



Four Seasons

BREEZE

Magazine

AUGUST 2020 • VOL. IX, ISSUE 12

The Four Seasons Breeze Magazine is published by
Four Seasons at Beaumont HOA & Image Up Advertising & Design

Visit your community website for the latest news and much more: fourseasonsbeaumont.org



Help protect yourself—and everyone around you.

As we're reminded every day, the coronavirus hasn't gone away. No matter where you go, be sure to continue to **wear a face covering or mask that completely covers your mouth and nose and keep at least six feet apart from others**. These recommendations aren't just for your sake: with COVID-19, you can infect others even before you're showing symptoms. A simple face covering helps catch the virus that would otherwise be spread when you breathe, talk, or cough.

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If you've been putting off getting the care you need because of COVID-19 concerns, rest assured that there's no need to delay. Whether it's in person or via a convenient online **video or phone appointment**, we've made sure our patients can continue to receive safe and timely medical care.

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**Resident Spotlight on
Marty Bauer: From Rocket
Science to Carol's Kitchen
» P. 6-7**

In the Breeze



**Can the Gyms Reopen?
» P. 8**

Table of contents

CONTACT INFORMATION.....	4
GENERAL MANAGER'S MESSAGE	5
SPOTLIGHT ON MARTY BAUER	6-7
CAN THE GYMS REOPEN?.....	8
FOURTH OF JULY IN FOUR SEASONS.....	9-12
GET THE JOKE CONTEST	13
DID YOU KNOW.....	14
DEAR TABBY	15
NEIGHBORHOOD WATCH	16
CHEF'S CORNER.....	17
COMMITTEES	18-21
ADD SOME COLOR.....	22
ACTIVITIES DIRECTOR CORNER.....	23
OH, THE PLACES WE GO	24
THERE'S AN APP FOR THAT.....	25
PUZZLE	27
EXPRESSING GRATITUDE.....	30
CLUBS & OUTDOOR ACTIVITIES	31-57
INFORMATION ABOUT THE BREEZE	59



**Fourth of July in
Four Seasons » P. 9-12**

**For daily updates on what is going
on in Four Seasons, go to our
website at
fourseasonsbeaumont.org.**

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The HOA Board of Directors meets on the second Thursday of each month in The Lodge Ballroom or virtually by Zoom. The Executive Session is at 9 am and the General Session is at 1 pm.

For more information about Four Seasons at Beaumont, please visit fourseasonsbeaumont.org. You will find association financials, Board meeting minutes, an activity calendar, community guidelines, and more helpful up-to-date information. Register online to receive your login details. Another source of current news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

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GENERAL MANAGER'S REPORT By Eric Zarr

Retail Me Not Everyday deliveries in the community

Beginning in May, the Red Plum brand coupons and local grocery store ads you normally received in the mail were delivered with the newspaper in a clearly marked Retail Me Not Everyday blue bag. The news of this new procedure for delivering the weekly store ads and coupons was not broadly advertised and the sudden appearance of the packages on driveways was a surprise to most. This led to inquiries from residents to Management and a quick search led to more information which was run in the following day's Daily Report, updating the community on the new delivery system.

The Board has reviewed the Retail Me Not Everyday and the *Record Gazette* delivery and its possible classification as a solicitation and they have approved the following: Management will work with

the *Record Gazette* and Retail Me Not Everyday to install racks at one or all three clubhouse facilities where they will deliver the two publications in bulk. This will end the unwanted deliveries and allow residents to be able to stop by and pick them up if they so desire. Management is working with both publications to set up the stands and schedule deliveries.

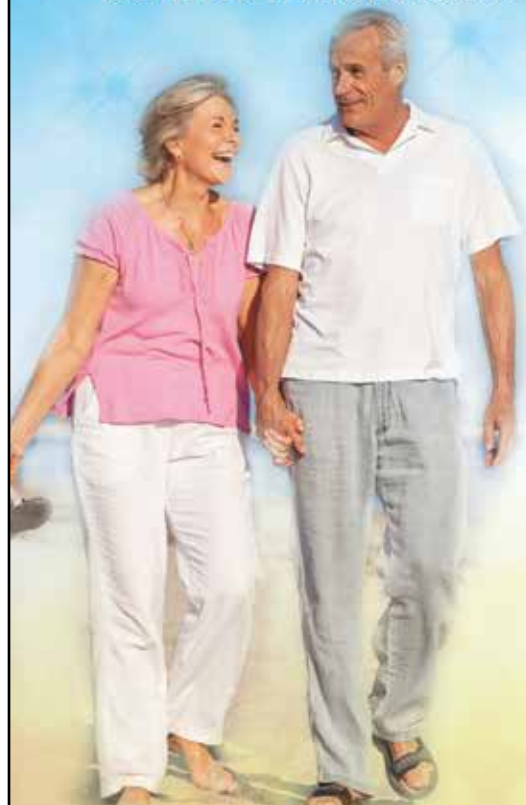
At the July Board meeting the Board approved the following items:

- Corn Hole Group at a cost of \$390.
- Facilities Committee proposal to clean and re-stain the concrete around The Lodge and Loggia/outdoor eating area from Absolute Contractors in the amount of \$16,591.
- Emergency Preparedness Committee "wash your hands" signs for the facility restrooms in the amount of \$140.
- Landscape Committee tree removal and replacement on Green Creek Trail, two trees at a cost of \$1,347.

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. This is how: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. No photos can be printed. Limit the remembrance to 400 words and send it to fourseasonsnews@yahoo.com. Be sure to include your contact information in case we need to reach you. (Contact information will not be published.)

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From Rocket Science to Carol's Kitchen

By Andi Henderson

Whether working as program manager on a \$100 million dollar project for the government or arranging vegetables for the area homeless, Martin Bauer (Marty) is changing the world for the better.

"I feel that I am contributing to society in a big way, at least to a part of it, and it has made my life more meaningful," he said.

Marty, a California boy, was born and raised in a middle-class neighborhood in Burbank. He said he always loved airplanes, so it was understandable that he attended Cal Poly in San Luis Obispo and studied aeronautical engineering.

"I was always good at math and science and was delighted to receive a slide rule as a present one year," he said.

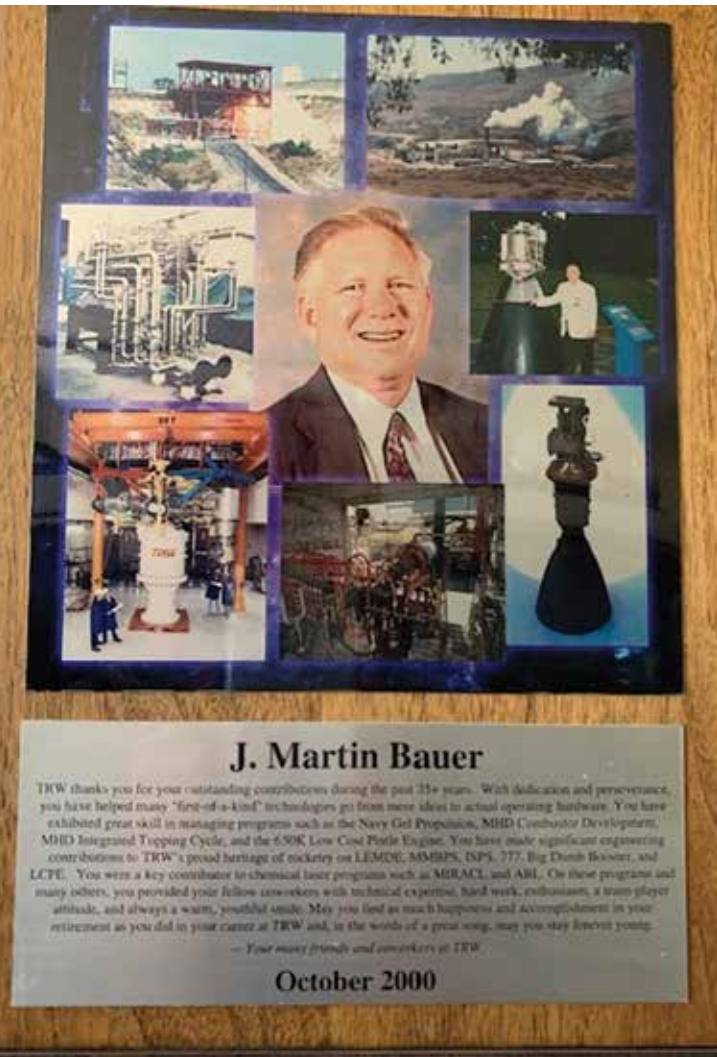
Cal Poly was a different type of college. It enabled Marty to work in his chosen field while still in school so that he would understand what it took to build the things he would later develop. He worked at Universal Studios one summer in a machine shop and even got a position at 3M doing chemical analysis. This led first to a BS in aeronautical engineering, and then to a Masters from UCLA.

"Companies like Lockheed loved Cal Poly because its students got a practical, not just a theoretical, education," Marty said.

Cal Poly was also important since a fraternity brother introduced him to his future wife, Jean. They married and had four children who they raised in Orange County.

After he completed his formal education, he worked at Douglas Aircraft on the development of the air-launched Skybolt and Nike Zeus missile systems. Then, "We traveled to Kwajalein Island in the Pacific where we tested the Zeus. An ICBM would be fired from

"We traveled to Kwajalein Island in the Pacific where we tested the Zeus. An ICBM would be fired from Vandenberg, and we would attempt to shoot it down."



Vandenberg and we would attempt to shoot it down," Marty said. His skills led to working on other projects that required travel and he was sent to China twice. He also spent time in 20 different countries and continued traveling to at least 40 states.

After Douglas, Marty worked at Aero-Jet General and TRW where he proudly helped develop three different rocket propulsion engines for the Apollo moon missions. He met and worked with several astronauts, among them, Pete Conrad (Apollo 12) and Ken Mattingly (Apollo 16). Mattingly will be remembered as the astronaut who was pulled from the ill-fated Apollo 13 flight due to illness.

In addition to rocket engine development, Marty worked on the creation of coal combustion engines that used coal dust which was the most highly efficient energy system in the world. "My work at TRW often involved high risk areas," he said. Part of testing involves failures in an attempt to find just the correct product. He worked and tested so many designs that he earned the nickname "Boom Boom Bauer."

He was heavily involved in the development of other rocket engines associated with Booster Technology, Missile Technology (i.e. Cruise Missiles), Attitude Control Engines, and the propulsion for one of the

Mars Landers. Some of the things he created may be on Mars now.

Marty's management skills were honed when he was the Program Manager of a \$100M Energy Project for TRW and the U. S. Department of Energy. His experience and knowledge from managing this project were brought to bear when he joined Carol's Kitchen in 2011, after moving to Four Seasons.

Meeting Arlene and Jim Ragan, while on a cruise to Russia, and hearing how they came to memorialize their daughter by means of establishing food kitchens in the Pass area, gave Marty an opportunity to continue contributing to his world.

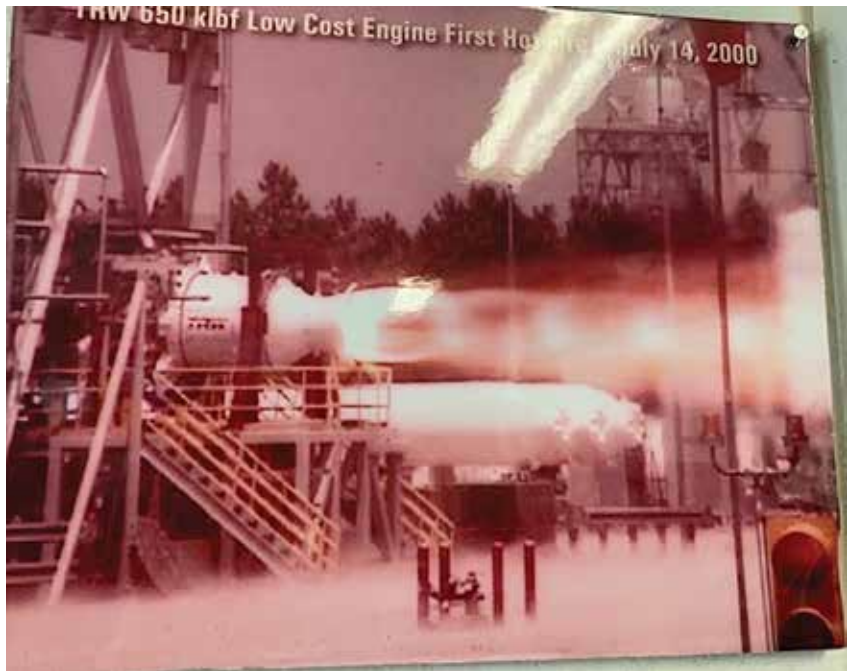
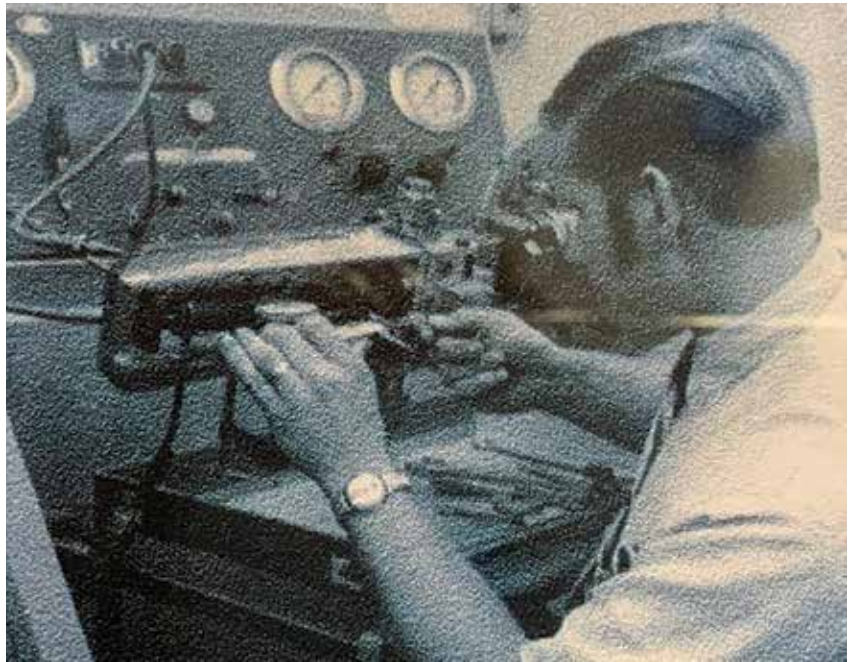
During his first three years with Carol's Kitchen, Marty was a kitchen volunteer at Cabazon, the accountant/bookkeeper for the Board of Directors and functioned as an internal auditor for the charitable nonprofit corporation. In addition, the founder asked Marty to prepare and publish an operations manual to be used by the Board and the Carol's Kitchen volunteers.

By 2012, he was the primary driver in leading the recovery of Carol's Kitchen right after the five-year embezzlement of Carol's Kitchen funds was exposed and an investigation was initiated. Ultimately, a new Board of Directors, with support from Marty, made the decision to recover and restart Carol's Kitchen instead of disbanding the organization.

Marty was President and CEO of Carol's Kitchen from 2014 to 2019. He recently retired from the Board of Directors, but is still involved as an Emeritus member and the kitchen manager at Cabazon on Thursdays.

"I enjoy the wonderful people who volunteer at Carol's Kitchen. They give of themselves," he said.

Before COVID-19, the Kitchen was serving 3,000 hot meals per month in six kitchens. The founder's deceased daughter, Carol Ragan, said, "Ask your heart what is right and follow it." It seems that in retirement Marty Bauer has found a way to do just that.





CAN THE GYM(S) BE RE-OPENED NOW?

By Laurie Larson Zeldin

Did you Zoom into the Board of Directors meeting on July 9? Or watch the recorded video of it afterward?

It was a busy meeting, with numerous issues to address, a number of homeowner comments, and a great deal of Board discussion.

And of course, the COVID-19 virus was an integral part of the discussions, a constant awareness that life was not “as usual.”

The topic that seemed to generate the most interest was “Review/Act upon Fitness Center Opening,” item 1 under New Business on the Agenda.

The fitness centers, or gyms, are located in the Spa Building at The Lodge and at The Courts. They have been closed for months due to our new constant companion the COVID-19 virus, and the California Department of Public Health (CDPH) guidelines.

Management and the Board of Directors have spent, and will continue to spend, countless hours reviewing the “COVID-19 Industry Guidance: Fitness Facilities” as each new directive becomes available. And these are pages long, with information to be reviewed, disseminated, and implemented.

Just look at the front cover for the July 1, 2020 CDPH notice. *“All guidance should be implemented only with county health officer approval following their review of local epidemiological data including cases per 100,000 population, rate of test positivity, and local preparedness to support a health care surge, vulnerable populations, contact tracing, and testing.”* Huh? It’s like a new language.

Many of the Four Seasons Beaumont residents have used the gym on a regular basis to stay fit, to complement physical therapy, to help maintain mobility for those who are physically impaired, or just to have fun. It’s also weather-proof. Hot, cold, windy, whatever — the gym isn’t affected.

So there is frustration and discontent when the gyms remain closed. “Come on, how hard can it be? We’re used to wiping down

the equipment. We still will. And some of the professional gyms are open. How come they are and we aren’t?”

As it turns out, expense is a big reason our fitness centers remain closed. The CDC and State Guidelines require in part, closing for thirty minutes after each hour of use for cleaning, sanitizing, and duct cleaning. Filters must also be replaced regularly, with three at the Spa Building and four at The Courts every day.

And there are restrictions on the number of users allowed at a time: six at the Courts, and five at the Spa Building.

Our janitorial company has offered a discount from their regular fee for cleaning. Even so, with filters, outside labor, and other supplies, the annual cost for a 7 am to 9 pm daily gym availability is approximately \$196,995 for The Courts and \$199,499 for the Spa Building. Of course, no one knows what will happen over the course of a year, so these are current projections.

And how does this affect our HOA dues? They would increase by approximately \$8.81 per month for every homeowner, whether they use the gym or not. And this is for opening one gym.

Due to restrictions on capital expense, we can consider opening only one of the gyms, not both. And in order to allow such a large capital expense, the community would have to vote on the proposal.

There were a number of suggestions made at the meeting, from homeowners and from Board of Directors. So moving some equipment out of doors is being researched. Of course dust, moisture, and heat will shorten equipment life, calling for extra service, frequent replacement of hand grips and cables, and monitoring of the equipment to avoid theft. But our current vendor is coming to take a look and since equipment rental is another consideration, additional vendors are being solicited. So for right now it’s still a waiting game. The Board and management are aware how important this is to many residents. And as is the case with life, more will be revealed. We’re all doing our best. Hang tight.



Fourth of July 2020



The ever-resilient and ready-for-a-good-time community of Four Seasons Beaumont wasn't going to let a little thing like a pandemic to damper the fun of the Fourth of July. They strapped on their masks, grabbed Ol' Glory, and gathered (six feet apart), celebrating in the streets from morning to night.





The Winners

All house-decorating winners received gift baskets.



Above: First Place Fourth of July House Decorations, Herb & Teresa Nelson

Top left: Most Patriotic House Display, Edith & Michael Brown

Left: Most Inspirational House Display, Trish Norcutt

Driveway Lights



Aerial photos of the Driveway Nightlights Event by Chuck Beckman & Howard Levine

GET THE JOKE – WIN BISTRO BUCKS!

LAST MONTH'S JOKE

Get The Joke is a simple contest... somewhere in this issue is a “joke” ad, article or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous or just plain goofy — and hopefully it will bring a smile to your face. When you find it, simply cut out and complete the box, and email your response to fourseasonsnews@yahoo.com. One correct entry will be chosen at random to win a \$20 gift card to the Bistro.



YOUR COMMENTS

I love the Breeze and the beautiful photos — thank you photographers. Linda K.
You never know - perhaps a day will come and we'll need "Alien Away." Not a bad idea if it works. Paulette S.
I ordered my supply in anticipation of an August alien invasion! Bonnie M.
Will the aliens be checked at the gate for residency? Harriet H.
Ha ha! Good one! Some crafty people thinking these jokes up! Bob B.
Keep 'em coming! Lawrence P.
The coronavirus is like an alien. Too bad we don't have a spray for the virus, like Alien Away. Martin R.
Love the Breeze! You missed Donna Pfeiffer in your mask making photos. Lois B.

THIS MONTH'S WINNER:

LAWRENCE PHANRUF

I got the joke!

Resident name (first & last): _____ Phone _____


This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever's on your mind!): _____

DID YOU KNOW?




DID YOU KNOW that we have new entry procedures for The Lodge, Courts, and Summit? In order to continuously protect the health and safety of our residents and staff, we are requiring everyone who visits these facilities to proceed with the regular fob/sign-in procedure then undergo a brief temperature check. Temperature readers are no contact. These nifty little heat sensors will simply be held about 5 cm from your forehead by the front desk attendant and in an instant your temperature will be momentarily display on the reader for the associate to view. Temperatures above 100.0 will be asked to return at another time. Please note that masks combined with hats and large sunglasses leave little room for the temperature reader to be near skin, so you may be asked to momentarily remove some items to allow for an accurate reading. This new procedure may cause delays when entering our facilities, especially during high traffic times. We ask that you plan accordingly and practice social distancing by remaining at least six feet away from the person in front of you in line. As always, please put your mask on before entering the front doors of each facility!

DID YOU KNOW that Four Seasons is able to stay in compliance despite the frequent changes in government mandates? In today's world, information seems to change daily so our operating procedures seem to change daily. Have you found yourself wondering how our Board is able to react so quickly? Luckily, there is a community of people working hard every day to ensure that reliable and accurate information pours into our Board of Directors. Our FirstService Residential staff in the management office monitors news sources for upcoming announcements or press releases. When the information is made available to the public, management seeks the official guideline release and reviews it. Our Board President Jerry Monahan will then call an emergency general session to take place as soon as the Board can assemble. At that time the Board will review and discuss the mandates. If further legal clarification is required, dialog begins with our HOA attorneys to ensure we never fail compliance. Please remember that emergency Board meetings are available for all residents to attend via Zoom. If you are interested in having the opportunity to view and take part in future Board meetings please visit our website fourseasonsbeaumont.org today to sign up for the Daily Report email blasts.



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Dear Tabby

Summer is almost over but keeping pets comfortable in the heat should always be a primary concern in Southern California. Dogs and cats release body heat differently than humans. It may bother you when you see your dog hot and panting, but this is the way he sweats and releases heat. They also sweat through the pads of their feet. If you are sweating and your dog is panting, you are both doing the same thing! Both of you should get a drink of water, relax, and cool down!

We all want to get our pets out for their long walks but be aware that heat exhaustion can happen very quickly in this weather. The first symptoms are excessive panting, drooling, racing heartbeat, red gums, and foaming at the mouth. If you feel your pet is in heat stress it is best to get him to cool him down and call the veterinarian as soon as possible. On hot days try to keep the long walks in the cooler mornings and evenings. Be aware that concrete and asphalt will heat up faster and hotter than air temperature and can cause serious burns to your pets' paws. Hold the back of your hand on the sidewalk or street. If you cannot hold it there comfortably for five seconds, it's too hot for your dog.

Many pet owners believe that clipping their pet's hair will aid in keeping them cooler for the summer, but that is simply not true. A dog's coat is a natural protection. Short-haired dogs generally can suffer heat exhaustion quicker than longer-coated breeds. You don't

remove the insulation from your house in the warmer weather, and you want to reconsider doing that to your pets.

Last, but certainly not least, we hear of the sad fate of children locked in hot, closed cars, but let's not forget about our four-legged friends. Just because your car window is cracked open doesn't mean that it is safe. Even with outdoor temperatures at a fairly comfortable 80 degrees, the closed car can reach over 100 degrees in as little as 10 minutes! Many of our dogs love an outing and I know my four-legged kid looks forward to "going for a ride" every time I put on shoes or reach for the keys. If you are going somewhere where your pet is not welcome (grocery store or restaurant) it may be better to leave your pal at home.

See you on the trails!



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NEIGHBORHOOD WATCH



With fire season getting ready to gear up, I met with our very own resident, Chris Funk, who has a very impressive fire career and is currently with Cal Fire as a communications operator working with the department aircraft. Chris started out in Nebraska as a firefighter and after joining the Air Force he was stationed at March Air Force Base. After being discharged he joined Riverside County Fire Department where he retired after 18 years.

Evacuation warnings used to be Voluntary and Mandatory. These are changing to Evacuation Watch and Evacuation Warning. Funk's suggestion is when you are asked to leave under a Watch or Warning, you go as early and quickly as possible. Think about traffic on a good day down Highland Springs; if there is an evacuation, it will be a mess. If you leave early, you will have your choice which direction you want to go.

Insurance companies vary, so check with your carrier ahead of time to find out your coverage. Some companies actually cover everything for you once you are evacuated. Good to know if you need a place to stay or if you didn't have time to pack clothes before you left.

Keep all your important documents in an easily accessible place. You will need your account numbers for your bank, credit cards and any other accounts, along with your identification. You don't need to take every canceled check for the past 20 years or tax forms as your bank and the IRS already have copies. If you have any pictures you want, keep them together and accessible for a quick exit.

Other items you would want to have ready are a couple cases of water, your gas tank at least half full, and a couple days of dog or cat food along with pet food bowls.

Before you leave it is a good idea to bring your patio cushions into your house (if time permits). Cushions are very light and burn easily, and if it is windy, you can prevent them from blowing away and sparking another fire.

Cal Fire has a Ready, Set, Go! program that provides valuable information on what you should do to be ready in case a fire is in our area. Please visit the website at: <http://www.calfireprevention.org/ready-set-go/>. It's a great idea to make yourself aware of what to do. It still may be a difficult time, but knowing what to do can reduce some of the stress and panic during an evacuation. ~ **Kathy Craven**
kathycraven@rocketmail.com

COVID-19 Information

Below are some resources to help keep you informed of the ever-changing news related to COVID-19.

- California News: [COVID19.ca.gov](https://www.cdpr.ca.gov/COVID19)
- General County News: [riversideca.gov/COVID-19](https://www.riversideca.gov/COVID-19)
- Riverside Office of Aging: [rcaging.org](https://www.rcaging.org)
- County Mandates, Etc.: [rivcoph.org/coronavirus](https://www.rivcoph.org/coronavirus)
- City News: [beaumontca.gov](https://www.beaumontca.gov)
- To Support Your Physical Health: [eatright.org/coronavirus](https://www.eatright.org/coronavirus)
- To Support Your Mental Health: [eachmindmatters.org/COVID-19](https://www.eachmindmatters.org/COVID-19)

Or, for more information in Four Seasons, call Anita Worthen at (951) 769-9858 or Donna Lewis at (909) 831-9536.



Maintain your space
Stay in place
Cover your face



PLEASE WEAR YOUR MASK

Your mask isn't just for you. It can take from 2 to 14 days before you are showing symptoms of COVID-19. While you are infected but asymptomatic, you can still spread the virus to your family, your friends, and anyone around you. Face coverings help mitigate the spread of the virus, catching much of the virus expelled when you breathe, talk, or cough. So keep others safe and wear a mask.

Remember: Face coverings must cover your nose and mouth to be effective. Secure the mask snugly under your chin and against the sides of your face. Ensure that you can breathe easily at all times.



Slow-Roasted Tomatoes

By Irene Welker

Slow roasting tomatoes will preserve summer's bounty for months. They will keep in the refrigerator for up to a month or in the freezer for several months. Slow roasting intensifies the flavor of tomatoes and gives them a meatier texture. This makes them perfect to use as a side dish for steak or fish; as a base for sauces; or as an add-in to sandwiches, salads, pizza, etc. I have provided a basic recipe and some variations. Feel free to adjust the ingredients to suit your taste.

Any type of tomato may be slow roasted. If using elongated tomatoes such as Roma or grape, cut in half from stem to point. If using round tomatoes such as Celebrity or Better Boy, cut in half through the circumference.

Contact me at irenewelker55@gmail.com to let me know how you liked the recipe and/or what you did to make it your own.



INGREDIENTS

- 10 medium tomatoes, halved
- Sea salt and pepper
- 6 Tablespoons extra virgin olive oil
- 2 cloves garlic, crushed
- 2 teaspoons dried herbs or 2 Tablespoons fresh herbs- (Italian seasoning blend, herbs de provence, basil and thyme or any mixture of your choice)

DIRECTIONS

- Preheat oven to 250 degrees.
- Line two 13" x 9" or one 17" x 11" rimmed baking sheet with parchment paper.
- Arrange the cut tomatoes, cut side up on the lined tray. Sprinkle with salt and pepper, set aside. In a small bowl, mix together the garlic, herbs and olive oil. Spoon about a teaspoon of mixture over each tomato. If there is any left, evenly distribute over the tomatoes.
- Bake in preheated oven for 4 to 6 hours. Cool tomatoes slightly before transferring them to a plate or storage container. If storing for later use, be sure to scrape up and pour all juices on the parchment

paper into the container. If the juices do not cover the tomatoes add a little more olive oil.

- Roasting Tips: Roasting times will vary depending on the size and juiciness of the tomatoes. I roasted mine until they were brown and puckered around the edges and the cavities had collapsed but still contained some liquid. I tried temperatures from 250° to 300°. I preferred 250° to 275° as the tomatoes were denser and more caramelized. They can be cooked at a higher heat for less time, but the tomatoes don't thicken as much and are not as meaty. Smaller varieties, like grape tomatoes may take as little time as 90 minutes.

VARIATIONS:

- Balsamic Roasted Tomatoes: decrease olive oil by 2 Tbs and add 2 Tbs any flavor (fig, herb, aged dark, etc.) of a good quality Balsamic. Whisk the vinegar and oil to emulsify before adding the herbs and garlic.
- Spicy Roasted Tomatoes: Add 2 or 3 whole or sliced hot peppers (hatch, jalapeno, habanero, etc.) to the baking sheet with the tomatoes. Slicing and seeding will result in less heat. If using whole, cut into smaller pieces after roasting and spoon over the top of the tomatoes. You may also add hotter spices to the olive oil/ herb mixture, such as Mexican paprika, onion, powder, hot chile powder, cumin, etc.

ARCHITECTURAL REVIEW COMMITTEE

With the latest changes to the COVID-19 guidelines, the ARC is back inspecting work that has been completed. If you have completed your work and not filed a Schedule C "Notice of Completion" now is the time to complete and file it with the management office.

If you have already filed a Schedule C, an ARC Committee member will soon contact you to schedule an opportunity to confirm that the work has been completed. We will follow all COVID-19 guidelines and can even verify what we need to do while you remain in your home.

We have seen some new problems in our community related to unapproved work. In some instances, homeowners have advised us that their contractor told them that they did not need approval or that it was acceptable to add items and work that wasn't on their application. This is not accurate. Any work that is a change and not a simple repair needs to be approved.

The consequences of completing work without approval can be very expensive. In addition to possible fines, the homeowner may be required to remove the work. If the work required a city permit that

was not obtained, the city will assess fines and/or require the work be removed. It is also possible that you may have difficulty selling your house even years later.

Please ensure that your contractor has the permits in hand before any work is started. Due to the increased problems we are having in our community, ARC is requiring proof that a permit was obtained when required by the city. We have been advised that the city will not issue a permit for any work in Four Seasons without proof that ARC has approved the work.

To facilitate this process, ARC is reviewing applications and providing our standard approval letter. This letter can be submitted with the building permit application documents. Once the permit is issued please submit a copy to the HOA management office to be included in your application.

ARC meets the first and third Wednesday of each month at 8:30 am. We have resumed in-person meetings. You are welcome to attend these meetings held in the RNC. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**

CANINE CORRAL COUNCIL

We meet the first and third Thursday at 10 am. Everyone is welcome to tune in to our meetings on Zoom and we welcome homeowner participation. Watch the Daily Report for the link to join.

I have met several new residents here at Four Seasons, and they are asking "When is the Canine Corral going to open?" I thought it would be useful to provide a little history for our newcomers.

The Board established an Ad Hoc Off Leash Area committee back in September 2018. This committee developed a charter and rules. It was determined that the Canine Corral would be self-funded through fundraising and donations. At that time the plan was to locate the facility at the gas company easement, but the gas company decided not to proceed with the plan. The Trump administration rolled back environmental protections which were finalized in September 2019. This included our watershed area in "Zone A," which is near the Breckenridge gate and along the Conservancy. Now that this land could be developed, it became the responsibility of the Association to landscape and maintain it. It was decided to place the Corral in this vacant space. The fencing was installed, thanks to an anonymous donation.

The Landscape Committee will be developing a plan for the surrounding space in Zone A. It is important to note that the Landscape Committee is authorized by the Board and funded by the HOA to provide landscaping plans and maintenance for all common areas. Space occupied by the Corral will not be included in these landscaping plans and will have a dry scape of decomposed granite.

The Canine Corral Council was established by the Board in February 2020. By mid-March, Council members were appointed and officers elected. That was about the time of COVID-19 pandemic consequences. The Council has been using this time to work on procedures, and to develop fundraising strategies. Residents wishing to use the Corral with their dogs will be required to sign an agreement

to assume all risk and provide homeowner insurance liability information that will cover injury by their dog. A fob entry system will ensure that only accepted members and their approved dogs will use the Corral.

Our initial fundraising goal has been set at \$13,500. Supporters will soon be able to order engraved plaques for \$200, \$350, or \$500. Imagine your favorite pet (or ?) immortalized on a beautiful plaque mounted on a post at the Corral for all to admire! Perhaps a personalized bench placed in the Corral showing your \$3,000 sponsorship would appeal to you.

Donations of any amount are also being accepted at the Management Office. All of us working hard on developing this amenity would like to express our appreciation to those who have already given donations. Thank you! ~ **Sandra Butler-Roberts, sandirae@icloud.com**



EMERGENCY PREPAREDNESS COMMITTEE

PLANNED AND UNPLANNED POWER SHUTOFFS

Nothing brings people out of their homes faster than losing their electricity. We rush outside to check with our neighbors to see if it was an individual or a neighborhood-wide power shutoff. Power shutoffs can be planned and unplanned.

Planned power shutoffs can be the result of routine maintenance or for saving energy. We recently had some maintenance last Friday. We were given a time in the morning but they wound up coming at one in the afternoon. We received texts on our cell phones about three weeks before; then we got a couple of emails and finally a letter in the mail. Energy savers may have their power shutoff during a very high use period like during a heatwave. They usually receive some sort of advance notice. We never signed up for it because we liked a little cool air to help us sleep at night.

Unscheduled power outages are the result of damage to transmission lines or from a Public Safety Power Shutoff (PSPS). Traffic accidents sometimes take out power lines or transformers.

SCE crews work quickly to repair the damage and it is usually restored within a couple of hours. A PSPS from a high wind event may last for days.

Public Safety Power Shutoffs or PSPS for short were allowed by electric companies by the Public Utilities Commission after it was determined that the town of Paradise had burned down by a fire from a downed power line. A PSPS is usually requested during a time of high winds and heat and dry vegetation. SCE carefully monitors the weather with many weather stations installed along their transmission lines. They have plans to install another 850 new stations within the next two years. They already check Cal Fires vegetation moisture index. SCE has begun to replace live electric lines with insulated wire and they have begun to cover their insulators.

Like earthquakes, PSPSs require you to take some steps to save your food by having extra coolers or freezer bags.

Four Seasons EPC meets on the third Tuesday of the month at 10 am. Our meetings are now on Zoom because of the pandemic. Our next meeting will be Tuesday, Aug. 18 at 10 am. ~ *Michael A. Mendoza, srmendoza@verizon.net*

Stay safe. Take action. Create your emergency plan today by following the tips listed below:

- Update your contact info with your local energy company
- Identify backup charging methods for phones and keep hard copies of emergency numbers
- Plan for medical needs - identify meds that need to be kept cold or devices that need power
- Plan for the needs of your pets
- Update your emergency kit
- Designate an emergency meeting location
- Know how to manually open your garage door

For more information on creating an emergency plan, go to prepareforpowerdown.com.



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FACILITIES COMMITTEE

We are working on the repair and refurbishing of the fountain water feature outside The Lodge's back doors. This should be completed or close to completion by the time you read this.

The replacement of the door jambs, casings, and weather stripping on the exterior doors from the inside pool area to the exterior that have deteriorated from moisture at The Summit should be completed.

We are still in the process of getting proposals for a more

permanent fix for the pavers at the Potrero entrance. If it seems like it's taking a long time to get bids on some projects, it does — because of COVID-19.

The Facilities Committee meets via Zoom right now on the second Wednesday of the month at 10 am. We always welcome residents to join us and share their ideas or concerns. ~ **Jim Griffin, jjimgriff08@aol.com**

FINANCE COMMITTEE

The Finance Committee held its regular monthly meeting on June 30. The financial statement for May was reviewed and recommended for BOD approval. Highlights of the May financial report follows.

Total Assets are \$10,394,543 including checking \$605,269 and reserve assets of \$8,002,906. Operating money market and CDs totaled \$1,702,440. Total Liabilities currently are \$305,542 and Total Equity of \$10,089,001. There was a net income gain for the month of \$49,687. Front yard cost center expenses were under budget by \$1,462 and Springdale cost center expenses were under budget by \$150.

Expenses continue to be tracking under budget in the areas of water, landscaping, and administration. We anticipate these expenses to be on budget in the coming months.

A finance subcommittee is reviewing operational expenses during the quarantine period to determine if any potential cost savings were gained. A report and recommendation will be presented to the BOD in September for their review and action.

A total of three proposals were reviewed at the meeting. All three proposals were recommended for board approval.

Five committee persons and Board liaisons, Kathy Craven and Joe Barletta, were present via Zoom for the meeting. We encourage you to attend our meetings. The next regularly scheduled meeting will be Aug. 25, 1 pm in the RCN Conference Room or via Zoom depending on the current COVID-19 requirements. Please check the Daily Report. ~ **Barry Ginnetti, b2ginnetti@gmail.com**



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LANDSCAPE COMMITTEE

The foundation planting here in our community consists of trees, shrubs, and other plants that are primarily green. This planting is what makes our grounds so inviting to the residents and their guests.

There are, however, areas where we have plants that provide colors that contrast nicely with the overall green of the base planting. We have large swaths of red carpet roses and smaller areas of white, yellow, and pink roses. Much of the common area is planted in jasmine that produces white flowers in the spring with a heavenly aroma.

We also have areas planted with white and blue agapanthus. You may know them as Lily of the Nile. Scattered throughout the

community is society garlic with violet flowers.

In addition to the perennials outlined above, we have colorful planting that changes three times a year. In the summer this year, you've seen red celosia and blue salvia in front of The Summit and in the circular beds in front of The Lodge. At the Potrero entrance, we've had colorful petunias. Earlier in the year, we had white and purple cabbages in front of The Lodge and last year snapdragons. Perhaps you've noted the vincas in the pots on the roundabout that leads into The Lodge.

What will we have in the fall? Whatever it is, it will be colorful. ~ **Kirk Freyermuth, kafreyer@frontier.com**

SAFETY COMMITTEE

As we experience the many difficulties associated with the COVID-19 pandemic, it is important to stay safe, stay active, and stay healthy. Getting some physical exercise by taking a walk or a bicycle ride can help support your mental, emotional, and physical health needs. Make your experience outside a safe one by observing some basic guidelines.

- Wash your hands when you leave and return home to protect yourself and others.
- The heat is on. Hydrate yourself before leaving your home. You may also want to bring water with you on your outing.
- Wear light clothing and appropriate footwear.
- Don't forget your cap or hat.
- Bring your face mask/covering and wear it when required.
- Practice social distancing by staying at least six feet from others as much as possible when walking or biking.
- Walk on the sidewalks or on the trails. Street-walking is not safe. You run the risk of being hit by a vehicle. Our sidewalks are large enough here at Four Seasons so that you can distance yourself from an oncoming walker as that other walker approaches.

- Use the marked crosswalks to cross the streets.
- When walking at night, wear reflective clothing and carry a light.
- Bikers, follow all traffic signs and ride your bikes on the proper side of the streets.
- Bikers, have a light on your bicycle for night rides.
- Walkers and bikers, as always, carry some identification with you when you are out and about. That ID could be a lifesaver if it were necessary to identify you in an emergency.

As you have probably noticed, several stop signs have been added to various locations throughout our community. Drivers, please obey all traffic signs and speed limits and stop for walkers in the crosswalks. Also, drivers, for the safety of your fellow Four Seasons' community residents, as well as for your own safety, please SLOW DOWN. What's the hurry? The Safety Committee understands that COVID-19 has caused all of our personal and family routines to be dramatically changed. We need to come out of this time safely and together. We will get through this. ~ **Kaye Harvey, teachharvey@yahoo.com**

SOCIAL COMMITTEE

Your Social Committee is saddened over our inability to present our planned events during our current situation however we are certain you are aware that Riverside County saw a spike in the early part of July 2020 and the expectation is to see a spike in the fall as well, during our annual flu season.

Therefore, we had to cancel our Mentalist event. Further, the Social Committee felt it was better to cancel our current event dates, be on stand-by until there is a marked improvement with our current situation, and have asked the Board to approve our decision.

We want to be a part of the solution, to respect our vendors, and want all of us to be safe.

Thank you for your ongoing support and once we are able to provide entertainment or have a party, we are more than happy to get things started again. ~ **Joyce Hogue, jhogue54@gmail.com**



Adult Coloring Page... Alleviate stress by coloring the image below. You can send the final artwork to fourseasonsnews@yahoo.com and we'll print our favorites in the September issue.



ACTIVITIES DIRECTOR CORNER

By Cindy Graves

Here we are six months into this strange season of the unknown. Life seems a bit different now and it appears that the day-by-day wait for normalcy to reinstate itself is further off than we had hoped. As far as the Activities Department goes, keeping the community connected and engaged, at least virtually, is our goal. This is new territory that we're venturing into and the boundaries of what we can engage in always seem uncertain.

How does this translate into activity offerings and community harmony? Well, we've been asked to plan on the side of safety. That means that even if the Governor lifts the restrictions on event gatherings, we'll most likely be conservative in our planning. I'm already thinking about what the holidays will look like with social distancing and am planning outside celebrations if we're released to do so. Start planning now for a big home and street decorating contest. If we still can't go anywhere by then, it would sure be fun to create a wonderland in the neighborhood! Gee, if we think we need a morale boost now, can you imagine how important a morale boost will be for us then? Have you ever seen

those neighborhoods in Rancho Cucamonga that people get so excited to drive through during December? How about if we see if we can do something like that? This year instead of having our annual Holiday Extravaganza, I'm going to propose an event called "The Grand Illumination." On Nov. 28 and 29, right after Thanksgiving, we could light up the neighborhood with surprises! We'd have a whole month to enjoy the spirit of the holidays. I realize that this is a little ways off, but start thinking about what your street might want to do to participate. Obviously, more details will be forthcoming.

On a closer note, there have been folks already talking about what we should do for Halloween and Thanksgiving. This is a good time for you to start sending me your ideas and I'll put them together with BOD approval for some fun community offerings.

As we speak about the uncertain times we're in right now, I want to remind you that the best place to find the most recent activities and events is by checking out our Monday, Wednesday, and Friday Activities Corner Blast. We are coming up with things all the time there, so if you're not getting those email blasts, be sure to call The Lodge and ask

for Nelly. She'll walk you through the process of getting signed up.

It has certainly been a weird summer at Four Seasons but I'm telling you... next year we're going to party like never before! Stay positive, everyone — with each other's help we'll get through this. Take care and I'll see you around The Lodge.

Meetings

BOARD OF DIRECTORS

	DAY	TIME
Executive Session	8/13	9a
General Session	8/13	1p
Committee Chairs	8/10	10a

COMMITTEES

Architectural Review	8/5, 19	8:30a
Comm. Planning	8/27	9a
Emergency Prep (EPC)	8/18	10a
Facilities	8/12	10a
Finance	8/25	1p
Landscape	8/18	1p
Safety	8/4	10a

Social Will resume in September

OTHER

Canine Corral Council	8/5, 19	10a
Communications Board	8/5, 10	10a
Technical Operations Board	TBD	

See Daily Report

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*Monroe at the Harley Dealer in Albert Lea, Minnesota.
Submitted by Scott Snyder*

*Right: Travel in the time of COVID-19. Looking forward to future destinations for international travels. San Diego officially opened for tourism. The harbor never looked more calming, peaceful, and clean.
Submitted by Elizabeth Westbrook*



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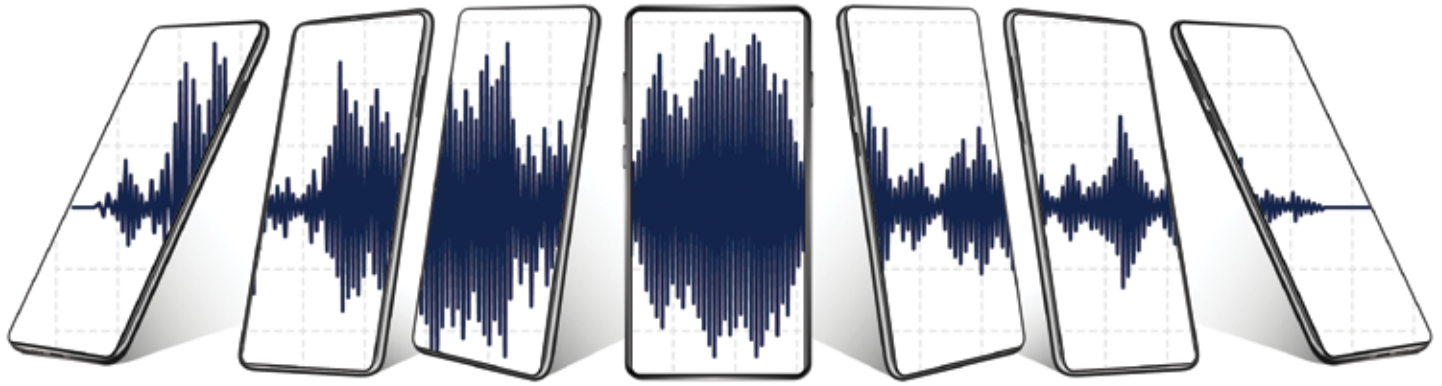
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EARTHQUAKE APPS *By Steve Benoff*

Once COVID-19 recedes from our consciousness, maybe we can get back to our usual worries, like earthquakes. When

I search the subject in the app store, I'm presented with over a dozen choices. So, without other information, how do I choose amongst them? I look at the app rating (from one to five stars), but I take into consideration how many people rated the app. One app has four and a half stars but only seven reviewers. Another has five stars from 49,000 reviewers.

The two earthquake apps I have on my phone run this gamut. QuakeFeed is the second one I mentioned above. The other, MyShake, is rated three stars from 450 reviewers. I chose it because it was developed by the University of California, Berkeley, and it has a California emphasis. Both have quake alert features and, frankly, I don't know why I have both of them.

The opening screen of QuakeFeed is, no surprise, the Quake List. The default presentation is a list by date. But you can select other sort factors – magnitude, distance (from your phone's location), or depth. At the upper left is a world icon which, when pressed, shows a map of the earth with the magnitude and location of the earthquakes on the list. There are other ways to qualify the quake data. But first, let's take a break.

Icons. It would be wrong to say I hate icons. But it would be correct to say I prefer words to icons. I'm sure the young designers at Apple know that a stamp means mail and an address book means contacts, but after over ten years using my Mac, I still don't relate to those icons instinctively. There was a time (at least with Windows) when I could have words instead of or with icons on the screen. Those days never included smartphones.

So, what does this have to do with QuakeFeed?! At the bottom of the screen is what I think of as a radar symbol – similar to the wi-fi symbol at the top of your phone's screen. For this app that means Data Feed. I just don't see the connection. Nevertheless, when you press the icon you are given five sources for your quake information. U.S.

Geological Survey one, seven, or 30 days; European-Mediterranean Seismological Centre one or seven days. When this choice is made, my main screen can show seven days of quake data organized by distance from me. There are other filters available such as minimum magnitude, range of distance from location, and excluded locations. Besides data refinements, you can see news about earthquakes around the globe.

QuakeFeed will send quake notifications to you if you choose. This app rates an A+.

MyShake, as you might guess, provides the same information as QuakeFeed but configured differently. For one, it favors words over icons. So, to change the default map of the world screen to a list, press List. To change the filters, press Filter. There are only two filters, time range and minimum magnitude. Besides choosing between miles and kilometers in the settings, there aren't many other choices. All the data come from the USGA. As for alerts, your only choice is to opt in or out. If you want alerts, your phone's location services must be turned on for the app. You will then be notified of California earthquakes of a magnitude 4.5 or higher. You can also choose global earthquakes of an adjustable magnitude between 3.5 and 8.0.

The MyShake app also rates an A+.

I set 5.0 as the minimum magnitude for alerts on QuakeFeed and opted in on MyShake at its 4.5 level. As it happened, there were a rash of earthquakes in the Anza, California area soon after setting up notifications. None of these quakes was at 5 or above. Yet, QuakeFeed sent me a dozen notifications. MyShake sent me none.

Another interesting difference is that QuakeFeed uses standard alert tones with its notifications while MyShake announces notifications with – “Earthquake. Drop, cover, hold on. Shaking expected.”

If we get that major quake that's been predicted along the San Andreas fault, we may long for the quieter days of COVID-19.

Do you use an app you'd like to share with other? Let me know at steve.benoff@verizon.net.

INTEREST GROUPS

DISABLED RESIDENTS This group aims to help anyone with a disability or who needs to assist someone with a disability. Our mission is to serve as a resource for residents with disabilities, serve as a resource for the larger community when requested, to further develop and expand resources, to help each other with and share coping strategies for our various challenges. Meeting dates, times, and frequencies TBD. Sign up at The Lodge or contact Gordon (Curt) Putnam for more information at curtputnam@gmail.com.

COMMUNITY GARDEN: Community gardens are about more than growing food. By increasing the number of local community gardeners and available garden space, families and individuals are able to grow fresh, healthy produce for very little money, green previously underused areas, increase local food security, get to know and interact with their neighbors, and work together to enhance their communities. Do you have an interest in growing your own vegetables? We are looking for anyone interested in starting a community garden here in Four Seasons. Whether you have lots of experience or the idea always sounded good, but you never attempted one, this might be for you. There are a number of potential spaces where we might do this, but our first step is to determine the interest level. If you are interested, please sign up at The Lodge. You'll be contacted for an initial meeting where we'll discuss best practices for starting a community garden, determine the number of people who want to participate, and begin the process of putting the details together for the Board.

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FOUR SEASONS BLUE*: Four Seasons Blue members have been making sack lunches every Tuesday for the homeless encampment in Banning. There are 20 tiny houses; each house accommodates two people so there are 40 people that are housed there. This encampment is just east of the Banning city limit on Ramsey Street. The 40 lunches are provided each day by a different charitable organization; we make the lunches on Tuesday every week through Carol's Kitchen. The residents cannot be doing drugs or alcohol while living there so the city of Banning has assigned a police officer to monitor the facility and coordinate the donations from different charitable organizations. It's nice to be able to help the less fortunate and give back to our community while in quarantine.

If you are interested in how you can effectively participate in the electoral process and learn about qualified Democratic candidates running for office, then Four Seasons Blue may be the group for you. Please contact Sharon Geiser at (406) 261-4652 for more information or sign up on the interest sheet at The Lodge.

FOUR SEASONS G.L.A.D. GROUP (REPUBLICAN)*: Get Informed, Listen be Active, make a Difference. With our informational resources we present information and speakers regarding local, state, and national issues. Our next meeting is planned for Aug. 6 in the Ballroom. This may be postponed if the coronavirus restrictions are still in place. Contact us at FourSeasonsGLAD@gmail.com for ongoing information, presentations, videos, and announcements. Please contact Grace Suchowski for more information at (951) 733-1102.

**Note: The HOA does not have any officially recognized political club or group. However, California law changed and now requires associations to allow political interest meetings in HOA common areas.*

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AUGUST PUZZLE

Solve the problem by filling in the squares with numbers 1 through 9 using each number only once and doing the math operations in the order they appear. If you have any feedback to this puzzle or ideas for other fun activities you'd like to see in the *Breeze*, please contact Jeff Davidson at jldathome@aol.com.

*Puzzle created by Larry Workman.
Solution on page 58*

	+		+		=	16
x		+		+		
	x		x		=	96
-		x		+		
	x		-		=	34
=		=		=		
25		55		10		

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Notes of Gratitude

Thank you to the lovely person who has been leaving the painted rocks around the hiking trails and here and there. We have really enjoyed finding them on our morning walks. Thank you, from the girls on Blowing Rock and Arches Park. ~ Linda A.

To the Mystery Rock Painter - thank you for your random acts of kindness. The painted rocks put a smile on our faces during such a trying time. Sue T.

Thank you to the very nice person who is leaving the painted message rocks on our trails. We love them! ~ The girls of Blowing Rock

To the person who put the beautiful painted rock with the words "Black Lives Matter" in the rock garden in our front yard, thank you so much. We love it. Pauline M.

Thanks to the Springdale neighbors, friends, and family for celebrating my octogenarian birthday on May 2, 2020. I feel blessed to be here! ~ Betty Ann J.

Hugs to all the staff at the Bistro! Without exception they are always smiling, pleasant, and kind. Blessings to you all. ~ Bob and Charlene B.

My wife and I are grateful every day for Stacy and her staff at the Kopper Kettle. ~ Steve and Penny R.

To Stacy and her team - thank you for your patience and kind, welcoming attitudes, and delicious meals. A great big thanks for your attention to detail in sanitizing the Bistro after you reopened. Sue and Rob T.

Nelly is awesome! I'm new here and she assisted me with making reservations for the pool so I could rehab my knee from surgery. She called and emailed several times to make sure I was set. Thank you Nelly. ~ Anonymous

Thank you Mary Moody for making masks for me and my wife. It was a wonderful gesture and a show of good will. Thank you ~ Rick and Nancy V.



If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to fourseasonsnews@yahoo.com or, if it's open, go to The Lodge Lobby and fill out a gratitude note and put in the box marked "The Box of Gratitude." Thank you.

AMPHITHEATER

Greetings from the Amphitheater and “Techie” group. It has been a very different and strange time here at Four Seasons. Our normal entertainment and fun events have been postponed or canceled. All of us involved with the various activities really miss you and the fun bringing the bands to you. As of the date of this writing the May, June and July shows needed to be canceled. This is a good time to reflect on all the good things that go on in our community and appreciate them. Please check the Four Seasons Daily Report and The Lodge to check status of the August concert.

Remember summer nights listening to your car radio or at the “Friday night dance” and enjoying the sounds of the Temptations, The Four Tops, The Supremes, and all the other great soul groups?


Well, we are going to recreate those times with a great group. Our group for the Sunday, Aug. 16 show is the Blue Breeze Band. For more than 15 years the Blue Breeze Band has been playing the finest Motown, R&B, Soul, Funk, Jazz and Blues. Members of the Blue Breeze Band have performed and toured with The Temptations, Mary J. Blige, Brothers Johnson, Evelyn Champagne King, L.T.D., and others.


Remember that you can set-up your chairs after 10 am the day of the concert. All refreshments in glass bottles must be in a cover. Concert starts at 7 pm. Let’s keep our fingers crossed that we can once again safely gather with our friends and neighbors and swing and sway to some “Sweet Soul Music.” ~ *Mark Lassen, lassenqa@aol.com*



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PHOTOGRAPHY CLUB

Summer is here and the heat is on!

Our mission is unchanged, to learn, share and have fun with photography. But during the “Big Chill Spring/Summer 2020” we execute the mission in a different way.

In July we initially thought we might be able to resume meetings in person, sadly now with the surge in COVID-19 cases, those plans are being rolled back a bit. So we are putting together a Zoom meeting plan that should launch by the time you read this article.

We have also built suggestions and safety instructions for what I call our “Home away from Home” strategy for using our automobiles as photo blinds to capture images of our area from the safety of our cars. I have taken several photo road trips now and can attest to its

restorative effects after being on lock down for 120 days as of this writing. Pick a spot, pack a picnic, and GO.

We are a bit short on photos this month, but below are two double exposure samples and a cool window image from the scavenger hunt game. These are intended to get your photo motor running.

I’m looking forward to seeing and hearing about our photo road trips this month.

Until next we meet, from all of us in the Four Seasons Photography Club to all of our wonderful neighbors, we send you a big hug. Smile and say BREEZZZEEEE, and take those pictures! But first and foremost: Stay in Place – Maintain your Space – Cover your Face. ~
ReNae Stueve, renaestueve@outlook.com



*Clockwise
from left: Look
through my
Window Yeah,
photo by Jacque
Sneddon*

*Flowers
Everywhere,
photo by ReNae
Stueve*

*Ghost Cat, photo
by ReNae Stueve*



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TRAVEL GROUP

ATTENTION TRAVEL GROUP MEMBERS: Please be advised that Sharon Bond's email has been compromised. If you receive an email from sjbond2013@gmail.com that does not have Travel Group in the subject line, please delete immediately and do not open the email.

Just when we thought things were improving and the economy started reopening there was a dramatic uptick in the number of COVID-19 cases. This has resulted in reinstating certain restrictions. The types of restrictions and closures vary dramatically by city, county, state and country. Following are a few websites to help you navigate the confusion. Be warned, DO NOT plan on going to the European Union countries anytime soon.

The EU countries are only allowing citizens from countries that have a lower virus infection rate than exists in the EU. They have issued a list of 15 countries whose citizens will be allowed to visit. The US is not on the list. <https://www.npr.org/sections/coronavirus-live-updates/2020/06/30/883858231/eu-sets-new-list-of-approved-travel-partners-the-u-s-isnt-on-it> or see the information at: <https://www.cnbc.com/2020/06/30/why-americans-wont-be-traveling-to-europe-anytime-soon.html>

Kayak lists route-specific travel restrictions by country at: <https://www.kayak.com/travel-restrictions>

The CDC has listings of travel recommendations by country at: [https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-](https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html)

[travel-notices.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html)

The CDC site also contains a broad spectrum of information from health and personal safety issues to how the virus is spreading in communities at: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

This site lists travel restrictions by state: [https://ballotpedia.org/Travel_restrictions_issued_by_states_in_response_to_the_coronavirus_\(COVID-19\)_pandemic,_2020](https://ballotpedia.org/Travel_restrictions_issued_by_states_in_response_to_the_coronavirus_(COVID-19)_pandemic,_2020)

~ Irene Welker, irenewelker55@gmail.com





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DOG OWNERS GROUP

Respecting Private Property

The summertime heat has arrived! Best time to walk your dogs is early morning or later in the evening – air temperature and paving temperature are more moderate at those times. Be sure and supply your dogs with plenty of clean water both during the walk and immediately afterwards. Now is the time to keep your dog and yourself well hydrated!

When walking your dog in the residential neighborhoods, do not

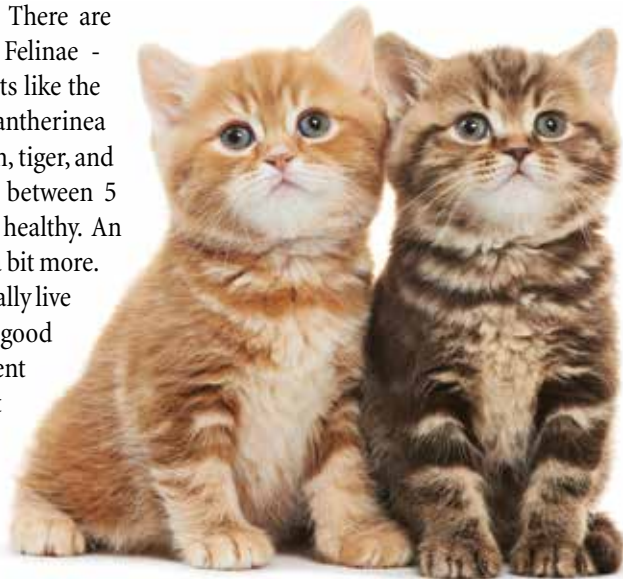
allow them to trespass on the landscaping in residents' front yards. This is private property. Even though your dog may be interested only in "smelling the flowers" in someone's front yard, it is still private property and you should not allow your dog to trespass.

PACK WALKS – all pack walks have been canceled until further notice as a result of guidelines imposed by Riverside County due to COVID-19. ~ **Patrick and his dog, Ricky Ricardo: dog_owners@yahoo.com**

TAILS & TRAILS - ALL PETS

It's All About Cats Did you know that the domesticated cat is one of the most popular pets in the world? It is thought that cats have been kept as pets for thousands of years. Most people consider themselves cat or dog people depending on the pet they prefer, but many of us pet folks like both cats and dogs.

There are lots of types, or breeds, of cats. Cats come in many different colors, sizes, with hair, without hair, and with or without tails. Some of the most popular breeds include the Maine Coon, the Persian, the Siamese, and the American Shorthair. The scientific family of cats is called Felidae. There are two subfamilies of the Felidae: Felinae - These are the medium to small cats like the domestic cat, cheetah and lynx. Pantherinae - These are the big cats like the lion, tiger, and the leopard. Cats usually weigh between 5 and 16 pounds, assuming they are healthy. An unhealthy, fat cat can weigh quite a bit more. A cat that is kept indoors will typically live for 15 to 20 years. Cats have very good hearing. Their ears have 32 different muscles that enable them to point their ears in any direction. Cats are extremely agile and also have good night vision. These characteristics make cats good hunters. Cats first became so



popular as pets because they are skilled at catching rodents. They are very quick and can catch mice, rats, and other rodents in tight spots and in the dark. Cats are also very intelligent. Because of this, cats are often used in barns and in ships to keep rodents under control.

A large group of cats is called a clowder. A group of kittens is called a kindle. A baby cat is called a kitten. A male cat is referred to as a tom, while a female cat is referred to as queen. Cats can be good pets, but one must be very careful around them. Cats have sharp teeth and claws. It's best to play with cats with toys and not to push or wrestle with them with your hands. There are expert cat trainers who can help you with your new cat as well.

Fun Facts About Cats People who love cats are called Ailurophiles. Cats can make over 100 vocal sounds, while dogs can only make about ten. In Ancient Egypt cats were considered sacred and people could be put to death for killing a cat. There was a cat in England named Puss who lived to be 36 years old. Their sense of smell is around 14 times better than a human. Best of all, cats are smart, lovable and just fun to have around. ~ **Vivian Walker, vivr@sbcglobal.net**

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BIRDING CLUB

On June 13, the Four Seasons (FS) Birding Club conducted its first bird walk since COVID-19 started. Our summer walks are designed for beginners so we focused on the sights and sounds of Four Seasons' three most commonly seen and heard birds: Spotted Towhee, Lesser Goldfinch, and Song Sparrow. These birds together with 15 other species brought our bird walk total to 18. We got a good look at an adult male Cooper's Hawk, one of several that have attacked people in defense of their nests on Trail B.

Historically, our July bird walks have the lowest species counts of the year and this year was no exception; our paltry tally of 17 species during our July 4 bird walk actually tied our previous high count for July set in 2018. A highlight was Four Seasons' nesting colony of Red-winged Blackbirds (our Bird of the Month). Birding was supplemented by butterflies, which are at their maximum numbers in mid-summer.

The Birding Club welcomes beginning and experienced birders to participate in their monthly bird walks along our nature trails and seasonal field trips. Email steve.h.edelman@gmail.com. ~ **Steve Edelman**



*A dapper female California Quail.
Photo by club member John Hansen*



*White-faced Ibis.
Photo by club member Renae Stueve, who has been taking short photography outings during COVID-19 and captured this image from her car while visiting San Jacinto Wildlife Area in June*

BIRD OF THE MONTH Male Red-winged Blackbirds are glossy black with red-and-yellow shoulder patches. Females are different, dark brown above with brown streaking below. Male Red-winged Blackbirds are conspicuous, sitting on high perches and belting out their conk-la-ree song. Females stay lower, skulking through vegetation for food and weaving their remarkable nests near the ground (or water surface in a marsh). Females build the nests by winding stringy plant material around several upright stems to form a platform, then adding more leaves and twigs plastered with mud to make a cup up to seven inches across and deep.

In fall and winter, Red-winged Blackbirds join other blackbirds, grackles, cowbirds, and starlings in flocks of thousands or millions of birds to feed on grains and roost. Red-winged Blackbirds breed (summer) in wet places like marshes and rice paddies where they feed mainly on insects. They nest in loose groups in part because appropriate marshy habitat is scarce.

Red-winged Blackbirds are common year-round across the entire U.S. and most of Mexico. Part of the population migrates to Canada in the summer and part of the population migrates to northwestern Mexico in the winter. Red-winged Blackbirds are seen occasionally throughout Four Seasons any time of year. About 10 birds nest (summer) in the cattails in the Lower Marsh (east end of Potrero Creek), where we saw several during our July 4 walk. ~ **Steve Edelman**



*Adult male Red-winged Blackbird.
Photo by club member Dave Kettering*



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The Real Lone Ranger

Hollywood has whitewashed the Wild West. Many of the first settlers were former slaves who traveled west and became the original cowboys of the American frontier. One in four American cowboys were actually African-Americans. Some Black cowboys like Bob Lemmons, Bill Pickett, Nat Love, and John Ware, were famous for their skills of riding horses, managing herds, and enforcing the law.

Bass Reeves, born into slavery in 1838 and freed by the 13th Amendment, is the most famous Black cowboy. He is the inspiration for the character, The Lone Ranger, as he kept his identity a secret and he had a Native American sidekick. He captured thousands of criminals, and left a silver dollar as his calling card. He was also the inspiration for the character Django in the movie Django Unchained.

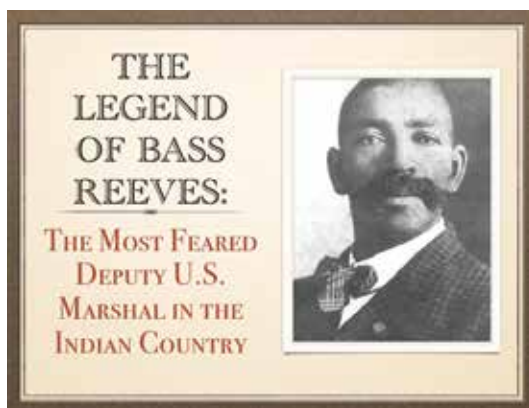
It was during the Civil War that Reeves took refuge with the Creek and Seminole Indians in what is now Oklahoma. He learned their languages and customs, and sharpened his skills as an ambidextrous marksman and gun slinger.

When all slaves were freed in 1865, Reeves left the Indian Territory to farm his own land and raise a family near Van Buren, Arkansas. Reeves occasionally worked as a scout for the military and used his tracking skills to help lawmen find criminals.

Because of Reeves' familiarity with the land and people, U.S. Marshal James F. Fagan, hired Reeves in 1875 as a U.S. Marshal overseeing the Oklahoma Territory. Reeves served as a U.S. Marshal for over 27 years — widely regarded as the first true lawman of the Wild West. Reeves, with his Native American assistant, tracked down and caught over 3,000 criminals during his career.

Reeves stood six feet, two inches tall and rode a white stallion as he patrolled 75,000 square miles of Oklahoma Territory. He wore a big black hat, two Colt .45 Peacemakers strapped on his sides, slick black suits, and polished shoes making him very intimidating.

In 1907, Reeves, at almost 70, joined the Muskogee Police Department as a patrolman. On Jan. 12, 1910, Reeves passed away



from Bright's disease. The legend of Bass Reeves was, and still is, lost to U.S. history.

Upcoming Events:

Oct. 3: Jazz Under the Stars

Dec. 12 - Christmas Gala

The next AACC meeting will be held via Zoom on Monday, Aug. 3. For information, please call Betty Ann James at (951) 572-5538 or email: infotoaacc@gmail.com. ~ **Regina Thomas**



Bass Reeves, the first African-American to receive a commission as a Deputy U.S. Marshal west of the Mississippi River

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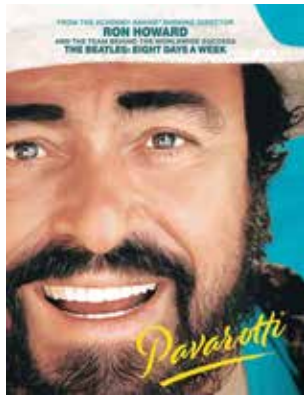
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COUNTER CULTURE CINEMA CLUB

We show films you generally won't find at the Cineplex: documentaries, foreign language films, indie films and any other smaller, well-reviewed films that don't get wide distribution.

PLEASE NOTE: Both of the movies below have been rescheduled from previous dates due to the coronavirus. If our facilities reopen and either of these movies is screened in July, there will be a replacement in August. Also, I'd like to start a Cinema Club mailing list so I can update everyone with the latest information on the status of the Cinema Club during the pandemic. If you want to get



on the mailing list, send me an email at michelesrosen@gmail.com. Don't forget the "s"!

Our first monthly screening, on Sunday, Aug 9 at 6 pm, is the film *Pavarotti* (UK 2019, 1 hr. 54 min., English). Here is a brief description from IMDb.com: "A look at the life and work of opera legend, Luciano Pavarotti."

Our second monthly screening, on

Sunday, Aug. 23 at 6 pm, is the film *Raise Hell: The Life and Times of Molly Ivins* (USA 2019, 1 hr. 33 min., English). Here is a brief description from IMDb.com: "*Raise Hell: The Life and Times of Molly Ivins* tells the story of media firebrand Molly Ivins, six feet of Texas trouble who took on the Good Old Boy corruption wherever she found it. Her razor sharp wit left both sides of the aisle laughing, and craving ink in her columns. She knew the Bill of Rights was in peril, and said, 'Polarizing people is a good way to win an election and a good way to wreck a country.' Molly's words have proved prescient. Now it's up to us to raise hell."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**



CLASSIC FILM GROUP

SORRY, the Tuesday Night/Day Classic Film Group on May 12, oops I mean June 9, no, sorry, 11, at 6 pm in The Lodge Theater is still on hold until The Lodge Theater reopens. When things get back to normal we will start up again. So, here we go one more time. We'll be showing the movie on Aug. 11 at three different start times: 10 am, 2 pm, and 5:30 pm with, YES, a limit of five people at a time. You will need to sign up for the time you want.

Keep checking the Daily Report for updates.

See you at the movies. I hope.

Director Stanley Kubrick's *2001: A Space Odyssey*, The Ultimate Trip (IN TIME) Storyline

"2001" is a story of evolution. Sometime in the distant past, someone or something nudged evolution by placing a monolith on Earth (presumably elsewhere throughout the universe as well).

Evolution then enabled humankind to reach

the moon's surface, where yet another monolith is found, one that signals the monolith placers that humankind has evolved that far. Now a race begins between the computer (HAL) and a human (Bowman) to reach the monolith placers. The winner will achieve the next step in evolution, whatever that may be.

The reaction immediately is that it was intentionally buried. When the point of origin is confirmed as Jupiter, an expedition is sent in hopes of finding the source. When Dr. David Bowman finds faults in the expeditionary spacecraft's communications system, he discovers more than he ever wanted to know. HAL, the ship's computer, begins to display increasingly strange behavior, leading up to a tense showdown between man and machine that results in a mind-bending trek through space and time. ~ **Paul Plamondon**, peabody1054@gmail.com

CLASSICAL MUSIC CLUB

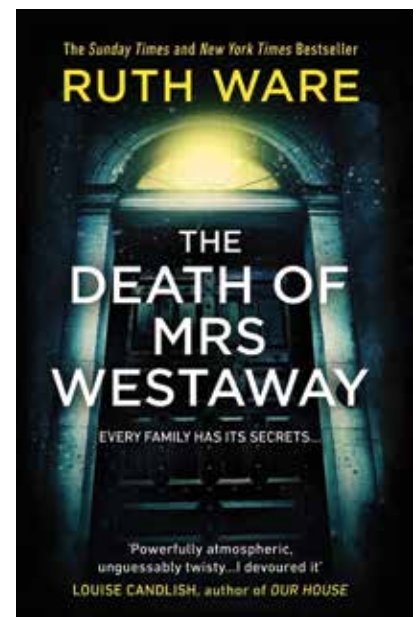
We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

BOOK CLUB

We meet on the second Tuesday of each month at 9:30 am, currently in The Lodge Ballroom. Newcomers are always welcome, even if you haven't read the book.

The Book Club selection for August is *The Death of Mrs. Westaway* by Ruth Ware. Here is a brief description of the book from Amazon.com: "On a day that begins like any other, Hal receives a mysterious letter bequeathing her a substantial inheritance. She realizes very quickly that the letter was sent to the wrong person — but also that the cold-reading skills she's honed as a tarot card reader might help her claim the money. Soon, Hal finds herself at the funeral of the deceased... where it dawns on her that there is something very, very wrong about this strange situation and the inheritance at the center of it. Full of spellbinding menace and told in Ruth Ware's signature suspenseful style, this is a page-turning thriller from the Agatha Christie of our time."

Please join us when we discuss this book on Tuesday, Aug. 11 at 9:30 am. For those of you who like to read ahead, our next book is scheduled to be *Under the Net* by Iris Murdoch. For more information, please contact Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**



TASTE D'VINE

We hope this finds you well and sane! Our different lifestyle and outlook on activities and meetings has required a lot of patience.

Your Taste d'Vine Wine Club is anxiously awaiting our monthly meeting in the near future!

We are not sure what August will bring, so in the meantime, chill out with a glass of your favorite wine and watch your inbox for any updates through our Bacchus letter.

For info, please contact Gracy Luna (951) 292-3624. ~ **Gracy Luna**

RAINBOW GROUP

While all of us struggle with the pandemic and social issues, the Rainbow Group is optimistic that we will soon be able to resume much of our lives as before. There are sure to be differences, but we will still support the Four Seasons LGBT community and our neighbors as best we can. We have been reminded that our friendships are vital to all of us.

As of this writing, some Four Seasons activities are resuming, many with restrictions. We are hopeful that we will be able to again hold our monthly meeting. We will update the Rainbow Group Facebook page and email list with any late breaking developments.



In the meantime, mark your calendars for Thursday, Aug. 27 at 6 pm for our monthly meeting in The Lodge Game Room. Some of the group meet in the Bistro or on the patio for dinner prior to the meeting. Feel free to join us, even if we must break into smaller tables! We hope this finds our members, friends, and families safe and doing well and we look forward to seeing everyone again soon. We have a LOT of catching up to do!

For more information, please contact Dale at (951) 797-0364. ~ **Dale Beckes**

WRITERS' CLUB

A Little Off The Top

As a result of hair salons and barbershops being closed for several months, some of us took matters into our own hands. At the Zehner household, I decided to cut my husband Mike's hair when he began to resemble Albert Einstein.

I could have gone online and become a certified salon stylist, much like becoming an accredited preacher or your pooch becoming a service dog. Bingo, with the press of a button, you have a certificate. I didn't want to waste time or ink for this bogus piece of paper. So, I opened up my outdoor salon after viewing a youtube video on how to cut hair.

I greeted my client as any stylist would, "Hi Mike, would you like something to drink?" Then I gently placed the Hefty bag, I mean salon cape, around his shoulders. I looked at my makeshift instruments and chose some scissors to start tackling his wild mane.

Mike asked, "Will I be receiving the topless service?" He's been carrying around that visual since his friend, Tom, planted it in his head. At Tom's morning coffee klatch, a friend told him that he should



get his hair cut at one of the titillating topless salons while in Vegas. Tom intentionally let his hair get unruly. During the trip, he wanted to book a hair appointment but couldn't let his wife, Carol, know about his ulterior motive. She said, "No, you should've gotten your hair cut before we left. We're here to hit the casinos and see some shows."

Still fully clothed and while using the hair trimmers, I hesitantly said to Mike, "You usually wear a hat, don't you?" Keep in mind there was no large mirror in my outdoor salon. I wielded the various tools (none of which were salon-worthy) and muttered some words that Mike thought sounded similar to "oopsie."

When the ordeal (speaking for both of us) was over, his hair wasn't so different from how it looked when he went to a real barber. So, I may continue to cut his hair each month, and we can use the savings for a trip to Vegas. No worries about Mike visiting a topless salon there — I googled it, they don't exist. ~

Andrea Zehner

When groups reopen, we meet in the RCN Conference Room the second Tuesday of the month from 1:30 to 3 pm. Email mlarchibald@mac.com or zehnercorked@gmail.com.

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LET'S DANCE!

We're back! The Let's Dance group was excited to return to the Ballroom in July. As you can see by the pictures, we are practicing social distancing with only 20 people allowed on the dance floor and all are wearing masks.... but we can dance!

It has been wonderful to welcome four new couples to our beginner class, as we danced the Rumba. Please know we are anxious for the day we can open up our classes to everyone and we will announce any changes in the Daily Report.

We are looking forward to learning the Cha Cha in August. Cha Cha is a fun, lively dance with so many ways to express yourself. Many of the same patterns we learned in Rumba apply to Cha Cha. We start out at a slower pace so everyone can do it.

We meet on Monday nights from 6 to 7 pm for Beginners and Newcomers and 7 to 8 pm for Intermediate and Advanced. For now,

we must limit our classes to 20 people on the floor, including our professional instructors. The cost is \$10 per person. For information, contact Puring or Gary Stifter at (951)922-8333, or purings@verizon.net and watch the Daily Report for any updates. ~ **Sue Condurachi**



COUNTRY LINE DANCING

COVID-19 has really changed our lives. Who would have thought when it started in March that we would still be isolating at home in August? Even in this wonderful community it has put a stop to many of our social activities. Some day we will look back and think it wasn't so bad, but for now, it has really put a crimp in our activities.

So now that we have cleaned every room and sorted most of our stuff, it is time to start moving again. Although dancing in The Lodge has been severely limited to 20 people per class (including instructors), I have started classes again with social distancing and masks. For now, I am limiting classes to those people who have been in my classes in the past year. For the foreseeable future, I will not be

starting a new very beginner class.

Even if you cannot participate in your favorite activities, you need to get some movement in your life. The easiest and cheapest exercise is walking. If you live uphill, drive down to a flat area and walk those streets. Start slow if you haven't been walking and gradually increase how long or how far you walk. You will be surprised at how much better you will feel both physically and mentally.

Keep reading the *Breeze* each month to see what new activities are opening.

Eventually, I hope to see you on the dance floor again. Take care and stay safe. ~ **Martha Franck, (714) 345-8588**




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COMPUTER GROUP

Judy Taylor, of the SCV Computer Club, gave a “low tech” presentation covering problems and solutions that just might help when your computer is acting up. She said, “Before you make that \$99 tech support call, there are many easy things you can do to troubleshoot problems!”

She discussed actions that can be taken when you can’t start your computer; how to reduce delay when it seems as though your computer is taking ‘forever’ to start; and what it means when your hard-drive makes grinding noises.

She showed how to use ‘Advanced Settings’ and when to choose “view advanced system settings” if your computer tends to randomly

turn off. She spoke on when to use the ‘Startup and Recovery’ function; when to uncheck the “Automatic Restart” box; and how to confirm changes.

Ms. Taylor’s presentation was both thorough and easy to comprehend. She even addressed some of the most common printer problems and solutions.

Our meetings are on the second Tuesday of each month at 10:30 am. You will need to Zoom in! If you have questions, you are invited to contact Larry Workman at workman.larry@gmail.com. ~ **Larry Workman**

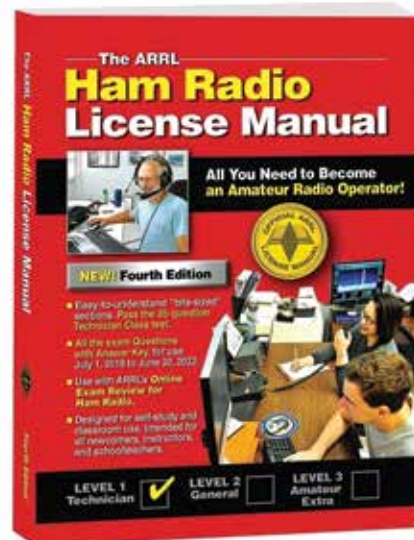


RADIO CLUB

During these days of isolation when the virus keeps us from participating in many of the activities we used to enjoy, you may want to consider radio as an alternative. There are a number of directions you could go with this idea including shortwave radio listening and Amateur Radio. With the advent of the Internet, shortwave listening, or SWL, is not as popular a hobby as it used to be but it can still be a lot of fun. All it takes is a radio and 20 feet of copper wire strung along the eave of your house to begin listening to radio programs from around the world — most are in English and can provide you with an inside look at foreign

cultures, music and politics. Many models are available on the Internet including the Panasonic “retro-look” radio shown below right that costs about \$50.

If you’ve ever wondered about getting your Amateur Radio license, now is a great time to pursue the hobby. It’s true that most of the face-to-face opportunities for training and testing are simply not available right now and won’t be as long as the virus remains a threat but that shouldn’t stop you from exploring the hobby on your own. Amazon offers many self-study books including the one pictured above right that will get you started on becoming a Ham. Though Morse Code is no longer a requirement to obtain a license, learning it could be a good way to keep your brain active plus give you the opportunity to listen to the thousands of Hams who still use it. Stay safe and as we Hams say: 73! ~ **Jim Peterson, jim.k6jwp@gmail.com**.



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CARS & COFFEE

What a fantastic turn out we had for our Four Seasons Beaumont Fourth of July parade. A very special thanks to the following individuals... Cindy Graves and her staff, Terry Humble, Frank Morales, Rick Morales, Kurt Verhoef, Scott Snyder, and Jim Ayala. If I missed anyone I apologize. Without the combined effort of all involved it would not have been such a successful parade.

The 30 cars, 46 decorated golf carts, motorcycles and 4 x 4s made this a spectacular event. We began staging at 10 am and headed out at 11 am. A safety briefing given by Terry Humble ensured that all participants followed safety first guidelines.

The procession began at the Four Seasons parking lot, with the

Motorcycle Club members conducting traffic control. With over 75 cars, trucks, golf carts, motorcycles, electric bikes and 4 x 4s, this by far was the largest parade at Four Seasons.

Thanks to all who helped organize this event and a special thanks to the residents who cheered and waved old glory.

Our Cars & Coffee gathering should be able to get together beginning Aug. 1.

For additional information, please contact Rick Morales at (951) 797-3732 onemth53@yahoo.com or Frank Morales at (951) 203-4578 fmoralesjrinc@aol.com. ~ **Frank Morales**





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MIXED MEDIA ARTS

Classes are Mondays 10 am to 12 pm and/or Wednesdays 6 to 8 pm. There is a nominal \$5 fee per person, per session. Join us. Masks are required and social distancing is implemented in each class. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**

This the perspective of the artist of the month Denise Treacy:

Joining the Mixed Media Art class was the most intimidating yet rewarding decision I've made since moving to the Four Seasons. In the short time I've been attending, I have learned several techniques including pencil sketching, water colors, acrylic, and water based oil painting. In this process I've discovered a passion for drawing with pencils I never expected. Our instructor, Rob Kelman, challenges us to go out of our comfort zone with encouragement and guidance. The end result is a piece of art that you didn't realize you were capable of creating. You learn to look at nature with a different point of view and suddenly everything you see becomes a potential subject to paint or draw. Becoming a part of this art community has been a blessing. The classes offer an opportunity to learn new techniques along with endless support. The Mixed Media Art class provides a fun environment filled with friends who appreciate and share in each other's talents, no matter your talent level.



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KNIT & CROCHET GROUP

As of this writing, we still have no word on when we may start to reopen groups, but hope by the time this issue comes out there will be new guidelines to allow meeting again. I will notify all those within the group when I have any news. We will still meet on Tuesday mornings from 10 to 11:30 am. Happy knitting and crocheting in the meantime. ~ **Dorothy Payne**, dpayne001@dc.rr.com

CRAFTY CARDMAKERS

I have missed our classes and seeing all of you but we must stay safe! Safe is fine but not making cards is IMPOSSIBLE! So I have a solution... I have been making card kits and I can deliver them to your house — on the porch to be safe! The kits are all occasion cards and the cost for materials is three for \$6. You will get a picture and all the materials to make the cards. If you like, I can stamp the

sentiment or you can stamp them if you have your own stamps. I've been doing Thinking of You and Happy Birthday but I can do any other sentiment you might like (Get Well, Sympathy, Happy Anniversary). If you have any questions, please contact me: email chorbaparadise@yahoo.com or call (951) 849-6336. ~ **Maryalice Chorba**

QUILTING ENTHUSIASTS

Our talented and fun quilters meet on the first Sunday of the month at 1 pm in The Lodge Arts & Crafts Room. We have all levels from beginner to advanced. We always welcome visitors (we love to share our projects) and quilters. We will be deciding on projects for

the coming months. We also make charity quilts to donate to worthy groups.

For information, contact Mary Christelman, ferndalemary@gmail.com. ~ **Mary Christelman**

CERAMICS CLASS

We will announce when classes will resume in the future via email. Ceramics class has something for both the novice crafter looking for a new hobby and anyone who has experience and wants to create their own unique design and create pieces for friends and family. In addition to individual projects, we also offer class projects throughout the year to teach new techniques.

Join in the fun — drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our upcoming class projects.

We meet Wednesdays from 1 to 4 pm. Please see class schedule in for any exceptions.

A certified instructor and/or experienced class team lead is available to support your crafting needs. Participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

CRAFT GROUP

If restrictions have been lifted, the Craft Group will resume meeting on Thursdays at 10 am. For more information, please call me at (951) 845-3608. ~ **Barbara Paules**



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TOPS

STOP READING THIS... unless COVID-19 has not forced you to make big changes in your life. The virus has caused many of us to become fearful of the outdoors and fearful of others. It has closed our pools, our gyms and some public trails where we used to exercise. It has eliminated shopping the malls. It has made us seek delivery of pizza, groceries, and comfort food. Many of us are cooking things we have never made before. This combined with boredom has caused many Californians to gain five, 10 or even 15 pounds in the last three months. None of the things mentioned above are part of a healthy lifestyle. We know this, but we are trapped!

Well, TOPS (Take Off Pounds Sensibly) can provide one answer.



Previously we used Zoom, but now we meet once a week in the Ballroom. We weigh and visit with each other while wearing masks, of course. We talk about nutrition and proper eating, and we share experiences and recipes. Motivation is a key to behavior change and the TOPS website, weekly meetings, and a TOPS magazine have lots of clever ideas to keep us on the right track.

We are meeting now safely with masks and social distancing. Why not join us and make a healthy difference in your life today? We meet Tuesday, 8 am, in The Lodge Ballroom. ~ **Andi Henderson, (918) 497-6491**

TAKE A HIKE CLUB

We recently traveled up to Idyllwild and the Ernie Maxwell trail. Our turn-around point is at the base of Tahquitz Peak, the extreme rock climbing training rock. We hiked in with tall forest pines, running streams, spring flowers, and even an unfriendly snake.

Our club members have chosen this trail as our most favorite hike.

Lunch was outdoors at Tommy's, another favorite.

For more information, call or email Lynette Simonson. ~ **Lynette Simonson (951) 377-0392 (cell/text) or email lynette.simonson@gmail.com**

L-R: Rosemary Butler, Lori Crosse, George Newsome, Steve Edelman, Rhonda Loudon, Bev & Walt Webster. Welcome Rosemary to TAH.



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HORSESHOE CLUB

With the coronavirus threat bringing everything to a halt, this will be my generic *Breeze* article until things get back to normal again and I have something to write about. Our club has 16 members with an average of 10 players participating each week. We have relaxed rules about throwing distances, pretty much where you are comfortable throwing, so everyone can participate and have fun. We have Quarterly Tournaments both Singles and Doubles with the winners' pictures being included in the *Breeze*.

We have quarterly social events, which consist of dinner at The Kopper Kettle Bistro at 5 pm followed by dessert at one of our

member's homes. This gets our spouses and significant others involved and makes for a fun evening of fellowship and camaraderie. We usually cap the evening off with a rousing game of LCR (left/center/right).

We're always looking for new members, so while you are hunkered down in your homes for the next several weeks, be thinking about joining us. We meet at The Summit every Wednesday at 9 am, fall through spring, and 8 am in the summer. Our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erickson**

POOL VOLLEYBALL

Hang in there! We still have August/September and maybe October, weather wise, to hopefully play pool volleyball if this darn virus decides to dissipate. ~ **Barbara Miller, babsmiller80@gmail.com**

BOCCE BALL

Currently the only way to play Bocce Ball is by reservation with limited number of people. Still no group playing as of July.

Our current situation doesn't look too promising and I doubt if we'll be playing this summer. New people are still moving into the Four Seasons so when we do start playing I hope to see some new faces out there on the courts.

Bocce Ball is played at The Summit on Tuesday and Friday at 9 am. Everyone is welcome. If you have any questions, contact Hank Negrete at (909) 747-7087 or Greg Stilson at (951) 267-1551. ~ **Hank Negrete, hanknegrete16@yahoo.com**



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ALL SEASONS RV

Howdy, partners. I am writing this article from Dodge City, Kansas. We are currently on a five-week road trip visiting the Wild West. This is the beauty of having an RV; we have the opportunity to see parts of the USA that are absolutely amazing. Since this is not a club trip, I can only share the experience on a personal level. Having been away from Four Seasons for awhile, I assume there are still no club meetings allowed. However, by the time this is published I hope we are somewhat back to normal. Our normal meeting time is the fourth Tuesday of the month at The Lodge. If you have any interest or questions regarding our club, please contact Bob Cooper at (951) 769-6352 or Larry Z at at (909) 552-2798. Well, it is time to hit the trail. See you next month. ~ *Ann Williams*



Jane and Ann at the Dalton Boys Hide Out in Meade, Kansas



Tim Jacobson at the Big Texan in Amarillo, Texas



Right: A soda fountain originally established in 1939 in Cimarron, Kansas. A blast from the past





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4X4 SEASONS

The 4x4 club has been inactive because of COVID-19. We'll be back in action from here on.

If you haven't seen the roads and trails east of Sun Lakes, it's a beautiful area to explore. Some of the area can be seen in a 2-wheel drive vehicle, some not.

Everyone I've seen stuck in the riverbed out there all tell me the same thing, "my GPS sent me this way," routing to Palm Springs.

During the rain, the river rages with fast moving water. During the dry season the sand is deep and soft. Enjoy the pics of stranded travelers and stay safe.

Anyone not in the club who lives at Four Seasons and has a four wheel drive vehicle that they don't mind getting dirty and maybe a little desert pinstriped, is welcome to come to our monthly meetings. The meetings are the first Tuesday of the month (COVID-19 permitting), 6 pm in The Lodge Arts & Crafts Room. The official club outing is on the following Thursday. Prior to our excursion, we meet at The Lodge at 7:45 am and roll out at 8 am. Hope to see you there. ~ *Scott Snyder, scottdonaldsnyder@gmail.com*



A few wrong turns on the way to Palm Springs



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TENNIS CLUB

Despite the fact that there are still a few restrictions imposed on our tennis courts here at Four Seasons, it's encouraging to see more and more players coming out to enjoy the game once again. To their credit, most, if not all, of the players are adhering to the guidelines and doing their part to help keep our community safe!

Even though the Tennis Club has not yet been able to reinstate all the regular functions and activities, the Club Executive Committee has been working hard to get approvals to open up more and more of the facilities at The Courts, e. g., extending play time until 9 pm, allowing use of the benches inside the courts, use of the ball machine,

etc. So, please be patient. Things are starting to look up!

During the past several weeks, I personally have gone out and played a few times at The Courts. I felt very safe due to the physical distance among the players. So, if you still feel a bit skeptical, I would encourage you to go out and give it a try. Be sure to make reservations as the courts are becoming more and more popular.

See you all on the courts!

Visit our website at <https://sites.google.com/view/tennis-fourseasons/home>. ~ **Stan Lam**, (714) 757-2141, slamcpa@gmail.com

PADDLE TENNIS

We still get a good turnout on most days.

Stay safe and please mask up. We are now back to our summer play schedule which is from 5 to 7 pm. We play every day except Tuesdays and Thursdays.

For more information, please contact Alan Chan at (310) 251-9269 or Alex Castano at (909) 746-7529. ~ **Alan Chan**



Masked and socially distanced paddle players

PICKLEBALL

We hope you all had a fun and safe Fourth of July.

Just a reminder, don't forget to wear a mask while walking through The Lodge. We are still required to stand six feet apart for continued mandatory social distancing on the courts. There is still no gathering around or sitting on the courts' benches.

There have been questions regarding Pickleball protocol and rules:

1. The calling of "out" or "in" the court has been questioned. The receiving team makes the call for any balls on their side of the court. Your partner should be watching the ball closely so he or she can help with the call of "out" or "in." Once the call has been made that is the end of discussion and the play continues.

2. When the ball accidentally goes into another court, call, "ball on." Do not retrieve the ball yourself. Ask the team on the other court to retrieve the ball for you. This is necessary as a matter of safety for all the players involved.

Beginner classes have resumed. The class are on the second Saturday of every month on the following dates: Aug. 8, Sept. 12, Oct. 10, Nov. 14, Dec. 12.

Come and join in the fun and informative class. No paddle sport experience is necessary. Court shoes are required to play on the courts. Also, evening play has been changed to 6 pm.

Stay safe and play on. ~ **Yundell Montalbo-Linton** Yundell@aol.com

PING PONG

The Four Seasons Table Tennis Club is extremely gratified to get back to the tables after a nearly three-month layoff. Although many members are still somewhat leary of playing an indoor sport in this COVID-19 era, those who have ventured out to play have been extremely diligent in wearing their masks and practicing social distancing. In addition, any balls that we use during play are completely sanitized prior to being stored back in the cabinet and all of our paddles are continually wiped down as well.

To enhance social distancing, at this time we are restricted to playing singles on only two tables, which are situated on each side of The Courts' Multipurpose Room. For those of you who are thinking about returning to the game, you can be extremely confident that the health and safety of all ping pong players are our number one concern.

Be well and stay safe! ~ **Bob Rubenstein**, brube88@gmail.com

BASKETBALL

Everyone is welcome. We meet at the basketball court Fridays starting at 5 pm. Bring your energy and be prepared to have some fun. ~ **Richard Hoffman**

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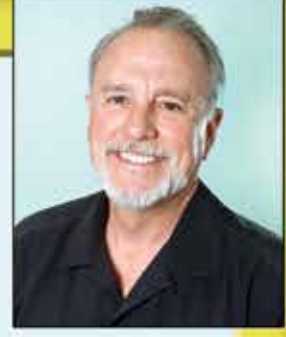


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BILLIARDS FOR FUN

Okay, it's getting scary now. It's been months since we have seen each other (let alone played pool together). What if we forget each other's names? Would you be offended if we forgot yours? And, besides that, we are going to have plaque issues. (No, not teeth plaque!) The plaque we hung in the Billiards Room to display our in-house quarterly tournament winners is going to have some empty slots now. We missed May's tournament already and will probably miss August's as well. Sigh! Everything is so complicated!

Enough already! We have never had our wings clipped quite so thoroughly as we have during this pandemic. It's putting a cramp in our excellent style! Right? If our members have not reserved a

time to play at The Lodge yet, please pull up the Four Seasons website and click on the amenities (specifically the billiards room) so you can remember what the Billiards Room looks like, and reminisce when we used to go in there three, four, five times a week to practice. I've attached bygone pics to help with your recall, and hopefully have been placed adjacent to this article. (If you complain they're repeats, I'll deny, deny, deny...)

Here's hoping we can once again meet as friends/neighbors to play pool, and hopefully our "shooting" skills haven't gotten too rusty/dusty. We miss you all! ~ *Eileen Gilbert-Antoine, egcellent@msn.com*



Jane Slamer cues her shot



Pat Semler is shooting the wrong ball!



Mike Corbett attacks the table

WILD BUNCH BILLIARDS

We are back "live" in the Billiards Room. We hope everyone is able to get your desired reservation time and table. There may be some inconvenience in having to make reservations but, hopefully, being able to play pool again outweighs the minor inconvenience. Thank you for adhering to the guidelines and making the Billiards Room a safe and healthy environment.

The "Wild Bunch" consists of some of the best players in the league: Joe Spinella, Lucas Don, Robert Howard, Bob Rector, Mike Corbett, Carlos Rivera, LeRoy Wright, Rocket Spinosa, and Gracy Luna.

Once this beast has died and the crisis is over, if you want to play

serious, competitive pool, we invite you to come by the Billiards Room and join in the stimulation of competitive play. We will keep you updated on when we can safely go into the Billiards Room, which we are hoping will be sooner than later!

In conclusion,

Practice does NOT make Perfect

Practice makes Permanent

Perfect Practice makes Perfection Permanent. ~ *Gracy Luna, gracyluna@aol.com*

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WOMEN'S EVENING BIBLE STUDY

"One step must start each journey. One word must start each prayer. One hope will raise our spirits. One touch can show we care." ~ Author unknown

The women in our Bible Study are on a journey together in God's word. We trust His Word to guide and strengthen us as we take each step. Our path continues through the Parables of Jesus and we have learned so much to help us along the way. Jesus has taught us about faith, hope, prayer, forgiveness, wisdom, humility, and unconditional love. We invite all women of Four Seasons to join us. We want to lift your spirits, give you hope, pray for you, and truly show that we care.

The time will come when we will meet again in The Lodge. Our usual time is the first and third Thursday of each month at 5:30 pm in the Game Room. In the meantime, we are learning each lesson by video. It is recorded on my phone and sent out on the same Thursdays of each month. The lesson questions are sent the day before. Our lessons are complete with each video, therefore, you will be able to start immediately with a new lesson. I look forward to hearing from you by email.

"May the God of hope fill you with all joy and peace as you trust in him." Romans 15:13. ~ **Mary Baer, baerhuggy@icloud.com**

"BELIEVE..." WOMEN'S BIBLE STUDY

We so appreciate all the wonderful women members of "Believe..." who consistently attend each week via teleconference. Thank you! We are blessed to be able to get together this way, and we are slowly working out the bugs (echoes, static, etc.)

We began our study of the Book of Isaiah on July 10, with an introduction of the Prophet Isaiah, his history and, per the accompanying handout which shows the map of Judah and Israel during the time of Isaiah's prophecies, as well as a list of the surrounding nations, capitals and kings, we were able to get the big picture of where and when this amazing book took place. Since Isaiah consists of 66 chapters, and we are studying three chapters a week, we estimate that this series will be completed by Dec. 11.

If we are still in quarantine by December, more than likely we will

not hold our annual Christmas party. 😞 However, looking at the calendar optimistically, we very well may have conquered COVID-19 by then!

Our series on the Book of Daniel (End Times) will begin whenever we are able to physically gather together again — without masks. This study has been on hold for months now, but we are ever hopeful that one day we will be able to interrupt Isaiah to study Daniel.

If any of you amazing women out there would like to join us for a weekly Bible study with other women from this community, please come join us every Friday at 10:30 am via teleconference. Please call me with any questions or dial-in information. We look forward to having you join us! ~ **Eileen Gilbert-Antoine; egcellent@msn.com**

LIFE GUIDE BIBLE STUDY

As we continue living in physical isolation, we praise God for our continued faith in His promises for strength and courage. Thank you for keeping in touch and supporting each other in prayer. Pending the orders from our State and County, we plan to resume our meetings in September. We have reserved The Summit for our Fall Potluck on Tuesday, Sept. 8, meeting at 6 pm. The regular Bible Study will begin

on Tuesday, Sept. 15, at 7 pm in the third section of the Ballroom. Jim Seim will be leading our study in the Psalms. We look forward to being together again. We invite all residents to join us for fellowship, discussion and learning from God's Word. Please contact Doc or Letha Sellars with any questions or comments at (951) 797-3302 or docletha72@gmail.com. ~ **Doc Sellars**

BEREAVEMENT GROUP

If you have suffered a loss, please come join us. All of us have lost someone close, and we get together to talk, listen, cry, and laugh and to help each other heal. We currently are meeting on Tuesdays via Zoom. For instructions on how to join us, please call me at (951) 922-0934. A second group meets in the RCN Conference Room on Mondays from 1 to 3 pm. You may call me first, or just show up.

We will welcome you. All contact is confidential. ~ *Laurie Larson Zeldin*

SEASONED SOLOS

If you are single and enjoy a variety of activities, then Seasoned Solos just might be the group for you. At each meeting we discuss what is going on in the Inland Empire and plan activities, from local lunches and dinners to excursions to presidential libraries, the Redlands Bowl, Metro Link trips into LA, and the beach train to San Juan Capistrano. There's not much that we won't consider doing. We meet on the first Friday of each month in The Lodge Arts & Crafts Room at 6 pm. For further information, call Joyce at (951) 850-3055. ~ *Joyce Olson*

FISHING CLUB



I finally got to do a little fishing this summer. I went to the Lake Havasu fishing derby on June 20. This time I was lucky and finally won some money for my fishing skills. I brought home \$178.

I also went to my favorite catfish lake and was able to catch a couple of nice fish. I had eight bites but was able to only land two. We had a great time and my fishing partner, Dennis, was able to bring in one catfish. Fisherman's Retreat is a nice lake to go to because you can get there in 15 minutes. The best

time to fish is at night. I got all my fish after 8 pm.

I am not really a good photographer so I did not get any pictures of the fish that I caught. Instead I had my wife take a picture of me in my new striper hat. Maybe this month will be the break-out month and we will be able to catch some real nice fish.

Tight lines to all my fishing friends and remember to wear a mask. The fish don't care but the guy next to you just might. ~ *Richard Carrasco, ricarrasco52@gmail.com*

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PINOCHLE FOR FUN ONLINE DURING COVID-19

Join us and play pinochle from the comfort of your own home via any online device. Whether you are an experienced player or brand-new, we can help you log in and enjoy this stimulating card game. Winning pinochle is not just luck of the draw, but is a thinking game which teases the mind and keeps it sharp.

We previously played in the RCN every Monday, Wednesday, and

Friday from 9:30 am to noon. We still honor our usual time frame and found this blessing to be a welcome diversion to all that is going on. There is no need for shuffling, dealing, and trying to hold 20 cards in your hand, which is a bonus for those who may love to play, but may be dealing with physical difficulties. If you are interested in joining us, please email me at zmike2668@gmail.com. ~ **Mike Zehner**

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so all are welcome. The game can be played in the day, evening, in a room in The Lodge or in private homes. If you are interested, please call Linda Mendelson, at (951) 941-9100, or email Goldtoy@earthlink.net, and I will answer any questions you may have. As are all card games, it is played with both skill and luck. ~ **Linda Mendelson**

CO-ED BID WHIST

We hope that everyone is doing well. These have been challenging times. As we look forward to the coming months, may the time you've spent with loved ones/yourself be restorative, thoughtful and positive.

When it is safe to congregate once again, we invite you to come out sometime and join us to learn bid whist and/or 'to get your bid game on.' We meet on Mondays (except major holidays) from 6 to 8:30 pm in the RCN Building, Activity Room 3. We offer a satisfying game environment filled with good cheer, good natured 'trash talking' and some great music. And, win or lose... you will have a lot of fun and meet some great folks while playing bid whist. New players, whether new to the game or veterans, are always welcome! We look forward to seeing you at the tables.

For more information, contact Roxanne Williams at (951) 797-3123 or Floyd Reid at (951) 317-3127. ~ **Roxanne Williams**

DUPLICATE BRIDGE GROUP



Last month, I outlined resources for playing duplicate bridge online as a substitute for face-to-face play on a card table.

Sadly, online play will be the only available method to enjoy our favorite pastime until the current health crisis abates.

I'm taking my cue for resumption of in-person play from other bridge clubs in our area. Until other directors feel that it's safe to meet across the table, we'll just have to enjoy the virtual game.

As always, send an email to me if you're interested in discussion of duplicate bridge activity or would like to learn to improve your game, or are interested in duplicate bridge at Four Seasons at Beaumont. ~ **Kirk Freyermuth, kafreyer@frontier.com**

HEARTS

All are welcome. The game is played with a single card deck, no jokers, and 52 cards. We play three, four, or five at a table. No scheduling necessary. We play on Tuesdays at 6 pm in the Game Room next to the Library. A group has played here at Four Seasons for nine years. Seating is random draw, no partners, individual scores. It is easy to learn, harder to win. Players will teach. Games last approximately two hours. Lowest points win. If you have questions, call Mike Saperstein (951) 769-7909. ~ **Mike Saperstein**

RUMMIKUB

Join us Sundays from 2 to 4 pm. Please try to show up by 1:45 pm as we welcome help setting up. Have fun with new and old friends. Rummikub is played at a table with tiles and a holder for each player's tiles. Players begin with 14 tiles. A player's first move is a group of at least three tiles totaling 30 points. Play ends when one person uses all their tiles. Remaining players then add the total numbers of their tiles for a score. Zero is the best score.

If you like Rummy and Mah Jongg, then you would certainly like Rummikub. We play in The Lodge Game Room. We will set up a learning table for newcomers. Hope to see you there. If you have any questions, call Mike Saperstein, (951) 769-7909. ~ **Mike Saperstein**

MAH JONGG ONLINE DURING COVID-19

A bunch of us have been playing Mah Jongg online, using either the Real Mah Jongg app on a tablet or logging in through the <https://realmahjongg.com/> website. It is a great representation of the face-to-face game without risking one's health. We have not settled on a regular day or time yet. Anyone interested in playing online with us, please email me at crosselc1@verizon.net and I will help coordinate the games. ~ **Lori Crosse**

THE QUIET GAME

If you're looking for a fun, safe group to join, you've found it! We are a group of residents who gather to play The Quiet Game. What is The Quiet Game? Remember when you were a kid and your family took a trip in the car? You and your siblings would inevitably start to pester each other, which led to bickering, which led to yelling (and probably a little bit of punching or pinching) before your father yelled, "OKAY EVERYONE! THAT'S IT! WE'RE PLAYING THE QUIET GAME!" All the kids fell silent knowing that the first one who spoke would lose.

What fun that was! So, if you want to take this stroll down memory lane with us, join us in The Lodge Arts & Crafts Room Mondays from 8 am to noon. We will spend that time sitting in chairs spaced six feet apart, wearing masks, and playing The Quiet Game. ~ **Mutey McMutealot**



DOMINOES

Well another month has passed and we still have coronavirus. Looks like we will be fighting it for a while. Sorry to say that it is still not a safe environment for playing dominoes. But I do know of a safe way that you can play at home, perhaps some of you are doing it already. You can play dominoes with your wife or significant other. If they do not know how to play, you have plenty of time on your hands to teach them. But do not blame me if they beat you playing the game. Everyone be safe, practice social distancing, wear your masks, and God bless everyone. For more information, call Jesse at (951) 769-2035 or Reggie at (951) 743-3584. ~ **Marvin Gaines**

BRIDGE FOR FUN

We certainly have seen some challenging times for all of us during this pandemic. As of the writing of this article The Lodge has re-opened for some activities but unfortunately not for Bridge or any card games. Hopefully by the time you read this we are once again able to play Bridge. We all sure do miss seeing our friends and enjoying their company as we play. So once restrictions are lifted and you are thinking about new activities, consider learning to play Bridge. We play each Wednesday at noon in the card room. For more information contact Verina Rector at (951) 769-1687. ~ **Tom Halley**



UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Friday every month from 2 to 4 pm in the Game Room. ~ **Deborah Garner, kenyakiki@aol.com**

CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or visit with old friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Come join us. ~ **Pam Morales**

THREE THIRTEEN

Three Thirteen is usually played in The Lodge Game Room on the first and third Tuesday of the month at 3 pm. Play is currently prohibited and we won't resume until the guidelines change. We will notify you by email and/or the Daily Report when it is safe to reconvene. If you have any questions about the game, contact Mike Corbett at micedcor1@gmail.com. ~ **Mike Corbett**

BUNCO

We play every second and fourth Friday at 1 pm in the RCN Main Room. Bunco is very easy to play and it's a great way to meet new friends. For more information, contact Bre Moreland at Bredyluv@gmail.com. ~ **Bre Moreland**

20,000 CANASTA

We hope those of you who joined us to play 20,000 Canasta last month enjoyed it as much as we enjoyed that you came. Please join us again this month and bring a friend. We play the first and third Fridays of each month from 1 to 4 pm. If you never played 20,000 Canasta we can set up a teaching table. Hope to see you there. ~ **Leona Davisson, (951) 489-7745**

PHASE 10

We meet every second Monday and every third Saturday at 3 pm in The Lodge Game Room. For more information, contact Cheri Howard at (951) 756-1216. ~ **Cheri Howard**

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Puzzle solution of puzzle on page 27



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On the Breeze

Photos Wanted

If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

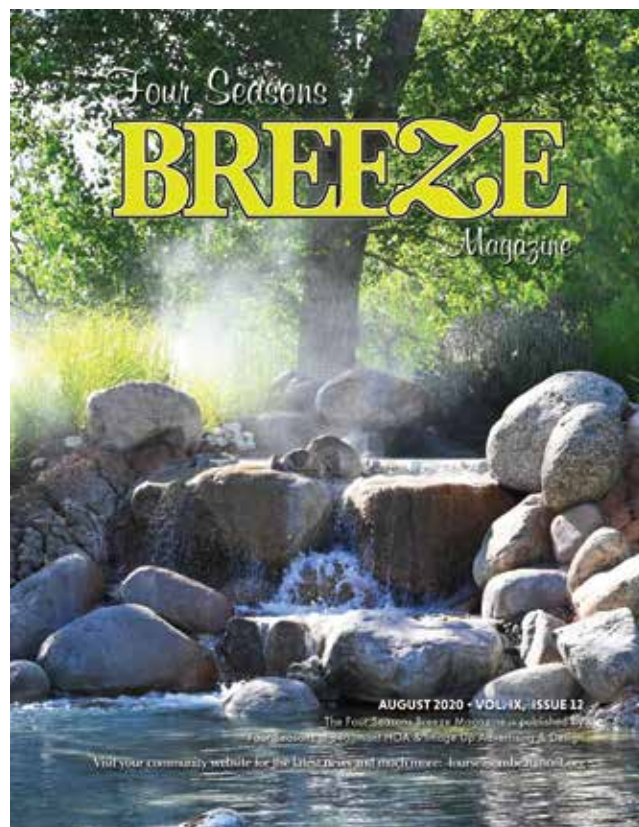
Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs and groups to submit their article *no later than 12 noon on the 8th of each month*. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include committee, club, or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. Photos and articles will be printed at the discretion of the *Breeze* Communications Board.



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COVER PHOTO

The Waterfall at the Lodge. Photo by John Baeyertz

To Advertise in the Breeze

If you would like to advertise in the *Breeze*, please contact Stacey Parr at Image Up Advertising & Design at (909) 435-5042 or email her at staceyimageup@yahoo.com.

Other inquiries about this publication may be directed to the Image Up office at (909) 797-3647.

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