

Four Seasons

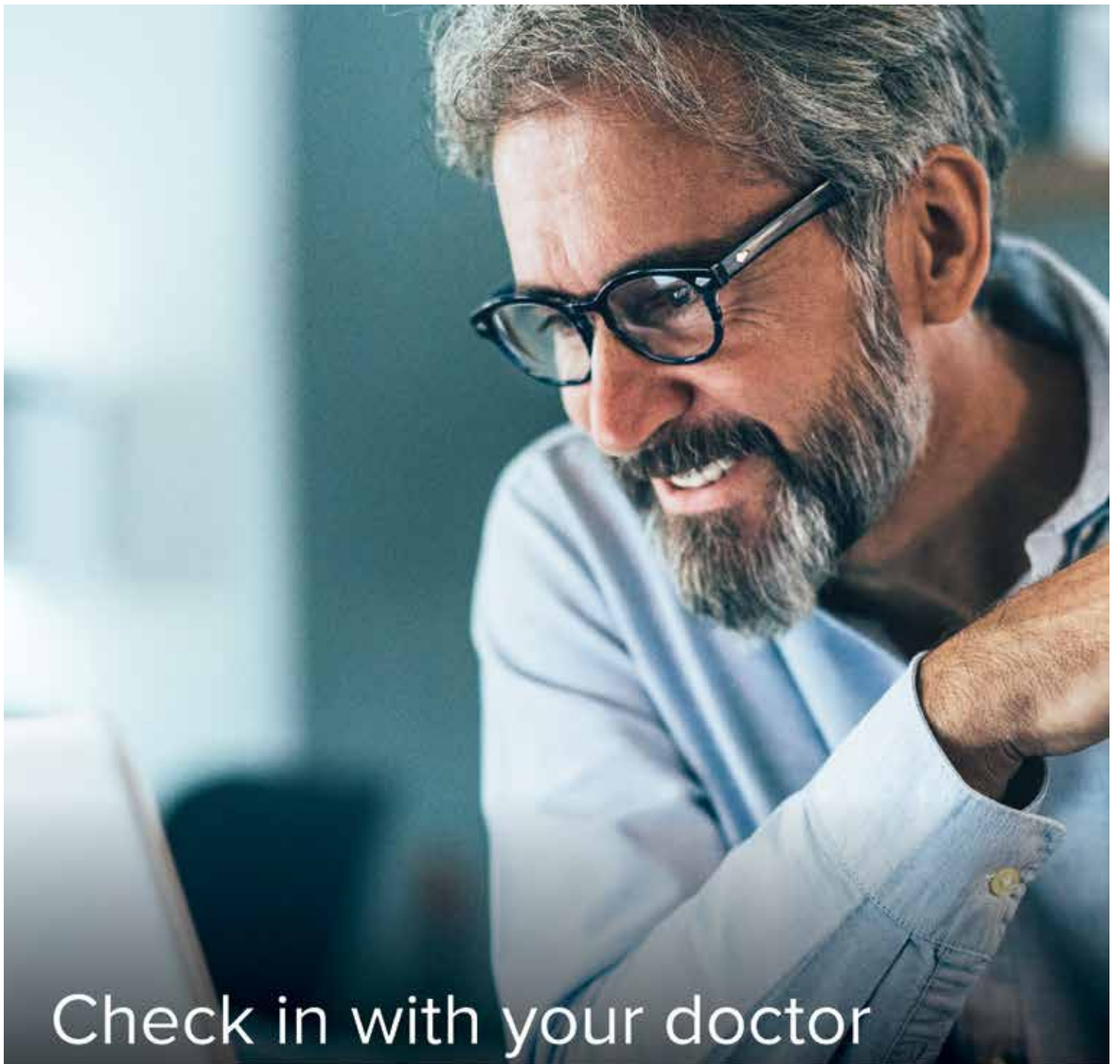
BREEZE

Magazine



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The Four Seasons Breeze Magazine is published by
Four Seasons at Beaumont HOA & Image Up Advertising & Design
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MORE MONKEYS THAN PEOPLE! COLIN TAYLOR TRAVELS TO THAILAND P. 14-15

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How does your
garden grow?



We know there are some green thumbs out there... please send photos of your Spring Garden (current or past) for the June issue of the *Breeze*! Please email high-resolution photos to fourseasonsnews@yahoo.com and put "Garden" in the subject line. If you have any questions, call Courtney Taylor at (909) 797-3647.

In the Breeze



FOUR SEASONS VETERANS PARK P. 40



HULA HOOP GIRL P. 56

For updates on events in Four Seasons,
go to fourseasonsbeaumont.org.

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The HOA Board of Directors meets on the 2nd Thursday of each month in The Lodge Ballroom. The Executive Session is at 9 am and the General Session is at 1 pm.

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COMMUNITY AMBASSADOR: Anita Worthen

At the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice President

And the survey says...

Thank you to all who participated in the 2022 Community Planning Survey. We received many great comments and ideas. It is fantastic so many of you took the time to be involved in planning for the future of our community. Sixty percent of the replies came from people who have lived in Four Seasons for more than five years, and the largest age group was 70 to 75. We are fortunate to have so many forward-thinking people who live here! You may be asking what happens with the comments and ideas once we receive them? To answer that question, let's take a little trip back in time (cue blurred and squiggly lines to denote going back in time, as in movies).

Community Planning conducted a survey in 2017 and received a great response. There were more than 500 people who replied with their ideas. From that survey, we prioritized and completed several of the most-requested items. We expanded the Amphitheater to add 100 more seats so that more than 400 people can enjoy our Amphitheater Concert Series. The Canine Corral is now up and running with many dogs and residents loving the space. The shade over The Courts pergola by the pool now provides a place to get out of the sun. And finally, the putting green was expanded to provide nine

holes rather than the five holes built by the developer. Remember, all of those items came as requests from the 2017 survey.

Fast forward to the present, we had 435 responses out of 3,082 residents for the 2022 survey. We received so many fantastic ideas that we will do the same thing as in 2017. We will prioritize and begin the steps to bring the projects to fruition.

As we sort and categorize the ideas, there are several that have already been completed (great minds think alike!). One suggestion was to add handrails to the Amphitheater for safety, and this was completed in February of this year. Another suggestion was to allow street closures for outdoor events. This is already available for block parties and is a simple process with only a few requirements. We have had several requests. Enjoy!

We are looking for ways to keep everyone updated on the survey items and what is being worked on as we go forward. Again, thank each of you for your responses.

The Board of Directors meets the second Thursday of each month at 1 pm in the Ballroom. If you prefer a more intimate meeting with dialog between you and Board members, then Meet the Board is for you. Meet the Board is the third Wednesday of each month at 1 pm in the RCN Main Room.

If you have any questions or concerns, please feel free to contact me. ~ **Kathy Craven**, kcravenbod@yahoo.com, (714) 722-1301



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GENERAL MANAGER'S REPORT By Eric Zarr

BOARD ELECTION UPDATE

There are two main ways in Civil Code for an association to send notices to homeowners. The first is by Individual Notice that generally means to send something via United States Postal Service (USPS) first-class mail. The second is by General Notice that lets an association post to a bulletin board or in some other public spot, if noted in the Annual Policy and Budget Statement (which we do). While Civil Code and our election rules allow for Election by Acclamation, we would have to send out the Nomination Procedure by Individual Notice.

Civil Code changed recently to allow all associations to use Election by Acclamation. Previously this was open only to an association with 5,000 or more homes. We updated our Election Rules earlier this year to align with Civil Code. However, for an association to use this method of election, Civil Code requires an association to send the Board Nomination Form and Procedure out via Individual Notice. We would have had to send this out late last year; however, our Election Rules at the time did not allow for this.

As such, while there are only three qualified candidates on the ballot, homeowners will still receive a ballot to vote. Please make sure to return your completed ballot at The Lodge or in the mail with

a stamp, since we will not be pre-stamping the return envelopes.

Also, a reminder that cumulative voting and Districts were removed through the recent CC&R change. So while there are four openings and each home has four votes, only one vote per candidate is allowed. While there are no District Delegates, we will have District information to help sort through the ballots.

Candidate Statements for the upcoming Board election are printed on pages 8-10 of this issue of the *Breeze*.

IT IS IMPERATIVE THAT HOMEOWNERS VOTE. SINCE THERE ARE NO DISTRICT DELEGATES TO CAST BALLOTS, THE ENTIRE COMMUNITY MUST PARTICIPATE IN ORDER TO REACH A QUORUM.

GATE ACCESS ON HOLIDAYS

Holiday weekends are a time when friends and family gather together, oftentimes here in the community. While that is great, a by-product of more vehicles and guests coming through the Potrero Guard House is that it will get quite backed up. We would like to test something new over the next few months where owners do not use the main gate, but use the Crooked Creek and Breckenridge gates. When an owner comes through the main gate, the post orders for the attendants are that owners have priority. If you have ever been a passenger with a guest and need to be let in by the attendant, you would know that this process can have you waiting for quite a while. We will put out reminders of this in the Daily Report as well for those holiday weekends.

Let's Talk.

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Meetings

BOARD OF DIRECTORS

	<u>DAY</u>	<u>TIME</u>
Executive Session	4/14	9a
General Session	4/14	1p
Committee Chairs	4/11	9a

SUB-BOARDS

Canine Corral Council	4/7	10a
Communications Board	4/10	10a
Technical Operations Board	TBD	

See Daily Report

COMMITTEES

Architectural Review	4/6, 20	8:30a
Community Planning	4/28	9a
Emergency Prep (EPC)	4/22	11a
Facilities	4/13	9a
Finance	4/26	1p
Landscape	4/19	1p
Safety	4/5	10a
Social	4/5	1p



activities DIRECTOR CORNER

By Cindy Graves

Spring is in the air and the beauty of nature is popping her head out in the form of flowers and baby birds. We also take this time to thank the resident volunteers who make this community more beautiful than most. I've said it before and I love saying it again, the people in this neighborhood are the cream of the crop and really are the ones who keep this community such a desirable and friendly place to live. The number of hours most of these volunteers put in often rivals what they invested in their careers. How lucky we are to have such generous individuals contributing and giving back to the Four Seasons family. On April 1, we will honor many of these community servants with a special luncheon. If you know one of these special volunteers, be sure to share your appreciation with a big elbow-hug.

On April 2, Janine and Dave will be hosting a "Barn Burner" Dance at 5 pm in the Ballroom. Feel free to bring your favorite food and beverages and join the fun. There is no cost to attend.

On April 8, the ever-fantastic Gail Lindeboom will be emceeing the popular TV show *Password* Four-Seasons-style with our own celebrities. Come and join in the fun! Everyone is welcome and you may want to make it a dinner-and-game night with something yummy from the Kopper Kettle. Prizes will be awarded to the winners. We hope to see you there!

On April 9, the new Four Seasons Hand Bell Choir will hold a concert and Hymn Sing in The Lodge Ballroom at 6 pm. Sally White,

our "play-by-ear" pianist will accompany the bells for an especially melodic evening. Bring a friend and sing your heart out.

On April 16 at 5:30 pm, Karaoke will take place in the Ballroom. We have had many comments that the caliber of talent has been "off-the-charts-amazing." If you love to share your singing gift with others, this will be the spot for you. If you just want to come and hear your incredible neighbors belt-out their favorite tunes, you won't be disappointed.

On April 20, 1 to 3 pm, Park West, our community landscapers, will host a "Spring Planting Workshop" in The Lodge Ballroom. If you'd like to know what plants work best in Four Seasons and want instructions and tips on how to care for these plants, along with other super helpful info, join us. Park West staff are so knowledgeable, you'll be glad you came.

April 30 is another big day, with the HOA Garage Sale from 8 am to 2 pm and then the Country Line Dance Party in The Lodge at 5 pm (see Martha Franck for more information). If you are interested in participating in the big HOA Garage Sale, you may sign up at The Lodge to be on our garage sale map for the insiders and outsiders to find their way to your house. The participation fee is only \$7 per household and includes advertising. The last day to sign up is Saturday, April 23.

May you all have a happy April and may I see you all around The Lodge!

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KATHY CRAVEN, BOARD OF DIRECTOR CANDIDATE

How long have you lived at Four Seasons and why did you move here? We moved to Four Seasons Beaumont four and a half years ago. One of my best friends moved here and as soon as we drove through the main gate, we knew this was where we wanted to live when we retired.

Position on the Board? (Work, community involvement, previous HOA experience)

I have served as Vice President on the Board of Directors for the past two years. I have also served on the steering committee for our Neighborhood Watch team, as a member of the Safety Committee, and as Board liaison to Community Planning, Finance and Landscape committees. I worked for Verizon for 37 years in various Management positions and prior to retirement I managed Fortune 500 Companies from a service perspective. I have volunteered time in a women's shelter in San Clemente, as well as prepared food for a community resource center to feed the hungry.

What do you see as key issues facing our community?

Money is always a key issue in any HOA, and our community is no different. We are very fiscally sound with our investments and have strong reserves. The challenge we face in the near term is trying to make guesses on inflation that is currently skyrocketing. We should continue to strive to keep our reserves at or above 100 percent to ensure we have the funds available to address items in need of repair or replacement. Keep in mind the money going into reserves is not forecasted at the current rate of inflation. I believe we need to look at Four Seasons as a business while balancing the needs of the residents who call Four Seasons home. Treating it like a business will ensure that we are not overspending and placing ourselves in jeopardy in the future. We need to evaluate all capital projects to determine their feasibility and protect our on-hand cash for emergencies, ensuring that our residents do not incur special assessments.

What is your vision for the future of Four Seasons Beaumont? Please include your policy on reserves.

A few years ago, Four Seasons was listed as a Premiere 55+ community in California. I would like to see this designation again as the status is great for home values. In order to do this, we need to be very forward thinking and prudent with everything we do. For example, people who are 45 today and looking for a retirement community in the next 10-15 years may have different ideas of what they view as necessities. Looking forward will enable us to continue to grow with the future.

We all say Reserves should be at 100 percent or greater; let me explain why. Aside from the obvious reason of having money on hand for facility repairs or replacement, our standing as an HOA impacts our ability, as residents, to sell or refinance our property. Banks or lending institutions look at an HOA's reserves and could, if they are low enough, decline to fund a loan. It is imperative and prudent to keep them high.

Do you have a final statement?

It has been an honor and a pleasure to serve on the Board these past two years. I have met and interacted with so many wonderful residents who make up this diverse community. I respectfully ask for your vote, and I look forward to serving you again.



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GRACY LUNA, BOARD OF DIRECTOR CANDIDATE

How long have you lived at Four Seasons and why did you move here? We started looking at 55+ resort living in 2006, and were so excited when we found Four Seasons here in Beaumont. The models were gorgeous and we knew that when we retired this would be the place to be. We are extremely active and wanted to live where we not only had fabulous amenities, but also nature and beauty. We moved in March 2009 and have never regretted moving from the hustle and bustle of city life to a serene and lovely small town.

Position on the Board? (Work, community involvement, previous HOA experience)

I retired from a large defense corporation negotiating large government defense contracts for the Department of the Army. My interpersonal skills (being adaptable, being able to set aside personal bias) played a large part in being able to negotiate government contracts. Prior to working for defense (24 years), I worked for the University of Southern California (USC) School of Medicine for 18 years in the Department of Nephrology, where I set up world-wide medical meetings and edited medical textbooks, including the Textbook of Nephrology, which is utilized in medical schools across the United States.

What do you see as key issues facing our community?

Communication is a key issue facing our community, from the standpoint of ensuring that (1) all material sent to residents is clearly written and can be easily understood by all, and (2) both management and the Board of Directors communicate transparently with residents.

What is your vision for the future of Four Seasons Beaumont? Please include your policy on reserves.

We are so fortunate to have a great Finance Committee that oversees our reserves and makes sure that we are at 100 percent. As a Board Member, I look at every expenditure and, being detail oriented, I try to also make sure that our reserves and expenditures are on course. My policy on reserves is that no matter what we have to do, keeping our reserves at 100 percent plus is of utmost importance.

Do you have a final statement?

I have enjoyed being on the Board of Directors the past two years, and feel that I have made a difference in making sure everyone in our community gets the respect they deserve; receives transparency from not only the Board of Directors but also our Management Team, which they also deserve; and enjoys spending their Golden Years in this beautiful, safe, clean, and fun environment, which EVERYONE deserves!



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LARRY WORKMAN, BOARD OF DIRECTOR CANDIDATE

How long have you lived at Four Seasons and why did you move here? I have lived at Four Seasons for 7+ years. While living in Tennessee, I had multiple business trips to the area and watched the community grow. Originally from California, I knew that I wanted to return and I visited the growing community for about four years on those trips.

Position on the Board? (Work, community involvement, previous HOA experience)

I was part of the senior staff of a multinational company with sales of over 200 million dollars annually. My function involved sales, marketing, product liabilities and customer service. I was also on the BOD for the previous HOA where I lived.

What do you see as key issues facing our community?

Our community NEEDS transparency in the operations, finance, and management of one of the most beautiful communities in the area.

What is your vision for the future of Four Seasons Beaumont? Please include your policy on reserves.

To begin, the community needs to understand that reserves are the same as putting money in a piggy bank to repair or replace any amenities or facilities as a result of wear-and-tear, age, or damage. Therefore, it is prudent to maintain our level of reserves at or very close to 100 percent of the value of our assets. Without proper reserves it is possible that owners may be required to come up with the necessary monies to repair or replace any amenities or facilities, which we all enjoy.

Do you have a final statement?

Over the past two years that I have been on the BOD, our community has changed from being overseen by K. Hovnanian to an independent operation. It is necessary for the BOD to operate Four Seasons as a business with proper controls and oversight of all aspects of operation.

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DON'T MISS THE TOWN HALL APRIL 7 YOUR ATTENDANCE IS NEEDED TO STOP THIS!

By Jerry Monahan, Board President, and Laurie Larson, Chair of Communications Board

The Pass Action Group's (PAG) appeal to the Banning Planning Commission ruling was heard by the Banning City Council on Feb. 17. Unfortunately, the council voted 4-1 in favor of accepting the Planning Commission's recommendation and approved the design review and the parcel split for the warehouse.

Due to the action of the Banning City Council, at this time the warehouse can go forward with no stipulation that the adjoining retail portion be built and occupied before the warehouse is built.

Prior to the appeal hearing, the PAG's law firm requested that three Banning City Council members recuse themselves due to bias shown in videos and on social media posts. All three council members declined to recuse themselves.

The legal team met with the PAG leadership, and it was determined that the best course of action would be to file a lawsuit. On March 5,

the PAG Board met and voted to move forward with a lawsuit. The lawsuit will be heard by a judge in Riverside County Superior Court.

Donations for legal fees and necessary expenses will be needed in order for the PAG to carry this opposition through the courts. Donations can be sent to PAG Treasurer Jeannie Lloyd at 4832 Crenshaw Circle, Banning, CA 92220, or to PAG President Randy Robbins at 5972 Indian Canyon Drive, Banning, CA 92220. Donations may also be made at www.givebutter.com/passactiongroupbanning. If you need to contact Randy Robbins directly, you can reach him at randyLLump@yahoo.com.

We will have a town hall meeting with the PAG on April 7 from 6 to 8 pm in The Lodge Ballroom to learn more about actions being taken by the PAG to stop the warehouse from being built. Please put April 7 on your calendar and plan to attend this informative and very important meeting about the warehouse project.

The PAG members thank you for your support.

**Stop the warehouse! Please contribute at
www.givebutter.com/passactiongroupbanning**



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CLOUDS – PART 1

We often take for granted the natural beauty of clouds. Whether it be nice white puffy clouds against a rich blue sky or magnificent yellow/orange/red looking clouds at sunrise or sunset, some types of clouds are visible on more than half the days of the year. So let's take a look at some of the cloud types that we see here in the Pass Area.

First of all, clouds are generally categorized into three different types: low, middle, and high. Low clouds are generally below 8,000 feet; middle clouds are between 8,000 and about 18,000 feet; and high clouds are generally above 18,000 feet and usually not any higher than 45,000 feet.

One of the most common low clouds here in Beaumont are stratus clouds (see Figure 1). These are most common in the spring months of May and June when low clouds form over the ocean and onshore winds move the clouds into the Pass Area. Sometimes these are thick enough to produce localized drizzle. Another common low cloud in the winter months develops following the passage of a cold front. These are cumulus clouds, commonly called fair weather clouds (see Figure 2). These are notable for their puffy, cotton-ball look.

We occasionally see orographic clouds during the winter months. These are essentially cumulus clouds, but they form from relatively moist air being lifted and cooled in the upward ascent to the mountains (see Figure 3). Generally, these clouds are observed only over the mountain areas.

High cirrus clouds are also fairly frequent (see Figure 4). These are composed of ice crystals and create a feathery look to the

clouds. They are most common during the winter months, but are sometimes associated with distant thunderstorms during the late summer months.

Lastly, there are cumulonimbus clouds, which are the type associated with thunderstorms (see Figure 5). Here in the Pass Area, these can develop during the summer months when monsoonal moisture is transported from the east or southeast. While these are more common in the deserts and mountains, we can occasionally get a summer thunderstorm when the conditions are just right: thunderstorms developing over the mountains and then moving over us by southeasterly winds aloft.

In the next article, Part 2 (June's *Breeze*), we will look at several additional cloud formations which are generally less frequent in our area.

Figure 1. Stratus clouds



Figure 2. Cumulus clouds



Figure 3. Orographic clouds over elevated terrain



Figure 4. Cirrus clouds high in the atmosphere



Figure 5. Cumulonimbus cloud



As soon as travel restrictions were lifted, Colin set out for a new adventure. Enjoy his experiences as a local traveler...

More Monkeys than People!

By Colin Taylor, resident and CEO of Taylor Adventure Tours

In January, I went to Thailand to do some scuba diving. Because of the very low number of tourists, the diving boat availability was limited. That gave me some unexpected spare time so I decided to take the train north to Lopburi to see “the monkeys.”

Lopburi is one of the oldest cities in Thailand and a former capital during Khmer rule.

Like any visitor I bought a bag of bananas and mangoes and went to feed my new



*Colin feeding baby crab-eating macaques (*Macaca fascicularis*)*

friends.

I received the standard warning about not wearing a backpack or carrying any loose



bag or camera, but despite that, I was mugged twice in the first hour! The first fruit bag was snatched before I even had time to open it. I held the second bag close to my chest so they went for my cell phone as a distraction. They got the second bag when I grabbed the phone with both hands. I thought no monkey was going to get the better of me — so I bought my third bag of fruit.

Only later did I wonder if maybe the fruit vendor had trained this local troop in this criminal behavior.

I finally managed the art of holding the bag and feeding the monkeys under my control and not theirs. That had won their respect.

Some of them were certainly smart. One was really trying to impress me, but I noticed he actually had his newspaper upside down so he didn't fool me.

As the day progressed, I began to see more and more monkeys — first, just individuals, then families, then complete troops.

The temple complex of Wat Phra Si Rattana Mahathat was built in the 12th century as a Hindu temple but later converted to Buddhism during the Khmer period (as was the famous Angkor Wat in Cambodia).

Offering food is one of the oldest and most common rituals of Buddhism. Food is given to monks during alms rounds and also ritually offered to tantric deities and hungry ghosts. Offering food is a meritorious act that reminds us not to be greedy or selfish. The offerings are often fruit, vegetables, and rice. The monkeys themselves are not Buddhist but they certainly agree with the ritual of food offerings. In fact, they like attending the

ritual on a daily basis.

As 4 pm approached, they all flocked to the temple. I was really impressed because none of them wore watches but they all seemed to know the time. When the 4 pm food offerings were put out, I think 100 percent of the local monkey population was at the temple. They looked like good Buddhists attending a 4 pm temple service.

The next morning I woke to loud banging and crashing at 6 am. I thought hotel staff were moving some heavy furniture outside my room so I walked over to the window and opened the curtain. Six inches from my window was a huge monkey face. I don't know which of us was more surprised. I jumped back and he scampered up a drainpipe and ran across my roof and jumped over to the adjoining building.

There were four other monkeys in the courtyard dragging large potted plants around and knocking over patio tables and chairs. Soon I spotted the noisy one; he was on the roof banging the sheet metal with what looked like a long, swimming-pool-cleaning brush. A hotel staff member shouted at the monkey who responded by throwing the pool brush at the man. From the look on his face this was obviously not the first time this had happened.

When I checked out later, I told the manager that I had really enjoyed the early morning show. He replied that this morning had been relatively quiet! Back home I would have paid way more money for a Motel 6 and not have been privy to any kind of live exotic animal performance show before breakfast.



My scuba-diving boat



Not too many customers this morning at the street market



Business stops for a few minutes as a train passes through



This guy is trying to look intelligent



Hoping for tourists, Bangkok airport prepares for social distancing

These are the kind of extras that you get with “Taylor Adventure Tours.”

After Lopburi, I headed south and visited a local street market. I was wandering through the narrow walkway when suddenly the stall holders started folding up their sunshades and moving some of their goods to the outside. Then I heard a shrill whistle.

Several stall holders were gesturing to me to join them at the rear of their stalls. As the whistle got louder, the 12:15 slow train to Bangkok passed right through the market.

Once the train had passed, the sunshades went back down, goods were rearranged slightly, and business returned as if nothing had happened. I’ve seen this instance on a travel show but experiencing the calmness, sights, and smells — there’s no comparison.

I had planned on two weeks of scuba diving, but on the first day it was just me and a German couple for the whole boat that had a

capacity for 50 divers. When I showed the dive master my Professional Association of Diving Instructors (PADI) diving license, he looked at the date I qualified and he told me it was the oldest license he had ever seen. The next day it was just me so the captain decided it was not economical for him, the dive master, and the crew. That ended the diving for this trip.

As I was waiting at the Bangkok Airport (BKK - Suvarnabhumi) it was obvious that tourism was really slow. The airport was certainly set up for social distancing, but there were no tourists to fill the seats.

During COVID, Thailand effectively closed its borders resulting in amazingly few cases. Now, as it gradually opens up, it is urgently waiting for the millions of tourists to return.

The monkeys are also waiting for tourists to bring them treats which makes a nice break from the usual temple food. ~ Edited by Elizabeth Westbrook



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We're inviting you to share your favorite cruise photo. For the caption, if possible, please include: your name, number of cruises you have taken, your favorite destination, and the special occasion for the cruise photo.

Browse through your collection of cruise pictures and email to FourSeasonsNews@yahoo.com and if you have any questions, please call Courtney Taylor at (909) 797-3647.

The deadline to submit is April 8.



INTEREST GROUPS

DISABLED RESIDENTS: This group aims to help anyone with a disability or who needs to assist someone with a disability. Our mission is to serve as a resource for residents with disabilities, serve as a resource for the larger community when requested, to further develop and expand resources, and to help each other with and share coping strategies for our various challenges. Meeting dates, times, and frequencies TBD. Sign up at The Lodge or contact Gordon (Curt) Putnam for more information at curtputnam@gmail.com.

ATTN DIXIELAND/TRADITIONAL JAZZ LOVERS: Seeking MUSICIANS to play lead sheets and who have played Dixieland-style music. Forming six to seven piece band. Rehearsals at Four Seasons. Need musicians who play cornet/trumpet, clarinet/reeds, banjo/acoustic guitar, tuba or bass, drums, keyboard. Contact Bob Snyder (T-bone) at (909) 489-7108.

FOUR SEASONS REPUBLICANS: We are not a club. We are a local network that provides information and resources, so that you can make more informed and educated decisions in your

selection of candidates and government measures. Our mission is to present information regarding national, state, and local issues. We are in alliance with other regional conservative organizations, including San Geronimo Pass Republican Women Federated, Unite Inland Empire, and the Republican Party of Riverside County. For more information, contact us at FourSeasonsRepublicans@gmail.com.

**Note: The HOA does not have any officially recognized political club or group. However, California law changed and now requires associations to allow political interest meetings in HOA common areas.*

FOUR SEASONS BLUE: We are a community network working within the democratic process to stay informed on local, state, and national issues. We promote the activities of democratic politics and develop leadership within the community. We are aligned with local democratic organizations, such as the Pass Democratic Club, Democratic Women of the Desert, Democrats of Hemet-San Jacinto, and the Riverside County Democratic Party. For more information, contact us at FourSeasonsBlues85@gmail.com.

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Orange Glazed Baked Ham



Spring and Easter are a time for new beginnings and a time to renew the bonds of friendship and family. What better way to celebrate friends and family than having them over for an elegant, but easy, brunch or dinner? Here are a couple of recipes that will feed a crowd, look spectacular, and are easy to make. All you need is a simple vegetable side dish and perhaps a crusty bread for a complete meal.

This is super easy and pairs well with the sweet potato dish. It is a lot of ham, but leftovers can be used in a multitude of ways— sandwiches, casseroles, soups, etc. If it is too much, then get a half ham and halve the glaze recipe. Leftovers also freeze well for several months.

Prep time: 15 minutes; Bake time: 2 to 2 ½ hours, depending on size of ham; Serves: 30 +

Ingredients:

- 1 (14-to-18-pound) fully cooked, bone-in, spiral-sliced ham

Glaze

- 1/2 cup packed, light-brown sugar
- Zest of one large orange
- 1/2 cup freshly-squeezed orange juice
- 1/4 cup honey
- 1/4 cup Dijon mustard
- 1/4 teaspoon ground cloves

Directions:

1. Preheat the oven to 325 degrees.
2. Place the ham in a heavy roasting pan.
3. Stir all of the glaze ingredients together in a small bowl. Brush about a third of the glaze over the ham. Bake in the preheated oven for an hour and 15 minutes. Remove the ham from the oven and baste with the glaze. Return to oven and continue cooking for about 45 minutes or until the ham reaches an internal temperature of 145 degrees. Baste occasionally while the ham finishes baking.

Yam and Sweet Potato Tian

A Tian is a round dish that is filled with overlapping layered vegetables, and sometimes a sauce, and is baked in the oven. I used yams and sweet potatoes because I thought they would pair well with the ham. Any combination of vegetables may be used. This could also be served as a vegetarian main dish. Prep Time: 20 minutes; Bake time: about 50 minutes; Total time: 70 minutes. Serves 6-8.

Ingredients:

- 1 ½ pounds sweet potatoes, see note
- 1 ½ pounds yams, see note
- 2 Tablespoons olive oil, plus more for brushing the skillet
- 2 Tablespoons unsalted butter, melted
- 2 garlic cloves, finely minced
- ¾ teaspoon kosher salt
- ¼ teaspoon freshly ground pepper
- 1 Tablespoon finely chopped, fresh rosemary leaves, plus a sprig or two for decoration
- 1 Tablespoon finely chopped fresh thyme leaves

Note: Sweet potatoes and yams should all be about 2 ½ inches wide by 8 inches long.

Directions:

1. Place rack in the center of the oven, preheat to 350 degrees.
2. Brush olive oil on the bottom and sides of an 11-inch cast iron skillet or a shallow 3-quart round or oval baking dish, and set aside.
3. Peel the yams and sweet potatoes. If you like crispy edges, do not peel the yams or potatoes, just scrub clean and dry before slicing. Slice into 1/8-inch slices. For more even slices, use a mandolin or a food processor using a 3-4 mm slicing blade.
4. Combine the melted butter, 1 Tablespoon olive oil, garlic, salt, pepper, chopped rosemary and thyme in a large bowl. Add the sweet potatoes and yams. Toss gently until the potatoes and yams are completely coated.
5. Starting at the outside edge of the prepared pan and alternating yams and potatoes, work in a circular pattern tightly overlapping the slices. Continue in a spiral to cover the entire surface of the pan. Be sure to pack tightly and use smaller pieces to fill any gaps. Cover skillet with foil.
6. Bake covered for 30 minutes, or until the potatoes are fork tender. Remove from oven. Increase oven temperature to 430 degrees. Carefully remove foil from pan. Brush the potato mixture with the remaining Tablespoon of oil. Return pan to the oven. Continue baking, uncovered, for an additional 20 minutes, or until the tops are golden and slightly crisp and are cooked through — a knife should easily pierce the slices.
7. Remove from oven and place a sprig or two of rosemary on top for decoration, if desired. Let cool slightly and serve.



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April Puzzles

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

Puzzles created by Jeff Davidson. Solutions on page 70

4					8		6	7
5	7		2			9		
		9		4	7		2	
	3	8			4	6		
2				3				9
		5	8			4	1	
	2		3	6		7		
		3			9		4	6
9	6		4					5

MEDIUM

1			7			5		
7				2	1		6	3
	4			8		2		
8		7				1		
	9		5	3	2		8	
		6				4		9
		3		5			2	
2	5		3	6				4
		4			8			5

EASY

	6	9				1		
				7	4		6	9
		3	1					
6			9				2	
9				2				7
	2				3			5
					7	5		
2	5		8	3				
		8				7	9	

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 <p><i>April 2022</i></p> <p>The activities, dates, and times on this calendar are subject to change at any time. Please check with your club or group contact for the latest information if you have any questions or concerns.</p>						
3 Private Party - Summit All Day PAC Rehearsal 1:30p Trivia 6p	4 Garage Sale Sign Ups Begin 7a Bereavement Group 1p AACC 6p	5	6 Neighborhood Watch 10a Captain Meeting 10a Platonic Pals 10a Motorcycle Club 6p	7 Banning Warehouse Town Hall Meeting 6p	8 Gail Games: Passsword 6p	9 Private Party - Summit All Day Hand Bell Choir & Hymn Sing along 6p
10 PAC Rehearsal 1:30p CC Cinema Club 6p	11	12 Book Club 9:30a Computer Tech 10:30a Writer's Club 1p 4x4 Club 6:30p	13 Neighborhood Watch General Meeting 10a	14 BOD Exec Session 9a BOD Gen Session 1p Italian Amer Club 6p PAC Rehearsal 6p Classical Music Grp 7p	15	16 Jewish Club Passover 4p Karaoke 5:30p
17 Easter Sunrise Service at the Summit 6a	18 Private Party - Summit All Day	19 Veterans Group 11:30a	20 Spring Planting Workshop 1p	21 Taste d'Vine 6p	22	23 Liza & Judy Show 6p
24 Tea, Krimpets & a Catwalk 2p PAC Rehearsal 5p CC Cinema Club 6p	25	26 Classic Film Group 6p	27 Private Event - Ballroom All Day Rainbow Group 6p All Seasons RV 6:30p	28	29	30 Community Garage Sale 8a Country Line Dance Party 5p

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
Beginners Conditioning	T	5p
	T/Th/F	8:30a
Total Body Conditioning	M/W	8:30a, 9:30p
Kickboxing Cardio	Sat	9:30a
Chair Yoga	W	5p
Yoga	W	6p
Zumba	T/Th	9:30a
Hula Hoop Group	F	7:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
Yoga	T/Th	8:30a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim - except during Water Aerobics
Water Aerobics	M/W/F	10a
	M/W	11a
Water Volleyball	T/Th	10a
Bocce Ball	Daily	Open
Horseshoes	Daily	Open

DANCE

Let's Dance! Free Class	M	6p
Let's Dance! Beginning	M	6:30p
Let's Dance! Intermediate/Advanced	M	7:30p
Country Line Dance Beginning	T	2p
Country Line Intermediate/Advanced	T	3p
Heart & Soul	W	4p
International Folk	2nd/4th T	7p
Step it up Line Dance Beginning	M	12:30p
Step it up Line Dance Int/Advanced	M	1:30p
Step it up Line Dance in the Ballroom	1st/2nd/4th W	6:30p

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Hand Bell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
Quilting Enthusiast	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30

Activities

Curly Cues	M	10a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	9a
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	2nd/4th F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	3rd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M/W	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	3p
Uptown Diva Bid Whist	1st/3rd F	2p

Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to FourSeasonsNews@yahoo.com. Please put "Pets" in the subject line.



Izzabella loving the snow. Submitted by Susan and Tom Conigliaro



During the pandemic, we adopted Charlie from a rescue after he was found wandering the streets in Mexico. He has come a long way! Submitted by Judy and Ron Jacobson



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DID YOU KNOW?

DID YOU KNOW why we paint eggs for Easter? While there are many competing theories as to the true origin of this beloved tradition, historians generally agree that eggs were formerly a forbidden food during the Lenten season. So people would paint and decorate them to mark the end of the period of penance and fasting, then eat them on Easter as a celebration. Painting Easter eggs is an especially beloved tradition in the Orthodox and Eastern Catholic churches where the eggs are dyed red to represent the blood Christ shed on the cross.

DID YOU KNOW there are many kinds of pollinators? Although birds, bats, and other creatures are also pollinators, insects are the animals that do the bulk of the pollination that affects our daily lives. Worldwide, there are an estimated 20,000 species of bees, and approximately 3,600 bee species are native to the United States and Canada alone. Butterflies and moths are valuable pollinators. Wasps are wrongly maligned due to a reputation for being aggressive. In reality, they are adept hunters keeping insect populations in balance and managing pests. With over 85 thousand species worldwide, flies form one of the most diverse orders of insects and many are beneficial. Beetles are pollinators of many flowers such as magnolias and water lilies. Hoverflies are known to visit at least 72 percent of global food crops and over 70 percent of animal-pollinated wildflowers. Insect pollinator species are in decline as biodiversity loss around the planet accelerates. Human activities causing their decline include climate

change, and habitat destruction and degradation due to urbanization and agriculture. Light pollution is an additional threat to night-time pollinators. It is important that we make the world a friendlier place for pollinators so they can do their vital work.

DID YOU KNOW there's an easy way to contact the entire Board of Directors? Your Board of Directors is eager to hear from it's community members on the issues that impact Four Seasons. However, contacting them can seem like an intimidating feat when you're not sure where to start. There are multiple options for residents hoping to reach out. Our community website, fourseasonsbeaumont.org, hosts a "Contact Us" section that allows visitors to fill in a contact form that is then sent in the form of an email to General Manager Eric Zarr, who can forward that contact to Board members. Alternatively, residents can send an email to theboard@fourseasonsbeaumont.org which is automatically pushed to the email inboxes of management and multiple Board members. Not interested in using email? Visit the front desk at The Lodge and ask the attendant for your Board President and Vice-President's business cards. The contact information listed there goes directly to that individual board member and is not shared with management. Lastly, residents are welcome to rely on printed or handwritten letters to be turned in at The Lodge front desk and hand delivered to the physical inbox of a selected Board member. Envelopes to enhance privacy can also be requested at the time of submittal.

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NEIGHBORHOOD WATCH & COMMUNITY AWARENESS

Earthquake Preparedness Tips No matter where you are when it happens, you need to know how to protect yourself and your family during an earthquake.

- Practice taking cover as if there were an earthquake and learn the safest places in your home and work.
- Practice getting out of your home and check to see if the planned exits are clear and if they can become blocked in an earthquake.
- Practice turning off your electricity and water. Note: The water shutoff valve is typically located below the hose bib location in the garage or in front of the house. The electrical service disconnect is found on the main breaker panel located on the exterior wall of the garage.
- Know how to turn off the gas, but do not practice this step. In the event of an earthquake, once you turn off your gas, only your utility company should turn it back on for safety reasons.

Tips to Consider:

- When in a HIGH-RISE BUILDING, move against an interior wall if you are not near a desk or table. Protect your head and neck with your arms. Do not use the elevators.
- When OUTDOORS, move to a clear area away from trees, signs, buildings, or downed electrical wires and poles.
- When on a SIDEWALK NEAR BUILDINGS, duck into a doorway to protect yourself from falling bricks, glass, plaster, and other debris.
- When DRIVING, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside your vehicle until the

shaking stops.

- When in a CROWDED STORE OR OTHER PUBLIC PLACE, move away from display shelves containing objects that could fall. Do not rush for the exit.
- When in a STADIUM OR THEATER, stay in your seat, get below the level of the seat back and cover your head and neck with your arms.

Don't forget to...

- DUCK: DUCK or DROP down on the floor.
- COVER: Take COVER under a sturdy desk, table or other furniture. If that is not possible, seek cover against an interior wall and protect your head and neck with your arms. Avoid danger spots near windows, hanging objects, mirrors, or tall furniture.
- HOLD: If you take cover under a sturdy piece of furniture, HOLD on to it and be prepared to move with it. Hold the position until the ground stops shaking, and it is safe to move.

Clearly, earthquakes are not planned events. Prepare and plan for the unexpected. It is a good idea to have a three-day supply of food and water on hand if roads are inaccessible making travel to supermarkets difficult.

Have an out-of-state contact who everyone in your family or household can touch base with should local phone or mobile service be unavailable or shut down. ~ **Frank Hilberg, hilbergfrank@gmail.com**

AD HOC CONSERVANCY

Conservancy's winter slumber is over and all nature, small and large, is emerging to once again grow, mate, and continue the existence of their species. Most notable now will be catkins. Catkins are flowers adapted to be pollinated by wind. Hello sinuses. Their dangling habit is part of this adaptation, and pollen is released from male flowers when wind causes them to shake. These worm-like blooms are actually hundreds of tiny flowers strung together. Each catkin is either male or female, but both sexes may or may not be carried on the same plant. If a single plant produces both male and female catkins it is considered 'monoecious.' Some tree and shrub species have separate sexes and produce only male or female flowers on a single plant, meaning they are 'dioecious.' Catkins fall to the ground and will cover the trails by the end of spring. ~ **Len Tavernetti**



ARCHITECTURAL REVIEW COMMITTEE

Recently there has been some confusion concerning the Architectural Review Committee's (ARC) role concerning landscaping of homeowner's yards.

While most of the homes in our community are maintained by the homeowner, there are a few front yards that are maintained by the HOA. Management, in consultation with the homeowner and the contracted landscaper, determines what plants may be planted and how they are maintained.

The landscaping for the rest of the home is subject to the Architectural Guidelines and Standards which is applied to each application by ARC.

As set forth in the CC&Rs, ARC seeks to preserve and improve the appearance of the community and to ensure continuity in design. ARC does not seek to restrict individual creativity or preferences.

As required by the CC&Rs and set forth in the Architectural Guideline and Standards, all exterior work of any type must be approved by ARC before the work begins.

Work includes, but is not limited to, landscaping such as trees, shrubbery, ground cover, real and artificial turf, hedges, and vegetable gardens.

ARC reviews and evaluates each application based on individual merits. We consider the specific implications including location and impact on the surroundings. This consideration of all factors prevents automatic approvals as well as automatic disapprovals.

The Landscape Committee has developed some guidelines with the intention of helping residents make informed decision when planning their landscaping plantings. This information can be found on the website www.fourseasonsbeaumont.org under the HOA tab or you can request a printed copy from the RNC management office.

The documents are titled "Guidelines for New Landscape Plantings for Residents" and "Community Plant Guide." These documents contain suggestions concerning plants that will do well and information on problem plants. The documents do not contain lists of all plants that can be planted, nor do they contain a list of banned plants. As stated in both documents, the information is intended to help residents get some useful planning information. The suggestions are not requirements nor does ARC limit plant choices to these lists.

While "Guidelines" and state and local laws may contain some requirements concerning plants and their use, ARC does not have any list of automatically approved or banned plants.

Each application is reviewed and evaluated by ARC based on the individual merits of the proposed work (landscape).

If you have questions concerning this subject or any ARC related subject, please contact me.

ARC meets the first and third Wednesday of each month in the RNC Board Room at 8:30 am. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**

EMERGENCY PREPAREDNESS COMMITTEE

Driving Fast and Making a List

There are a couple of things that will serve our Four Seasons residents well. We need to remember to follow all of the driving rules that we learned in Driver's Training class. The other is to make ourselves our own first-responders.

You jump in your car and you see nothing but open freeway ahead beckoning you. What do you do? You do not want to summon your inner Mario Andretti because open roadways make you easy pickings for law enforcement. We currently do not have any law enforcement inside our gates. We must remember to drive slower, stay on our side of the road, and be patient. We all live here and we are all are just one acquaintance away from being friends.

I am asking you to treat all of our residents like family. We hear complaints about the speed demons on the freeway; we do not need them here. We should not get sloppy in our driving habits because they may wind up carrying over onto city streets where a citation can be waiting. None of us wants to interrupt our card games, line dancing, karaoke, or radio practice for traffic school.

In emergency preparedness, we have asked you to make plenty of lists. You need a list for your go kit, one for sheltering in place, and another for your important documents. In case of an emergency, we need to learn to be our own first responders until we can call the experts.

You need to know how to manually open your garage door and shut off all of your utilities. If you are unsure about how to do these things, ask a neighbor. If they can't help, work your way down the block. There are a few handyman-types in our community who will work for pennies. Please think about what you may need in any emergency situation and have a list of people you can turn to for help.

The Four Seasons Beaumont Emergency Preparedness Committee meets on the third Tuesday of the month at 10 am in the RCN Conference Room. Our next meeting will be April 19. ~ **Michael A. Mendoza, srmendoza@verizon.net**



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CANINE CORRAL COUNCIL

Let me introduce myself. My name is Rocket. I am two years old this month, and I am a chihuahua/husky/Jack Russell terrier mix. My parents, Rick and Lynn Jahnke, treated me to a membership in the Canine Corral in June of 2021, and I love running free, especially if there are some of my canine friends there. The play equipment is so much fun with ramps and steps to climb and tunnels to run through. Please encourage your human companions to get you a membership so you, too, can enjoy the freedom of an off leash area and socialization with all the other dogs in our wonderful community. It is good for our humans also. Perhaps we could even organize a canine Olympics utilizing the wonderful play equipment. All it takes to become a member is for your humans to pick up an application at The Lodge front desk, fill it out, attach the documentation requested regarding sterilization status, vaccines, city license, homeowner's insurance (just to show that the policy does not contain any breed exclusions), and, of course, a selfie of you.

I have heard my parents talking about some kind of special event at the Corral, something they call a dedication ceremony that will be happening the morning of May 21, 2022. Be sure to watch for the May Breeze and Daily Report for further information. It sounds very exciting!

For those of you who are current members, when it comes time to update our vaccine or licensing documentation, your human needs to make a copy, put it in an envelope addressed to the Canine Corral, and drop it off at The Lodge front desk. This will make sure that we can all continue to have a safe and happy place to play. Hope to see more of you real soon at the Corral! ~ Rocket, lynnj92223@gmail.com



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FACILITIES COMMITTEE

At our last meeting, we welcomed new member, Phil Westbrook.

Len Tavernetti spoke about the Veterans Park flag pole. He wanted to make the committee members aware that the flag pole was going to be donated and there would be no money from the Association used for the project. He also informed the committee that the new shuffleboard court was built on a watershed area for Basin 2. He was concerned that too much concrete could have an adverse affect on the watershed.

There was discussion on the new seating for the Theater. More

information was needed and the project was tabled until next month. There was discussion about the old fountain located in the back area of The Lodge. Staff maintenance will look to see if repairs are viable. Old kiosk signage in the trail system will be removed by maintenance staff.

The Facilities Committee meets the second Wednesday of the month at 9 am in the RCN Conference Room. ~ **Gino Domico**, Gdomico@gmail.com

FINANCE COMMITTEE

Spring has sprung! You are likely seeing more activity around our community to refresh, refurbish, and renew some of our facilities, activity areas and landscaping. The HOA is completing work on The Lodge Lobby refresh project, finishing the area that surrounds the new shuffleboard courts, contracting for several repainting projects, and our landscape crew is busy doing spring plantings and tree trimming projects. Our HOA dues are hard at work for all of us.

During the Finance Committee's regular monthly meeting held Feb. 22, the financial statement for January 2022 was reviewed and recommended for Board approval. In addition, the Committee reviewed two expenditure proposals, made 10 investment recommendations to move maturing investments to higher yield

FDIC insured instruments, and reviewed various sub-committee reports.

Highlights of the January financial statement include: Total Cash at \$11,090,261, including operating cash of \$2,013,482 (checking and CDs), and Reserve Assets of \$9,076,779. Our HOA Reserve is 97.19 percent funded. We are at a total year-to-date net income of \$26,565.

Homeowners are welcome to attend our regularly scheduled monthly meetings held on the last Tuesday of each month. Our next meeting will be Tuesday, April 26 at 1 pm. Please check your Daily Report for meeting location. Come and join us in serving our community. ~ **Claudia Rozzi**, cc2682@outlook.com

SOCIAL COMMITTEE

Join us on April 23 for a tribute to Liza Minnelli and Judy Garland, a mother and daughter being reunited to do one more performance together.

They have the unique energy of legends onstage and the love that they have for each other is apparent. In addition to their many signature songs, mother and daughter sing duets, dance together and have lots of funny and, at times, moving dialogue. Between the two of them, they have at least a total of 16 costume changes!

This show transports the audience to a time when the stars were shining on stage. Suzanne Goulet and Denise Rose truly bring Liza and Judy back to life. In 2018, the duo was inducted in the "Las Vegas Entertainers Hall of Fame." They've received great reviews and standing ovations in theaters, cruise ships, country clubs, and casinos all over the U.S., including Las Vegas, Atlantic City, New Orleans, St. Louis, and many more.

You can still buy your tickets at The Lodge front desk. Tickets are \$25 per person. Doors open at 5:15, and the show starts 6 pm. This will be theater-style seating, so stop off at Kopper Kettle to have dinner. There will be coffee, water, and some sweets. Bring your

own favorite drink and extra \$\$ for our raffle prizes. Raffles help support our next event. The Social Committee appreciates all your support. Hope to see all of you there. ~ **Loretta Ramsey**, lorettaramsey@aol.com, (714) 803-6744



LANDSCAPE COMMITTEE

The Four Seasons Landscape Committee is responsible for overseeing the landscape maintenance of all our common areas, including the grounds of The Lodge, The Courts, and The Summit. We also oversee the front yard maintenance of the homes in the first few phases of our community and the landscaping in the Springdale area. We gather on Friday mornings to walk and observe these different areas with a representative from Park West, our landscape contractor.

If any resident files a concern about a landscaping issue we will also visit the area of concern during one of our Friday walks and make recommendations. Committee recommendations for renovations and/or replanting are submitted first to the Finance Committee then the Board for approval. There is an annual Landscape Budget for all of the areas we cover and it is our responsibility to keep costs within

the budget. We follow a set of guidelines in order to achieve our purpose and goals.

As a member of this Committee for the past four years, I have learned so much about the plants and trees that thrive in our climate, as well as becoming familiar with all our common areas, trails, streets, and neighborhoods. I have also learned a lot about our HOA and its day-to-day operations and have made many new friends in the process. This opportunity has been fun and educational for me in my retirement.

If you are looking for a meaningful way to get involved in our beautiful community of Four Seasons, please consider joining us for one of our Friday walks or attending our monthly meeting on the third Tuesday of each month at 1 pm in the RCN Conference Room.
~ **Bonnie Makela**, bmakela@hotmail.com



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SAFETY COMMITTEE



Happy spring! Did you know April comes from the Latin word *aperio*, meaning “to open” (bud), because plants begin to grow during this month?

The following are some issues the Safety Committee has been addressing:

Projects in the works:

- Continued evaluation and completion of safety suggestions for The Lodge, The Summit, and The Courts
- Proposed installation of Stop signs on Green Creek Trail
- Proposed scheduling of CPR/AED training this spring

STRESS RELIEF

How we manage our stress has a crucial role in our physical and psychological well-being. Dr. Michael Turner, MD, offers these simple choices which may yield powerful benefits.

Be Active

Find an activity you enjoy and move regularly. Regular physical activity is associated with lower levels of anxiety and depression. One of the best ways to promote psychological well-being is to get moving.

Exercise reduces your body's stress hormones, including cortisol, and can also trigger the release of endorphins, chemicals that may improve your mood and act as natural painkillers.

Be Quiet

Take breaks away from your computer, phone, and TV screens. Getting away from news and social media may help reduce stress levels.

Another approach to getting stress relief is “mindfulness.” Try box or square breathing:

- Breathe in as you count to four slowly. Feel the air fill your lungs.
- Hold your breath for four seconds.
- Breathe out slowly through your mouth for four seconds.
- Hold for four seconds.
- Repeat these steps until you feel centered.

Get Sleep

Insomnia is a common disorder related to stress. The National Sleep Foundation says that 10 to 30 percent of us have challenges with sleep.

Proper sleep hygiene includes maintaining a regular sleep schedule, keeping the bedroom lights dim, and reducing exposure to outside sound. Good sleep practices also include a comfortable temperature, with 65° F considered ideal. Avoid electronics in the hour before sleeping, as some emit a blue light that can interfere with sleep. Watch your caffeine and alcohol intake. Avoiding large meals before bed can also be helpful.

Connect

Having strong social ties with family or friends may help you navigate through stressful times and lower any anxiety you are experiencing.

As a reminder, Safety Committee meetings are held on the first Tuesday of the month at 10 am in the RCN Conference Room. We encourage you to join the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. Also, please drop by if you are interested in joining the Safety Committee. All the best. ~ **Frank Hilberg**, hilbergfrank@gmail.com

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Phone Computer or Desktop Computer: Which Works Better For You?

By Steve Benoff

When is a smartphone app better than the original? When I say original, I mean that same function on your desktop or laptop computer.

For example, I subscribe to the digital version of the *New York Times*. Every weekday I get a morning email and an evening email; I even get an email called California Today. I also have the *New York Times* app on my phone. All of these avenues give me a curated version of paper. But the most complete source of NYT information is contained on the website. So as good as the app is, the website I access on my computer is better. Interestingly, there is no location where I can see a replica of the actual daily newspaper.

I also subscribe to the *Los Angeles Times*. (For the record, I'm a *Press Enterprise* subscriber also, but I never access it digitally.) The *LA Times* website is much like the NYT's – very complete. But subscribers get a unique opportunity to see a replica of the actual paper each day via a daily email link. Technically this isn't viewed on The *LA Times* app itself. But it comes to me thanks to two other apps on my phone – Mail and Safari. Since I get and read the paper each day, I only use this email link when I'm away from home. But when I am away, I can see every page of the actual paper. What I first see on my phone is the entire first page of the paper. If I click on a story, I'm taken to that story in whole. I can click back to the paper and page through it. Or I can go to a section and page through it. This is a case where the app is better than the website on my computer.

Another example concerns my sprinklers. Like most of you, my sprinklers are automated, controlled by a unit in my garage. Because my controller is connected to my home network, via Wi-Fi in my case, I can program each of my six zones to run on any day of the week for any period I choose. In fact, there are no controls on the main unit; everything is done over the network. Best of all, I have an app on my phone that duplicates all the functions of the sprinkler system, some of which are better done on the phone app rather than my computer. For example, when I need to check whether a sprinkler is working properly, I can turn on the appropriate zone while I'm in the yard with my phone. If I'm in New York and it starts to rain in Beaumont,

I can use the app to suspend the program for as long as I want.

Even though I love to read my daily printed newspapers, I don't read physical books any more. I'm fully into e-books which I buy 10 at a time and store on my Kindle. I also have the Kindle app on my phone which syncs with the Kindle. Whichever I read last will result in a prompt on the other to advance the page to coincide with one I was reading. The fact is, when I'm home, I almost always read on the Kindle itself. But the app has certain advantages. Since I always carry my phone, when I'm away from home I always have a book with me to read. Furthermore, the prompt to advance to the last page read is easier to use on the app. Curiously, photos and maps are shown in color and with a better resolution on the phone app than the Kindle.

Most of us have cable or fios or even satellite television. And most of us also have a DVR to view and record shows. Of course, when we want to watch television, there is no getting around interacting with your DVR. I have cable but use a TiVo DVR. But for our purposes, it functions like any other DVR. TiVo also has an app as most DVRs also have. Let's say you learn of a TV show you'd like to record. You can go to your TV, turn it on, call up the guide, find the show, and set a recording. If you use the app, you can do all that just by grabbing your phone. Just about every part of the process is easier and faster on your phone. And if I learn of a show when I'm away from home, I can set a recording schedule on the app. The app also has the ability to download a show you've recorded to your phone for viewing on your phone. Now I haven't used this feature so I don't know its limitations – whether, for example, you can watch that show on an airplane. I guess I'll have to test that myself.

I'm sorry to say that one example where the computer is better than the phone app is our own DwellingLive front gate entry app. Try adding a vendor to the list of temporary entrants on the app. Using Manage Vendors won't do it. You can do it using Manage Guests and Invite a Guest but you can't designate them as a vendor. Going to the website on my computer is much better – it's easier and faster. Too bad.

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net.

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To my Plymouth Rock "family" and especially to you Frank for making sure "OC" made it to his beloved poker games where for a moment he felt healthy and happy. From walking, to walkers, to wheelchairs, you always welcomed him into your homes. Such a gift you are. Even now, on my journey of loss and grief, I know I'm not alone. I'll always be grateful for each of you.

*Thank you is not enough,
Jennifer O'Campo*

*Thank you to the Kopper Kettle for the
delicious Mardi Gras gumbo! Linda Adams*

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to fourseasonsnews@yahoo.com or go to The Lodge Lobby and fill out a gratitude note and put in the box marked "The Box of Gratitude." Thank you.

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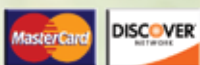


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Oh, the Places We Go!

Ever take that “perfect” travel picture or capture your significant other having a great time exploring parts of the world outside our community gates? Well, now you have a place to share it with others.

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to fourseasonsnews@yahoo.com. While not required, we would love to see a copy of the *Breeze* in your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



Kruger National Park in South Africa. Second row occupants are Craig Weber and Suzan Reynolds, six-year residents of Four Seasons. Before the pandemic hit, we were able to spend two weeks in Cape Town, Lion Country Safari and at Victoria Falls in Zimbabwe



A group of Four Seasons ladies spent a day at the Academy of Motion Pictures Museum and took this picture on the fifth floor overlooking Los Angeles with Hollywood in the background.

*Hooray for Hollywood! We're ready for our close-up, Mr. DeMille.
L-R: Joyce Burmester, Connie Peck, Lynette Smilac, and Nyla Cheely*

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Far right: Renae Stueve's
Sunset on the Gulf Coast

Near right: Jacque Sneddon's
Flamingo, San Diego Safari Park

PHOTOGRAPHY CLUB

The Photography Club continues evaluating conditions for possible in-person meetings in light of the changing situation. We will let everyone know the schedule via email and the Four Seasons Daily Report. Join us at the Work Study Group meeting if you have input on in-person meetings.

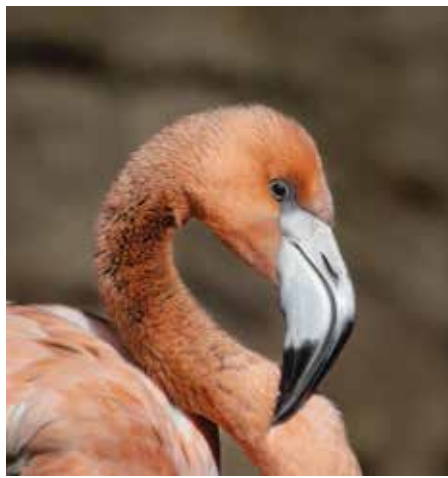
The club continues our twice-a-month Work Study Group via Zoom. The group meets via Zoom on the second and fourth Thursdays at 4 pm. Sessions cover planning future club activities and photo editing in Adobe Photoshop and related programs.

Also, the club is addressing rescheduled events and planning our photo outings for the coming year at the Zoom meetings. In addition,

if you have a photography question, you are always welcome to join us. Contact Jacque for meeting times and dates for the Work-Study Group.

I want to thank everyone who sent in photos for this month. What a great selection of photos. In the coming months, we will see many more of these photos. This month's images display two different perspectives. One is a wide-angle shot, the other is a close-up.

If you have not received our emails, contact Jacque at jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ **John Baeyertz, ohnbz1453@gmail.com**



WRITERS' CLUB

LAST WILL

Don't remove us from the familiar.
We don't have time for new memories.
We will get by, we have funds set aside.
So let us stay in our own home, please.
We won't be a burden to you,
Even our burials are prepaid.
So please honor our desire to remain
With the memories that we have made.

This house fits us like an old shoe.
We don't want to break in something new.
How can we squeeze into a room or two?
Could we bring the plum tree with the hummingbird nest?
Would we see fireworks in the valley below?
Or Orion and the Pleiades in the west?

We would consider a place:
Where the night sky has more stars
Than there are freckles on Aunt Mary's face.
Where the mountains stretch on their tiptoes
To peer over the others' heads.
Where a gurgling stream would
Lullaby us to sleep in our beds.
And where the wild creatures play
Out the drama of their lives.
Otherwise, we are here to stay!

AT AUSCHWITZ

Little Brother, do not cry.
There is Mama. Wave goodbye.
Stay here with me.
Be still, do not move.
Or they will shoot.
Like they killed Papa. (6,000,000)

Little Brother, grab my hand.
I'll help you off this train.
We are going to the showers.
That's an upside down bath
Washing you from above.
Won't it be nice to get
Some water on your tongue?

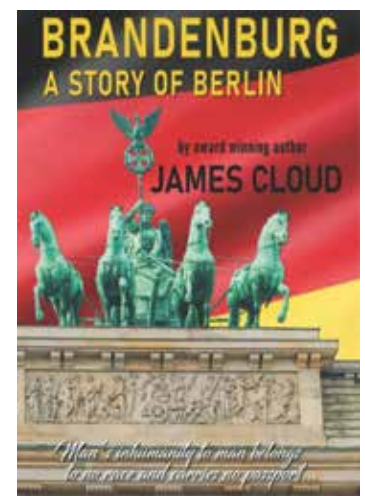
Little Brother, where are you?
I cannot see or breathe.
I hear your cries.
Oh, Little Brother,
Little Brother, don't die!
Little Brother!
Good-bye. (6,000,000+2)

Poems' Author, Jane Czajkowski

On April 7 at 4 pm in the RCN, we'll have "Evenings with the Author" featuring Jim Cloud, award-winning author and Four Seasons resident. He will read from his latest book, *Brandenburg: A Story of Berlin*.

The Writers' Club meets at 1 pm each second Tuesday in the RCN Conference Room. For more info, contact Mary Lynn Archibald at mlarchibald@mac.com. ~

Ricardo Suarez-Gartner





John Hansen photographed this cute little Killdeer in the wash behind The Courts



Great Egret at the San Jacinto Wildlife Area. Photo by Gerrie Karczynski

BIRDING CLUB

We had a nice group and lovely weather for our Winter Field Trip to the San Jacinto Wildlife Area on Feb. 19. We tallied 37 species in a morning of birding with lots of ducks and other waterbirds as well as a good variety of hawks and songbirds. Highlights included a female Vermilion Flycatcher, Tree Swallows building nests in tree cavities, and great looks at Black-Necked Stilts and a variety of ducks.

Our resident bird species are becoming active as spring begins,

BIRD OF THE MONTH

The Mourning Dove is by far the most common and widespread native dove in North America (the well-known Rock Pigeon is also widespread but is not native). Mourning Doves are gray-tan overall, with black spots on the wings, blue eye rings, and long pointed tails. The sexes are nearly identical. When people go “dove hunting” they are hunting Mourning Doves.

Seeds make up 99 percent of a Mourning Dove’s diet and they readily come to backyard seed feeders. Members of a pair preen each other and after courting build a flimsy nest of pine needles, twigs, and grass stems. The male carries twigs to the female, who weaves them into an eight-inch nest. The song is a soft coo-oo followed by two or three louder coos (“mourning”), given mainly by unmated males. Mourning Doves’ wings make a very distinctive whistling when taking off and landing.

Mourning Doves do a “leap-frog” migration – each fall, the population that breeds in southern Canada and the north-central

including Killdeer and Mourning Doves, our Bird of the Month. Resident species began nesting in late February. On Feb. 16, Sandra Butler-Roberts reported “bushtits are re-using their nest from last year. A lot of nesting activity happening already.” Later in February, Mike and Hildyne Tanouye observed a female Anna’s Hummingbird on its nest in their yard. ~ **Steve Edelman**, steve.h.edelman@gmail.com

U.S. migrates to southern Mexico and Central America, thereby “leap frogging” over the resident (year-round) populations that are so common across the remainder of the U.S. and most of Mexico. Mourning Doves use many habitats and are by far the most common dove species throughout Four Seasons; they come to our seed feeders and are seen during nearly every bird walk. ~ **Steve Edelman**



Mourning Dove. Photo by club member John Hansen at The Courts

COMMUNITY GARDEN CLUB

The Community Garden Club held two special events that had a great turnout.

On Jan. 15, we hosted Rebecca Levers, a UCCE Riverside Master Gardener who presented “Landscaping with California Natives.” Rebecca brought several native plants to give away in our event raffle. On March 12, Barbara Levin, also a UCCE Riverside Master Gardener, presented “Growing Vegetables and Herbs” in our Beaumont climate. Again, we gave away seeds and starter plants in our event raffle which is a crowd favorite. Save the date for our next event taking place on May 14 at 10 am in the RCN. ~ **Pat Wayne**, pwayne1@outlook.com





AFRICAN AMERICAN CULTURAL CLUB

Fantastic news! The African American Cultural Club is hosting a fabulous gala for all residents of Four Seasons. Ladies, come dressed in your finest gowns. Men, come in your most dapper tuxedos. The Ballroom will be decorated to fit that of a king and queen. And the food: filet mignon, Beef Wellington, and chicken smothered in white wine sauce – delicious! The music will be soft and mellow, spicy and hot, blues and jazz. “Oh,” you say, “Count me in! What’s the date?” April 1, 2022. APRIL FOOL! (sort of), but more on that later.

Speaking of April Fool’s Day... this is not the only thing the month of April is known for. The symbolic meaning of the month of April is to dictate your actions and focus on stuff that will truly make you happy. In other words, your life will become a reality if you are willing to pursue your dreams and work to achieve them.

How does that tie into the fabulous gala mentioned above? This event was created by the AACC and will become a reality in the form of the AACC Christmas Gala on Dec. 16, 2022. The AACC is ready and willing to put the work into making our dream Christmas Gala a

reality. If you are interested in helping us make this event as fabulous as described, or any of our other future events just as spectacular, we are looking for you!

Please save the following dates:

Juneteenth: June 17

AACC 10th Anniversary Celebration (a White Party): Aug. 13

Jazz Under the Stars: Oct. 2

AACC Christmas Gala: Dec. 16

Each of these events will be amazing. The AACC dreamed it and WE will put the work and effort into it.

If you are looking to meet warm and friendly people, be active and involved in our community, and a part of a club “on the move,” please join us for our next meeting on Monday, April 4, at 6 pm in the Game Room. In return, you will get the gift of personal growth, wonderful friends, and a more fun and enjoyable life. Come and check us out.

For additional information, call Wanda Valentine at (951) 544-1606. ~ **Roxie Elliott**

FOUR SEASONS VETERANS PARK

On March 29, Navy veteran Steve Tarr raised the United States flag 20 feet over the Four Seasons Veterans Park. Details of the ceremony will be in the June issue of the *Breeze*.

During April, the flags will recap Easter at the front and the homeland. No matter the conditions, services were held and prayers were recited. By 1945, war in the European theater was over but many “newbies” were fearful of being sent to the Pacific theater where high casualty counts were anticipated.

Later in the month, the flags tell of the simple pleasures growing up in rural southern California. Kites and balloons soared into warming skies and young boys dreamed of flying into clouds. ~ **Len Tavernetti**, ltavernetti@hotmail.com





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CLASSIC FILM GROUP



For all who love a good suspense film, come out to The Lodge Theater on April 26 at 6 pm for the showing of Alfred Hitchcock's 1951 classic movie *Strangers on a Train*.

In Alfred Hitchcock's adaptation of Patricia Highsmith's thriller, tennis star Guy Haines (Farley Granger) is enraged by his trumpy wife's refusal to finalize their divorce so he can wed senator's daughter Anne (Ruth Roman). He strikes up a conversation with a stranger, Bruno Anthony (Robert Walker), and unwittingly sets in motion a deadly chain of events. Psychopathic Bruno kills Guy's wife, then urges Guy to reciprocate by killing Bruno's father.

Bruno Anthony thinks he has the perfect plot to rid himself of his hated father, and when he meets tennis player Guy Haines on a train he thinks he's found the partner he needs to pull it off. His plan is relatively simple: Two strangers

each agree to kill someone the other person wants gone. For example, Guy could kill his father and he could get rid of Guy's wife Miriam, freeing him to marry Anne Morton, the beautiful daughter of a U.S. Senator. Guy dismisses it all out of hand, but Bruno goes ahead with his half of the "bargain" and disposes of Miriam. When Guy balks, Bruno makes it clear that he will plant evidence to implicate Guy in her murder if he doesn't get rid of his father. Guy had also made some unfortunate statements about Miriam after she had refused to divorce him. It all leads the police to believe Guy is responsible for the murder, forcing him to deal with Bruno's mad ravings. Meanwhile, Guy is murder suspect number one.

Note: The film's climax, which takes place on a carousel, is one of the most complex scenes ever shot by the director. ~ **Paul Plamondon**, 4seasonsmoviegroup@gmail.com

COUNTER CULTURE CINEMA CLUB

The club has screenings on the second and fourth Sundays of the month. We screen films you won't find at the big Cineplexes: documentaries, indie films, foreign films, and other little gems that don't get wide release.

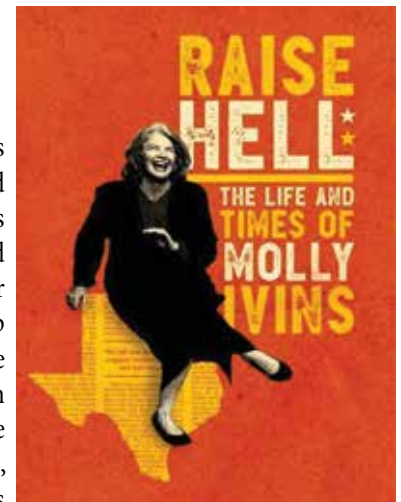


Our first monthly screening, on Sunday, April 10 at 6 pm, is the film *Joan Didion: The Center Will Not Hold* (USA 2017, 1 hr. 34 min., English). Here is a brief description from IMDb.com: "Literary icon Joan Didion reflects on her remarkable career and personal struggles in this intimate documentary directed by her nephew, Griffin Dunne."

Our second monthly screening, on Sunday, April 24 at 6 pm, is the film *Raise Hell: The Life and Times of Molly Ivins* (USA 2019, 1 hr. 33 min., English). Here is a brief description from IMDb.com: "*Raise Hell: The Life*

and Times of Molly Ivins tells the story of media firebrand Molly Ivins, six feet of Texas trouble who took on good ol' boy corruption wherever she found it. Her razor sharp wit left both sides of the aisle laughing, and craving ink in her columns. She knew the Bill of Rights was in peril, and said, 'Polarizing people is a good way to win an election and a good way to wreck a country.' Molly's words have proved prescient. Now it's up to us to raise hell."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**



CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love, knowledge, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

HAND BELL CHOIR

Four Seasons Hand Bell Choir is alive and well. We are working on our next concert/hymn sing to be on April 9 at 6 pm. We need substitutes who can read and count music and would be willing to fill in for anyone who needs to be gone because of travel or illness. If willing, please contact Kathie Sundstrom at (303) 903-6850. ~ *Kathie Sundstrom*



PERFORMING ARTS CLUB

Get ready to mark your calendars for two wonderful upcoming spring shows!

On May 6 and 7, we present *Toast to the Tonys*, a compilation of some of the most memorable award-winning songs and musical numbers. This show will be produced by Pat Wayne, musical direction by Susan Youel, and choreography by Anita Finkelstein. PAC also is looking for Tech support, costumes, staging, etc. Contact Cindy Graves or me for more information.

June 25, one night only, PAC will present a Live Radio Theater, Hope

for Tomorrow I and II. This will be a re-creation of our acclaimed Zoom Shut-in Theater from 2021 but with more slapstick for your enjoyment.


A PAC meeting will be tentatively scheduled for April 20. Get on our mailing list for more details.

Any questions, contact Marianne Bugni, PAC Coordinator, at (920) 517-2739 or email lamarib77@gmail.com. Keep music and joy in your heart! ~ *Marianne Bugni*

FOUR SEASONS SINGERS

If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ *Barbara Wasco*

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CARS & COFFEE

Our March Cars & Coffee gathering was greeted with some very cold and cloudy weather. Unfortunately this kept most of our regulars home with their cars covered in their garage. I am sure that once the warm weather starts making an appearance we will have an abundance of owners and their beautiful cars show up. However, we did have some die hard car enthusiasts show up with their beautiful cars.

We are in the beginning stages of planning our Four Seasons 2022 Veterans Day Car and Motorcycle Show. Our kick-off meeting was in March, with members of the Cars and Coffee, Motorcycle, and 4 x 4 clubs sharing ideas with Cindy Graves. We do welcome any ideas or suggestions from our Four Seasons residents.

Please join us the first Saturday of the month at 9 am in The Lodge parking lot. Our next meeting will be April 2 and we hope to see you there. For additional information, please contact Rick Morales at (951) 797-3782 or onemth53@yahoo.com or Frank Morales at (951) 203-4578 or fmoralesjrinc@aol.com. Until next month, everyone please stay safe and healthy. ~ **Frank Morales**

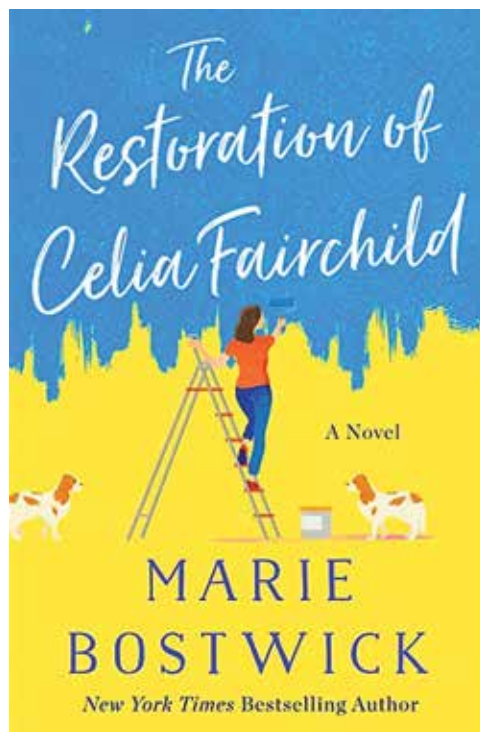


BOOK CLUB

Our Book Club selection for April 12 is *The Restoration of Celia Fairchild* by Marie Bostwick. Here is a brief description from Amazon.com: "Celia Fairchild, known as advice columnist 'Dear Calpurnia', has insight into everybody's problems – except her own. Still bruised by the end of a marriage she thought was her last chance to create a family, Celia receives an unexpected answer to a 'Dear Birthmother' letter. Celia throws herself into proving she's a perfect adoptive mother material – with a stable home and income – only to lose her job. Her one option: sell the Charleston house left to her by her recently departed, estranged Aunt Calpurnia. Arriving in Charleston, Celia learns that Calpurnia had become a hoarder, the house is a wreck, and selling it will require a drastic, rapid makeover. The task of renovation seems overwhelming and risky. But with the help of new neighbors, old friends, and an unlikely sisterhood of strong, creative women who need her as much as she needs them, Celia knits together the truth about her estranged family — and about herself."

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN Room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**



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KARAOKE



It was another fun month and a great crowd at Karaoke last month. The momentum seems to be building and people are picking really good songs to sing. We even had the flashlight/candles out for some of the songs that were sung (see picture above). John and I want to thank everyone for being respectful to the singers while they perform. We have noticed that many singers are working on songs that others can dance to which gives everyone a chance to participate on some level.

As a reminder, Karaoke starts at 5:30 pm the third Saturday of each month and we have Karaoke practice at 6 pm the first Tuesday of each month. The practices are a lot of fun and offer a much smaller crowd so you can come out and try a new song or brush up on your favorite tune. If you are thinking about trying Karaoke, grab a friend and just come out and DUET! ~ **David Rohrbacker**

STEP IT UP LINE DANCING



What a busy month we had. Not only did we review old dances, we learned some really fun new dances like AA and Next Girl, as well as others. Step it up Line Dancing also sponsored the awesome Super Bowl party and many came out to watch the Rams beat the Bengals in a real thriller. It was a lot of fun. We also had dress-up for Valentine's Day in which everyone came out with open hearts to spread the love as we all sat around in a circle and shared some personal stories about our lives and enjoyed cupcakes afterwards.

As a philosophy, I stress fun first and dance second. I find it much easier to learn when your mind is free and you are enjoying yourself.

There are so many new songs and dances and I am always trying to keep the class fresh and new, so come out and see what's new in Line Dancing and have some fun. Basic beginner is Mondays at 12:30 pm and beginner/intermediate starts at 1:30 pm, both in the Ballroom. I also have a Wednesday night beginner class at 6:30 pm, so come join the fun.

If you have any questions, please call me at (949) 326-3133 and let's Step it up together. ~ **Janine Rohrbacker**



Everyone dressed up in pink and red for Valentine's Day



What a great crowd and what a great game for Super Bowl



The Let's Dance group enjoys a Valentine's gathering

LET'S DANCE!

The dance for April is waltz and Viennese Waltz. The waltz is a lovely traditional and easy ballroom dance. It is a graceful dance characterized by its rise and fall, and distinctive lilting three beats.

The waltz has flowing, slow movements that couples enjoy, almost floating around the ballroom floor. In contrast, the Viennese Waltz is faster paced and has a few distinctive techniques that make it easy to dance this delightful, twirling dance. Both versions are danced to music that is often intoxicating – it lingers in your spirit and one

can get lost in its melodies. Please plan to join us for this lovely, traditional and easy ballroom dance. We guarantee you will enjoy yourselves!

We meet in the Ballroom Mondays with open practice from 6 to 6:30 pm followed by Beginners class 6:30 to 7:30 pm and Advanced 7:30 to 8:30 pm. Cost is \$10 per person and you are welcome to stay for both classes. For more info, contact Gary and Puring Stifter at (951) 922-8333 or purings@verizon.net. ~ **Sue Condurachi**

HEART & SOUL LINE DANCE

Spring has arrived. Our days are now longer. Many of the COVID restrictions are being modified and/or removed. People are coming out of hibernation. We start thinking about getting in shape for those shorts and bathing suits.

Want a fun way to exercise? Join our line dance group. Dancing is a great way to burn calories while giving your heart, body, and soul a workout. You won't even feel like you're exercising. Our mission statement is "to infect the Inland Empire and beyond through dance."

Line dancing can be good for you, physically, mentally, and spiritually. It can help keep joints supple and build up strength in

your leg muscles. It's good for the heart and lungs, memorizing the step patterns exercises your brain, and it is just GOOD FUN!

Heart and Soul Line Dance meets on Wednesdays at 4 pm in The Lodge Ballroom. There is never any pressure and plenty of opportunity to learn the dance. All steps are broken down and repeated so you can catch on. All we want to do is have fun. We have an awesome group of dancers, some may even be your neighbors. Join us.

If you have any questions call me, Priscilla Robles, at (909) 239-6464. See you on the dance floor! ~ **Priscilla Robles**

COUNTRY LINE DANCING

The very beginner class that started Feb. 1 is really doing well and they have learned about 12 dances. Even they are amazed how far they have progressed, from knowing basically nothing about line dancing to really being able to dance to country songs. And although I teach the steps, I want to thank my more experienced dancers for all the assistance they give individuals who need extra help.

I also want to thank Elizabeth and Phillip Westbrook who teach the advanced class each week. And Doug and Cathie Streuber, Debbie Aiello, and Cindy Schwinn who bring new dances to the classes and help with teaching.

We keep adding more dances to our groups to challenge our minds and our feet. Some steps are harder to conquer and take many repeated attempts before you manage to be able to do them. It is so good for the brain!

We have some upcoming events to place on your calendars. The first will be our Country Line Dance and More Dance Party in the Ballroom on April 30 from 5:30 to 8:30 pm. This is a free event, and all are welcome. Buy your dinners from the Bistro, grab a table, and just dance. The Westbrooks will be our DJs for a fun evening.

The second event is an outing to the Brandin' Iron Restaurant (BI) in San Bernardino on May 12. We are there from 5 to 8 pm. They will be playing some of the dances we have learned in class. Usually they teach us a new line dance. This is our third trip to the BI and we always have a fabulous time.

Stop by any Tuesday in the Ballroom from 1:30 to 4:30 pm to check out what you may be missing. ~ **Martha Franck, marthafanck@icloud.com, (714) 345-8588**

SEASONED SOLOS

Hello to all and happy spring! Clocks have been set back for more daylight in the evening so let's plan some adventures. We had another fun-filled month of going to concerts, plays, an excursion and, always, food!

We started with an evening of Elvis at the Candlelight Pavilion in Claremont. The show and dinner were fabulous but we were sad to hear the theater was closing in March.

Breakfast with friends is always a good way to start the day so we met again at the Café Royale in Calimesa and we enjoyed good food and quiet time to chat.

Our birthday lunch celebration was at Shiki Sushi Sports Bar in Redlands. We booked our party at the Teppan grill and our chef, Eric C., was so much fun. He was very entertaining while he prepared our lunch on the large grill in front of us while keeping us engaged with his awesome "knife and grill skills" and fun conversation. The birthday girls were served a special ice cream treat and the staff was very attentive and gracious.

The next adventure was a tour of SoFi Stadium which was awesome. The ladies had a fun day touring this state-of-the-art facility and were throwing footballs on the field. Lunch was at a restaurant featured in the *LA Times*, The Wood Urban Kitchen in Inglewood. The BBQ was awesome and had the best peach cobbler ever.

We also saw a couple of plays – *Beauty and the Beast* at the Lifehouse Theater and *Six Dancing Lessons in Six Weeks* at the Footlighters. We followed with dinner after both events.

Our last event for the month was a concert presented by the Hemet Concert Association at Tahquitz High School Performing Arts Center in Hemet. The Sakura Cello Quintet was amazing. This brilliant group of five young musicians and composers played arrangements from the Renaissance to *West Side Story*. As the compositions were originally written for harpsicords and orchestras, it was incredible to hear the wonderful and beautiful sounds from only five cellos.

Please join our next meeting on April 1, at 6 pm in The Lodge Arts & Crafts Room. We would love to hear your ideas for new adventures so be sure to bring your calendars as we plan the month's events at the meeting. If you would like to learn more about the Seasoned Solos, please call Joyce Olson at (951) 850-3055 or Nyla Cheely at (951) 285-7112. ~ **Nyla Cheely**



Seasoned Solos explored the new SoFi Stadium



Members enjoying an evening at the Candlelight Pavilion



Celebrating birthday girls Barbara Tammany and Lynette Simonson at the Shiki Sushi Teppan grill in Redlands

ITALIAN AMERICAN CLUB

Ciao Amici Miei (Hello My Friends)

Our next meeting of the Italian American Club will be on Thursday, April 14 at 5:30 pm at The Courts. Please put the date and time on your calendar and have fun with us.

At our March club meeting, our members played bingo which was facilitated by Dave and Janine Rohrbacker. We had a great time during the evening with many of our members being "oh so close" to yelling out "Bingo!" If you missed this fun-filled evening, you

definitely were missed by your Italian American Club members. Please plan on attending our next meeting on April 14.

You do not have to be Italian to join our group and come to our meetings. Our membership is open to all residents. We would love to have you visit with us.

To all our Italian American Club members and all the residents of Four Seasons, please stay safe and healthy. ~ **Barbara Dipoma (805) 377-2616 and Jerry Monahan (951) 212-8898**

*Members in the cave at
Oak Mountain Winery*



TASTE D'VINE

Your Taste d'Vine Wine Club is pleased to bring in another popular Temecula winery to share their wines with you. Oak Mountain Winery is a fun, family-owned winery on the De Portola Wine Trail, in Temecula's wine country. Home to Southern California's only mined wine caves, Oak Mountain offers tours and tastings with their friendly and knowledgeable staff. They are known for their famous raspberry and strawberry champagnes and offer over 30 award winning wines.

Join us April 21 (we meet the third Thursday of each month) in the Ballroom. Doors open at 5:15 pm with the meeting starting at 6 pm. Please bring a favorite wine to share with your table, along with an appetizer such as crackers, cheese, or fruit. Also, please bring two glasses for tasting.

The cost is \$5 for members and \$10 for resident guests. Look for your Bacchus Letter via email for further information. For info, please contact Gracy Luna (951) 292-3624. ~ **Gracy Luna**

TRIVIA

Trivia at Four Seasons is interesting, challenging, and a load of fun. Join your neighbors every first Sunday of the month as a member of a team of four. Each team competes to answer sets of questions in several categories. Prizes are awarded to the winning teams.

Come test your knowledge, test your memory, and enjoy the evening. ~ **Joe Barletta, jmbarletta@hotmail.com**

RAINBOW GROUP

The Four Seasons Rainbow Group continues in our mission to support the local residents who identify as LGBTQ+ and anyone else interested in our community. We usually meet on the fourth Thursday of the month in the Ballroom. We typically introduce new members, share stories or news that might be of interest to the membership, occasionally hold potlucks, have LGBT-themed movie nights, and welcome ideas from anyone.

Our next event will be a general meeting on Thursday, April 27 at 6 pm in the Ballroom. Several members often have dinner beforehand in the Bistro, so feel free to join us if you wish. If you haven't signed up for our email list or feel that you did but are not receiving mail, please contact Dale at dale.beckes@gmail.com. Lastly, if you haven't joined our Four Seasons Beaumont Rainbow Facebook group, please do so. Both avenues will keep you updated on any late breaking developments or events. ~ **Dale Beckes**



QUILTING ENTHUSIASTS

We had our March meeting with about six attendees. Our next meeting is Thursday, April 7 at 1 pm. We are continuing to make quilts and are having a quilt challenge in preparation for the Sept. 10 Quilt Show! Watch for sneak peeks of quilts to come.

Our next sit and sew is April 21, just after Easter. Please plan on coming and sewing. We have several new members and would like to invite them all to our meetings and our sit 'n sews!

Peace through quilting... ~ Mary M. Moody-Cox,
808-430-7469, 4seasonsquilters@gmail.com

*Sally Peterson
shows off her
latest creation*







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CRAFT GROUP

Check out one of our craft projects for April. Come and visit or join our group. We meet on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or call (951) 486-1091.

~ **Christi Mason**



KNIT & CROCHET GROUP

We meet Tuesday mornings from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle**, marlened3333@gmail.com

CRAFTY CARDMAKERS

The Crafty Cardmakers meet on the second and fourth Fridays of the month at 1 pm in the Arts & Crafts Room. We make three all occasion cards. You only need to bring your own glue and scissors. The cost is \$10 to cover materials. Your cards include envelopes and will be ready to mail.

We have a wonderful group of participants and would love to have

you at our next class. If you would like to be part of the group, call or email me with your name, phone number, and email address and I will include you in our monthly email reminders.

If you plan to come to class, RSVP by the Tuesday before the class so we will have enough kits for everyone. ~ **Maryalice Chorb**, chorbaparadise@yahoo.com

CERAMICS CLASS

Happy Easter from Ceramics Class.

Ceramics Class has something for the novice crafter looking for a new hobby, or someone who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, we offer class projects throughout the year to teach new techniques.

Come and join in the fun; drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects.

We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced class team lead is available to support your crafting needs; participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

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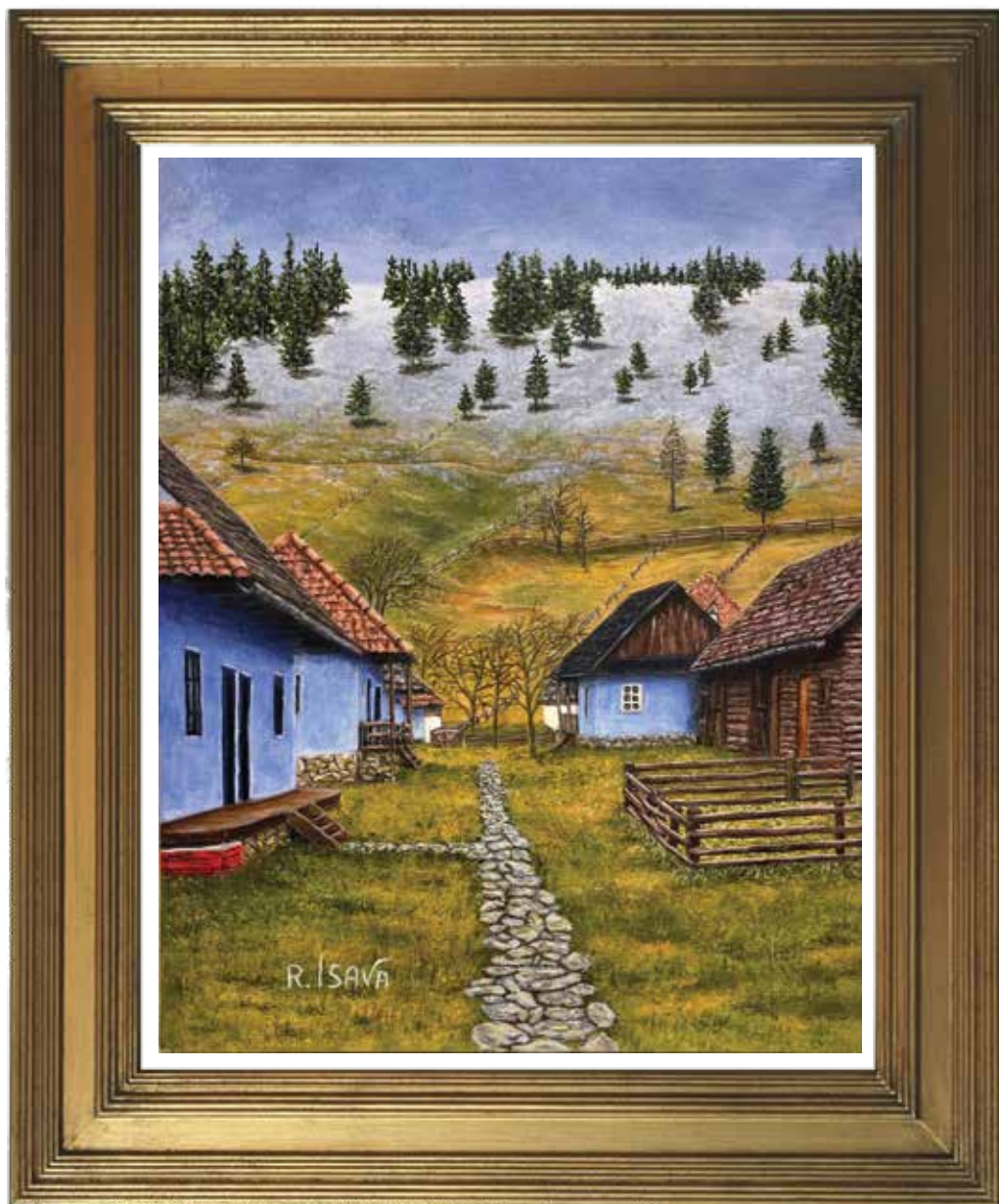
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MIXED MEDIA ARTS

Perspective from Artist of the Month, Robert Isava: *Farm houses, Romania, 11" x 14" acrylic on canvas. There are so many beautiful, hidden places around the world that I wish I could visit. Every town and countryside has something to catch our attention. These unique places have inspired many great painters and artists. I chose this painting because it takes me to a place of serenity and wellness. This scene invites me to visit and see how the cold winter is left behind, bringing new hope and harmony all around. Painting allows me to challenge myself in many ways. I learn something new with every painting. Most of all, I enjoy my classmates. They are the BEST! We help each other and admire each other's progress. Our teacher, Rob Kelman, has been a great guiding light. He allows us to be curious and explore the world of the arts. We all have hidden gems of talent within us... we just need to find them.*

Classes are Mondays 10 am to 12 noon and/or Wednesdays 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



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TRAVEL GROUP

Several members of the Travel Group visited the recently-opened Academy Museum of Motion Pictures. The Academy Museum celebrates the art and science of movies — past, present, and future. Its exhibitions and programs convey the magic of cinema and offer a glimpse behind the screen, illuminating the creative and collaborative process of film making. Anyone who likes and appreciates film will find this museum fascinating. The Travel Group members thoroughly enjoyed the visit as evidenced by the pictures.

Upcoming day trips include:

APRIL: Pageant of Our Lord Easter on April 3; Carlsbad Flower Fields on April 6; Covered Wagon Ride and Barbecue on April 12; Harbor Cruise on April 21.

MAY: The Ramona Pageant on May 1; Disney Concert Hall -

Gustavo Dudamel conducts Beethoven's 9th symphony on May 29

JULY: Pageant of the Masters in Laguna on July 19

More outings are in the planning stage including a pub crawl, wine and dine, museum tours, concerts, theater, etc.

Emails will be sent to anyone on the member list with updated information on upcoming trips. Also, watch for information on trips in the Daily Report and Activities Blast.

You may also call or text Irene Welker at (951) 275-7081 or send an email to irenewelker55@gmail.com. Also, if any Four Seasons resident wants to be added to the membership list, please send an email to Irene, in the subject line, write "New Member Request" and in the body of the email, please provide your name and telephone number. ~ **Irene Welker**



Hal Welker accepting his Oscar for most dedicated film buff



Joni Truelsen with her pal R2-D2



Travel Group members visiting the Academy Museum of Motion Pictures. L-R: Nyla Cheely, Connie Peck, Joni Truelsen, Joyce Burmester, Lynette Smilac, Hal Welker, and Irene Welker

PLATONIC PALS

Don't miss out on events because you don't want to go alone. If you want a friend or a pal to go to the movies, shopping, or out to lunch or dinner, then join us. We meet the first Wednesday of each month in the RCN Main Room at 10 am. For more info, call Joni at (661) 390-5512 or email joanntruelsen@yahoo.com. ~ **Joann Truelsen**


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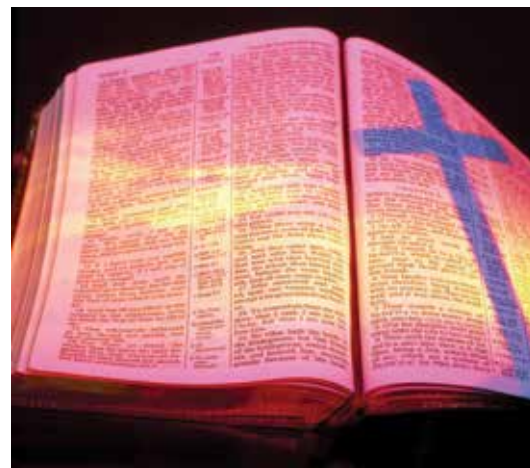
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“BELIEVE...” WOMEN’S BIBLE STUDY

Our April study of the Gospel of John will feature in-depth, verse-by-verse study of Chapters 8 through 11. We have learned so much in our study so far, and have had some excellent discussions. On Good Friday, April 15, however, we will not have a lesson. I have asked ladies to volunteer to share their experiences and journeys in coming to Christ, since this is the Friday before Easter. It will be a joyful time to share our stories with one another as we anticipate celebration of Resurrection Sunday. After we finish the study of the Gospel of John, we will continue with 1, 2 and 3 John as well.

If any of you Four Seasons ladies out there are interested in sharing a study of this beautiful Gospel contained in God’s Word, we meet every Friday from 10:30 to 11:45 am in The Lodge Game Room. Come join us! We’ll be looking for you! ~ *Eileen Gilbert-Antoine*, (951) 922-6829 or egcellent@msn.com



BEREAVEMENT GROUP

April and spring can be looked upon as times of renewal and hope. What does that mean? Renewal is about trying new things and maybe starting a new ritual or routine. It is about getting rid of the clutter in our homes and in our heads. This is what people did before losing someone significant in their lives. But what about now? Depending on where you are in the grieving process you may be able to start renewing and decluttering. If you have a more recent loss, you may not be ready to try something new. You may not feel very hopeful about what you will do next or what the future will hold.

It very important at all times, especially while grieving, to be

kind to yourself. It is also a time to be kind to others. Being kind to yourself means doing the things you want in the way you want. Be with people who make you feel better not worse. Sometimes giving and getting a smile in return can turn around your day. Wherever you are in the grieving process, the Bereavement Group is here to share experiences and talk about how they are feeling and getting through the day to day. You are always welcome. We meet on Mondays from 1 to 3 pm in RCN Room #3. For more information, please contact Becky KG at (951) 524-0215 or email her at beckykg_1@yahoo.com. ~ *Becky Kotzin-Gustafson*

INTERCESSORY PRAYER GROUP

Greetings, friends and neighbors. Spring is here, and we are looking forward to summer vacations and fun in the sun. It was a long winter and we are looking for better days ahead. We won’t look down but up; we won’t look back but forward.

What are you speaking in the atmosphere today? Proverbs 18:21 says, “The tongue has the power of life and death, and those who love it will eat its fruit.” I read an article that said to understand the true power of words, one must remember they can either plant gardens or burn whole forests down. Do you agree?

A wise woman once said that “kind words can be short and

easy to speak, but their echoes are truly endless.” That woman was Mother Teresa. She vowed to give free service to the poorest of the poor wholeheartedly. Therefore, she knew that even just one word of kindness could change a person’s entire perspective.

We learn new things every day. I pray for grace and mercy. Why? Because that’s important to me.

We are praying for our community.

Our intercessory prayer group meets every first Monday of the month at 9 am in The Lodge Game Room. Join us. You can reach me at eaglewatchwb@aol.com. ~ *Cookie Bonner*



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TAILS & TRAILS - ALL PETS

In the spring, people seek relief for their own allergies. However, dogs and cats can suffer from allergies, which can cause constant chewing, licking, and scratching, making them miserable. Allergies are an over-reaction of the body's immune system to a foreign substance, such as pollen or flea saliva. These symptoms are due to the reaction of histamine with receptors in our nose and upper airways. Our pets, however, react differently.




Dogs and cats have many more histamine receptors in the skin and fewer in the nose. As histamine is released, the receptors cause an itchy feeling, and the pet reacts by scratching at that site. Scratching can generate more histamine release, thereby causing more scratching. The constant assault on the skin by the pet's claws can actually damage the skin, leading to bacterial infections. Areas of hair loss and oozing sores known as hot spots are quite common with allergies. Pets who are allergic to fleas will often appear to have no fleas at all. Why? Because these pets are the ultimate flea catchers, doing everything in their power to bite or scratch the discomfort of the flea away. The flea's saliva sets off an allergic reaction leading to a flurry of chewing and digging at the skin.

Allergies to airborne substances, such as pollen and mold spores, are another reason for itchiness in pets. This affects many pets in springtime. This condition can be inherited in certain breeds. If your pet has signs of allergies and you see no improvement with medications, you may have a pet that has food allergies. Most pets develop food allergies over a period of time. Common food allergens can include protein or carbohydrate source




in the pet's food. In some mild cases, the itchiness can be treated with antihistamines or even steroids.

Pet owners need to be aware that allergies are not a condition that can be cured. They can be managed. Using antihistamines, special shampoos, special diets, and diagnostic tests such as blood testing and even skin allergy tests, veterinarians can find ways to reduce your pet's itching and discomfort. It is important to control all fleas on all of your pets. Allergies are a big reason pet owners become frustrated with their pet's condition. Collaborating with your vet to identify what is causing your pet's symptoms can help keep your four-legged family member as comfortable as possible. ~ Vivian Walker, vivr@sbcglobal.net



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HULA HOOP CLUB



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Filmmakers Chris Riess and Amy Hill made
the short documentary "Hula Girl"

According to 94-year-old Joan Anderson, she is the one who named her bamboo circle the Hula-Hoop and introduced it in America 60 years ago.

Joan was born and raised in Australia where she met and married a U.S. soldier, who brought her to Los Angeles in 1946. After living in the United States for 11 years, she returned to Sydney to visit her family for Christmas. Joan was fascinated to find her family and friends swirling exercise rings made of bamboo on their hips. She tried it herself and thought it was great fun.

After returning to the United States, Joan shared her hoop experience with her

husband, Wayne, and their four children. She also spent several months demonstrating the bamboo circle to her friends and associates during dinner parties. To them, it was just a faddish, Australian toy. Subsequently, one of Joan's friends said, "You look like you are doing the Hula," and she replied, "There you go, that is the name, Hula-Hoop!"

Joan's husband Wayne, a former fighter pilot turned businessperson, knew Spud Melin, the owner of the Wham-O Toy Company. Joan and Wayne met with Mr. Melin in the store's parking lot where he examined the bamboo hoop. With a gentleman's handshake, the deal was made. Melin said, "If this Hula-Hoop makes money for us, it will make money for you, too."

In 1958, the Wham-O Company debuted their lightweight plastic hoops at the Los Angeles County Fair in Pomona, California. People loved them and hooping became an overnight sensation in America! Wham-O sold the Hula-Hoops for \$1.98 each and grossed over \$30 million in just a few months.

No credit was ever given to Joan and her husband for their creative input. In 1961, The Wham-O Corporation settled a lawsuit with the Andersons over their financial achievement. However, the Andersons ended up with just under \$6,000 after attorney fees.

Today, Joan is a widow living in Carlsbad, Calif. She still has the original bamboo hoop her mother sent her from Australia. Her

story can be viewed in a short documentary film on YouTube titled *This Woman was Written Out of Hula-Hoop History*.

Come join our exciting club! We meet on Fridays at 7:30 am in The Lodge Ballroom. No experience is necessary. For info, email FSHoopsters22@gmail.com. ~ **Regina Ross**, rdross629@gmail.com



*Wham-o Company produced and popularized
the plastic hula-hoop in the USA*



*Joan holding the original bamboo ring from
Australia which she named the Hula-hoop*

PICKLEBALL

Why is Pickleball so addictive? The game is addictive because you rarely get the same shot twice! The height, speed, angle are always different. It takes practice and exercise to perfect your skills.

Is Pickleball a good workout? A good aerobic workout with less strain on the joints and muscles can be achieved. The bioamines that are released with all exercise are helpful to fighting depression, which is more common in older age.

Is Pickleball bad for your back? Side-to-side movements, spine rotation, bending over, jumping, and running all place Pickleball players at risk for developing lower back pain in the spine if not stable.



What are the benefits of playing Pickleball? The low impact of the game makes it great for boosting your mood and mental health as well as burning calories and avoiding injuries. The same benefits of other regular exercise can be found in the

work of your balance and agility that come from playing a game of pickleball.

How do I start playing Pickleball at Four Seasons? Wear your court shoes and come see us at the Pickleball courts! We have balls and paddles for you. Let the fun begin! ~ **Karen Rose**, karen.rose@espmgmt.com

WATER VOLLEYBALL



The Water Volleyball Club is back in action! That's right, pool volleyball is no longer just a summer activity. Although the temperatures outside have been a little nippy, the pool volleyball club is continuing its tradition of fun and good-natured competition indoors at The Summit on Tuesday and Thursday from 10 am to 12 pm.

Our summer session will begin Monday, April 18 and will continue meeting Mondays, Wednesdays, and Fridays from 10 am to 12 pm.

Many residents have asked about the level of volleyball "skill" necessary to participate in our games. The answer is absolutely none! We play for a little low-impact exercise and a lot of fun. No experience necessary. If you happened to walk past The Courts last summer and heard laughter, that was probably us. The same applies to our indoor sessions at The Summit. Anyone can play and we look forward to welcoming you to our group.

Come and join us and partake of the following benefits that water

volleyball will provide:

1. Laughing too much at yourself and others.
2. Having too much fun.
3. Mental alertness, remembering the score, remembering to announce the score before the serve, remembering which way to rotate on a side out, and remembering which pool you are at.
4. Less stress and better moods.
5. Socialization and self-esteem.
6. Hand and eye coordination.
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9. Builds balance and agility.
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~ **Mel Harkin**, odeegos@yahoo.com

TABLE TENNIS

Pete Antoine, Perry White, Jeannine Baker, Bob Smith, Julie Dobos, Bernie Albanese, Kathie Sundstrom, Lorenzo Thomas, Mitch Harmon, Anita Schulz, Soo Lee, Brent Smith, Rob Kelman, and Niles Sundstrom all have one thing in common. They are great ambassadors for the sport of ping pong. And as ambassadors for a sport that comes with lots of laughs and pure fun, they would love to have you join them.

We play Mondays through Saturdays, 2 to 4 pm. We will also be starting a beginners' ping pong class soon, on Tuesday and Thursday at 1 pm. This beginning class will be led by ping pong player extraordinaire, Jim Wang. For more information, contact Mitchell Harmon at (909) 406-0932 or Niles Sundstrom at (818) 826-1380. ~ **Niles Sundstrom**



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TENNIS CLUB

Did you know that tennis was invented by monks at the 29,000+ foot point on Mount Everest? Okay, now that I have your attention, can I also sell you half of the London Bridge?

So, where did tennis really originate from? Well, the most popular belief is that it was in fact invented by monks in France back in the 11th century, but not at the peak of Mount Everest. The French monks played handball (jeu de paume in French) on improvised courtyards. They played the game on monastery walls, over a rope hung on the monastery courtyard. Due to the pain of the wooden tennis ball hitting with their bare hands, they later added a leather glove to prevent the pain.

As time passed, the wooden balls were replaced. The new balls were made of leather filled with cellulose material. This resulted in a better ball bounce. At about the year 1500, leather gloves were substituted with wooden rackets laced with sheep gut. As the French monks served the ball, they would shout “tenez,” a French word meaning “take it” or “receive,” resulting in the word “tennis.”

By about 1850, the vulcanized rubber tennis ball was born. The once white-in-color tennis ball is predominately yellow today. Furthermore, the funky tennis scoring system (love, 15, 30, 40, deuce, etc.) is also believed to have originated from France. All this eventually became the tennis game as we know it today.

The dress code for tennis was rather strict until the end of the 19th century. Men wore hats and ties, while women wore street clothing including corsets and bustles. Attire for both genders had to be white in color as well. This dress code has relaxed quite a bit over time as evidenced by the colorful and wild designs on some of the professional players today. Not only have clothing styles changed, so

have tennis rackets. Since the 1980s, wooden rackets have gradually been replaced by new lighter materials like steel, carbon, graphite, titanium, etc. which produce more power. The racket's standard size and shape have also become different sizes and shapes. Consequently, the finesse game in the olden days has been displaced by the power game of today.

As the game is ever-changing, who knows what it will look like in the next 20 years?

See you all at The Courts! For more info, visit our website at <https://sites.google.com/view/tennis-fourseasons/home>. ~ **Stan Lam, (714) 757-2141, slamcpa@gmail.com**



Top left: 19th century leather tennis ball

Bottom left: Vintage tennis racket

Right: Vintage white tennis balls



PADDLE TENNIS

Welcome to the sport of paddle tennis with approximately 25-30 members. Paddle tennis is a perfect sport for most, including current or former tennis players. Members have fun and range from beginners to experienced players.

Skill level is not a criterion to join. One good thing about our group is if you feel like it, you can sit out, rest, recover, and join in again or just watch the game while relaxing.

If you want to give it a try, check the *Breeze* for schedule for play times. See you at the paddle courts.

You don't need to purchase a paddle when coming to play the first time. We have extra (retired) paddles you can use. Please join us. ~ **Syed Ali, (909) 210-9359**

ALL SEASONS RV

The last outing to Pechanga was a huge success, and from the comments, it was enjoyed by all in attendance. The weather was great and allowed the group to participate in a wide variety of activities.

Some of the planned events included group barbecues, potlucks, fireside stories, super bowl party, winery and brewery visits, and golf; some even found time for the casino and shopping.

Thank you Larry and Natalie for all of your time and effort in organizing this successful event!

During the last meeting several future travel destinations and activities were discussed, and it appears that it will be a busy spring and summer for some of those in attendance.



8-BALL CLUB

Your Four Seasons 8-Ball Club is in full swing, practicing and holding its two in-house tournaments each month. We hold an 8-Ball tournament and a 9-Ball tournament each month. In the future (once it's safe to do so), we plan to again play four additional tournaments each month against senior communities in Hemet and in Cherry Valley. One here and one there each month — so much fun.

The 8-Ball tournament saw Joy Collins send Larry Rice to the loser bracket only to have Larry come back from the loser bracket to win two matches. Congratulations to Larry Rice, this month's 8-Ball champion and Joy Collins this month's 8-ball runner-up. This month's 9-Ball tournament was a huge event with 13 players participating. Joy Collins made it to the semifinals against Rocket Spinoso but was knocked out of the tournament after having won five matches. This put Rocket Spinoso into the championship

match against the undefeated Rick Steckler. Rick continued his winning streak. Congratulations to Rick Steckler, this month's 9-Ball champion and Rocket Spinoso this month's 9-Ball runner up. Pictures to follow in next months *Breeze*.

The 8-Ball club plays or practices Mondays, Wednesdays, and Fridays from 6:30 to 9 pm. If you're new to the game or have played before, don't be shy — stop by, pick up a stick, and give us a try. Walk in and ask for Del, Larry, or any of the members playing. The 8-Ball Club is always looking for new members who would like to play pool to join us. There is a calendar of our events in the Billiards Room on the 8-Ball Club bulletin board.

If you have any questions about your 8-Ball Club, contact one of the officers: Captain Del Lyles, Sr. at (951) 845-5114, or Co-Captain Larry Rice at (951) 236-1156. If no one answers, just leave a message one of us will get back to you. ~ **Larry Rice**

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BILLIARDS FOR FUN

We had our quarterly tournament on March 22. If you haven't been practicing lately, you need to have played three times in the last quarter. We are going to try something new called Scotch Doubles. If it goes well, we can use it in future tournaments. If anyone is interested in joining the group, we meet on Tuesday from 11 am to 1 pm and 1 to 3 pm. There is always someone available to help beginners.

For info, contact David Thomason at (951) 570-1913, dnthom@verizon.net or Paul Snyder at (951) 922-8203, p.snyder1@verizon.net. ~ *David Thomason*

WILD BUNCH BILLIARDS

BREAKING NEWS... The billiards tables have been re-felted and leveled! Hope everyone is happy and enjoying the improvement in your game with the new competition felt and level tables.

The Wild Bunch consists of some of the best players in the league: Joe Spinella, Bob Rector, Mike Corbett, Carlos Rivera, Scott Frymire, Dave Martin, Mike Fisher, Paul Snyder, Verina Rector, and Gracy Luna.

The Wild Bunch enjoys playing serious, competitive pool, and we

invite you to come by the Billiards Room Friday afternoons from 12:30 to 3:30 pm and join in the stimulation of competitive play. We invite Sun Lakes and Solera to join us, and they bring their best game for some exciting competition.

Looking forward to seeing you! ~ *Gracy Luna, gracyluna@aol.com, (951) 292-3524*

CURLY CUES BILLIARDS

Start your week off with some fun! Come join the Curly Cues in The Lodge Billiards Room on Mondays at 10 am. Curly Cues is for ladies only, please.

We are happy to welcome a third new member for this year, Dee Osterman. Welcome to the party, Dee! Our group is slowly growing;

we love it when we get new players.

Come on down to The Lodge next Monday and join us. Just walk through the doors and we will set you up. No cue stick is required.

For more information, contact Pat Semler at (714) 325-5280 or Leta Ramirez at (626) 695-0798. ~ *Oleta Ramirez*

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SHUFFLEBOARD

Welcome to the fourth month of the year, April. One theory is that the name April may be derived from the Greek goddess of love, beauty and procreation, Aphrodite. It is a spring month in the northern half of the world and is seen as the month of sun and growth. With that in mind, we are looking forward to the growth towards completion of the construction of the four new shuffleboard courts. It is my understanding that Willis Fagan, our resident architect, has drawn up the final plans for the surrounding areas of these courts to make them safe to play on and esthetically pleasing. The plans have been submitted to several contractors for bids. Hopefully, we will receive the bids soon and the HOA and Board of Directors will make a final selection and the last phase of construction can begin. It will be incredible when the construction of this long overdue project is finally completed. And we hope that will be very soon.

In the meantime, we continue to play shuffleboard every Monday and Saturday mornings at 9 am at The Lodge on the old courts. Our games usually last about an hour or a little longer. We have a great group of residents who enjoy coming out to play for fun, but yet they are still very competitive. We choose different teams each time we play in order to keep the competition challenging and the games interesting. We continue to welcome new players and our attendance continues to grow. This is an easy game to learn and to play. If you haven't played before, we can help you get your skill level up in no time. All are welcome. After your morning coffee and/or breakfast, come out and join us. Get some fresh air and a little exercise while having fun.

If you have any questions or concerns, please contact me, Marty Rotman at mrtmj@aol.com or (310) 948-1693. ~ **Marty Rotman**

HORSESHOE CLUB

How does that saying go now? Oh yeah, "April showers bring May flowers." Well, we may have a shortage of May Flowers again this year. Moisture seems to always be in short supply here in California. For example, we've only missed one week of play due to rain so far in 2022. We had our first quarter tournaments in March, but due to the timing of the *Breeze* article submission, the results will be published in the May issue. Our starting time at The Summit remains at 9 am on Wednesdays and will continue to be for another month yet before we shift to our summer time of 8 am. We have an average of eight players each week, which makes four teams and plenty of playing time for one and all. I look forward to the competition each week. If you've ever enjoyed playing horseshoes, you would enjoy this group. Come on out and join us. Our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christie at (951) 845-0520, goldtoy@earthlink.net. ~ **Ron Erikson**

BOCCE CLUB

It's April and spring is here. That means the weather will be perfect for playing Bocce Ball. We will continue our current start times of Tuesdays and Fridays at 9 am.

Everyone is welcome. New players are introduced to the rules and best strategies. Our tournament-grade courts and sideboards are surrounded by smooth concrete with a small step-in. There are handicap-accessible ramps and other players to help pick up balls, if needed. Teams are picked for each court by random draw.

The word "bocce" comes from an Italian word meaning "to bowl." The small white ball, called the "pallino," is thrown first to start the game. The rules are simple — get your ball as close to the pallino as possible to score a point. If more balls of the same color get close, these additionally score points. Games are usually played to 12 points and two games usually take about one and a half hours.

Bocce Ball requires no specific skills or previous experience. You will get a little exercise, enjoy beautiful views and breezes at The Summit, and have a great time with a wonderful group of people. If you are interested in learning the game, please join us. If you have any questions, call or text me at (909) 747-7087, or email hanknegrete16@yahoo.com. ~ **Hank Negrete**



Elaine Brown with her golf ball retriever



Bonnie Brown measures for closest to the pin without going in with Julia Yoo

LADIES PUTTERS

A new season is in progress at Ladies Putters and a few new players have joined us. We have had to cancel a couple of games due to the weather but are hoping that with spring upon us, we will back to full play soon.

A big thank you to Sandy Dwyer for donating a bucket of 300 golf balls. We are very grateful and will enjoy using them as incentives for holes-in-one, closest-to-the-pin without going in, and end-of-season gifts for the best and worst players.

If you have an interest in joining us either on Monday at 4 pm, Friday at 9 am, or both, we would love to see you at The Courts. Typically, play time is about 45 minutes. Not only is it a gentle sport, but it's a great way to meet some new people and to challenge your hand-eye coordination. We have extra putters and balls if you would like to give it a try.

If you have questions, please call me at (951) 845-5192. ~ **Susan Wilson**

TOPS

Cold, rainy weather can cause us to stay in our cozy, warm beds or bundled up on the couch in our favorite afghan with a cup of tea or hot chocolate. However, we are fortunate to have exercise equipment only a few blocks from our front door here at Four Seasons. We even have a heated, indoor pool with exercise classes weekly. So we have few excuses for lack of activity, even in the cold winter months.

At one of our meetings this past month, we circled the Ballroom several times just to add to our step count for the day. Most of you who have dogs have been out there with your hoodies, gloves, and doggie raincoats. Brrrr... but good for you. Those pleasant, warm-weather walks, which are usually longer, are often cut short by the cold winds. So we all probably can use a little more exercise to get us out of bed and off the couch.

At our TOPS (Take Off Pounds Sensibly) meetings, we often exercise. In the past, we have done Tai Chi, Yoga, and chair exercises. We also did a thigh-slapping fun game last week that got us laughing at who has rhythm and who doesn't.

The Thinner Winners for the month were Marjorie Melendez and Sue Hilberg. Congratulations, folks.

You may find that a group like TOPS can help you as well. We meet on Tuesday at 8:30 am in the Ballroom. For more information, call Andi Henderson at (918) 497-6491. ~ **Andi Henderson**



4X4 SEASONS

We recently navigated Berdoo Canyon and Pinkham Canyon in Joshua Tree National Park. Our seven vehicle convoy traveled about 80 miles through the park, 50 of that in the dirt.

Just a heads up about the Four Seasons Veterans Day Car Show... we're in the planning stages. Location will be here at our Lodge and our Sun Lakes neighbors will be invited to participate. Music, chili cook-off, trophies, and t-shirts will be on tap. More to follow.

If you're not in the club but live here and have a four-wheel-drive vehicle, please join us. Meetings are the second Tuesday of the month at 6:30 am and excursions are the second Thursday of the month, rolling out at 8 am. Hope to see you there. Arrive full fuel and empty bladder.

~ **Scott Snyder**



Ladies of the club: Luann, Maggie, and Chris . AND Mr. Personality himself, Norman



Ready to roll



Mark Dvorak in his Jeep Gladiator

FISHING CLUB

I guess everyone noticed that I have not been including pictures with the fishing article. The reason for this is simple — I have not been fishing.

I wanted to go fishing in March, but things kept coming up. There were doctor appointments, rain, and a bunch of other excuses. No fish, no pictures.

For my birthday in March, I thought my wife was going to give me a fishing rod and reel. She took me to dinner and wished me a happy birthday instead. Wasn't that special?

Now that April is here I expect to go fishing as much as possible. The weather is always perfect and the fish will be jumping on my hook. I had a guy trying to sell me some beachfront property in Arizona and I almost took the deal. I figured I could go fishing on the beach.

On a more serious note, the trout fishing should still be good at our local lakes. When I finally do go fishing, I will take pictures for the May article. Please notice that I did not say there would be pictures of fish.

Tight lines to all my fishing friends. Remember to take pictures of all your fishing adventures. For information, contact me at ricarrasco52@gmail.com. ~ **Richard Carrasco**



MOTORCYCLE CLUB

Our weekly Thursday rides have been hampered recently due to rains and high winds. On some Thursdays, it's just been too risky to get out on the highways, but we did get lucky on a recent Thursday. We were able to head down to Borrego Springs for lunch at our favorite Mexican food eatery. It was a little chilly when we left Beaumont, but by the time we rolled into Borrego the temperature was approaching 80 and the winds were mild. Perfect. Our route took us through Hemet then on to Aguanga by way of Sage Road. After a short break at the Stagecoach Inn, we headed east through Warner Springs, then on to Borrego Springs. The recent rain and wind made for very clear skies and beautiful views as we dropped down into Borrego. After lunch we headed east towards the Salton Sea then north to Indio where we got on Interstate 10 for the last leg of the trip. We go on this 200 mile loop two or three times per year and it never gets old. Now that spring is upon us, our riding options will really open up. Depending on our mood, we'll be able to head up to Wrightwood and Big Bear, out to the desert or head to the coast. Lots of choices.

And speaking of spring, all plans are in place for our May five day ride to the Grand Canyon. Eight riders are signed up for this one.

If you ride and are thinking about riding with the Four Seasons Motorcycle Club, springtime is the perfect time of year to join us with mild weather, dry road conditions, and lots of possible destinations. Our Thursday rides are usually 150 to 200 miles in length, round trip. We leave from The Lodge parking lot promptly at 9 am. So join us! If you have any questions about the club, give us a call. You can speak with Terry Humble, President, at (909) -706-2298 or Jim Ayala, VP, at (909) 392-6259 or Joe Bert, Sec, at (909) 767-1484. ~ **Jim Ayala**



Lunch break on a recent ride in Rainbow. Great food!



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PINOCHLE FOR FUN

Whether you are a new or an experienced player, we will help you enjoy the game. We meet every Monday, Wednesday, and Friday from 9 to 12 noon in RCN Activity Room 1. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn the game, either individually or in a small group, your home or mine. Pan is a card game, much on the order of Gin in some respects, and played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or a private home. If you are interested, please call Linda Mendelson, at (951) 941-9100, or email Goldtoy@earthlink.net, and I will answer any questions you may have. As are all card games, it is played with both skill and luck. ~ **Linda Mendelson**



DUPLICATE BRIDGE GROUP

In 2022, we will have a session of Duplicate Bridge on the third Saturday of each month, provided there is sufficient interest. Please contact me at kafreyer@frontier.com if you are not on our mailing list. ~ **Kirk Freyermuth**

BRIDGE FOR FUN

If you are thinking of new activities, consider learning to play Bridge. We are a fun and easy-going group. We play every Wednesday at noon in the Game Room. For more information contact Verina Rector at (951) 769-1687. ~ **Lois L. Butler**



RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing old friends and making new ones while playing this fun, fast-paced game.

We play on Mondays from 2 to 4 pm in the Game Room at The Lodge. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**

HEARTS

All are welcome. The game is played with a single card deck, no jokers, and 52 cards. We play three, four, or five at a table. No scheduling necessary. We play on Tuesdays at 6 pm in the Game Room next to the Library. A group has played here at Four Seasons for nine years. Seating is random draw, no partners, individual scores. It is easy to learn, harder to win. Players will teach. Games last approximately two hours. Lowest points win. If you have any questions or would like to become the contact for Hearts, please contact The Lodge front desk.

MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN every Friday morning from 10 am to 12 noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, please contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

DOMINOES

The Domino Club has a winner for the month of February who has not won in a while. Jesse Dimmer has won with 18 games followed by Pete Antoine and Vernon Bell each with 16 games. Congratulations Jesse. We play on Wednesdays and Fridays at 5 pm in the Game Room. For more information, contact Reggie at (951) 743-3584 or Jesse at (951) 769-2035. ~ **Wondell Collins**

PHASE 10

We hope to see more fun-loving card players join us in the Game Room on Tuesday, April 12 and April 26, from 2 to 4 pm in The Lodge Game Room.

All are welcome from the 'experts' to the newcomers. We may draw numbers for the players for each table so that we can share the friendship. Snacks are provided, but bring your own beverage.

The goal is to complete the 10 phases that

are established for the game one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also wild cards and skip cards in play.

So just come down and join in the fun. If you have questions about Phase 10, please contact Marianne Bugni (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or visit with old friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales, pamelamoraes26@gmail.com**

BUNCO

Come on out and enjoy the fun every second and fourth Friday at 1 pm in the RCN Main Room. Everyone is welcome. For questions, contact Bre Moreland at brendyluv@gmail.com. ~ **Bre Moreland**



THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down first receives no points. Then the remaining players lay down their cards, either on the first player's cards or their own. Each round uses jokers and a progressive, new wild card, starting with threes, then fours...

continuing to Kings. The lowest score wins. Not a lot of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed. We meet on the first and third Tuesday of each month at 3 pm in The Lodge Game Room. If you have questions or want to be on the group email reminder list, contact Mike Corbett at micedcor1@gmail.com. ~ **Kris Corbett**

UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Friday every month from 2 to 4 pm in the Game Room. ~ **Deborah Garner, kenyakiki@aol.com**



CO-ED BID WHIST

Hey everyone! My name is Frank Turner and I will be running our group. I am looking forward to this new endeavor and I hope that more players will come out to play. Co-Ed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN Room #3. I want to thank Roxanne Williams and Floyd Reid for establishing this group and for laying out the structure for our card group. I intend to keep up the tradition and maybe add a few changes of my own over time. Co-Ed Bid Whist offers a satisfying game environment filled with skill, good cheer, good natured 'trash talking' and some great music. Again, I invite more players to come and check us out. Win or lose, you will have a lot of fun and meet some great folks while playing bid whist. New players, whether new to the game or veterans, are always welcome. We look forward to seeing you at the tables.

For more information, contact Frank Turner (562) 922-9737. ~ **Roxanne Williams**

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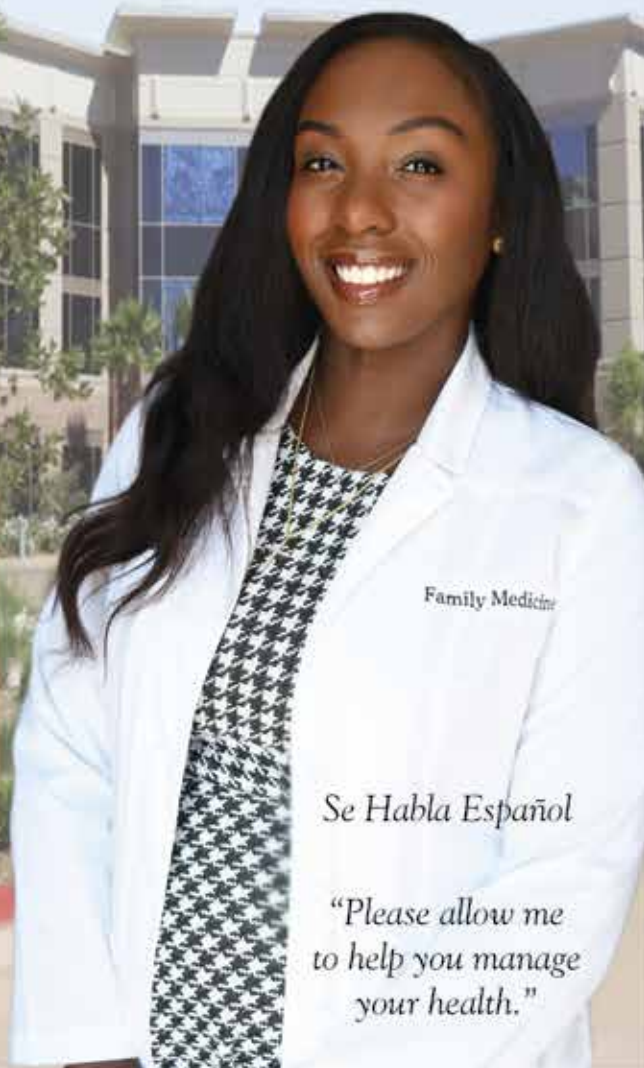
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LAST MONTH'S JOKE

Get The Joke is a simple contest... somewhere in this issue is a "joke" ad, article or other notice. You'll know it when you see it — it will be silly, over-the-top ridiculous or just plain goofy — and hopefully it will bring a smile to your face. When you find it, simply cut out and complete the box, and email your response to fourseasonsnews@yahoo.com. One correct entry will be chosen at random to win a \$20 gift card to the Bistro.

Please get your entry in no later than the eighth of the month. Thanks!

GUESS MY...

Have you ever played Guess My? It's a riot! Every session poses five questions to the group and the person who gets the most answers right, or closest to right, wins. Some questions from a recent game included:

- Guess My weight
- Guess My age
- Guess My ailments (high blood pressure is always a good answer)
- Guess My number of divorces
- Guess My worst habit

Join us every Tuesday at 2 pm in the Arts & Crafts Room. We'll look forward to guessing with you! ~ **Dan Smith**, dontgetmad@aol.com

YOUR COMMENTS

Wow! I don't want to play that game - trouble! Bob B.

Interesting to include the games section for a category "I Got the Joke" Linda P.

THIS MONTH'S WINNER:

LINDA PREUSCHOFF

I got the joke!

Resident name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever's on your mind!): _____

1	6	2	7	9	3	5	4	8
7	8	5	4	2	1	9	6	3
3	4	9	6	8	5	2	7	1
8	3	7	9	4	6	1	5	2
4	9	1	5	3	2	6	8	7
5	2	6	8	1	7	4	3	9
9	7	3	1	5	4	8	2	6
2	5	8	3	6	9	7	1	4
6	1	4	2	7	8	3	9	5

EASY

4	1	2	9	5	8	3	6	7
5	7	6	2	1	3	9	8	4
3	8	9	6	4	7	5	2	1
7	3	8	1	9	4	6	5	2
2	4	1	5	3	6	8	7	9
6	9	5	8	7	2	4	1	3
1	2	4	3	6	5	7	9	8
8	5	3	7	2	9	1	4	6
9	6	7	4	8	1	2	3	5

MEDIUM

7	1	8	2	3	4	9	5	6
3	5	6	9	1	7	2	4	8
4	9	2	5	8	6	1	3	7
9	6	4	3	7	1	5	8	2
5	8	1	6	4	2	7	9	3
2	3	7	8	9	5	4	6	1
1	7	9	4	6	8	3	2	5
8	2	3	7	5	9	6	1	4
6	4	5	1	2	3	8	7	9

HARD

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos optional. Limit the remembrance to 400 words and send it to fourseasonsnews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.



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On the Breeze

Photos Wanted

If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

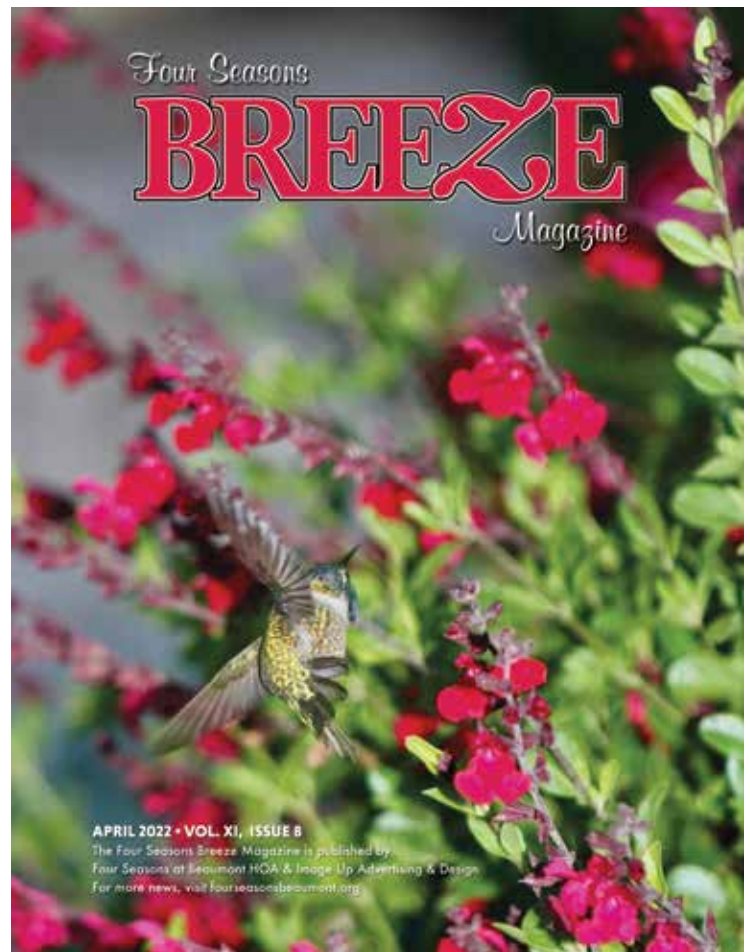
Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs and groups to submit their article *no later than 12 noon on the 8th of each month*. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include committee, club, or group name, writer's contact information, and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. Photos and articles will be printed at the discretion of the *Breeze* Communications Board.



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COVER PHOTO

An acrobatic hummingbird. Photo by Rocky Lam

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If you would like to advertise in the *Breeze*, please contact Image Up Advertising & Design at (909) 797-3647 or email imageup1@verizon.net

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