

Four Seasons

# BREEZE

Magazine



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The Four Seasons Breeze Magazine is published by  
Four Seasons at Beaumont HOA & Image Up Advertising & Design

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.....  
**The HOA Board of Directors meets on the second Thursday of each month  
in the Lodge Ballroom. The Executive Session is at 9 am and the General  
Session is at 1 pm.**  
.....

For more information about Four Seasons at Beaumont, please visit  
**[fourseasonsbeaumont.org](http://fourseasonsbeaumont.org)**. You will find Association Financials, Board Meeting  
Minutes, Activity Calendar, Community Guidelines and more helpful information.  
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# MANAGER'S REPORT

By Eric Zarr, General Manager

## SLURRY SEAL VS NEW ROAD

There have been several questions as to why we slurry seal the roads versus putting in new roads. The main reason we do this is cost. To remove and replace a roadway is a very expensive process. We have used crack filler and done small removal and replacement where crack filler would not be effective. Utilizing slurry seal and crack filler will increase the asphalt life for many years.

## SOLICITORS

There have been several reports of solicitors for different services coming through the community lately. Please continue to call the Lodge to report them when it happens again. Another way to help is to never use the service that a solicitor is offering. If no one purchases from a solicitor it is less likely they will come back to the community in the future.

**Calendar changes:** *You must complete a Schedule Change Request Form, found on the website or at the Front Desk in the Lodge, by the 8th of the month to make it in the following month's calendar.*



## Travel Interest Group

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# Welcome to FourSeasonsBeaumont.org (part 4)

By Sandra Butler-Roberts

Use of our website is increasing as we can see in the monthly analytics data. The number of unique visitors from January 2018 through June 2018 was 2843, with the total number of visits 4374. Our website has a great deal of useful information at the tip of your fingers, so if you're not sure where to find what you're looking for, take the tour through this series of articles. In Part 1 we examined the [Welcome](#) drop-down menu. In Part 2 we went step by step through the [General](#) menu, and in Part 3, we explored the [Contacts](#) menu. This month we will take you through three menus: [Businesses](#), [FAQs](#) and [Calendars](#).

## Four Seasons at Beaumont



Under the [Businesses](#) menu you will find Smitty's Bistro, Salon, and Homeowner Businesses. A quick link to Smitty's Bistro can also be found on the Welcome page. When you click on Smitty's Bistro you can find the phone number, hours of operation, and their complete menu.

When you click on [Salon](#) you will find their hours of operation,

phone numbers for the Hair Stylists, Manicure/Pedicure, Facials and Therapeutic Massage. You can also find their menu of services and the list of prices.

If you are a Four Seasons Beaumont homeowner with a business, you can place your business card or ad on our website. When you click on [Homeowner Businesses](#) you can scroll through the current ads. If you wish to send an inquiry or to update an advertisement, there is a "[Click here](#)" link at the top of the page. When you click on it, you can send an email to Cindy.

The next menu at the top of the page in the menu bar is [FAQs](#). This page is the place where Management Staff and Committees can place the responses to questions they get over and over. So, before asking your question, you might want to check out this page. Currently there are responses to questions placed by the Architectural Committee (you know they get a lot of questions!) as well as responses to frequently asked questions from the Landscape Committee and the Facilities Committee.

The [Calendars](#) menu has undergone some useful changes. If you haven't looked at it recently, check it out. Here is another place to find the [Movie Schedule](#). You can also now find the [Monthly Calendar](#) and the [Games, Classes, and Meetings](#) Schedules and the [Physical Exercise](#) Schedule direct from the Breeze! This is a brand new addition. Thank you Larry Workman for this new feature!

The [Holiday Schedule](#) lists all of the facility hours including Regular Hours, and our Holiday Hours, 2018. You can also find a link under our Calendars menu to Upcoming Events. Here you can find just about anything that's coming up listed with dates, times, location, and description. The link to Upcoming Events can also be found on the Welcome page.

Next month we will take you through the final menu: [HOA](#). Keep those website questions and ideas coming in. Email us at [FSBeditorialboard@gmail.com](mailto:FSBeditorialboard@gmail.com).



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# A Tribute to Larry Goodreau, “Techie” Leader Extraordinaire

*By Cindy Graves*

Wednesday, June 27, was an evening we will all remember for a long time. A special tribute dinner was given for Larry Goodreau who has been the Captain and fearless leader of the famous “Four Seasons Technical Production Group.” Larry stepped down after almost 10 years of service to this community. A funny, fictional biography of Larry was created by Michael Rothberg. Danya, my Activities Assistant, created a wonderful very “punny” slideshow of super heroes with Larry’s head attached. Cathy Goldsmith, the Performing Arts Club Captain, honored Larry with some great stories and then our Board President, Len Tavernetti, presented a special award to Barbara Goodreau, for her personal sacrifices in lending the community her husband. I had the final privilege of presenting the coveted “Orb of Greatness” to Larry for his huge list of contributions and involvement.

Larry has been organizing and working on the sound, lighting and staging for all of our Amphitheater Concert Series, our Performing Arts Shows, BOD meetings, town halls and any other special events that took a technical crew. He has personally built a huge mic stand

rack in our Ballroom storage, designed and created outdoor amplifier stands; built beautiful shelves in the Ballroom sound system cabinet and other things too numerous to list. He’s been a great leader and built a great team who will be continuing with their amazing service. It was pretty funny that the week he determined to step down from being the leader, a big special project came up in the Performing Arts Club requiring research and equipment problem solving. The thinking was; now that Larry is “retired” from leadership, research and equipment problem solving, he’ll have a lot more time on his hands to take on another research and equipment problem solving project. The moral of the story for Larry is “You can retire, but you can’t stop working.” Graciously, he’s already announced that Stan Sweeny may be taking over his place as leader, but he’ll still be around to pull cords, schlep equipment and help the team. Four Seasons has sure been fortunate that he and Barbara chose this neighborhood to move into. Thank you Goodreau family for your giant investment in making this community a better place to live in!



*Larry Goodreau holds the Orb of Greatness*



*Cindy Graves presents a "punny" slideshow*



*Len Tavernetti gives Barbara Goodreau a special award  
for her sacrifices*

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# Activities Director Corner

By Cindy Graves, Activities Director

August is a super busy month and I thought July was packed with events! The Fashion Show is a popular event here at the beginning of the month and there is going to be a few unexpected surprises during that show... I can't tell you now, but people will be talking about it afterwards, that's for sure. Stay tuned and find out.

Something else that will be fun to talk about and go to is the Aug. 19 Four Seasons' version of Woodstock; the Amphitheater Production Group is calling it "Four-Seasonsstock." In preparation for this fun event I am collecting photos of you from the late 1960s – early 70s (digital... feel free to take a picture of your picture on your phone and then send it to me). We are going to be creating a slideshow of you guys, to be played in back of the fantastic Santana Tribute Band. We're also holding a best 60s/70s outfit contest with a gift basket prize. This is going to be a unique concert event and I hope you can make it. You'll be glad you did.

On Aug. 24 there will be "Movie Night at the Summit" from 8 to

11 pm. At the time of this writing the movie to be played has not yet been announced, so be looking for info at the Lodge and the Daily Report for the movie title. You are welcome to start bringing your chairs at 6 pm (please not before) as well as your favorite beverages (no glass) and snacks. This will be the last outdoor show of this season, but next year, we anticipate having three shows during the summer. This is a free event for everyone.

Finally, I want to invite you to everyone's favorite "Gail-Games." This month on Friday, Aug. 31 at 6 pm in the Ballroom, she'll be leading us in that favorite TV game *Password*. This will be an exciting workout for your brain. Don't forget it has been said, "The more you drink, the smarter you become." So bring your favorite special juice or a dinner from the Bistro and enjoy the challenge and camaraderie. Prizes will be given out as well! Everyone is welcome and there is no cost to attend.

Have a fabulous August and I'll see you around the Lodge.

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# DID YOU KNOW?

By Micki Rosen



**DID YOU KNOW THAT AUG. 3 IS WHITE WINE DAY?** The earliest evidence we have of wine indicates that it was being made 7,500 years ago in what is now Iran. It is fairly certain that the birth of wine dates back way before this, but no archaeological evidence has been able to determine precisely when. Since its creation, it has held a place of high esteem in society, being used in holy rituals and traded among the noble and wealthy. White wine comprises the largest percentage of wines made in Germany and Switzerland, and the northern half of France is also known for its broad variety of white wines. In Catalonia there is a special sort of white wine known as Cava; champagne itself is only produced in the Champagne province of France.

**DID YOU KNOW THAT AUG. 14 IS CREAMSICLE DAY?** Originally created by Frank Epperson in 1905, this industrious and inventive 11-year-old experimented with putting fruit juice around vanilla ice cream. The original “Epsicle”, which later became known as a popsicle, creamsicle and dreamsicle, was done with just orange juice outside. Nowadays you can find them in lots of different flavors. This cold delight has been a staple of the summertime ice cream truck since they started moving around. Apparently the ones served on Long Island are less about the orange and more about the strong vanilla, while in Florida’s Palm Beach you get a small amount of vanilla flavor and a crazy amount of orange.

**DID YOU KNOW THAT AUG. 23 IS SPONGE CAKE DAY?** While its soft and delicate texture has often been attributed to the Victorians thanks to the Victorian Sponge Cake, in fact the sponge cake finds its roots in Italy. Sometime in the early 18th century, a respected and wealthy member of the Pallavicini family in Genoa commissioned a cake that was as light and delicate as sea foam. The result was an airy and delectable confection that was known as the Pate Genoise. This creation would soon come to be known as sponge cake. What set it apart was that it was created without any yeast or leavening agent, instead taking advantage of the properties of whipped egg whites to add air to the texture of the cake. Its popularity exploded throughout the world, and endless varieties came to pass.

**DID YOU KNOW THAT AUG. 28 IS RAINBOW BRIDGE REMEMBRANCE DAY?** Animals have served as beloved members of our family for time out of mind, and continue to do so to this day. This includes service animals that help those with conditions like blindness, PTSD and epilepsy, working animals on farms and police forces, and the simple companion pet that helps us through our loneliest times with undying unconditional love. Rainbow Bridge carries on an ancient tradition of memorializing our beloved pets with the same care and consideration as our departed human family. Pharaohs would entomb and mummify their cats, and animals of all sorts have been found in ritualized burials. The Ancient Egyptians buried their pets with all the things they would need in the afterlife, just like the humans that were mummified and buried.

**DID YOU KNOW THAT AUG. 30 IS SLINKY DAY?** The Slinky was originally designed and sold in the 1940s. The inventor had accidentally knocked a spring off a shelf, and watched it “walk” down a series of books to a tabletop, and then to the floor where it neatly coiled itself. The creator, Richard James, figured with the right property of steel and the right tension, he could make a spring walk. He made 400 Slinky units and tried to sell them for \$1 each, but they didn’t take off until the fateful day that James was granted permission to set up an inclined plane in the toy section of Gimble’s Department Store. Within 90 minutes, he had sold all 400 units. One year later, the Slinky was introduced at the American Toy Fair, and since then it has been marketed around the world, and used by NASA and the U.S. Army.





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CLOWN  
GROUP

LAST  
MONTH'S  
← JOKE

**JULY'S WINNER: PAM MORRIS**  
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## YOUR COMMENTS

*Most of us are scary looking enough even without clown make-up! ~ Joyce R.*

*Finally, some scary good fun around here beside the wildlife! ~ Charles C.*

*I was so excited, not for the club, but the contact person may be a long lost relative of mine! ~ Mary C.*

*Would not like to find a clown anywhere at 5 am when I go to work! ~ Liliana S.*

*It seems hard for a scary clown to hide because he is so colorful! But I will be sure to be on the lookout! ~ Carolyn H.*

*We have many scary clowns around, be careful walking alone! ~ Gracy L.*

*If you want to get rid of your mate, join the scary clown group. ~ Sharon R.*

## Get the Joke Entry Form

Resident name (first & last): \_\_\_\_\_ Phone \_\_\_\_\_

The Joke This Month: \_\_\_\_\_

Comments (about the joke, the *Breeze*, or whatever's on your mind!): \_\_\_\_\_

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# Expressing Gratitude in Four Seasons

For my neighbor Sue Wilson for all she does for our street. Carol Wall

I am grateful for each and every resident and staff person that serves this paradise we call home! To my fellow Four Seasons neighbors - thank you!

Thank you Cindy.  
Ed McBratney

Annette Robles is first class, treats me good and always has a smile.  
Mike Rokita

A big shout out to my neighbor, Phyllis. While on an extended vacation, she moved from a house sitter to a "life saver." We had a major problem which she handled with speed, care for us, and her checkbook. We are so lucky to call her neighbor and friend. Mary and Bill

Broadriver Trail is one lucky street. We are all blessed to have John Enzler as our neighbor. He has touched us in so many ways. Each of us probably has a "John helped me with this" story. Our story started in 2014 when Jan had knee surgery and he started taking our trash out. Forward to 2018, knee is healed, but John is still taking care of us. Thank you, John, from grateful neighbors. John and Jan Baeyertz

Greg Lee and Shairon Nevills have been such a blessing to me, I'm so grateful for their help last week. The two of them created for me a beautiful rock garden. The joy I feel when I walk out each morning to see it is indescribable. Greg Lee for Mayor of Four Seasons!  
Wanda Valentine

We are so grateful for our kind and loving neighbors, always at the ready with support and helping hands. Carlos and Martha Baumgarten

Thank you to our friends and neighbors for your thoughts and prayers and continuous support for our grandson.  
The Corbett family

Box of Gratitude!  
I AM  
THANKFUL  
FOR  
MY  
GRAMMAS  
HOUSE  
Name: Lisa Torville  
Thank you! Grand-  
Darlene Meisters daughter



If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Just go to the Lodge lobby and fill out a gratitude note and put in the box marked "The Box of Gratitude." Thank you.





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## Apps for Summertime

*By Steve Benoff*

We're in the middle of summer and it occurs to me there are apps that are particularly appropriate for this time of year.

A handy little app I found is called [UV Index Widget](#). Using location information you grant the app when you first use it, the app tells you what the UV Index is where you are. It shows a UV graph for the day in a color code corresponding to low, moderate, high, very high, or extreme. The phone itself doesn't actually read the UV; the app gets the information from a national database. The free version gives you the index for where you are at the moment. It has several other features, all of which require the pro version (at a cost of 99 cents). With the pro version, you can get UV forecasts for the next three days and you can also get UV info for cities throughout the US.

There's another UV app called [UV Lens](#) that isn't as comprehensive as the paid version of the above app, but it's more informative within its limited scope. For your location, it presents a clock dial with UV readings for today and tomorrow. It shows the index for the current time, but it will also show the index for anytime you choose by putting your finger on the dial. The dial is color-coded corresponding to the UV Index at times throughout the 12-hour period. If you're concerned about UV exposure, this is a handy app to have.

If air quality is your concern, download the [Air Visual](#) app. This is a very comprehensive free app that gives you the Air Quality Index for your current location and locations around the globe. The index ranges from good (0-50), moderate (51-100), unhealthy for sensitive groups (101-150), unhealthy (151-200), and very unhealthy (over 200). In a ranking of major cities, only Beijing was in the worst category and no major US city was above 100 on a late June day. Air quality for your current area is broken down by hour into the next day and by day for the next week. You can also create a list of favorite cities which will show the air quality for the current and next few

days. But wait, there's more. If you press the map icon, you'll see current readings from around the world. The map alone makes this app worthwhile.

[SkyView](#) is an app that uses the camera in your phone to give you information about the planets, stars, constellations, and a few very bright satellites. If you tap on a celestial body you can get more detailed images and info. It's pretty cool and easy to use. Of course, this is a great app for anytime of the year. Curiously, it also works in the daytime.

Here's an app you might want to try out. It's called [Field Trip](#). To quote the developer, it's "your guide to cool, hidden, and unique things in the world around you..." It can tell you interesting places to visit based on your current location or any place you select on its map of the world within the app. I'm not sure if the app is making a comment about Beaumont or itself, but using my home in Four Seasons as its location, the only local point of interest is the Banning Women's Club Clubhouse that apparently is listed as a national historical marker. I've been there several times. While it has well-served its purpose as a meeting house and venue for plays, if I went out of my way to visit it, I'm not sure I'd be very pleased. On the other hand, I found hundreds of interesting places when I zoomed in on Salt Lake City.

One more summer app, and one in which I have no interest, is the [GetMyBoat](#) app. It's been described as the Airbnb of boat rentals. If that's your thing, give the app a try. Like almost all the apps I talk about, it costs nothing to explore it and is easily deleted. By the way, while I'm not into boating, I am into cycling. I entered "cycling" in the App Store search bar and found several apps for the bicyclist.

Do you use an app you'd like to share with others?

Let me know at [steve.benoff@verizon.net](mailto:steve.benoff@verizon.net).



# Pet of the Month: Sunshine

Hi, my name is Sunshine! At least that's the name my new mom gave me. I don't remember what my name was before she rescued me. I was found with no ID, no microchip, no history. My mom saw my photo on the shelter's website and decided that she HAD to meet me. She had lost her very special girl and was looking to rescue another dog – and there I was. That was last year, she rescued me on July 29, 2017.

The shelter told mom I was between three and five years old, so she settled on four. The nice vet told her that was about right. I had my beautiful coat clipped off when I got to the shelter because it was so matted. The only fur that was left was on my head (see before photo). As you can see, I am a very furry girl, and have a beautiful tail, of which I am very proud.

Mom has always had Chow Chow mixes – anyway I'm the third Chow girl she has adopted. When she rescued the girl she had before me, the lady at the rescue told her that Chows bond with their people for life. Also, that we are very cat-like. Some people think we're aloof, but we just are reserved. We need to get to know you better before we warm up to you.

I was very wary of both dogs and people when I first came to live with my mom. She says that all I wanted to do was sleep for the first few months. I was probably very tired from running and running and not having enough to eat. It took me several months before I realized that Sunshine was my name. Mom sings *You are my Sunshine* to me a lot.

When I finally was able to relax and start to enjoy life, Mom started to take me on pack walks. At first I was afraid of both people and other dogs. Over the last few months I began to realize that they are my FRIENDS! Now I am eager to jump in the car and go to meet them. ~ **Sharon Bond**



Left:  
Sunshine when  
she was first  
adopted.



Below:  
Sunshine now.

Photo by Alex Woodcock, Alexpressions Photography

*If you'd like your pet(s) to be featured in Pet(s) of the Month, please contact Alex Woodcock to schedule a photo session at 909-705-9540 or alexpressionsphoto@gmail.com.*



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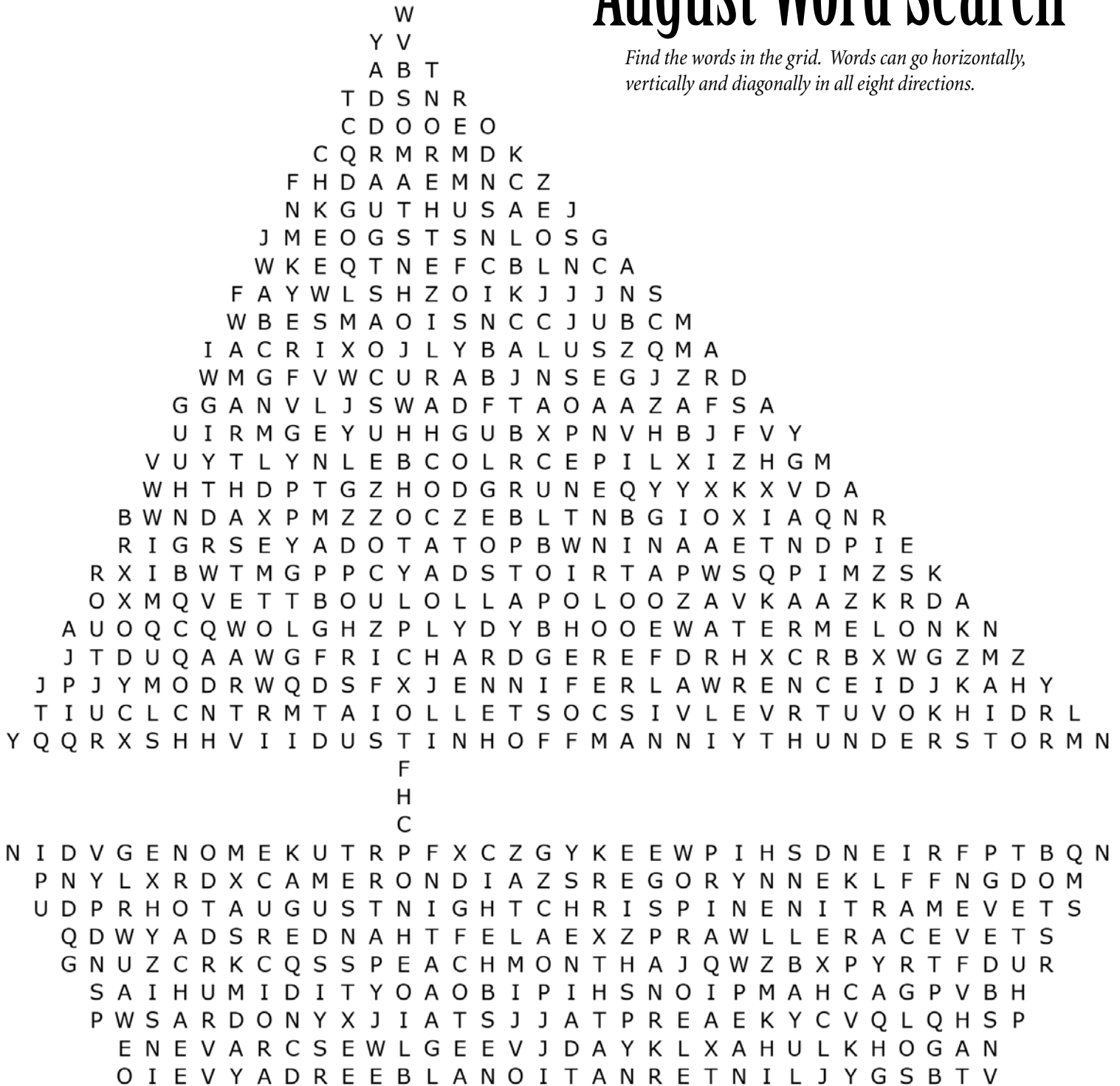
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# August Word Search

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Bikini  
Cameron Diaz  
Charlize Theron  
Chris Pine  
Dog Days of Summer  
Dustin Hoffman  
Elvis Costello

Elvis Week  
Friendship Week  
Hot August Night  
Hulk Hogan  
Humidity  
International Beer Day  
Jack Black  
Jennifer Lawrence

John Stamos  
Kenny Rogers  
Left Handers Day  
Leo Lollapalooza  
Martha Stewart  
Patriots Day  
Peach Month  
PGA Championship

Potato Day  
Richard Gere  
Sardonyx  
Sean Penn  
Steve Carell  
Steve Martin  
Thunderstorm  
Tom Brady

US Coast Guard Day  
US Open  
VJ Day  
Watermelon  
Wes Craven

Puzzle created by Jeff Davidson.  
Solution on page 62





## FACILITIES COMMITTEE

At the June meeting the Facilities Committee unanimously elected Bruce Lewis as the new Chairperson. Bruce was previously Co-Chair of the Committee, and he will continue bringing his dedication and knowledge to his new position.

A key issue discussed at the June meeting was the Lodge roof repair due to serious leak issues. All three Lodge building roofs are in need of repair. Eric Zarr was able to join us for this discussion. Amy Bardos, Saphire Rhodes, and Eric provided us with essential background information. We continue working with the Finance Committee on this complex issue.

The Craft Room project is still under review by Facilities and CPT. A diagram of the proposed project will be posted in the Craft Room and users will be invited to comment on the proposed project.

In addition, the resurfacing of the shuffle board courts has been completed. A number of other projects are under review, including a Courts sauna alarm system, and automatic door openers for handicap access to the restrooms at the Summit and Courts.

We also learned that Amy Bardos will be leaving us. She has done an outstanding job as our FirstService Representative and will be greatly missed by the committee. Hugo Barahona will be replacing Amy. We look forward to working with Hugo.

We currently have positions open on the Facilities Committee for those interested in serving the community.

The Facility Committee meets the second Wednesday of the month at 10 am in the RCN building. We welcome all residents to join us and share ideas or concerns. ~

*John Baeyertz*



## SOCIAL COMMITTEE

Greetings! Tickets to our Fashion Show on Aug. 11 are sold out and a wait list has been started at the Lodge Lobby front desk. We are very much looking forward to this event. We are also starting to plan our Masquerade Murder Mystery Event on Oct. 27. This will be another fun event not to be missed. More information will appear in next month's article. Until next month, take care.

~ *Pamela Morales*



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# LANDSCAPE COMMITTEE

We have a few more weeks of warm, dry weather ahead of us. Using proper watering now will help ensure our landscape plants will remain strong and healthy during the colder temperatures to come. As pleasant as it may seem, the idea of using the hose to splash water onto and around plants may not help prepare them for future cold weather.

There are basically two types of water delivery systems - drip and sprinkler. The drip system is better suited for plants in containers and vegetable gardens.

It is important to deliver water deep into the ground so the root system stays healthy. Use less water by using conventional irrigation systems. The job is made easier by installing an automatic system


controlled by a timer. The down side of this system is that it is not entirely trouble free. It is important to watch for broken sprinklers, clogged drip emitters, etc. (Usually, you become aware of a problem when you notice a plant that is already stressed.)

It may be necessary to periodically test the water distribution. An easy method is to place empty cans around the area of concern (shallow cans such as tuna cans work quite well). This gives you an idea as to how much water is delivered in a specified amount of time. The goal is to provide your garden with deep, infrequent watering which "trains" plants to develop longer roots.

The results of using our water resources correctly is twofold. Healthier gardens and a reduced water bill. ~ **Doris SanFilippo**




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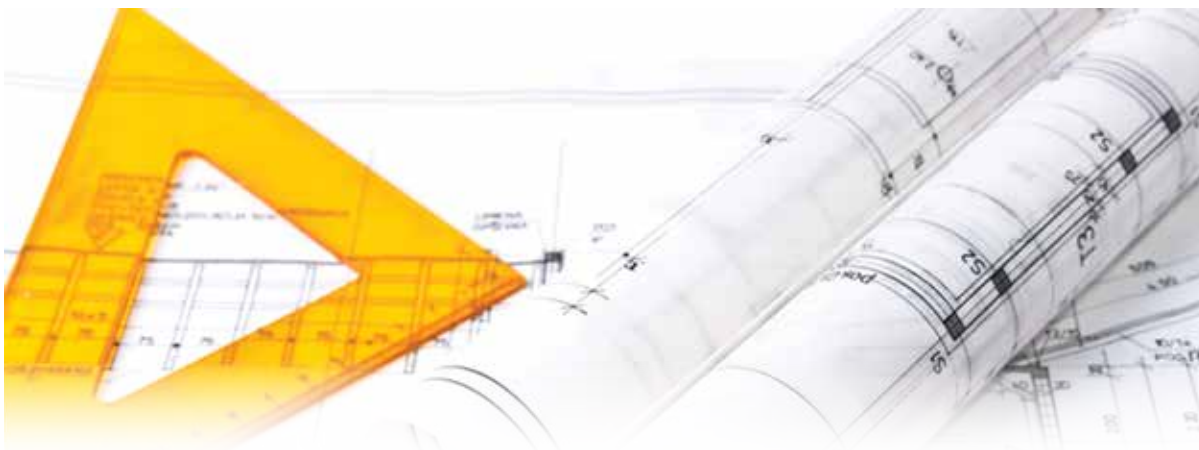
## RULES & REGULATIONS COMMITTEE

Have you read the Community Guidelines? We were all given copies when we bought our houses and they are also available on the [fourseasonsbeaumont.org](http://fourseasonsbeaumont.org) website under Governing Documents. I'm not saying that the guidelines will replace your favorite spy novel or thriller but they do make pretty exciting reading. The Community Guidelines consist of 36 pages of important information and we at the Rules & Regulations Committee highly recommend reading them.

Community Guidelines cover everything from the rules governing basketball hoops (not allowed anywhere on the property unless the Board gives prior written consent to the location) to woodpiles, storage areas, mulch piles and outdoor clotheslines (prohibited unless obscured from view from persons located on Association Property by a fence or appropriate screen approved by the Architectural Committee).

But wait, there's more! The Common Guidelines contain extensive information of what is allowed or disallowed on our Association Property. Those things that fall into the disallowed category are there because they may conflict with the enjoyment of our use of the property. As the guidelines so aptly state, the use of the Association facilities is a privilege which is enjoyed by all residents and consideration of others is paramount. Four Seasons is a great place to live and we have our community guidelines and CC&Rs to thank for it!

The Rules & Regulations Committee meets on the second Tuesday of each month at 9 am in the RCN Conference Room. You can voice an opinion or concern as a guest or just observe the meeting. Either way, we welcome you. We also have some openings on the committee for residents who are interested in contributing to our community. Please stop by! ~ **Margie Chadburn**



## ARCHITECTURAL REVIEW COMMITTEE

Something is always changing at the Architectural Review Committee. This month due to changes in California laws we were required to adjust our guidelines and rules concerning installation of solar panels on attached residential buildings. These are our Springdale units. Please contact the ARC or the management office if you need more information.

Our entire membership is learning about changes to the state's requirements for live plant material in front yards and how the builder is changing their landscape designs on the newest buildings. We don't have any say in how they landscape new homes. However, we need to have the knowledge to help new homeowners who want to change their front yards and stay within state and city laws as well

as our ARC Guidelines.

Occasionally we are called on to provide guidance to the Board of Directors concerning what our Guidelines allow and what is restricted. We never roam through our community or search for violations. We only act as advisors to homeowners and the Board of Directors.

If you enjoy lively discussions, learning new concepts and serving your neighbors, the ARC is for you. Check us out. We meet the first and third Wednesday of each month in the RNC Conference room. You may also call me for more information at (801) 815-5302. ~ **Steve Cooley**



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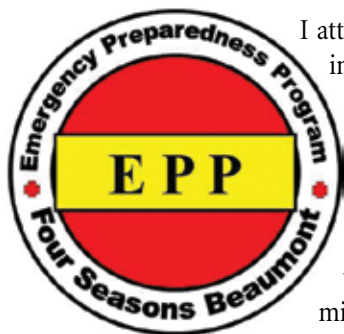






# STOP THE BLEED

## EMERGENCY PREPAREDNESS COMMITTEE



I attended "STOP THE BLEED" training in April. Stopping bleeding saves lives. The tragic Las Vegas shooting prompted this FEMA training. Emergency personnel did not reach the victims for two hours; a person can bleed to death from an untreated arterial wound in three minutes.

Bleeding can be stopped by direct pressure, packing the wound or with a tourniquet. Direct pressure is properly applied using two hands. You must keep your hands straight and keep your body weight directly over the wound. If this does not work you must pack the wound with gauze or a hemostatic dressing. The dressing must reach the bottom of the wound. If these techniques fail you must apply a tourniquet. Tourniquets must be placed above an arm wound towards the armpit or groin if on the leg. All of these techniques are painful. If a tourniquet becomes necessary it must remain in place until it is removed by an emergency room physician.

Stop the bleed kits: These kits should be placed next to the AEDs. You can get these kits from Amazon. The shelf life of the kits are

five years if they are stored inside. They may be used indefinitely if the gauze is untreated. The kits contain gauze that is treated with a substance called quick clots. The gloves in the kit will usually go bad before the gauze. Hospital grade gauze has a rating, but over the counter gauze has no standards. The treated gauze is also known as treated hemostatic gauze. The three most popular packings are combat gauze, a clotting sponge or Celox. If no commercial packing is available use what you have, whether it be towels, gauze, shirts or socks. Pack them deep into the wound.

Four principles:

1. Ensure your safety.
2. Identify the injury.
3. Wear gloves.
4. Stop the bleeding.

The rallying cry of this program is "Life over Limb." You stop the bleeding at any cost to save a life. This means even if the application of a tourniquet results in the loss of limb you still would be alive. Remember also to keep the body warm, not cold. Warm bodies clot better.

Next meeting: Tuesday, July 17 at 10 am in the RCN Conference Room. ~ **Michael A. Mendoza**

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## FINANCE COMMITTEE

The Finance Committee held its regular meeting on June 26. The financial statement for the month of May 2018 was reviewed and recommended for BOD approval. Highlights of the May financial report follows.

Total Assets are \$8,476,722 including checking \$238,087 and reserve assets \$6,832,358. Operating money market and CDs totaled \$1,263,556. Total Liabilities at this time are \$252,617 and Total Equity of \$1,391,746. There was a net income surplus for the month of \$40,287. This surplus reflects the reallocation of the HOA fee to provide additional funds to the operating budget which was required to meet increases in

expenses. The Finance Committee will continue to closely monitor the Net Income and expense trends. Front yard cost center expenses were over budget by \$1,880 and Springdale cost center expenses were over budget by \$645.

Five vendor proposals were reviewed. Four were recommended for board approval and the other one will be revisited after follow-up research. Five committee members and Jerry Monahan, representing Board Liaison Claudene Diaz, were present. There is an opening on the Finance Committee. If you are interested, please come to our next meeting on Aug. 28. ~ **Barry Ginnetti**



## COMMUNITY PLANNING & TRANSITION COMMITTEE

The Community Planning and Transition Committee is making good progress to meet its objective for the HOA takeover from K. Hovnanian which is anticipated to occur at the conclusion of 2019. The committee expects final gas company approval for the dog park anytime now. A presentation was made regarding a proposed storage option near the Lodge pool equipment area. Once additional storage is available, it will be possible to entertain installation of a sink in

the Ballroom storage room. Four residents are filing applications to serve on our committee. An initial draft of an HOA Master Plan was reviewed.

We welcome homeowners' interest. Our meetings are at 9 am on the fourth Thursday of the month in the RCN conference room. Please come visit us. ~ **Johanna Ballard**

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 FRIED CHICKEN SALAD  
 TRADITIONAL CHICKEN CAESAR SALAD

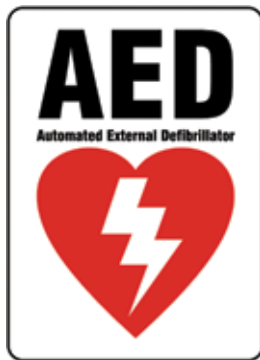
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# SAFETY COMMITTEE

## Locating AEDs in Four Seasons



An automated external defibrillator is a portable electronic device that automatically diagnoses the life-threatening cardiac arrhythmias of ventricular fibrillation and pulseless ventricular tachycardia. It is able to treat them through defibrillation, the application of electricity which stops the arrhythmia, allowing the heart to reestablish an effective rhythm.

Wow, that was a mouthful but the important point is that the AEDs are effective life saving devices. We have 10 units at our property at Four Seasons at this time, and recently completed our second training session on the use of the AEDs. Our last class had 40 in attendance, and also included “hands only CPR.”

Where can I find an AED at Four Seasons?

**Lodge** – We have six. They are located:

1. Inside the entrance to the Ballroom
2. Near the Library
3. Near the RCN Computer Room
4. In the Lobby of the Spa Building
5. By the Paddle Tennis Courts
6. Outside by the restrooms just past the six Shuffleboard Courts

**Summit** – There is one at the Summit and it is located:

7. Inside the front doors on the wall to the left as you enter the building

**The Courts** – There are three, and they are located:

8. At the front desk
9. By the Tennis Courts
10. By the swimming pool restroom

They are all clearly marked. They are checked and maintained on a regular basis and monitored by FirstService personnel.

As you pass through our facilities, please familiarize yourself with the locations of the AEDs. If you are interested in being part of our next AED training session, please sign the interest list located in the Lodge Lobby.

If you are interested in becoming part of our Safety Committee, please contact Anita Worthen, the Chairperson or attend our Safety Committee meetings on the first Tuesday of each month at the RCN (Recreation Center North) at 10 am. We currently have an opening for anyone interested. ~ **Jerry Monahan**



1. Inside entrance to Ballroom



2. Outside of the library



3. Across from the RCN Computer Room



4. In the lobby of the Spa Building



5. At the Paddle Tennis courts



6. By the outside restrooms, past the shuffleboard courts



7. Inside the Summit front door to the left as you enter



8. Next to the front desk at The Courts



9. By the tennis courts



10. Near The Courts swimming pool restroom/outside shower

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# Kitchen Tips & Tricks

By Irene Welker



Ever get frustrated when you are preparing a dish and need to stop to find an additional tool or get an additional ingredient? How many times have you made hard-boiled eggs only to discover that many have cracked or turned rubbery during the cooking process? How often have you reached for an ingredient only to find it has spoiled? Well, dear readers, here are some tips and tricks to help you eliminate (or at least reduce) your frustrations in the kitchen.

**ALWAYS READ THE RECIPE COMPLETELY BEFORE YOU START TO COOK:** reading the recipe first allows the cook to gather the appropriate tools and ingredients, see when things are added, what can be prepped together, and what can be combined ahead of time. This is called “mise en place.” It is a French term meaning everything in place. Utilizing this technique allows the cook to more efficiently prepare the dish.

**TASTE, TASTE, TASTE:** taste food throughout the stages of preparation. This will allow you to tell if it needs additional seasoning or ingredients. Always add seasonings slowly. You can always add more, but cannot remove them. Personal preferences vary. You may like one ingredient more than others. Brown rice or other grains might be substituted for white rice, you may prefer the earthiness of portobellas to the mild taste of button mushrooms. Use your taste as a guide.

**HOW TO COOK THE PERFECT HARD BOILED EGG:** arrange the eggs in a single layer in a saucepan. Add enough water to cover the eggs. Place the pan on medium high heat. Bring to a boil, cooking one minute. Remove from heat and let them stand in the hot water for 17 minutes. Rinse with cold water.

**COOKING PROTEIN:** never rinse meat/poultry/fish, the bacteria will contaminate your sink and counter. Pat any protein dry with paper towels before cooking or adding a rub or marinade. The water left on the protein from rinsing will prevent rubs and marinades from adhering properly to the meat. It will also cause uneven browning in the pan.

To minimize the risk of burns from splatter while cooking any kind of protein in hot butter or oil, carefully lay the meat in the pan placing the edge closest to you down first and carefully laying the protein into the pan away from you.

Taste ground meat mixtures, such as meatloaf, meatballs or sausage before you shape and cook them. Take a small bite sized portion and fry or microwave it, taste and adjust seasonings accordingly.

Storing greens, herbs, fruits and vegetables: the life of greens and herbs can be extended by rinsing them immediately when they are brought home, rolling them up in lightly dampened paper towels and placing them in zip-lock bags left slightly open before storing them in the refrigerator vegetable drawer.

**DO NOT STORE FRUITS AND VEGETABLES TOGETHER:** many fruits produce ethylene gas which can cause premature ripening of nearby vegetables.

All berries should be stored in the refrigerator, unwashed, in a single layer in a covered container.

Avocados, stone fruits (except cherries), pears, and kiwi should be ripened on the counter top then stored in the refrigerator.

Citrus and fruits from warm climates, such as papaya, mangoes, bananas and pineapples should be stored on the countertop.

Vegetables should be stored in the refrigerator.



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**Crispy Chicken Parmesan** Our crispy chicken tenders on top of a bed of spaghetti with Smitty's homemade marinara sauce and fresh Parmesan \$9.99

**Chicken Fettuccine Alfredo** Grilled chicken breast set on top of our Fettuccine noodles and covered with Smitty's homemade Alfredo sauce \$10

**Meat Lasagna** Lasagna made to order with homemade meat marinara \$8.99

**Spaghetti and Meatballs** Meatballs sitting on a bed of spaghetti noodles with homemade marinara sauce \$8.99

All specials are dine in only - no exceptions. Prices do not include tax • Full menu at [FourSeasonsBeaumont.org](http://FourSeasonsBeaumont.org) or at the Lodge.

Hours: Tues. - Fri. 9 am - 7 pm • Sat. 8 am - 7 pm • Sun. 8 am - 3 pm • Closed Mondays

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"It was time for a change as my 85th birthday was approaching. I had been watching Jimmy while I got a manicure and thought, 'There is an artist.' I saw Jimmy on my birthday and it was the best birthday gift I have ever been given. Thank you Jimmy. I think you took ten years off with my new look." – Rosemary, Sun Lakes resident

"I always look forward to having my hair done by Irene. Her special talent in color and highlights is why I keep going back to her. And I love how she cuts and styles as well. Thank you Irene for being so awesome!" – Cathy, Four Seasons resident

"Once you have an appointment with Debbie you realize she's not just painting your nails – she is a genuine professional who cares that you are pleased." Linda, Sun Lakes resident

"Frank is AMAZING... I get more compliments on my hair (especially the color) than ever before! I guess you could say my previous stylist moving away was a blessing in disguise. I highly recommend making an appointment with Frank sooner than later." – Sonja, Beaumont resident

"Amazing! Best massage ever. It's no wonder Arie has celebrity clientele." Matthew, Redlands resident



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# NEIGHBORHOOD WATCH



We had a great National Night Out Celebration on July 11. It is always nice to say thank you to all of those who serve in our Community. National Night Out started 35 years ago in 1984 simply with neighbors turning on their porch lights and sitting in front of their homes. Today we use National Night Out to increase awareness about police programs in communities such as Neighborhood Watch. We are really fortunate here at Four Seasons Beaumont that we get so much support from our first responders as well as our city officials.

On the second Wednesday of each month we hold our Neighborhood Watch meetings. Here in Four Seasons we focus on how we as residents can help to keep ourselves, our homes and our community safe. We must remember that while we live in a private, gated community, this does not mean we are a secure community. We still have many visitors and vendors who enter our gates daily. It is very important that residents practice safe habits such as not leaving garage doors open, locking gate to the backyard, locking all vehicles that are left in driveways or parking lots, making sure no valuables

are left in our vehicles and most importantly making sure that garage doors and all doors and windows leading into our homes are locked. Stay alert at all times, if you see something, say something, call the Beaumont Police Department at (951) 769-8500 and let them check it out. Never put yourself in danger or confront a stranger.

Please see the list of streets that need a Block Captain on our bulletin board in the Lodge. We would love to have you join our Block Captain team. Remember, we consider all residents a member of Neighborhood Watch, therefore all are welcome to attend our meetings.

Our next meeting is Wednesday, Aug. 8, at 10 am in the Lodge Ballroom. Our topic will be Everything You Want To Know About Neighborhood Watch. We would like to have our Block Captains or anyone interested in becoming a Block Captain join us on Aug. 8, from 9:30 am to 10 am for a Block Captain meeting before our general meeting. ~ Donna Lewis



## CLASS, GAME, MEETING SCHEDULES

*Below schedules may change, cancel or reschedule at any time. Check with Lodge Desk for updates.*

### Class Schedule

CLASS	DAY	TIME
Ceramics	W	1p
	Sat	9a
Clay Class	Th	1p
	2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> Sat	10a
Craft Group	Th	10a
Crafty Cardmakers	Fri	1p
Mixed Media Art	M	10a
	W	6p
Drawing & Sketching	M	10a
	W	6p
Women's Bible Study	F	10:30a
Life Guide Bible Study	T	7p
Singing Class	W	3p
TOPS Weigh in	T	8a

### Game Clubs

GAME	DAY	TIME
Bid Whist	1st, 3rd F	2p
Bridge	M	12p
Bridge for Fun	M, W	12p
Bunco	2 <sup>nd</sup> , 4th F	1p
Canasta #1	Th	12:45p
Canasta #2	W	1p
Dominoes, Billiards	W, F	4p
Dominoes	W, F	5p
Duplicate Bridge	F	12:15p
Hearts	T	6p
Mah Jongg for Fun	M	12:30p
Mexican Train	M	12p
Mexican Train #2	1st, 3rd, 4th M	1p
Pan	2nd & 4th M	9:30a
Phase 10 Cards	2nd M	4p
	3rd Sat	3p
Pinochle	W, F	10a
Poker	T, Th	9a
Rummikub	Sun	2p

### Meetings

BOARD OF DIRECTORS	DAY	TIME
Executive Session	Aug. 9	9a
General Session	Aug. 9	1p
Committee Chair Mtg	Aug. 20	10a
COMMITTEES	DAY	TIME
Architectural Review	Aug. 2	8:30a
	Aug. 15	8:30a
Communications	Aug. 15	10a
Comm. Planning & Transition	Aug. 23	9a
Emergency Prep (EPC)	Aug. 21	10a
Facilities Committee	Aug. 21	8:30a
Finance Committee	Aug. 28	1p
Landscape	Aug. 21	1p
Rules & Regulations	Aug. 14	9a
Safety Committee	Aug. 7	10a
Social Committee	Aug. 52	5p
OTHER	DAY	TIME
Breeze Editorial Board	Aug. 1	10a
	Aug. 10	10a

**Calendar changes?**  
You must complete a **Schedule Change Request Form**, found on the website or at the Front Desk in the Lodge, by the 8th of the month to make it in the following month's calendar.

# AUGUST 2018

This calendar reflects only a portion of the activities and events held at the Lodge. Every attempt possible has been made to accurately reflect times and dates of activities. However, activities, dates and times are subject to change without notice.

Lodge Hours:  
Mon. - Fri. 6am - 9pm;  
Sat. & Sun. 7am - 9pm

The Summit:  
Daily 7am - 9pm

Machine Quilting Trivia Night by Chavurah	5 10a 6p	6 9a 10:30a 1p 3p 4p 6p 6:30p	7 10a 10:30a 1p	8 8a 10a 12p 4p 5p 6p 6:30p	9 1p 4p 6p 6p 7p	10 12:30p 6:30p	11 8a 10:30a 11a 1p
Machine Quilting Counter Culture Cinema Club	12 10a 6p	13 10:30a 1p 3p 4p 6:30p	14 9:30a 10a 10:30a 10:30a 1p 1:30p 4p 7p	15 2p 3p 6p 6:30p	16 4p 6p 6p	17 10a 12:30p 4p 6:30p	18 8a 10:30a 1p 5:30p
Machine Quilting Summer Concert Series	19 10a 7p	20 10:30a 1p 3p 4p 6:30p	21 10a 10:30a 1p 6:30p	22 3p 6p 6:30p	23 4p 6p 6p	24 12:30p 6:30p 8p	25 All Day 8a 10:30a 1p 6p
Machine Quilting Counter Culture Cinema Club NW Party	26 10a 6p 6p	27 10:30a 1p 3p 4p 6:30p	28 10a 10:30a 1p 4p	29 3p 6p 6:30p	30 4p 6p	31 10a 12:30p 5:45p	<i>Calendar changes? You must complete a Schedule Change Request Form, found on the website or at the Front Desk in the Lodge, by the 8th of the month to make it in the following month's calendar.</i>



*The schedules below may change, cancel, or reschedule at any time.  
Please stay up to date by checking the Daily AM Report, [fourseasonsbeaumont.org](http://fourseasonsbeaumont.org), and the front desk at each facility*

# PHYSICAL EXERCISE SCHEDULE

## THE LODGE:

Facility & Pool Hours M-F 6 am -9 pm • Sat, Sun 7 am -9 pm • Guests under 18 years welcome 1 - 4 pm daily

EXERCISE			PICKLEBALL		
Conditioning	M/W/F	8:30a	Beginners	M-Sat	7a
Beginning Conditioning	M/W/F	9:30a		T	9a
Zumba Gold	T/Th	9:30a		Th	4p
*Yoga	M/W	6p	DANCE		
*Pilates	T/Th	8:30a	<i>Let's Dance! Ballroom Dance</i>		
	Th	6p	Beginners	M	6p
	Sat	9a	Intermediate & Advanced	M	7p
			Practice	Th	6p
*Kick Boxing	Sat	10:15a	<i>Line Dance</i>		
Pound Fitness	M	10:30a	Very Beginners	T (odd months)	2:15p
	T	6p	Intermediate	T	3p
*Water Aerobics Class	M/W/F	10:30a	Advanced	T	3:45p
PADDLE TENNIS			<i>Heart &amp; Soul</i>		
Beginners	M	6p	Beginners	W	4p
	T	11a	Intermediate	W	5:30p
	W/F	8:30a, 6p	SHUFFLEBOARD		
	Sat	6p		M & Sat	9a
	Sun	8:30a, 6p	BASKETBALL		
				F	4p

## THE SUMMIT:

Facility Hours 7 am -9 pm

### POOL HOURS

*Water Aerobics Class	T/Th	10:30a
Lap Swim	M-F	6-8a
		10:30a-12p
		5:45-7p
	Sat/Sun	7-9a
		10:30a-12p
		5:45-7p
Open Swim	M/W/F	8-10:30a
		12-5:45p
		7-9p
	Sat/Sun	9-10:30a
		12-5:45p
		7-9p
HORSESHOES	W	8a
BOCCE BALL	T	9a
	W, F	5:30p

## THE COURTS:

Facility Hours 7 am -9 pm

### POOL HOURS

Open Swim		7a-9p
Water Volleyball	M	12-1p

### PING PONG

All Level Ping Pong	M/ W-Sat	10a
	T	10a
Advanced Play	T	2p

### TENNIS

Club Play Time	2nd, 3rd Th	5p
Club Meeting	3rd T	4p
Play Day	Last Sat. of Month	8:30a

### LADIES PUTTERS

	M	6p
	F	9a

*\*Classes have a fee associated with them and must maintain 10+ participants or classes may be cancelled. Contact The Lodge front desk for further information*

## MIXED MEDIA ARTS CLASS



Teacher Rob Kelman

**SEE THE WORLD THROUGH NEW EYES! by Barbara Price, student.**

Joining an art class was one of the best ideas I've had. Add Rob Kelman to the mix and it was my lucky day! I discovered my potential in the field of art three years ago in Rob's class. As he says: "Talents are often discovered later in life when time is available to explore new ideas." So, now

at the age of 83, I have found my ability to put images to paper with a realistic and pleasing result. What enjoyable moments we share in class when colors blend together in lovely and unexpected ways, when adding a shadow brings a picture to life right before our eyes, or when we see the tears of a fellow student who suddenly recognizes her/his own talents. All genuine and memorable experiences we share as students and friends.

Rob is there throughout our journey from novice to developing artist---always available, always teaching and inspiring. Artists-in-the-making often enter class saying: "I could never draw like that" only to find, in a few short weeks a sense of accomplishment and excitement of discovering their emerging talents.

Come join us. Classes are Mondays 10 am-12 and/or Wednesdays 6 pm-8 pm. Prepare for that "ah-ha" moment! Any questions call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



Artist of the Month: "County Fair" by Barbara Price



## TASTE D'VINE

He's back! One of our favorite expert/presenters, Walter Carter of Danza del Sol, returns. Walter has a new twist for us this month — Erica Jennings from Masia de la Vinya will be joining him in presenting a white wine from Danza del Sol and one from Masia de la Vinya. Then we will have the opportunity to taste a red wine from Danza and Masia. Talk about variety and options!

Please join the Taste d'Vine Wine Club for this fun evening.

Our meeting will be held Aug. 16 (the third Thursday of the month) in the Ballroom. Doors open at 5:15 pm with the meeting starting at 6 pm. Please bring a favorite wine to share with your table along with an appetizer such as crackers, cheese, fruit, dessert or anything in between along with two glasses for tasting.

Members \$5, guests \$10 and non-resident guests \$15

For info please contact Terry Hall (714) 369-0828 at Terryhall005@gmail.com; or Barbara Mull at BarbaraRN1973@gmail.com. ~ **Terry Hall**

## COMPUTER TECHNOLOGY

We meet on the second Tuesday of each month at 10:30 am in the RCN building. We try to announce the current month's subject via email before the meeting so, if you are on our mailing list, watch for subject announcement.

Topics for upcoming meetings include:

Aug. 14 - Revo Uninstaller, a free software program that helps you clean up your hard drive

Sept. 11 - Teaching Technology Topics to Seniors

Oct. 9 - Tips for Staying Safe Online and Preventing Identity Theft

Come on out and learn some valuable things about our tech devices. We encourage discussion and suggestions for future meetings. ~ **Howard Lyon**







## FOUR SEASONS VETERANS

The Veterans Club at Four Seasons honors every veteran who has served in the military with an honorable discharge, DD214. We recognize resident veterans on the Four Seasons "Honor Roll" at [www.fourseasonsvets.org](http://www.fourseasonsvets.org).

Contact Irve Sturner, [irve@verizon.net](mailto:irve@verizon.net) or (949) 422-9969, for information regarding participation. ~ **Irve Sturner**



Purple Heart Day is observed on Aug. 7 each year and is a time for Americans to pause to remember and honor the brave men and women who were either wounded on the battlefield or paid the ultimate sacrifice with their lives.

*"The General, ever desirous to cherish a virtuous ambition in his soldiers, as well as to foster and encourage every species of military merit, directs that whenever any singularly meritorious action is performed, the author of it shall be permitted to wear on his facings, over his left breast, the figure of a heart in purple cloth, or silk, edged with narrow lace or binding. Not only instances of unusual gallantry, but also of extraordinary fidelity and essential service in any way shall meet with a due reward."* ~ General George Washington

## COUNTER CULTURE CINEMA

We've got two more very well-reviewed small films for you this month; we hope you'll join us.



Our first monthly screening, on Sunday, Aug. 12 at 6 pm, is the film *Jane* (USA 2017, 1 hr. 30 min., English). Here is a brief description from IMDb.com: "The life and work of the renowned primatology scientist, Jane Goodall, especially on her research about chimpanzees." This film features restored footage from the National Geographic Archives that has not been seen in 50 years.

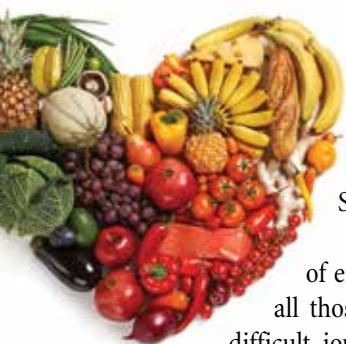
Our second monthly screening, on Sunday, Aug. 26 at 6 pm, is the film *Back to Burgundy* (France 2017, 1 hr. 53 min., English subtitles). Here is a brief description from IMDb.com: "Three siblings reunite at their home in picturesque Burgundy to save the family vineyard in this tender tale of a new generation finding its own unique blend. After a 10 year absence, Jean returns to his hometown when his father falls ill. Reuniting with his sister Juliette and his brother Jérémie, they have to rebuild their relationship and trust as a family again."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge theatre has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at [michelesrosen@gmail.com](mailto:michelesrosen@gmail.com). ~ **Micki Rosen**





# TOPS



Summer is definitely here and you might be thinking it's time to take off a little weight. Along with all the other FUN activities we have here at Four Seasons, you have the option of coming to a TOPS (Take Off Pounds Sensibly) meeting on Tuesday mornings.

At this meeting you will meet a great group of encouragers and get a lot of inspiration from all those who have been successful on this often difficult journey. Our programs include discussions regarding nutrition, motivation, health and fitness, as well as other related topics.

The month of June our biggest losers were Charles Cordera and Laurie Larsen. Congratulations to you both!

TOPS is also very affordable with a yearly membership fee of \$32, which includes a magazine with a lot of great information which we receive bimonthly. There are also chapter dues of \$3 per month. As I said, we meet at the Lodge on Tuesday mornings with weigh-in from 8 to 8:30 am and the meeting 8:30 to 9:30 am. You may attend one meeting with no obligation. You really need to come and see what we are about. Look at it this way, you have nothing to lose but weight and you may gain better health along the way.

For more information please contact our chapter leader, Cathy Calhoun at (951) 849-2614. ~ Cheryl Burke



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## CRAFT GROUP

Why don't you come join us for crafting and fun? We just finished making these pots, one was made into a birdbath by Pauline for her back yard and Ana finished this beautiful sunflower pot for her yard. We are going to work on jars next, turning them from clear to colored glass. We meet every Thursday at 10 am. Hope to have you come join our class. Info., Pam Kelley, (951) 769-7967. ~ *Judy Jones*

*The Craft Group's recent garden projects*

## CRAFTY CARDMAKERS



If you're looking for a fun and productive afternoon, please come and join our cardmaking group. We meet at 1 pm on the second and fourth Fridays of each month in the Craft Room.

We make three cards and the cost is \$6 to cover

materials. You only need to bring scissors and glue! On the third Friday, we have a technique class. The first Friday varies and you can check out our flyer in the Lodge or have your name added to our email list to get more details on the classes.

Come and join the fun, meet new friends and go home with three beautiful cards!

It is important for you to RSVP for the classes so we'll be sure to have enough kits for everyone!

If you have any questions or to reserve a spot, please contact me by phone at (951) 849-6336 or email at [chorbaparadise@yahoo.com](mailto:chorbaparadise@yahoo.com). ~ *Maryalice Chorba*

## CERAMIC CORNER

Ceramics class has something for the novice crafter looking for a new hobby, or someone who has experience and wants to create his or her own unique design. You can create pieces for friends and family. In addition to individual projects we also offer class projects throughout the year to teach new techniques.

Come and join in the fun. Drop by the Craft Room to see our monthly ceramics class schedule and learn more about our upcoming class projects.

We meet Wednesdays from 1 to 4 pm and the first Saturday of each month from 9 am to 1 pm. Please see class schedule in for any exceptions.

A certified instructor and/or an experienced class team lead is available to support your crafting needs, participation is at your own pace and frequency.

Info., Bob Powers at (909) 841-3293 or Elsie Fillman at (661) 414-6270. ~ *Pepsi Powers*

## KNIT & CROCHET GROUP

We started collecting the completed baby blankets for the hospital, and hope to deliver them by the end of July. It appears that we will have a lot to donate. Remember, if any new residents are looking to find a new hobby, or share an old one, our group meets each Tuesday from 10 am to 11:30 am. New members are welcome. ~ *Dorothy Payne*



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## MAH JONGG

Everybody is welcome to join us for Mah Jongg at 12:30 pm on Mondays in the Rec Center North. We accept beginners and offer coaching for those who have not played in several years. A current Mah Jongg card is required but you can borrow or copy one until you get your own. You do not have to own a Mah Jongg set to join the fun, so come on out! ~ **Barbara Goodreau**

## PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so all are very welcome. The game can be played in the day, evening, in a room in the Lodge or in private homes. If you are interested, please call Linda Mendelson, at (951) 941-9100 or email Goldtoy@earthlink.net and I will answer any questions you may have. As are all card games, it is played with both skill and luck. ~ **Linda Mendelson**

## CANASTA #1

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet Thursdays in the Card Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week, you may play with someone different, giving you an opportunity to meet new friends and/or visit with old friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Come join us. ~ **Pam Morales**

## BUNCO

We play on the second and fourth Fridays of the month. Bunco is very easy to play and it's a great way to meet new friends. We meet in the Lodge Card Room at 1 pm sharp. Please be on time! ~ **Emma Hajdukovic**

## UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Friday every month from 2 to 4 pm in the Game Room.  
~ **Deborah Garner**

## DUPLICATE BRIDGE 1 & 2

We are pleased to announce the addition of another ACBL Sanctioned game of Duplicate Bridge under the direction of Barbara Revels here at Four Seasons. Barbara is an excellent instructor of classes, scheduling of partners and participating in the many enjoyable functions we all enjoy.

We will be playing on Mondays and Fridays at 12:15 pm in the Lobby of the RCN Building. Please call Helen Shoemate at (951) 845-9312 or Gordon at (714) 390-2610 or Barbara at (951) 530-1523 for more information for all who may be interested. ~ **Helen Shoemate-Gurley**



## HEARTS

All are welcome. The game is played with a single card deck, no jokers, and 52 cards. We play three, four, or five at a table. No scheduling necessary. We play on Tuesdays at 6 pm in the Card Room next to the Library. A group has played here at Four Seasons for nine years. Seating is random draw, no partners, individual scores. It is easy to learn, harder to win. Players will teach. Games last approximately two hours. Lowest points win. If you have questions, call Mike Saperstein (951) 769-7909. ~ **Mike Saperstein**

## RUMMIKUB

Join us Sundays from 2 to 4 pm. Please try to show up by 1:45 pm as we always welcome help setting up. Have fun with new friends and old friends. Rummikub is played at a table with tiles and a holder for each player's tiles. Players begin with 14 tiles. Initially a player "goes down" putting out a group of at least three tiles totaling 30 points. If unable to play, then you must draw one tile from the remaining Rummikub tiles. Play ends when one person uses all their tiles. Remaining players then add the total numbers of their tiles for a score. Zero is the best score.

If you like Rummy and mah jongg, then you would certainly like Rummikub. We play in the Lodge Card Room. We also will set up a learning table for newcomers. Hope to see you there. If you have any questions, call Mike Saperstein, (951) 769-7909. ~ **Mike Saperstein**





## BRIDGE FOR FUN

Our Monday and Wednesday bridge groups just keep growing. We are up to three tables all the time and sometimes four. We have a great afternoon meeting new people and seeing our friends. It is what it says - Bridge for Fun. Verina makes sure of that! We recently had a few new people join our group. They had not played for some time and were learning. They have learned quickly and their weekly scores are right up there with the rest of us. So if you have ever thought about learning the game or want to take it up again, let us know. You can also just come and watch to see if it's your thing. We meet in the Lodge Card Room at 12 pm sharp on Monday and Wednesday. Monday info., Bill Guy (951) 845-5627. Wednesday info., Verina Rector (951) 769-1687 or Tom Halley (760) 898-3215. ~ **Tom Halley**

## PHASE 10

We play the second Monday and the third Saturday of the month. Every week we have a training table and we welcome everyone. We start at 4 pm on Mondays and 3 pm on Saturdays. This is fun and we are friendly so come on down and check us out.

Contact: Cheri Howard (951) 756-1216 or howards1249@gmail.com. ~ **Cheri Howard**



*Fourth of July domino players. Pete Antoine (center) first place, Leroy Wright (right) second place, and Reggie Fuqua (left) third place*

## DOMINOES

Well it happened again. Last month had two domino champions, Robert Steen and John Bragg. For the month of June we have two champs again, Jesse Dimmer and yours truly Marvin Gaines who both tied up with 13 games each. Several years have passed and the swallows have gone to Capistrano and had babies since I have been in the spotlight. One of these days I might be the champion but it is cool sharing the spot with Jesse. We have so many good domino players it is really a tough battle to be the top dog. Congratulations to me and Jesse.

In the community's Fourth of July event we had three players in a fierce, fight-to-win the domino tournament finals. Pete Antoine, Leroy Wright and Reggie Fuqua all played their best strategy but only one got first place. Pete won first place, Leroy second place and Reggie came in last place. Congratulations to all of the players. Thank you Cindy Graves and Four Seasons Beaumont for sponsoring the event.

Dominoes are played every Wednesday and Friday from 5 to 9 pm in the Lodge Game Room. Come out and join us and make some new friends. Practice is from 5 to 6 pm on both days. Jesse Dimmer is usually available to give you help and tips on the game of dominoes if needed.

For more information, call Jesse at (951) 769-2035 or Reggie at (951) 769-6483. ~ **Marvin Gaines**



*June Domino champs are Jesse Dimmer and Marvin Gaines*



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## AMPHITHEATER

We have passed the halfway point of our summer concert series, and it is the 49th anniversary of the final night of Woodstock back in 1969. This will be a fun night, so come dressed in your best 1969 style duds so you have a chance of winning a prize for "best outfit."

We have some surprises in store for a fun evening. If you have pictures of yourself from the sixties, please send to Cindy Graves at the Lodge.

Music for the evening is provided by Robert Sarzo and his band, Salute to Santana. Based in Long Beach, they recreate the Rock and Roll Hall of Fame star at his best on classic rock grooves such as *Black Magic Woman* and *Oye Como Va*. Sarzo's amazing talent captures Carlos Santana's music and highlights in an unforgettable salute to Carlos Santana. These talented musicians have toured with a "who's who" of the rock and Latin music world.

The concert begins at 7 pm at the Amphitheater. The morning of the day of the concert, the sound crew is busy installing and checking the lighting and sound systems. You are welcome to place your chairs in the amphitheater area after 10 am.. Please remember to leave some "leg room" for those folks who elect to sit on the concrete risers. As seating in the "theater" is tight you may still enjoy the music on the pool deck or spread a blanket on the grass area between the pool and stage area.

Our days are warm and evenings can be quite cool so you may need a sweater or wrap to stay comfortable. Beverages need to be in non-glass containers.

See you there! Be prepared to rock out at Four "Seasonsstock." ~  
**Doris SanFilippo**



## PERFORMING ARTS CLUB

We're baaack! It's been a couple of months since our last show but we're ready with new performances to wow you.

The Performing Arts Club will be presenting two new comedy Radio Shows on Saturday, Aug. 25 at 6 pm. One will be an *Our Miss Brooks* episode from 1949, called *Everyone Who Comes Must Perform*. The second one is a Bright Star show from 1952, called *Aunt Sophy Plays Matchmaker*. We held auditions in July and all the actors are busy preparing for these performances. In addition to regular rehearsals, we're also attending acting lessons. We want to upgrade our shows with improved acting, new sound effects, and costumes. While these skits were designed to be heard only on the radio, this time we are going to play to the audience to enhance your viewing pleasure. You'll definitely want to come and see how much we've improved. So, put Aug. 25 on your calendar for some free Saturday night entertainment. Bring your dinner and beverages of choice. The Ballroom will be set up with tables & chairs in nightclub style.

### RADIO SHOWS!

**Aug. 25, 6 pm**

*Our Miss Brooks*

&

*Aunt Sophy Plays Matchmaker*

*Love & Marriage II* - Friday, Sept. 28 and Saturday, Sept. 29. Free admission, but tickets are required.

PAC will present our second installment of *Love & Marriage*. It will be comprised of 12 funny skits. We first brought this show to you two years ago and it was a total sell-out and a huge success. Tickets will be available early next month. Please check with the Lodge Front Desk for the exact day. You want to make sure to get your tickets early, as we expect another sell-out. You don't want to miss this show.

Holiday Show - Friday, Nov. 30 and Saturday, Dec. 1. Free admission, but tickets are required.

In addition to the Four Seasons Singers choir entertaining you with holiday songs and an audience sing-a-long, this is going to be a variety show, the likes of the old Bob Hope USO tours. There will be singing, comedy and dancing acts that will surely keep you smiling and entertained.

More details on our future shows to come in the next *Breeze*.

Any questions or for more information, please contact me at: [terimk@verizon.net](mailto:terimk@verizon.net) or (951) 992-9156. ~ **Teri Meyers-Kelman**



# LET'S DANCE

We hope you got your tickets early and will be joining us on Aug. 4 in the Ballroom for our Summer Fun Dinner and Dance Party. We know you will have a great evening of good music, food, fun and "dancing the night away."

Our dance group is just regular folks having fun. We move to the music and dance like no one is watching. It's much more than just dancing... it's friendship, accomplishment, learning, social support, exercise for our bodies and minds, and above all – great fun!

Our dance for the month of August is Swing. For the newcomers and beginners, we will be learning the East Coast Swing which is the most familiar to most of us. It is danced under fast swing music, including rock and roll and boogie-woogie. Intermediate and advanced dancers will be learning the West Coast Swing, which is also known as the Lindy or Jitterbug. Both partners are doing different steps yet still dancing together; this is one of the most popular dances in Southern California. We'll crank up the rock and roll.

Plan to come and join us in the ballroom on Monday nights. You will be glad you did! From 6 to 7 pm we welcome newcomers and beginners. From 7 to 8 pm is intermediate and advanced. Cost is \$10 per person for up to 1½ hours of lessons. For more information, contact Puring or Gary Stifter at (951) 922-8333, or purings@verizon.net. ~ **Sue Condurachi**



*Having fun dancing at the Sock Hop*

## LINE DANCING

The next Line Dance Sock Hop is Friday, Aug. 17, from 5 to 8:30 pm in the Ballroom. Come and have dinner (BYOB) and enjoy dancing to a variety of music. We do various line dances including the Electric Slide, the Cupid Shuffle, Wagon Wheel and others. Our DJ, Dave Rohrbacker, also plays some music that you can do the swing or slow-dance to. Come and join us!

The Beginner's Class that began in July continues in August with new dances being added each week. It is Tuesdays at 2 pm in the Ballroom. The eight-week course (July and August) helps you master the basic steps to some simple dances. Dances will be repeated each week to make sure you are ready to move on to some new dances and steps. The full eight weeks of classes will give you a great introduction to many of the dances we do at the Sock Hops and at Karaoke.

The next eight-week Beginning Class will start in October and

continue in November. There will not be a Beginning Class in September or December, but will start again in January/February.

The Intermediate Class starts at 3 pm. There is less step-by-step teaching, except for new dances. A quick review of the steps will be done as needed for familiar dances.

The Advanced Class starts at 3:45 pm. New dances are introduced, but you need to know the basic steps very well, and be an experienced dancer. Bring water and wear shoes that can slide on the wood floor.

So, if you want to be more active and have fun doing it, join us on Tuesday afternoons for Country Line Dance in the Ballroom.

Martha Franck volunteers her time as our leader. Janine Rohrbacker is her able assistant! A weekly donation of \$1 will go toward our parties and sock hops. Bring your friends! ~ **Martha Franck**

## WOMEN'S EVENING BIBLE STUDY **NEW GROUP!**

When I think of fall it's about cooler days, beautiful hues of yellow, red, orange and brown covering the hills and valleys, and the harvest. A time of thankfulness and blessings. We can participate in a new group, Women's Evening Bible Study and receive blessings of fellowship, encouragement, and growing in faith through the Word of God. It is a non-denominational study and all will have an opportunity to share their thoughts during our time together.

Our study will be two evenings a month from 6:30 to 7:45 pm. In

September the dates are Sept. 6 and 20. We will meet in the Lodge Game Room. I will give you the dates of our future meetings when we meet in September. I'm truly looking forward to meeting you and growing together through God's word.

"Take delight in the Lord and he will give you the desires of your heart." Psalm 37:4

Contact Mary Baer at [baerhuggy@aol.com](mailto:baerhuggy@aol.com) for more information.

~ **Mary Baer**

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## INTERCESSORY PRAYER GROUP

Greeting from the intercessory prayer group!

Are you new to our community? Welcome! We extend our Philia, "friendship" to you. Philia is a Greek word and is often translated as brotherly love, it goes on to say that Philia concerned the deep camaraderie and friendship that developed between brothers in arms who fought side by side on the battlefield. It was about showing loyalty to your friends, sacrificing for them, as well as sharing your emotions with them.

When we gather together and pray it is a sacrifice for our neighbors, friends, for people we don't know, people who are hurting, our cities, communities, country, and the world, by doing this we are showing love.

Come and share our passion, and the love that we have for the human race. We meet on the first Monday of each month. An intercessor's first priority is to love. Love and compassion is our gift to all mankind. So, come and join us in the game room on Aug. 6, at 9 am. Hope to see you. ~ **Cookie Bonner**



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## "BELIEVE..." WOMEN'S BIBLE STUDY

Hey all you Four Seasons ladies! If you are interested in joining a wonderful group of outstanding Christian women who love God and His Word, as well as each other, please consider joining "Believe..." Women's Bible Study. We meet every Friday from 10:30 to 11:45 am in the Lodge Card Room. This is a non-denominational study, and all versions of the Bible are great!

On June 8 we began our new series: Blessing Blockers [What are they? How do we avoid them? What does the Bible say about them?] So far we have discussed what blessings are, how to recognize them, the conduit for blessings (prayer), and several blessing blockers that

stem from negativity: Complaining, judging others and yourself, holding onto the past, guilt/shame, doubt, and what we say and how we say it. We then discussed faith/trust v. fear; peace v. conflict/confusion/chaos; obedience v. sin; forgiveness v. grudge-holding; blessing others v. failing to bless others. On Aug. 1 we begin the downslope for this series: love vs. hate; humility v. pride; God first v. God last; His will v. our will; ask and recognize and give thanks. There has been a lot of discussion where we learn from each other.

So, c'mon and join us. We'll be looking for you! ~ **Eileen Gilbert-Antoine**

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## LIFE GUIDE BIBLE STUDY

We are taking a summer break. We will resume meeting with our Fall Potluck on Tuesday, Sept. 18, at 6 pm at The Summit. Regular participants will be contacted regarding the coordination of the meal. We look forward to a great time of fellowship and singing.

The regular Bible Study will begin on Tuesday, Sept. 25, at 7 pm in the third section of the Lodge Ballroom. We invite all residents to join us for study, discussion, and prayer. During August, we encourage participants to get together informally. Please contact Doc or Letha Sellars with any questions or comments at [docletha72@gmail.com](mailto:docletha72@gmail.com) or (951) 797-3302. ~ **Doc Sellars**





## CHAVURAH (HA-VU-RAH) JEWISH SOCIAL CLUB

The Four Seasons Chavurah (Ha-vu-rah) is an informal social and cultural gathering group providing an opportunity for the community to connect to Judaism. We welcome all interested Four Seasons residents who want to participate in Judaism's culture and celebrations. In the next months, we have planned several outstanding events.

The next sponsored Chavurah event will be on Aug. 5, at 7 pm in the RCN (building next to the Main Lodge), when we host our second 'Trivia Night' with Grand Trivia Master Joe Barletta. Come for the fun, food and prizes, and meet new friends. All events include a \$1 per person donation. The entire Four Seasons community is welcome every first Sunday of the month. Look for the 'Trivia Night' flyer in the Lodge announcement holders and in the announcements in the daily schedule of Four Seasons events.

There will be a change from our monthly 'Jewish Movie Night' on the third Sunday of each month. Movie Nights will be dark in August and September, so look for future announcements when they resume in October. We are planning our third annual New Year's Celebration in September for the High Holidays, Rosh Hashanah and Yom Kippur. We hope you attend this festive event. Look for more details to come in a future *Breeze*.

For more information about these events, and to be put on our email list, please contact us at [chavurah.time@aol.com](mailto:chavurah.time@aol.com), or talk to a social or cultural committee chairperson: Nancy Justice (Movie Night) 951-769-5804; Sandi Barletta, 951-524-0237 (Trivia Night); Dr. Zee & Ernie Knapp, 714-423-4755, (General Questions) Club Coordinators. ~ *Dr. Zee Knapp*

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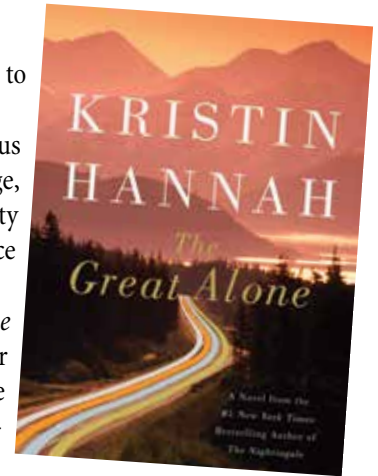
## BOOK CLUB

The Book Club selection for August is *The Great Alone* by Kristen Hannah (bestselling author of *The Nightingale*). In a story that takes place with the backdrop of Alaska. Leni Allbright, the protagonist, is the daughter of a New Age mother and a POW father. This fictional story (based loosely on true events) follows Leni through her teenage years into young adulthood as her father relocates the family to Alaska. The book juxtaposes surviving the physical hardships of life in Alaska with the emotional challenges of surviving a parent with PTSD. Our discussion will focus on both the story

told by Kristen Hannah and what it is like to live and work in Alaska.

You are warmly welcome to come join us on Tuesday, Aug. 14, at 9:30 am in the Lodge, for a lively discussion and a fun opportunity to compare samples of akutaq (Eskimo ice cream) to home-made chocolate mousse.

Our September selection will be *The Woman in the Window* by A J Finn. For more information on the Book Club, please telephone Doreen Sanders at (951) 769-1913. ~ **Terry Tucker**



## WRITER'S CLUB

In the past, the Writer's Club had gone on hiatus during the summer, but this year we are meeting throughout the summer.

The club covers a wide range of interests. Members are writing poetry, short stories, family histories, novels, and serious non-fiction. Our topics for the meetings cover a wide range of areas, from creativity to writer's block, to ways of getting your book published. One of the items we discussed was Ed Pauls' thought-provoking book about money in politics *Who's Accountable*.

The group continued discussing the idea of each of us writing a chapter on the history of what it was like when we were growing

up. So much of this knowledge is being lost to new generations. We also looked at the possibility of having meetings in the evening so those working could attend. We will announce a date and time for the evening meeting in the near future.

If you have enthusiasm for writing please join us. You don't need to be writing the next great novel, you just need to love writing. We welcome all forms of writing and at every level of experience and skill. We hope to see you there. Next meeting is Tuesday, Aug. 14 at 1:30 pm. ~ **John Baeyertz**

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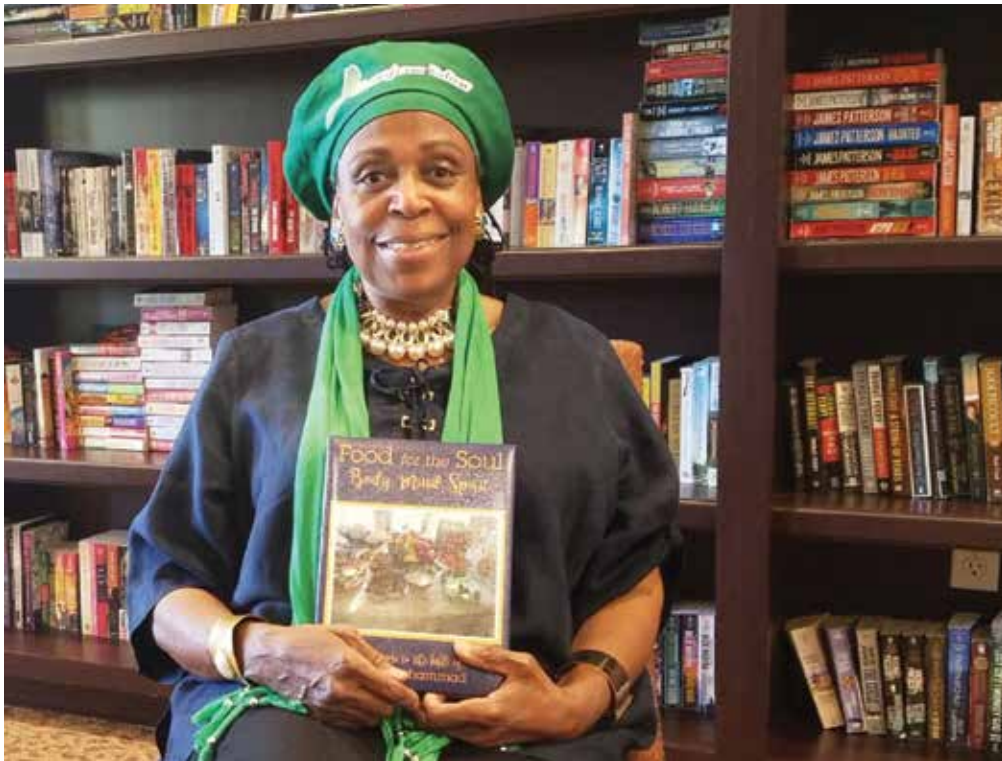
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Betty Muhammad with her book  
*Food for the Soul: Feeding the Body, Mind and Spirit*

## AFRICAN AMERICAN CULTURAL CLUB

Betty Muhammad's love of young people and thirst for knowledge is what motivated her to dedicate 40 years of her life as an educator in the public school system teaching K-12 as well as adult education. She holds a M.A. Degree with specialty credentials in education and most recently earned a M.S. Degree in Health Psychology. She has also published three books; *The Audacity to Teach* with a companion *Reflection Journal*, and *Food for the Soul: Feeding the Body, Mind and Spirit*. Her joy comes from helping people change the behaviors that adversely alter their health.

Betty's book proffers that eating one meal a day will prolong your life. In Betty's book *Food for the Soul* she states, "Everything in nature functions on a cycle. Researchers agree that it takes the digestive system between 24 and 72 hours to complete its cycle of absorption, distribution, excretion, and resting after a full meal has been ingested."

According to the book, the more food we eat and the more frequently we eat (including beverages, snacks, cookies and candy etc.), the harder our body has to work in order to complete the digestive process. Eating too much and too often leads to food storage in the body which ultimately gives rise to excess fat, sickness,

and disease, she states.

As a passionate health-conscious individual, Betty has created a website [www.TransformNationOnline.com](http://www.TransformNationOnline.com), and uses this platform to teach people how to make the transformation necessary in order to improve their quality of life. She offers a seven-topic program the goal of which is to promote wellness. She discusses the process of eating foods that are best for the body; exercise; managing stress and weight levels; and taking control of your health by reducing the risk of contracting chronic illnesses.

Take a look at Betty's website. You are also welcome to join Betty, along with other health-conscious women, online every Monday night at 7 pm, as they discuss healthy foods and behaviors. Call in number is (515) 604-9000, access code 915925

Upcoming events:

Sept. 22 – "Blues Under the Stars" is a free event held at the Amphitheater.

Dec. 8 – AACC Christmas Party

We meet the first Monday of each month in the Lodge Card Room at 6 pm. For more information contact Joyce Allen at (951) 769-4354 or Roxie Elliott at (951) 769-2517. ~ **Regina Thomas**



## RAINBOW GROUP

The Four Seasons Rainbow Group is an informal opportunity for our LGBT neighbors and any other residents who are interested in meeting with us, to keep up to date, meet new members and to have a relaxing dinner together. We meet every month on the fourth Thursday. Our next meeting is Thursday, Aug. 23 at 6 pm. We gather at the atrium in the Lodge, order any Smitty's food items that we want and then move to the Lodge Card Room. Feel free to bring your own adult beverage, if you desire, and appropriate glassware. Everyone is welcome. Any questions can be directed to Dale at (951) 797-0364; or Barbara at [bamerton@alumni.ucla.edu](mailto:bamerton@alumni.ucla.edu). ~ **Dale Beckes**





*A barn and surroundings in Park City, Utah. Photo taken by camera-club member Irve Sturner during a recent vacation.*

## CAMERA CLUB

Summer is here already. Where did all of the time go? Come to one of our meetings for tips and tricks for enhancing those summer vacation photographs.

We meet the third Tuesday of each month at 6:30 pm in the RCN Lobby; thus, our August meeting will be Aug. 21.

For our June meeting, we did a field trip of sorts. As usual, we met in the RCN Lobby briefly and then departed outside to take pictures of our latest genre, shadows.

Our July meeting had not yet been held at the time of this writing, but at that meeting, we'll show the shadow photographs and some of the July Fourth fireworks.

Visitors are always welcome. We invite photographers, regardless of skill level, to join us for our regular meetings, workshops, in-house hardware and software demonstrations, guest speakers, field trips, and more. We hope to see you soon. ~ **Lyle Cameron**

## SEASONED SOLOS

If you are single and enjoy a variety of activities, then Seasoned Solos just might be the group for you. We currently have 20 plus members.

At each meeting we discuss what is going on in the Inland Empire and plan activities for the coming month, from local lunches and dinners to excursions to presidential libraries, Redlands Bowl, Metro Link trips into LA and the beach train to San Juan Capistrano. There's not much that we won't consider doing.

We meet on the first Friday of each month in the Lodge Craft Room at 6 pm. For further information call Joyce at (951) 850-3055. ~ **Joyce Olson**

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# KIWANIS CLUB OF BEAUMONT

I hope everyone had a great and safe Fourth of July. July is a very slow month for the club, due to several members being on vacation.

The club elected officers for next year and the new president will be Sue Pensak. She has been a member for 15 years and has been Club Secretary for most of that time. In July she attended the Officer's Training, put on by Kiwanis District Officers.

Our next event will be Octoberfest in September, which is at Noble Creek Park. The event is organized by the Beaumont Recreation and Park District. Kiwanis will be selling apple strudel as our fall fundraiser, and all proceeds will go towards youth service programs



in Beaumont.

We are always looking for new members. The more members we have, the more service we can do in the community. Our focus is helping the children of the world and the community of Beaumont.

The Beaumont Kiwanis Club meets at 6:30 pm in the Lodge Conference Room every Thursday except the first Thursday of the month. Many of the members come early and order at the Bistro and eat prior to the meeting.

For further information, call Buzz Dopf at (909) 208-0880. Hope to see you there! ~ **Buzz Dopf**

## FOUR SEASONS SINGERS

We are so excited to be back to regular rehearsals every Monday at 3 pm in the Lodge Ballroom. We are getting ready for our big Holiday Show which includes some traditional music as well as some new music.

We will be meeting every week between now and the Holiday Show, which is an early weekend in December this year. Since we have just started back on Aug. 6, now would be a good time to join. You'll be starting up at the same time as everyone else. We always welcome new recruits!

Just a reminder that Susan Youel is also doing Singing class every Wednesday at 3 pm in RCN3. This is a chance to get back to singing again, or begin singing. (Listed under classes, not clubs.)

If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ **Barbara Wasco**



## CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in the Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at [steve.benoff@verizon.net](mailto:steve.benoff@verizon.net) or (310) 413-4896. ~ **Steve Benoff**



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## THE 8-BALL CLUB

The Secretary/Treasurer and Co-Captain were traveling for both 8-Ball in-house and 9-Ball in-house tournaments, but here are the results.

Playing 8-Ball, it looks like Jone Babin beat Robert Howard in round two of competition, sending him into the loser's bracket. Jone then went on to be undefeated going into the final match. Robert meanwhile went on to win three in a row to jump back up into that final match. Robert then proceeded to win the first game to clinch the monthly title. Congratulations to Robert Howard but also to Jone Babin for some great games in the attempt.

During the monthly 9-Ball in-house, it was Robert's turn to be undefeated qualifying into the finals. Kenny Payne was sent down into the loser's bracket during the second round of regular play but was victorious for three games to qualify himself for the final match.

Robert won the final match and the monthly title but Kenny made a valiant effort. Congratulations to both Robert Howard and Kenny Payne for the match well played.

The 8 Ball Club Officers are: Captain Del Lyles, Sr., (951) 845-5114; Co-Captain Roland Harrah, (951) 267-3793, rolandthanh@msn.com; Thanh Harrah, Secretary/Treasurer, (951) 267-3793, rolandthanh@msn.com. ~ **Roland Harrah**



*Robert Howard and Jone Babin, 8-Ball*



*Robert Howard and Kenny Payne, 9-Ball*

## BILLIARDS FOR FUN



*Red: 1st Bob Rector  
and 2nd Pete Antoine*



*White: 1st David Williams  
and 2nd Michael Rothberg*



*Blue: 1st Verina Rector  
and 2nd Leta Ramirez*

Can you believe it's August already? Where in the heck did July go? Oh, that's right, we had a really fun Fourth of July singles tournament! There were three different divisions to sign up for: (1) Red ~ the hot shots; (2) White ~ the intermediate players; and (3) Blue ~ still learning. (Drum roll...) And the winners are:

RED: 1st Bob Rector and 2nd Pete Antoine

WHITE: 1st David Williams and 2nd Michael Rothberg

BLUE: 1st Verina Rector and Leta Ramirez

Check out the adjacent photos above of our outstanding winners! Trophies were awarded to each of the winners at the Fourth of July trophy presentation after the picnic at the Lodge. It was so much fun!

Aug. 21 is our third quarterly tournament of the year. The winning team in the morning session will have a playoff with the winning team in the afternoon session and the resulting first and second place winners from that "shoot out" will have the honor of their names being inscribed on the BFFG plaque in the Billiards Room.

So c'mon all you pool players! Join this fun group of men and women. We meet every Tuesday at either the 11 am to 1 pm session OR the 1 to 3 pm session. There are also informal practice sessions on Saturdays at the same time slots. Hope to see you soon! ~ **Eileen Gilbert-Antoine**

## WILD BUNCH BILLIARDS

The "Wild Bunch" 8-Ball Billiards Group is geared for those individuals who want to play competitively with those of their skill level. We started the new year with inviting the "best of the best" from Sun Lakes and Solera to play competition on Fridays, from 12:30 to 3:30 in our Billiards Room at Four Seasons. It has been a great success with the skill levels ranging from Level 4 to Level 7.

The "Wild Bunch" consists of some of the best players in the league: Calvin Moore, Joe Spinella, Lucas Don, Bob Rector, Robert Turner, Pete Antoine, Mike Corbett, Carlos Rivera, LeRoy Wright, and

Gracy Luna.

If you want to play serious, competitive pool, we invite you to come by the billiards room and join in the stimulation of competitive play. We do not play with partners; we play one-on-one with an opponent of your skill level. We are always looking for those who want to play competitively and, who knows, you just may want to change up your game and play on the team!

And, most important, we have a good time! ~ **Gracy Luna**





Some of our Thursday night lovebirds...



Gene & Sandy Dwyer



Tom & Jane Slamer

## CUES FOR TWO

Our Thursday evening couples group is a HOOT! We have so much fun, always laughing and joking around. Unfortunately, due to the water issue at the Lodge, we were evacuated early on the day we were supposed to have our Fourth of July tournament; so it was rescheduled for July 13 and results will be posted in the September issue of the *Breeze*.

The new schedule for 5 to 8 pm open play has turned out to be a

big hit with everyone. Some come at 5 and leave around 6:30 or 7 pm and others come in around 6 pm and stay until 8 pm.

If you're looking for a fun evening with a great group of people, come check us out — no charge for watching or learning.

Please contact Leta Ramirez at (626) 695-0798 or Pat Semler (714) 325-5280 if you have questions. ~ **O'Leta Ramirez and Pat Semler**

## CURLY CUES

We had another busy month with the ladies.

June 11 was our quarterly luncheon at La Casita. We had 16 ladies attending and we were sporting our new HOT pink shirts.

Our annual Fourth of July tournament was held on July 2 and we divided into two groups based on level of play. Our first group (more experienced) was the "Stars." We had 10 ladies participate in this group. Our second group (still learning) was the "Stripes;" we had six ladies in this group. Everyone wore their Curly Cue shirts; and we took a new group picture which will be out in the September issue of the *Breeze*.

Winner of the "Stars" group: first place was Joy Collins. Leta Ramirez came in second.

Winners of the "Stripes" group: first place was Barbara Dipoma. Lois Waugh came in second.

Due to vacations and busy summer schedules, we will only have one session: 11 am to 1 pm on Mondays until after Labor Day weekend. We will then go back to our regular schedule of 11 am to 1 pm and 1 to 3 pm.

If you have any questions about the group or would like to join us, please contact Leta Ramirez at (626) 695-0798 or Pat Semler (714) 325-5280. Beginners are always welcome. ~ **O'Leta Ramirez and Pat Semler**



Above: Quarterly luncheon in June at La Casita



Far left: Leta Ramirez 2nd place & Joy Collins 1st place in the "Stars" group



Left: Lois Waugh 2nd place & Barbara Dipoma 1st place in the "Stripes" group



## BASKETBALL

Everyone is welcome. We meet at the basketball court starting at 5 pm on Fridays. Bring your energy and be prepared to have some fun. ~ **Richard Hoffman**



*Mike Corbett, 2nd Place Singles and John Hyland, 1st Place Singles*



*Tom Herron and Dave Thomason, 2nd Place Doubles*



*Mike Corbett and Ron Erickson, 1st Place Doubles*

## HORSESHOE CLUB

This is August, which means we must have had our Fourth of July Tournaments, and we did. Due to an oversight by the people who order trophies, we did not get to recognize our winners at the all sports potluck and awards event; so, I'll do it now. In the Doubles competition, first place winners were Mike Corbett and Ron Erickson; second place winners, Dave Thomason and Tom Herron. In the Singles competition, first place winner was John Hyland and second place winner was Mike Corbett. With triple digit temperatures showing up in July and August, we have changed our start time to 8 am and are glad we did. So, if you're a new Four Seasons resident or have been here a while, come on out and check us out — no experience or talent necessary — we will show you how. We have one of the best horseshoe venues in the Pass Area, with a view that is unsurpassed. We love it; and I'm sure you will as well. We meet at The Summit every Wednesday at 8 am. Our club contacts are Ron Erickson, (951) 846-3288, rejlerickson@sbcglobal.

net or Gary Christie, (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erickson**

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# LADIES PUTTERS GROUP

On June 8, the Ladies Putters Group held a Putting Tournament at the Morongo Golf Club at Tukwet Canyon in Beaumont.

The LPG members got to play 18 holes on the Tukwet putting green. Two extremely knowledgeable Tukwet employees, Barry Ginnetti and Roland Balingit (who are also Four Seasons residents), were on hand to assist the group before the start of the tournament. They explained the ins and outs of the putting area and gave the ladies some great putting tips.

The day was filled with lots of fun, some great putting, and a number of LPG members even got holes in one.

After the Tournament, the group gathered for an awards luncheon, at the Clubhouse at Tukwet Canyon. At the luncheon, all the LPG members were given gift bags, which included a signature Tukwet Canyon golf ball and other goodies. After a delicious meal, awards were handed out to the winners, in several categories:

- 1st Place, Lowest Score (40): Phyllis Kates
- 2nd Place, Lowest Score (41): Cathy Thomas
- 3rd Place, Lowest Score (45): Dianne Wood and Carolyn Hamic
- Most Holes in One (3): Dianne Wood
- Closest to the Hole Contest: Vivian Walker

All and all, the Ladies Putters Group had a wonderful day at Tukwet and we hope to have another tournament, sometime very soon. In the meantime, we will continue to enjoy putting and honing our skills on the putting green, here at Four Seasons.

If you are interested in joining, or have any questions regarding the Ladies Putters Group, please contact Judy Irving at (951) 922-2525. ~ **Vivian Walker**



*Lou Ortega, Susan Wilson and Claudia Rozzi displaying their Tukwet golf balls*



*Lowest Score Winner, Phyllis Kates, showing how it's done*



*Ladies Putters Group after a fun day at the Tukwet Golf Course*



## WATER VOLLEYBALL

Water Volleyball meets Mondays 12 to 1 pm, weather permitting — 75 degrees or higher. The water temperature is a comfortable 84 degrees. We play with a light-weight water volleyball, warm-up drills, and then the games are on! If you'd like to be added to our players list, email [babsmiller00@gmail.com](mailto:babsmiller00@gmail.com). ~ **Barbara Miller**

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## ROADRUNNER RVERS



The Roadrunner RVers are looking forward to several trips already in the planning stages, so please join us the second Thursday of the month at 6 pm at the Lodge for our monthly meeting and get more information about our trips. We currently have excursions planned for Arizona, Colorado River (California side), Huntington Beach, Long Beach and Chula Vista. Any questions, please call Jane Jacobson at (951) 797-3563. ~ *Susan Savaglio*

*Roadrunner RVers enjoy an adventure at San Clemente State Beach*

## 4X4 SEASONS

On June 22, 11 off-roaders headed to Angelus Oaks. After a quick cup of coffee the group left pavement and drove a desolate trail to Big Bear. The trip was dusty with no rock challenges but the scenery was gorgeous. After lunch in the pines everyone scrambled off the mountain looking forward to the next trip.

Come and join us if you own a 4x4 or would like to ride along with one of our members. We meet the second Tuesday of each month in the Lodge Craft Room at 7 pm to plan the upcoming run on the third Thursday. Any questions can be answered by Rick Brower at (951) 255-7119 or Don Fant at (951) 381-1972. ~ *Don Fant*



*4x4 Seasons enjoyed a trip to the mountains in June*

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We live in an area that is susceptible to natural disasters, such as earthquakes and wildfires or even a residential fire. Although we have emergency plans for humans, we need to also make emergency plans for our canine pets. News reports suggest that both the instances and severity of natural disasters are on the rise. While many companion news pieces have focused on helping people prepare for the arrival and impact of natural disasters, less attention has been spent helping people successfully negotiate them with their companion animals. Imminent disasters often lack adequate forewarnings, leaving people panicked and surprised. Fortunately, prior preparation greatly increases the likelihood that both owners and their pets can successfully withstand a natural disaster. Encounters with natural disasters are nearly impossible to avoid. Preparing for emergencies helps empower owners to successfully manage them. While planning for them will not minimize the forces of nature, it will greatly increase owners' and pets' chances for survival. It is better to plan ahead than to try to provide for our pets at the last minute when we could be under considerable stress to try to "think of everything." Here is a checklist of things to consider in advance to make an Emergency Preparedness kit for your canine.

- Sterile bottled water
- Food, three to seven days worth
- One bowl for food and water
- Sleeping crate or carrier
- Leash and/or harness
- Identification tags – name, telephone number, and local license

- Medications
- Veterinarian records including proof of current vaccinations, particularly rabies.
- At least one identifying picture (can be on your smartphone)
- Several pet waste bags
- One small flashlight with fresh batteries
- List of pet friendly hotels
- Waterproof bag to store the items listed above

Most importantly, pet owners should also make agreements and arrangements with trusted people, preferably neighbors, due to proximity, to evacuate their pets in case owners are not home at the time of the disaster.

Pack walks, all dogs are welcome and we practice techniques to calm barking dogs.

On Saturdays at 8 am, we meet in front of the Lodge building. On Wednesdays, we meet at 7 pm at the Summit parking lot.

Please, no retractable leashes.

Dog Owners Group, Patrick and his dog, Ricky Ricardo: dog\_owners@yahoo.com. ~ **Patrick Gerety**



## TAILS & TRAILS – ALL PETS

See a loose dog? Do NOT chase! This is the absolute worst thing we could do. Our good intentions can have some serious ill effects, so for the safety of all involved, it's important we fight this instinct.

It's very scary for dogs to be chased by humans; they simply don't understand we are there to help. Rather, they sense danger and will run faster and harder to get away. This will cause them to get exhausted, dehydrated and weaker quicker. With our summer temperatures and lack of nourishing resources on the streets, we are unintentionally making their situation worse; perhaps even fatal.

There is also a huge risk they will run into the streets to be injured or killed by a car. In our exuberance to get them to safety, we humans run the very same risk. NEVER put yourself at risk to secure an animal!

The Tails and Trails Committee ask that the following steps be taken to ensure the best outcome for all involved. Please have a description and location of the dog and a picture if possible.

1. Call Animal Control at 769-8500
2. Call The Lodge at 769-6358
  - a. Owners who reported their dog missing would be notified.
  - b. Tails and Trails Committee will be contacted to assist as needed.
3. Post on Four Seasons Dog Facebook page for extra visibility.

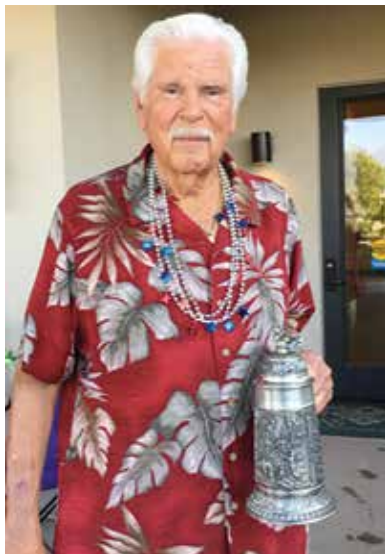
4. Post on Nextdoor App for a wider audience as the dog may not be from our neighborhood.

To further assist, if you so choose, the following are techniques professionals advise using. Although not foolproof, as every dog reacts differently (especially if they are in survival mode), at the very least we have not created more stress on an already stressed dog. Patience is the key!

- Lie down – a dog will get curious and often come back to see if you are okay or to see what you are doing.
- Sit down with your back or side to the dog and wait – you appear less threatening and they are more likely to approach.
- Open a car door and ask if they want to go for a ride – many a dog will hop into a car because they have associated the car with good things.
- Food – a few yummy morsels strategically placed can assist in securing the dog.

We thank you for helping the fur babies in our community get safely home.

Our next meeting will be Aug. 22 at 7 pm, RCN3. To learn more about Tails & Trails and our mission, contact us at fsbtailsandtails@gmail.com. ~ **Toni Adams**



Above: Ray Windhorn celebrates 84 years

Right: Pickleball winners (minus Kim Olsen) plus birthday celebrant Ray Windhorn



## PICKLEBALL

It has been said that Pickleball players range widely in age and interest but where they meet is in their passion for the sport and the good natured camaraderie of their friends. When Ray Windhorn decided to celebrate his 84th birthday on June 9, friends from tennis, billiards and paddle tennis were invited, but Pickleball people made sure the party was a party! At 84, Ray may be one of our oldest members, but our youngest (and honorary) member Taylor Spongberg explained Pickleball this way: "It brings together people from all walks of life for a fun and active time!"

In other pickleball action, the early hours of June 30 found 35 men and women on the pickle ball courts eager to compete in our Fourth of July tournament. Battling hard and long, six games for men's and women's doubles and four games for mixed doubles, winners were declared in the following categories and announced on July 4.

Women's Doubles Group A: Kim Olsen and Julie Stayner (tie)  
 Women's doubles group B: Pickleball Nancy Barnaby  
 Men's doubles group A: Bruce Lewis  
 Men's doubles group B: Dave Thomason  
 Mixed doubles group A 1st place: LynnRae DuPree  
 Mixed doubles group A 2nd place: Rick Von Kleist  
 Mixed doubles group B, 1st Place: Mike Flowers and Julie Stayner (tie)

That being said, with pickleball it's all about the people. Whether a beginner or a trophy winner, pickleball people are eager to talk to each other about pickleball, pets, parties and any other slice of life. It's all about the people so come on out!

If you are new to the sport there will always be someone on the courts to help you out and explain the rules, or contact Pickleball Nancy Barnaby for specific times for instruction. See you on the courts! ~ Julie Stayner

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*Fourth of July Individual Winners:  
Chuck Beckman, Steve Hovey and Jocelyn Green*



*Captain Howard with winning warriors Barb, Chuck and Julie*



*Fourth of July Red/Blue Tournament participants*

## TENNIS CLUB

In honor of the War for Independence, on July Fourth the Tennis Club had its own battle between the Red Team and the Blue Team. Unlike the original War for Independence, this time the Red Coats won, largely thanks to that team dominating the courts in the first battle, or rather, the first round. Three of the Red Team's doubles teams won their matches in dominating fashion. The outcomes were reversed in the second round, but the Reds already had a big enough lead to hang for the overall victory 100 games to 92. Members of the victorious team were Chuck Beckman, Larry Zimmerman, Julie Stayner, Stan Lam, Loren DuChesne, Hilario Luna, Barbara Miller, Bernadette Martin, Peter Garan, and Team Captain, Howard Lyon. Individual winners included Jocelyn Green, with 18 total games won, making her the top woman player in her first time playing in the prestigious tournament. For the men, Chuck Beckman (of course) and Steve Hovey (yah, sure; isn't he the one writing this?) both picked up 17 wins for their respective teams. Also with 17 wins was Julie Stayner. Everyone else had less, so nanner nanner.

With less drama, the June Play Day was also a successful event,

though it was scheduled at the same time as some other court clubs were having their annual July Fourth competitions. The weather was great, and all 12 players got to play a lot of tennis.

One lesson from that day, though. On the courts, danger lurks behind you, and that's not a reference to saggy butts. Former tennis coach Cheryl Smith (and a founding member of the Tennis Club) warned us seniors that we should not back pedal to get a ball. We should turn and run back or slide step to avoid falling backward and further damaging our posteriors. Now I believe her. Ouch!

Play Days are open to all residents of Four Seasons Beaumont. No reservations required – just come on out and join in at 8:30 am on the last Saturday of the month. To assist those interested in learning or recovering their tennis skills, the club is providing "Newbie" practices/lessons at 10 am on every Tuesday and Saturday that are not a Play Day or Club event.

Please note that the Thursday night doubles matches have been discontinued. Players can make their own arrangements and take advantage of the cooler evening temperatures. ~ **Steven Hovey**



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2018 July Fourth tournament winners from left Jeannine Baker, Paco Paez, Lian Lee, Pete Antoine, Alex Castanon and Mitch Harmon

## PING PONG

We had a great turn out for our annual July Fourth tournament. Good food, good fun, and great people. Congratulations to all of this year's competitors. Lian Lee and Pete Antoine took first place followed by Alex Castanon and Paco Paez in second place, and Jeannine Baker and Mitch Harmon in third place.

To those (like myself) who did not place in the tournament, now is as good a time as any to come down to the Courts to hone your table tennis skills. With the hot summer days in full swing, come in out of the heat and enjoy a game or two. Look forward to seeing you there.  
~ Tracey Laykoff



1st Place Winners  
Syed Ali and Alex Castano



2nd Place Winners:  
Elizabeth Gallegos & Diego Santos  
(Diego not present)



3rd Place Winners:  
Marilyn Smith & Terry Miller  
(Marilyn not present)

## PADDLE TENNIS

What fun on July 1, when we held our Annual Trophy Tournament, and the winners were:

- 1st Place: Syed Ali & Alex Castano
- 2nd Place: Elizabeth Gallegos & Diego Santos
- 3rd Place: Marilyn Smith & Terry Miller

We had an amazing BBQ after the tourney; hamburgers and hot dogs were graciously provided by Richard and Shao Carrasco. Thank

you to those who donated side dishes, plates, napkins, desserts and utensils. What a generous group we have.

Thanks to the committee members for their organization of this tournament, "Paco" Paez, Hailu Kinde, Tracey Maxwell, Diana Ali, Terry Miller, and Alan Chan. I'm sure we all look forward to the next tournament. ~ Diana Ali



# FISHING CLUB

Up to now the weather has been great for fishing.

I cannot remember a cooler summer so far. I am hoping to go on a deep sea fishing trip this month. I will go on a two-and-a-half day fishing trip. This trip is on my bucket list so I hope to catch at least one good size tuna.

I have seen some good pictures that go with the article that I write every month. I am really interested in seeing more of Four Seasons people in the pictures. I know for a fact that there are folks here at Four Seasons who are not in the fishing club that go fishing all the time. I would love to see your fishing pictures in the *Breeze*. Even if you have old fishing pictures from years ago that would also be great to put in the *Breeze*. Some people say that I keep taking the picture of the same old catfish we caught a year ago. I get real tired of taking that fish out of the freezer and taking a picture of it.

I was thinking of inviting all my fishing friends over for a fish fry. The only problem with that is that my wife and I tend to give some of the fish I catch to our friends who love to eat fish. I never have enough fish in the freezer to feed more than my wife and me.

One of my fishing friends, Rick, said that he went and bought some trout at the store to eat. I informed him that store bought fish will never be as good as fish that you have caught yourself. Something about a fresh caught fish on the grill is just special.

Tight lines to all my fishing friends and remember if you catch a bunch of fish make sure that you share with your friends and neighbors. ~

**Richard Carrasco**



*New fishing club member, Paul Harris, with nice catfish caught at local lake*



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*The guys getting ready for another Thursday ride*


## MOTORCYCLE CLUB

Even for some of our most dedicated motorcycle club riders, extremely hot weather can make riding a bit uncomfortable. This is evidenced by a slight drop off in the number of riders who normally turn out for our weekly Thursday rides. Also, some of our members have headed out of town on extended trips to cooler climates. Most notably, Club President Terry Humble and his wife, Janet, are on a six-week camping and fishing trip up in Idaho, Montana and Canada but, this doesn't mean their trip is all about camping and fishing. Terry took his Harley in tow behind the RV and the word is that Terry and Janet have gotten in some great rides when the fish haven't been biting.

Hats off to Bob Howard, Chuck Price, Scott Snyder, Larry Haig and Bernie Albenese. Despite the hot weather, they headed out on a recent Thursday ride to Palomar Mountain and had lunch in Pauma Valley before heading back home.




We ride every Thursday, weather permitting. We meet at the lodge parking lot and are on the road promptly at 9 am; these are generally 150 mile to 200 mile rides with a lunch break. So, if you love to ride and are thinking about joining the Four Seasons Motorcycle Club, join

us for one of our rides. Also, we have a monthly club meeting on the first Wednesday of the month at 6 pm in the RCN building, next to the Lodge. Our next meeting is Aug. 1 so feel free to drop by and meet some of our members. We would love to meet you! ~ *Jim Ayala*



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# BIRDING CLUB

The Birding Club welcomes beginning and experienced birders to start or hone bird identification skills. The Club's main activity is a monthly birdwalk along Four Seasons' nature trails, which follow native riparian woodlands. We keep a list of all species observed at Four Seasons (currently 77) and take field trips to local birding spots.

Our July 7 birdwalk was our first walk of the entire length of Potrero Creek, which produced a modest count of 16 species reflective of the "summer doldrums" bird-wise. We took the opportunity to do a census – a bird count – of "riparian specialists," which are species that nest only in the riparian habitat. We counted six Bell's Vireos (endangered subspecies) and one Yellow Warbler. As our restored riparian habitat matures, we hope other riparian specialists will utilize the habitat, such as Yellow-breasted Chat (a singing male was observed on Trail A in April 2016). Other highlights of the birdwalk included a Bobcat (a birdwalk first), good looks at Spotted Towhee (pictured), and several sightings of Hooded Oriole (our Bird of the Month).

We meet on the first Saturday of the month at 8 am in the Lodge RCN Lobby then go on our birdwalk. Email [steve.h.edelman@gmail.com](mailto:steve.h.edelman@gmail.com) for current schedule and other information. ~ **Steve Edelman**



*Adult male Spotted Towhee on Trail A.  
Photo by John Hansen,  
Birding Club member.*

## Bird of the Month



*Adult male Hooded Oriole at a Four Seasons hummingbird feeder; the female is duller yellow without the black throat.  
Photo by Mike Lilly, Birding Club member.*

Hooded Orioles are brilliant yellow-orange and black and, like all orioles, are members of the blackbird family. Hooded Orioles occur year round in southeast Mexico southern Baja California and occur in winter in southwestern Mexico. In summer, part of the population migrates north to the southwestern U.S. to breed and have expanded their range to Northern California as more ornamental palm trees are planted.

Hooded Orioles in Texas and eastern Mexico are flame orange, but those in the southwestern U.S. and western Mexico are bright yellow (such as the bird pictured here). Hooded Oriole's song is a chattering mix of notes and cries that sometimes includes a few notes from their neighbors. Hooded Orioles eat spiders and insects and also eat

fruit and take nectar from flowering plants and hummingbird feeders. Birds in California earned the nickname "Palm-leaf Oriole," and females that nest in palms poke holes in the fronds to sew the nest to the leaf.

Hooded Orioles breed in riparian cottonwoods, willows, and sycamores -- the characteristic trees of our riparian habitat along Potrero Creek -- and in palm trees. Thus, at Four Seasons, these birds are seen on the nature trails and in the palms around the Lodge, but are also seen in landscaped areas and at hummingbird feeders, such as this photo of our Bird of the Month. Hooded Orioles have been seen on four of our birdwalks, always in summer. ~ **Steve Edelman**

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## CHESS BOXING **NEW GROUP!**

We are so excited to bring the amazing sport of Chess Boxing to Four Seasons! The sport is exactly as it sounds — a round of chess followed by a round of boxing for 15 full rounds or until someone checkmates and/or passes out. Our matches are held every Monday at 8 am in the Lodge Ballroom.

If you are good at chess AND at hitting people, please join us! We also need sparring partners and people who know first aid. If you just want to cheer us on, we have spots available for audience members (there are 340 people signed up as of right now so there are only 60 spots available!). The audience is also responsible for clean-up and potluck duties. For more information, call me at (909) 797-3647. ~ *Eric "The Nose" Smith*



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*Jim Samples and Mike Zelner on left, Bill Baker and Marty Rotman on right. The Shuffleboard Fourth of July Tournament was a double elimination played by five teams of two players per team. Play lasted almost two hours on Saturday, June 23. First place winners were Bill Baker (left) and Marty Rotman. Second place winners were Mike Zehner and Jim Samples. Trophies were awarded at the Fourth of July Potluck in the Ballroom. Congratulations guys! Gals, let's get out there and give them some competition!*

## SHUFFLEBOARD

We have three newly resurfaced courts. They are the far east courts at the Lodge and they look amazing. Games are scheduled at 9 am on Saturdays and Mondays. All are welcomed to come play, learn, cheer, moan, and enjoy. Shade trees and flowers are nearby.

The front tables in The Lodge will have interest sign-up sheet for names, phone numbers, email and also days and time suggestions.

Which color disc goes first? How do you score? Players use a cue (cue-stick). How do you keep opponents away from scoring? Play begins after drawing playing cards for partners. For more information call Mike Saperstein at (951) 769-7909, or Marty Rotman (310) 948-1693. ~ **Mike Saperstein**

## BOCCE BALL

Summer Bocce Ball is played at The Summit. 9 am Tuesday, 5:30 pm both Wednesdays and Fridays. Play is on beautiful tournament grade smooth accurate courts and sideboards. Easy small step-in. Smooth concrete surrounds courts.

The word "bocce" comes from Italian word which is plural, means "to bowl." The small white ball is thrown first to start game, called pallino. Rules are very simple, get your ball as close to the pallino as possible in order to score a point. If more balls of same color closest get close, these additionally score points.

Much like pool, bocce requires players to take turns. This makes it an ideal game for socializing in between turns. Often cheers, or laughter can be heard. No one has an edge in Bocce Ball unless of course they have played for years.

We generally play games to 12 points. Two games are played and take approximately 1-1/2 hours. First court winners stay and are challenged on second game by winners from the second court. We mix and match so no team is expert and change numbers on a team so no one is left out.

The game of Bocce Ball requires no specific skills or previous experience. You will get a little exercise and enjoy a beautiful view and breezes at the Summit all while having a great time with a great group of people. If you are interested in learning the game, please join us at the Summit.

Questions? Call any of the contacts: Mike Saperstein: (951) 769-7909; Larry Anderson: 951-846-3123; Jeannine Baker: (951) 797-0833. ~ **Mike Saperstein**



*Jack Spies and Mike Corbett go undefeated in the semi-annual, double-elimination Bocce tournament*



*Leona Davidsson and Bill Baker beat out seven other teams to reach the finals bracket*

Solution to puzzle  
on page 18

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If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com)
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

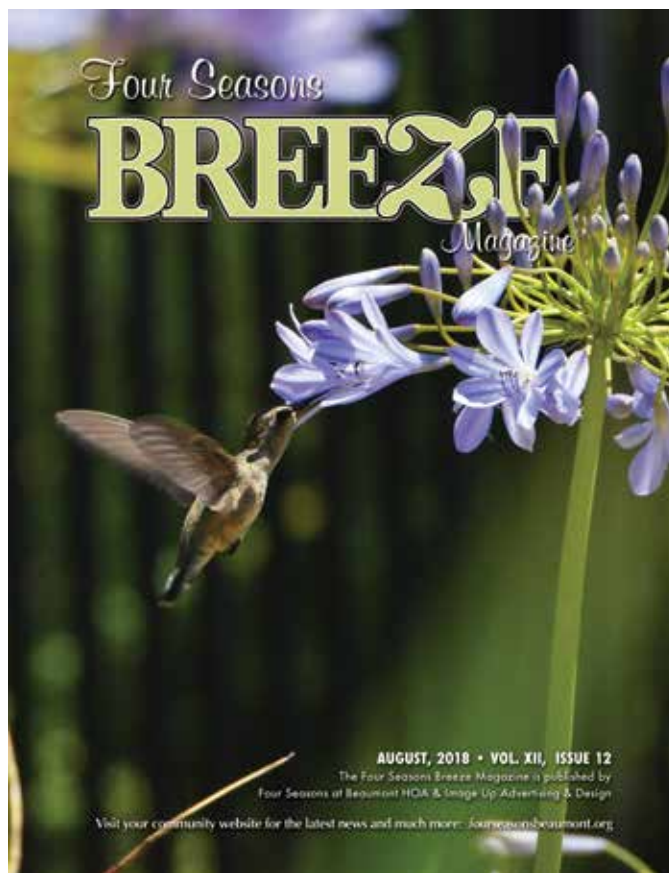
## Submission Guidelines

The *Breeze* Editorial Board requires all committees, clubs and groups to submit their article *no later than 12 noon on the 8th of each month*. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). Articles submitted as PDFs or in hard copy will not be accepted.

Please include committee, club, or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. Photos and articles will be printed at the discretion of the *Breeze* Editorial Board.



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*Photo by Four Seasons resident John Baeyertz.*

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