

Four Seasons

BREEZE

Magazine

OCTOBER 2021 • VOL. XI, ISSUE 2

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Four Seasons at Beaumont HOA & Image Up Advertising & Design
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ADVENTURES ABROAD 10-11

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**For daily updates on what is going on
in Four Seasons, go to our website at
fourseasonsbeaumont.org.**

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Fax (951) 769-6514
Movie Line (951) 769-4928
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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice President

As I mentioned in last month's article, I wanted to provide you with information regarding our Capital Reserves. We have so many knowledgeable people on our Finance Committee, with more expertise than I, so I would like to share information provided by Finance Committee member, Boyd Bartlett from the March 2019 *Breeze*.

WHAT IS THE CAPITAL RESERVE?

The monthly HOA fee is used to maintain and operate the common properties owned by the Association. This is accomplished by allocating our fees to a Capital Reserve Fund and the yearly operational budget. The \$227 HOA fee that we pay each month distributes \$36 to the Capital Reserve and \$191 to the operational budget. Last month's article focused on the operational budget. This article will take a closer look at the Capital Reserve.

The HOA's assets (the three clubhouses and common area) exceed \$18,000,000. Examples of items that require replacement over time include flooring/carpeting, chairs, road resurfacing, repainting facilities, pool pumps, etc. We have a great many of these when you consider the number of buildings, pools, roadways/sidewalks and sports courts, and the associated furnishings. The Capital Reserve is a specifically designated fund for replacement of these elements as they become old, worn, and beyond serviceable life.

A Capital Reserve Fund is established following a well-defined process of identifying all the common items, determining life expectancy, and estimating replacement costs. Funds are set aside to be available when replacement is needed in the future. This process alleviates the need to assess homeowners every time funding is required to replace common elements. It should be noted that these funds cannot be used for normal maintenance and repairs or to purchase new items that do not

exist on our current property inventory. The Four Seasons Capital Reserve is sufficiently funded to meet our needs at over 100 percent of the full funding study.

Some have asked why we increased the HOA dues when the reserve funding is 110 percent. Consider this example. You are told your AC system will last 10 years and cost \$5,000 to replace. So, you save \$500 per year. But 10 years later due to inflation and equipment changes you need \$6,000. You will wish you had saved more. That is why it is prudent to have a reserve fund in excess of 100 percent.

Every three years, the HOA goes through the process of doing a thorough review to determine the proper reserve. Happening this year, the process will update the inventory of our assets, review the estimated replacement costs, and the remaining life of each item. This new analysis will be used to ensure the HOA is maintaining a proper Capital Reserve.

The state requires that the HOA report to its members the status of the Capital Reserve and project the needs for 30 years. These reports will be sent to all homeowners in December. These reports project the reserve needs based upon inflation and estimated expenditures to replace HOA assets.

Remember that all the common areas are part of your home here in Four Seasons and you have a responsibility to maintain it just as you would maintain your personal home and possessions.

The Board meets the second Thursday of every month in the Ballroom at 1 pm and we welcome all residents to join us. For a more informal meeting, we have "Meet the Board" meetings the third Wednesday of every month at 1 pm in the Ballroom. If you have questions, this is the meeting to join.

If you want to email the Board about an issue, please send to theboard@fourseasonsbeaumont.org or call me directly at (714) 722-1301. Take care and be kind to one another.



GENERAL MANAGER'S REPORT *By Eric Zarr*

SAFETY CONCERNS

Many people are still walking in the street throughout the day. Please don't. Walking in the street is unsafe and while we have lost many street-side trees due to accidents, those can be replaced. There are amazing trails throughout the community which are beautiful. Also, please make sure to stop at all stop signs, yield to vehicles in the roundabouts, and follow the speed limits throughout the community.

AVOIDING CONFLICT WITH NEIGHBORS

We all *can* get along. The key? Communication. It is often the best way to prevent and resolve conflict before it reaches the legal system. You do not have to be friends or spend time together to achieve a peaceful co-existence, but you should try to be a good neighbor and follow these tips:

- Say, "Hello." At the mailbox, while walking the dog, or when you see a moving van arrive, introduce yourself. Learn your neighbors' names and regularly offer a friendly greeting.
- Do unto others. Treat neighbors as you would like to be treated. Be considerate about noise from vehicles, stereos, pets, etc.
- Know your differences. Make an effort to understand each other.

Differences in age, ethnic background, and years in the neighborhood can lead to different expectations or misunderstandings.

- Consider the view. Keep areas of your property that others can see presentable.
- Appreciate them. If neighbors do something you like, let them know. They will be pleased you noticed, and it will be easier to talk later if they do something you do not like.
- Stay positive. Most people do not try to create problems. If a neighbor does something that irritates you, do not assume it was deliberate.
- Be respectful. Talk directly to your neighbors if there is a problem. Gossiping with others can damage relationships and create trouble.
- Remain calm. If a neighbor mentions a problem they have with you, thank them for the input. You do not have to agree or justify any behavior. Wait for any anger to subside before responding.
- Listen carefully. When discussing a problem, try to understand your neighbor's position and why he or she feels that way.
- Take your time. Take a break to think about what you and your neighbor have discussed. Arrange to finish the conversation at another time.

DID YOU ENROLL IN THE RIGHT

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Meetings

BOARD OF DIRECTORS

	DAY	TIME
Executive Session	10/14	9a
General Session	10/14	1p
Committee Chairs	10/11	10a

COMMITTEES

Architectural Review	10/6, 20	8:30a
Comm. Planning	10/28	9a
Emergency Prep (EPC)	10/19	10a
Facilities	10/13	9a
Finance	10/26	1p
Landscape	10/19	1p
Safety	10/5	10a
Social	10/5	1p

OTHER

Canine Corral Council	10/7, 21	10a
Communications Board	10/27	10a
Technical Operations Board	TBD	

See Daily Report



ACTIVITIES DIRECTOR CORNER

By Cindy Graves

Autumn is here and fall fun is in full swing! Speaking of “swing,” there will be a Latin Beats Dance in The Lodge Ballroom on Friday, Oct. 1 at 6 pm. If you’d prefer to listen to music rather than dance to it, the African American Culture club is collaborating with the HOA to put on their much awaited “Jazz Under the Stars” concert. It will be in the Amphitheater as usual and there might even be some treats passed out before the music starts... we’ll see, fingers crossed.

On Saturday, Oct. 9 the Fall Craft Boutique will be in The Lodge Ballroom. We’ll have over 60 resident vendors displaying and selling their beautiful wares. The doors open at 9 am and the show goes until 2 pm. Feel free to bring your friends to shop. They’ll find tons of unique handcrafted items as well as handmade food items. That same evening, for animal owners, there will be a special “Blessing of the Animals” opportunity in front of the office. You are welcome to bring any pet you have and there is no fee to attend.

Friday evening, Oct. 15, will be a real hoot! Our ever-entertaining M.C. Gail Lindeboom will be presenting the exciting game “Majority Rules.” In collaboration with the Association there will be free homemade ice cream for this event! Hooray! I scream, you scream, we all scream for ice cream! Prizes will also be given out for the winners of “Majority Rules.”

Saturday, Oct. 16 is the annual Tails and Trails “Walk for the Animals” to benefit the Ramona Humane Society which has been so incredibly supportive of this community. There will be free cinnamon rolls and coffee starting at 8 am and there will be raffles, prizes, goodies, and — of course — the walk around the

neighborhood with or without your dog. See the Activities Blast for more info.

Good news! After 18 months, we’re finally having our HOA Garage Sale on Oct. 23. If you would like to participate, the fee is only \$7 which includes the City Garage Sale Permit and advertising. The gates will be open for the duration of the garage sale so guests are welcome to attend. If you would like to have a garage sale at your house, come down to The Lodge and sign up.

During Halloween week on Friday, Oct. 29, we will be holding another large LifeStream Blood drive in our Lodge Ballroom. Blood drive appointments can be made from 9 am to 3 pm. There will be an appointment number to call on our Activities Blast and Daily Report if you’d like to donate.

On Halloween, Oct. 31 (Sunday night), “Fear Seasons” will be presenting a Spooktacular Halloween Concert/Dance and Golf Cart Parade. Starting at 6 pm we will be lining up in front of The Lodge with our well-decorated and lit-up golf carts. There will be a competition at 6:15 pm. and the parade will start at 6:30 pm. They will be using our regular parade route so if you are on the street, you’ll know where to go to see the parade.

At 6:30 pm, the dance band American Made will be playing live and in costume, as we hope you will be too. The dance will take place out under the stars and lights on the Loggia. We’ll have a costume competition and the Kopper Kettle will be offering a themed dinner for your BYOB. There is no cost for admittance, but there will be wristbands, so come to The Lodge and pick one up. See you there and have a great October!



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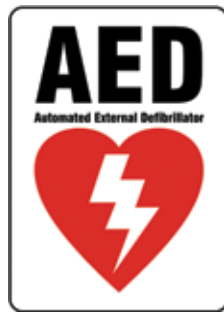
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AED Training & Locations



More than 200 residents are now better prepared to help in an emergency — thanks to the life-saving training that has taken place in our community over the past few years. Sponsored by the Safety Committee and presented by Kim Nelson, an RN and Employee Health and Education Coordinator at San Gorgonio Memorial Hospital, more than 120 residents recently took advantage of the free seminar this summer.

Nelson provided the hands-on training, teaching residents how to use our Automated External Defibrillators (AEDs) and how to provide hands-only CPR. An AED is a portable electronic device that automatically diagnoses a life-threatening cardiac situation and allows the heart to reestablish an effective rhythm through the application of electricity. Bottom line — they work.

We currently have 10 AEDs throughout Four Seasons, with another one to be installed at The Lodge pool in the near future. Here is where you can currently find an AED.

The Lodge — There are six and they're located:

1. Inside the Lobby, by the TV and information table, across from Billiards Room
2. Inside the entrance to the Ballroom
3. Near the RCN Computer Room
4. In the Lobby of the Spa Building
5. By the Paddle Tennis courts
6. Outside by the restrooms, just past the old shuffleboard courts

The Summit — There is one at the Summit and it is located:

7. Inside the front doors on the wall to the left as you enter the building

The Courts — There are three, and they are located:

8. At the front desk
9. By the Tennis courts
10. By the swimming pool restroom

As you walk the facilities and grounds, take time to acquaint yourself with the locations of the AEDs. They are clearly marked and easily identifiable.

If you are interested in attending a training, additional sessions are expected in the next few months. Keep an eye out for a Safety Committee notice in the *Breeze*, online at www.fourseasonsbeaumont.org, and in the Daily Report. ~

Kris Corbett



1. In The Lodge Lobby, across from the Billiards Room



2. Inside entrance to Ballroom



3. Across from the RCN Computer Room



4. In the lobby of the Spa Building



5. At the Paddle Tennis courts



6. By the outside restrooms, past the shuffleboard courts



7. Inside The Summit front door to the left as you enter



8. Next to the front desk at The Courts



9. By the tennis courts



10. Near The Courts swimming pool restroom/outside shower



Trainer Kim Nelson prepares to show residents how the AED works



Residents master techniques



Kim and Anita Worthen



Kim watches as Jeromee and Bess practice



Kimy and Padoo



L-R: Tracy Crow, Anita Worthen, Trainer Kim Nelson, Mike Corbett, Jerry Monahan, & Donna Gilbreth



Mike Corbett explains special techniques



Practice makes perfect



Mike Corbett steadies Manny as Chuck Beckman practices CPR

Commonwealth Expedition 1969 (Comex 3): The Route



The expedition comprised twenty coaches, based on U.K. university regions, with a contingent of twenty five in each. The route passed through Belgium, Germany, Austria, Greece, Yugoslavia, Turkey, Iran, Afghanistan and Pakistan to India.

ADVENTURES ABROAD

By Thomas Herron, Navigator/Spare Driver Durham University Contingent

In July 1969, 500 young men and women traveling in 20 vehicles undertook what must rank as one of the longest and largest overland journey in history. When they returned and disembarked onto the shores of England 86 days later, they could claim to have crossed and re-crossed two continents covering a total distance of approximately 18,000 miles.

I was fortunate to have been among the 25 students who formed the Durham University contingent, and can confirm every day on that journey I experienced adventure and friendships, all of which molded me into the person I am today.

A contribution from each contingent was to provide a cultural program to be presented during a number of free performances in several of the cities on route to our main destination, New Delhi, India. Durham's talented offer was to perform a 15-minute scene from Gilbert and Sullivan's comic opera *Trial by Jury*. At this point, I need to be honest, as it is no secret I have no notable singing voice, hence I appeared as a member of the jury and my miming was greatly applauded.

To convey my daily experiences and the friendships that formed on this expedition would take more space than the *Breeze* can offer me so I will highlight some of my most memorable events.

Once all 20 vehicles disembarked from the Cross Channel Ferry Enterprise IV into the Port of Zee-Brugge (Belgium), we lined up in convoy and reminded each other to drive on the right hand side of the road. The

route across Europe took us to Frankfurt (Germany), Salzburg (Austria) Zagreb (Yugoslavia) and Kavalla (Greece). With the exception of Frankfurt, where we were the guests in the US Air Force Base, all the campsites we utilized were far too small to accommodate our convoy, and lining up to use so few toilets was a nightmare.

On July 24 we finally left Europe and entered Asia via Istanbul aboard a rather vintage ferry, which we were convinced was overloaded. The voyage was smooth but the unloading was as chaotic as the loading had been. The journey to the campsite gave all our drivers an insight to driving rules in Turkey: there are no rules. Taxis, horse-drawn carts, overloaded motor cars, and motorcycles all believe they have the right of way. To this day I am sure the Durham driver on duty that day is still getting psychiatric treatment for the experience.

Once we left the chaos of Istanbul, we stepped back in time about 30 years. Roads often changed into compacted dirt tracks, often teeming with oxen carts, ancient trucks, and various farm animals being driven by young children and old men. Although Turkey was a wonderful experience and it gave me many enjoyable memories, the memory that stands out is the campsite we had at Trabzon. Again on the invitation of the US Air Force, we, plus four more coaches spent an overnight stay in a location that provided a wonderful view of the Black Sea. It was an Air Force Base without a runway, however, it was surrounded with numerous aerals and radar dishes. I was told on a good day they could wave greetings to the Russian sailors aboard the ships they were spying on.



The landscape was becoming harsher and we were plagued with heat; our coaches did not have the luxury of air conditioning. The city of Tehran was experiencing temperatures around the 120 degree mark and our campsite, which was approximately 3,000 feet above the city, was only slightly improved at 108 degrees. We, along with several other contingents, were due to perform in front of the Minister of Culture. Rather than the normal nervousness at the thought of performing, we were eager once we discovered the Central Youth Theatre had excellent air conditioning.

The main highway leading to the Afghanistan border was void of tarmac; in numerous stretches we had to reduce our speed to around 20 mph. This plus the long wait to exit customs meant we had to search for a campsite in the dark. Around midnight under the light of the Milky Way, we pulled off the road to join several coaches in what can only be described as a desolate field. We were far too exhausted to erect the tent so we spread it across the ground and crawled under it. As daylight broke we discovered we were sharing the area with a mixture of camels, sheep and goats, as well as a group of locals sitting along an embankment. The sheep and goats were easy to disperse, however the camels insisted on staying for breakfast and one of the coaches discovered they were partial to Quaker Oats when a rogue animal stole an unguarded box.

We were amazed to find the main highway running from Herat through Kandahar and onto Kabul was totally concrete. We later discovered the first section was funded by the USA and the latter by Russia, and the

only contribution from the Afghans was the placing of rocks set in the center of the road at numerous sections to stop overtaking.

The most spectacular part of this journey was the Kabul Gorge with its magnificent scenery, twisting hair-pin bends, and dizzy chasms. At this point I can point out the road was built in 1879 by the British.

Leaving the border customs post of Afghanistan, we drove a couple of miles to enter Pakistan and were greeted with an abundance of signs informing us to now drive on the left. Entry to the Khyber Pass is always guarded by a detachment of the Khyber rifles, and the pass always closes at dusk due to the lawless tribal inhabitants. The Pass is Pakistan's main defense system and we were amazed to see so many military installations such as tank traps, gun emplacements, and fortresses.

After a comfortable night in the student hostel of the University of Peshawar sleeping on wicker beds (Charpoys), we pushed on towards Murree Hills, a hill station where rich British families spent time away from the hot summer of New Delhi. Murree Hills has an altitude of about 8,000 feet and you need to break through clouds to reach the summit. Unfortunately, the Durham coach was delayed due to a parking incident causing one of the front wheels to hang precariously over an eight-foot-deep ditch. Fortunately, this occurred in the near vicinity of a road repair depot and the following morning we were hauled back onto the road.

Relations between Pakistan and India has always been "unfriendly" therefore following the British Foreign Offices advice given prior to this journey, we avoided any comment concerning their present feuds. The border crossing in effect felt like a war zone, we were not allowed to venture outside of the coach and both parties made sure we did not use our cameras.

Our arrival in New Delhi occurred on day 40 and we immediately

made ourselves at home within the Rabindra Rangshala, a large camping area with an enormous amphitheatre. Comex's arrival made the front page of every Delhi newspaper and that evening each coach was briefed on the program covering the following week.

The following morning when we were spruced up and the coaches washed, we attended an official welcoming reception within the amphitheatre, then after a buffet-type lunch, we set off on a three-hour ceremonial drive around the city. A stop was made at Mahatma Gandhi's tomb where a wreath of roses and jasmine was laid then onto the Red Fort and several public buildings. Traffic came to a halt as 20 sparkling coaches — complete with British and Indian pennants fluttering proudly in the warm Delhi breeze — passed by.

The following day all 20 coaches dispersed to various locations, we headed south to Aurangabad University calling in on Agra (Taj Mahal) and the Ellora Caves. Our cultural performance in front of the students was a resounding success, however I felt they were just being polite. The performances by our hosts were genuinely amazing and our three-day visit was memorable.

We returned to New Delhi in order to participate in the "First Commonwealth Youth Festival" but first we again washed our coaches, dressed in our finest clothes and traveled in convoy to the Presidential Palace to be guests at a garden party hosted by the Indian President V. V. Giri.

After numerous farewells our coaches were finally lined up in convoy and a final ceremonial drive was made for the benefit of the media through the India Gate and we silently headed home.

The journey home was as eventful and as exhilarating as the outbound section, we all had learned from experience and were able to handle all difficulties and obstacles much more efficiently, but those are stories for another time.



Preparing to board the Enterprize IV. Dover



Comex's first camp site within the US Air Force Base Frankfurt



Arangabad Temple Chisled out of Solid Rock



Laying a Wreath on Mahatma Gandhi's Tomb



Kabul Gorge



Afghanistan Troops on the Move

Fall & Winter Weather Outlook

(a tiny bit of good news)

With the current drought and severe fires affecting California, many people ask me about the upcoming fall and winter season. While weather forecasting relies on current information, computer models, and other tools to forecast for Southern California, looking ahead some six months in advance is more challenging.

For these projections, I turn to the National Climate Prediction Center, where experts rely on a number of factors to look that far into the future. The most important of these is sea surface temperatures. (For a discussion of sea surface temperatures and the El Niño and La Niña phenomena, please see the weather article in last November's *Breeze*.)

For the upcoming season, both temperature and precipitation outlooks are shown for the conterminous United States for the fall months, October through December (Figures 1 and 2), and also for

the winter months, January through March 2022 (Figures 3 and 4).

The fall outlooks show a 40%-50% probability of above-average temperatures and a 30%-40% probability of below-normal precipitation for the Southern California area. For the winter outlooks, there continues to be about a 40% chance of above-normal temperatures and above 40% probability for below-normal precipitation.

It should be noted, however, that last year's extremely dry winter was associated with a very strong La Niña sea surface temperature pattern. This year, though a La Niña pattern is expected again, it is forecast to be weaker than last year. Hence, while precipitation is expected to be below normal, it will not be as severe as the last rainy season. So, slightly more precipitation than last year would be expected. And that is a tiny bit of good news.

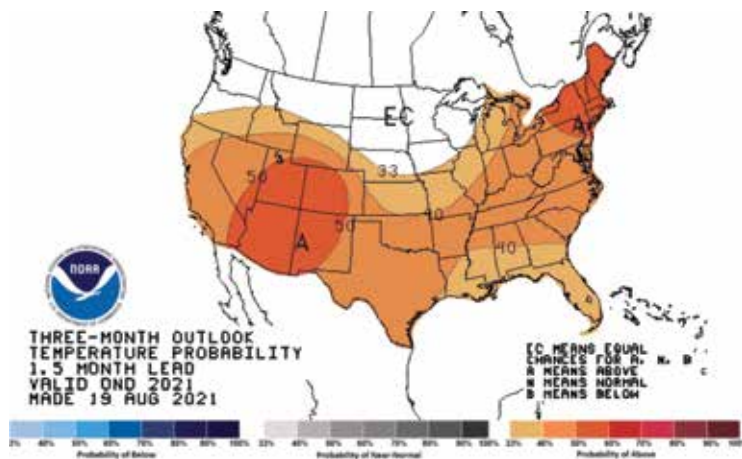


Fig. 1. Temperature Outlook: October, November, December 2021

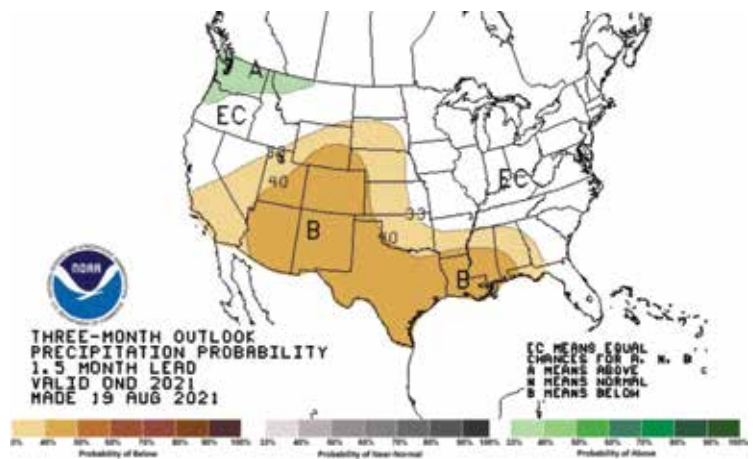


Fig. 2. Precipitation Outlook: October, November, December 2021

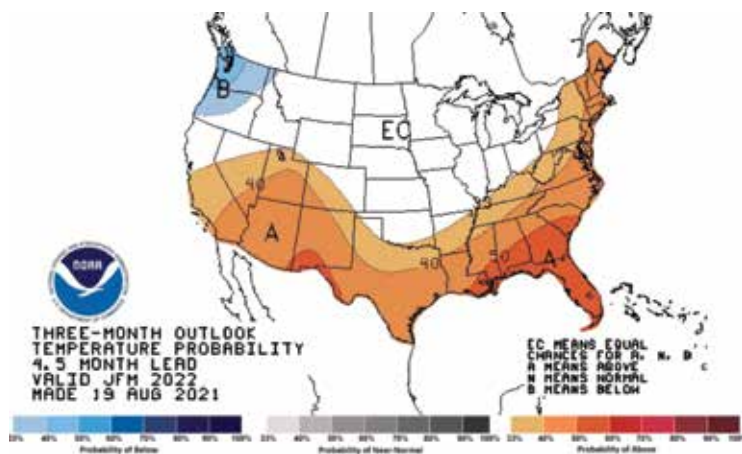


Fig. 3. Temperature Outlook: January, February, March 2022

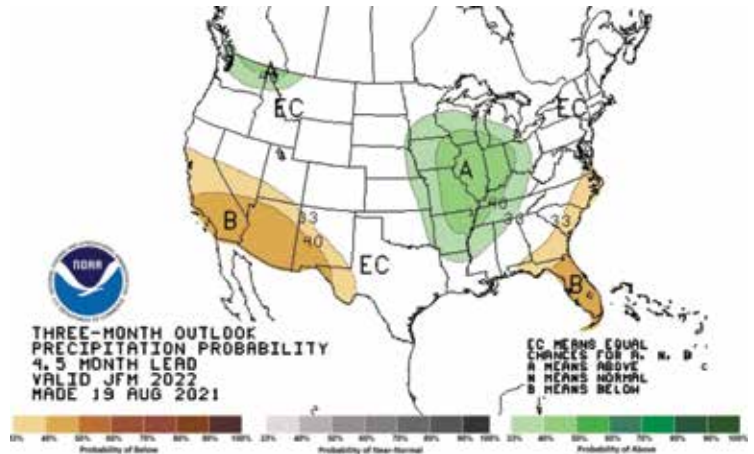


Fig. 4. Precipitation Outlook: January, February, March 2022

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Tuesday, October 5	10 a.m., 2 p.m., 5 p.m.
Wednesday, October 6	10 a.m., 2 p.m., 5 p.m.
Thursday, October 7	10 a.m., 2 p.m., 5 p.m.
Friday, October 8	10 a.m., 3 p.m.
Sunday, October 10	10 a.m.
Monday, October 11	10 a.m., 2 p.m.
Tuesday, October 12	2 p.m., 6 p.m.
Wednesday, October 13	12 p.m., 4 p.m.
Thursday, October 14	10 a.m., 2 p.m.
Sunday, October 17	10 a.m.

Monday, October 18	8 a.m.
Tuesday, October 19	10 a.m., 2 p.m., 5 p.m.
Wednesday, October 20	10 a.m., 2 p.m., 5 p.m.
Thursday, October 21	10 a.m., 2 p.m.
Friday, October 22	2 p.m.
Sunday, October 24	12 p.m., 4 p.m.
Monday, October 25	10 a.m., 2 p.m., 4:30 p.m.
Tuesday, October 26	10 a.m., 2 p.m., 5 p.m.
Wednesday, October 27	8 a.m., 6 p.m.
Thursday, October 28	10 a.m., 4 p.m.
Friday, October 29	2 p.m.
Sunday, October 31	10 a.m.



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INTEREST GROUPS

HULA-HOOP CLUB You read that right! Hula-hooping has great health benefits such as increased flexibility, stronger core, increased balance, better digestion, and improved self-confidence. All abilities are welcome and no experience is necessary. Join us Mondays in The Lodge Yoga Room from 8 to 9 am. Call Regina Thomas at (909) 534-4918 for more information.

DISABLED RESIDENTS This group aims to help anyone with a disability or who needs to assist someone with a disability. Our mission is to serve as a resource for residents with disabilities, serve as a resource for the larger community when requested, to further develop and expand resources, and to help each other with and share coping strategies for our various challenges. Meeting dates, times, and frequencies TBD. Sign up at The Lodge or contact Gordon (Curt) Putnam for more information at curtputnam@gmail.com.

ATTN DIXIELAND/TRADITIONAL JAZZ LOVERS: Seeking MUSICIANS to play lead sheets and who have played Dixieland style music. Forming six to seven piece band. Rehearsals at Four Seasons. Need cornet/trumpet, clarinet/reeds, banjo/acoustic guitar, tuba or bass, drummer, keyboard. Contact Bob Snyder (T-bone) at (909) 489-7108.

FOUR SEASONS REPUBLICANS: We are not a club. We are a local network that provides information and resources, so that you can make more informed and educated decisions in your selection of candidates and government measures. Our mission is to present information regarding national, state and local issues. We are in alliance with other regional conservative organizations, including, San Geronio Pass Republican Women Federated, Unite Inland Empire and the Republican Party of Riverside County. For more information, contact us at: FourSeasonsRepublicans@gmail.com.

**Note: The HOA does not have any officially recognized political club or group. However, California law changed and now requires associations to allow political interest meetings in HOA common areas.*

Happy, Merry, Joyous Holiday!



We don't care how you celebrate, we want to see your favorite holiday photo! Send us your earliest photo celebrating a memorable December holiday. Please email a high resolution scan of the photo with a caption that includes the first and last names of those in the photo to fourseasonsnews@yahoo.com. If you have any questions, call Courtney Taylor at (909) 797-3647.

GRAPHIC ARTIST WANTED

The Community Planning Committee is seeking a homeowner volunteer with graphic design experience - a graphic artist - to contact David J. Brown. David needs assistance by someone with that skill to assist him in creating a current map of our Four Seasons community. Email david.j.brown@verizon.net or call (909) 809-0821.

ATTENTION CLUBS AND GROUPS

We want to make sure all the contact information is up to date. If there have been any changes, please fill out a Contact Update Form at The Lodge front desk and ask the attendant to email a copy to fourseasonsnews@yahoo.com. Also, don't forget the deadline for new articles is noon on the 8th of the month for the following month's issue.

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PASTA WITH CHERRY TOMATOES AND BASIL



By Irene Welker

The inspiration for this dish is the bounty from my cherry tomato and basil plants which continued to produce well into September. This fresh and light entrée is deeply satisfying, simple to make and fancy enough to serve to guests. Bonus: the dish can be doubled or tripled to serve a crowd. If you happen to have company near Halloween it can also be called...

Goblin Guts & Ruptured Eyeballs

Serves 3-4. Time: 30 minutes.

Ingredients:

- Kosher Salt, divided
- ½ pound pasta, such as thin spaghetti, angel hair, or capellini
- ¼ Cup extra virgin olive oil, or more if needed to cover bottom of pan
- 1 ½ teaspoons minced garlic (2-3 cloves)
- 1 ½ pints cherry or grape tomatoes
- ½ Cup freshly chopped basil leaves, plus 1 Tablespoon chopped for garnish, if desired
- ½ teaspoon salt
- ¼ teaspoon freshly ground black pepper
- ¼ teaspoon red pepper flakes
- ¼ to ½ teaspoon sugar, optional
- 1 to 1 ½ Cups freshly grated Parmesan cheese, divided

Directions:

Bring a large pot of water (4 quarts) to a rolling boil. Add about 2 Tablespoons salt. Bring the water back to a boil. Add the pasta and cook according to package directions, until al dente (tender but firm to the bite). Drain pasta (do not rinse), reserving about ¼ cup of the pasta water for the sauce. Place the pasta in a large bowl and toss with ¾ cup of the Parmesan cheese. Set aside. While the water is coming to a boil, heat olive oil in a 12-inch skillet or heavy bottomed pan over medium heat. Add the garlic and cook, stirring, until fragrant but not browned, about 1 minute. Add the tomatoes, ½ cup of the basil, salt, black pepper and red pepper flakes. Cook, stirring occasionally, until the tomatoes have softened and begin to burst and release their juices 5 to 8 minutes. Taste sauce and adjust seasonings, if needed. Stir in desired amount of sugar if sauce is too tart. Cook an additional 2 to 3 minutes to thicken sauce a bit.

Add the tomato mixture to the pasta and toss. If the pasta seems dry add some of the reserved pasta water a few Tablespoons at a time until desired consistency. Sauce should be thick enough to cling to the pasta. Sprinkle the remaining Tablespoon of chopped basil over the pasta and serve with the remaining Parmesan cheese on the side. Enjoy!



DID YOU KNOW?

DID YOU KNOW dry ice is frozen carbon dioxide? Yes, it is useful for keeping things frozen or cold. It is also an item that requires careful handling, including fresh air and a well-ventilated area. Dry ice can potentially freeze the coolant in your fridge and cause cracks, leaks, and breakages. It is recommended that you use an ice chest with block ice to store refrigerated perishables during a power outage. Should you choose to use dry ice instead, please acquaint yourself with all the safe handling protocols associated with its usage. The following references have additional information on safe food handling:

- United States Food Safety website at www.foodsafety.gov
- United States Department of Agriculture at usda.gov (search how to keep safe during emergencies)
- Federal Emergency Management Agency at www.fema.gov
- US Food and Drug Administration (FDA) at www.fda.gov
- FDA's Food Information Hotline at 1-888-SAFEFOOD (1-888-723-3366).

DID YOU KNOW there is a new, blue "Power Outage Guidelines" tab on our website's home page which provides links to specific helpful topics that were developed by the AdHoc Power Out Committee? The website is www.fourseasonsbeaumont.org. Paper copies of articles are available at The Lodge.

DID YOU KNOW we have a new ADHoc Water Conservation Committee? The seven-member committee will work to prepare our community for possible future federal and/or state mandates that may affect our community's water usage. California is in the second year of a historically severe drought, the worst in nearly half a century. The U.S. Drought Monitor and National Drought Mitigation Center note that 100 percent of California is in a moderate drought with 95.6 percent of the state in a severe drought and 88.4 percent in an extreme drought. These figures are compiled weekly and obtained from drought.gov. Members of the new committee are Gino Domico, Nanette Scott, Phillip Westbrook, Mel Zeldin, Kathy Craven and Jerry Monahan as Board liaisons, and Eric Zarr, FirstService rep.



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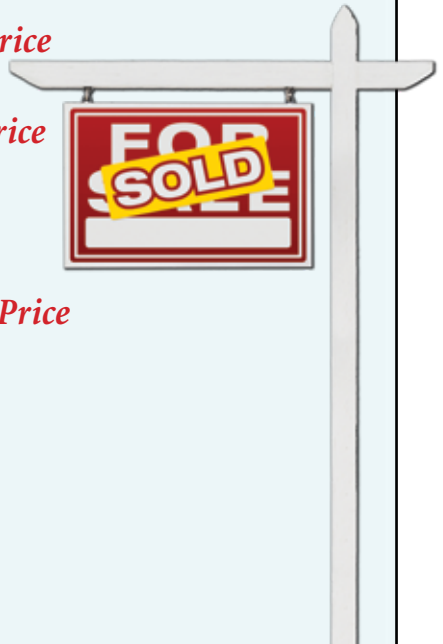
Prices continue to soar with Qualified Buyers on Waiting Lists for homes in our Beautiful Four Seasons Community - The INVENTORY SHORTAGE is creating an EXTRAORDINARY SELLERS MARKET!



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- 466 Harvard Peak (Sanctuary), Seller & Buyer **SOLD \$15,000 Over Asking Price**
- 341 Forked Run (Sunridge) **SOLD \$55,000 Over Asking Price**
- 1590 Stellar Peak (Rockwood), Seller & Buyer **SOLD \$20,000 Over Asking Price**
- 466 Diamond Peak (Mosaic) **SOLD Full Price**
- 1659 Lewis Creek (Laurel) **SOLD Full Price**
- 1665 BEAVER CREEK (Springfield) **SOLD \$11,000 Over Asking Price**
- 1442 Beaver Creek (Springfield), Seller & Buyer **SOLD \$25,000 Over Asking Price**
- 105 Cascade Creek (Monarch) **SOLD \$8,000 Over Asking Price**
- 125 Slippery Rock (Monarch) **SOLD Full Price**
- 1574 Williamson Park (Sanctuary) **SOLD \$12,000 Over Asking Price**
- 273 Bridle Trail (Heritage) **SOLD Full Price**
- 1544 Timberline (Ridgestone) **SOLD \$15,500 Over Asking Price**
- 374 Irvine Park (Ridgestone) **SOLD**
- 356 Enchanted Park (Fresco), Seller & Buyer **SOLD**



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October Puzzles

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

Puzzles created by Jeff Davidson. Solutions on page 70

4	5					3	2	
1				8	9			6
		2	4	3				1
		8			4	2	1	
	2		3		1		4	
	1	4	7			5		
9				5	2	7		
5			8	1				2
	8	6					3	5

MEDIUM

				6			2	
4	1	7	9			3		
6					3	7	8	
1	6		2			5		8
	9		4		5		1	
2		8			1		7	3
	7	6	1					9
		2			9	1	6	7
	8			7				

EASY

4				5	6			
	7				4	1	2	
		9			7			4
3	8				2	9		
				1				
		2	5				3	1
8			3			6		
	9	6	2				1	
			6	7				5

HARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>  <h1>OCTOBER 2021</h1> </div> <p>The activities, dates, and times on this calendar are subject to change at any time. Please check with your club or group contact for the latest information if you have any questions or concerns.</p>						
3 Trivia 6:30p	4 Veterans Flag Walk 9a	5 Motorcycle Club 6p	6 National Night Out 5p	7 BOD Exec Session 9a BOD Open Session 1p Italian Amer Club 6p	8 Latin Beats Dance 6p Seasoned Solos 6p	9 Cars & Coffee 7a Jazz Under The Stars 7p 
10 Counter Cultural Cinema Club 6p	11 Book Club 9:30a Computer Group 10:30a 4x4 Club 6:30p	12 Veterans Group 11:30a	13	14 Taste d'Vine 6p	15 Gail Games Majority Rules & Ice Cream Social 6p 	16 Walk for Animals 8a
17	18	19 Ballroom Dance Social 6p Classic Film Group 6p Tails & Trails 6p	20	21 RV Club 6p Rainbow Group 6p 	22	23 Garage Sale 9a Magic Show 6p
24 Counter Cultural Cinema Club 6p 31 Golf Cart Parade 6:30p Spooktakular Event 6:30p	25	26	27	28	29 Radio Club 10a Blood Drive 9a-3p 	30 Karaoke 5:30p

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
Beginners Conditioning	T/Th	8:30a
Total Body Conditioning	M/W	8:30a, 9:30a
Kickboxing Cardio	Sat	9:30a
Water Aerobics	M/W/F	10a
	M/W	11a
Chair Yoga	W	5p
Yoga	W	6p
Zumba	T/Th	9:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
Pool Volleyball	M/F	2p
Yoga	T/Th	8:30a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	By Reservation
Bocce Ball	Daily	Open
Horseshoes	Daily	Open

DANCE

Let's Dance! Beginning	M	6p
Let's Dance! Intermediate/Advanced	M	7p
Country Line Dance Beginning	T	2p
Country Line Intermediate/Advanced	T	3p
Heart & Soul	W	4p
International Folk	2nd/3rd T	7p
Step it up Line Dance Beginning	M	12:30p
Step it up Line Dance Int/Advanced	M	1:30p
Step it up Line Dance in the Ballroom	1st/2nd/4th W	6:30p

Classes/Groups

Bible Study	Canceled	
Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Hand Bell Choir	Th	1:30p
Mixed Media Art	M	10a
	W	6p
Knit & Crochet	T	10a
Intercessory Prayer	1st M	9a
Quilting Enthusiast	Sun	1p
TOPS Weigh In	T	8:30

Activities

Curly Cues	M	10a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Horseshoes	W	8a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	8a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	2nd/4th F	1p
Canasta	Th	1p
20K Canasta	W	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	3rd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mexican Train #1	M/W	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	3p
Uptown Diva Bid Whist	1st/3rd F	2p

Calendar changes? Complete a Schedule Change Request Form, found on the website or at the The Lodge front desk, by the 8th of the month to make it in the following month's calendar.

Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to FourSeasonsNews@yahoo.com. Please put "Pets" in the subject line.



*I am a Yorkie mix called Lou Lou. I live on White Sands and keep very busy supervising everyone in our household.
Submitted by Donna Williams*



I am an eight-year-old Weimaraner named Mollie. My breed is known for being friendly, affectionate, and intelligent. Everyone at the Aceves gives me lots of love. Submitted by Jesse Aceves

*Jake here.
You've probably seen me walking my pet parents on Four Seasons Circle, which we all enjoy.
Submitted by Jeromee Liebenberg*



My name is Snowball Barnaby. I love to visit my nice neighbors and get belly rubs. Submitted by Nancy Barnaby

AMPHITHEATER

We have come to the end of the 2021 Amphitheater Concert series. It was a shorter season but it was great to be back this year for the three concerts we had. On behalf of the Amphitheater Concert team we want to thank everyone who participated this year enjoying great entertainment in our beautiful Amphitheater.

A big thank you to the volunteers on the Amphitheater and Tech Ops group that help make it all possible. A very special thank you goes out to our outstanding, awarding winning sound man Stan Sweeny who has been sharing his talent with our community and entertainers providing professional sound support. Stan will be retiring from this role and will be greatly missed. Thank you Stan for all your hard work and guidance.

We hope to see you all down at the Amphitheater next year! ~ *Mark Lassen, lassenqa@aol.com*



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NEIGHBORHOOD WATCH

Welcome to October, Four Seasons friends! Summer is behind us and finally fall is here. We're looking forward to cooler weather soon but not to the Santa Ana winds and high fire danger. We all need to be keenly aware that with the windy season comes the chance of rapidly moving fires. Be prepared and be safe!

The NHW Steering Committee continues to receive complaints from residents regarding speeding traffic within our community. It seems we dwell monthly on speeding; unfortunately, it continues to be a problem. The committee, along with the FS Safety Committee, is working on solutions to slow traffic throughout our community, including meeting with the Beaumont Police Department soon. Please remember, the posted speed limit on ALL streets, EXCEPT Four Seasons Circle, is 25 mph. The speed limit on Four Seasons Circle is 30 mph.

I hope you were able to attend our meeting in September when we hosted the Banning City Manager, Douglas Schulze. If you were unable to attend, Eric Zarr will have the video available on YouTube. Since our communities are adjacent, we share many of the same issues, i.e., traffic congestion, homelessness, and future development of both of our cities.

Mr. Schulze shared a PowerPoint presentation that addressed the financial status of Banning and proposed commercial and residential projects for their city. Large residential communities are being planned for areas both north and south of the I-10 freeway.

In addition, Banning has accepted plans from developers to erect

several large warehouse projects, cannabis dispensaries and growing facilities, commercial businesses, and the planned large Grandave Movie Studios at Banning Airport. Mr. Schulze acknowledged that these massive developments will greatly impact the traffic situation in both Banning and Beaumont. He stated that he doesn't believe the addition of Grandave Studios will lead to major increases in air traffic at the Banning Airport, which will be owned by Grandave Studios.

There are plans to extend Sun Lakes Blvd. from Highland Springs to Sunset Avenue to reduce traffic on Highland Springs. However, due to Banning's current financial situation, the road extension will not become a reality until after the businesses are built when taxes and fees from the developers can then be collected for road construction.

The NHW Steering Committee is planning our own "National Night Out" for Thursday, Oct. 7 from 5 to 8 pm. The event will take place outdoors at the Loggia area, behind The Lodge. We will have two food trucks offering both Mexican and BBQ food for sale. The Kopper Kettle Bistro will also be selling desserts. Our resident DJ, Tracy Crow, will be playing great music and we will have vendors representing the Beaumont PD, CHP, Riverside County Sheriff's Office, and many others. Please mark your calendars and join us for a fun evening of entertainment, information, great food, and fun!

As always for your safety and the safety of all of our residents, please remember, "If you see something, say something."

Wishing you all a very healthy and safe October! ~ Donna Gilbreth, dgilbreth52@gmail.com

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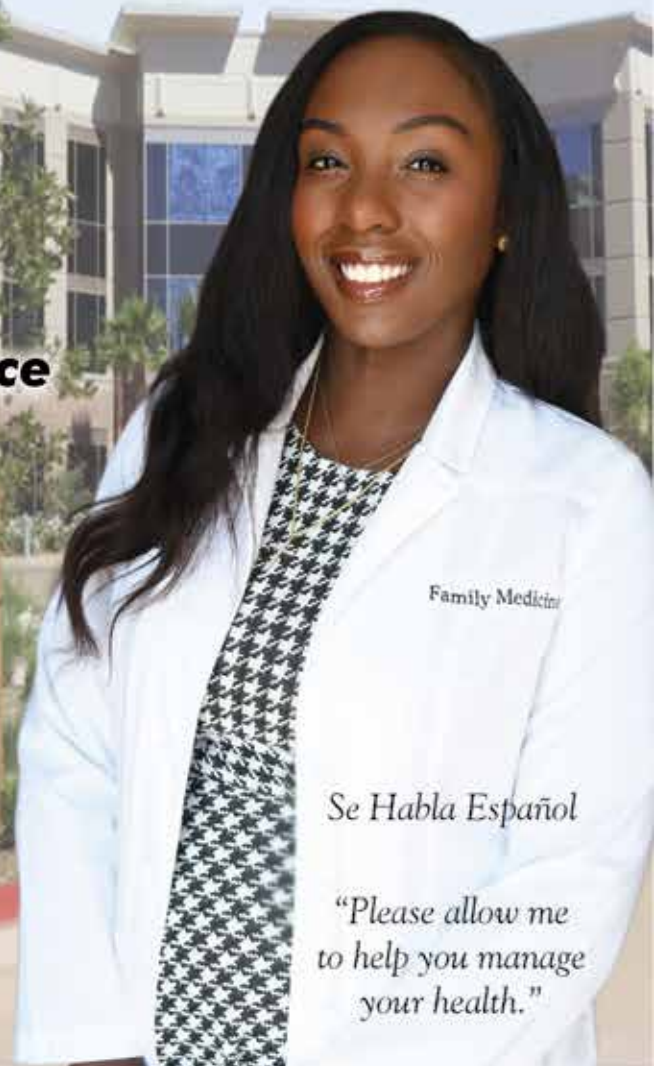
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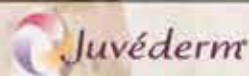
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ARCHITECTURAL REVIEW COMMITTEE

We live in a beautiful community that is unlike any other in Southern California. As has been noted in several lists of outstanding HOAs in various magazines and articles, Four Seasons Beaumont is well managed, financially strong, and has reasonable HOA fees. This is all made possible because of the time and effort given by the many volunteers who serve on our committees and Board of Directors.

Once when I was completing a post completion review for ARC, a homeowner stated that we live in a Disneyland for adults. I will never forget that comment. It is reaffirmed every time I drive in our gate.

This month I just want to thank all the people who have served on the landscape and ARC committees. These committees ensure that our landscaping and homes are both beautiful and well maintained. We never need to worry about dead trees or flowers or that our neighbor will paint their house some crazy color or radically alter their house, so it doesn't fit into the community overall design.

I'd love to name each and everyone who has served, but I'm sure I would miss more than one. You know who you are and so do your

neighbors. On behalf of the Four Seasons Beaumont community, thank you for a job well done. ~ **Steve Cooley**, (801) 815-5302
cooleyaudit@gmail.com



AD HOC CONSERVANCY

The K. Hovnanian landscape contractor responsible for the conservancy trails retired on June 30. No maintenance has been performed since then although the irrigation system continues to operate. The HOA is in discussion with the builder about their responsibility for this maintenance. Until full maintenance is

restored, trail users are cautioned to be very careful about their footing. Pine needles and leaves will make the trails slippery. When the rains do come, the trails should not be walked for two days. The trail entrances tend to dry earlier than some mid-trail areas. ~ **Len Tavernetti**

EMERGENCY PREPAREDNESS COMMITTEE

"The wildfire season in California usually runs from May through October. Climate change has caused the season to start earlier and last longer. Some say as much as two and a half months longer.

Peak fire season is July through October. The autumn months of September and October are usually the months most vulnerable to wildfire due to dry fierce winds that blow across the state. There are more fires in July. These fires are usually less damaging and fewer acres are burned. Hot dry summer temperatures followed by little to no rain can contribute to dried vegetation, which causes more destruction in September and October. Lack of autumn rain and higher temperatures cause dryer vegetation. This abundant resource has extended California fire season well into winter.

One third of the U.S. states are susceptible to wildfires. Dry conditions increase the risk of wildfire. Thirty percent of California properties are at risk. Wildfires create hazardous air and 90 percent of the wildfires are man-made. It is for these reasons that we must be ready, we must be set, and we must be ready to go.

Getting ready means creating at least one hundred feet of defensible space around your home. Getting set means preparing your home and family for evacuation. Be ready to go. Prepare the inside and outside of your homes for evacuation.

Being ready talks about hardening your home against flying embers. Make sure your chimney and fireplace are covered with a screen. Screen all of your plumbing vents. Remove pine needles from your gutters, roof and surrounding property. Cover your eaves with fire proof material. Replace worn wood with safer composite materials.

Getting set means preparing your home and family for an evacuation. Create a wildfire action plan that addresses who, what, when and how. Pack an emergency supply kit for your family and your animals. Fill out a family communication plan.

Being ready means reviewing your checklist for inside and outside your home. Review your evacuation plan checklist. Go and evacuate when you have completed all of your checklists. Make sure that you are dressed properly. Wear long pants, a long-sleeved shirt, boots, and a dry bandanna. Find your pets and take them with you.

Much of this article is from the frontline wildfire.com website.

The Four Seasons Beaumont Emergency Preparedness Committee meets on the third Tuesday of the month. Our next meeting will be held on Oct. 19 at 10 am in the RCN Conference Room. ~ **Mike Mendoza**, srmendoza@verizon.net

CANINE CORRAL COUNCIL

Now it is October and all of the plans we talked about in September did not quite happen in September because, as we all know, things take longer than we hope. Additionally, the articles are written early in the month prior to publication so we are just guessing and anticipating and predicting what might be completed by the time you read this. I can now say that the shade structures are definitely completed. We are getting great feedback that they turned out nicely, and make the area even more attractive. They were designed and installed by our vendors who also installed shade at The Courts pool. The posts are painted steel, meant to last for years, and they meet our HOA standards and requirements for community facilities.

If you want to check them out, the Corral is located on the exit side of Breckenridge. We are looking forward to enjoying them in the upcoming fall months as they will provide a comfortable area for dog parents to sit and watch their pups enjoying the park while they share their latest dog stories. (Notice the concrete bases for each post - this is specially designed for a dog park to prevent rust where doggie legs are lifted.)

We also expect the Puppy Playground modules to arrive by mid-October. This will be an added feature that our local public dog parks do not have. We are looking forward to watching our dogs enjoying the tunnels, stairs, and ramps and seeing the results of the mental and physical stimulation. This equipment will provide a fun place to come and enjoy, and will make our dog park a very special place for our residents and their dogs. Even if you don't have a dog, it will be fun to watch as you are walking by.

Our long-anticipated Grand Opening event will be Sunday, Nov. 14, 12 to 3 pm. Stay tuned for more details on this celebration.

If you think your dog would enjoy this fabulous, self-funded facility, membership applications are available at The Lodge. Our Community Guidelines require that all dogs who will be using the Corral must be over six months old, fully vaccinated and licensed, spayed or neutered, and covered by the members' homeowners insurance liability specifications. To contribute to the self-funding

requirement, there will be a \$100 fee per dog for the first year of membership. The renewal fee is \$30.

Thank you to all who have contributed to making this Corral a success and an asset to our community! ~ **Sandra Butler-Roberts**, sandirae@icloud.com



Teri and Jeff Davidson enjoy the shade with Kona, Jagger, and Rocket



Shade structures in the large and small dog areas

FACILITIES COMMITTEE

During homeowner input at our last meeting, Lynette Smilac asked about having more dog waste stations placed in various areas. She was informed that 10 new units were recently purchased and placed throughout the community.

The concrete for the shuffleboard courts was poured, and we are awaiting the next phase in this project. We are awaiting bids for the

re-staining of the loggia and courtyard at The Lodge.

The Committee voted to accept the bid from Empire Works for the numerous painting projects throughout the community.

The Facilities Committee meets the second Wednesday of the month at 9 am in the RCN Conference Room. ~ **Gino Domico**, Gdomico@gmail.com

FINANCE COMMITTEE

At the Finance Committee's August meeting, the financial statement for July 2021 was reviewed and recommended for Board approval. Highlights of the July financial statement are: Total Cash is \$10,893,500 including operating cash of \$2,208,323 (checking, CDs, petty cash) and reserve assets of \$8,685,177. Our HOA Reserve is 104.35 percent funded as of July 2021. While there is a year-to-date net income gain of \$16,757 in July, there was a net income loss of \$40,940 for the month, primarily due to higher utility bills and landscaping needs. Front Yard Cost Center expenses were under budget by \$4,687 primarily from savings in budgeted landscape items. Springdale Cost Center expenses were under budget by \$605 due to savings in budgeted insurance costs.

The committee evaluated and reviewed documentation for seven expenditure proposals, five contract renewals and the revised Financial Committee Charter. All 13 items were recommended for Board approval. The Committee evaluated our current cash

position and investment portfolio. No investments were maturing in the next 90 days so no recommendations were needed for Board consideration.

The 2022 budget preparation season continues. If you have a 2022 Budget suggestion, check with FirstService management staff to see if your budget request can be considered for inclusion in the Proposed 2022 Budget. Our Board of Directors will discuss the 2022 Budget proposal, which includes the recommended level of monthly dues for January through December 2022, at their November 2021 General Session meeting. Please attend.

Homeowners are welcome to attend the Finance Committee's regularly scheduled monthly meetings held on the last Tuesday of each month. Our next meeting will be Tuesday, Oct. 26 at 1 pm. Please check the Daily Report for meeting location. ~ **Claudia Rozzi**, cc2682@outlook.com



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SOCIAL COMMITTEE

We hope everyone enjoyed our September comedy night featuring Ron Ruhman and Company (Stephanie Blum and Jim Taylor). They are very talented and funny.

Our next event is "The Halloween Magic Show" with Anthony Hernandez on Saturday, Oct. 23 at 6 pm. Doors open at 5:15 pm.

Tickets go on sale Sept. 20 at 9 am in The Lodge Ballroom for \$20 per person, payable by check. If paying by credit card, there will be a 2.95 percent processing fee.

This show is going to amaze you and blow your mind.

We have table seating. Please bring your food and drink if you would like. We'll also have a Halloween Costume Contest and prizes. Please dress up for this event — it will be fun!

Coffee and sweet treats will be available. There will be three gift baskets to raffle off and a door prize.

Tell your friends and neighbors to join you at "The Halloween Magic Show." The Social Committee appreciates all your support.

Hope to see all of you there. ~ *Loretta Ramsey, lorettaramsey@aol.com, (714) 803-6744*



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SAFETY COMMITTEE

Hello friends. We hope that everyone had a safe and enjoyable summer.

The following are a few things the Safety Committee has been evaluating:

DRIVING SAFETY

At our September meeting, several residents expressed concern regarding speeding and unsafe driving within our community. While we are exploring many options to help with this situation, we would like you to keep in mind two important numbers:

25...25 miles per hour is the maximum speed limit on roadways within our residential districts.

30...30 miles per hour is the maximum speed limit on Four Seasons Circle.

In addition, remember...

- Stop at all designated stop signs... no California rolling stops. PLEASE!

- Yield to vehicles that have entered the roundabouts.
- Yield to pedestrians.

COVID-19

The increase in COVID-19 cases continues to rise, primarily due to variants of the virus and unvaccinated individuals. Please follow the CDC guidelines for vaccinations, booster shots, and mask usage. This is particularly important for individuals with compromised immune systems.

PREPARE FOR YOUR DAY, THE HEALTHY WAY... EAT RIGHT

A nutritious diet can increase both physical and mental performance, energy levels, and help play an important role in weight loss. A well-nourished body can also help overcome stress. Chances are you are one of the millions of Americans who have tried at one time or another to lose weight. Unfortunately, the diet gimmicks and

quick weight loss plans often seem to accomplish nothing more than disappointment. Note: If you would like assistance with achieving your weight loss goals, consider joining TOPS (Taking Off Pounds Sensibly), a supportive group of individuals in Four Seasons that meets each Tuesday at 8:30 am in The Lodge Ballroom.

STAY ACTIVE

Staying active does not necessarily mean working out at the gym or buying an expensive exercise machine. Start out each day stretching before you start your daily activities. While exercise is necessary to maintain an ideal body weight, it does not need to be a workout in the gym. Go for a walk on our sidewalks or on one of our beautiful trails, enjoy one of our pools, or consider riding a bike. Just have fun and be active. Exercise helps to burn calories, suppress the appetite, increase metabolism and energy levels, and reduce stress. Note: Your doctor can help you with any personal concerns and get you started on a simple exercise program.

RECHARGE

Getting plenty of sleep and taking an afternoon "power nap" to reenergize are a few ways to stay well rested. On average, people need around eight hours of sleep a night, although this can vary for each person and his or her age. Note: Caffeine and alcohol can interfere with your sleep cycle.

As a reminder, the Safety Committee meets on the first Tuesday of the month at 10 am in The Lodge's RCN Conference Room. We encourage you to join the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. Please drop on by if you are interested in joining the Safety Committee. We are always looking for energetic new members. All the best. ~ **Frank Hilberg**, hilbergfrank@gmail.com

LANDSCAPE COMMITTEE

As I drive or walk through our community, I can't help but think how beautiful it is and how thankful I am to live here. The Landscape Committee works numerous hours to ensure the community stays pristine.

In order to accomplish this, they meet every Friday morning bright and early and walk different areas of the community, along with our Park West representative, for a minimum of two hours. They walk both common and Front Yard Cost Center areas and scrutinize each and every plant they see along the way. They determine if the plant is doing well or if it may need some help to stay healthy. If the plant is not going to make it, the decision is made to replace it. The Landscape Committee is currently looking to replace plants with more drought-tolerant and California-native plants. When the community was first built, plants that need more water were planted next to plants that need less water which has created a struggle. One day, fingers crossed, we will have the correct plants throughout the

community!

As the Board Liaison to the Landscape Committee, I am in awe of the vast knowledge each and every member of this committee brings to the table as well as their dedication to the community. They continue to amaze me on each walk.

In addition to the weekly walks, the committee meets the third Tuesday of the month, on average for three hours, to discuss each of the plants to be replaced and continually working to stay within budget keeping in mind the beauty they are attempting to preserve.

One new and exciting project on the drawing board is a pollinator garden. This will be beautiful when the Monarch butterflies migrate. They are carefully studying the correct plants needed to ensure pollination can take place and attract butterflies.

Keep your eyes open for new and exciting things to come...

~ **Kathy Craven**, kcravenbod@yahoo.com

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THERE'S
AN APP
FOR
THAT!

By Steve Benoff

Before I get into an apps discussion, I'd like to bring up the subject of phone politeness. Keeping in mind that others may have a different view, I think it's rude to allow your phone to ring

in group settings. When I'm attending a meeting, at The Lodge for a show, at the movies, at the wonderful Redlands Bowl, I don't like to hear ringing phones. (I don't like Reply All for texts and emails, but that's a different issue.) There are several ways to quiet your phone. You can turn it off. You can turn the ringer down to zero. You can switch the ringer off. What I do is enable Do Not Disturb. This silences my phone when it's not in use. I used to turn the volume down, but I found myself forgetting I did that and would miss calls after the event. If Do Not Disturb is on, I get a notice every time I wake up my phone. That reminds me to disable it when the time is appropriate.

You should all be aware of the importance of keeping the firmware in your electronic items up to date. I know you've heard of software. Apps are software. Firmware is the same but different. Firmware is software that is stored semi-permanently on a hardware device to make it run properly. The firmware in your smartphone comprises all the instructions necessary for your phone to operate. Without the firmware, apps wouldn't operate.

It's the semi-permanent nature of firmware that makes updates necessary. There are all kinds of reasons a manufacturer considers in changing firmware. Sometimes a completely new feature can be added to a device even though it wasn't even considered when the device was first released for sale. But it takes a firmware update to enable that feature. Sometimes a security vulnerability is discovered in the existing firmware which could lead to a device failure on its own or an intrusion by bad guys. (There must be some bad gals out there too.)

Most of the time we don't know or care why a manufacturer sends out an update. We just rest assured the update will make our device better or safer in almost all cases.

Which brings me to the Widex app on my phone. As I've mentioned before, I wear Widex hearing aids. Many people think of hearing aids as a burden. I feel quite the opposite. Mine enable me to better hear (oh no, I split an infinitive) people speaking to me. The biggest improvement is when I listen to classical music. [Don't forget, the Classical Music Club has resumed in-person meetings on the second Thursday of the month at 7 pm in The Lodge Theater.] For me, I now hear high frequencies that were lost to me for years. And adjustments made by my audiologist have even improved my low frequency hearing.

Hearing aids are, of course, sophisticated electronic devices. And as such the manufacturer may need to fine tune the firmware each hearing aid needs to operate properly. When I recently opened the Widex app, instead of seeing the main screen which enables me to



choose amongst different frequency characteristics, I was presented with a notice that a firmware update was available for my hearing aids. Note that this was not a change in the Widex app, it's new firmware for the hearing aids themselves. The app sends the update to each hearing aid over the Bluetooth connection between them and my phone. The app shows me the update progress to each hearing aid.

I have a cycling computer on my bike which gives me my speed, my heart rate, and the total amount of feet I've climbed, among many other things. It also has an app loaded on my phone. The cycling computer (that's what they call them) requires firmware updates from time to time, but it doesn't use its app to do it. The computer has built-in Wi-Fi capability, and when it's within range of my home network, it initiates the upgrade by itself. But hearing aids are far too small to permit Wi-Fi. In the past, if hearing aids had new features or capabilities, you'd have to go to a technician to perform the update. Or, more likely, the hearing aids would go without any upgrade. But hearing aids can have Bluetooth capability. With Bluetooth connecting the hearing aids to my phone and my phone using Wi-Fi to connect to the internet, firmware can be loaded in my hearing aids to keep them up to date. All because of an app on my phone. That's quite remarkable. Which is why I'm remarking on it now.

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net.

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EXPRESSING GRATITUDE

Just wanted to give a shout out to an extraordinary neighbor during our recent power outage here in Four Seasons. Jerry Molter helped several neighbors on Sams Canyon with our power needs during this outage. If it wasn't for Jerry's knowledge and access to some industrial generators, several of us would be throwing a lot of spoiled frozen food away. Thank you Jerry Molter for your help. ~ Your neighbors on Sams Canyon

I just want to take the time and showcase a wonderful resident of ours — her name is Dianna Fabela, a retired nurse. When she saw another resident take a bad fall outside of The Courts' entrance, she rushed in and took charge with a wonderful caring attitude. In her calm assertive manner, she kept the resident calm and immobile until the firefighters and paramedics arrived. The resident was taken to a trauma center in Palm Springs and thankfully released with non-serious injuries. It possibly could have been a different result if our angel wasn't so quick to respond to the situation.

I just want to say thank you to people who put their comfort and plans on hold to take care of and protect others. ~ Kimberly Jordan, Lodge Attendant

Fred A. Buchanan, Jr., 1956 - 2021. We are writing this note to all of our many friends here in Four Seasons. We wish to take this opportunity to express our deepest gratitude and appreciation for all of your warm and gracious outpourings of calls, visits, cards, and flowers following the recent passing of our son, Freddie. Your expressions of love, caring, and sympathy during those sad and difficult days greatly helped and comforted us in our time of grief and sorrow. You guys were awesome to the max - we love you all.

After sustaining and battling several ailments and medical problems over the years, Freddie was suddenly and unexpectedly taken from us this last July 4th weekend. He leaves behind his mother, son, daughter-in-law, and two beautiful young granddaughters. He will be lovingly missed and forever remembered.

Thanks again and again.

With love and affection, Shirl & Dwayne Sherman

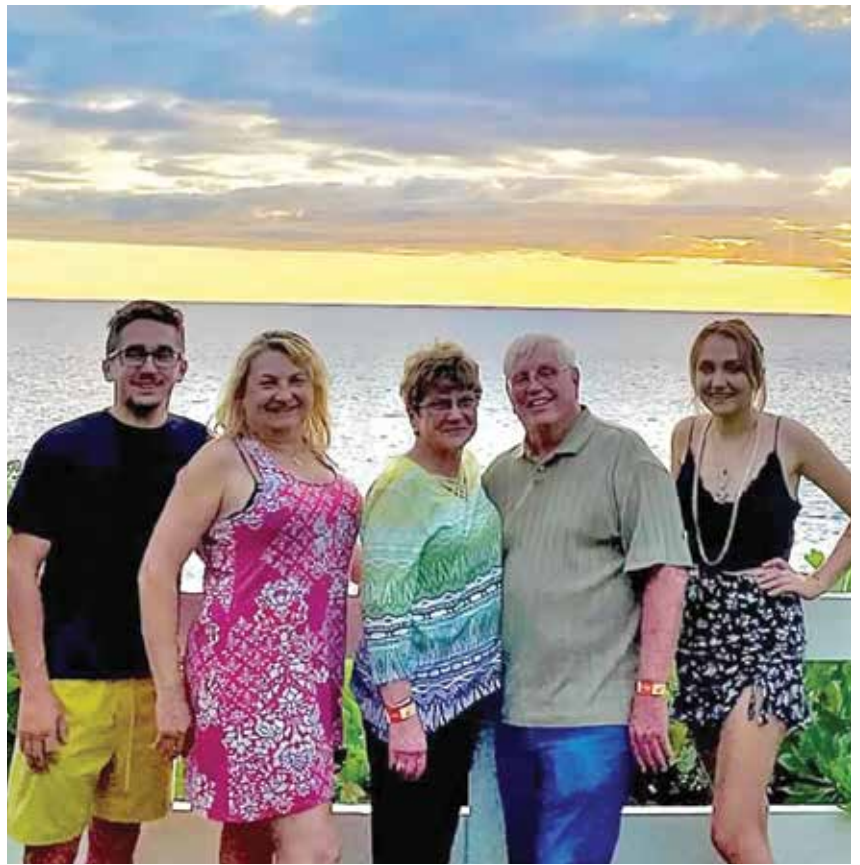
Heartfelt gratitude to my across the street and side neighbors, Reverend Grace Lee and Leonard Davis, for the kindness and care extended at all times. You both have been my special guardian angels. Thank you. ~Theresa

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to fourseasonsnews@yahoo.com or, if it's open, go to The Lodge Lobby and fill out a gratitude note and put in the box marked "The Box of Gratitude." Thank you.

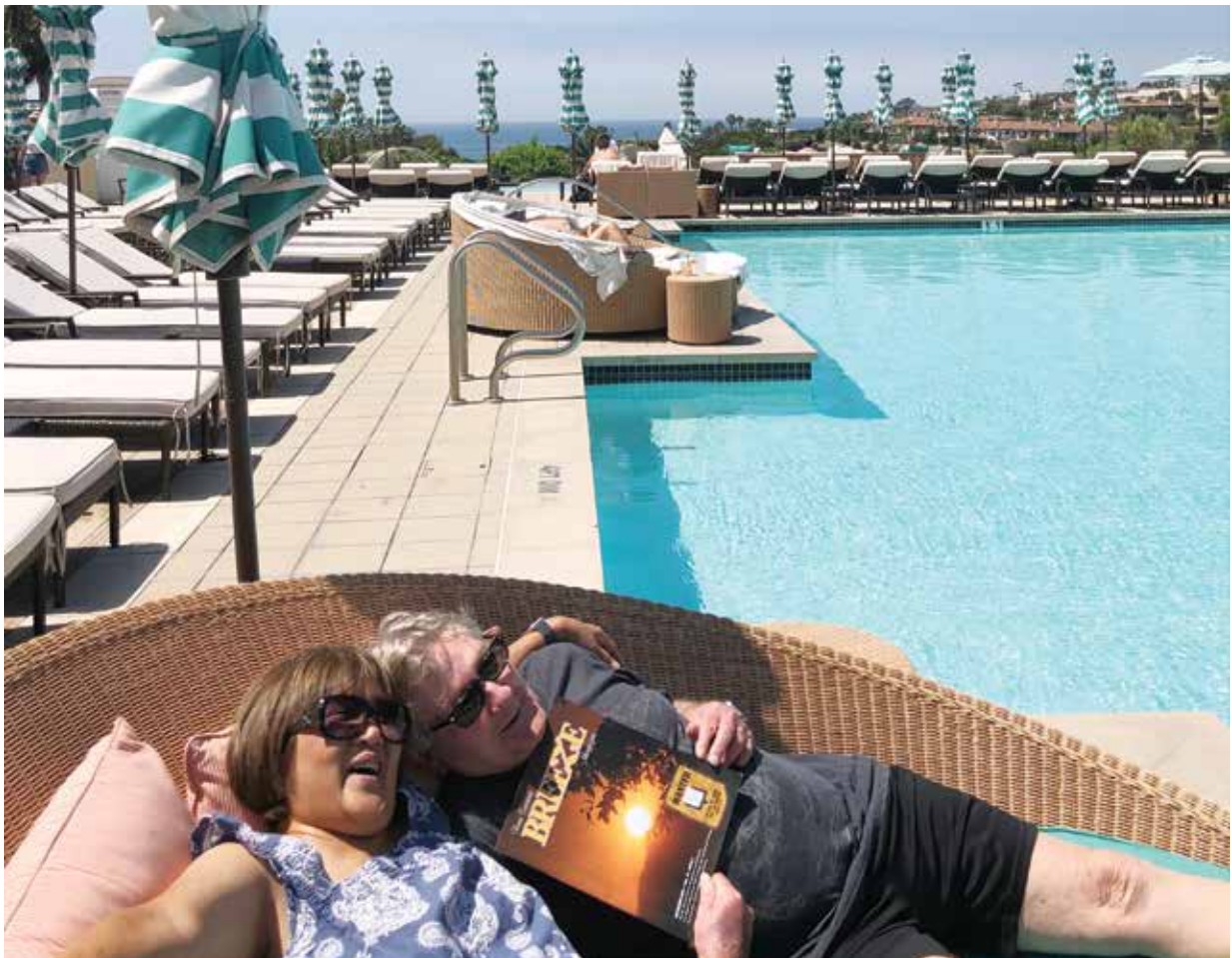
Oh, the Places We Go!

Ever take that “perfect” travel picture or capture your significant other having a great time exploring parts of the world outside our community gates? Well, now you have a place to share it with others.

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to fourseasonsnews@yahoo.com. While not required, we would love to see a copy of the *Breeze* in your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.

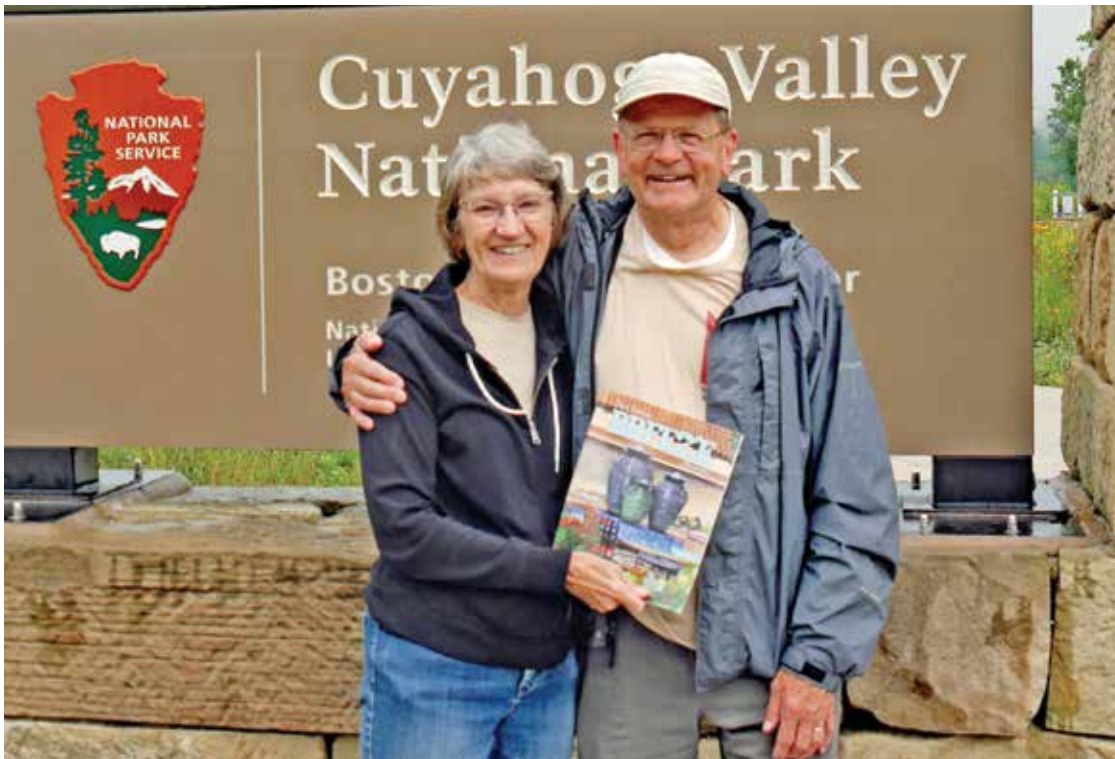


*Linda Stratton and her loved ones enjoying a sunset on the big island of Hawaii.
L-R: .Parker Jenkins, Debbie Jenkins, Linda Stratton, Bill Ullrich, and Madi Jenkins*



Sherrie and Sam Barton enjoying the sunshine poolside overlooking the Pacific Ocean at the Monarch Resort in Dana Point

Oh, the Places We Go!



This August Jim and Bertsy Seim celebrated their 53rd Anniversary by visiting their 55th and 56th National Parks. They honeymooned in Yellowstone and have made visiting the parks an ongoing adventure in their life together




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PHOTOGRAPHY CLUB

In August, the major power outage forced the cancellation of the Photography Clubs' first in-person meeting. We rescheduled for September. Once more, we invited all photographers of every skill level to attend. By the time you read this, Jacque Sneddon will have updated us with our progress and the specifics of the meeting.

In October, we are continuing the twice-a-month Work-Study Group via Zoom. The meetings primarily cover photo editing in Adobe Photoshop and related programs. However, anyone who has a photography question is welcome to join us. Again, contact Jacque for meeting times and dates for the Work-Study Group.

This time of year is perfect to look at the use of bright colors. This month's photos are excellent examples of the use of color in photography. Each of these photos makes a bold statement. I am looking forward to seeing your colorful photos for our section of *The Breeze*.

A special thanks to Jacque for organizing the in-person meetings. She continues her role in scheduling meetings and keeping everyone informed. Lyle Cameron is our Zoom Master. John Levine sets up photo outings. I write these articles and select photos for the *Breeze*.

If you have not been receiving our emails, contact Jacque Sneddon at jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ **John Baeyertz**, ohnbz1453@gmail.com



Bill Christelman - Old Mining Machine in a Reno Nev. casino



John Baeyertz - Flower Garden Maui Hawaii

BIRDING CLUB

Our summer field trip to Bluff Lake (near Big Bear) on Aug. 19 was delightful despite the rather slow birding, likely due to the very dry conditions. The highlight came when we heard a Western Screech Owl that turned out to be two birders playing a screech owl recording to attract songbirds, which often mob owls. The Western Bluebirds, Mountain Chickadees, House Wrens, and Dark-eyed Juncos that were squawking around the iPhone "owl" constituted the best birding of the day! The birding was followed by a very pleasant lunch at Nottingham's Restaurant in Big Bear.

Our morning bird walk on Sept. 4 produced a total of 17 species highlighted by an Olive-Sided Flycatcher, our first pass-through migrant of the fall migration season. Other highlights included several Mountain Chickadees, which have been around since Aug. 9 and will continue through the winter at Four Seasons, and nice looks at a pair of Wrentits and a Bell's Vireo. An additional seven species, highlighted by a Purple Finch and a first-of-season Orange-crowned Warbler, were sighted at Four Seasons during the day by Tina Canon, Genie Cooper, Tom Paulek, and me for a total of 24 species.

BIRD OF THE MONTH California Towhees are large sparrows with a long tail and cone-shaped bill. Males and females look alike, uniformly brown except for rusty colors under the tail and around the bill. California Towhees hop or run on the ground and, when not foraging, they may perch on shrubs, rooftops, and fences. Their song is given only by the male and is made up of repetitions of the bird's metallic call note, typically with a few well-spaced notes that rapidly accelerate into a trill. Males and females call intermittently to maintain contact, sound an alarm, or reinforce pair bonds. California Towhees eat seeds, berries, and nuts supplemented with insects during the breeding season.

California Towhees live in chaparral and other shrubby habitats as well as in backyards and city parks. They occur west of the Pacific Crest throughout Baja California and north through California to Eureka with an isolated population that straddles the California-Oregon border. California Towhees do not migrate and therefore are year-round residents throughout their range. They are common throughout Four Seasons and several were seen during the Birding Club's Sept. 4 bird walk. ~ **Steve Edelman**



Above: The Birding Club pauses for photographers on Trail B during the September bird walk

Below: California Towhee. Photo by Club member John Hansen



Olive-sided Flycatcher perched in the famous dead tree at the west end of Trail B during the Sept. 4 bird walk. Photo by Club member John Hansen

SEASONED SOLOS

If you are single and enjoy a variety of activities, then Seasoned Solos just might be the group for you. At each meeting we discuss what is going on in the Inland Empire and plan activities, from local lunches and dinners to excursions to presidential libraries, the Redlands Bowl, Metro Link trips into LA, and the beach train to San Juan Capistrano. There's not much that we won't consider doing. We meet on the first Friday of each month in The Lodge Arts & Crafts Room at 6 pm. For further information, call Joyce at (951) 850-3055. ~ **Joyce Olson**

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Dr. Neil deGrasse Tyson: "My first cube was in 1980. Spent a week solving it, got below five minutes after a month. I've had one on my desk ever since."



AFRICAN AMERICAN CULTURAL CLUB

Dr. Neil deGrasse Tyson is an American astrophysicist, cosmologist, author, and science communicator. He was born in Manhattan, New York, on Oct. 5, 1958 and grew up in the Bronx, New York. He is the middle child of three children. His African American father, Cyril deGrasse Tyson was a sociologist and human resource commissioner for the mayor of New York City. His Puerto Rican mother, Sunchita Maria Tyson was a gerontologist for the US Department of Health.

Tyson attended the public school system from kindergarten through high school. His interest in astronomy began at the age of nine after visiting the Hayden Planetarium located in the American Museum of Natural History. He says, "The universe called me, and I had no choice in the matter." Tyson says his teen years were the most formative years of his life- attending astronomy courses offered by the Hayden Planetarium. He graduated from the Bronx High School of Science in 1975 and was editor-in-chief of the school's Physical Science Journal.

Tyson went on to earn his Bachelor's in Physics from Harvard (1980), his Masters in Astronomy at the University of Texas (1983) and his Doctorate in Astrophysics from Columbia University (1991). For the next three years, he was a Postdoctoral Research Associate at Princeton University.

In 1994, he joined the Hayden Planetarium as a staff scientist and the Princeton faculty as a visiting research scientist and lecturer. In 1996, he became director of the planetarium and oversaw its \$210-million reconstruction project, which was completed in 2000.

Tyson has 20 honorary doctorates and has written at least 29 books. His most popular books are *Astrophysics for People in a Hurry* and *Death by Black Hole*. You can listen to his newest book *Cosmic Queries* free on YouTube. As a science communicator, Tyson regularly appears on several media outlets and is the host of NOVA scienceNOW.

Dr. Neil Tyson lives in the Tribeca neighborhood of Lower Manhattan with his wife, Alice Young.

They met in a physics class at the University of Texas at Austin and were married in 1988. They have two children: Miranda and Travis.

Upcoming AACC Events:

Oct. 2 - Jazz Under the Stars

Dec. 11 - Christmas Party

The next AACC meeting will be on Monday, Oct. 4 at 6 pm in the Game Room at The Lodge. For more information, call Betty Ann James at (951) 572-5538 or email: infotoaacc@gmail.com. ~ **Regina Thomas**



CLASSIC FILM GROUP

HAPPY HALLOWEEN! The Tuesday Night Classic Film Group will be meeting in The Lodge Theater on the fourth Tuesday of the month, Oct. 26. We meet at 5:30 pm for our classic movie and follow with discussion about the films and directors who changed cinema and made Hollywood what it is today.

This is our first silent movie, *The Hangman's House* (1928). It's the final silent film from young director John Ford. It's a multi-genre movie with romance, mystery/thriller, melodrama. The tagline is "A Woman In Love Is Never Without Hope."

A fireplace becomes a window into terrifying visions for a dying judge.

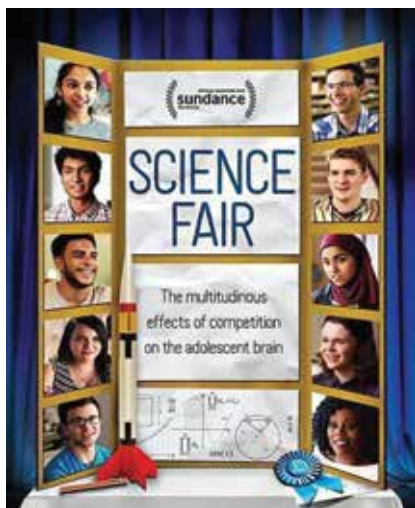
Forced to marry a man she does not love, she gives up hope of ever being with her true love.

As a citizen, Hogan is an Irish Republican patriot with a price on his head, serving in Algiers, where he is highly respected by his Foreign Legionnaire comrades. After receiving a telegram, he asks permission to go back to Ireland to settle a matter involving family honor by killing D'Arcy, a fortune-hunting opportunist who has turned British informer.

Back in Ireland, Lord Justice O'Brien, who has the unenviable reputation of being a hanging judge and is haunted with self-doubt, is terminally ill and close to death. He tries to ensure his daughter Connaught's future welfare by coercing her to renounce her love for the upstanding but poor Dermot McDermot and marry the despicably unscrupulous but affluent D'Arcy, the man Hogan has returned to murder. ~ **Paul Plamondon**, 4seasonsmoviegroup@gmail.com

COUNTER CULTURE CINEMA CLUB

This month we're screening two documentaries featuring science and technology – see below for details.



Our first monthly screening on Sunday, Oct. 10 at 6 pm, is *Science Fair* (USA 2018, 1 hr. 30 min., English). Here is a brief description from IMDb.com: "Nine high school students from disparate corners of the globe navigate rivalries, setbacks, and hormones on their quest to win the prestigious International Science and Engineering Fair. Only one can be named 'Best in Fair'."

Our second monthly screening, on Sunday, Oct. 24 at 6 pm, is *General Magic* (USA 2018, 1 hr. 30 min., English). Here is a brief description from IMDb.com: "The ideas that dominate the tech industry and our day to day lives were born at a secretive Silicon Valley start-up named 'General Magic,' which spun out of Apple in 1990 to create the first handheld personal communicator (or 'smartphone')."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**

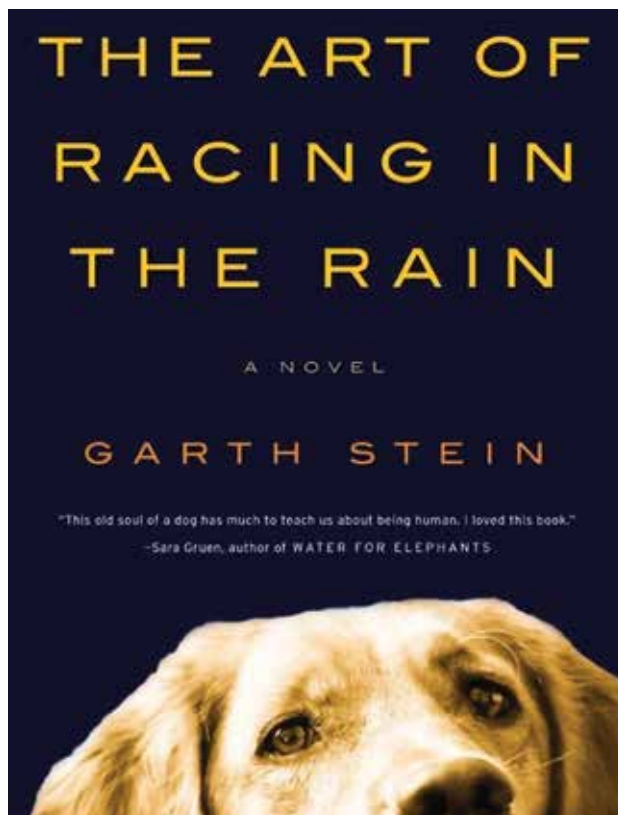


BOOK CLUB

The Book Club selection for Oct. 12 is *The Art of Racing in the Rain* by Garth Stein. Here is a brief description from Amazon.com: “Enzo is a lab terrier mix plucked from a farm outside Seattle to ride shotgun with race car driver Denny Swift as he pursues success on the track and off. Denny meets and marries Eve, has a daughter, Zoë, and risks his savings and his life to make it on the professional racing circuit. Enzo, frustrated by his inability to speak and his lack of opposable thumbs, watches Denny’s old racing videos, coins aphorisms that apply to both driving and life, and hopes for the day when his life as a dog will be over and he can be reborn a man. When Denny hits an extended rough patch, Enzo remains his most steadfast if silent supporter.”

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN Room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**



FOUR SEASONS VETERANS PARK

For the young men who would answer their country’s “Call to Arms” after the attack on Pearl Harbor, their love of sports continued. In Veterans Park, baseball and football events during their childhood and the war years are on display the first two weeks of the month. In the latter half the displays highlight their first big party of the school year, Halloween, exchanging cards and attending parties.

The Navy’s birthday is Oct. 13, 1776 and Navy Day is on the 27th. Oct. 27 was suggested by the Navy League to recognize Theodore Roosevelt’s birthday. Roosevelt had been an Assistant Secretary of the Navy and supported a strong Navy as well as the idea of Navy Day. In addition, Oct. 27 was the anniversary of a 1775 report issued by a special committee of the Continental Congress favoring the purchase of merchant ships as the foundation of an American Navy.

The 26th is the Day of Deployment. National Day of the Deployed dates back to 2006 when Shelle Michaels Aberle approached then North Dakota Governor John Hoeven to support a proclamation for a day to honor those men and women actively serving in the military outside the U.S. Hoeven was the first governor in the United States to recognize deployed troops through a formal proclamation. Oct. 26 was chosen as the annual date of observance because it was the birthday of Aberle’s cousin, U.S. Army Lt. Col. David Hosna, actively serving in Iraq at the time. In 2011, Hoeven, then a state senator, sponsored a resolution designating Oct. 26 as National Day of the Deployed, which passed unanimously. Since then, all 50 states have officially observed the holiday. ~ **Len Tavernetti, ltavernetti@hotmail.com**

COMPUTER CLUB

In the September meeting, we had a video presentation from the “What does this button do” series that showed us how to use the Google Lens app.

We were introduced to how Google Lens can be used to identify and find or buy items you see. Mrs. Geek of “Geeks On Tour” makes these video tutorials that show you how to use your smartphones and technology.

You will learn how to use Google Lens. Chris Guld is currently a Platinum Level Google Photos Product Expert. She wrote the book on Google Photos, now in its second edition. Buy Mrs. Geek’s *Guide to Google Photos* on Amazon!

Chris has been teaching technology since 1983. She is a past

president of the International Computer Trainers Association. Jim is the hardware guy in tech support since ‘78. He was a Microsoft Certified Trainer and Product Expert.

We’re old dogs always learning new tricks and we can teach you. Geeks On Tour has recorded a regular live YouTube class called “What Does This Button Do?” It’s an educational show about technology with an emphasis on photos and travel-related apps for mobile devices.

Join us on the second Tuesday of each month at 10:30 am in the RCN building. For additional information, contact Larry Workman at workman.larry@gmail.com. ~ **Larry Workman**



September's Cars & Coffee

Below: Bill Steele with his 2021 convertible Corvette



CARS & COFFEE

Our September Cars and Coffee gathering was a huge success. The weather was pleasant, and the turnout was fantastic! Fresh coffee and donuts were available. The 4 x 4 Club made their presence felt with some cool 4 x 4s. We did have a newcomer, William Steele, show up with his absolutely beautiful blue, 495 horse powered 2021 C8 Corvette convertible. Bill had been waiting two years for his acquisition, and finally was rewarded for his patience last week. Bill has been a resident at Four Seasons for five years.

On Sept. 17, 2021 the National POW/MIA recognition day was observed. The Four Seasons Motorcycle Club, 4 x 4 Club, and the Cars & Coffee group and others paid their respects with a vehicle procession to the Hillside Cemetery in Redlands.

Please join us the first Saturday of each month at 9 am in The Lodge parking lot.

For additional information, please contact Rick Morales at (951) 797-3732 or onemth53@yahoo.com or Frank Morales at (951) 203-4578 or fmoralesjrinc@aol.com. Until next month... Everyone please be safe and enjoy life! ~ **Frank Morales**



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PERFORMING ARTS

PAC reboots Oct. 13! For those of you who have not had the chance to enjoy a PAC show, we offer residents an opportunity to get involved in various theatrical shows that occur several times during the year.

There are so many ways to participate, whether you wish to be in one show or many. All "talent" and wannabes are welcome. You can create, produce, write, perform, provide tech support, help backstage, provide ideas on costumes, and contribute your artistic talent to props. We especially need volunteers to learn how to set up our stage, curtains, and risers.

Four Seasons offers anyone who enjoys singing or dance, drama, comedy, or production to give it a try and come out to join the

fun. Please feel free to be part of the supporting cast in our future endeavors which we will begin planning for beginning January 2022.

Our initial meeting will be Oct. 13, 6 pm. Meeting room to be announced.

For those of you who would like to be involved at the "committee" level of this club please attend the meeting. Perhaps you are new to the community or have not been involved in a while and would like to help us renew the club. For long-term members, welcome home!

Please feel free to contact me if you have any questions. ~
Marianne Bugni, (920) 517-2739 or email lamarib77@gmail.com

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

COMMUNITY GARDEN CLUB

We hope to have a location approved soon and are working on our budget to make it a great addition to our community. Although still in progress, a steering committee is now meeting regularly and we welcome Martha Tureen as the president. Martha is a master

gardener for Riverside County and we have several other master gardeners who have joined the group. If you are interested and have not yet signed up, please email Pat Wayne at pwayne1@outlook.com. ~ **Pat Wayne**



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LET'S DANCE!

We are learning Cha-Cha in the month of October. Cha-Cha is a fun, lively dance with so many ways to express yourself. The music is always popular too – it started in the 60s and brings back memories of some fun times for many of us. There are many familiar steps and patterns from Waltz, Foxtrot and Rumba. We do our Cha-Cha at a bit slower pace so everyone can do it!

Our Executive Committee is excited to announce we will be hosting our Christmas Dinner Dance on Friday, Dec. 10 in the Ballroom. Mark your calendars. We will be dancing to the fabulous sounds of American Made Band. This event is open to all residents,

and offers a full catered buffet dinner and an evening of wonderful music, dancing, and friendship. Tickets are \$35 pp and are available beginning Oct. 25, so watch for the poster in the lobby with the details. Tickets will sell fast and you don't want to miss this!

We meet in the Ballroom on Mondays with Beginners at 6 pm, review at 6:45 pm and Advanced at 7:15 pm. The cost is \$10 per person with our amazing professional instructors. For more info, contact Puring or Gary Stifter at (951) 922-8333 or purings@verizon.net. ~ **Sue Condurachi**

COUNTRY LINE DANCING

Have you ever run into someone you know, but just can't remember their name?

It happens to all of us occasionally of course. But as our community ages, and we age with it, it seems to be happening to more people more frequently. It is part of aging, but there are things you can do to help your brain. Many game-type books or apps on your computer will help, from crossword puzzles, Sudoku, solitaire, puzzles, word search and so much more. But learning to dance also helps.

Dancing teaches you steps, most often in sets of eight. Most easy dances have 32 steps or four sets of eight. When learning, my job is to demonstrate and instruct you on how to do each step in each set, your job is to learn them. You learn, not only in class with my help and the help of "dance angels" (more experienced dancers), but by dancing at home and working on each set of eight until you know it by heart and then moving on to the second set and so forth. When you are done, you will have learned all 32 steps to that dance. Concentrating on



each step and how it relates to the next step or set helps the brain to remember all sorts of other things.

Dancing is also good for balance as it is much like walking, you move one foot at a time and then the opposite foot, but it is all done to music and the steps are done in several different ways. We adapt dances that have a lot of turning, since as "seniors" we sometimes lose our balance. If you have hip or knee issues, we can also adapt the steps to

make them easier for you.

The benefits you get from dancing and being with other people are so good to your well-being in general. You will be amazed at how differently you feel about yourself and how much enjoyment and satisfaction you get just from trying. And you will most likely improve your memory in the process. Stop by and watch or give it a try.

Hope to see you on the dance floor soon. ~ **Martha Franck**, marthafanck@icloud.com, (714) 345-8588



STEP IT UP LINE DANCING

Well it's already October and the holidays are coming up soon. We've had some great dancing since we've started back up in April and some new fun dances we've learned that we love. We had our September Barn Burner and, just like in the past, it was great fun! Stop on by if you feel the urge to learn to line dance or want to learn any new dance

steps and see if you want to join us. See page 21 of this issue for class times. It's great exercise, a lot of fun meeting new friends, and hopefully you'll learn a few dances while you're at it. Please contact me with any questions you may have. ~ **Janine Rohrbacker (949) 326-3133**

HEART & SOUL LINE DANCE

Heart and Soul Line Dance meets Wednesdays, 4 to 6 pm, in The Lodge Ballroom. It is a mixed level class, easier dances used at the beginning slowly changing the complexity of the dances that move us through dance levels. We use a variety of music that can satisfy everyone's taste, all the steps are broken down, and dances are

repeated as we continue to incorporate new dances.

Come on out and give us a try. If you have any questions, contact Priscilla Robles at (909) 239-6464. See you all on the dance floor! ~ **Priscilla Robles**

TRAVEL GROUP

We are off to a roaring start. A number of TG members are more than ready to start taking group trips. Others are a bit more cautious and prefer carpooling to various locations. In an attempt to meet the needs/preferences of all, or a majority of our members, a travel survey to determine travel preferences and interest in types of trips was sent to all Travel Group members. The survey was discussed at the September meeting. We are in the process of tabulating the results.

We are currently partnering with two vendors to provide trips to all Four Seasons residents. We are also working to build partnerships with more vendors.

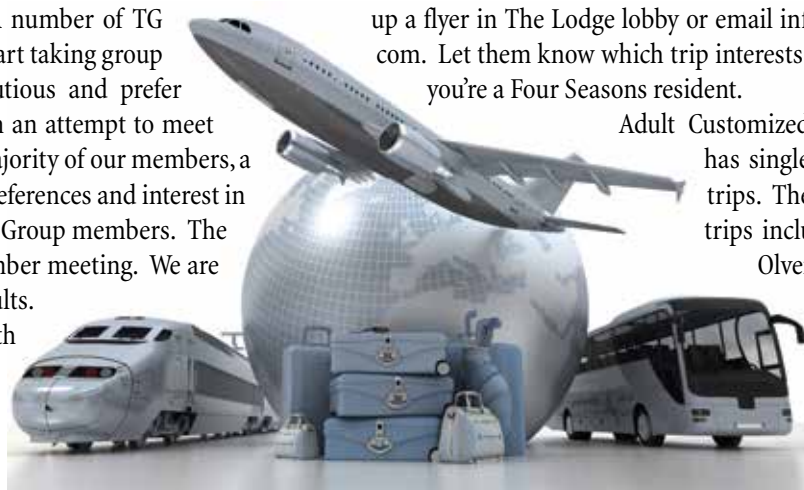
Meridian Guided Travel has a number of multi-day trips planned in 2022 that range from domestic, such as Arizona highlights, Fall Colors in Vermont, and Yellowstone & the Grand Tetons, to International including Canadian Rockies by train, Paris-Normandy cruise, Switzerland, Germany, and Austria & the Passion Play. For further information on these or other trips, pick

up a flyer in The Lodge lobby or email info@meridianguidedtravel.com. Let them know which trip interests you and advise them that you're a Four Seasons resident.

Adult Customized Tours in Palm Springs has single day trips and multi-day trips. They offer a multitude of day trips including, but not limited to: Olvera Street, Casa Del Monte's Pumpkin Roll, Salton Sea & Anza Borrego State Park, Aquarium of the Pacific, Huntington Library & Norton Simon. Multi-day trips include Baja in

Mexico, Italy, Athens in Greece, and Ireland.

For further information on these or other trips, pick up a flyer in The Lodge lobby or call (760) 322-1247 or (888) 605-8280. Let them know which trip interests you and advise them that you're a Four Seasons resident. ~ Irene Welker



RAINBOW GROUP

The rainbow is a powerful symbol that represents beauty, balance, peace, and hope. As such, we believe it is a perfect representation for our group. We are residents who also happen to be gay, lesbian, bisexual, or transgender. The rainbow is so perfect because it fits our group's diversity in terms of race, gender, age, and beliefs. While we strive to serve the interests of our members, we do welcome all supportive homeowners and encourage everyone to attend any of our functions.

Everyone leads busy lives (even at our age!), and we often find it difficult to stay connected with neighbors. Therefore, we have monthly get-togethers on the fourth Thursday of the month, usually in The Lodge Game Room at 6 pm. Our next gathering is Oct. 23.



Our monthly get-togethers are informal social gatherings which give members an opportunity to meet new neighbors, catch up on member and community activities/news, or just chat – no stuffy agendas, roll calls, or minutes for us! If you are hungry feel free to bring your own food/beverages or order from the Bistro. The Rainbow

Group also hosts periodic gatherings for socializing (such as BBQs, potlucks, LGBT themed movie nights in The Lodge Theater, and other events the group may sponsor.

Stay tuned to our Facebook page or email for any changes. For info, please contact Dale at (951) 797-0364 or dalebeckes@gmail.com. ~ Dale Beckes





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ITALIAN AMERICAN CLUB

Miei Amici (My Friends)

Here we are already at the beginning of fall 2021. The year has flown by very quickly, and the holidays are rapidly approaching. Since our facilities have reopened, many of our clubs, groups, and classes have enjoyed being together again, celebrating the beautiful community we choose to live in.

Our Italian American Club met last month away from our Four Seasons community. Barbara Dipoma made arrangements for us to have our meeting at Tuscano's Pizza & Pasta in Yucaipa. She arranged for us to be able to purchase a "dough ball" (actually stretched out in the shape of a pizza by Tuscano employees), and the club members put on their own toppings. Lots of cheese, pepperoni, sausage, mushrooms, tomatoes, green peppers, olives, and other toppings were available. No one tossed their own dough so no dough or toppings landed on the ground.

Tuscano's arranged for our group to be outside in the patio area where we could be together as a group, and it worked out great. It was a wonderful time for all our members in attendance, and we were treated to a pizza-making demonstration by one of the Tuscano pizza makers.

Thank you to Tuscano's for treating our group so well, and to Barbara Dipoma and her steering committee for all the hard work put into making it a great success.

Our next meeting of the Italian American Club will be back in The Courts Multipurpose Room on Oct. 14 at 6 pm. You do not have to be Italian to join our club and come to our meetings. Our membership is open to all our residents living in Four Seasons, so put the date on your calendar and plan to attend. We would love to have you visit with us. ~ **Barbara Dipoma (805) 377-2616 and Jerry Monahan (951) 212-8898**



Members share the Paisano spirit over custom-made pizza



Kathy Craven adds cheese to her pizza while Kelley Moore gets ready for her hand-pressed pizza to arrive



Tina and Gino Domico prepare their pizzas at the September Italian American Club meeting

TASTE D'VINE

Your Taste d'Vine Wine Club is pleased to announce "Member's Choice Around our Neighborhood" as the subject of our October meeting.

Two of our newer members, Kathy Craven and Jerry Monahan, are going to share some of their favorite wines that can be found locally.

Join us Oct. 21 (we meet the third Thursday of each month) in the Ballroom. Doors open at 5:15 pm with the meeting starting at 6 pm. Please bring a favorite wine to share with your table, along with an appetizer such as crackers, cheese, or fruit. Also, please bring two glasses for tasting.

The cost is \$5 for members and \$10 for resident guests.

Look for your Bacchus Letter via email for any further news! For info, please contact Gracy Luna (951) 292-3624. ~ **Gracy Luna**





Jeri Sorenson with one of her donation quilts



Sally Peterson with her oriental wall hanging

QUILTING ENTHUSIASTS

Quilting Enthusiasts - Our sit 'n sew in August was great. We received fabric from Robert Kaufman fabrics to help us create donation quilts. Carol Young of Quilting Gardens is starting to quilt them. Our Oct. 3 meeting will start at 1 pm. We have a sit 'n sew scheduled for the middle of October. The Four Seasons Quilt Show

is coming up Nov. 6, so watch for flyers and announcements. If you would like to display a quilt, contact Mary at (808) 430-7469, or email at marymoodycox@gmail.com

We plan to have our first set of donation quilts ready by the end of October. Peace through quilting. ~ **Mary M. Moody-Cox**

CRAFTY CARDMAKERS

If you're looking for a fun-filled afternoon, please come and join us at our Crafty Cardmaker Group. It's fun to make cards for friends and family for birthdays, occasions, or just because you're thinking of them.

You will make three beautiful, ready to send cards. The cost is \$10 which includes all the supplies. You only need to bring your scissors and glue.

In October we will meet on Oct. 15 at 1 pm in the Arts & Crafts Room. Because of our Craft Fair on Oct. 9, we will only have one meeting in October.

If you plan to attend, you do need to RSVP early in the week so we will be sure to have enough kits for everyone. Hope to see you soon!

Crafty Cardmakers Sunshine Group

Our group has decided to provide a new service for the Four Seasons community. We will send a card to a resident who has lost a loved one, who is ill and needs some well wishes, or to a resident who is experiencing a difficult time and needs some cheering up!

If you know someone, please send name, address, and type of card to Maryalice Chorba at chorbaparadise@yahoo.com. ~ **Maryalice Chorba**

CERAMICS CLASS

Come join us for some spooky projects!

Ceramics class has something for the novice crafter looking for a new hobby, or someone who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, we offer class projects throughout the year to teach new techniques.

Come and join in the fun; drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects.

We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced class team lead is available to support your crafting needs; participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**



CRAFT GROUP

The Craft Group has been busy with holiday projects. We have enjoyed welcoming our newest members, adding to our creative group. Fill your home with seasonal crafts with these upcoming projects. Our group meets on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or call (951) 486-1091. ~ *Christi Mason*



KNIT & CROCHET GROUP

I delivered 22 small cat and dog blankets to the new Banning Animal Shelter. We are now working on various projects, including hats and lap blankets for veterans. We meet Tuesday mornings from 10 until 11:30 am. All knitters and crocheters are welcome to join us. We also welcome anyone who is interested in learning how to knit or crochet. Feel free to contact me with any questions. ~ *Marlene Doyle, marlened3333@gmail.com*



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MIXED MEDIA ARTS

This is the perspective of Artist of the Month, Linda Rau:

"On Monday morning at 10 am and Wednesday evening at 6 pm, you'll find me at Rob Kelman's Mixed Media Art Class. The class has been challenging, rewarding, and also entertaining. You may have seen our last challenge in the August Breeze. Many in our class submitted artwork depicting scenes from our Four Seasons community."

The Communications Board chose the painting of our beautiful fountains 'Tranquility' by Denise Treacy for the Breeze cover. Denise is a very talented artist, having worked in oils for many years.

Many people come to class for the first time, having no previous experience. Through the guidance of Rob, a very talented artist himself, and from the encouragement of other classmates, we all learn

new techniques and even basics. Come find your inner talent that will bring joy and beautiful art for all to enjoy. Our styles are as diverse as our personalities. Yet we all have that same urge to fill that blank surface with something beautiful. We all came to class and completed the first three challenges — an elephant, a forest and a structure. From this we learn basics in line, shading, balance, contour, perspective and so much more. Then we're on to paint/draw our own personal choices of subject and materials. Come join us."

Classes are Mondays 10 am to 12 pm and/or Wednesdays 6 to 8 pm in the Arts & Crafts Room in The Lodge. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951)-992-9156. ~ **Rob Kelman**



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INTERCESSORY PRAYER GROUP

Greeting intercessors, friends, and neighbors! Join us on the first Monday of each month for prayer in the Game Room at 9 am.

While there are many things on our list to pray for, our grandchildren are essential. We want them to grow up healthy and happy. They are the future leaders of this nation. We pray that they

will rise over adversity and be women and men of integrity.

You are always welcome to come and pray with us, or you may email me and leave your prayer request. You can reach me at eaglewatchwb@aol.com. ~ **Cookie Bonner**

“BELIEVE...” WOMEN’S BIBLE STUDY

We have really been enjoying the eight-week series “How to be an Amazing Daughter of God.” The in-class discussion has been so enlightening and enjoyable. So far we have discussed four of the eight topics, which include: confidence, compassion, character, calling, contrition, commitment, and courage. Then, because of the blackout which occurred on one of our Bible study days, we will finish the last of this eight-week series on Oct. 1 with the subject “Christ-centered.” (Notice the topics all begin with the letter “C”?) Hopefully these lessons have strengthened and encouraged each of us, realizing we are indeed amazing daughters of God.

The last part of September and first week in October we will be showing a movie in the Theater preparing for our next series entitled “End Times,” based on the Book of Daniel in the Old Testament. This movie, *The Coming Convergence*, will be open to members of

the Bible Study Group, as well as their spouses, neighbors, and other guests. It will be shown three different nights from 7 to 8:30 pm in The Lodge Theater. This series will be an eight-week series, to finish the 2021 year.

On Dec. 17 we will hold our final lesson of the year in the RCN main room, followed by our annual Christmas party, the theme being “Lady in Red.” We will have a lovely luncheon, followed by a \$10 gift exchange, and other surprises.

As you can see, we have a lot going on, and are so looking forward to ending the year on a high note of joy. If you are interested in joining this amazing group of Godly women (who are also indeed amazing), please just come by the Game Room any Friday at 10:30 am and join us. We’ll be looking for you! ~ **Eileen Gilbert-Antoine**, (951) 922-6829 or egcellent@msn.com

JEWISH CULTURAL CLUB

We would like to thank the filmmaker of “The Yankles” Zev Brooks for visiting us in September and sharing his stories about the making of his film. We had a great turnout for the event. Thanks to everyone who attended.

Our next big event is our annual Hanukkah party. The party will be on Dec. 7 in The Lodge. We will be feasting on homemade soups from our community. We will be featuring the Jewish favorite Matzo Ball Soup, and other Jewish traditional soups. We will be having a kosher wine tasting, and a “Fiddler On The Roof” sing along. Watch

for more information in the Daily Report as we get closer to the event. And of course, we will have the traditional Hora dance circle. If you attended our last Hanukkah party, pre-COVID in 2019, you will remember how much fun it was. This year’s promises to be just as big and just as much fun.

Remember, you don’t have to be Jewish to attend our events. The JCC’s mission is to share our culture with anyone who is interested in learning more about it. ~ **Perry Goldstein**, perry.goldstein@gmail.com

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BEREAVEMENT GROUP

This is going to be a much more personal article than I usually write for this column. But I feel the need to explain the changes that are occurring with this group.

When I moved to Four Seasons Beaumont in 2010, I had lost five members of my small family of origin in the previous three years. And then my dear husband most unexpectedly had a heart attack and died right in front of me.

Needless to say, I was overwhelmed with grief, but I finished the move he and I were in the middle of. And so I came to Four Seasons Beaumont and began my new life on a new path, no longer a wife, a sister, a cousin, an aunt, a daughter, a great-aunt. I struggled with loneliness and loss, but I knew some things that helped me heal.

My second career was as a psychotherapist, a counselor. And I knew that the feelings I was having were normal, just part of being human. I knew to rely on the love and help offered to me by my dear friends and remaining family members. And most important of all, I knew not to judge my feelings, just to have and/or endure them. So I did not indulge in negative self-talk such as "you idiot, are you crying again?" or "why don't you want to go to the party? Are you going to hide out forever?" I loved and supported myself.

And little by little I got better. I wasn't as lonely, I didn't cry as much, and I was able to reach out to neighbors and others who lived in this beautiful community. I read an article in the local newspaper about two women who had been facilitating a bereavement group in the Pass area for years and about their desire to help others start similar groups. I tucked the article in a safe place and when I felt ready, I called and asked for help to start a my own group in Four Seasons Beaumont.

I wanted to give back. Now I had my own experience with grief and healing and I knew how to facilitate

groups. I had been doing it for years, although I was very aware that this new endeavor was not a therapy group. So with help from management I went through the process of starting a new group, ending with approval from the Board of Directors.

This was in 2013, and I have been facilitating this group since then. What a loving and enriching experience it has been.

Now I am faced with new challenges. I have developed a physical illness which has resulted in my inability to show up every week for group. But things work out. One of the members of the group, Becky KB, has been a social worker for 40 years, and she has stepped up to lead the group when I have been unable to. Recently we decided that it was not helpful to anyone to have me in and out of group, with Becky leading one week, and me the next, repeatedly. So we have come to an agreement. I will step away until the end of 2021, Becky will take over as leader, and we will evaluate when 2022 begins.

The current group members have been advised and are fine with the change. And I am so grateful that I can leave to take care of myself and not worry about the group.

So please, if you have suffered a loss and want help dealing with your pain and with walking your new path, do considering joining Becky and this supportive and caring group. They meet on Mondays at 1 pm in RCN Room 3. You can just walk in, or you can call Becky at (951) 524-0215 or email her at beckykg_@yahoo.com. All contact is confidential. ~ **Laurie Larson Zeldin**



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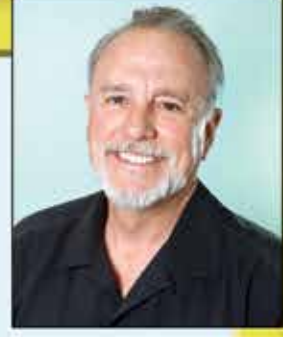
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TAILS & TRAILS - ALL PETS

Our Tails & Trails group is currently welcoming new members. If you are a pet owner, you may find that this group provides a lot of good pet-related information and is also involved in some very worthwhile projects. If you are interested in learning more about Tails & Trails, please contact Vivian Walker, at vivr@sbcglobal.net. We also have a great Pet Rescue/Recovery team that is made up of volunteers, who are willing to assist all fellow pet owners here. These members have been trained in trapping, bringing lost pets to safety, chip scanning, and reuniting pets with their owners. Please contact us at (951) 663-7012 and note your name and phone number, if you have an interest in learning more about this wonderful team of volunteers.

Blessing of the Animals Oct. 9

Each October, the Tails & Trails group has sponsored a Blessing of the Animals event here at Four Seasons. This year, the Blessing of the Animals is Saturday, Oct. 9 at 4 pm. This is a non-denominational activity and all animals and their owners are welcome. In addition to the blessing, we will have Tails & Trails members with chip scanners to scan your pet. This will help verify that the pet is chipped and that the data is up to date. This service will be provided free of charge.

Walk for the Animals Oct. 16

We are excited to announce the "Walk for the Animals" on Saturday, Oct. 16, beginning at 9 am outside The Lodge. At 8 am, prior to kicking off the Walk, there will be cinnamon rolls and coffee for attendees. Walkers and their pets will stroll east, around Four

Seasons Circle, and cut back up Green Creek Trail to end back at The Lodge. Since Ramona Humane Society is the animal shelter for the city of Beaumont, there is no better recipient for our support than our local shelter. The registration fee is \$25, which includes the rolls and coffee, custom T-shirt, a raffle entry ticket, a gift bag, and a whole lot of fun! You can register at the event or save time by registering online at ramonahumanesociety.wufoo.com/forms/walk-for-the-animals-four-seasons-beaumont/. So, bring your friendly pet (on a leash please) and join us for a fun "Walk for the Animals! ~ **Vivian Walker**, vivr@sbcglobal.net



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PADDLE TENNIS

Welcome to all the new players. This month, I thought it might be helpful to share my experience buying a new paddle tennis racquet.

Paco, Stan and Tracy are conducting the Paddle Tennis training instructions on Tuesday evenings around 6 pm. There are used racquets at The Lodge Courts that you are welcome to use and after experiencing the play many players will want to buy their own racquets.

These players will need to decide which racquet will fit their needs. Two things to look for in a racquet is the weight and the grip, and one that doesn't have too much vibration, unless the ball hits the sweet spot (which is the very center of the racquet). You should feel comfortable holding your racquet.

I have been using Power Paddle by Brian Lee for the past six years, I have now switched to Babolat Veron because my Power Paddle is on its last legs, just like my shoes. lol

On a side note, if tennis is one of your favorite games, I'm sure you'll love Paddle Tennis.

There are several online stores that sell racquets, just do a Google Search and I'm sure you'll find your new racquet.

At right are pictures of the racquets for reference.

Good luck — see you at the Paddle Court. If you have questions, you can call Ali (909) 210-9359. ~ Syed Ali, o2browning@aol.com



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TOPS

We love vegetables so much we had a party for them, a salad party. Tina Soeten was our guest speaker and gave us loads of good information. Each member brought two or three cut up veggies which we loaded in jars with greens to make a lunch or two for the next day. It was lots of fun, too.

You may find that a group like TOPS (Take Off Pounds Sensibly) can help you as well. We meet now on Tuesdays at 8:30 am in the Ballroom. For more information call Andi Henderson (918) 497-6491. ~ **Andi Henderson**

A group photo taken recently of some current residents



LADIES PUTTERS GROUP

Our new season at Ladies Putting has just begun and if you have been thinking of coming, you are welcome at any time. You can play either on Mondays at 4 pm or Fridays at 9 am or both. This is a fun and social time that takes up very little of the day if you choose. We have putters and balls you can use if you don't have your own. There is always someone here to show you how.

You can practice your skills anytime in the week with a booking at the Courts. Give us a try and I know you will be pleased that you did.

See you at the Courts! ~ **Susan Wilson, sw072153@aol.com**



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TENNIS CLUB

Whether you are a beginner or a superstar tennis player, chances are you have gone through the process of choosing a tennis racket. Playing with the right racket is just as important as how you play the game itself. So, how do you know if the racket you are playing with is the right one for you?

In a nutshell, here are some things to consider when buying a tennis racket:

Weight – Rackets vary in weight somewhere between 240 grams to 310 grams. Light-weight rackets (240 – 265 grams) provide better control, generate less power, but are easier to move on court. Mid-weight rackets (270 – 295 grams) provide a combined balance of power and control. Heavy-weight rackets (>295 grams) help generate more powerful shots but can also help maintain control in a faster swing.

Head Size – Head size is the actual hitting area within the racket frame, which ranges from 85 to 135 square inches. Smaller head size (<100 sq. in.) usually appeals to more advanced players who tend to focus on control and balance features. Larger head size (>106 sq. in.) generally appeals more to beginner to intermediate players who are looking for more power and stability in their shots. It can also

help to produce more accurate shots off of the larger sweet spot.

Balance – Head-heavy rackets are generally more suitable for less experienced players who have a shorter swing and less strength. More experienced players will often prefer head light rackets which will allow more spin, maneuverability and faster net play. In addition, head-light rackets can also help reduce shock and vibration to a player's arm, thus reducing the chances of developing tennis elbow.

Grip Size – Grip size ranges from 4-1/8 inches to 4-5/8 inches. Getting the right grip size is important. With the proper grip size, not only will you be able to hit the ball better, it will also help prevent injury to your hand, wrist and elbow.

Needless to say, the above is just a few of the more obvious features and does not include every detail of what to look for when selecting a racket. Each player is different. So, it's always advisable to demo a few different rackets and choose the one that best fits your personal preference before purchasing it.

See you all at The Courts!

For more info, visit our website at sites.google.com/view/tennis-fourseasons/home. ~ Stan Lam, (714) 757-2141, slamcpa@gmail.com

TABLE TENNIS

As we continue to experience chaos in our day to day lives, from spreading wildfires to flooded cities to a COVID virus that seems to find a new variant every day, we always have the opportunity to escape to the air conditioned Courts room to play table tennis (also affectionately known to many as ping pong). This game not only can provide everyone with a great cardio workout, but it has also proven to be an excellent activity to stimulate our aging brains through quick reflexes and deft hand-eye coordination.

Although The Courts multipurpose room is a space used by various groups such as yoga and the Italian American Club, the three ping pong tables are usually set up starting at 10 am and are available for play until The Courts facility closes. On most days, we have a group of beginner and intermediate players who arrive at 2 pm and play for a few hours. On Tuesdays at 10:30 am, we have a group of advanced

players and a few guests play until their aching backs and aging joints plead for surrender!

The Four Seasons Table Tennis Club is open to all residents, regardless of prior experience and level of skill. If you don't possess your own ping pong equipment, there are numerous paddles and balls that we keep in house at all times for anyone to use. As we approach to our last half container of very worn balls, we have to give a big shout-out to Soo Lee, our newest member (and an excellent table tennis player), who donated a dozen brand new balls to the club while we wait for our new supply to arrive. Thank you, Soo, for your kind generosity.

So get out of the foul air and long summer heat and join us at The Courts for some table tennis. You'll be glad you did. ~ Bob Rubenstein, brube88@gmail.com

PICKLEBALL

There are two news items to share this month. First, we had a fantastic red, white, and blue tournament on July 3. It was organized and planned by our activity queen LynnRae Dupree. She did a wonderful job! It was a fun, lively, spirited day. There were winners- but just being there with friends made you a winner.

The next item for this month is the death of our dear, dear friend Ray Windhorn. He was featured in the September *Breeze* article by Julie Stayner. We had a surprise going away party for him in June. We all wanted him to see our love. He was in the process of moving into his condo near family when he passed from a blood disease. He will truly be missed. ~ **Marty Key**, (562) 331-0817



Loving July 3rd!



Ray and his going-away cake



The crowd loving our Ray!



POOL VOLLEYBALL

This is the last month to play pool volleyball as traditionally The Courts pool is not heated for the winter starting in November. We continue to have a strong showing of players with play currently on Mondays and Wednesdays from 2 to 3 pm. Come on out and join in the fun! ~ **Barbara Miller**, babsmiller80@gmail.com

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ALL SEASONS RV

It's October and the beginning of the holiday season. It will be Halloween before we know it, with Thanksgiving and Christmas following right behind.

Our RV Club is beginning to take shape again after many months of no activity. It's encouraging to see everyone coming to the meetings and going on new outings. Thank you to the members who have provided us with suggestions for future outings. Further discussions will continue at our next meeting. Hopefully we will have an agenda

for 2022 put together after that meeting. Everyone's input is valuable so please join us on Oct. 28 at 6:30 pm in the RCN building.

A message from our President, Bob Cooper: To all club members, we have a trip to Launch Point RV Park departing on Oct. 19 and returning Oct. 22. If you would like to join us, call the park at (855) 471-1212 and ask to be near Bob Cooper. This park is located at Lake Elsinore. ~ **Ann Williams, annwilymz@yahoo.com**



Top left: Dave and Pat Whalen relaxing at The Summit RV Club meeting



Top right: Tina and George Soeten, Steve Bennett, and Rich Williams at the August RV Club meeting and social gathering at The Summit

Right: The Williams RV, our generator during a 35-hour power failure



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BILLIARDS FOR FUN

We normally have two sessions on Tuesdays: 11 am to 1 pm and 1 to 3 pm. Verina Rector has now taken the reins for the 11 am session, and is trying hard to rebuild that session with those who have been traveling and spending time with grandchildren. We should have reopened the 11 am session by the time you read this.

Since we have a blank perpetual plaque for 2021 BFFG tournaments, we had our first of four scheduled 2021 tournaments on Aug. 31. We had a great turn-out, and everyone seemed to enjoy the competition. The group had voted to have a singles competition (rather than

teams), and the winners were: first place, Paul Snyder and second place, Pete Lavario. Congratulations to these amazing competitors! They had consistent wins, and showed their skills with amazing shots! (Please see photos below of the two smiling winners.)

If you are interested in joining a group of really fun billiards players, please come join us on Tuesdays at either the 11 am to 1 pm session or the 1 to 3 pm session, get to know some really find people, and have the fun you so richly deserve! ~ *Eileen Antoine, (951) 922-6829, egcellent@msn.com*



Paul Snyder



Pete Lavario

WILD BUNCH BILLIARDS

We are completely open and excited that we are back “live” in the Billiards Room. Thank you for adhering to the guidelines and making the Billiards Room a safe and healthy environment while we were getting back to near normalcy.

The “Wild Bunch” consists of some of the best players in the league: Joe Spinella, Bob Rector, Mike Corbett, Carlos Rivera, LeRoy Wright, Rick Steckler, Scott Frymire, Dave Martin, and Gracy Luna.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room Fridays from 12:30 to 3:30 pm and join in the stimulation of competitive play. We invite Sun Lakes and Solera to join us, and they bring their best game for some exciting competition.

Looking forward to seeing you! ~ *Gracy Luna, gracyluna@aol.com, (951) 292-3524*

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SHUFFLEBOARD

Surprise, surprise! September has passed and now we are beginning the month of October. We are now one step closer to completion of the four new shuffleboard courts. But don't get too excited. We still have a long way to go. In this last month, the first phase of the concrete pouring has been completed (see photo). Has anyone seen the contractor? Because we haven't. So who knows when the next step of this project will be completed, or even when the four courts will be finished and playable. This project was started with a signed contract and a deposit to the contractor in October, 2020. Unbelievable!

Anyway, we will continue to play on Monday and Saturday mornings at 8 am on the existing courts at The Lodge until further notice. Saturdays are our most popular playing day with as many as 23 people showing up to play. Mondays get a little smaller crowd. We are waiting for the weather to cool off and then we will start playing at 9 am on the same regular days. We have welcomed some new players and have watched their skill levels continue to

improve. We invite anyone interested in learning to play this fun and competitive game to join a great group of fellow residents. You can also get a little fresh air and exercise while you are playing. If you have played before, you are also welcome. We choose different teams every time we play, so that it is always interesting and competitive and

everyone gets to socialize a little with their different teammates each time. If you have any questions or would like information about our fabulous activity, please contact me. ~ **Marty Rotman**, mrtmj@aol.com, (310) 948-1693



*The continuing saga of "The Missing Contractor & The Restless Residents"
(or "As the Shuffleboard Court Turns")*

BOCCE CLUB

Bocce Ball is played at The Summit on Tuesdays at 8 am and on Fridays at 8 am. Everyone is welcome. We've recently added a few new players to our roster and they quickly became part of the Bocce Ball group. We've been getting good turn outs with everyone eager to play with good competition all while having a good time. We'll be scheduling a potluck sometime in October. It will be a Bocce Ball/ Shuffleboard combination get together as most players are in both clubs.

If you are interested in learning the game, please join us at The Summit which has the best views in Four Seasons. Any questions, please call me, Hank Negrete, at (909) 747-7087 or Greg Stilson at (951) 267-1551. ~ **Hank Negrete**, hanknegrete16@yahoo.com



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4X4 SEASONS

Our Aug. 12 run recap: We had a group of 15 4x4 rigs leave from The Lodge at 8:45 am. Our group was led by Trail Boss Lynette Simonson. She led our rigs up the Old Idyllwild Road and on to the Vista Grande USFS Fire Station. There we were welcomed with open arms by the Fire Crew and our group was treated to a tour of one of the USFS' newest fire trucks and its gear. The Vista Grande Station also has a memorial on site for the local firefighters who have given their all. We thank our first responders for their service and sacrifice.

Lynette then took us to a cool 7700' at a cool 75 degrees for our lunch stop at The Boulder Basin Picnic and Campground. The Black Mountain Fire Lookout Station is a short but steep hike from our lunch spot. About half our group hiked to the lookout where we were met by a nice family manning the station. The other half got some siesta time under the shade of the native pines.

Lynette then led us back down Hwy. 243 to Azealia Canyon, a somewhat unknown USFS road down to Twin Pines Ranch. From there our group headed home, returning to Four Seasons as planned, about 3 pm. Thank you to all who joined us, thank you to Lynette for leading the way and thank you Bob for being our group's Tail End Charlie.

If this looks like fun and you have an off-highway capable 4x4 or just want to hitch a ride, reach out to us. We usually meet on the second Tuesday of each month in the RCN Conference Room at 6:30 pm and plan our monthly Day Run for the second Thursday of each month. Please reach out to me, Brian Fusilier, at bfusilier@verizon.net or (909) 215-2778 or Scott Snyder at scottdonaldsnyder@gmail.com or (562) 714-7252. ~ **Brian Fusilier**



Lunch at Boulder Basin's cool 7700'



Our Trail Boss modeling her "Jeep Girl" shirt for us



Our rest stop at the Vista Grande USFS Fire Station

HORSESHOE CLUB

On your mark, get set, fall is in the air already! Oh yeah, those yellow leaves are tumbling down and my walks on the trails are getting cooler. Can you tell I just love this time of year? Of course, it also makes our horseshoe playing more enjoyable. It's time to have another tournament and one thing about it this year, we don't have to worry about rain causing problems.

We've been privileged this year to have two new members join our ranks. It's been great getting to know them and adding their talents to the competition of each session and tournaments as well.

So, if you are a new resident and you haven't played in a long time, no problem — we have relaxed rules about throwing positions and just want you to have fun!

We meet each week at The Summit where we have one of the most beautiful horseshoe venues with a fabulous view. Our starting time is 8 am and our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erickson**

MOTORCYCLE CLUB

On Oct. 27 we will be heading out for a two-day ride to Jacumba. In case you aren't familiar with it, Jacumba is a very small town along the southern border of California, about 80 miles east of San Diego.

This will be our fourth year in a row making this fun two day ride because the route makes for some very enjoyable riding. Day one will take us to Julian for lunch and then on to Pine Valley where we will stop for the night. This first day of riding will be only about 130 miles so we will get to Pine Valley by early afternoon allowing for plenty of time to kick back and relax.

Day two will be about 200 miles that will get us to Jacumba via Old Hwy. 80 and on to Ocotillo. We will then work our way to Borrego Springs for lunch and then head home. Although this is a relatively short two-day ride totaling only about 330 miles, it makes for a very leisurely and scenic ride.

So far, we have six members signed up for this ride and there is always room for more.

So if you ride and would like to get in on the fun, consider becoming a member of the Four Seasons Motorcycle Club (MC). We aren't picky about your style of ride. Our club consists of full touring rigs, adventure bikes, sport tourers, cruisers, and even a trike. We also ride every Thursday (weather

permitting). Joining us on a Thursday ride is a good way to become familiar with the MC. These weekly rides are usually 150 to 250 miles in length, depending on the route, and include a stop for lunch. If you would like to learn more about the MC, please call our

club president Terry Humble at (909) 706-2298, club VP Jim Ayala at (951) 392-6259, or Secretary Joe Bert at (909) 767-1484. ~

Jim Ayala



Tim Mixon on his Harley Davidson Road Glide. Tim has been a club member for about four years and is one of the regulars on our Thursday rides



Tim Mixon, Terry Humble, Jim Ayala, Bonnie Pollett and Bill Steele heading out on a recent Thursday



PINOCHLE FOR FUN

Whether you are an experienced player or brand new, we will help you enjoy the game. We meet every Monday, Wednesday, and Friday from 9 to 12 noon in RCN Activity Room 1. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**, kfarmer@dc.rr

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of gin in some respects, and played with up to eight people at a table. It is played by both men and women, so all are welcome. The game can be played in the day, evening, in a room in The Lodge or in private homes. If you are interested, please call Linda Mendelson, at (951) 941-9100, or email Goldtoy@earthlink.net, and I will answer any questions you may have. As are all card games, it is played with both skill and luck. ~ **Linda Mendelson**

CO-ED BID WHIST

Greetings everyone! We can now resume meeting and playing Bid Whist. It will be so good to see everyone again. I can't wait to 'catch up' socially with fellow members as we get our groove back on. Do note: there has been a change per our meet days. We will now meet on Tuesdays from 6 to 8:30 pm in the RCN, room # 3. Our group offers a satisfying game environment filled with good cheer, good natured 'trash talking' and some great music. So, win or lose... you will have a lot of fun and meet some great folks while playing Bid Whist. New players, whether new to the game or veterans, are always welcome. We look forward to seeing you at the tables!

For more information, contact Roxanne Williams at (951) 797-3123. ~ **Roxanne Williams**

DUPLICATE BRIDGE GROUP

As I write this article, things are still in flux. Hopefully, we will have resumed our Saturday morning play by the time you read this note.

As always, send an email to me if you're interested in discussion of Duplicate Bridge activity or would like to learn to improve your game, or are interested in Duplicate Bridge at Four Seasons. ~ **Kirk Freyermuth**, kafreyer@frontier.com

BRIDGE FOR FUN

If you are thinking of new activities, consider learning to play Bridge. We are a fun and easy-going group. We play every Wednesday at noon in the Game Room. For more information contact Verina Rector at (951) 769-1687. ~ **Lois L. Butler**

HEARTS

All are welcome. The game is played with a single card deck, no jokers, and 52 cards. We play three, four, or five at a table. No scheduling necessary. We play on Tuesdays at 6 pm in the Game Room next to the Library. A group has played here at Four Seasons for nine years. Seating is random draw, no partners, individual scores. It is easy to learn, harder to win. Players will teach. Games last approximately two hours. Lowest points win. If you have any questions or would like to become the contact for Hearts, please contact The Lodge front desk.

RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing old friends and making new ones while playing this fun, fast-paced game.

We play Mondays from 2 to 4 pm in the Game Room at The Lodge. We welcome old pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**



MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN every Friday morning from 10 am to 12 noon. Hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, please contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

DOMINOES

The Dominoes Club has four new players. We welcome you! One of our new players, Jeff Arrington, has won the most games in August with 17 games! Congratulations, Jeff.

Come and join us on Wednesdays and Fridays from 5 to 9 pm. Jesse Dimmer will assist you in playing your game. For more information, contact Jesse at (951) 769-2035 or Reggie at (951) 743-3584. ~

Wondell Collins



August Champ Jeff Arrington

PHASE 10

This is an easy and fun card game. The goal is to complete the 10 phases that are established for the game, one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play.

We meet the second and fourth Tuesdays of the month — Oct. 12 and 26 — from 2 to 4 pm in The Lodge Game Room. All are welcome from the 'experts' to the newcomers. We usually draw numbers for the players for each table so that we can share the friendship around. Snacks are provided but bring your own beverage.

If you have any questions, please contact Marianne Bugni (920) 517-2739 or email lamarib77@gmail.com. ~
Marianne Bugni



UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Friday every month from 2 to 4 pm in the Game Room. ~
Deborah Garner, kenyakiki@aol.com



20,000 CANASTA

We hope those of you who joined us last month enjoyed it as much as we enjoyed your company. We play Wednesdays from 1 to 4 pm in RCN Room 3. ~ **Barbara Goodreau, beloveto3@gmail.com**



BUNCO

Come on out and enjoy the fun every second and fourth Friday at 1 pm in the RCN Main Room. Everyone is welcome. For questions, contact Bre Moreland at brendyluv@gmail.com or Tippi Quiggle at (951) 212-2323. ~
Tippi Quiggle

CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or visit with old friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales**

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld, using runs and sets of at least three cards. The first player to lay all cards down first receives no points. Then the remaining players lay down their cards, either on the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot of rules

to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed. Play dates for this month are Oct. 5 and 19. If you have questions or want to be on the group email reminder list, contact Mike Corbett at micedcor1@gmail.com. ~ **Kris Corbett**

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Get The Joke is a simple contest... somewhere in this issue is a “joke” ad, article or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous or just plain goofy — and hopefully it will bring a smile to your face. When you find it, simply cut out and complete the box, and email your response to fourseasonsnews@yahoo.com. One correct entry will be chosen at random to win a \$20 gift card to the Bistro.

Please get your entry in no later than the 8th of the month. Thanks!



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YOUR COMMENTS

Love the Breeze, very informative articles and great photos. Linda K.

Loved it! Was looking at the ads, thought, “Here’s a new service,” read it... and laughed! Thanks for the chuckle! Jan B.

THIS MONTH'S WINNER:

JAN BELL

I got the joke!

Resident name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever's on your mind!): _____

8	3	5	7	6	4	9	2	1
4	1	7	9	2	8	3	5	6
6	2	9	5	1	3	7	8	4
1	6	4	2	3	7	5	9	8
7	9	3	4	8	5	6	1	2
2	5	8	6	9	1	4	7	3
5	7	6	1	4	2	8	3	9
3	4	2	8	5	9	1	6	7
9	8	1	3	7	6	2	4	5

EASY

4	5	9	1	7	6	3	2	8
1	7	3	2	8	9	4	5	6
8	6	2	4	3	5	9	7	1
7	9	8	5	6	4	2	1	3
6	2	5	3	9	1	8	4	7
3	1	4	7	2	8	5	6	9
9	3	1	6	5	2	7	8	4
5	4	7	8	1	3	6	9	2
2	8	6	9	4	7	1	3	5


MEDIUM

4	2	8	1	5	6	3	7	9
6	7	5	9	3	4	1	2	8
1	3	9	8	2	7	5	6	4
3	8	1	4	6	2	9	5	7
9	5	4	7	1	3	2	8	6
7	6	2	5	8	9	4	3	1
8	1	7	3	9	5	6	4	2
5	9	6	2	4	8	7	1	3
2	4	3	6	7	1	8	9	5

HARD




Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos optional. Limit the remembrance to 400 words and send it to fourseasonsnews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.



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- Send jpeg format photos to FourSeasonsNews@yahoo.com
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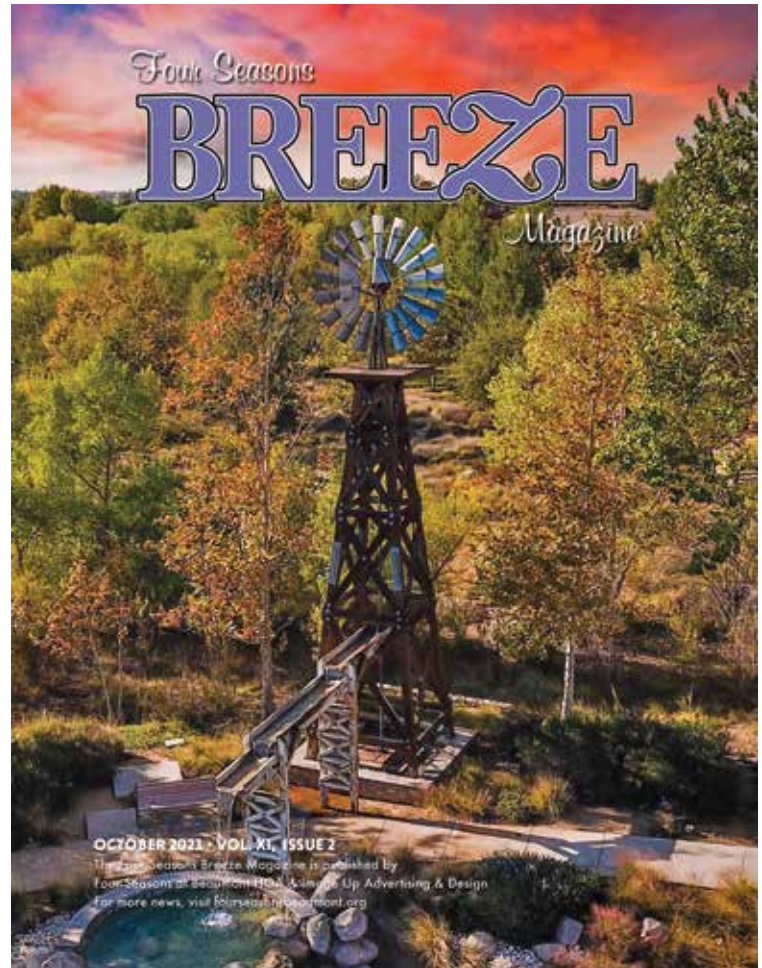
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The *Breeze* Communications Board requires all committees, clubs and groups to submit their article *no later than 12 noon on the 8th of each month*. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include committee, club, or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. Photos and articles will be printed at the discretion of the *Breeze* Communications Board.



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COVER PHOTO

By Howard Levine

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