we will be able to see some of you during the summer months. Have a relaxing, safe and blessed summer!

Please contact Doc or Letha Sellars at (951) 797-3302 or docletha72@gmail.com with any questions or comments. ~ **Doc Sellars**

CREATIVE DRAWING & SKETCHING CLASS

The perspective of the Artist of the Month Barbara Dipoma:

Although I have been a self-taught as a watercolor artist for a few years, I have always thought that my paintings would improve if I could draw better, know more about perspective and tone. I shied away from doing preliminary sketches, as I thought it was boring working with just a pencil on stock white paper. After meeting Rob he encouraged me to try drawing since he felt it would improve the quality of my paintings.

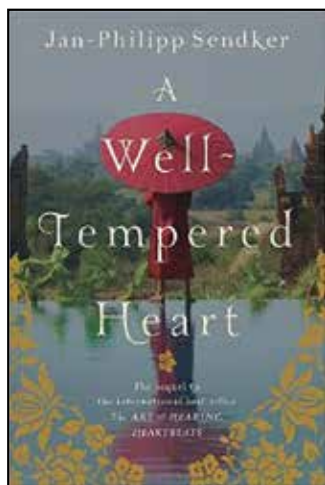
I decided to attend Rob’s drawing class on Wednesday nights and as much as I did not want to do the mandatory elephant as a first drawing I did become hooked and so pleasantly surprised how not boring and exciting it is to create something with such depth and detail with a pencil. I credit my new found passion to my Art Instructor Rob Kelman. His patient instruction insightfulness and vast knowledge guided me through the process, making it a delightful journey.

I truly recommend this class as I have witnessed other people every week who have never drawn or even attempted anything artistic before, producing wonderful works of art feeling so amazed, proud and happy. I am one of his many happy students. Thank you Rob!

Classes are Mondays 10 am to 12 noon and/or Wednesdays 6-8 pm. Any questions, call Rob Kelman, (951) 992-9156 or (602) 571-0414. ~ **Rob Kelman**



Work by the Artist of the Month Barbara Dipoma



BOOK CLUB

Several months ago we read *The Art of Hearing Heart Beats* by Jan-Phillip Sendker and at our Aug. 9 meeting we will discuss its sequel, *A Well-Tempered Heart*. This novel is both a romance and a glimpse into the horrors inflicted on the Burmese people. “Earnest and endearing, this just-arriving-in-translation sequel to the international mega-bestseller, *The Art of Hearing Heartbeats*, is a through-the-night read that will leave you sighing and swooning... German journalist Jan-Phillip Sendker’s novels somehow manage to provide a rare, cleansing catharsis... Just as her

father followed his heart home, Julia is called back by a desperate stranger with impossible questions from the other side of the world... But before Julia can answer, she must learn in her own heart ‘what is important’... might I add, surely a life lesson for us all.” ~ BookDragon.

Please join us at 9:30 am, on Aug. 9 in the Lodge. Our discussions are always lively and interesting and newcomers are always welcome, even if you haven’t read the book. For more information regarding the Book Club, please call Doreen Sanders at (951) 769-1913. ~ **Julie Stayner**

CRAFTY CARDMAKERS

On July 8, the Crafty Cardmakers met for the first time. We made three really cute cards and enjoyed meeting some new people from the community. There was plenty of laughing and of course snacking while we made the cards! Our next meeting will be on Aug. 12, at 1 pm in the Craft Room. You only need to bring scissors and glue... everything else will be provided to make three beautiful cards all ready to be sent! The charge for materials is \$6.

It is really helpful if we know how many people will be coming so we can have enough kits ready. We hope to see lots of people at our next meeting!

If you have any questions, please contact Maryalice Chorba (chorbaparadise@yahoo.com) or (951) 849-6336. ~ **Howard Lyon**



Residents had fun making cards at the first meeting

WRITERS’ CLUB

The Writer’s Club has a new leader, Kathy Barnett. Our most recent leader, Alda DyalChand, has commitments to a girl’s school in India that will keep her from conducting the regular meetings. During her short tenure, Alda shared her expertise with members of the club. She challenged us to read, and think, and read some more – then write! Her monthly questions to the members always opened up a new direction worth exploring. She will be missed. Kathy came to the meeting and the first thing she did was give us each a copy of the poem she had written just that morning, “Take The Time.” There are eight short powerful statements that can lead the way to a better world. “Take the Time: To say hello. To ask how are you. To say I care. To say I missed you. Time passes. As do the chances, To say hello. To say goodbye.” You don’t have to write a poem or draft a book or write a thin – just come. Everyone is invited. The Writers’ Club meets on the second Tuesday of the month at 1:30 pm in the Lodge. Remember - you do not have to be a writer – we want readers and listeners and dreamers. ~ **Jean Laurin-Lawrence**

COMPUTER TECHNOLOGY

Our Four Seasons Computer and Technology Group strives to bring subjects of technology usage to our residents. All residents are welcome to attend our monthly meetings which are held on the second Tuesday of each month at 10:30 am in the Lodge Ballroom. Subjects change monthly and we encourage suggestions from the residents regarding topics of interest. Sometimes we draw on our resident skills and other times we reach out to outside sources for presentations. Upcoming presentations include: Aug. 9: The Cloud; what it is, and how to use it. Sept. 13: Using Your Smart phone for Everything. ~ **Howard Lyon**



COUNTER CULTURE CINEMA



We're happy to bring you a couple of very well-reviewed smaller films this month that you may not have caught in theaters when they were first released:

Our first monthly screening, on Sunday, Aug. 14 at 6 pm, is the film *The Lady in the Van* (UK 2015, 1 hour 44 min, English). Here is a brief description from IMDb.com: "*The Lady in the Van* tells the true story of Alan Bennett's strained

friendship with Miss Mary Shepherd, an eccentric homeless woman whom Bennett befriended in the 1970s before allowing her temporarily to park her Bedford van in the driveway of his Camden home. She stayed there for 15 years. As the story develops, Bennett learns that Miss Shepherd is really Margaret Fairchild (died 1989), a former gifted pupil of the pianist Alfred Cortot. She had played Chopin in a promenade concert, tried to become a nun, and was



committed to an institution by her brother, escaped, had an accident when her van was hit by a motorcyclist for which she believed herself to blame, and thereafter lived in a fear of arrest."

Our second monthly screening, on Sunday, Aug. 28 at 6 pm, is the film, *45 Years* (UK 2015, 95 min, English). Here is a brief description from IMDb.com: "A married couple preparing to celebrate their wedding anniversary receives shattering news that promises to forever change the course of their lives."

All of our screenings are followed by a lively discussion about the film; we'd love to have you join us. The Lodge Theatre has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subjected to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**

AFRICAN AMERICAN CULTURE CLUB

Summer is swiftly passing by. I hope you are taking full advantage of summer and our facilities, to enjoy it with your families, neighbors, and friends.

We had our Juneteenth Celebration on June 18 at the Summit and it was a rousing success. The men from the Dominoes Club, with Wondell Collins' help, fully supported us. We had hot dogs, links, hamburgers, and turkey burgers grilled by "Chef Solomon Hayes." Solomon did a superb job! The meats were grilled to perfection. And of course, Greg Lee, was beyond helpful by helping us set everything up that morning. We are indebted to both of them for all their help. They were both invaluable in making our event so successful. Our sincere thank you.

We also had all kinds of delicious foods... salads, baked beans, collard greens, corn bread, fruit salads, cakes, pies, and cookies, etc. supplied by the AACC and Dominoes Club members. The food was in abundance and so delicious. I have always said we have the best members. You confirmed it, you are the greatest! Betty Ann James gave us a history lesson on how Juneteenth came about and some important tidbits on Black History. Thank you, Betty Ann.

We were informed, ate, socialized, talked, played cards, games, and of course dominoes. It was an absolutely fantastic day.

Our next outing is "Pageant of the Masters" in Laguna Beach on Aug. 5. We are sold out. I will give you a report in our next article.

We will celebrate our August and September birthdays in September, since we will not have a meeting in August.

As always we invite you to join us and share in this vibrant group. We are constantly looking for ways to make our experience at Beaumont Four Seasons more meaningful and enjoyable for all our community.

Our next meeting will be the second Monday in September at 6 pm at the Lodge in the Card Room. Please come and look us over. We are always looking for new members to help us make our goals a reality. If you would like more information, please call Joyce Allen, Chairperson, at (951) 769-4354. ~ **Roxie Elliott**



Members enjoying the AACC Juneteenth

BUNCO

This month Bunco will be played Aug. 12 and 26. We always play on the second and fourth Fridays of the month. Bunco is very easy and it is a great way to meet some new friends. You really should come and give it a try. We meet in the card room at 1 pm sharp. Don't forget to grab a drink at Smitty's or even lunch beforehand. See you there. ~ *Cheryl Burke*

MAH JONGG

Everybody is welcome to join us for Mah Jongg at 12:30 pm on Mondays in the 1528 Building. We accept beginners and offer coaching for those who have not played in several years. A current Mah Jongg card is required but you can borrow or copy one until you get your own. You do not have to own a Mah Jongg set to join the fun, so come on out! ~ *Barbara Goodreau*

PINOCHLE

Pinochle is an exciting card game where you bid and bluff to name trump and take control of the game. This game is played with a double deck of special cards of ace through 10 against other aficionados, to tease your mind, and keep you sharp. Come join the game on Wednesday and Fridays from 10 am to 1 pm in the Card Room. Newbies and oldies are welcome for fun and socializing. Info., George Soeten, (951) 797-0254. ~ *George Soeten*

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so men are very welcome as well as women. The game can be played in the day, evening, in a room in the Lodge or in private homes. If you are interested, please call me, Linda Mendelson, at (951) 941-9100 or email me at Goldtoy@earthlink.net and I will answer any questions you may have. As all card games, it is played with both skill and luck. ~ *Linda Mendelson*

CANASTA #1

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet in the Card Room Thursdays, 1 to 4 pm. Each week you may play with someone different, giving you an opportunity to meet other Four Seasons residents and old friends who enjoy an afternoon of "cool" cards. We supply the cards so all you have to bring is your body and the desire to have a little fun. If you don't know how to play we are always happy to set up a teaching table and by the time the afternoon is over you will have mastered the game. All you have to do is show up and leave the rest to us. ~ *Melody Seewoster*

BRIDGE

In this hectic world of Internet and/or outer space invasion into our world, ever think of looking for a quiet, peaceful, space to lose yourself for an afternoon. Playing Bridge may be the answer with compatible, friendly Bridge players. We look forward to meeting one another each Monday at 12 pm in the RCN Building.

On June 27 we enjoyed playing our annual July 4 tournament. Congratulations to Joan Sewell, the first place winner.

If you are interested in the challenging game of Bridge, please call Helen at (951) 845-9312 or Gordon Sheppard at (714) 390-2610. ~ *Helen Shoemate-Gurley*

DUPLICATE BRIDGE

We are pleased to announce another success story about our Duplicate Bridge world here at Four Seasons. The Directors recently celebrated the first anniversary of the popular gathering with a delicious champagne luncheon to honor the dedicated players. The talented director and educator, Barbara, will answer your questions about the details of an American Contract Bridge League game at (951) 530 1523.

We gather each Friday afternoon at 12:15 pm in the Recreation North Building.

For more information call Helen at (951) 845-9312 or Candice Parrish at (951) 845-0942. ~ *Helen Shoemate-Gurley*

HEARTS

All welcome. Easy to learn. Played with single card deck, no jokers, 52 cards. We play three, four, or five at a table. No scheduling necessary. Played on Tuesdays at 6 pm in Card Room next to Library. A group has played here at Four Seasons for seven years. Seating is by random draw, no partners, individual scores. Easy to learn, harder to win. Players will teach. Games last approximately two hours. Lowest points win. If you have questions call Mike Saperstein (951) 769-7909. ~ *Mike Saperstein*

PHASE 10

A big congratulations goes out to Cheri Howard for the winner of our first ever, July 4 tournament. Not far behind was Debbie Aiello. Don't despair if you didn't win a trophy, we always have next year. Come and join us in the card room on the second Monday of each month at 4 pm and the third Saturday of each month at 3 pm. Bring your friends or meet new ones and enjoy this really fun card game. A teaching table will be set up for anyone unfamiliar with this game or just in need of a refresher course. For more information call Cheri Howard at (951) 756-1216. ~ *Cheri Howard*

BRIDGE FOR FUN

Our Monday and Wednesday bridge groups just keep growing. We are up to four tables almost all the time and sometimes five! We have a great afternoon meeting new people and seeing our friends. It is what it says — “bridge for fun.” Verina makes sure of that. We recently had a few new people join our group who had not played for some time and were learning. They have come along well and their weekly scores are right up there with the rest of us. So if you have ever thought about learning the game or want to take it up again, let us know. You can also just come and watch to see if it's your thing. We meet in the Card Room in the Lodge at 12 pm sharp on Monday and Wednesday.

Wednesday info., Verina Rector (951) 769-1687 or Phil Irving (951) 922-2525. Monday info., Bill Guy (951) 845-5627. ~ **Dr. Phil**

PERFORMING ARTS CLUB

I must begin by giving kudos to John Noonan for producing an excellent July Fourth Patriotic Show. The Four Season Singers choir sounded amazing. John interspersed the awards by singing songs himself, as well as with Dave Chorba and Jerry Mathews. We also enjoyed separate solos by Dave and Jerry. Congratulations also go out to all tournament winners. Way to go.

To get you excited about what's coming in '17, we decided that one of our shows for next year will be involving a famous street in New York City where the lights shine bright. That's a clue.

Now, let's come back to this year. The next two shows to make sure you have on your calendar are:

Friday, Oct. 7- Radio Shows There will be two Radio Shows from the 40s. One will be Blondie (& Dagwood) and the other a surprise. These are Fun Friday shows. The Ballroom is set up with tables. Bring your dinner from the Bistro or home. Don't forget that you can also bring whatever beverages, hard or soft, you would prefer. It's a party atmosphere, but please be quiet during the performances.

Friday, Oct 28- “Love and Marriage” If there's any show you shouldn't miss this year, this is the one. This is going to be comprised of 15+ comedic skits, all relating to... what else?... Love & Marriage. The skits, all written by Michael Rothberg, producer, are hysterical. I guarantee you will be laughing throughout the entire performance. So come on out, you won't be disappointed.

Looking ahead towards the end of the year is our Holiday Show. John Horning is producing with some help from me. We got together last week to discuss the show and here is what we came up with.

*The holidays are near my friend
And we want to make sure to stay on trend
Something might be related to rhymes
We might even have some church bell chimes
What about a memory or two
If you haven't guessed, this is your clue!*

Karaoke! This month it is on Saturday, Aug. 20 at 5:30 pm. Whether you come to sing or dance or just for the entertainment of watching your neighbors, it's a fabulous fun early evening out.

Amphitheater - Sunday, Aug. 21 at 7 pm featuring South Pasadena Transit Authority. I heard they have a beautiful melodic sound similar to Manhattan Transfer Authority. Sounds like a terrific show to me.

We are still asking for anyone willing to help out with our sound system crew. It would be preferred if you have some experience but if you don't, we will train you. Please contact me at terimk@verizon.net or (951) 992-9156. ~ **Teri Meyers-Kelman**



AMPHITHEATER

“Saturday In The Park” (1972)

Actually, the correct day is Sunday, Aug. 21. And though the area does resemble a lovely park, it is our Four Seasons Amphitheater.

“Where Do We Go From Here?” (1970)

Of course, get yourself to the Amphitheater. You will hear great music performed by the South Pasadena Transit Authority Band. (With a name like this would you ever guess this seven piece musical group is a tribute band to the Chicago Transit Authority Band?)

“Does Anybody Really Know What Time It Is?” (1971)

As a matter of fact, yes we do! The music begins at 7 pm. Remember, you may set up your chairs early in the day, but neither a blanket on the grass nor a “Reserved” sign will hold your spot.

“Hard Habit To Break” (1984)

It doesn't get much better or “habit forming” than the following:

A. Listening to classic rock music from the 70s and 80s performed by seven gifted musicians, while sitting under the stars and sipping your choice of beverage (which is in a non-glass container, and the bottle is in a sleeve).

B. Though our evenings can be quite cool, you will be comfortable because you are wearing a jacket.

C. You have a good chance of winning a terrific door prize.

D. The icing on this cake of entertainment is that the concert is free and you only had to drive less than 5 minutes to find a parking space.

This is a pretty nice habit we would encourage all to develop.

See you at the Amphitheater Grand Finale on Sept. 18. ~ **Doris SanFilippo**



FOUR SEASONS SINGERS

The Four Season Singers are happily enjoying our vacations. We've earned it, working extra hard for the Fourth of July, including an early morning tech rehearsal. Some of us are now rehearsing for the upcoming "Love and Marriage" comedy show coming in October and the next Radio Show. Watch for us!

The singers will be back to rehearsing on Sept. 12. We will be presented with some new, challenging music to learn. Wonder if Rudolph will join in the sing-a-long that we do at the end of the Holiday Program the first Friday and Saturday of December? If you are interested in performing with us, contact me and I will put you on my email list that will give you more specific information.



Above: Four Season Singers with Tom Wasco, soloist

Left: Teri Meyers-Kelman

To join or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ **Barbara Wasco**

TOPS

TOPS (Take off Pounds Sensibly) is here at Four Seasons to help you achieve your weight loss goals. It is hard to believe but this month we are beginning our fourth year as a group. We have elected a new board and are looking forward to another successful year. Quite a few of our members have reached their goal and the rest of us are continuing to work hard to reach our goals as well. We have a great group of men and women who will make you feel comfortable and provide encouragement. Our programs include discussions regarding nutrition, motivation, health, fitness and other helpful topics. TOPS is also very affordable with a yearly membership fee of \$32 and \$3 per month chapter dues. We meet in the Lodge Ballroom on Tuesday mornings with weigh-in from 8 to 8:30 am and the meeting from 8:30 to 9:30 am. You may attend one meeting with no obligation. Come and see what we are all about.

For more information please contact our chapter leader and Four Seasons resident, Cathy Calhoun at (951) 849-2614 or Rosalee Strong, TOPS Area Captain at (951) 845-9313. ~ **Cheryl Burke**

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FOUR SEASONS RESIDENT

FOUR SEASONS RADIO CLUB

We meet on the last Friday of each month at 10 am at Rec Center North. Amateur radio operators (Hams), FRS radio operators, and anyone interested in learning about radio communications are encouraged to join us for an hour or two of casual technical discussion and emergency preparedness training. Call Pete Hersey at (951) 845-1363 for more info. ~ **Pete Hersey, KJ6NRR**

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BALLROOM & SOCIAL DANCE

Our club is taking the month of August off. We'll start again on Monday evening, Sept. 12. At 6 pm is introduction to dance. At 6:30 pm is beginning dance. From 7 to 8 pm is more advanced dancing. So mark your calendar and have some fun with us then. We'll be doing west coast swing next, which evolved from Lindy Hop, which in turn evolved from the jitter bug. Lauré Haile, an Arthur Murray National Dance Director, called swing dancing in the Los Angeles area "western swing," which is smoother than its predecessors. Western swing, country boogie, and jump blues were popular on

the West Coast throughout the 1940s, but in 1954 they were bundled together, rebranded and promoted as "rock 'n' roll." Here's a little wisdom to consider during this summer month: When you wake up in the morning, you need three things. 1. Something to do. 2. Someplace to do it. 3. Someone to do it with. Dancing can provide all three – dance, in our Ballroom, with a partner.

Info., Puring and Gary Stifter, (951) 922-8333, or purings@verizon.net. ~ **Willis Fagan**

LINE DANCING

The line dancers are getting better and better. Even the beginning group is learning more and more difficult dances. Once you are shown dances one step at a time, they become easier to learn. And once you learn a few dances some of the steps show up in another new dance making it even easier to learn. Besides, line dancing is not precision dancing. Small variations are permissible as long as you are moving in the same direction as the rest of the dancers.

We do a lot of laughing and even some teasing among the group, but most of all we get some exercise and just have fun. No experience or partner needed.

Come watch or join in on the fun. Beginners dance from 3 to 3:45 pm, advanced from 3:35 to 4:30 every Tuesday afternoon in the Ballroom. Please bring water with you in these hot summer months and wear shoes that will slide on the hardwood surface if you can. If you don't have any, check out this website for dance "socks:" thedancesocks.com. Very reasonable and they work great!

I want to thank Dena Cortez for teaching us all some new dances and for the big help she has been with the class lately. Dena herself is an excellent dancer and a great instructor. ~ **Martha Franck**

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RACQUET CLUB

Our June Play Day did not have a lot of players, but the ones who were there played well and a lot. Afterwards, the players and guests enjoyed a FSBRC-hosted lunch at the Summit, where in addition to the victuals, they relaxed and talked tennis, including their predictions about the then forthcoming championships, known on this side of the ocean as Wimbledon. Nobody predicted that Novak Djokovic would get defeated by American Sam Querrey and make an early Brexit.

Maybe the Play Day turnout was low because earlier in the week a large contingent of FSBRC player and friends ventured over to Sun Lakes to participate in their annual Charity Week tennis tournament. Though we helped them raise some dough for the Pass Area charities, they pretty much flattened us like a pizza crust, New York style, in the competition. One match that our side did win was a nip and tuck struggle in which our mixed doubles team of Larry Martin and Padoo Peralta ultimately prevailed. But the main goal was to help out the charitable activities and to play some tennis with our neighbor club. So, it was a success.

Speaking of success, this year it was the Red team that triumphed

in the annual Independence Day Red-Blue team competition. With the outcome still in doubt when the final doubles teams took the court before a dwindling audience, Red Team Captain Howard Lyon and partner Victor Flores just managed to save the day for the Reds by scratching out three of the 12 games against Syed Ali and Steve Hovey to give the Red team 100 games, with Blue falling short with 96. In addition to Howard and Victor, the Red team included Chuck Beckman, Richard Carrasco, Bernadette Martin, Howard Levine, Lyle Cameron, and Padoo Peralta. Padoo also was the top woman player with a total of 16 wins, repeating last year's feat. With 18 wins, Syed Ali was the top male player.

Barbara Miller continues to coordinate evening doubles play on the second and third Thursday of each month at 6 and 7, good times to play short sets as the weather heats up.

As always, FSBRC holds a Play Day on the last Saturday of the month, beginning at 8:30 am, and all residents are welcome to come out for some social tennis. Our website is www.fsbrc.org. ~ **Steven Hovey**



Barbara blasts forehand



Chuck follows through



Padoo and Chuck

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BOCCE

The Fourth of July tournament players were ready for very tough and warm double elimination competitions. We also enjoyed a potluck in air conditioning at The Summit between matches. Winners were presented with trophies at the July Fourth event.

Bocce ball is played at The Summit courts several times a week. Scheduled times are 9 am every Tuesday and 6 pm every Wednesday. All are welcome to join. Several groups play at other times as balls

are available for check-out from the attendant at the desk. No special skills or previous experience is needed. A great time will be had - laughs, moans and cheers will come naturally.

If you would like to come 15 minutes early for learning or practice or if you have any questions, call Mike Saperstein (951) 769-7909, Larry Anderson (951) 845-8003 or Jeannine Baker (951) 797-0833.
~ **Mike Saperstein**

PADDLE TENNIS

Occasionally while playing paddle tennis on a glorious summer evening I will notice those who stroll through the garden and pool areas of the Lodge here at Four Seasons Beaumont. Sometimes I can sense the curiosity arising while people walk by. "What is this sport? What is going on here?" Between points I will invite the curious to come within the gates and become our small crowd of spectators. While the seating is admittedly limited still there is an open door policy. There is something great about playing before a crowd. As a spectator, sport paddle tennis has much to offer. There are several star players here in our own backyard. Each one will not only dazzle you with their skill, but will also take the time to explain the game and invite anyone to borrow a paddle and join the fun. There are of course excellent videos of the sport on YouTube. Maybe someday we will be able to post one of our own. Paddle Tennis and Pop Tennis are variations of the game that we play here. We may not play like those at Venice Beach, but we are highly entertaining. Enjoy all your summer evenings. Maybe one of them could be spent cheering on and participating with your friendly neighbors here at the Four Season Paddle Club.

Our open play times are Mondays, Wednesdays, Fridays, Saturdays and Sundays 6 to 8 pm, and Fridays, Saturdays, Sundays and Wednesdays from 8:30 to 10:30 am.

If you have questions please call Diana Ali (909) 210-9357. ~ **Perry White**



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PICKLEBALL

With the change in seasons the weather is getting hotter and we are seeking more shade and bringing plenty of water. Open play in the mornings is busier than ever. We had 27 players rotating in on our two courts. Many players are reserving the courts in the evenings to avoid the morning crowds and the summer heat. The wind has even kicked in to give our games more zest. We had an in house tournament on Saturday, June 25. There were 28 players who entered. Winners were determined by an accumulated number score, so anyone had a chance to win. This makes it fun and invites all levels to join in. We will be having skill level tournaments in the future when we get more courts. Many family members and friends came to cheer us on. After the tournament we gave awards and had a barbecue/potluck next to the pool area. It was a fantastic time for all. Our winners: First Place, Janelle Von Kleist; Second Place, Sue

Barker; Third Place, Nancy Barnaby. Congrats to the three ladies-you go girls! They also received a trophy at our Fourth of July ceremony.

In August, we will start a beginners clinic. It will be every Wednesday at 8 am. Several of our members have agreed to come out and help new players.

So, if you want to see what it is all about come on Wednesday mornings. Remember our play time is 8-10 am Monday, Tuesday, Wednesday, Thursday and Saturday. For hot tips and to see the game played CORRECTLY — go to the Pickleball Channel on line and watch!

For more information about pickleball you can contact Nancy Barnaby at (951) 845-0842 or rbarnaby38@verizon.net or Marty Key (562) 331-0817. Keep on moving and don't get pickled. ~ **Marty Key**

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TABLE TENNIS

Our Fourth of July tournament ping pong winners were determined at our doubles tournament on June 17. On that day we had 12 players compete in a round-robin type tournament where everybody played everybody. After everyone had played 15 games, the points they had scored from every game were added up and the winners were awarded their trophies at the Fourth of July ceremonies in the Ballroom. Bob Burmester and Shou Carrasco did a great job keeping track of all the scores.

Hot shot Barry Pope scored 129, only 6 points shy of a perfect score. The winners were:

1st Place, Barry Pope and Perry White

2nd place, Alex Castanon and Pete Antoine

3rd place, Alan Chan and Neal Edelbaum

You don't have to be a tournament winner to enjoy playing ping pong. Just join us in the Aerobics Room Monday through Friday at

10:30 am and Saturday at 11 am. We would love to have you. Please contact Niles Sundstrom at (951) 572-5119 or Alan Chan at (951) 769-4202 if you have any questions or need more information about your Four Seasons Ping Pong Group. ~ **Niles Sundstrom**



Fourth of July Table Tennis champs

MOTORCYCLE CLUB

Our recent Thursday "Day Rides" have taken us to Angeles Oaks, Idyllwild, Big Bear and Forest Falls. When our summer temperatures start to rise we are fortunate to have the mountain locations to satisfy our desire to cruise through the fresh air on our bikes. If you

would like to join us for these weekly rides, just show up at the Lodge parking lot before 9 am Thursday morning. Our monthly meetings are held on the first Wednesday of each month at 6 pm in room one of the RCN building. All residents are welcome. ~ **Howard Lyon**



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DOMINOES

The domino playing for the monthly championship for June was dominated by John Bragg. John took the game of dominoes to a place no other player has been before. John went in the "Domino Zone," with 26 game wins. No other player has ever won that many games in one month. Solomon Hayes, was the only player that came in striking distance of John with 20 game wins. Simply, great playing by both players. Congratulations to John Bragg the domino champion for the month of June.

On June 29 and July 1, the domino players started competing to play for spots in the annual July Fourth domino tournament held at Four Season's Beaumont. The players winning two out of three domino games played in a final four tournament for trophies and special recognition. The final four players for the July Fourth tournament were, Leroy Wright, Reggie Fuqua, Carl Carson and John Bragg. The games were tough and fiercely fought, an all out war. When the smoke cleared, "The Ghost," Leroy Wright rose to the top and won first place. Reggie Fuqua won second place. Jim Stover was voted the most improved and the "meanest domino player." Congratulations to all of the players and participants. Special thanks to Cindy Graves and Four Seasons' Beaumont for sponsoring the yearly event.

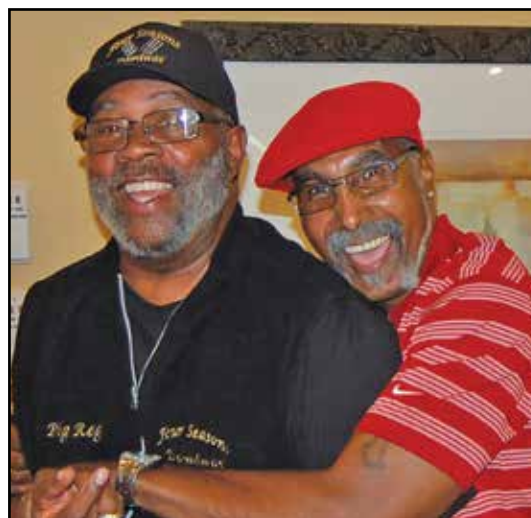
Dominoes are played every Wednesday and Friday from 5 to 9 pm in the Lodge Game Room. For more information call Jesse at (951) 769-2035 or Reggie at (951) 769-6483. ~ *Marvin A. Gaines*



Far left: First place winner Leroy Wright

Left: Second place winner Reggie Fuqua

Below: Reggie and Leroy after the finals





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The group having fun in Utah

4X4 SEASONS

Our June trip was canceled because of the intense heat. Hopefully we will be able to do that trip in July. Five of our members spent a week in Moab, UT. Moab is a great place for off-roading with several levels of difficulty. Above are two pictures of the trip.

If you are interested in learning more about this group, please join us for our meeting which is held the second Tuesday of the month at

7 am at the Lodge. Our monthly trip is usually the third Thursday of every month. We meet in the north parking lot of the Lodge at 8 am. Anyone who has a four-wheel drive vehicle is welcome. If you have any questions call Bob Cooper at (951) 769-6352 or Steve Kenyon at (951) 660-1366. ~ **Bob Cooper**

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Ken Gomer and Pete Antoine



Dave Martin and David Thomason



Lee Harris and Mike Saperstein

BILLIARDS FOR FUN

It's hard to believe that the Billiards for Fun Group is almost three years old! However, as the saying goes, "Time flies when you're having fun," and fun we do have every Tuesday! We had a few of our members move away in the past three years, but new people have joined to take their place, and we have such a wonderful group of billiards players! There's always lots of laughter and good-natured banter. We also schedule a bi-monthly potluck, which is always fun. At our June potluck, hosted by Rocket and Patty Spinosa, the decorations were red, white and blue, and as usual the food was amazing. This time, however, we were a little sparse on the main course items, but were abundant in the dessert department. Not one person complained, however, as we have excellent cooks and bakers in this group. It would be worth it to you to join the Billiards for Fun Group just for the potlucks. Seriously! We held our yearly Fourth of July singles

tournament on July Fourth. Because our group is so large, we had three divisions: Red, White and Blue. Each of the groups played at their designated times, and six of our members received trophies at the Association Picnic in the Lodge at 1 pm the same day. Our winners were:

(L-R): Red: 1st place: Ken Gomer – 2nd Place: Pete Antoine

White: 1st place: Dave Martin – 2nd Place: David Thomason

Blue: 1st place: Lee Harris – 2nd Place: Mike Saperstein

Congratulations, everyone! If you are new to the community, newly retired, or just want to join a really fun and nice group of people who play billiards for fun, consider coming by the pool room any Tuesday. We have two sessions: 11 am to 1 pm and 1 to 3 pm. We also have practice sessions at the same times on Saturdays. Come on by and check us out. ~ **Eileen Gilbert-Antoine**



Left: Beverly and Norma Jean play the final game



Winners Norma Jean Cohen (1st) and Beverly Lunetta (2nd)

CURLY CUES

It's such a different experience playing billiards with all ladies. For one thing, women are natural-born nurturers, so we all instinctively help each other. The only problem is when we have a "no-helping" rule during a tournament. At our July Fourth singles tournament, it was so difficult to hold back and not help — mostly by yours truly! However, everyone who played in the tournament exhibited their amazing developing skills, and each of the ladies gave their ultimate best. The tournament took nearly three hours to complete, but we got our winners! Norma Jean Cohen took first place, and Beverly Lunetta

secured the second place trophy. (See photos above of the final game, and each of the winners.) The trophies were awarded at the Fourth of July picnic at the Lodge, and the Curly Cues cheered the loudest for our winners!

If you are interested in joining a fun group of Four Seasons women and in learning to play pool (we know you've always wanted to), please consider joining us at the time listed above. We'll be looking for you. ~ **Eileen Gilbert-Antoine**



ALL SEASONS RV

This July and August the RV group is pretty quiet. We have upcoming trips to northern Arizona, the Albuquerque Balloon Festival and Santee Lakes to finish off 2016. If you have an RV and are interested in joining this fun group come to a meeting and check us out. New members are always welcome and we enjoy sharing our RV experiences. We meet on the second Tuesday of the month at 6 pm in the Lodge. Hope to see you there. ~ **Ann Williams**

ROADRUNNER RVERS

We all are having a busy summer, and as a result, we are not home! Many are on long RV trips to other states, cruising, etc. So, we have not been able to connect since our May RV meeting. Our next meeting is at Pat and Gordon Shepard's home at 7 pm on Aug. 11. Our upcoming trips include the Sierras with the Guys in August and September. Parker, Arizona with the Guys, September into October. San Clemente State Park with the Jacobsons, Oct. 9- 14. Pahrump and Death Valley Nov. 6 with the Shepards. If you wish to join us, please contact Bill Guy at (951) 845-5627, or Jane Jacobson at (951) 797 3563. ~ **Jane Jacobson**

HORSESHOE CLUB

As promised last month, the winners with accompanying photos of our Fourth of July Tournaments are as follows: Doubles – 1st Place winners were Dave Thomason and Rich Carrasco, 2nd Place winners were Rich Burns and Mike Corbett. Singles – 1st Place winner was Ron Erickson, 2nd Place winner was Victor Mayoral. Trophies were presented at the Fourth of July program by Gary Christie, who made us winners sound much better than we actually are. Thanks Gary! Our club would like to welcome our new secretary, Andi Henderson, after the departure of Dee Kelch. Our monthly social, starting with dinner at The Bistro followed by dessert at a member's home, was hosted this month by recent new members Mike and Kris Corbett, at their spacious brand new very nicely designed home, both inside and out. Desserts were absolutely delicious. Always nice to have new members immediately get involved in

all club activities. Well done Mike and Kris. What a great and enjoyable club to be a part of! If you're new residents or even been around awhile and looking to get involved in some or even one of all the clubs and activities available here at Four Seasons, take a look at us, satisfaction guaranteed. We meet every week on Wednesday at 9 am at the Summit. Contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erickson**



Above: 1st place winner was Ron Erickson; 2nd place winner was Victor Mayoral



1st Place winners Dave Thomason and Rich Carrasco, 2nd Place winners Rich Burns and Mike Corbett

THE 8-BALL CLUB

This month the 8 Ball In-House Tournament was interesting. Of the 10 players who participated, two players, Ray Windhorn and Rocket Spinosa, went through four rounds of play undefeated. Ray however, defeated Rocket and sent him into the Loser's Bracket. Rocket was pitted against Larry Rice who for the third month in a row was placed into the semi-finals. Larry Rice, from the Loser's Bracket, and undefeated Ray Windhorn chalked up for the final match wherein Ray was victorious securing the first game and the Championship for the month.

The 9 Ball In-House Tournament consisted of eleven players vying for the championship. Gary Christie (celebrating his birthday this week along with that of Joe Aviles) tripped into the finals undefeated for four rounds. Dewey Allen came up from the Loser's Bracket to participate in the finals and according to the rules of the Double Elimination format had to defeat Gary twice to win. Dewey accomplished this feat and became the monthly 9 Ball Champion. The active members of our club not only enjoy playing pool, but enjoy watching the games when we ourselves are not playing. We thank those players who were lucky enough to advance to the final matches and congratulate Ray Windhorn and Dewey Allen, the winners this month.

The club officers are Captain Del Lyles, Sr. at (951) 845-5114; Co-Captain Roland Harrah at (951) 267-3793 rolandthanh@msn.com; Thanh Harrah, Secretary/Treasurer at (951) 267-3793 rolandthanh@msn.com. ~ **Roland Harrah**



Gary Christie and Dewey Allen



Ray Windhorn and Larry Rice




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D.O.G.

The summer weather is starting to warm up, therefore our Wednesday evening pack walks (with the exception of the third Wednesday of the month) have been moved to 7 pm at the Summit parking lot. We also meet every Saturday morning at 7 am in the parking lot in front of the Lodge Fitness Center until further notice. Walks last about 30 to 45 minutes on both sidewalks and the trail system. Everyone is welcome. Retractable leashes are not permitted. You must bring a line leash not greater than 6 feet. Even the most inexperienced dog usually settles into the fun of a pack walk within 10 minutes. Dogs of all sizes are welcome. Even those who don't currently have a dog are welcome to join us on our walks. Join us and have some fun.

Some dog owners have asked for assistance with "reactive dogs." The following information is reprinted from The Dog Daily.

Reactive dogs aren't hard to spot. Outdoors, such canines will lunge at people or dogs that get too close. They usually also bark loudly, growl forebodingly and may even bite anyone foolish enough to get close. In the home, the reactive dog can appear threatening to visitors as it jumps, barks and stares.

Reactive dogs tend to stress out their owners as they try to keep visitors and passersby safe from their intimidating, if lovable, best friend. If your dog is reactive, the following five steps are recommended:

1. **Buy a harness:** Any tightening of a leash is restrictive to a dog's airway, which will only heighten its anxiety. A harness removes the

possibility of pressure on the neck, and also helps to rebalance a dog that's lunging forward.

2. **Have a plan:** Knowing what you will do (e.g., turn and walk away, keeping the dog moving) when your furry friend responds to perceived threats will allow you to remain calm. Part of the plan should involve reminding yourself to relax.

3. **Be familiar with the signals:** When dogs begin to become uncomfortable, they may lick, yawn and sniff. As they get tense, they may exhibit changes in posture, such as becoming more upright, tucking their lower body backward or stiffening up. Staring is usually the last move before a more intense reaction. If you can get your dog out of a situation before the stare, you will nip the problem in the bud.

4. **Retrain your dog:** Walk away from the tense situation to a comfortable distance, keeping the object of the dog's discomfort in sight. Get your dog to glance at the other dog or person before it gets to the point of staring, and then give it a treat. Soon the dog will begin checking back with you when it sees things that make it tense.

5. **Enlist help:** If you can't handle the problem on your own, find a good trainer or behaviorist to work with. "A professional can observe your dog and possibly see a lot more about what it's doing."

With some time, effort and training, you can turn your reactive dog into a companion that any roommate would feel comfortable taking for a stroll around the block

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On the Breeze

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If you would like to submit a photo for the cover of your community magazine, please keep the following guidelines in mind:

- Vertical format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- If you have any questions, please call Courtney Taylor at (909) 797-3647.

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The Communications Committee respectfully requests that all clubs and groups submit their article ***no later than 12 noon on the 8th of each month.*** Please limit articles to 400 words. Email .doc or .rtf files to fourseasonsnews@yahoo.com. Please include committee, club or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs must be clear, in focus and submitted as high-resolution jpegs with captions including the first and last name of anyone in the photo. Photos and articles will be printed at the committee's discretion.



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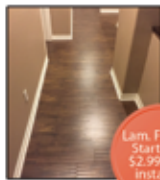
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